

Kohala Mountain News

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April 23, 2011

Megan Solís Named New Managing Editor of KMN



Megan Solís

North Kohala resident Megan Solís has been selected as the new managing editor of Kohala Mountain News. Solís will assume editorial duties from Katie Ankner beginning with the May issue.

Solís earned bachelor's and master's degrees in English from San Francisco State University and taught English as a Second Language for 10 years to adult immigrants in Napa, California.

After relocating to the Olympic Peninsula in Washington state in 2003, Solís got her first taste of journalism while working as a copy editor for the Sequim Gazette, a weekly newspaper serving the semi-rural community of the Sequim-Dungeness valley.

"Working at the Gazette really helped me to focus on news that was important to the people of Sequim, news that they couldn't get anywhere else. I think that experience with producing local news

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Dept. of Transportation Begins Fencing Project at Upolu Airport

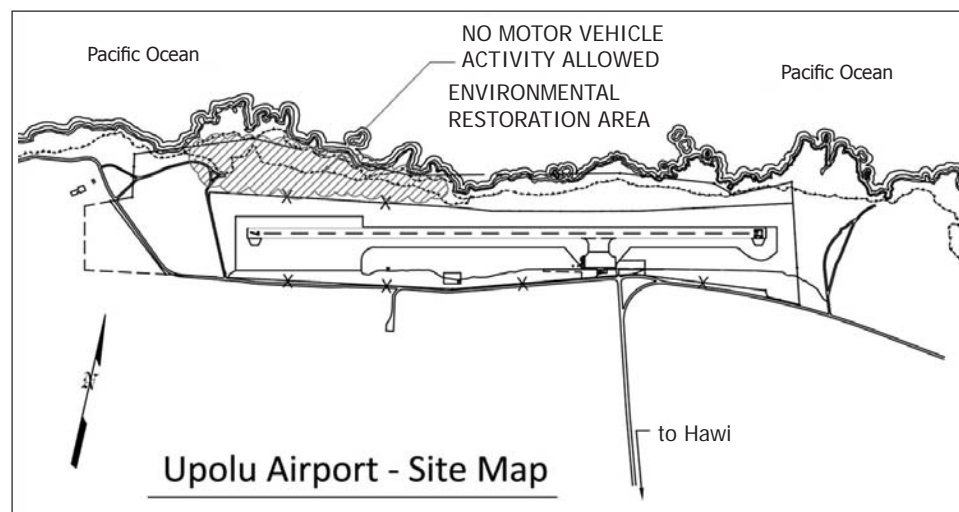
By Megan Solís

The State of Hawai'i Department of Transportation has begun a project at Upolu Airport which will include erecting fences at western and eastern boundaries of the property in an effort to exclude all motor vehicles from the area between the airport and the shoreline while still allowing access for fishermen and other pedestrians.

Chauncey Wong Yuen, Hawaii district manager for the department's Airports Division, said that the project is necessary because motorbike and ATV use in the area has caused the vegetation to be destroyed, which leads to erosion. He said it has been an issue for years, but fencing that was previously erected to protect the area was torn down. The area of concern is on airport property.

"Bike riding is wonderful; even I'm licensed to bike, but what they're doing—it creates a problem with the environment," said Wong Yuen. "What it's doing to the landscape—over time it has worn down, and erosion is a concern."

The damage does not just affect the vegetation and wildlife habitat on land, but the resulting erosion also affects the sea life and reefs in the waters offshore,



—sitemap courtesy of Hawaii DOT

The State Department of Transportation's sitemap of the area around Upolu Airport where fencing is to be erected or repaired, including the western and eastern boundaries makai of the airport where unauthorized vehicle use has caused environmental damage.

he said. The affected water includes part of the Humpback Whale National Marine Sanctuary, an area from the shoreline to the 600 foot depth along the Kohala coast.

The department wants to allow shoreline access for pedestrians, especially fishermen, but can't refurbish the area if vehicle traffic is allowed continued access. "This is really an environmental restoration," said Wong Yuen. He explained that ideally the department will utilize native plants such as Nau-

paka and Hala trees to re-establish the vegetation, in keeping with what the landscape was like before development, but that at least they will plant grasses and vegetation in the area to prevent erosion.

Wong Yuen said he attended the Community Meeting at Kohala High School on March 19 to explain the plan to the people and hear their concerns. He said the department understands the apprehensions of local fishermen

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Farmers Market Now on Tuesdays

Mina Ventura sells produce and homemade bread out of her car at the Hawi Farmers Market, which is now open Tuesdays from 2 to 6 p.m. at its same [Saturday] location under the banyan trees.

The market is open to all vendors of produce, locally prepared food, locally made value-added foods and local crafts.

Please contact Rick at 889-0889 or kohala889@yahoo.com for details. Interested persons can also visit the market's website at hawifarmersmarket.com.

—photo by Ashtin Hart



Land and Water Issues Dominate April CDP Meeting

By Megan Solís

The CDP Action Committee heard appeals regarding land preservation and concerns about proposed aquaculture projects, and resolved some subcommittee issues at its meeting on Monday, April 11.

Sarah Moon, Terri Markovich, and Alexandra Kelepolo from the County Public Access, Open Space and Natural Resources Preservation Commission (PONC) reported to the committee about land purchased through the PONC Fund in 2010 and solicited suggestions for fur-

ther land acquisition.

The purpose of PONC is to create an island-wide prioritized list of qualifying lands worthy of preservation. A report is produced annually no later than December 31. The list is advisory, with the mayor and county council making final purchase decisions.

In 2010, the county purchased two North Kohala parcels through the PONC Fund: Pao'o and northern parcels of Kaiholena. The county is currently pursuing purchase of southern parcels

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at Kaiholena. The priority list for this year includes the Hapu'u to Kapanai'a cultural corridor.

The PONC Fund is derived from two percent (minimum one percent) of real property tax revenues set aside in a fund to be used for acquiring land for public use. These uses include outdoor recreation and education, which includes public access; preservation of historic or culturally significant sites; and protection and preservation of natural resources, forests, coastal areas, and watershed lands.

PONC is currently seeking suggestions for the 2011 priority list to be considered for purchase in 2012. The deadline for submissions is the end of May 2011. The suggestion form can be found at PONC's website: <http://co.hawaii.hi.us/finance/ponc.htm> or by or contacting Alexandra Kelepolo at 961-8069.

Representatives from the Kohala Ranch Community Association, Carl Bernhardt and Tom Kapp, presented their concerns to the committee about an open ocean fish farm and project currently planned by Hawai'i Oceanic Technology, Inc. (HOT). The project is slated to be developed about 2.6 miles off shore just northwest of Kawaihae harbor.

Bernhardt expressed concerns about whether the Department of Land and Natural Resources considered the effects of effluence, escapement, and reef destruction on the environment, fishing and tourism industries, as well as the marine sanctuary nearby. Kapp described his experiences as a restaurateur with farmed fish and warned of the dangers of poorly managed fish farms, although he said he is not against environmentally friendly and sustainable farming methods and management of wildlife, as is done in Alaska.

Bernhardt and Kapp urged the AC to contact the state and mayor to help put the brakes on the HOT project and require HOT to file a supplemental Environmental Impact Statement to address proposed project changes and for the DLNR to hold public hearings about the project.

In regular AC business, the committee heard from Rosalind Newlon, North Kohala CDP Project Manager, on planning department permits received in North Kohala in the last month. Newlon reported no new permits received for February and March, but one subdivision permit at Kapu'a and Puehuehu is still pending, and an additional farm dwelling permit was approved on March 11. The committee had some questions and discussion of what constitutes a farm dwelling and whether such designations endure in perpetuity.

With regard to the issue of the AC meeting schedule, Newlon reported she is inquiring whether the AC can continue to meet on a monthly basis without planning department staff present and if she can use staff time to post agendas and minutes online. The issue was held over until next month when Newlon will have more information available.

The AC addressed the issue of the new subcommittee structure, which assigns only one AC member per subcommittee,

and how to stay in compliance with the Sunshine Law, which prohibits more than two AC members from attending any meeting. Giovanna Gherardi proposed that if an AC member wants to attend a subcommittee meeting, that member should contact the subcommittee chair at least seven days prior to the meeting to get approval to attend. After some discussion, the committee voted to approve the motion with a vote of 7 to 1.

Chair Joe Carvalho announced his recommendations regarding subcommittee assignments as follows: Growth Management – Hermann Fernandez; Agriculture – Richard Liebmann; Public Access – Marlene Ching; Affordable Housing – Collin Kaholo; Infrastructure A – Giovanna Gherardi; Infrastructure B – Susan Fischer; and Bob Martin and Ron Friman to be At Large members, since their terms expire in September. The slate was approved by the committee.

Bob Martin reported that the community meeting on March 19 was a success with over 100 people in attendance. Some recommendations for future meetings include scheduling it on a weekday evening; organizing the meeting around a particular issue as the theme; and having a better question and answer format. It was suggested that the next meeting be held before the end of the year, perhaps in the fall.

The subcommittees gave their routine reports. Hermann Fernandez (Growth Management) said that new census data as reported in West Hawaii Today and the Hawaii Tribune-Herald had some discrepancies between numbers for North Kohala (growth of 284 people) and those listed separately for Kapa'au, Hawi and Hala'ula (growth of 692 combined). He reported he had called the census bureau to get some clarification about whether district boundaries or sub-districts have been changed since the 2000 census but has not yet received a response. Fernandez queried as to whether North Kohala has a growth management problem if the population has only grown by 284 in the last 10 years.

Giovanna Gherardi (Infrastructure A) reported on a meeting with the county Parks and Recreation Department on March 29 regarding the facilities at Mahukona and Kapa'a beach parks. She

said a meeting has been set with Wally Lau of the mayor's office and other representatives of the county on April 19.

During the public comment period, Toni Withington addressed the committee, first thanking them for their service to the community and then expressing concern regarding the portion of the AC that addresses growth management. She specifically addressed the subdivision permit for land between Mahukona and Kapa'a, submitted by Kohala Preserve. The permit requests that the number of lots increase from 48 to 59. She said this change was not reported by the planning department to the AC, and she suggested that there may be conflicts of interest found within the AC in regards to the matter.

Newlon, who had presented the permit report, responded that she only

compiles information about new permits submitted and does not track revisions, as it would be too time consuming. Fernandez, the growth chair, also responded that he would be willing to recuse himself from this issue to avoid any conflict of interest. Ron Friman agreed to handle any further investigation into the matter. The committee agreed to revisit the development issue at Mahukona and Kapa'a at a future meeting.

Agendas and minutes of committee meetings are now available online at <http://hawaiicountycdp.info/north-kohala-cdp/action-committee-materials>. Minutes from the April 11 meeting will be posted by May 3.

The next AC meeting is scheduled for Monday, May 9, at 4:30 p.m. at the Senior Center. The public is welcome and encouraged to attend.

Kohala Elementary "Sight is Beautiful" Award Winners



—photo by Tom Morse

Kohala Elementary first place winners by grade (with Lions members behind): Kady Terry - kindergarten, Althea Houk - 1st grade, Camille Helmuth - 2nd grade, Brianna Wehi Ryder - 3rd grade, Taisa Masalosalo-Matsuda - 4th grade, Jacob Maui Hook - 5th grade

At a school assembly on April 13 the Lions Club presented its 31st annual awards to the winners of the "Sight is Beautiful" poster contest. Posters made by the students in grades K through 5 were submitted for judging, and schools from all over the Big Island participated. Kohala elementary students submitted 425 posters. Of the 2282 total posters submitted from West Hawaii, Kohala's Kady Terry (kindergarten) took fourth place.

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Richey Riggs to Washington, D.C. for Anti-Drug Forum



—photo by Deanna Kackley

Richey Riggs at an Anti-Drug Forum in Washington, D.C. this spring.

Richey Riggs of Roots Advocates for Youth Hawaii attended the Anti-Drug Coalitions of America's 21st annual National Leadership Forum in Washington, D.C. as a member of the North Hawaii Drug-Free Coalition (NHDFC) Leadership Team. He was accompanied by fellow NHDFC members and two youth members from Honoka'a who attended a youth leadership conference in conjunction with the coalitions' forum.

For the youth, the trip was sponsored by a grant from Hawaii Community Foundation's Deviants From The Norm Fund, NHDFC and Mama's House Youth

Group fundraising efforts. The adult attendees' participation was funded by the NHDFC.

The Big Island group joined nearly 3,000 substance abuse prevention and treatment leaders from across the country to learn the latest prevention strategies for alcohol, tobacco and other drug use. They also met with Congresswomen Mazie Hirono and Colleen Hanabusa to discuss their concerns about the increasing drug and alcohol use in Hawaii's schools, and had the opportunity to visit and talk with administrators in Senator Akaka's and Senator Inouye's Washington offices.

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will help me as I take on the challenge of reporting news that affects North Kohala," said Solís.

Solís moved to North Kohala in October 2009 with her husband, Jesús, to be closer to family on O'ahu. "We had only visited North Kohala once before, in 2002, but our short visit made a lasting impression. When we decided to move, we did a lot of research, and we just kept

coming back to Kohala. The climate, the natural beauty, the sense of community, the rural character—all of these elements came together and made this feel like home for us," Solís explained.

Solís believes her biggest challenge will be learning more about Kohala and the people who make it their home. "I'm a newcomer. I have a lot to learn about the people, the history, and the culture here. I don't have a lifetime of local con-

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and others who are afraid that shoreline access at Upolu will be lost or too limited. The chain link fence will have "fisherman" gates to allow pedestrians entry to the shoreline. The gates will be large enough to accommodate a stroller but not big enough for a motorbike to pass through.

Wong Yuen said he has a family connection to the land: his fourth great-grandfather Kaneihala had the original land grant there. "My motto for the project is 'Malama Upolu,'" he explained. He emphasized that the area is sacred to Hawaiians with both the birthplace of King Kamehameha and Mo'okini Heiau nearby. He said he welcomes input and can come back to North Kohala to meet with the community to get its input.

Though Upolu Airport is unmanned and not heavily used, Wong Yuen explained that it is important to keep the facility open and maintained because North Kohala is so isolated. "In a fire, earthquake, or flood, the only way in may be through Upolu Airport," he said. The airstrip is large enough to allow a C-130 airplane to land, which could bring in emergency supplies or help to transport people in need of medical care, he explained.

This project is part of a larger operation already underway to repair and

replace fences around the airfield itself. The state's Notice to Proceed was issued in mid-February and is effective from March 7 to July 31, by which time the entire project will be completed. The



—photo courtesy of Hawaii DOT

The effects of unauthorized vehicle use are shown in the tire tracks and eroded landscape along the shoreline makai of Upolu Airport. Broken bottles, cans and other litter also spoil the area. The exposure can lead to erosion and runoff that can pollute offshore waters.

notice states that "no further motorcycle or ATV racing activities on the site will be allowed. Violators will be subject to prosecution for trespassing per HRS 708-815."

The department contracted with Metzler Contracting Co. LLC to complete the project, which is classified as a "special maintenance project" for the department and is fully funded.

For more information, call the DOT, Hawaii Airports Division at 327-9520.

Free Dental Care for Keiki and Teens

The Hamakua Health Center's Amazing Tooth Bus visited the Kohala Family Health Center on April 16 to offer free dental screenings for keiki and teens. The tooth bus offers services to uninsured and MedQUEST-eligible youth up to 20 years of age who live in Kohala, Honoka'a, Waimea, and Waikoloa.

The bus will offer follow-up dental care beginning May 2 at the Kohala Health Center in Kapa'au. Call 333-8410 for more information about this service.

Rep. Nakashima Holding Community Meetings May 16

North Kohala's representative to the state legislature (district 1), Rep. Mark Nakashima, will hold two post-legislative session community meetings in North Kohala on Monday, May 16. He will hold one at the Senior Center at 9 a.m. at the seniors' weekly meeting. The other is scheduled for 4 p.m. at the North Kohala Public Library and is open to the public.

At the meeting, Rep. Nakashima will update community members on various issues and present highlights of bills from the most recent legislative session, which began in January and will end May 5. After his summary, he will hold a question and answer session.



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Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



May

Ad deadline: 5/13/11
News deadline: 5/18/11

June

Ad Deadline: 6/10/11
News Deadline: 6/15/11

Kohala Mountain News

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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Kohala Mountain News

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Letters—

I would like to thank the North Kohala community for allowing me to serve you through this small community newspaper over the past two years. After the April edition of KMN, I have chosen to resign as managing editor for a small handful of reasons, but mainly because I am very busy at home raising two active toddlers, and I would like to help my husband build our business.

KMN's management team has chosen a very capable replacement as managing editor, Megan Solís (see story on front page). Based on her writing for KMN and her journalistic experience, we are confident that she will do an excellent job.

As I leave, I would especially like to thank those who have contributed stories

and photos during my tenure as editor. I have really enjoyed working with you and getting to know people in all different corners of the community. Additionally, I would like to thank KMN's advertisers. Without you, there would be no paper. The money from advertising is what allows the paper to be printed every month and distributed for free.

As I leave, I encourage additional Kohala residents to send in submissions to KMN. The purpose of the paper is to reflect the community back to itself, but it can only reflect what is given to it. Most of KMN's frequent contributors are concerned community members who have figured out that the paper is an effective voice for publicizing events, projects, and news. Some use it for free publicity. Some

use it for public education and art appreciation. Others use it to help or serve the youth and others in our community. But all of KMN's writers are volunteers and regular people like you!

KMN does not have the means to do investigative reporting or chase down every possible story. We rely on you—on everyone who lives here—to be the eyes and ears for this paper. Our editor is here to assist you through the writing process, edit your story, and prepare it for publication. You do not have to be overly confident in your writing skills—you just have to be willing!

Aloha,
Katie Ankner,
KMN Managing Editor

Farewell, Kohala Mountain News

Siemens "We Can Change the World" Challenge

I just wanted to thank the people of Kohala for their support in Kohala Middle School's 6000 'n 60 challenge to collect 6,000 used household batteries. We have collected almost 4,000 batteries to date. Our end date for collection is April 19. We will update the community on our results in the next edition.

For a project called "Siemens We Can Change the World Challenge," four youth were selected from the 25 students involved in the battery collection. They are: Isabel Steinhoff, Genevieve Boyle, Mina Apostadiro, and myself, Rico Bowman. This Project is led by my mom, Lani Bowman. She has put in a lot of effort and so have the participants.

We spent a lot of time researching further into batteries and their effect on the environment and also what we can do as a community and county to better recycle batteries. We had many meetings and spent a lot of time working on the chal-

lenge. We are hoping to win the national event. The winners will receive a \$10,000 savings bond each and a trip for the entire group to Costa Rica. We know we have worked hard and are hoping we will place. What really counts is the effort that we have put into this project.

I would like to congratulate all the Siemens Challenge participants for their hard work. I also want to thank all the 6000 'n 60 participants for their hard work in making the project successful.

Aloha,
Rico Bowman



—photo provided by Lani Bowman

Both Rico Bowman and Mina Apostadiro, KMS students who authored letters in this month's issue, are pictured here as part of the Siemens Challenge group. Left to right, Isabel Steinhoff, Genevieve Boyle, Rico Bowman (back), Mina Apostadiro (front), and Lani Bowman.

Letter to Kohala High Senior Class

Editor's note: Kohala Middle School teacher Duncan Anderson's seventh grade social studies students wrote persuasive letters about social issues that are important to them. Students voted and chose this letter from Mina Apostadiro as the best one and requested to have it published in the Kohala Mountain News.

Dear seniors of Kohala High School,

My name is Mina Apostadiro and I am a seventh grader currently attending Kohala Middle School. I am writing this because I want to inform you, seniors, about the effects of drunk driving. Through research, I have found out that, as the years pass, the accidents due to drunk driving are increasing in Hawaii. I would want to try to decrease those numbers by spreading awareness to you.

The purpose of this message is to not even drink alcohol and especially not to get behind a steering wheel while drunk. An experiment was tested and, as a person drinks glasses of alcohol, their handwriting becomes unreadable. After a total of seven drinks, you can see the person could not control the pen to even write a sentence. So, what makes people think that they can drive a car if they cannot control a pen?

I have lost a loved one due to a drunk driver and I'm sure a lot of others have

too. We do not need that in Hawaii. Alcohol has so many horrible effects to your body, including: no concentration, passing out, fits, brain damage, lack of coordination, liver failure, kidney failure, high blood pressure, and even death.

If there were fewer accidents, Hawaii would be a safer place with fewer funerals. I'm sure most of you have your license and might even have a car. I wouldn't want to see someone die because of a drunk driver when they've just stepped out into the world.

Think about it this way: If you get really drunk one day and decide to get behind the wheel, you may: end up in the hospital or the morgue; need multiple surgeries or end up with a prosthetic limb; possibly kill or injure someone; have to replace your smashed car; cause depression in your family; pay thousands of dollars in fines and hospital bills; go to jail for a DUI; have a longer sentence for killing or injuring an innocent person; regret the whole thing!

Do not end your life or someone else's. Make the right choices. Thank you for taking the time to read this and please don't ever drink and drive.

Sincerely,
Mina Apostadiro (KMS student)

Grad Night Organizers Seek Donations

It seems that every year around this time when high school seniors start to get ready to celebrate graduation, someone is killed in a traffic accident due to speed and alcohol. This year it happened again when an 18-year-old woman died

on April 9 in Kona due to a tragic traffic accident.

Incidents like this one are the reason that "Project Grad Night" was started here in North Kohala and all around
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the United States. The event was created to make sure that children are kept safe from such a tragedy and that memories of their senior year and friends are happy and filled with joy, not sadness.

Kohala High School seniors will graduate on May 21 and, following the ceremony, "Project Grad Night" will be held at the Hisaoka Gym. The senior class has almost 100 percent participation for this year's Grad Night. The senior class, parents, and advisors have been working extremely hard raising funds for the project and have almost reached their goal. But to make this event something special, the organizers still need more help with monetary and prize donations.

To make a donation, contact Kathy Matsuda at 889-5801; or stop by the North Kohala Police Station and speak to Capt. Richard Miyamoto or Officer John Kahalioumi, or by phone at 889-6540.

Aloha,
Captain Richard Miyamoto

I would like to thank everyone for your cooperation and understanding during the March tsunami evacuation and road closures. Due to your help everything went very quickly and smoothly.

Because of our isolated location on the Big Island, none of the local radio stations are able to reach this area to provide information in any on-going emergency. Sadly, only Maui or O'ahu radio station reception is available. The information that our Big Island Civil Defense Office broadcasts about tsunamis and any road closures does not reach the people of North Kohala.

Because of the lack of information, I would like to inform you of our procedures during a "tsunami warning." When you hear the Civil Defense warning sirens being activated due to a tsunami warning, the police officers in North Kohala will start to evacuate some areas and will proceed to block and close some of the roads. The following are the areas and roads that will be evacuated and closed:

Mahukoha Beach Park, Kapa'a Beach Park, Keokea Beach Park, and Lapakahi State Park will all be evacuated and

closed to the public until the Big Island Civil Defense re-opens them.

Shoreline areas such as Kapanai'a, Lighthouse Rd., Upolu, Coast Guard, Pololu, and shoreline along Akoni Pule highway down to Kohala Waterfront will be checked and evacuated. After clearing these areas, roadblocks will be set up to prevent entry.

Akoni Pule Highway at Kohala Waterfront will be closed to traffic with only local traffic being allowed in to evacuate businesses and homes. This closure also means that no one is allowed to pass through to go to Waikoloa, Waimea, or Kona. Remember that if you need to get to another district you will need to take the Mountain Road. One hour prior to the estimated arrival time of a tsunami, the highway will be completely closed and will not re-open until Big Island Civil Defense gives the okay.

We are trying to get electronic signs or message boards to post messages during emergency road closure to help get out more information.

Please don't forget to turn on a radio or television when you hear the warning siren for information. These sirens

are activated statewide, so even Maui or O'ahu stations should have some information to help you.

If you have a cellular phone, information is also available to you if you sign up for the police department's Nixle alerts. These messages will inform you of any tsunami warnings or other emergencies that may close any of our roads on the Big Island. To sign up all you need to do is go to the Hawaii Police Department's web site (hawaiiipolice.com) and click on the link "text and email advisories."

You may also obtain alerts and advisories from the Hawaii County Civil Defense Office's "city watch." To sign up for this service you can pick up an application at the North Kohala police station, Monday to Friday, between 8 a.m. and 4 p.m., excepting holidays and furlough days. These services are there to help keep you safe and informed. Best of all, they are all free!

Keep this and post it on your refrigerator! I hope it helps you the next time there is an emergency that closes our roads.

Aloha,
Captain Richard Miyamoto

Viewpoint

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

Peter Reisley, North Kohala's Strawberry Farmer

By Dani Kennedy

If you frequent the Hawi Farmer's Market, you are probably aware of the extraordinary produce that comes out of our farming community. You may have noticed Peter Reisley in the past few months along the road side of the market, selling everything from fresh flowers and vegetables to, most recently, organic strawberries.

Reisley (of Reisley Farms) is quickly making his mark with his own Kohala-grown organic produce, and especially his newest offering, strawberries. These little morsels are unbelievably delicious, packed with nutrients and bursting with sun-ripened juiciness. Each strawberry is hand-picked on the morning of Tuesday

and Saturday market days. Where else but Kohala can you eat an organic strawberry that was picked fresh from the stem within the hour that it finds your mouth? It is my humble opinion that once you have tasted Peter's strawberries, you will be spoiled forever. Store-bought strawberries will no longer satisfy you.

Reisley, an organic farmer for more than 30 years, happily shares his thoughts on his product. "These strawberries are the super-food, man," he says. "When you eat a food of this quality, you are getting straight vitamins, and you will be satisfied after eating only a few." He believes that when you eat commercial strawberries, you eat more than you need because your body is looking for

the satisfaction this nutrient-rich berry should provide. He continues, "When you eat an organic strawberry, grown in mineral-rich soil, your body says 'Aahhh.'"

Reisley's organic farm in Kapa'au is full of many other nutrient-rich foods as well. With his many years of organic farming experience, he brings an essential element to our community

at an affordable price. His produce at the market is attracting plenty of people, and you may even find yourself elbowing your way in for that last bushel of strawberries or the last head of radicchio, of which his customers like to say cheerfully, "It's priced so low it's ridiculous!"

His philosophies encompass much more than the important task of producing high-caliber food for the local community. He believes that part of his important work is to make his produce available to anyone and everyone who wants to eat locally grown, high-quality organics. "Everyone should be able to eat this way; we have to make sure that this food is available to anyone who wants it." Peter proves his beliefs every week at his stand under the banyan trees, as you will often hear him ask his customers,



—photo by Ashtin Hart

Peter Reisley of Reisley Farms in Kapa'au shows off his organic produce at the Hawi Farmers Market.

"Is that an okay price? Does that seem fair to you?"

Some of Reisley's favorite customers are mothers because, he says, "They are dedicated to looking out for the health of their families. They are the customers who I want because they are most concerned with putting good food on the table for their children." His appreciation for his customers shows, and in return his customers appreciate him.

Peter is a farmer who is passionate about providing affordable organic food to anyone who desires it, and it's obvious that he is driven first and foremost by that passion. "I don't want to get greedy," he says very gravely, when people tell him he should raise his prices. "It's the little things that count, and we are changing the world, one strawberry at a time."

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Legend Of The Hula Moose

by Christine Taylor
Sprowl Tetak
Illustrations by Diane
Lucas

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KES Discovery Garden Students Dig into Spring

The Kohala Elementary School Discovery Garden program is springing into the season. On March 19, four students from the gifted and talented (GT) class, Bohdi Amar, Maya Anderson, Nicole Castillo, and Kaid Nickl represented the school at the annual meeting of the Nutrition and Physical Activity Coalition of Hawai'i County.

At the meeting, each student spoke about the school garden and what he/she



—photo by Amy Carlson

Patrick Sullivan with Mrs. Amy Carlson's fifth grade class at an April 15 pizza party.

had learned, how gardening helps students to learn, how the garden improves health, and how the garden can be a place to build community. One fifth grader wrote, "The garden helps you learn by learning how the plants grow and how to work together. The garden helps your health by eating healthier food without chemicals, and you get a lot of exercise doing the work. The school garden improves our community by having healthier food instead of food shipped from a different country."

According to Koh Ming Wei, the eco-literacy educator/garden teacher for the program, the students "interacted very maturely and politely with the other attendees." Among the special guests at the meeting were Art Souza, Complex Area Superintendent, and Sue Uyehara, Director of the DOE Child and Nutrition program.

This quarter the Discovery Garden curriculum is focusing on botany. The students are investigating roots, stems

and leaves, flowers, and then fruit. They began their study with roots, looking at size, length, color, root hairs, root tip, etc. They compared root shapes, such as taproots and lateral roots, of different plants. The older students have learned new vocabulary, such as epidermis, meristem, and zone of elongation.

Students have explored and answered questions, such as: How do roots grow in dry soil? How do they grow in moist

soil? What about roots that can form from different parts of the plant? In their study of stems and leaves, students have noticed that not all stems are round—some are oval, square or triangular—and that leaves also come in various shapes and sizes.

As the quarter progresses students are exploring parts of plants and plant processes, such as photosynthesis, transpiration, etc. They are also looking at plant relationships with the soil,

insects, animals, humans, and the cosmos.

Ming Wei reports, "More and more research on school gardens provides evidence that experiential, hands-on education supports the learning of all kinds of minds and intelligences. Here at our own Discovery Garden, I see students who may not yet have the skills to perform at pen and paper tasks excelling in the garden. These students have kinesthetic intelligence. Teachers tell me that some of their students focus better in class after they return from the garden."

Several teachers have been cooking with their classes using fresh produce from the garden. They have had lau-lau, stir-fry, salads, smoothies, celery sticks, eggplant tempura, eggplant pizza, and pickled chayote (pipinola), among other dishes. "The students gobble up this food because they grew it with their own two hands and sweat. It is so awesome that our children will eat fresh vegetables to begin their journey of health and wellness," said Ming Wei.

The program held a volunteer workday on Saturday, April 16, followed by a potluck lunch. The workers focused on the after school garden area, irrigation, weed whacking, and weed mat setting.

Finally, the GT class is preparing for a STEM (Science, Technology, Engineering, Math) mini-fair, May 3 and 5 from 10:15 am to 11:15 am. Each student or student group will prepare a presentation of what they learned in the garden. The mini-fair will be set up in the garden, and teachers can bring classes down to listen to the GT students present for about 15 to 20 minutes.

The Discovery Garden of Kohala Elementary School would like to thank two community sponsors this quarter. Chris and Lise Helmuth of Kohala Pacific Realty coordinated a tool donation of



—photo by Koh Ming Wei

Mrs. Hagio's second grade class, with (l to r, back row) Chris and Lise Helmuth and Principal Danny Garcia. Students hold brand new garden tools from Flexrake.

nearly \$1,000 from Flexrake. Additionally, Patrick Sullivan of Zest Restaurant made pizzas for the Kohala Elementary's fifth grade class. Sullivan made the dough and sauce, and students harvested vegetables and herbs from their garden beds. Sullivan then baked the pizzas for the class.

Parks & Rec Girls Softball/Basketball in Full Swing

The community is invited to check out some softball action at the Amateur Softball Association girls (age 7 to 14) softball tournament on May 7, featuring teams from Kohala, Waimea, Waikoloa, Hilo, and Kona. Games start at 9 a.m. at Veterans Fields C & D. A concession with food and drinks will be provided by the Kohala High School girls softball team.

The first games of the Parks and Rec age group basketball league for girls began April 11. Games will be played in Honoka'a, Pa'auilo, Waimea and Kohala. The season ends May 19.

The Parks and Rec/KCAA girls age group basketball tournament will be held at the Hisaoka Gym on May 14. The starting time is to be determined depending on the number of teams competing. Teams from Kohala, Waimea, Honoka'a, Pa'auilo, and possibly Kona

will participate. A concession including food and shave ice will be provided by Kohala Bobby Sox Softball Club.

For more information about the game schedule and start times, call the gym office at 885-6505.

Kohala High to Offer Sports Physicals May 18

Dr. Anna Garcia will be performing pre-participatory sports physicals for the upcoming 2011-2012 school year on Wednesday, May 18, 2011 from 1:30 p.m. to 3:30 p.m. at the high school training room. All prospective athletes are encouraged to renew at this time. A sign-up sheet will be in the school office. The cost is \$25. All checks should be made payable to Kohala High School.

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Fourth Graders Visit Kalaemano O Ka`upulehu

Story and photos by Elizabeth Bauer
Fourth grade teacher, Kohala Elementary School

The fourth grade students at Kohala Elementary School recently traveled to North Kona to visit Kalaemano O Ka`upulehu. This ahupua`a beautifully sweeps down from the summit of Hualalai. The group visited the historic and beloved section called Kalaemano.

Students walked over the pahoe-hoe flats, viewed the ancient petroglyphs and salt pans and watched the waves wash over the rugged shoreline. Kalaemano is a special section of this shoreline where the waves fill pockets in the lava rocks. Here, the Hawaiians of old bathed the juvenile sharks.

The students and their chaperones were welcomed with an oli (chant) from

Ku`ulei Keakealani, the Interpretive Center's curator and storyteller. She recounted traditional and oral histories, and guided the group through the pahoe-hoe flats to Kalaemano. Her account was both entertaining and informative, and engaged both students and accompanying adults alike. She welcomed and shared the place with the group, for which they were very grateful.

In the past three years, the emphasis on reading, writing, and arithmetic in elementary schools has seriously increased. Students seldom take fieldtrips to visit the many historical and cultural sites that make Hawai'i such a special place, due in part to the cost of such an endeavor and the slow economy.

The fourth grade students at Kohala Elementary were gifted by generous



Kohala Elementary students Curtnei Maria, left, and Kai Emeliano-Solomon listen to Ku'ulei Keakealani, center, the Interpretive Center's curator and storyteller. ES fourth grade teacher, Mr. Aiona, right, video recorded much of the visit.

KES Students Fly Their Flags High at Keauhou Festival



—photo by Peter Henderson

Kohala Elementary third grader Zakary Javillonar proudly displays the flag "earth" he and his classmates created for Keauhou Beach Resort's Earth and Ocean Festival.

Elodia Le May's class at Kohala Elementary School has been busy with art. "We've been fortunate to have Kelly Winsa, a water-color artist from Sudbury, Canada, helping us," said Le May. Winsa's son, Cleveland, is a student in Le May's class. Winsa works with the students on most Fridays.

Recently the class created flags for the Earth and Ocean Festival held at

the Keauhou Beach Resort on Saturday, April 23. Each flag represented one of four Hawaiian values: Water-Life-Wai, Food-Earth-Kuleana, Energy-Fire-Mana, or Air-Breath-Ha. Students chose paint, crayons, markers, and pencils to illustrate these themes. The flags were sewn on an earthy length of twine, to flutter in one long length.

The flags are on display at the festival from Monday, April 18, to Sunday, May 1. Judging took place on April 22 with award ribbons attached to winning entries for viewing at the festival. (Winners were announced after this issue of

KMN went to press.)

"Room 8 at Kohala Elementary has been extremely fortunate to have Kelly Winsa come with her talent, generous bag of professional art supplies, and constant commitment to art and children. We've been able to match Kelly's numerous sessions as a positive counterbalance to the high stakes testing that occurs in spring," said Le May.

donors, Mr. and Mrs. Craig Williams. The Kohala couple, members of the Lions Club, had recently visited the site and wanted to share the experience with Kohala Elementary students. Fourth grade was chosen because its social studies curriculum and standards cover Hawai'i's past and present.

The Williams' have generously provided for this fund to continue in perpetuity so that, for years to come, Kohala students will have this wonderful opportunity. The students and staff of Kohala Elementary School expressed their thanks to the donors and the Lions Club for caring and sharing this opportunity with them.



Fourth graders from Kohala Elementary watch the waves wash over the shoreline on a field trip to Kalaemano O Ka`upulehu.

Day Camp Offers Okinawan Cultural Activities for Kids

Kohala Okinawa Kenjin Kai is sponsoring its seventh annual Okinawa Children's Cultural Day Camp: "Warabi Ashibi," which means "Children at Play." Open to children ages seven to 13 years, camp activities include making and playing the sanshin (stringed instrument); cooking; karate; Okinawan/Japanese arts and crafts; ikebana; plantation games; language; history and much more. All nationalities welcome.

Dates are Friday, June 3, 1 to 5 p.m., and Saturday and Sunday, June 4 to 5, 9 a.m. to 3 p.m. at the Hawi Jodo Mission Hall. Registration deadline is May 6, 2011, and the camp can take only 24 children.

The individual fee for the three-day camp is \$40, which includes a camp t-shirt. The fee for two children is \$70 and for three children is \$100. Please contact Kathy Matsuda, day camp chairperson, at 889-5801.

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THE COQUI CORNER

COQUI UPDATE



There are now three major infestations of coquis in North Kohala that the Coalition is battling. (see article in this issue of KMN).

Fortunately, support has been pouring in to the Kohala Coqui Coalition. At the time of this writing we had reached nearly 2/3 of our financial goal of \$15,000.

We still have a way to go and ask that the community consider making a donation. All donations are tax deductible.

Please make checks payable to NKCRC with "coqui" in the memo. Your donations are greatly appreciated with 100% of the funds used to eradicate coqui frogs.

Mahalo! for keeping Kohala Coqui Free!

Coqui Hotline: 889-5775

Healthy Life Styles in the News

Lifeplan: A Journey of Choices, Decisions and Consequences

By Catherine Tarleton

One year ago, the very first group of Lifeplan mentors, comprised of 60 educators and volunteers, graduated from a training class to begin the new, innovative Lifeplan youth mentoring program for Hawaii Island. On April 8, the mentors and youth celebrated their first anniversary in a special reception at the Outrigger Keauhou Beach Resort.

"I think it is great," said Kohala Middle School (KMS) teacher Erika Blanco. "It helps students see how much they can do now—as far as building networks and building their resume. It helps them choose the direction they want to go, even if their dreams change." All forty-eight of Kohala Middle School's eighth graders will have successfully completed Phase 1 of the Lifeplan program by the end of the school year.

"What's been really nice is how the curriculum folds into high school," said KMS Principal Jeannette Snelling. "We have been looking for something that would help that transition. It introduces them to the idea of planning for their futures and helps them to start thinking about it," she added. "And we have had the best group of community volunteers from day one."

At the anniversary event, participants had a chance to share their experiences and accomplishments, and awards were presented to volunteers, schools and supporting organizations. Recipients included the DOE North and West Hawaii Area Complex Superintendent

Art Souza, Honoka'a High School, Kealahou High School, Kohala Middle School, Five Mountains Hawaii, Hawaii Community Foundation and the Lifeplan Institute of California.

The Lifeplan Institute of California, along with the California Mentor Foun-

Mecca acknowledges several leaders in North and West Hawaii for their efforts to launch Lifeplan.

"Hawaii is the only state in the U.S. that has a law saying every young person graduating from high school has to have a transition plan," said Mecca. "And that's where Lifeplan comes in. Lifeplan is a journey of choices, decisions and consequences."

"Lifeplan Institute did a very large survey," he added. "Of the 50,000 kids surveyed, 90 percent stayed in school and did not become teen parents or use drugs." For that reason, he says, "Lifeplan is a very worthy investment in terms of human capital."

LIHI, a project of Five Mountains Hawaii, grew from the Lifeplan Institute. LIHI's mentor training and highly successful summer pilot program last year allowed them to bring the Lifeplan curriculum into Honoka'a and Kealahou High Schools and Kohala Middle School this past fall.

"This has really been such a blessing," said Robin Mullin, Executive Director of Five Mountains Hawaii. "It is an honor and privilege for our organization to be the steward of this program." Mullin announced that Lifeplan had welcomed 98 adult volunteers in its first year of operation, accumulating more than 4,500 volunteer hours and 500 hours of staff time.

As for student outcomes, Mullin said that results were measured in a survey of attitudes conducted at the beginning and end of the Lifeplan Phase 1 curriculum. For example, where only 18 percent of students rated themselves "high" as far as "optimism" at the outset; by the end of the program 98 percent felt they had good expectations for themselves and who they are. And, although only 58 percent of those surveyed felt "confident" in the beginning, at the conclusion 95 percent had confidence they could thrive as teens.

See Lifeplan, page 9



—photo by Robin Mullin

KMS students display certificates of completion of the Lifeplan program. From left to right, Mikael Agbayani, KMS teacher Ms. Erika Blanco, Kahj Maunu, Isabel Steinhoff, Heaven Rodrigues.

dation, were founded by Dr. Andrew Mecca, a former drug czar in the state of California. Mecca and his wife, educator Dr. Kate Mecca, are part-time Hawaii Island residents and were present at the reception to share in the success stories and awards.

A respected authority in the field of mentoring and youth risk factors for over 40 years, Mecca's book, *Lifeplan: Tools Every Teenager Needs to Thrive, Not Merely Survive*, is based on strong research which shows that mentoring helps improve youth success. At the event, Dr. Mecca shared an advance copy of his newest book, *A Plan for Life: Why Every Young Person Should Have a Lifeplan*. In the book, he features a case study on Lifeplan Institute Hawaii Island (LIHI), which is the first community-wide collaborative effort in the nation to embrace the program and be licensed to independently provide training and materials. In the book Dr.

KES Students Jump Their Hearts Out



—photo by Rose Mae Watterson

Kohala Elementary School students participated in the American Heart Association's "Jump Rope for Heart" activity by gathering on the school's blacktop and jumping rope for about 15 minutes on February 18.

At a recent assembly several students were recognized for raising a total of \$1,167 for AHA. First grader O'shen Cazimero raised \$400.

Pictured, from left to right, Dhona Jayne Juan, Leiana Carvalho, Jake Duby, Taige Lorenzo-Akama, Kalub Kualii, Caylah Carvalho, Alika Viernes, Makamae Edayan, Althea Houk, Shaynee Akina, and O'shen Cazimero were among the top fundraisers at the AHA "Jump Rope for Heart" event. Absent from photo is Joel Gonzales-Oliveros.

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More on Healthy Lifestyles

Strong Women, Strong Families Conference

Story and photo by Carrie Jenkins

On March 31, the Children's Research Triangle (CRT) hosted an educational conference in Waimea about our nation's—and our island's—fetal alcohol syndrome epidemic. The conference was entitled "Strong Women, Strong Families: Gender

supportive of the work CRT is doing in Hawaii, and he recognizes that elementary school is too late to be addressing this issue. Screening and education must begin with pregnant women who are at risk of exposing their fetuses to the damaging effects of alcohol.

CRT is accomplishing this by partnering with local providers to utilize the 4 Ps screening process during all their prenatal visits with their patients: parents, partner, past, pregnancy. Kohala Family Health Center is currently participating in conjunction with Hamakua Health Center, and they have completed 107 screenings since the inception of the program.

Kohala resident Kimberly Lepold, Roots Advocates

for Youth, shares her experience of the conference. "Dr. Chasnoff is always so inspiring and informational, and I really enjoyed hearing Kathy speak. For me being involved in the community and in a mentorship program, I am looking at ways to share this information with high school students. We need to talk about this before it is too late and get the information to the people who need it. Despite what people might think or hear, no amount of alcohol is safe during pregnancy. Education and prevention: that's where it's at."

To date, statistics show that 51 percent of the women screened on the Big Island continue to use some sort of substance after learning of their pregnancy. The goal of the screenings, in conjunction with a brief intervention in the provider's office, is to reduce this percentage and improve outcomes for our island's children. "We are giving our babies a better chance at a healthy outcome with the brief inter-

ventions. And if even one woman stops drinking while she is pregnant, ensuring a better outcome and life for that child,

we consider that a success," says Sharon Williams-Bechler, RN, CRT Hawaii State Director.



Pictured, left to right, are some attendees at the "Strong Women, Strong Families" conference on March 31: Carolyn Lancaster, Sharon Williams-Bechler, and Kimberly Lepold. Both Lancaster (a research assistant for the CRT) and Lepold (Roots Advocates for Youth) are North Kohala residents.

Specific Support for the Women of Hawaii" and was attended by more than 60 Big Island residents, a number of whom came from North Kohala.

The event featured two presenters: Dr. Ira J. Chasnoff, MD (president of CRT) and Kathleen Tarvenner Mitchell, licensed clinical alcohol and drug counselor (LCADC), and vice president of the National Organization on Fetal Alcohol Syndrome.

Fetal alcohol syndrome (FAS) is the leading known cause of mental retardation in America. The speakers addressed both how the fetus is affected by alcohol and other substances in utero, as well as the importance of identifying and educating the addicted mothers who are repeatedly exposing—knowingly or unknowingly—their unborn children.

The day began with a touching blessing by Kahu Kealoha Sugiyama and an inspirational introduction by Mayor Billy Kenoi. Mayor Kenoi is

Elementary Students Stay Active with 'Healthy Lifestyles'

Kohala Elementary School offers activities to students annually through the "Healthy Lifestyles/Drug-Free Program" through federal funding from the No Child Left Behind—Safe and Drug-Free Schools and Communities Act (NCLB-SDFSCA). Second and third graders are bused to Kamehameha Park for

10 sessions each of swimming, tennis and table tennis. Kindergarteners and first graders participate in 10 creative movement sessions; fourth and fifth graders have 10 sessions of hip hop through Big Island Dance Council's dance and movement artists Michal Carrillo and Elizabeth McDonald.

Sakura Remsen returns to Isaiah Salvador while Dawstin Ho'opai rotates. Makamae Edayan is at the next table. Waiting in line behind her are Azariah Javillonar and Alika Viernes. In the background is grandparent Lana Lewis, who volunteers to assist. Note: The table Tennis Instructor is Len Winkler. He is not in photo. This photo was taken when present fourth graders were in second grade.



—photo provided by Rose Mae Watterson

Lifeplan, Continued from page 8

But these numbers don't express the energy in the room at the reception, or the newfound poise and self assurance of the students.

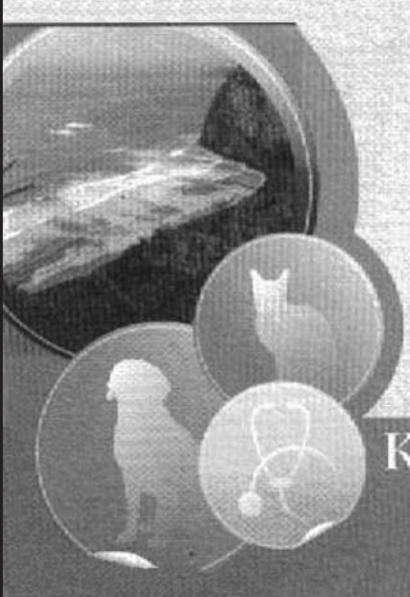
"Lifeplan helped me figure out what I want to do," said Mayra Gonzales, a senior at Kealakehe. "I was one of those students who thought, 'Maybe I'll just stay home.' It helped me figure out my values, my strengths, and what I want to do. I wouldn't be graduating this year without Lifeplan because I was a slacker."

Alec Ka'ai of Kealakehe shared, "Before I was in Lifeplan I was not motivated; I didn't do much. Lifeplan brought out who I really was. Now I can help other students who were like me."

After a pause, another young woman made the decision to stand up and come

from the back of the room and tell her story. "I like Lifeplan, and how it helped me to identify my goals and dreams," said Kehau Amantiad, 17. "I actually had a baby this year," she said. "But it wasn't a setback. My son pushed me, and now I am a senior and I'm going to be graduating with all A's." There were tears in her eyes but her smile was bright. "I just don't know why you guys didn't start earlier," she said.

LIHI is a collaborative community effort, run mostly on volunteer support. LIHI plans to train more Lifeplan group mentors, as well as recruit expert guest speakers and adults who are willing to become personal mentors for teens after the group program concludes. For more information, emailinfo@lifeplanhawaii.org or call the Five Mountains Hawaii office, 887-1284.



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18 oz. 2⁹⁹



Yuban Coffee
original 33 oz. 11⁹⁹

C & H Granulated Sugar
4 lb. 3⁴⁹

Dasani Water
24 pk. - 500 ml. 2/7⁹⁹



Barilla Spaghetti
reg/thin 16 oz. 2/3⁰⁰

Nissin Top Ramen
3 oz. 5/1³⁹

Quaker Captain Crunch Cereal
14 - 16 oz. 3¹⁹

Planter's Cocktail Peanuts
Reg./ Low Salt 16 oz. 2⁷⁹

Kraft Mac & Cheese
7.25 oz. 2/3⁰⁰



Lion Coffee
Regular / Auto Drip (No Decaf) 10 oz. 4⁹⁹

Perrier Sparkling Mineral Water
25 oz 2/2⁹⁹



Banquet Family Entree
Salisbury or Turkey 27 oz. 3⁹⁹



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Delmonte Fruit Cocktail/Peaches, 29 - 30 oz. 1⁹⁹
Delmonte Cut Green Beans, 14.5 oz. 2/1⁹⁹
Delmonte Spaghetti Sauce, 26.5 oz. 2/2¹⁹
Delmonte Tomato Sauce, 8 oz. 2/1⁰⁹
Diamond Bakery Graham/Salty Crackers, 9.5 oz. 3¹⁹
Diamond Bakery Soda Crackers, 13 oz. 3⁵⁹
Diamond Soda/Saloon Crackers, 32 oz. 7⁹⁹
Libby Vienna Sausage, 18 pk., 5 oz. 7⁹⁹
Delmonte Sweet Relish, 12 oz. 2²⁹
Lindsay Pitted Olives, lg./med., 6 oz. 1⁵⁹
Ocean Spray Crancoktail, 64 oz. 3⁷⁹
Best Foods Mayonnaise, 30 oz. 4⁴⁹
Vitamin Water, 20 oz. 10/10⁰⁰
Van Camp Pork 'n' Beans, 15 oz. 2/1⁶⁹
Wesson Oil, all types, 48 oz. 4³⁹
Dole Pineapple, 20 oz. 1⁶⁹
Koolaid/Tang, 6 - 8 qt. 3³⁹
Jif Peanut Butter, 28 oz. 3⁹⁹
Ghirardelli Chocolate chips, 11 - 12 oz. 3¹⁹
Royal Blossom Coconut Milk, 13.5 oz. 1⁷⁹
Huy Fong Sriaracha Sauce, 17 oz. 3²⁹
Nott Packet Sauces, 1.5 - 2 oz. 1¹⁹
Si B Golden Curry, 3.6 oz. 2³⁹
Shirakiku Somen Noodles, 8 oz. 2/1²⁹

Sapporo Ichiban Ramen, 3.5 oz. 2/1⁰⁹
Taco Bell Taco Seasoning Mix, 1.25 oz. 2/1⁹⁹
Taco Bell Taco Sauce, 8 oz. 1⁷⁹
Taco Bell Refried Beans, 15 oz. 1²⁹
Sanka Instant Coffee, 8 oz. 6⁹⁹
Shake n Bake, Chicken or Pork, original, 2 pk. 2²⁹
Western Family Whole Kernel or Cream Corn, 15 oz. 2/1⁹⁹

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Good Health Veg Snacks, 6 - 7.5 oz. 3⁶⁹
Brianna's Salad Dressing, 12 oz. 2⁹⁹
Aunt Patty's Agave Syrup, 12.5 oz. 3⁹⁹
Milton's Snack Crackers, 8 oz. 2⁵⁹















Dairy

Meadow Gold Nectars, 1/2 gal. 1⁹⁹
Meadow Gold Yogurts, 6 oz. 2/1⁹⁵
Horizon Organic Milk, 1/2 gal. 5⁶⁹
Meadow Gold Ice Cream Sandwiches, 6 pk. 2⁵⁹
Big Island Poultry Grade A Large Eggs, Mainland Shell Protected, per dozen 2³⁹

Meats

USDA Boneless Chuck Steak, per lb. 4⁶⁹
Island Range Fed Boneless Top Sirloin Steak, per lb. 5⁶⁹
Foster Farm Value Pack Chicken Thighs, per lb. 1⁸⁹
Frozen Pork Butt, per lb. 1⁷⁹

SALE PRICES GOOD APRIL 27 THRU MAY 10

 <div>Roman Meal Bread All Types 24 oz. 4⁶⁹</div>	 <div>LOVE'S old-fashioned Donuts & Mini Bites 13 - 14 oz. 4²⁹</div>	JFC Furikake 1.7 oz. 2 ¹⁹	Wooseong Korean Nori 1 ³⁹ 3 pk.	 <div>Pepsi 24-pk. cans All Types 9⁴⁹</div>	 <div>Gatorade 32 oz. 3/3⁹⁹</div>
 <div>Oscar Mayer Bacon All Types 16 oz. 4²⁹</div>	 <div>Oscar Mayer Turkey Franks 16 oz. 2/4⁰⁰</div>	Wel Pac Chuka Soba 6 oz. 1 ⁵⁹	S & B Wasabi Tube 1.5 oz. 1 ⁵⁹	Nabisco Ritz Crackers 9.5 - 16 oz. 3 ⁴⁹	 <div>Nabisco Oreo Cookies 11.3 - 17 oz. 3⁹⁹</div>
 <div>Oscar Mayer Deli Shave Meats 7 - 9 oz. 2/6⁰⁰</div>	 <div>Oscar Mayer Variety Pack 8 - 9 oz. 2/5⁰⁰</div>	 <div>Dynasty Jasmine Rice 4⁹⁹ 5 lb.</div>	J.E.S. Sauces 2 ³⁹ 13.5 - 15 oz.	 <div>Dreyer's Ice Cream 48 oz. 4³⁹</div>	 <div>Di Giorno Rising Crust Pizza 11.5 in. 6⁸⁹</div>
 <div>Kraft Shredded or Chunk Cheese 2⁹⁹ 8 oz.</div>	 <div>Kraft American Singles 3⁴⁹ 8 oz.</div>	Tropics Salad Dressing 12 oz. 3 ²⁹	Trader's Choice Sliced Shiitake 1 oz. 1 ³⁹	VO5 Shampoo & Conditioner 15 oz. 99¢	Brut Deodorants Assorted 2 - 4 oz. 2 ⁴⁹
Frank's Foods Frankfurters 16 oz. 3 ³⁹	Mrs. Friday Gold Pack Shrimp 2.5 lb. 20 ⁹⁹	Newton Pancit Canton 8 oz. 2 ⁰⁹	RHE Magic Knife 8 in. 7 ⁹⁹	Tampax Tampons 20 ct. 3 ⁷⁹	Good Sense Tussin DM 4 oz. 1 ⁹⁹
Frank's Foods Portuguese Sausage 10 oz. 3 ³⁹	Flavor Pac Frozen Blueberries 16 oz. 4 ⁴⁹	Sun Butane Cannister 1 ⁸⁹ 8 oz.	EZ Foil Bake Pan with Lid 2 ct. 4 ²⁹	Johnson & Johnson Band-aids 40 ct. 1 ⁹⁹	Playtex Drop-in Liners or Kits 4 - 8 oz. 3 ⁶⁹

Freezer/Deli		Non Foods	
Darigold Butter, 16 oz.	4 ²⁹	Angel Soft Double Roll Bath Tissue, 6 ct.	4 ³⁹
Shedd's Country Crock Margarine, 2/8 oz.	2 ⁵⁹	Sparkle Single Roll Paper Towel	2/1 ³⁹
Athena Crumbled Feta, 4 oz.	2 ⁵⁹	Hefty Foam Plates, 50 ct.	2 ⁷⁹
Yoplait Yogurt, 4/6 oz.	2/1 ⁶⁹	Hefty Foam Plates, 50 ct.	2 ⁷⁹
Bays English Muffins, 6 ct.	2 ⁹⁹	Fitti Diapers, Jumbo Pack, 26 - 40 ct.	8 ⁹⁹
Hormel Ham Patty, 12 oz.	2 ⁷⁹	Glade Aerosol, 9 oz.	1 ³⁹
Cyrus O'Leary Banana, Chocolate or Lemon Pie, 8 in.	7 ⁵⁹	Dixie Napkins, 320 ct.	3 ⁸⁹
Inland French Fries, 32 oz.	3 ¹⁹	Kingsford Match Light Charcoal, 6.7 lb.	8 ³⁹
El Monterey Burrito, 8 pk.	4 ¹⁹	Solo Plastic Cups, 9 - 10 oz., 36 - 40 ct.	3 ³⁹
Banquet Pot Pies, all types, 7 oz.	2/2 ¹⁹	Sunsation Dish Liquid, 25 oz.	1 ⁶⁹
Menlo Lumpia Wrappers, 16 oz.	2 ⁸⁹	Sun Liquid Laundry Detergent, 45.4 oz.	3 ²⁹
Farmer John Pork Links, 8 oz.	1 ⁶⁹	Saran Wrap Cling Plus, 200 sq. ft.	2 ¹⁹
Louis Rich Ground Turkey, 16 oz.	3/4 ⁵⁹	Western Family Cat Food, 7 lb.	6 ⁹⁹
Amy Bowl, 9.5 oz.	4 ⁴⁹		
Nestles Drumstick, 4 ct.	3 ⁹⁹	Beer/Wine/Liquor	
Patissa Mini Eclairs or Cream Puffs, 11.1 - 11.6 oz.	4 ⁹⁹	Heineken, 12 pk., bottles	15 ⁴⁹
Seawave Whole Squid, 3 lb.	7 ¹⁹	Corona, 12 pk., bottles	14 ⁹⁹
S/S Saimin, 4.5 oz.	2/1 ³⁹	Steinlager, 12 pk., bottles	10 ⁹⁹
White Crab Sections, 2 lb.	8 ⁶⁹	Coors, 24 pk., cans	19 ⁹⁹
Smuckers Uncrustables, 4/2 oz.	2 ⁹⁹	Natural Beer, 24 pk., cans	15 ⁹⁹
Tyson Party Wings, 5 lb.	15 ⁶⁹	Becks, 12 pk., bottles	11 ⁹⁹
Tyson Boneless, Skinless Tenderloins, 40 oz.	8 ⁹⁹	Deschutes, 6 pk., bottles	7 ⁹⁹
Tyson Boneless, Skinless Thighs, 40 oz.	7 ⁶⁹	Kendall Jackson Chard., Sauv., Blanc., 750 ml.	11 ⁹⁹
Frozen Mussels, 1/2 shell, 2 lb.	7 ⁹⁹	Yellowtail Wine, 750 ml.	5 ⁹⁹
Pierre Sandwich, 6.1 - 7 oz.	2/3 ⁰⁰	Fetzer Wine, 750 ml.	6 ⁹⁹
IQF EZ Peel Shrimp, 31- 40 ct.	11 ⁴⁹	Sutter Home Wine, 1.5 liter	8 ⁹⁹
Tasty Bird Gizzards or Livers, 1 lb.	2 ⁴⁹	Columbia Crest Wine, 750 ml.	9 ⁹⁹
Paradise Mahi Mahi Fillet, 2 lb.	8 ⁹⁹	Crown Royal, 750 ml.	22 ⁹⁹
Zippy Entrees, assorted, 20 -24 oz.	5 ⁸⁹	Sauza Tequila, 750 ml.	10 ⁹⁹
		Jim Beam, 750 ml.	9 ⁹⁹
		Karkov Vodka, 1.75 liter	12 ⁸⁹
		Bacardi Rum, 750 ml.	11 ³⁹
Produce			
Potatoes, loose, per lb.	99¢		
Granny Smith Apples, per lb.	1 ⁵⁹		
Ginger Root, per lb.	2 ⁸⁹		
Amano Kamaboko, 6 oz.	1 ⁹⁹		

Honey Bee Pests Affect Agriculture and Consumers' Pocketbooks

Honey bee pests remain one of the hottest invasive species issues in the Hawaiian islands at this time, and North Kohala is no exception. The Big Island Beekeepers Association (BIBA) recently completed a survey of beekeepers' hive losses and found that, across the island, beekeepers are averaging a loss of over half of their hives, with 35 percent of beekeepers losing all of their stock. This is attributed

to the impact of the Varroa mite, the small hive beetle, and Nosema.

The impact of these pests on food crops and other plants pollinated by bees should become apparent within the next year, according to Page Else of the Big Island Invasive Species Committee. The agriculture industry will be heavily affected; in turn, consumers will pay more for crops pollinated by bees, such

as fruits, nuts, and many vegetables.

According to Kent Lighter, a Hawaii beekeeper and member of BIBA, organized agriculture on the Big Island, as well as wild fruit trees such as guava, depend heavily on feral colonies to pollinate. Lighter explains, "While we have several thousand managed colonies on the Big Island, this is nothing compared to the tens of thousands of feral colonies, many of which have already perished. It is the loss of these feral colonies that will really adversely affect agriculture."

What does this mean for North Kohala? Lighter paints a bleak picture. He reports, "There are a great many small plots and even some large areas of agriculture which will suffer losses. Coffee farmers could lose 50 percent of their crop. Fruit loss could be up to 70 percent. Nuts up to 50 percent. Some pollination will occur, but the amount will be subject to a variety of weather conditions and other insects."

Lighter continues, "The average consumer will of course not be able to afford local produce. As the size of the crop diminishes, costs will remain the same and the cost per unit will increase. We

will be buying our produce from Chile or Asia. Unfortunately, farmers who cannot make ends meet due to diminished crops will not be farmers for long."

The good news is that an apiary specialist has been hired to assist beekeepers statewide. Danielle Downey (ddowney@hawaii.edu) has extensive experience with bees, as researcher, beekeeper, and the Utah state apiarist. Her office is in Hilo with the Hawaii Department of Agriculture.

At the February BIBA meeting, Downey conducted a training session for beekeepers on detecting and treating Nosema, a small, single-celled parasite that is most likely contributing to the loss of health in Hawaiian hives. Downey explained that keeping hives in the sun with good ventilation can help control this pest. An antibiotic (Fumidil B) may also be used for treatment. Downey showed specimens magnified 400 times under a microscope, training the beekeepers to diagnose this problem.

Nosema has two species: *N. apis*, a common parasite that has been studied for over 100 years, and a more recent arrival, *N. ceranae*. The latter appears to

See Bees, page 13



—photo courtesy of pdphoto.org
Honey bees, which pollinate our crops, are in danger from several different pests.

Growing Coqui Infestation

It's not one large outbreak of coqui in a hard to treat area, it's three!

The good news on the Wainia Gulch infestation is, as of April 10, an eradication team has twice treated the area on the makai side of the highway behind the cemetery. This has cost approximately \$3,000 so far, and it's just the beginning.

Ralph Blancato, one of the primary coqui busters said, "I believe we got a real good knockdown, covering the infected area and the perimeter around it." After regularly monitoring the area, John Gardner reported that the treated area makai of the road was quiet.

The bad news is that the frogs have crossed the road and are now in the gulch on the mauka side as well. Both John Gardner and Hiram Hagio, another veteran coqui buster, have heard their calls in this recently affected area. At this time plans are being made to treat the mauka area as well.

Several reports of coquis at the transfer station have led to the discovery of another serious coqui infestation in the gulch below the refuse bins. The coalition has treated areas surrounding the transfer station many times in the past, as coquis are continuously brought in on trucks and equipment. The coquis have moved down into the quarry and gulch area where there is no way to reach them.

Community members have stepped forward and are now cutting a road through the tall cane grass using tractors, mowers and a backhoe, so that an eradication team can gain access to treat the area. Todd Andrews, who is familiar with the terrain, said access will be available very soon so that eradication

may begin.

Bob Martin and Kim Takata had a preliminary meeting with the County Solid Waste Department in April to discuss what can be done to prevent future infestations coming into Kohala on trucks, bins, and heavy equipment. Takata said, "We know this will be a difficult problem to solve, but we prefer putting our money on prevention rather than eradication. If we can come to a reasonable agreement on ways to treat equipment before it comes into North Kohala, it will be less expensive in the long run."

The Kohala Coqui Coalition realizes that the battle against coquis will only intensify. North Kohala is one of the last coqui-free districts on the island, but all cars, trucks, and equipment coming in from other areas of the island have the potential to bring in coquis.

Tremendous support from the community has been pouring into the coalition, which makes it possible for the coalition to continue this battle. At the time of this writing, they had reached nearly two-thirds of their financial goal of raising \$15,000 to eradicate the current infestations. They know that the price tag will continue to go up as new infestations are discovered and ask the community to please consider donating.

As a sponsored project of the North Kohala Community Resource Center, all donations are tax deductible. Please make checks payable to NKCRC with "coqui" in the memo, and mail to P.O. Box 519, Hawi, HI. Contributions are greatly appreciated with 100 percent of the monies used to eradicate coquis.

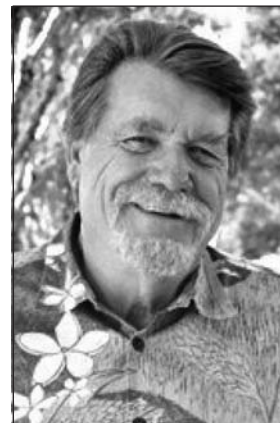
Any questions or comments can be made via the coqui hotline at 889-5775.

You have a lot riding on the sale of your home...
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David Firestone R(S)
Genevieve Firestone R(S)

#1 Father-Daughter Team on the Big Island!

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Yay!! Happy Hour @

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Tuesday, Wednesday, Thursday
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Kona Beer-Battered Crispy Onion Rings
Crispy Chicken Wings
Polenta with Creamy Pesto
Mac Nut Caesar
Edamame
Risotto of the Day
Kalua Pork Quesadilla



Suck 'Em Up!

Well Drinks \$4.50
Domestic Beer \$2.50
Imported Beer \$3.00
Kona Draft Beers \$3.75

Also:

Chicken Sate Pot Stickers \$8.95
Calamari Strips \$7.25
Thai Coconut Prawns \$9.25

889-5555

Seeking Vietnam Veterans

The North Kohala National Guard Alumni Veterans Day ceremony this year will be special as it will be on 11-11-11 at 11 a.m. The ceremony will be held at Kamehameha Park near the M60 tank memorial.

In addition to honoring all veterans, there will be special recognition given to Vietnam veterans from Kohala, especially the National Guard unit called up in 1967.

Vietnam veterans please contact Collin at 889-6726 or Bobby at 889-5115.

Bees, continued from page 12

be the winner in the invasive world, now out-competing the better understood N. apis. Signs of these pests include bee dysentery, crawling bees, wings held at a K angle, and failure of queens.

According to Downey, "The Varroa mite is probably the most serious issue. Nosema weakens the colony, and then the small hive beetle attacks weakened colonies. The worst part of the situation in Hawaii is that beekeepers have never had to manage pests before and now they have three! The mite and beetle are large and obvious, but the microscopic Nosema is not so obvious and can be the last straw for beekeepers."

Department of Agriculture (DOA) literature describes the Varroa mite as "a serious pest of bees worldwide. Found on the Big Island for the first time in 2008, it feeds on the hemolymph or "blood" of bees. You can think of Varroa as an "uku" attacking the bee—an uku the size of your hand. What makes Varroa particularly nasty is it spreads viruses and diseases that can kill whole bee hives."

The Big Island beekeepers recently had an emergency meeting with Russell Kokubun, Hawaii Department of Agriculture, to present their concerns and request assistance. High on their list were: permanent funding for the apiary position (currently funding is for only one year), training to encourage new beekeepers, better access to treatment methods, and better emergency response planning and prevention.

The DOA now has a new way to help identify if a hive is affected by the microscopic Nosema pest. Bee samples of 25 bees preserved in alcohol may be dropped off at the DOA in Hilo for analysis. More information can be found by calling 974-4146.

Another bee-related goal is to start a website for public mapping of feral hive locations. This is important in order to estimate loss of pollination services and because untreated feral hives collapse and managed hives pick up their pests. The mapping website location will be publicized on the BIBA website, www.bibahawaiiibees.org.

Ka Hana No'eau Ho'ike

Photo by Megan Solís

Railen Ching, right, carefully stamps a woven design on a leather belt. Ching is learning leatherworking as part of the Ka Hana No'eau program. The group was making and selling custom leather belts, bracelets, and saddles at Ka Hana No'eau's April 9 Ho'ike and Chili Challenge. This year's theme was "Ka Ulu Ana: Securing Our Future." In addition to the Chili Challenge, there was also a salad dressing contest and a number of booths where Ka Hana No'eau students displayed their work and gave demonstrations.



North Kohala Business Directory in Boxes Soon!



Judy Rogers is excited to announce that hard copies of the 2011 NK Business Directory have been printed and will be in postal boxes by early to mid May. While the process of taking over this public service has taken longer than expected, she is grateful to merchants for their kindness and support.

The directory can also be found on-line at northkohalabiz.com.

At left: The graphic found on the front of the new directory is a photo of the King Kamehameha statue in Kapa'au and was taken by Sharon Hayden.

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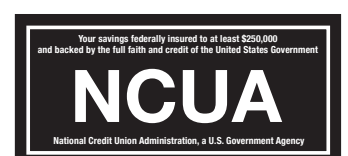
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1,000 Cranes Concert May 22 to Benefit Tanohata, Japan

A group of Kohala residents, led by Hanako (Hana) Kuwabara Anderson and Malia Welch, will hold a benefit concert for the village of Tanohata, Japan on Sunday, May 22 from 11 a.m. to 4 p.m. at Kenji's House (upstairs). The group hopes to raise \$10,000 to send to the village of Tanohata, Iwate prefecture, Japan, which is similar in size and population to North Kohala. They intend for the funds to go directly toward the village's efforts to rebuild homes that were lost in the devastating March 11 earthquake and tsunami.

Anderson is a Japanese national and long-time Kohala resident. She adds, "I would be happy to help Kohala residents find missing friends and relatives in Japan."

Welch's connection to the village comes from a cross-cultural exchange in which she lived in Tanohata while studying at Earlham College. She says, "The residents were unassuming, warm, and welcoming, reminding me of 'aunties' and 'uncles' here. We hope that the people of Kohala will reach out to this village which is so similar to ours. Even the coastline reminds me of the valleys along our northern coastline."

In addition to monies, the concert organizers have coordinated with Kohala Middle School to create 1,000 cranes to gift to Tanohata's middle school students. In Japan, it is commonly said that folding 1,000 paper origami cranes makes a person's wish come true. Consequently, a string of them called a senbazuru is a popular gift for special friends and family.

Welch and Anderson hope to forge a lasting relationship with the village and to create a relationship between Kohala Middle School and Tanohata's middle school. According to Anderson, "We are hoping for a long-term relationship between the schools so that the kids can learn about each other's cultures and backgrounds." At the May 22 concert, Kohala Middle School students will present a display about the village and the effects of the March tsunami and earthquake.

According to Tanohata's Mayor Kanji Kamitsukue, as of March 31, 583 of Tanohata's buildings had collapsed (257 of them residential), with 15 residents dead, 25 missing, and more than 800 residents living in temporary shelter. At this time, the people have enough food and water

to survive for awhile, according to the mayor. His biggest concern, however, is the physical and psychological stress being endured by those who have lost their homes, possessions, and jobs.

Kamitsukue reports, "We are currently working on building new houses for them. Fortunately, most buildings, including our city hall and schools, are located inland at a higher elevation. However, our biggest employers—the coastline hotels—were destroyed, and nearly all of the employees lost their jobs. Additionally, most of the fishing factories were damaged."

Welch adds, "There is virtually no level or arable land in the region, which contributes to the dependency on tourism and fishing."

Tickets for the benefit concert may be



—photo by Malia Welch

Left to right: KMS students Keiko Yamura, Genevieve Boyle, Daisha Yamasaki, Britney Shimono, Isabel Steinhoff, Mina Apostadiro, Yuki Zbytovsky, and Josiah Adams work to create 1,000 cranes to gift to the students of Tanohata, Japan.

purchased for \$15 from Hana Kuwabara Anderson by calling 987-6762, e-mailing her at hana@kohalataxllc.com or by visiting her office at Kohala Tax, LLC in Kapa'au. Tickets may also be purchased at the door for \$20.

Light pupus will be served at the event and live music will be performed by Wailau Ryder of the Lim family, Nino Ka'ai, David Gomes, Salsa Latinos and RMD Taiko Drummers. There will

See Concert, page 15

The village of Tanohata, Japan, at right, before the March 11 earthquake and resulting tsunami . . .



. . . and afterward, at left, showing some of the destruction that occurred.



1,000 Cranes Concert to Benefit Tanohata, Japan



May 22 (Sunday)
11 a.m. to 4 p.m.
\$15 donation (\$20 at the Door)
Kenji's House
Tickets Available at Kohala Tax LLC
PH:(808) 987-6762
hana@kohalataxllc.com

KOHALA TOWN CENTER IN KAPA'AU
987-6762 • 889-1341

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Kohala Hospital Charitable Foundation invites you to be part of the Ninth Annual Spring Fundraiser. A fun-filled evening with cocktails, dinner buffet, great music and live/silent auction. This Kohala tradition is getting better every year!

April 30, 2011 from 4-8 pm
at Ahu Pohaku Ho'omaluhia (Hawaii Island Retreat)

Tickets \$45 • \$50 at the door
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Hawaii Island Retreat is offering special room rates for guests attending the fundraiser.
www.hawaiiislandretreat.com or 889-6336 for room inquiries.

Help support our hospital!

Green Homes Tour Comes to Kohala

The Kona-Kohala Chamber of Commerce (KKCC) and West Hawaii Mediation Center (WHMC) have partnered to present a unique opportunity for Hawaii Island: The Kona-Kohala Grand Green Homes Tour. Scheduled for Sunday, May 1, this first sustainable home tour will tie into Earth Day festivities and feature homes throughout West Hawaii, including four in North Kohala.

The tour provides an opportunity to tour homes with numerous sustainable features, providing an education on earth friendly building, landscaping and decorating ideas.

Homes on the tour include a variety of sustainable features: off-grid solar, edible landscaping, recycled building products and furniture, LEED certification, and more. Representatives of local businesses with products featured at the homes are on hand to answer questions, and attendees can view first-hand such products and services in operation.

Kohala homes may be viewed from 11 a.m. to 4 p.m., Kona from 9 a.m. to 2 p.m., and Waimea from 10 a.m. to 3 p.m. Closing times indicate when the last visitors may enter the home for the tour. Tickets cost \$20 and include a choice of four homes. Additional tickets may be purchased for additional homes. For more information, call 329-1758.

The North Kohala homes which will be featured are described below:

The first is a sophisticated small home with a large bamboo barn/workshop on 34 acres. It features off-grid integrated solar and wind electricity, solar water heating, Tridipanel and clay plaster walls and ceilings, a floating bed, Sunfrost refrigerator, insect-deterrent kitchen storage, energy star appliances, Pella low-e windows, 10-ft. high Fleetwood sliding doors, Bonded Logic "blue jean" insulation, soy foam insulation, rain-water catchment, recycled furniture, aquaponics with recycled tilapia tanks, organic vegetables grown in raised water beds from reused cement forms, locally made doors and furniture, a recycle station, compost and worm bins, and local

green artwork.

The second is a modern luxury home on a horse pasture with a salt water pool and off-grid solar electricity utilizing recycled submarine batteries, Enviroglas recycled beer bottle floors in bathrooms, engineered lumber, steel columns, Sarnafil commercial rubber membrane roof, water catchment for landscaping, energy efficient windows and doors, energy star appliances, high efficiency Danish Stove, paintings by local artist Pat Rankin, propane on-demand hot water, Excite compact florescent commercial lighting, and all paths and driveway are water permeable surfaces.

The third is a beautiful timber frame hybrid home with a natural stone-edged saltwater pool timber framed with no nails, Nudura form cement walls, an energy efficient pool pump, metal roof with reflective coating, reclaimed timber including windows and doors made from Kahua Ranch recycled redwood water tank, reclaimed timber ceilings and floors, Blue Star propane range, off-grid solar electricity, recycled submarine batteries, LED or CFL lighting, locally made mica chandelier, and edible landscaping in raised beds from reclaimed wood and irrigated with rainwater.

The fourth North Kohala home was designed by architect John Wallis. The concrete sculptural home on an orchard features a site location and shape that fill the home with natural light and protect lanais from wind. The library is on the southwest side to keep books dry. The home also features solar hot water and bidets in all three bathrooms to reduce toilet paper use. All windows, doors and cabinets were made on site. The metal roofing has a high recycle content, thick concrete walls naturally cool and heat the home, all living spaces are naturally lit, local wood counters and minimalist cabinets deter insects and reduce product use and waste, and a stairway is made from reused wood. There is an extensive orchard filled with clumping bamboo, coconut, avocado, ice cream bean, mango trees and an organic kitchen garden.



May Day in Kohala

- | | |
|--------------|--|
| April 28 Thu | 6:30 pm, Kohala High School May Day Program, evening public performance, KHS Gym, 889-7117. |
| April 29 Fri | 9:00 am, Kohala Elementary May Day Program for PreK-2 grade, 12:30 pm performance for grades 3-5, public invited, KHS Gym, 889-7100. |
| May 2 Mon | 10:15 am, Kohala Middle School May Day Program, 889-7119. |



Concert, continued from page 14
also be a silent auction, magician (Kim Sweeney), tea ceremony performance

and other entertainment.

Concert performer and Kohala resident Wailau Ryder has a special connection to the region as well. He was scheduled to play a concert in Sendai (approximately 100 miles from Tanohata) on the day of the earthquake/tsunami. Fortunately, his concert was delayed so he was still in Tokyo and was able to escape immediately.

Anderson concludes, "Arigato, everyone! With your help and kokua, I know we can have a great event that will help the victims of such destruction."

KOHALA CALENDAR

May

- | | |
|--------|---|
| 1 Sun | 11:00 am – 4:00 pm, "Grand Green Homes Tour," Presented by Kona-Kohala Chamber of Commerce & West Hawaii Mediation Center, 4 home tours in No. Kohala, tickets \$20, register at koha-kohala.com , for more info. call 885-5525. |
| 2 Mon | 10:15 am, Kohala Middle School May Day Program, 889-7119. |
| 2 Mon | 12:00 – 1:00 pm, CDP Growth Management Subcommittee Mtg., Surety Office, Hermann, 889-6257. |
| 2 Mon | 3:00 – 6:00 pm, Chess for all ages, Kohala Library, Dylan Trumpy, 889-6655. |
| 2 Mon | 6:30 pm, Book Week Poster Contest Awards Ceremony, Kohala Public Library, 889-6655. |
| 2 Mon | 7:00 – 8:00 pm, Project Grad Mtg., Hisaoka Conf. Rm., senior parents, Cathy, 889-0321. |
| 3 Tue | 4:00 – 5:30 pm, Hope for Haiti Mtg., St. Augustine's Walker Hall, new members welcome, Lani, 889-5852. |
| 3 Tue | 7:00 – 9:00 pm, Monthly Fibre Arts League, Kenji's House, knitters/quilters/stitchery artists welcome, learn how to sew simple Japanese pillow covers to send to Northeastern Japan, bring fabric & machine if you can, or come and get ideas for designs, Malia, 987-3902. |
| 4 Wed | 4:30 – 6:30 pm, No. Kohala Public Access Group Mtg., Senior Center, Ted, 889-5801. |
| 5 Thu | 3:00 pm, "Bag It" Movie, Kohala Public Library, 45 min. film explores the plastic world & costs to environment, elem. – adult, 889-6655. |
| 5 Thu | 5:00 – 6:00 pm, Closing Event for 6000 n 60 Household Battery Recycling, KIC, Lani, 889-5852. |
| 5 Thu | 6:00 – 7:00 pm, Relay for Life Committee Mtg., Hisaoka Gym conf. rm., Maile, 334-0010. |
| 5 Thu | 6:00 – 9:00 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365. |
| 7 Sat | 9:00 am, ASA Girls Softball Tournament, Kamehameha Park, Veterans Fields C & D, ages 7-14, Rina, 884-5361 |
| 8 Sun | 7:00 – 10:30 am, Mother's Day Breakfast, KHS Cafeteria, Kohala Lions Club, \$6 donation per person, take-out/dine-in; tickets from Lions members, Mother's Antiques, or at the door. |
| 9 Mon | 4:30 – 6:30 pm, CDP Action Cmte. Public Mtg., Senior Center. |
| 9 Mon | 6:00 – 7:00 pm, Kohala Haw'n Civic Club Public Mtg., Hawi Community Center, Rochelle, 896-3033. |
| 9 Mon | 7:00 – 8:00 pm, Project Grad Mtg., Hisaoka Conf. Rm., senior parents, Cathy, 889-0321. |
| 11 Wed | 6:00 pm, Kamehameha Day Celebration Cmte. Mtg., Ho'opai residence, 55-559 Upper Hawi Rd, Cicely, 884-5168. |
| 12 Thu | 5:00 pm, Friends of the Library Mtg., North Kohala Public Library, 889-6655. |
| 12 Thu | 6:30 – 7:30 pm, Relay for Life Team Capt. Mtg., Hisaoka Gym conf. rm., Maile, 334-0010. |
| 13 Fri | 6:00 – 8:00 pm, Native Plants of the Land and Sacred Places, Living Arts Gallery, photography by Yvonne and Keoki Carter, 889-0739. |
| 14 Sat | 8:00 am -3:00 pm, Girls Basketball Tournament, Hisaoka Gym, ages 9-14, Renee, 887-3014 or 987-6949 |
| 16 Mon | 9:00 am, Kohala Seniors meeting with Rep. Mark Nakashima, Senior Center. |
| 16 Mon | 4:00 pm, Legislative Update, Rep. Mark Nakashima, community invited, North Kohala Library, 889-6655. |
| 18 Wed | 2:00 – 6:00 pm, AYSO Soccer Registration, Takata Store, boys & girls 4-18, info. on-line at ayso403.org or call Jeri, 884-5135. |
| 19 Thu | 1:30 – 2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730. |
| 21 Sat | 9:00 am – 1:00 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am – 1 pm, 889-5177. |
| 21 Sat | 4:00 pm, Kohala High School Graduation, Hisaoka Gym, public invited, guests must be seated by 3:50 pm, 889-7117. |
| 21 Sat | 5:00 – 6:30 pm, Free Grindz -- Hot Meal, Hawi Banyans, Kohala Baptist Church, Sondra, 889-5416. |
| 21 Sat | 6:00 – 6:30 pm, Registration for Project Grad Night 2011, Hisaoka Gym, runs 'til 6:30 am Sun. 22nd, alcohol & drug-free event for graduating seniors: games, entertainment, food, prizes; Cathy, 889-0321. |
| 22 Sun | 11:00 am – 4:00 pm, Benefit Concert for Tanohata Japan, Upstairs at Kenji's House, live music/ pupus/ magician/ silent auction, \$15 presale tickets from Hana Kuwabara Anderson (call 987-6762 or visit Kohala Tax, LLC.), \$20 at door. |
| 25 Wed | 6:00 pm, Promotion Ceremony for KMS 8th graders, KHS Cafeteria, Gina, 889-7119. |
| 25 Wed | 6:00 pm, Kamehameha Day Celebration Cmte. Mtg., Ho'opai residence, 55-559 Upper Hawi Rd, Cicely, 884-5168. |
| 26 Thu | Last Day of School, Kohala Public Schools. |
| 27 Fri | 8:00 am – 8:00 pm, Makule Softball Tournament, Kamehameha Park, May 27-29, 889-6505. |
| 28 Sat | 11:00 am – 12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am – 12:30 pm. |

Email calendar listings to kmncalendar@hotmail.com or call 884-5986.

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A Reading Program That Gives Twice the Progress

In an August 2010 meeting with prospective parents, the principal of Kohala Mission School made a remarkable promise to the assembled parents: "For every year that your student is in the K-4 classroom, they will make two years' progress in reading." Needless to say there were some skeptical looks and questions. Principal/K-4 teacher Chris Larson went on to say that fourth graders would leave his classroom reading at a seventh or eighth grade level.

Larson went on to explain the core elements of the integrated reading program that he has had a hand in developing over the last 25 years. Rather than take sides on the whole language vs. phonics debate, the integrated approach embraces the proven methods of both sides. While there is direct phonics instruction and word study at all levels, there is also emphasis on making meaning; contextual decoding; small guided-reading groups; free reading; writing for real purposes; and integration of spelling, science, math, and social studies.

Other important aspects include bi-weekly trips to the Kohala library where students learn how to select books that are not only interesting to them but also fall within their reading level. The school is also using older basal readers to increase reading vocabulary incrementally and evaluate reading level. The program seeks to develop cognitive discipline and internal motivation in the students so they become self-sustaining learners and are not dependent on



—photo by Chris Larson

Kohala Mission School students get comfortable on the floor to read. Pictured here are: Chase Fernandez (far left, back); 2nd row, left to right: Summer Coito, Jordan Fernandez, Jane Singh, Prince Singh, Anthony Singh, Maka Medeiros-Aiona, Elijah Delostrico (reading) and Bailey Laxton (lying down); and Shiloh Perez (front, far right)

parents or teachers for their success in school or life.

Notably missing in this integrated approach are reading workbooks. Rather, students use that time for reading independently, sharing books with other students, or guided reading.

After the first semester the K-4 students are more than halfway to the two-year goal. Larson uses three evaluations:

the Slosson Oral Reading Test (SORT), DORA (an online reading evaluation), and the progress that students make in reading comfortably in leveled basal readers. The online testing shows the greatest improvements with a 1.6 year gain in the first semester in oral vocabulary, spelling and comprehension. Slosson Oral Reading Test results showed a 1.2 year gain in the first semester. In the basal readers all students have pro-

gressed more than a year in the level at which they read comfortably. After the third quarter, the most conservative measure (SORT) shows a 1.6 year increase for the students.

The fifth to eighth grade students now have results after adopting the integrated approach at the beginning of the second semester, and they are even better than the K-4 results. Miss Espina's class has experienced close to a year's growth in just one quarter. "They were just waiting for this opportunity to take off in their reading," she said.

"While a Christ-centered education is our first objective here, we also seek to give students the cognitive and academic skills to succeed in any secondary school in the state or country. Now that we have this integrated reading program established, our current focus is math and science, where we plan to give families this same type of progress. Our Science Fair on March 17 proved to be more successful than we had hoped, with student displays demonstrating the scientific method in experimental projects from the kindergarten to eighth grade," noted Larson. "Our approach to these subjects will also integrate the best methods and practices."

Hawi Jodo Mission Cemetery Building Needs Repairs

By Suzanne Sasaki

The Hawi Jodo Mission Cemetery, located off Hawi Road, was established in 1919 by the congregation of the Hawi Jodo Mission. This small cemetery holds the remains of many individuals and families who were major contributors to Kohala's growth and history. As time has passed, the congregation has become smaller and older, and this has adversely impacted many church functions, including maintenance of buildings and grounds.

One building in desperate need of repair is the water catchment/senko house, used to collect rainwater for watering flowers and plants. It provides a sheltered area to light senko (incense), and is also used for meditation.

The Men's Leadership of Hawaii (MLH) Foundation, a charitable group based in Honolulu, has volunteered its

services to do repairs to the structure, but will need assistance for the purchase of materials and supplies, transportation, housing, and meals. Any cash donations written to MLH Hawaii Foundation (a 501(c)3 non-profit) with a "Kohala Project" notation will stay in Kohala, and donations are also tax deductible. Donations may be sent to: MLH Foundation, c/o Randy Lund, Treasurer, P.O. Box

893598, Mililani, HI 96789.

The project will start on May 27, 2011, and will be headed in part by Dennis Lewis, a 1972 graduate of Kohala High School who has three generations of ancestors buried in this cemetery. Persons interested in supporting or participating in this project or wanting more information may contact Dennis in Honolulu at (808) 282-2211.

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