

Kohala Mountain News

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September 24, 2011

Ho`olaule`a Celebrates Protection of Kohala Coastal Lands



—photo by Megan Solis

U.S. Senator Daniel Inouye, right, thanked the many agencies and organizations for their roles in the preservation of Kohala coastal lands at a ho`olaule`a at Lapakahi on August 31. The Rev. Kawika Kahiapo was master of ceremonies.

"Nani ka waiho a Kohala i ka la`i" (Beautiful lies Kohala in the calm) was the theme of a community ho`olaule`a celebrating the acquisition and protection of shoreline Kohala lands. The August 31 event at Lapakahi State Historical Park celebrated the state and county's acquisition of three shoreline properties: Lapakahi (Kaipuha`a and Lamalaloa), Pao`o, and Kaiholena North.

The preservation of the land was a joint effort by federal, state, and county agencies; individuals; and several Kohala community organizations.

After a welcome and blessing of food by the master of ceremonies, the Rev. Kawika Kahiapo, representatives from state, county and community organizations addressed the crowd, overlooking the historical and cultural sites at

Lapakahi.

Reflecting on the many agencies involved in the acquisitions, U.S. Senator Daniel K. Inouye noted that this project was "a partnership of Hawai`i."

"We're doing God's work, and for that, if I may, on behalf of the people of Hawai`i, on behalf of the generations to come, I thank you very much for your foresight, your vision, your mana`o, and the contributions that have made this possible," he said.

Other speakers at the event included Hawai`i Mayor Billy Kenoi; William Aila, Jr., state Board of Land and Natural Resources; Allen Tom, National Oceanic Atmospheric Administration Office of National Marine Sanctuaries; Rep. Mark Nakashima; Pete Hoffmann, county council; representatives of the former landowners of the conserved lands; Kohala community members Joe Carvalho and Fred Keakaokalani Cachola; representatives of Na Haumana La`au Lapa`au `O Papa Auwae; and Laura Ka`akua, The Trust for Public Land Hawaiian Islands Program.

Fred Cachola spoke on behalf of several Kohala community organizations that have led efforts to protect the Kohala coastline: "For us it's a very historic day, for us who grew up in this place, who always felt a sense of ownership, if not legal, but certainly spiritual. ... I want to suggest that we rejoice because the Kohala people led the charge, to assume the kuleana, and get back a few hundred

acres of land on this beautiful coastline.

"The health of our `aina is the health of our people. We hope that this is only the beginning of more voluntary land conservation efforts along the Kohala coastline to ensure the public's access to the shoreline and the preservation of our cultural heritage," said Cachola.

The program closed with a blessing/

dedication by Lorna Lim and attendees singing "Hawai`i Aloha." Following the program, guests enjoyed lunch prepared by Charmaine Lim Davis of Minnie's Restaurant and music by the Lim Family.

Blessings of the `aina occurred previously in private ceremonies at the actual parcels.

Shiro Takata Honored at Lions Club Luau

Story by Megan Solis

A hush fell over the 300-plus guests at the Kohala Lions Club luau as Shiro Takata began to speak. Side conversations stopped, servers stood silently, and all eyes turned to watch the smiling man address the crowd. Takata was selected for the Lions' Exceptional Service Award, which was presented at the luau August 27.

In his acceptance speech, Takata described the heroes who played an important role in his early life and who later inspired him to give to his community, especially to young people. His message to the audience was

simple: "Be somebody's hero." No act is too small: whether it is giving a baseball to a child, support for someone in need or a word of appreciation to others in our community.

"Showing appreciation is what people should do. We should say good things to each other—too much trash goes out," he later explained. He hoped that his acceptance of the award would motivate others to reach out and help our community.

Takata's support for the Kohala community is far reaching and varied, including: Kohala Country Fair, Kohala Football Boosters, Kohala See Takata, page 2



—photo by Aniela Chertavian

Shiro Takata addresses the crowd at the Kohala Lions Club luau August 27 after receiving the club's Exceptional Service Award for his many contributions to North Kohala.

Galo Fernandez Inducted in Sports Hall of Fame

Story by Lani Eugenio

Oligario "Galo" Fernandez of Kohala was inducted in the Big Island Sports Hall of Fame for his accomplishments as an athlete and his nearly half a century of coaching in basketball, baseball and softball. He is the first inductee from the North and South Kohala districts.

The Big Island Sports Hall of Fame, founded by legendary boxing coach Jack Matsui, is dedicated to honoring, preserving and promoting knowledge of significant accomplishments in sports achieved by those with ties to the Big Island. Galo was one of

seven inductees of the 13th class of honorees on August 21, 2011. A dedication ceremony at the "Wall of Fame" in the Prince Kuhio Mall was followed by a luncheon at the Nani Mau Gardens.



—photo by Jesus Solis

Galo Fernandez, left, was recently inducted into the Big Island Sports Hall of Fame. His brother Julio, right, and other family members helped him celebrate the honor.

Galo's picture was added to the Wall of Fame, and he was presented Certificates of Commendation by Mayor Billy Kenoi and the state House of Representatives. The Hawai`i County Council also extended its congratulations to Fernandez, stating, "He is an athlete, a leader, and remains committed to sports. He is an extraordinary man and truly an inspiration and role model for all to follow."

Galo was born in Ookala on January 28, 1937. His family moved to Kohala when he was three years old, as his father bought several acres of sugar cane land. His father died when he was only 7, and Galo's mother carried on, becoming his inspiration.

"My mother brought me up to respect others. Besides 11 kids of her own, she adopted my uncle's three children, three kids of my aunt's on Maui, and took in other kids. She raised 25 children in all. She was one who couldn't see kids without love, so she gave them the love they needed," he reminisced.

After playing basketball and baseball for the 6th Regiment in Europe for three years, Fernandez returned to Kohala in 1965 and started his 45-year coaching

career in basketball and baseball for county Parks and Recreation leagues and the Catholic Open League. He also spent six years coaching the Kohala High School basketball team, which his son, Don, now coaches. Galo has played softball for the last 25 years. He started the Kohala Makule Team and presently coaches the Kohala Seniors Athletic Club, which is part of the state's "over 60" Kupuna League. He has coached players of all ages, from youth to seniors.

"I love to coach," Galo said. "I like to look at the expressions on people's faces. Some are surprised, some are disgusted with their performance. I just smile and tell them 'next time' if they don't do so well. No grumble. Just enjoy the game."

See Sports, page 2

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Planet Pioneers Comes to Kohala

Planet Pioneers is an unincorporated program promoting sustainability leadership and entrepreneurship for students. The pilot program will start at Kohala High School, Planet Pioneers' first school partner, this year. The aim of Planet Pioneers is to build capacity in Kohala's youth to lead Hawaii's economic and energy transformation.

The organization is designed to bring together a network of innovative thinkers, practitioners and entrepreneurs for the sole purpose of building sustainability leadership and entrepreneurship capacity in K-12 students in Hawaii. The capacity will be needed to successfully lead Hawaii through the transformation of its energy infrastructure and economy.

Planet Pioneers, a future not-for-profit B corporation, exists to transfer experiential knowledge and leadership principles that will provide mentorship as well as inspire our next generation of youth to innovate and lead the journey to transform Hawaii's energy future. The organization will also strive to increase awareness of sustainability and cultivate a collaborative exchange with local community residents, industry, government, academia and other stakeholders working toward a sustainable future.

Planet Pioneers has partnered with numerous Hawaii-based business leaders and entrepreneurs in sustainability.

These partners have volunteered their experience and time to mentor Pioneers. The students will also have the opportunity to visit and explore many of the island's leading-edge sustainability companies, which are working to make the islands more sustainable.

Garnering knowledge from mentors, Pioneers will use their insight to establish, implement and lead a sustainability project that will provide measurable positive impacts for the community. Ultimately, the students will be on the forefront of Hawaii's transformation efforts.

In October, there will be a town gathering for Kohala residents to learn more about Planet Pioneers. This will be an opportunity for community members to ask questions and provide valuable input. Look for flyers posted around town announcing the time and location.

The program's management will also be conducting a survey throughout the community to pinpoint sustainability concerns and find out what many believe to be the important aspects of Hawaii's energy future.

Those wishing to support Hawaii's sustainable future may provide fiscal support by sending donations to the North Kohala Community Resource Center in the name of Planet Pioneers. The address of NKCRC is P.O. Box 519, Hawi, HI 96719.

Correction: Emily DeWitt Photo Caption

The photo caption about Emily DeWitt published in the August issue of KMN contained an error. Mrs. DeWitt was performing at the 100th anniversary of Gonzales High School, from which her husband, Charles, graduated in 1945. Mrs. DeWitt is a Class of 1955 Kohala High School graduate. KMN regrets the error.

Sports, continued from page 1

He added, "I tell my players: If we win, WE win. If we lose, as my fault... only me."

Joe Carvalho remembers Galo in high school as being a good athlete and ball handler on the varsity basketball team. Carvalho, now a player on the Kohala Seniors softball team, commented on Fernandez's coaching: "Galo is a very dedicated coach, always thinking of the

team's welfare and exhorting players to do their best."

When Galo was asked to comment about his Hall of Fame induction, he wept openly about the bittersweet recognition. "It was a real honor for me. I felt so...it's hard to express... I never expected this. It's good to know that what I did in the past years wasn't wasted. Only thing, my wife wasn't with me. Everything we did, we did together. She loved basketball, but baseball was too slow and she hated it, but still she came with me, whether I was playing, refereeing, coaching or training kids. She was always there. The honor was for her, really. I had her picture with me throughout everything (the

Storage Building Complete at Kamehameha Park

Parks and Recreation will begin accepting applications for use of the storage building in October.



—photo by Tom Morse

When the Hanaula Village Subdivision in Kapa'au was built by Tinguely Development Inc., a Fair Share Contribution was set aside to add a physical improvement to Kamehameha Park. After several setbacks involving the County Parks and Recreation Department, the builder, and the Kohala community in deciding what to build and where to build it, a five-bay storage building is now complete.

The Kamehameha Park office of Parks and Recreation will be accepting applications during October from community groups interested in using the new storage facility. See Renee Gonzales at the office between noon and 3 p.m., Monday through Thursday.

Bob Fitzgerald, director of Parks and Recreation, expressed his thanks for the teamwork in getting the project done: "Just a great job of 'laulima' with a community, a developer, and the county government working together. I would like to specially thank Ted Matsuda for keeping the community

informed, Phil Tinguely for being flexible enough to work with the community group, and Mike Prinslow from the Housing department for helping Parks and Recreation get the project done. And of course all the volunteers that put sweat equity into their park."

Phil Tinguely of Tinguely Development Inc. also conveyed his appreciation to those involved: "The current administration, Mayor Kenoi's office (Wally Lau), the Director of Parks and Recreation (Bob Fitzgerald, James Komata) and the Office of Housing (Michael Prinslow) as well the County Building Department all contributed to finally seeing this project to a reality. With the focused assistance and leadership of Mayor Kenoi, I was inspired to persevere and work through a number of delays brought about in our relatively new method of bringing community desired improvements directly to the park. Thanks to the entire community for their support and patience."

induction), so she could be with me."

The House of Representatives, in their commendation certificate perceptively noted: "WHEREAS, OLIGARIO GALO FERNANDEZ is renowned for his contributions to the Big Island sports community; yet, as significant as his athletic accomplishments are, the true measure of this man is shown in his care and devotion to his wife of fifty years, the late Dolly Paro Fernandez, who passed away on May 14, 2011, after a long-term illness."

Dolly and Galo have four children: Don Fernandez, Ernestine Cazimero, Rhonda Ching and Lorine Akiyoshi; 12 grandchildren; and 13 great-grand-

children. During his coaching career, he worked for Kohala Plantation, the Alaska Pipeline and was retired from Mauna Lani Resort.

In his nomination of Fernandez, executive assistant to the mayor Rosie Rosenthal wrote, "Galo represents the best of the Big Island and truly deserves to be in the Big Island Hall of Fame."


Many times we take for granted the volunteers and coaches who go the extra mile for the belief in a cause or for the love of a sport. We see the simple person, humble and unpolished, so we don't realize the person's greatness until he/she is glorified. It's people like Galo who make Kohala "KOHALA."

Takata, continued from page 1

Coalition Against Drugs (KCAD and the annual Easter Egg hunt), Kohala Coqui Coalition, Kohala Community Athletic Association (KCAA), Kohala Little League, Kohala Ditch restoration and volunteers, Kamehameha Park Golf, Keiki Kingdom, Hawaiian Civic Club - Kohala chapter, and Kukui Garden Restoration. And that is just the beginning. He contributes through both active involvement and generous donations, including his recent support for the Benefit Concert for Tanohata, Japan, and through his ongoing support of North Kohala Community Resource Center.

Along with an inscribed plaque, the honoree was also awarded \$500 from the Lions to be donated to the charity of his choice. In accord with his ongoing support for youth, Takata decided to direct the award to Kohala High School's athletics program.

The luau is the club's annual fundraising event, proceeds from which are used for the many Lions service activities, including the recent Vision Van, Easter egg hunt, Mother's Day breakfast, highway cleanup and various charitable donations.




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Kohala Hospital Drills for Disaster Readiness

Kohala Hospital conducted a drill this summer to test its readiness to respond to a disaster. The scenario: The morning after a hurricane Kohala Hospital was found with part of its roof missing while injured patients arrived for treatment. Using Everbridge, a new communication system provided through the Healthcare Association of Hawaii Emergency Operations Center, a message was sent simulta-



—photo courtesy of Kohala Hospital

LaChelle Crabbe of Kohala Family Health Center (behind wheelchair) and Alike Bruno of Kohala Hospital stand by to treat a mock patient, Kealohi Ah Sing, at the Kohala Hospital readiness drill.

neously to all hospital employees.

Fourteen volunteers under the direction of Ida Otake, Kohala Hospital Auxiliary president, arrived to role-play injured patients with broken bones and bleeding wounds. While Dr. Elder, the family practice physician from the Kohala Family Health Center inspected them in triage, Dr. Watkins, Kohala Hospital emergency medicine physician treated the more seriously injured patients in the emergency room. Dr. Gramlich, medical director of long-term care, with visiting University of Hawaii medical student Jon Ishii, cared for those with minor cuts and bruises in the dayroom. Led by incident commander Elvie Bagay, the entire hospital and clinic staff moved gurneys, treated patients, filled out forms, answered phones and addressed patient and family needs.

Kohala Hospital is required to follow the National Incident Management System (NIMS) protocol. This set of rules provides structure by identifying team

leaders who are wearing special vests and are responsible for specific activities, such as supply chain management, traffic control, patient flow, personnel resources and incident command center functions. This structured approach minimizes confusion by providing ordered communication that ensures prioritization of needs and a quick response to those needs. Organizers said it was a successful, educational two-hour drill that proved Kohala Hospital is ready and able to respond to any emergency.

"Emergency preparedness drills such as this one are especially important," commented Pat Kalua, administrator of Kohala Hospital. "A disaster is unpredictable, and the more we are trained to deal with these critical situations, the better we are in providing the care necessary for our community. I am impressed by how fast and efficiently our team responded."

Kohala Hospital is a Critical Access Hospital with acute and long-term care services and a 24-hour emergency room that supports the North Kohala community. It is a member of the Hawaii Health Systems Corporation, a special agency of the state of Hawaii established in 1996. Its mission is to provide a "healing" environment to the community of North Kohala through the provision of quality health care services with emphasis on quality of life to all patients and residents.

Hospice Volunteer Training Classes Offered

North Hawai'i Hospice is offering volunteer training classes in Waimea, Saturday, October 22 and 29. The two-day class will offer an overview of North Hawai'i Hospice and the services it provides to the community, including patient care, advance care directives, grief and bereavement support, and the special role of a hospice volunteer.

Learn valuable skills for patient caregiving and end-of-life support. Contact the volunteer coordinator at 930-6625, by October 14 for an application and to register for the classes.

Seniors Learn How to Be Prepared for Disaster

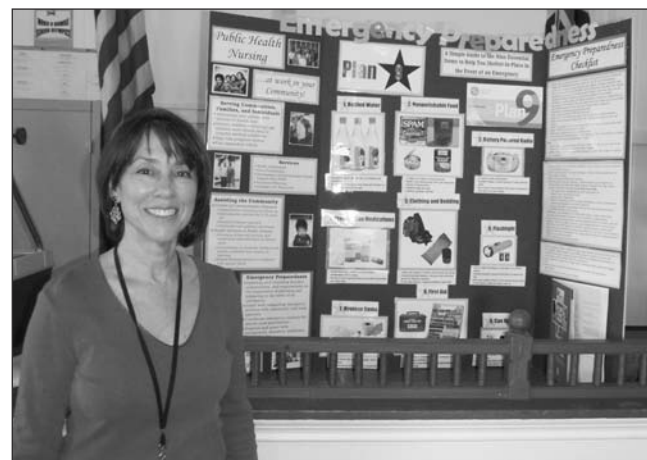
Kohala Seniors recently received an education on emergency/disaster preparedness by Shoshana Matsumura, R.N., Kohala's public health nurse, a valuable lesson for all Kohala residents.

"In light of the tragedy in Japan from the earthquake and subsequent tsunami, plus being currently in hurricane season, it is critical that our citizens, especially our seniors, are prepared in case of a disaster—whether an earthquake, tropical storm, hurricane or communicable disease outbreak. Public health emergencies have happened and will happen again. It is vital that we all be as prepared as we can and not wait until the disaster is upon us," she said.

Matsumura reviewed the nine essential items needed in an emergency: bottled water (one gallon per person per day); nonperishable food (three-to-five day supply); a battery/crank or solar-powered radio; three-to-five days worth of medications; at least one change of clothing and footwear per person; a bright flashlight; basic hygiene items like soap/toilet paper/toothbrush and tooth paste; a basic first-aid kit; and a manual can opener. Other essential items to consider are glasses, blankets, rain gear, and an adequate supply of food, water and bedding for each pet.

Tips on how to prepare for a public health emergency are outlined in the brochure "Plan to Be Ready, The Hawaii Family Guide to Health Emergencies," available online at <http://hawaii.gov/health/about/reports/plantobe ready.pdf>.

Matsumura encouraged seniors to register for the free Hawaii County Civil Defense Mass Emergency Notification System, which electronically notifies residents' phones and email about evacuations or other emergency measures. It acts as a supplement to the traditional TV and radio broadcasts. Anyone can register for this notification service by calling 935-0031, going to the county website and choosing Civil Defense, or picking up an application at the Kohala Public Health Nursing Office in the North Kohala Civic Center.



—photo courtesy of Shoshana Matsumura

Shoshana Matsumura, R.N., provided local seniors with life-saving information about how to prepare in case disaster strikes.

Finally, the seniors voluntarily completed a Disaster Preparedness Assessment Survey to help the state understand the issues for which seniors are not adequately prepared. Most admitted to not having an emergency "to go" bag ready in case of a disaster. Matsumura encouraged everyone to put together their nine essential items and be prepared now.

In the event of a disaster, sheltering at home is always preferable, but if your house is not safe, a local shelter is the next best alternative. The survey indicated many seniors do not have transportation to a local shelter. Families may call the County Civil Defense Office at 935-0031 or during off-hours at 935-3511 if transportation to a shelter is needed (the office will then contact a transportation service for pickup).

Traveling Science Books at Kohala Library

North Kohala Public Library has been selected to display the Hawai'i State Public Library System Children's Science Books project from August through October.

Parents, teachers, and children of Kohala are invited to take advantage of the great opportunity to enjoy a much wider variety of science materials than our library is usually able to offer.

New children's science books from libraries throughout the state are on exhibit and available for borrowing at Kohala library. The state library system is offering the display as part of an effort to make current, exciting science materials available to children and teachers in all areas of Hawai'i.

The traveling science book collection includes about 125 books in 17 science categories. They are primarily aimed at elementary and middle school students and also feature beginning science books for preschoolers.

The children's science book project was conceived in 2005 as a way to interest youngsters in learning about science, and to introduce adults to the wide variety of high-quality science books for children. The collection was organized by librarians Duane Wenzel, Curt Fukumoto, and Marsha Pauline. All of the books were donated to the state library system by the publishers. The program is now in its seventh year.

Call the library at 889-6655 for additional information about the exhibit.

HEARTWOOD WORKS IS CLOSING

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It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



October

Ad deadline: 10/14/11
News deadline: 10/19/11

November

Ad Deadline: 11/11/11
News Deadline: 11/16/11

Kohala Mountain News

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Kohala Mountain News

P.O. Box 639, Kapa`au, Hawai'i 96755

Letters—

Celebrations and Music Are Part of the Spirit of Kohala

Dear Editor,

Throughout summer, there are joyful celebrations of birthdays, weddings, graduations, anniversaries, and reunions. The end of 13 years of schooling and the beginning of adulthood is a major rite of passage for a teenager. Marriage, births and anniversaries are significant milestones, and family/class reunions tie the past with the present with hope for future bonding.

These occasions have been celebrated in Hawaii with feasts originally called pa`ina. The Hawaiian Luau has played an important role in the integration and socialization of Hawaii's multi-ethnic communities. Unlike cocktail parties, this now local-style party invites the whole family...kids and all, regardless of social status. A buffet dinner is served, and entertainment usually includes dinner music, professional musicians, dance music or karaoke.

I was at such a party this past summer. I passed by the house daily, and what a joyous sight it was to see family, neighbors and friends put up tents, bring food, help with the imu and prepare for the event. At the party, a trio serenaded as kids ran around and guests raved about

the food. Then an elementary boy sang with his uke and invited other kids (even preschoolers) to come up and join him for a Justin Beiber song...which they did...and they all knew the words!

At 8 p.m., Kohala's own famous band started playing. Their kachi-kachi songs got people dancing. Young and old got up. Parents were dancing with their children between them, husbands and wives, friends, kids... all enjoying the music, as I enjoyed watching them.

The music got softer, and later two of the four speakers were turned off, but people continued to dance. As we were leaving, I noticed several police cars blocking the road. I asked a policeman what was happening, because it looked like some criminal activity was going on. He stated that if the music wasn't turned down further, they would shut down the party. The music was soft, compared to other parties in the neighborhood. I thought it was a pity because it was such a nice party, nobody was drunk, people were with their families and just enjoying the night. Good, clean fun.

I later learned that there were complaints from the time the band started playing. Kohala (unlike Hilo or Hono-

lulu) knows the sound of silence, and we work hard to preserve it (Coqui Coalition). But we also understand the necessity of connecting with people through working/playing together, helping one another and socializing through food, song, dance and laughter. Extra food is distributed among guests and sometimes to residents of the Senior Citizen housing. Think back to the earthquake. Why did people readily help each other and not loot? Because here, people connect. This is the Spirit of Kohala.

The neighbors' complaints and threats of the music being turned off put a damper on the party. Don't parties have up to 10 p.m.? Can't the neighbors just put on earplugs or dance to the FREE music? Dancing to the celebratory sounds of joy is good for the body, heart and soul.

I believe that silencing the occasional celebration before its allotted time is stifling the Nature and Spirit of Kohala... the very reason why people love living here. This incident bothered me so much that I just had to write this because I realized that I had just witnessed a death that Saturday night: the slow, silent death of a beloved community.

Lani Eugenio

Please Don't Interfere With Nature

Dear Editor,

Some of us are trying to grow our own food, often with negative results, because the insects are bent on destroying the fruits of our labor. It pains me to see individuals equally bent on making sure our birds are well fed with commercial birdseeds, thus spoiling their appetite for insects. These well-meaning souls have, apparently, brought their mainland habit to our island, where no hardship for birds exists, ever. Therefore, there

is really no excuse for augmenting the bounty nature provides for our local bird population with a one-sided diet, to the detriment of our local vegetable growers. Some of these insects eat the buds of our state flower (an endangered flower), and others, before they can open to beautify our neighborhoods. Besides insects, birds eat also the seeds of pesky weeds, helping in part to control their spread.

These commercial birdseeds are not inexpensive, and the money spent for

procuring this limited bird diet would be better spent helping our local children with money for school supplies, for example. Your readers, i.e. bird feeders, should consider the ramifications of their actions, next time they feel the urge to interfere with nature and feed our birds.

Thank you,
Frank J. Maier

Mahalo to Coqui Coalition Donors

The Kohala Coqui Coalition would like to thank the following donors for their generous contributions, which help us keep Kohala coqui free:

Yesan and Gary Ackerman, Patrick and Alida Adamek, Jon and Dixie Adams, Joni Adams-Pitcher, Henry and Judy Ah Sam, Charlie and Lisa Anderson, Brooke Bacon, Susan Barnes, Lani Bowman, Dennis Boyd and Barbara Laskowski, Dick Boyd, Thomas and Polly Bredt, Chris and Billie Brown, Tom and Jean Buechele, Fred Cachola, Christine Calvo, Robert Cheesebrough, Melanie Collier, Craig Conklin, Arnold Conrad, Susan Cook, Christopher Dean, Carol DeFazio, Bob and Mimi Dwyer, Amy and Melvin Enriques, Cheri Gallo, Gino Fordiani, Jane Garassino, Randee

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Mahalo to you all,
Kohala Coqui Coalition

Community Mahalo Celebration from the Siemens Challenge Team

Our 6000 n 60 Siemens "We Can Change the World" winning team invites the Kohala community to our mahalo celebration on Sunday, October 9, from 4 to 5 p.m. at the Kohala Intergenerational Center in Kapa`au (behind Hisaoka Gym).

Thank you Kohala for your awesome support not only with our battery project but in helping us with raising funds for our extended stay in Costa

Rica. We would like to say mahalo by providing some light pupus and sharing a slideshow of the cool things we did in Costa Rica. We hope to share stories of our incredible adventures in future KMN publications. In addition we will explain "Kohala's Pay It Forward," a project we have initiated as a result of the incredible community support we received. We hope to encourage other young people to give back to our community, which,

in spite of economic hard times, supports youth efforts.

Please bring your entire `ohana to our celebration. For more information about this or Kohala's Pay It Forward, please call Lani Bowman at 889-5852.

Sincerely,
Mina Apostadiro, Rico Bowman, Genevieve Boyle, Isabel Steinhoff and mentors David Austin and Lani Bowman

Viewpoint

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

"Empower Yourself"—Living With Solar and Wind Energy Power

By Forrest Arnold

About eight years ago, I finally found the Hawai'i land I had always dreamed of... secluded and quiet with great views—and right here in beautiful North Kohala. The problem was that it was an empty cow pasture with no roads, no electricity, no phone, no county water.

Then when Hawaiian Electric quoted over \$250,000 to run electrical power down to our homesite, it was the beginning of my days living "off-grid"—using solar photovoltaic panels to generate all the power we need. Such systems are so common now; we invite everyone to explore how the power of Hawaii's spectacular elements of sun and wind can add clean power to your life.

Our solar system grew a little over time... from six panels (170 watts each) and a 3,000 watt inverter to a 10-panel system that now seems just right for our needs.

While we do have an energy-saving refrigerator, all of our other appliances are standard household units with the EnergyStar rating assuring they are

energy-efficient. Power-saving appliances are now pretty standard in the marketplace, so they do not have to cost any more than their energy-hungry ancestors.

We were able to bring in county water and telephone/high-speed internet lines. It's all pretty civilized. And when the

Not really...The main difference might be that we had to learn about caring for our solar system. Because our off-grid system uses large batteries to store the solar panel energy, it requires 30 minutes each month to be sure the batteries have the distilled water they need to work best.

How important is this? Well about three years ago, I got busy and didn't check my batteries for several months. As the batteries heat up and gain electrical charge, the water inside can cook off and run low. My batteries were ruined—and it was an expensive lesson.

For sure, there is a learning curve, but these systems are so well designed and supported, you can even set up scheduled service to maintain your system.

"But isn't it super expensive to set up an off-grid system?"

For me, it was an easy decision to go off-grid since running power-company lines was so expensive. But when you think about your cost of power over several years...the numbers look very good.

First of all, electricity here on the Big Island is about 43¢ per kilowatt/hour—the U.S.A. average is 10.9¢. Since

our power costs four times the national average, solar pays for itself faster than most anywhere in the country. Also, tax credits for solar systems take a big bite out of the cost of purchase. Finally, you enjoy the feeling of satisfaction as you harvest the clean power of sun and wind and gain a more intimate relationship with this amazing island.

"Walking my talk..." The next step for me? It was to explore how to shift my real estate business to help families enjoy the benefits of a more energy-smart and healthy-home lifestyle. So this was the spark for Hawaii Green Realty. We offer all real estate services for conventional homes and land but also specialize in helping people who want a greener future—from remodeling existing homes to building new.

Our growing network of professionals includes solar/wind contractors, green architects, builders and remodeling experts, energy raters and indoor air-quality consultants...to name a few.

So even if you live in a neighborhood, there are systems that can save you money while you enjoy more energy independence. Yes, there are a few things to learn...but this is a small price to pay for stepping into your own power.

Forrest Arnold is a Certified EcoBroker and founder of Hawaii Green Realty LLC.



—photo by Forrest Arnold
This North Kohala home shows that off-grid living does not mean camping out.

power goes out in the rest of Kohala, we enjoy the luxury of light, music and movies.

"But isn't it a big headache to live off the power grid?"

Viewpoint —

Stay Safe, Stay Alive: Tips for Defense Driving

By Capt. Richard Miyamoto

Did you know that last year there were a total of 4,502 traffic accidents on the Big Island? Of those 4,502 accidents, 27 were fatal. So far this year there's been 2,987 traffic accidents with 13 fatalities, compared to 2,347 accidents and 16 fatalities at the same time last year.

Our roads and highways are becoming busier and busier with more and more cars. For the safety of each other and our loved ones we all need to drive more defensively. "Defensive Driving" is defined as: Driving to save lives, time and money in spite of the conditions around you and the actions of others.

Most accidents are caused by speeding, failing to yield the right of way, inattention and tailgating (following too closely). If everyone followed a few simple rules our roads would be a lot safer for everyone.

- Drive at the posted speed limit or slower when conditions are not favorable (rain, fog, wind, etc.)

- Pay attention while driving: don't be distracted by cell phones, electronic devices, passengers, fatigue.

- Always come to a complete stop at stop signs and red light signals, and look both ways before proceeding; don't try to beat the other guy through an

intersection—yield the right of way.

- Never tailgate while driving. Keep enough distance between you and the car ahead. A good rule is to stay three (3) seconds behind the car in front of you.

- Don't drink and drive; even a little alcohol can impair your judgment.

- Drive with "Aloha," and be courteous.

We live in the most beautiful place on this earth, and we should enjoy every moment of being here even when driving.

Capt. Miyamoto is captain of the North Kohala Police Department

Viewpoint —

Mankind Project to Host 'New Warrior Training'

By Jim Sargent

I belong.

I no longer make excuses when I don't show up...because I belong.

I no longer blame others when something doesn't go my way...because I belong.

I judge others and myself less harshly...because I belong.

I no longer take unflattering words so personally...because I belong.

When I start making up stories, men will help me see the real truth...because I belong.

I am more open, aware, and willing to share my feelings...because I belong.

And while I have a long way to go, I am more present, honest and trusting...because I belong.

I belong to MKP (The Mankind Project), a worldwide men's organization dedicated to helping men to live in integrity by being authentic, honest and open. Nearly every day on every continent, men meet to support one another. On the Big Island there are weekly meetings in Hawi, Hamakua, Waimea, Puna, Hilo and Kona. We show up with the intention of telling our truth, whether it be fear, love, joy or pain. We are bound by traditions, archetypes and sacred rituals men have passed on from generation to generation. Each Group meeting provides a safe container where men may share their innermost and deepest feelings without judgment or shame. While women find it easier to talk with their girlfriends, I often hide

See MKP, page 7

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CDP Action Committee Hears Erosion Control Ideas for Upolu

By Megan Solís

Melora Purell, coordinator of the Kohala Watershed Partnership, gave a presentation on the group’s efforts to restore the Pelekane watershed at the North Kohala Community Development Plan (NKCDP) Action Committee (AC) meeting September 12.

Purell’s presentation showed vivid evidence of the damage to both land and coastal waters caused by feral goats, native plant loss, fire and subsequent erosion. She illustrated the group’s work to remove the goats, fence the land and utilize erosion-control fabric and sediment-check dams to improve the condition of the watershed and restore the coral reef habitat of Pelekane Bay, adjacent to Kawaihae Harbor.

Lessons learned through the project could be helpful as the state and Kohala community groups work to restore the vegetation and control erosion makai of the airport at Upolu Point.

After looking over the area at Upolu, Purell recommended the use of erosion-control fabric, native plantings, and the reduction of human impact as tools in the restoration of the Upolu coastal area.

Related to the Upolu effort, later in the meeting AC Chair Joe Carvalho reported that airport staff will have about 200 Naupaka plants ready for transplanting by volunteers in early October. He also informed the AC that water for the new vegetation will be tapped from the

airport building and run to the south side of the airport with a 500-gallon tank to hold water.

In other matters, Carvalho gave an update on the search for new AC members. Three residents have applied, and interviews should be conducted by September 23. Interviews will take place at county facilities with Carvalho and Giovanna Gherardi representing the AC on the screening panel. The terms for Gherardi, Ron Friman and Bob Martin expired in September 2011, but Friman and Gherardi indicated they will stay on the AC until replacements are found, as allowed.

On the issue of redistricting—the redrawing of electoral district boundaries based on census data to ensure equal representation—Carvalho said the commission is reviewing three plans. A public meeting is scheduled for October 1 at 2 p.m. at Waimea Community Center with the final draft of the plan to be submitted by November 10. Carvalho noted our district is not likely to be affected except for Waikoloa, Puako and parts of Waimea.

AC member Richard Liebmann gave an update on the Open Ocean Aquaculture Subcommittee, including a brief history of the plan: an ahi fish farm pilot project to be located about 2.5 miles off the coast of Kawaihae. The farm will be undertaken in state jurisdiction but can impact the Kohala shoreline. Liebmann

said he had prepared materials to be sent by the planning department to other AC members for their review. Discussion of whether this issue falls under the NKCDP, particularly Section 2.2 regarding the protection of natural resources in coastal areas, and whether the AC should take a stand on this issue, will be undertaken at the AC meeting in October.

From the subcommittee reports, Hermann Fernandez (Growth Management) gave an update on the Harrison variance request on a proposed subdivision makai of Ainakea Phase II, the deadline for which has been extended while the planning department investigates public access conditions. Harrison resubmitted a new subdivision map, which is being circulated to oversight agencies. The subcommittee also reviewed a permit application to convert the Hawi plantation manager’s house on Akoni Pule Highway into a five-bedroom bed and breakfast. The committee considered traffic impacts and parking along public roads and concluded that onsite parking facilities and the proximity to Hawi mitigated any impacts of additional vehicles; therefore they had no objections to the use permit.

Susan Fischer (Infrastructure B) reported on a recent meeting regarding the Scenic Byway application and concerns expressed about increased traffic. With regard to creating a more reliable electric loop system for the North Kohala district, HELCO’s study proposes the existing 69 KV overhead transmission line to HELCO’s Waika Substation in lower Kohala Estates be extended with a new 34 KV line running up to Kohala Mountain Road, then alongside the existing Hawi 34 KV line as far as Pu’uhue, branching off down Honoipu Road to Mahukona, and connecting with Hawi and Kapa’au.

In other business, the minutes from the AC meetings on May 9 were approved and those from August 8 were approved as amended. For more detailed information about AC meetings, agendas and approved minutes are available online at: hawaiicountycdp.info/north-kohala-cdp/action-committee-materials. The next meeting is set for Monday, October 10, at 4:30 p.m. at the Senior Center.

Law Enforcement Report for August

During the month of August, North Kohala officers responded to 171 calls for service. This included two traffic accidents, 43 complaints, and 128 miscellaneous calls for service. They arrested six juveniles: two for drug offenses and four were involved in assault offenses. Eight adults were also arrested during the month: five for outstanding bench warrants, two for abuse of a family or household member, and one for unauthorized control of a propelled vehicle.

Other reported investigations for August are listed in the table below:

DATE	OFFENSE	LOCATION	ITEMS TAKEN
8/15/11	BURGLARY	Kapa`au	Radio, CD Player
8/15/11	THEFT	Makapala	Bicycle
8/20/11	THEFT	Keawe Ula	Fence post
8/21/11	UEMV*	Kapa`au	Cell Phone
8/21/11	UEMV	Kapa`au	iPod, camera, US currency
8/22/11	THEFT	Hawi	Camera
8/30/11	BURGLARY	Kapa`au	Nothing removed

*UEMV - Unauthorized entry of a Motor Vehicle - both UEMV cases involved unlocked vehicles with item in plain sight.

Brush Fire Ignites Near Radio Tower

—photo by Dee Anne Domnick

A brush fire broke out below and around the radio tower near the base of Old Coast Guard Road near Hawi on September 4. Ambulances, a fire truck and firefighters, a helicopter, police and news reporters responded to the scene. North Kohala Community Emergency Response Team member Dee Anne Domnick caught the incident on film about 10 a.m. The cause of the blaze was determined to be accidental, when landscaping equipment was set on the ground and heat from the exhaust ignited the grass.

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St. Augustine's Scholars Receive Higher Education Awards

St. Augustine Episcopal Church in Kapa'au awarded 19 students attending college or vocational schools scholarships for the third consecutive year. The scholarships are an outreach program of St. Augustine designed to assist students with their tuition and cost-of-living expenses while attending college. The number of awards in 2011 was double those given in 2010 and represents a spiritual and financial support of their educational pursuits. The total amount of the scholarships in 2011 was \$12,000 and represents one of the largest educational funds in North Kohala.

To qualify, applicants were required to submit an application detailing their reasons for applying, copies of transcripts or acceptance letters, and confirmation that they and their families are active members of the church. The scholarship committee reviewed the applications and allocated funds based on need, participation of the student at St. Augustine and whether the student was attending a university in Hawai'i or on the mainland. The scholarship fund is renewed annually with the goal to distribute all of the monies in the fund each year. The money for the fund is given anonymously by church members; as a result the amount available for individual scholarships varies. "While the church is not wealthy by any means, the congregation is generous and is vested in the success of its students," said Robert Morrison, chair of the Scholarship Committee.

During two Sunday services in July,

qualifying students attended the morning service and received their awards, sharing their educational goals and progress with the congregation. Awards were presented by members of the committee, comprised of Genny Bader, Madeleine Hiester, Robert Morrison and Rosemary Rasmussen. As in previous years, the presentations allow the congregation to follow the progress of the students and share in the students' educational experiences. After the awards ceremony, a buffet was provided by church members to the students and their families.

Students receiving awards this year included Mai Fujii (Kapi'olani Community College), Melanie Matsuda (UH Manoa), Ikaika Andrews (Colorado State University), Carisa Kanehailua (Oregon State Uni-

versity), Miho Fujii (UH Manoa), Kiana Kometani (Northern Arizona University), Jacqueline Wong (Portland Community College), Todd Colson (University of LaVerne), Selena Osorio (Humboldt State), Josephine Osorio (Hawai'i Community College - Hilo), Jerome Arellano (Maui Community College), Beau Lopez (UH Manoa), Chelsea Kanehailua (UH West Hawaii), Jordan Ching (Southwestern Oregon Community College), Weston Purdy (Northern Arizona University), James Colson (UH Hilo), Cecily Fujii (Kapi'olani Community College), Daniel Fujii (UH Hilo), and Marygold Salvador (UH Hilo). Eight of this year's recipients were awarded scholarships in 2010.

For senior Kiana Kometani, this year's award is her fourth and has allowed church members to follow and

participate in her educational success. Kiana and her family, John and Vicky Kometani, are active members of the church. Although attending school in Arizona, Kiana plays the church piano

and assists with child care during her summers in Kohala.

For more information on the scholarship program, contact Malia Dela Cruz at 889-5390.



—photo by Mai Fujii
2011 St. Augustine Episcopal Church scholarship recipients and families

Award-Winning Entertainment Lineup at Kohala Country Fair

Excitement about the Kohala Country Fair, coming October 1, is heating up. The fair's live entertainers are committed, and an exciting new group of vendors will be selling their food and crafts at the fair.

For the best in music and dancing without an admission fee or staying out late, bring the whole family to the fair. Scheduled to appear onstage are award-winning Bradda Walta, the exciting Positive Motion, North Shore Live, Nonami Band, North Kohala Kupuna Hula and Big Island Taiko Drummers. The fair is honored to have Nino and Gino as the emcees to guide fair-goers through the day, announcing all contests, events and winners.

Remember the new location, one mile past the King Kamehameha Statue in Kapa'au, toward Pololu, makai of the highway. Look at the website www.kohalacountryfair.com for many new additions and details. See you at the fair!

Flying high on the bungee trampoline is just one of many activities at the Kohala Country Fair.



—photo courtesy of Kohala Country Fair

MKP, Continued from page 5

my feelings and vulnerabilities, and am unable to see what really drives my behavior. That's why I belong.

On October 21 we will conduct another NWT (New Warrior Training Adventure), the seventh training in three years here on the Big Island. Each training is an intensive 48 hours which has changed the lives of some 170 men who now attend meetings and

call themselves warriors. Not the arrogant, macho, conquering warrior, but the compassionate, strong, supportive and responsible one, who shows up for his family, friends and community. A man who does what he says, and whose actions match his words.

A favorite quote by Howard Thurman says: "Don't ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is people who have come alive." Are you a man who wants to come alive and be the man you want to be? If so, please contact us at Hawaii.mkp.org. You may call our training coordinator, Michael Miller at 808-640-0333.

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ARCHITECTURAL

Kohala Middle School Welcomes New Principal

Story by Megan Solís

Patricia Champagne jumped into her position as Kohala Middle School's new principal with both feet during the last week of August, four weeks into the school year. Champagne was selected for the position left vacant when Janette Snelling was hired as Kohala High School principal during the summer break.

Champagne comes to KMS from Kealahou High School, where she was the vice principal. She explains her reasons for coming to KMS were twofold: an opportunity to take on a new leadership role serving as the principal; and the chance to work in the Kohala community itself.

"Kohala is a beautiful place. I am looking forward to working here in the community, getting to know the students at the school as well as their parents and the outer community," she said.

A secondary-school certified teacher in language arts, Champagne can claim experience teaching English at Hilo High and Kealahou High, working with the "About Face!" family of programs and at-risk youth and serving as the vice principal at Konawaena Elementary and Kealahou High. Her degrees include a master's in educational administration from University of Hawai'i at Manoa, and a bachelor's in English literature and



—courtesy of Patricia Champagne
Patricia Champagne

a teaching certificate, both from University of Hawai'i at Hilo. Prior to her career in education, Champagne served in the United States Army both active and reserve and was mobilized for Operation Iraqi Freedom in 2001. She served

a total of six years, leaving as a staff sergeant, construction supervisor and nuclear biological chemical specialist.

The newness of her role as a principal is the greatest challenge Champagne faces, she said. However, the tools she gained as a vice principal will help her develop her new role, and she looks forward to the continual learning process.

"Kohala Middle has an amazing staff and group of students who have been working real hard at making Kohala the school that it is. I will be working to become part of the culture of the school and continuing the work that Principal Snelling started so Kohala Middle continues to meet AYP (Adequate Yearly Progress)," she said.

In a recent letter to parents, Champagne explained her vision: "I believe that all students can learn. My goal as the administrator of Kohala Middle is to provide a safe, nurturing environment of mindful, active learners, where all are valued and appreciated for what they can bring to the classroom, school and community."

This atmosphere will focus on the highest potential of each student and will foster an enthusiasm for lifelong learning."

To accomplish this, Champagne notes parental involvement is the primary factor in a student's success in school. She encourages parents to participate at school, from volunteering to work at the school, chaperoning field trips, and assisting with activities, to doing things at home to help in the classroom for those parents who have work obligations during the day.

Outside of school, Champagne enjoys spending time with friends and family, reading and listening to music. She especially takes pleasure in her new hobby of fishing/trolling. She loves the lush green fields and small-town feel of the Kohala community and particularly likes Kamehameha Park as a place for families to gather and spend time together.

"I am looking forward to... having an excellent, productive, and successful school year at Kohala Middle School," she concluded.

KHS Cowboys Play With Heart



—photo by Jesús Solís

Kohala High School running back Israel Victorino-Rabang (40) carries the ball past Hawai'i Prep defenders Micah Hanano (9) and Eigo Akai (89) in the Cowboys' third season game September 17. Victorino-Rabang saw a lot of action, playing both offense and defense, and proved himself valuable to the team. Despite a wide gap in the score, the Cowboys never gave up, scoring a touchdown and two-point after touchdown in the last minute of the game. The Cowboys were defeated 63-8.

The team saw its first gridiron action this season against the Kamehameha Hawai'i Warriors September 3 but were defeated 32-6. In spite of the loss, head coach Carlos Adams said he was happy with the team's performance and noted that the athletes played with heart and never gave up. Last year, the Warriors defeated the Cowboys 91-0, so this year's team showed tremendous progress.

On September 9, the Cowboys traveled to Honoka'a for a night game against the Dragons where they put 24 points on the board but lost to Honoka'a 66-24.

KHS meets Konawaena on the Cowboys home turf September 24 at 2 p.m. and are hoping for a good hometown crowd to cheer them on.

Project Grad 2012 Begins Fundraising Efforts

Story by Andrew Trump

The planning of Project Grad for Kohala High seniors is now underway. Project Grad is an all-night celebration for seniors on their graduation night, when they can participate in many fun activities. This will be the third year that Kohala's graduating class has held the drug- and alcohol-free event at Hisaoka Gym.

The Project Grad committee—the parents of the Class of 2012—had their first meeting August 29. This year's co-chairpersons are Wendy Nickl and Florida Wilson. Students and their parents are raising funds to make the event a memorable one. Project Grad is a project under the North Kohala Community Resource Center (NKCRC). Since this event is

costly, the senior class, along with their parents, respectfully asks the community to help in the following ways:

During September and October, donate recyclables (HI-5 items) to the Hawi Recycling Shed. At the Kohala Country Fair, the Project Grad booth will sell hotdogs, popcorn, and cotton candy.

On an on-going basis, people may donate to Project Grad via the North Kohala Community Resource Center. Donate online at www.northkohala.org or by mail to NKCRC, P.O. Box 519, Hawi, HI 96719. Checks are payable to "North Kohala Community Resource Center." (Memo: Project Grad 2012).

Throughout the year there will be car washes, bake sales and other fundraisers.



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- Hawi Hill Pasture
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There were no new sites reported.

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Mahalo for your continued support.

Scenic Byway Committee Awaits Decision from State

The North Kohala Scenic Byway committee announced recently that it completed its application for designation of Akoni Pule Highway as a State Scenic Byway and submitted it to the Hawaii State Department of Transportation on August 29.

A public meeting, attended by 42 residents, was held August 10 at the high school cafeteria to provide information and status on the Byway. Most in attendance expressed support for the Byway and the committee but wanted to make sure concerns about increases in traffic and maintaining the rural character of the highway were addressed as well as ensuring that continued efforts are made to allow full public involvement. Speakers in opposition expressed concern about the Byway fostering growth in the area and the intrusion of government transportation agencies.

Scott Bedingfield, Scenic Byway project organizer, explained that the committee expects to hear from the State regarding the designation approval by the end of October. If approval is received, the formal Local Byway Committee will be formed, and the lengthy process of developing a Corridor Management Plan will begin.

Fred Cachola spoke on the importance of protecting the historic sites in North Kohala and remarked that the Byway process was one of the ways the community was beginning to find its own voice and set its own future after decades under plantation management.

Toni Withington discussed how the Scenic Byway initiative begins to implement some of the strategies outlined in the Community Development Plan.

An informational "Fact Sheet" prepared by the Byway committee has been posted on bulletin boards throughout the Kohala community. Copies are available at North Kohala Community Resource Center. (See sidebar for excerpt from the fact sheet.) If State designation is approved, a public meeting will be scheduled to outline next steps for the Byway.

For more information, contact Scott Bedingfield at 896-9001 or NKCRC at 889-5523.

North Kohala Scenic Byway Fact Sheet

Editor's Note: The following are excerpts from a Scenic Byway Fact Sheet prepared by the North Kohala Scenic Byway Committee. The complete fact sheet is posted on bulletin boards and storekeepers' counters throughout Kohala, and copies are available at North Kohala Community Resource Center. Due to space limitations, KMN is unable to print the complete document.

What is a Scenic Byway?

The National Scenic Byways is a program of the U.S. Department of Transportation to recognize roads that have outstanding archaeological, cultural, historical, natural, recreational, and scenic qualities. Learn more at www.byways.org.

Is Akoni Pule Highway Being Considered as a National or State Scenic Byway?

An application for Akoni Pule Highway, from Honokaa Gulch in South Kohala to Pololu, has been submitted to the State Department of Transportation for designation as a State Scenic Byway. The Byway must first be designated by the State, and the Local Byway Committee must complete a Corridor Management Plan before applying for National Scenic Byway designation. The name of the highway will remain Akoni Pule Highway. The theme name, Ke Ala O' Kohala (The Way of Kohala) is specific to the Scenic Byway program.

Who Contributed to and Submitted the Application?

The Scenic Byway project is sponsored by the North Kohala Community Resource Center (NKCRC), which sponsors projects its Board considers to be beneficial to North Kohala. About 30 members of the community attended at least one of the meetings about the Byway in the past year, and a core committee of volunteers has been meeting since last January. Those core members were Fred Cachola, Collin Kaholo, Susan Fischer, Toni Withington, Judy Rogers, Diane Kanealii, Joe Carvalho, Bob Martin, Scott Bedingfield, Bobby Hoyt, and Boyd Bond.

Why Seek Designation as a Scenic Byway?

The Byway committee has identified three primary reasons to seek Scenic Byway status:

- To provide an opportunity for the community of Kohala to preserve and tell the story of the history of our area from pre-contact Hawaiian society to the emergence of King Kamehameha through the missionary, ranching and plantation eras;

- To give Kohala a common voice when working with the State DOT regarding issues affecting Akoni Pule Highway;

- To create an on-going organization that serves as a vehicle for the residents of Kohala to help shape the future of our community as outlined in the North Kohala Community Development Plan, Growth Management Strategies 1.7: "Implement a Policy for a Cultural and Historical Preservation Community;" and 1.9: "Establish a View Plane Protection Program to identify and protect areas of significant beauty along the Kohala Mountain Road and Akoni Pule Highway corridor."

What Does the Byway Name Mean – Ke Ala O' Kohala?

The following statement is from the nomination application:

"The name of the Byway—'Ke Ala O' Kohala'—captures the spirit of Kohala in telling its history and the stories yet to be written. True to the Hawaiian language, the words have levels of meaning, or 'kaona.' In its narrowest sense, it can mean literally the path or road of Kohala. Perhaps most commonly, it would refer to the path in a broader sense, referring to the history of Kohala and those who have lived here. In its most profound meaning, Ke Ala O' Kohala can be translated as the 'Way of Kohala,' pointing to the power of the land and the spirit of the place, and to the stories of those whose destiny was—and whose future is being—shaped by it."

Is There a Theme or Focus of the Kohala Scenic Byway?

The Byway committee chose "Historic" as the primary intrinsic quality to feature in describing the significance of Akoni Pule

Highway and the Kohala region.

When Will We Know if Akoni Pule Has Been Designated as a Scenic Byway by the State?

The State DOT expects to notify NKCRC and the Byway committee by the end of October.

What Happens If and When Akoni Pule Is Designated a State Scenic Byway?

To maintain State Byway designation, the State DOT requires a Local Byway Committee be formed and a Corridor Management Plan (CMP) be written by them with community input. This document will serve as a blueprint for any changes the community may wish to be made or NOT made to the highway and surrounding corridor. The CMP will identify points of interest along the highway to be preserved and featured. The management plan will then address safety issues, historic preservation, public access, parking, traffic, signage, etc. The process is expected to take one to two years and will include public meetings and opportunities for the involvement of local residents. No projects will be approved prior to the CMP process.

How Has the Community Been Kept Informed?

The Byway Committee and NKCRC initially contacted over 50 individuals to attract residents who wanted to express their thoughts on the Byway, both in support and opposition, as well as those interested in working on the committee. Seven articles with meeting times and contact information were published by Kohala Mountain News, a public meeting was attended by 42 residents on August 10, and presentations were offered and made to local organizations.

Where Can I Get More Information?

Complete copies of the state nomination and designation applications are available for viewing and/or to check out at NKCRC. Contact any of the ad hoc committee members directly (Scott Bedingfield, 896-9001 or Judy Rogers, 430-5689) or NKCRC at 889-5523.



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5 WAYS TO TRICK OR TREAT
YOUR KIDS TO A DRUG-FREE HALLOWEEN
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HAPPY HALLOWEEN!
FROM THE NORTH HAWAII DRUG-FREE COALITION
• HĀMĀKUA • KOHALA • WAIKOLOA • WAIMEA •

	Diamond G Rice 20 lbs. 11 ⁹⁹	Post Pebbles Cereal  11 oz. 2 ⁷⁹	Prego Spaghetti Sauce 23 - 24 oz. 2 ⁶⁹	Banquet Family Entree Salisbury or Turkey 26 - 27 oz. 3 ⁹⁹ 	Banquet Fried Chicken 28 oz. 6 ⁹⁹ 
Coca Cola 12-pk Cans All Types 4 ⁹⁹ 	CapriSun Ready to Drink 10 pk. 2/5 ⁰⁰ 	Yuban Coffee original 33 oz. 10 ⁹⁹	Langers Apple Juice 64 oz. 2 ⁹⁹	Marie Callender Dinners Select Types 13 - 21 oz. 4 ⁴⁹ 	Mama Bella Garlic Bread 14 oz. 3 ⁷⁹ Reg/Parmesan 
JELL-O Jello Pudding Instant, Sugar-free, Cook 'n' Serve 3/3 ⁰⁰ .9 - 3.4 oz.	Dasani Water 24 pk. - 500 ml. 2/7 ⁹⁹ 	Planter's Sunflower Nuts 7.25 oz. 1 ⁷⁹	Bakers Chocolate Chunks 12 oz. 2 ⁸⁹	Eggo Waffles All Types 12.3 oz. 2 ⁹⁹ 	Totino Party Pizza Select Types 10.2 - 10.7 oz. 3/4 ⁹⁹
Roxy Coconut Milk 13.5 oz. 1 ⁴⁹	Roxy Lunkow Long Rice 8 pk. 2 ¹⁹	Nissan Cup Noodle 2.25 oz. 2/1 ¹⁵	Skippy Peanut Butter Crunchy/Creamy 16.3 oz. 2 ⁶⁹	Tyson Chicken Thighs 5-lb. box 6 ⁴⁹	Tyson Chicken Buffalo, Popcorn Strips 28 - 32 oz. 9 ³⁹
Roxy Chan Pei Mui 14 oz. 3 ⁹⁹	Hawaiian Sun Jams • Jellies Assorted 10 oz. 2 ⁵⁹	Lindsay Pitted Olives Med./Lg. 6 oz. 3/4 ⁸⁹	Quaker Captain Crunch Cereal All Types 12.5 - 14 oz. 3 ²⁹	Birds Eye Steam Fresh Vegetables All Types 12 oz. 2 ⁴⁹ 	Flavor Pac Frozen Blueberries 16 oz. 4 ⁸⁹
Maui Gold Turbinado Sugar 16 oz. 2 ⁷⁹	Asia Trans Li Hing Mui Drops 4.5 oz. 1 ⁶⁹	 Best Foods Mayonnaise 30 oz. 4 ⁷⁹	Lion Coffee Regular / Auto Drip (No Decaf) 10 oz. 4 ⁹⁹	Meadow Gold Ice Cream 4 qt. 6 ⁹⁹ 	Meadow Gold Drinks 64 oz. 4/5 ⁰⁰ 

Grocery

Aloha Shoyu, reg./lite, 64 oz.	5 ³⁹
Campbell's Chicken Noodle Soup, 10 oz.	2/2 ¹⁹
Delmonte Whole Kernel or Cream Corn, 14 - 15 oz.	2/2 ²⁹
Delmonte Peas or Cut Green Beans, 14 - 15 oz.	2/2 ²⁹
Delmonte Ketchup, 24 oz.	2/2 ⁵⁹
Delmonte Sweet Relish, 12 oz.	2 ²⁹
Delmonte Tomato Sauce, 8 oz.	2/99 [¢]
Delmonte Fruit Cocktail/Peaches, 29 - 30 oz.	1 ⁹⁹
Diamond Bakery Saloon/Cream Crackers, 8 - 9 oz.	3 ¹⁹
Diamond Bakery Soda Crackers, 13 oz.	3 ⁵⁹
Diamond Bakery Cookies, assorted, 6 oz.	1 ⁷⁹
Powerade, 32 oz.	10/6 ⁹⁹
Nabisco Fig Newtons, assorted, 8 - 14 oz.	3 ⁹⁹
Nestle Hot Cocoa, 10 ct.	2 ¹⁹
Kelloggs Poptarts, 14 oz.	2 ⁶⁹
Sun Sweet Ones, 7 oz.	2 ⁷⁹
Kraft Macaroni & Cheese, 7.25 oz.	2/3 ⁰⁰
Yuban Instant Coffee, 8 oz.	6 ³⁹
Planters Cocktail Nuts, 16 oz.	3 ⁹⁹
Wesson Oil, all types, 48 oz.	4 ²⁹
Mum's Mushrooms, pieces & stems, 4 oz.	2/2 ⁴⁹
Maruhi Miso, 27 oz. tub	5 ⁹⁹
Sapporo Ichiban Ramen, 3.5 oz.	3/1 ⁹⁹
Pace Thick 'n' Chunky Salsa, 16 oz.	2 ⁸⁹
Stagg Chili, 15 oz.	2 ¹⁹
Shirakiku Oyster Sauce, 18 oz.	2/2 ⁴⁹
Shirakiku Pickled Scallions, 9 oz.	4 ⁹⁹
Shirakiku Chu Ume, 8 oz.	4 ⁶⁹

Taco Bell Taco Shells, 12 ct.	2/3 ⁹⁹
Taco Bell Refried Beans, 15 oz.	2/2 ⁵⁹
Taco Bell Taco Seasoning Mix, 1.25 oz.	2/1 ⁶⁹
Western Family Honey, 12 oz.	3 ¹⁹
Western Family Spaghetti, 16 oz.	2/3 ⁰⁰
Western Family Fudge-striped Cookies, 13 oz.	2/4 ⁹⁹
Western Family Dijon Mustard, 12 oz.	2/3 ⁰⁰

Natural Foods

Brianna's Dressing, 12 oz.	3 ³⁹
Herdez Mexican Sauces, 7 ct.	1 ²⁹
Lundberg Rice Chips, 6 oz.	2 ⁸⁹
Mori Nu Tofu Organic Tofu, 12.3 oz.	1 ⁸⁹
Aunt Patty's Agave Syrup, 12.5 oz.	4 ³⁹
Santa Cruz Lemonade, 32 oz.	2 ⁹⁹

Dairy

Meadow Gold Nectars, 1/2 gal.	1 ⁹⁹
Meadow Gold Yogurts, 6 oz.	2/1 ⁹⁵
Horizon Organic Milk, 64 oz.	5 ⁷⁹
Meadow Gold Novelty Ice Cream Bars, 6 pk.	2 ⁶⁹
Big Island Poultry Grade A Large Eggs, Mainland Shell Protected, per dozen	2 ²⁹

Meats

USDA Boneless Chuck Steak, per lb.	4 ⁶⁹
Island Range Fed Boneless Top Sirloin Steak, per lb.	5 ⁷⁹
Foster Farm Value Pack Chicken Thighs, per lb.	1 ⁹⁵
Frozen Pork Butt, bone in, per lb.	1 ⁸⁹

SALE PRICES GOOD SEPTEMBER 28 THRU OCTOBER 11

LOVE'S Hearth Bread All Types 24 oz. 4 ⁴⁹		LOVE'S Donuts assorted, sugar, plain 12 oz. 4 ²⁹		Dynasty Jasmine Rice White or Brown 5 lb. 4 ⁹⁹		Mae Ploy Sweet Chili Sauce 1 ⁶⁹ 10 oz.		Pepsi 24-pk. cans 9 ⁹⁹		Pepsi 2-liter Bottle 3/4 ⁹⁹	
Oscar Mayer Beef Franks Reg., Jumbo, XXL 16 oz. 2/7 ⁰⁰		Oscar Mayer Bacon Reg., L/S, Thick 16 oz. 4 ⁹⁹		JFC Furikake 1.7 oz. 2 ¹⁹		Wooseong Korean Nori 3 pk. 2/3 ⁰⁰		Chips Ahoy! Nabisco Chips Ahoy Assorted 10 - 15 oz. 3 ⁵⁹		Hershey/Cadbury Large Candy Bars 3.5 - 4.4 oz. 3/5 ⁰⁰	
Oscar Mayer Deli Shave Meats 7 - 9 oz. 2/5 ⁹⁹		Oscar Mayer Turkey Variety Pack 9 - 12 oz. 2/5 ⁰⁰		Kadoya Sesame Oil 5.5 oz. 2 ⁵⁹		Wel Pac Chuka Soba 6 oz. 1 ⁶⁹		Dreyer's Ice Cream 48 oz. 4 ⁴⁹		Di Giorno Rising Crust Pizza 11.5 in. 6 ⁹⁹	
Kraft Shredded or Chunk Cheese 3 ¹⁹ 8 oz.		Kraft Singles Velveeta or American 2% 4 ¹⁹ 14.7 - 16 oz.		Newton Pancit Canton 8 oz. 2 ¹⁹		Tentay Patis Fish Sauce 25.6 oz. 2 ⁷⁹		Secret Deodorant 1.6 oz. 2 ¹⁹		Day Quil and Ny Quil Liquicaps 4 ⁹⁹ 12 ct.	
Frank's Foods Portuguese Sausage 12 oz. 3 ³⁹		Frank's Foods Frankfurters 16 oz. 3 ³⁹		Panasonic Blue Battery C or D 2 ct. 1 ⁰⁹		Plain Rubber Zoris 1 pr. 2 ⁷⁹		Schick Disposable Razors 10 ct. 1 ⁹⁹		VO5 Shampoo & Conditioner 15 oz. 2/2 ²⁹	
Philadelphia Brick Cream Cheese reg. or light 2/4 ⁹⁹ 8 oz.		Silhouette Skinny Cow Sandwiches or Bars 6 ct. asst. 5 ⁶⁹		TNK Sink Strainer 1 ct. 1 ⁶⁹		Krazy Glue 1 ⁵⁹ .07 oz.		Playtex Sport Tampons 18 ct. 5 ³⁹		Clear Eyes Assorted 3 ⁴⁹ .5 oz.	

Freezer/Deli

Farmland Butter, 16 oz.	3 ⁸⁹
Imperial Margarine, 15 oz.	2/2 ¹⁹
Shedd's Country Crock Tubs, 2/7.5 oz.	2 ⁵⁹
Pillsbury Buttermilk Biscuits, 7.5 oz.	2/1 ³⁹
Athenos Hummus, 7 oz.	2 ⁴⁹
Yoplait Yogurt, 4 - 6 oz.	2/1 ⁸⁹
Stella Shredded Cheese, 5 oz.	2 ³⁹
Bays English Muffins, 6 ct.	3 ¹⁹
Amy's Enchilada Meal, 9 - 9.5 oz.	4 ⁶⁹
Amy Bowls, 9.5 oz.	4 ⁶⁹
Banquet Pot Pie, 7 oz.	1 ¹⁹
Chef America Hot Pockets, 4 oz.	2/2 ¹⁹
El Monteray Burrito, 8 pk./4 oz.	4 ³⁹
Cyrus O'Leary Banana, Chocolate or Lemon Pie, 29 - 30 oz.	7 ⁴⁹
Inland French Fries, 32 oz.	3 ¹⁹
Louis Rich Ground Turkey, 16 oz.	2/3 ⁷⁹
Frozen Mussels, 1/2 shell, 2 lb.	7 ⁴⁹
Farmer John Pork Links, 8 oz.	1 ⁷⁹
EZ Peel Shrimp, 2 lb. box	11 ²⁹
Sea Wave Whole Squid, 3 lb.	7 ⁸⁹
Wes Pac Spinach, chopped/leaf, 16 oz.	2 ⁶⁹
Patissa Cream Puffs, 11.1 oz.	4 ⁹⁹
S&S Saimin, 9/4.5 oz. ohana pack	5 ³⁹
Tyson Party Wings, 5 lb.	14 ⁹⁹
Tyson Boneless, Skinless Chicken Thighs, 2.5 lb.	7 ³⁹
Tyson Boneless, Skinless Tenderloins, 2.5 lb.	8 ⁹⁹
Frozen White Crab Sections, 1.5 lb.	6 ⁷⁹
Wing Wing Lup Chong, 7 oz.	2 ⁸⁹
Zippy Meals, 20 - 24 oz.	6 ³⁹

Produce

Cello Potatoes, 5 lb.	3 ¹⁹
Fuji Apples, per lb.	1 ⁷⁹
Carrots, loose, per lb.	1 ²⁹
Amano Kamaboko, 6 oz.	1 ⁹⁹

Non Foods

Angel Soft Double Roll Bath Tissue, 12 pk.	4 ⁶⁹
Bounty Paper Towel, 8 ct.	13 ⁹⁹
Hefty Foam Plates, 50 ct.	2/5 ⁰⁰
Dixie Heavy Duty Plates, 45 ct.	2 ⁶⁹
Downy Fabric Softener, 64 oz.	3 ⁹⁹
Diamond foil, 25 sq. ft.	2/2 ⁹⁹
Gain Dish Liquid, 28 - 30 oz.	2 ⁶⁹
Sunburst Laundry Detergent, 175 oz.	9 ⁸⁹
Fitti Diapers, Jumbo Pack, 26 - 40 ct.	9 ¹⁹
Ziploc Snack Bags, 120 ct.	2 ⁶⁹
Ziploc Storage/Freezer Bags, gal. or qt., 15 - 25 ct.	3 ¹⁹
Zest Aqua Soap, 3/4 oz.	2 ⁸⁹

Beer/Wine/Liquor

Corona, 12 pk., bottles	14 ⁷⁹
Heineken, 12 pk., bottles	14 ⁹⁹
Steinlager, 12 pk., bottles	11 ⁹⁹
Coors, 18 pk., bottles	15 ⁹⁹
Natural Beer, 24 pk., cans	16 ⁴⁹
Becks, 12 pk., bottles	12 ⁴⁹
Budweiser, 12 pk., bottles	11 ⁹⁹
Ruta 22 Malbec, 750 ml.	8 ⁹⁹
Columbia Crest Wine, 750 ml.	9 ⁹⁹
Lai Lai Pinot Noir, 750 ml.	9 ⁹⁹
Woodbridge Wine, 1.5 liter, all types	11 ⁹⁹
Yellowtail Wine, 750 ml.	5 ⁹⁹
Crown Royal, 750 ml.	19 ⁹⁹
Jose Cuervo Tequila, 750 ml.	13 ²⁹
Bacardi Rum, 750 ml.	12 ⁹⁹
Karkov Vodka, 1.75 liter	13 ⁶⁹
Svedka Vodka, 750 ml.	11 ⁹⁹

Health Camp for Hawaiian Adults

Heart disease is often referred to as the silent killer. People can walk around for years with no outward symptoms until the day they have a massive heart attack or stroke. Many people in Hawai'i don't know they suffer from, or are at risk of, a chronic illness such as diabetes, high blood pressure, or high cholesterol. Fortunately, these illnesses can be controlled and often prevented with education, lifestyle changes and proper treatment.

One Holistic Place is a newly founded organization dedicated to preventing chronic illnesses by using a holistic approach to health care. The organization offers a seven-day health camp for native Hawaiian and Pacific Islander adults who are at risk for or have recently been diagnosed with a chronic illness.

The One Holistic Place health camp is located in North Kohala. Participants will learn about the specific illness they have or are at risk of having; how to treat these illnesses holistically; and how to prevent further complications. The holistic approach assesses and treats the entire person: mind, body, and spirit. The group

will participate in growing and preparing their food, hiking, swimming, meditation, stress reduction techniques and cultural activities. The pilot program, scheduled to start in early 2012, will include Hawaiian and Pacific Islander men between the ages of 18 to 39 who have high blood pressure.

Rachel Allen, a family nurse practitioner, will oversee the groups during the seven-day camp. Allen started studying nursing at the age of 15 and continued on her path to earn a master's degree in science at Columbia University. In 2000, Allen first came to Hawai'i on a travel nursing assignment. In February 2009, she returned to the Big Island and began working at West Hawai'i Community Health Center. Allen enjoyed educating and helping the patients but was alarmed to see the overwhelming number of patients who had chronic illnesses that could have been prevented with early detection, lifestyle changes and support.

Allen lives in North Kohala and currently practices at the urgent care office, cardiologist office, and gynecologist office



—Photo courtesy of Rachel Allen
Rachel Allen

in Waimea. This year, she was also blessed with the opportunity to spend two months in Kalaupapa providing nursing care for the residents who were afflicted with Hansen's disease. In Kalaupapa, Allen immediately connected with the community and developed a deeper understanding of the Hawaiian culture that she will carry with her in all of her work.

One Holistic Place is accepting self-referrals and referrals from health care providers. Email oneholisticplace@gmail.com or call Allen at 756-3883 with referrals or questions, or to express an interest in volunteering.

North Kohala Community Resource Center (NKCRC) is the fiscal sponsor

for the Health Camp pilot project. The program hopes to raise \$30,000 this fall to enable the project to begin in early 2012. All donations, including in-kind donations, are tax-deductible through NKCRC. Contributions may be made to NKCRC marked for One Holistic Place project and sent to P.O. Box 519, Hawi, HI 96719 or made via the internet at www.northkohala.org (go to "donate," then select "donate to a specific project," then select One Holistic Place project).

Allen will have a booth at the Kohala Country fair on October 1 for anyone who would like to check their blood pressure or find out more about One Holistic Place.

Dance Party Fundraiser for Kauhola Point Conservation

A dance party to raise funds to help purchase lands at Kauhola Point for preservation and community use is set for Saturday, October 8, 7 to 10 p.m. at Kava Kafe in Hawi. Cost is a \$5 donation at the door. Raffle tickets for prizes will also be available for purchase.

The event is organized by Kohala community members in support of the efforts of Maika'i Kamakani 'O Kohala and Malama Kai Foundation's Ocean Warriors Program, working in partnership with The Trust for Public Lands to purchase Kauhola Point from private owners so that the land will stay protected, preserved and not developed. The

land would be held by Maika'i Kamakani 'O Kohala who will welcome the public, restore the native coastal vegetation, and support community stewardship; agriculture; and cultural and environmental learning opportunities.

Just under one million dollars has been raised already, and there is still \$225,000 more needed before December 1. At that time, the land will go on the public market.

For more information, go to www.causes.com/causes/632138-help-save-kauhola-point-lighthouse-coastal-land-for-community-use; or contact Elizabeth at 443-8303, or Stephanie at 884-5757.

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COMMUNITY HARVEST HAWAII

Saturday, October 8th, 10am - 3pm

Kohala Intergenerational Center
(behind Kamehameha Park Gym)

Bring Your Bounty

October is Okinawan Food Month!

Eat and connect with your community – old timers, newcomers, all ethnicities, all ages.

Have fun learning new food preparation skills.

Harvest and Bring your extra fruits and vegetables. If you need us to harvest for you, we can do that too – call Carol at 889-5391.

Drop off on Friday, October 7th, 3 - 7pm or Saturday, October 8th, 9 - 10am, and then stay and help prep and eat! Lunch at 1 pm.

HŌ'UMEKE A HĀNAI

EVERYONE GROWING OR BEARING FRUITS, PRESENTING IT IN A BOWL, AND SHARING, WHILE CARING FOR EACH OTHER

WWW.COMMUNITYHARVESTHAWAII.ORG

Community Harvest Hawaii is helping to build a local, sustainable food system in North Kohala and is a project of the North Kohala Community Resource Center and a partnership between the North Kohala Eat Locally Grown Campaign, Ka Hana No'eau and the Ho'ea Agricultural Park. The project is funded through the Island Innovation Fund.

Fran Woollard Celebrates Hospice Anniversary



North Hawaii Hospice celebrated its 25th anniversary of providing services to the communities of North Hawaii with a floating lantern ceremony at the Fairmont Orchid on Sunday, August 28. Fran Woollard, R.N., was the founding nurse of Hospice as well as Kohala Home Health and a 35-year resident of North Kohala. She moved to the mainland two years ago but visits as often as she can. She came to celebrate the wonderful work that Hospice provides most especially to the people of North Kohala. Many folks from Kohala came to the event and were surprised and delighted to see her. Thank you, Fran, for all you have done for Kohala!

—Photo courtesy of Christine Richardson

Kohala Theater Duo to Perform on O`ahu

Great news for Big Island theater: the first annual O`ahu Fringe Theatre Festival has accepted a show produced by North Kohala's NOKO Theatre.

"Lovely in Her Space Suit," is an hour-long show comprised of seven short romantic comedies, all written and performed by local playwright and actor Eric Kennon and directed by Jack Boyle. Kennon and his acting partner Le`a Gleason of Hilo are proud to represent the Big Island. They will be flying to Honolulu to perform "Lovely in Her Space Suit" for three nights in November.

A bearded woman falls in love with her scuba diving instructor; a pent-up housewife starts drawing up plans for ziplines and slides around her house

because she thinks she may be pregnant; a young man wakes up to find the woman he met online performing voodoo on his favorite sweater; a woman breaks up with her boyfriend after her therapist helps her to discover that she was a T-Rex in her past life; a wealthy man falls in love with the mysterious woman who always wears an astronaut suit as she walks down the beach—"Lovely in Her Space Suit" is an off-the-wall series of short vignettes that imaginatively weaves contemporary romance with fantasy.

Prior to their O`ahu appearance, the duo will also be performing several dates in Kohala and Hilo. See www.lovelyinherspacesuit.com for dates and locations, or call Kennon at 747-1312.

Yesteryear Photos on Display at Kohala Hospital

You never know what treasures are to be found at an estate sale! Recently, six photos of Kohala Hospital taken in the mid- to late-1950s were discovered at a sale in Appleton, Wis. The photos, which depict both staff and the grounds of the old hospital building, were purchased at the sale by Diane Johnson, a nurse and history buff, and donated to the hospital. Kohala Hospital Auxiliary had the photos professionally matted and framed, and they are now on display at the hospital.

A note found with the photos indicates the photos were part of an article "Industrial Practice, Polynesian Style—F.L. Tabrah, M.D., Kohala, Hawaii." Included among the photos is one Dr. Tabrah, Dr. Eveleth, and Dr. Ross. Like Tabrah, both Ross and Eveleth formerly practiced medicine in Kohala.



—photo by Megan Solis

Six photos of Kohala Hospital from the 1950s are now on display at the hospital. Pictured with the photos, from left to right, are Orlino Dacuycuy (former Kohala Hospital X-ray technician and ambulance driver); Dixie Adams, Kohala Hospital Auxiliary treasurer; Pat Kalua, Kohala Hospital administrator; and Barbara Summerfield, Auxiliary secretary.

Hospital Auxiliary Hosts Spaghetti Feed

Kohala Hospital Auxiliary will hold its popular annual Spaghetti Dinner on Friday, November 4, from 4 to 7 p.m. at St. Augustine Episcopal Church's Walker Hall.

Dine in or take out – the price is \$8, which includes meat or vegetarian spaghetti, French bread, salad, dessert,

and a chance for a door prize. Proceeds will help the Auxiliary with its current project: renovation of the patio and two office spaces for the nurses at Kohala Hospital.

Tickets are available from any Auxiliary member or at Mother's Antiques and Fine Cigars in downtown Hawi.

Earthworm Expert Dr. Norman Arancon at HPA

Earthworm expert Dr. Norman Arancon, professor at the University of

Hawaii—Hilo College of Agriculture, Forestry, and Natural Resources Management, spoke to a packed room of students and teachers at Hawaii Preparatory Academy's Energy Lab on Thursday, September 1.

Arancon, who said he started working with earthworms "out of rebellion, because my mother didn't want me to play with earthworms," explained how earthworms play an active role in making sure our soil is safe. Worm compost increases soil fertility, aids in plant pest and disease resistance, optimizes the soil environment, improves soil structure,

and regulates plant nutrients.

Students were amazed to hear that earthworms can live 50 years or longer. There are 3,000 earthworm species around the world, but only six species are used for composting.

Arancon later met with HPA teacher Mike Franklin, whose Sustainable Living class will construct a large vermi-compost system to deal with the campus office and classroom paper waste; a well-established, healthy worm colony can turn paper into soil in two weeks. The worm castings will be used to start plants in the greenhouse, fertilize plants

in the ground and as part of an aquaponics system—vermi-ponics.



—photo courtesy of Hawaii Preparatory Academy

Dr. Norman Arancon points out earthworm cocoons (eggs) to Makana Kishimoto, left, and Kanoa Dela Cruz, fifth graders from Kohala Elementary School's Gifted and Talented Program, during his presentation at HPA's Energy Lab on September 1.

St. Augustine's Episcopal Church

Kapa'au, North Kohala • 808-889-5390

Sunday Services:

9:00 a.m. - Holy Communion
(Child Care & Fellowship Brunch)

7:00 p.m. - Holy Communion

Thrift Shop Hours:

Weds: 12:00 - 3:30

Thurs: 4:00 - 6:00

Last Saturday: 10:00 - 12:00

Free Community Meal:

Last Saturday: 11:00 - 12:30



Kohala Baptist Church

Located on Akoni Pule Hwy
across from Makapala Retreat

Sunday Services

9 am

Adult Bible Study/Kids on Mission

10:15 am

Worship Service/Sunday School

Pastor Steven E. Hedlund (808)889-5416
www.kohalabaptist.org

Sacred Heart Catholic Church

Hawi, Hawai'i • The Welcoming Church

Masses: Saturday 5 p.m.

Sunday 7 a.m. • 9:30 a.m.

Weekday Mass:

Monday - Thursday at 7 a.m.

Eucharistic Service: Friday at 7 a.m.

Father Ray Elam, O.S.A.

Deacon Thomas Adams

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Hana Kuwabara
Anderson, EA, MBA

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October 2011 KHS Sports Calendar

FOOTBALL

1	Sat	6:00 pm at Ka`u
7	Fri	7:00 pm at Kamehameha, bus at 3:00 pm
15	Sat	2:00 pm vs. Honoka`a
22	Sat	2:00 pm at HPA, bus at 11:45 am
29	Sat	7:00 pm at Konawaena, bus at 4:00 pm

GIRLS VOLLEYBALL

1	Sat	10:00 am (no JV) vs. St. Joseph
7	Fri	6:00 pm vs. Kealakehe
8	Sat	10:00 am (no JV) at KANU, bus at 7:30 am
8	Sat	11:30 am (JV only) at HPA, bus at 3:30 pm
11	Tue	6:00 pm (no JV) vs. CLA
12	Wed	6:00 pm at Parker, bus at 4:00 pm

BIIF Tournament – Oct. 18, 19, 21, 22, Time: TBD

HHSAA Tournament at O`ahu – Oct. 26-29

CROSS COUNTRY

8	Sat	2:30 pm at Kamehameha
22	Sat	2:00 pm at Kamehameha BIIF

HHSAA Tournament at Maui, Oct. 28, 9:00 am

Kohala Parent Support Group for Special Needs Children

The next meeting of the Kohala Parent Support Group for Special Needs Children will be Monday, October 10, from 5:30 to 7:30 pm at The Compassion Pregnancy Center, located on `Iole Road next to Kalahikiola Congregational Church. Two not-for-profit agencies, The North Hawai`i Community Children's Council and Hawai`i Families As Allies, have hosted these meetings. Their goal is to provide an informal venue for parents of

special needs children to come together to support one another in empowering their children in school and everyday living.

The support group welcomes parents and legal guardians with special needs children or behavioral issues to come and see how this support group can benefit them and their child's life. For more information, call Debbie Ellazar at 889-1334.

Coakley to Serve as LDS Missionary in Japan

RamZen Kekaiola Coakley has been called to serve as a missionary of the Church of Jesus Christ of Latter-day Saints (LDS) and is assigned to labor in the Japan Tokyo Mission for two years.

Kekai, as he is known in Kohala, has been recommended as one worthy to be an official representative of the LDS Church. While he is on his mission, he will be referred to as "Elder Coakley." An elder holds the Melchizedek Priesthood and is ordained to preach the gospel and minister to his fellow men.

Kekai will spend 12 weeks of intense training to prepare to teach the gospel in the Japanese language. Over 50,000 LDS missionaries serve in countries around the world. All are unpaid volunteers serving at their own expense.



—photo by Lani Eugenio
Elder Coakley

When asked why he chose to go on his mission, Coakley replied, "At first, I was going because being a missionary was the right thing to do. But when I read the scriptures and started to prepare for my mission, I began to understand my role as a messenger of truth and through prayer. I know that this message will improve people's lives."

Elder Coakley reports to the Provo Missionary Training Center on October 5, 2011.

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Firestone to Show 'Guardian' Series at NYC Gallery

North Kohala artist Connie Firestone has been invited to show her "Guardian" paintings in a memorial show in New York City honoring those who lost their lives in the attack on the World Trade Center Towers on September 11, 2001. The show, sponsored by the Elisa Contemporary Art gallery, is entitled "The Human Spirit" and runs from September 9 to November 5. Firestone's work can also be seen at the Living Arts Gallery in Hawai.

Firestone's "Guardians" are part of a large series of paintings which depict the veil between the worlds, with the shadowy presence of human figures in a luminous background. Firestone achieves this effect by applying up to 50 layers of transparent and metallic glazes to her canvas. She numbers each painting but does not give each a title, preferring to let the person who interacts with the painting give it a name.

When interviewed about her response to 9/11, Firestone said, "We got a call from our daughter at 5 a.m. saying simply, 'turn on the television.' There is something so ominous about that. I sat for hours, wrapped in a blanket, although it was quite warm, watching with our entire nation in brokenhearted shock; then I went to my studio and painted until the light was gone. As soon as I had enough light the next morning, I was back working on three large canvases at once, crying and painting for 10 solid hours. I think I was trying to create guardians for the world."

When viewed from in front of one of the "Guardian" paintings, the light reflects off the canvas, the figures appear, the veil between the worlds thins, and viewers get a glimpse of the benevolent



Artwork courtesy of Connie Firestone

One of the paintings from Connie Firestone's "Guardian" series, which will be part of a memorial art show in New York City in remembrance of the September 11 attacks.

guardian spirits who are there.

The Living Arts Gallery exclusively represents Connie Firestone in Hawaii and is open daily from 10:30 a.m. to 5:30 p.m., at 55-3435 Akoni Pule Highway in downtown Hawai. For more information, visit www.livingartsgallery.net or call 889-0739.

KHS Seniors' Car Wash a Huge Success

Story by Andrew Trump

The KHS class of 2012 had a car wash September 4 to raise funds for their Senior Bonding outing. The seniors were in a financial bind, putting the class in debt. Class officers booked a last-minute car wash in an attempt to cover costs.

Selling baked goods and washing cars, the class was able to raise \$1,313, more than surpassing their goal of \$1,000. The students are all very excited to bond with their class overnight from September 19 to 20. There are 62 seniors and

five advisers attending the bonding at Kilauea Military Camp. Two of the many highly anticipated activities are bowling and an arcade room.

Senior class president Jenna Nickl said, "I was anxious. I didn't know how well the car wash was going to go, and we needed quite a bit of money. I'm really thankful to the community for being so generous, as well as my fellow classmates and their parents for their hard work." The entire class of 2012 thanks the community for their kokua.



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Volunteer Cat Feeders Wanted

Want to do your good deed for the week and make a difference in many lives at once? Consider becoming a volunteer with the program to feed feral and stray cats in Kohala. The Kohala version of Advocats has recently lost several volunteer feeders and is in need of assistance.

The program is not just about feeding cats but also includes several "cat round-ups" per year in which significant numbers of cats are trapped, spayed or neutered and released back into the areas from which they were taken. This approach has demonstrated considerable success in reducing the numbers of feral and stray cats in many communities on the Mainland—a worthy goal for an area like Kohala where too many homeless cats continue to reproduce.

Janet Mello, one of the Kohala feeders, points out that the main reason the

stray cat population is proliferating here is that people continue to drop off unwanted animals at local parks. Dumping a cat dooms it to a hard life, she says. People think that such dumping is OK because volunteers feed the cats. "But cats are territorial, and newcomers often are not accepted into the colony." That means these animals are driven away, not allowed to feed—and the numbers keep rising while the animals suffer. Furthermore, such dumping is illegal. A much better alternative is for people to spay/neuter their animals so that unwanted strays are not produced in the first place.

To participate in the cat control program, call Janet at 889-0849 or Norman at 884-5596 and leave a message. Not only will you help vulnerable creatures, but you will also help to solve a problem that plagues the Kohala community.

Pig Hunting Tournament to Benefit Keiki of Pake Ching

The first annual Pake Ching Memorial Hunting Tournament is set for October 8, and pig hunters island-wide are invited to participate.

The event will commemorate the life of Pake Ching, who was an avid outdoorsman and skilled hunter. Ching died on November 21, 2010, as the result of a coastal cliff accident. His wife, Francine Marquez Ching, died from cancer eight months prior to Pake's passing. Pake and Francine are survived by their three sons, Micah, Railen and Clyson. The Ching 'ohana has organized the event as a fundraiser to provide an educational fund for the three boys.

The entry fee is \$25 per person. Contest categories include Heaviest Boar, Heaviest Laho'ole, Heaviest Sow, and Longest Tusk. The weigh-in will be October 8, 10 a.m. to 5 p.m. at 53-3881 Pueke Place in 'Ainakea, with food and prizes for all participants and their families.

For entry forms, inquiries and payments, contact Johnelle Ching at 895-2545; email jkching64@yahoo.com or jaitzig@msn.com; or mail to P.O. Box 208, Hawi, HI 96719.

Organizers are also requesting donations in the form of gift certificates, items, merchandise, hotel accommodations, complimentary services, veterinary subsidies and monetary contributions. All



Pake Ching

donors will be provided with a receipt to acknowledge their donations.

For more information about donating, contact Lyanne Ching at 896-8478 or 884-5157; email lmching87@hawaii.ntl.net; or mail to P.O. Box 373, Hawi, HI 96719.

KOHALA CALENDAR

October

- 1 Sat 9:00 am – 4:30 pm, Kohala Country Fair, demonstrations, games, crafts, food, makai of 'Iole Rd., David, 333-8712.
- 4 Tue 4:00 – 5:30 pm, Hope for Haiti Mtg., St. Augustine's Walker Hall, new members welcome, Lani, 889-5852.
- 5 Wed 4:30 – 6:30 pm, No. Kohala Public Access Group Mtg., Senior Center, Ted, 889-5801.
- 6 Thu 6:00 – 9:00 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365.
- 7 Fri 10:00 am, Preschool Story Time series, ages 2-5, North Kohala library, 889-6655.
- 8 Sat 10:00 am – 3:00 pm, Community Harvest Day, drop off produce 8-10 am, KIC, Andrea, 960-3727.
- 8 Sat 10:00 am – 5:00 pm, Pake Ching Memorial Hunting Tournament/Benefit, 53-3881 Pueke Place, Ainakea, \$25 entry fee, Johnelle, 895-2545.
- 8 Sat 7:00 – 10:00 pm, Kauhola Point preservation dance party/fundraiser, Kava Kafe, \$5 donation, Elizabeth, 443-8303, or Stephanie, 884-5757.
- 9 Sun 4:00 – 5:00 pm, 6000 n 60 Team Community Mahalo celebration, light pupus provided, public invited, KIC, Lani, 889-5852.
- 10 Mon 4:30 – 6:30 pm, CDP Action Cmte. Public Mtg., Senior Center.
- 10 Mon 5:30 – 7:30 pm, Parent Support Group for Special Needs Children mtg, The Compassion Pregnancy Center, 'Iole Rd., Debbie, 889-1334.
- 10 Mon 6:00 – 7:00 pm, Kohala Haw'n Civic Club Public Mtg., Hawi Community Center, Rochelle, 896-3033.
- 11 Tue 11:00 am, Adult book discussion group, "The Absolutely True Diary of a Part-Time Indian," North Kohala library, Janet, 889-6655.
- 12 Wed 8:00 am, No. Kohala Merchants Association Mtg., Resource Center, public invited, Bobby, 889-0505.
- 12 Wed 10:00 – 11:00 am, Homeschool Wednesdays, learn about the library & research techniques, free, North Kohala library, Janet, 889-6655.
- 12 Wed 6:30 pm, KHS SCC mtg., rm. D-24, parents & community welcome, 889-7117.
- 13 Thu 5:00 pm, Friends of the Library meeting, North Kohala library, 889-6655.
- 13 Thu 6:30 pm, Planet Pioneers, KIC, Linda, 756-9005.
- 14 Fri 10:00 am, Preschool Story Time series, ages 2-5, North Kohala library, 889-6655.
- 15 Sat 9:00 am – 1:00 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am – 1 pm, 889-5177.
- 15 Sat 4:30 – 6:30 pm, Free Grindz - Hot Meal, under the Hawi Banyans, bring a friend, Kohala Baptist Church, Sondra, 889-5416.
- 20 Thu 1:30 – 2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730.
- 20 Thu 3:30 pm, Kohala Elem. SCC mtg., school office, public invited, 889-7100.
- 21 Fri 10:00 am, Preschool Story Time series, ages 2-5, North Kohala library, 889-6655.
- 22 Sat 11:00 am – 12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am – 12:30 pm.
- 22 Sat North Hawaii Hospice volunteer training class (2-day class), Waimea, to register call volunteer coordinator, 930-6625 by Oct. 14.
- 26 Wed 10:00 – 11:00 am, Homeschool Wednesdays, learn about the library & research techniques, free, North Kohala library, Janet, 889-6655.
- 28 Fri 10:00 am, Preschool Story Time series, ages 2-5, North Kohala library, 889-6655.
- 31 Mon 4:00 pm, Halloween Special - Spooky Music Concert by the Keiki of Kohala, North Kohala library, 889-6655.

Email calendar listings to kmncalendar@hotmail.com or call 884-5986.

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The Barefoot Days at John John Pond – Part Two

Story by Tito Pasco

Editor's Note: Part one of this story was published in the August issue of KMN.

On one summer outing at John John Pond we decided to make a canoe out of a rusty old roof iron and scrap wood that we brought from home. The roof iron had pukas, and the sides of the board where the nail to the roof iron had been had seams that needed to be patched and sealed. We needed black tar that we got above the pond up on the hill where the water tank stood. This was the fresh cold water we drank to satisfy our thirst from a long day at the pond. The black tar that sealed the tank from leaking water was very hard around the tank early in the morning. We had to wait till noon after the sun softens the tar and it would be easier to remove. It was good sealing material for the canoe after we patched the pukas and sealed the sides. The fun we had riding the canoe as we paddled it around the pond taking turns! We had to hide the canoe after we were done so nobody would use it. But one day somebody found our canoe and sank it in the pond.

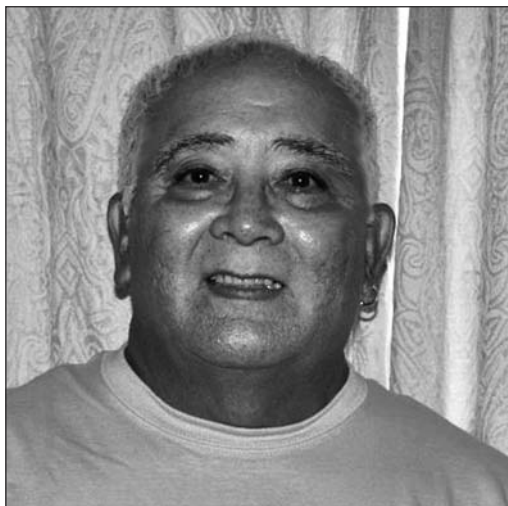
The pond had tides too. During the drought season the water would recede, and the bottom would be more exposed and not good for swimming. We would pick up the rocks on the floor bed and challenge each other who could skip them across the water to make the most bounces. This is when we discovered our canoe at the bottom of the pond.

When the pond was completely dry we would help the camp Filipinos collect snails (legdag) that were dug out of the mud. The snail had to be flushed out by keeping it a week in water to get the mud out of the snail by changing the water daily. It made a wonderful-tasting soup dish. But when the rainy season began, the pond was full and filled to the top of the edges, which was the best time for swimming.

Our dog Jimmy was a protector and a great friend to all the camp kids—he always followed us on our outings. He barked when we were far out swimming in the deep part of the pond and wanted us to come closer to the bank on the shallow side. One day we brought our duck and her ducklings to swim in the pond, and it was a great time for them as they are naturally adaptable to swim on their own. But we had to be cautious they didn't run off on the bushy banks where the hungry mongoose readily waited for a meal.

John John Pond had lots of small fish

called midaca that were caught with a scoop net. Catching green frogs was another pastime: we shot them with a pellet gun one of our friends had, and we all took turns shooting the frogs close to the bridge. We used other techniques



Tito Pasco

to catch frogs using a three-prong hook and attached a piece of red cloth to the hook to the bamboo pole line as bait and dipped it in the water and up, resembling a flying insect. And the frog would jump for the bait and get caught in the hook. It was much easier to catch frogs that way than at night using flash lights and club sticks to hit the frog on the head. The advantage for night frog hunting was that more frogs and especially the bigger ones would be out hunting for food at night. The frogs would be on the black lagoon side, and that made it scarier as we got close to the edge of the pond. The light would blind them before they got hit on the head and knocked out. I don't remember eating the frogs, but we sold them to the Filipinos in the camp, who

considered them a delicacy.

Our biggest expedition was to build a raft to take us around the pond. We would cross the cane field on the other end of the pond where the hau trees grew. After we cut the logs and hand-carried them back, making several trips to the pond, we assembled the logs by tying them together with old rope. It was then time to float the raft, and it was a very disappointing moment for us after all the hard work we did. Our ride around the pond disappeared in front of our eyes as the raft sank. The problem was the heavy logs had to be fully dried first for flotation to take place. The long day was rough, but the learning experience we gained on raft construction was a lesson growing up.

John John Pond was a great place for exciting activities for the Hawi camp kids with all the carefree fun days in the backyard playgrounds. The Hawi camp barefeet kids grew up eventually and moved away to all walks of life. But the memories bring a smile, as the thoughts of yesterday about the old stories of the past. Today John John Pond is dry as the sugar industry phased out its operations. This area is only a vague outline of history through the eyes of the Hawi kupunas today, as they see themselves as the Hawi camp kids. Only the roaming cattle and horses are here today grazing the land where they enjoy feeding and stomping on the backyard playground as time has changed the past of the good old sugar plantation days.

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