

Kohala Mountain News

Vol.11, No. 6

June 23, 2012

Welcome Sign Gets Kamehameha Addition



Kohala's welcome sign recently got an important addition. Among those at the dedication were, left to right: Karen Rosen of North Kohala Merchants Association, Jon Adams and Bobby Glory of Kohala Lions Club, Harry Cabrera, Kahu Kealoha Sugiyama, Pat Ching and Chona Ho'opai.

Story and photo by Megan Solís

On June 7, a small group gathered to dedicate a new addition to the "Welcome To Historic Kohala" sign at the corner of Ho'ea Road and Akoni Pule Highway in Hawi. "Home of King Kamehameha I" was affixed to the rock wall, announcing to visitors that Kohala is much more than just a quaint plantation town.

The project was the inspiration of Pat Ching, who first thought about the idea while working on the parade committee for the 2011 Kamehameha Day festivities.

Pat explained, "We need to have something like this [sign] so when people come here they know this is

Kamehameha's home."

The project metamorphosed through various plans as Pat sought the financial support needed for the project. The North Kohala Merchants Association stepped up to purchase the Lucite sign, which was installed by Bobby Glory and Jon Adams of the Kohala Lions Club just in time for this year's Kamehameha Day celebration. The design blends in with the existing sign and looks as if it was meant to be there from the beginning.

At the dedication, Harry Cabrera led the group in prayer, and a blessing was given by Kahu Kealoha Sugiyama.

Pat said the sign represents "the love we all share for Kohala and King Kamehameha."

Let the County Hear Kohala's Voice CDP Action Committee Needs You

By Megan Solís

Worried about development? Lamenting the loss of public access to areas both mauka and makai? Concerned about Kohala maintaining its rural atmosphere? Wonder if your kids and grandkids will ever be able to own a home in Kohala? These issues are addressed in the North Kohala Community Development Plan. The NKCDP Action Committee was created to foster public-private partnerships to implement the CDP and to help our county government put into action the many policies and strategies listed in the CDP.

You can be part of this. Consider becoming a member of the Action Committee or joining one of its subcommittees. The committee is in need of people

to step up and volunteer: three openings on the committee are coming up soon as current members' terms expire.

Each month, Kohala Mountain News publishes an article detailing the committee's public meeting. Perhaps you read it from beginning to end, or maybe that's the long article you skip each month. The activity at this meeting may not make for scintillating reading, but the work being done by the committee and its subcommittees is the closest we have to local government.

Currently, "local" government means people and offices in Hilo or Kona. The NKCDP was developed to enable the people of North Kohala to have a voice in the decisions made by the county that

See CDP, page 3

Plans Halted to Increase Use of Upolu Airport

The U.S. Marine Corps has put to rest any plans to utilize Upolu Airport as a regular tactical training area. The final Environmental Impact Statement, issued June 5, specified in its changes to proposed action that "Upolu Airport is no longer being considered for Confined Area Landings (CALs)."

In late November, local residents were made aware of a draft EIS on a proposal by the Marine Corps to base up to three new helicopter squadrons at Marine Corps Base Kaneohe on O'ahu, a plan that included a 23 percent increase in controlled area landings at Upolu Airport, about 250 more landings annually by 2018. The proposal also included training exercises at Pohakuloa Training Area on Hawai'i island.

A public meeting was held in Waimea on November 30, but there was little public notice, and no public meeting was held in North Kohala.

Concerned residents and local community groups including Kohala

Lihikai, the stewardship arm of the North Kohala Community Access Group, wrote letters expressing concerns about the proposal, specifically about the age of the data used to identify, evaluate and mitigate impacts. In



The expression of public concerns about the use of Upolu Airport for military purposes has made a difference in activities planned for Upolu.

addition to environmental concerns, the group noted that the draft EIS had not included consideration of the historical and cultural importance of the Kamehameha Birthsite and Mo'okini Heiau, both located near the airport.

See Marines, page 2

Kohala Honors the King



—photo by Megan Solís

The statue of King Kamehameha I is draped in lei at Kohala's 2012 Kamehameha Day celebration. For more photos of the lei draping ceremony, parade and ho'olaulea, see pages 10-11.

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Junior State Program Welcomes New Members

The Kohala Chapter of Junior State of America (JSA) is proud to announce its affiliation with the North Kohala Community Resource Center as a sponsored project. JSA is a national nonprofit, nonpartisan, student-run political awareness club. Membership is open to all interested middle and high school aged students in North and South Kohala—whether in public, private or home-school. You don't need to be a great debater or public speaker

to join, you just need to be interested in the world around you and the issues that affect our lives.

Kohala JSA meets weekly in Kapa`au. They are developing leadership and public speaking skills, and learning how to organize and add their thoughts to community discussions. They also get together for Thought Talks, Mock Trials, monthly movie and pizza nights, and much more.

The Kohala Chapter of JSA is recog-

nizing our citizens' right to participate in government by holding a Voter Registration Drive on July 2 and 3. The group enthusiastically welcomes new mem-

bers to join in the fun! For more information, please contact advisors Kristin Wohlschlagel at 889-1110 or Maureen Combes at 494-4237.

Kohala JSA members pictured from left to right: Alexander Cozad, Ben Von Keudell, Merrin Dickson, Sage Nicholson, Brandon Andrews, Max Von Keudell, Ryan Combes, Kyle Combes, Elana Andrews. The group welcomes new members.



—photo by Kristin Wohlschlagel

Self-Help Housing Project Tour Offered

In an effort to generate additional support and enthusiasm for a Home Buyer Education Course for North Kohala residents who would like to become homeowners, the North Kohala affordable housing subcommittee will be holding a tour of the self-help housing project currently under construction by future owners just east of Hawi.

The tour is being made possible by John Lorenzo, who is the construction

manager for the self-help project, and will take place at 3 p.m. on Sunday, July 1. The tour will begin from the end of the cul-de-sac closest to Hawi and the Akoni Pule Highway.

If you would like to see what your neighbors are able to accomplish through their own efforts and learn more about the self-help housing program, please join us for the tour. For more information, contact Jack Hoyt at 889-0349.

Marines, continued from page 1

Based on the report's review of public comments, the voices from Kohala were clearly heard, specifically the insufficient notice and a lack of public meetings in North Kohala and Moloka'i, as well as questions about existing aviation operations at Upolu Airport and impacts on air quality, marine life, the rural environment, agriculture, property values and residents' quality of life.

However, this change does not mean there will be no further military use of the airport. The document notes that "Upolu Airport would be available for routine flight operations, similar to other State airports [...] and particularly as a diversion airfield in case of emergencies or due to weather conditions at [Pohakuloa Training Area.] This type of use would be infrequent. As with other State airports, Upolu may be considered for specific training exercises of set duration, which would require approval by the State Department of Transportation (DOT), Airport Division."

Because DOT receives federal funding for airport improvements, it is already required to make airport facilities developed with federal monies available for government use.

The final EIS includes plans to station the squadrons at Kaneohe with training areas at Pohakuloa Training Area, Marine Corps Training Area Belows on O'ahu, and Moloka'i Training Support Facility near Moloka'i Airport.

The voluminous final EIS is available at www.mcbh.usmc.mil/mv22h1eis/index.html (select "Documents" on the top menu) and at North Kohala Public Library in Kapa`au.

Written comments on the final EIS must be postmarked or received online by July 11, 2012, to ensure that they become part of the official record. Comments can be submitted via the website listed above or by mail to: Naval Facilities Engineering Command, Pacific, 258 Makalapa Drive, Suite 100, Pearl Harbor, HI 96860-3134, Attn: EV21, MV-22/H-1 EIS Project Manager.

Hawaiian Weaving, Other Crafting Classes Offered at 4joi

4joi, a new fiber arts shop in Hawi, will host a variety of craft classes beginning in July.

Mele Waikiki, a cultural artist from Waimea, is offering classes on coconut frond weaving on Mondays, 10 a.m. to noon and from 1:30 to 3 p.m. Lauhala and/or fabric weaving meets on Wednesdays, same hours. Payment for the classes is by donation. Drop-ins welcome.

In the true Hawaiian tradition of aloha, Mele is continuing a 200-year family tradition of her late husband Sam Kama, a recognized master weaver. Among the projects on her table in 4joi's "creative sanctuary" are traditional `ohana bowls. Each family member puts something that represents him or her in the bowl. The four legs on the bottom represent the four directions, so that all members of the family are included no matter where they are.

Mele, herself a gifted weaver/artist, believes that by making various items out of lauhala or coconut fronds people not only save money by not buying stuff made somewhere else, they also enjoy the experience, usefulness and meaning of the items they create.

Prefer working with needle and thread? Multi-talented instructor Karen Miller will teach knitting, crocheting, sewing, and quilting each Tuesday, Thursday, and Saturday.

Avid friendship bracelet duo, Sage Nicholson and Mariah Letzring will teach friendship bracelet patterns from 2 to 4 p.m. each Thursday. Drop ins welcome.

Macrame is back! Merlin Hindley, artist at Living Arts Gallery, will teach macrame from 2 to 4 p.m. each Friday.

Creative hat painting enthusiast Shandelle Levine will teach hat painting/logo/graphic classes from 11 a.m. to 1 p.m. each Friday. Drop-ins welcome.

"Keep Memories" scrapbook creator Tana Clarkson offers classes from 1 to 3 p.m. each Saturday. Drop-ins welcome.

Cross stitch with the best. Dianna Sherwood teaches cross-stitching from 3 to 4 p.m. each Sunday. Drop-ins welcome.

Fees and details for the classes had yet to be determined as of KMN press time, so contact Valerie at 4joi for more information at 889-0888.



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ALOHA, KOHALA



After 14 years in beautiful Kohala, I have decided to leave my Hawai'i Nei. As I get older I want to be where there is abundant, specialized medical care within a thirty-minute drive. I have chosen to reside in one of my favorite little towns, Boulder City, Nevada, population 19,950 and 30 miles southeast of Las Vegas. I'll be close to my son and his family including two grandsons ages 15 and 12. Mahalo to all the folks I've had the pleasure to deal with (you know who you are) and I wish Aloha Pumehana to every one of you.

Keo Berry

CDP, continued from page 1

affect our district and community and to be proactive about what we want and do not want here. The Action Committee is the tool to have our voices collectively heard.

Among the principal areas addressed in the NKCDP are:

1. Growth Management: do we have any say in how the area develops or will we simply let it happen?
 2. Sustainable Agriculture: Participate in the identification of important agricultural lands, develop an agriculture education program, and work toward local food sustainability.
 3. Identify and protect areas of significant beauty (view planes).
 4. Public Access: can we reclaim access to coastal and mountain areas many kama'aina once enjoyed?
 5. Affordable Housing: improve access to affordable homes in Kohala.
 6. Infrastructure: improve solid waste removal, our parks, our communication systems, emergency preparedness, reliable water and power, emergency bypass roads, healthcare, fire and police.
- Afraid you're not qualified to be on the Action Committee? Minimum qualifications are principal residency within North Kohala district; willing and able to commit to a term of up to four years; attend monthly committee meetings and invest six to eight hours each month in-between meetings; attend

training workshops/retreats and help organize/attend public meetings and workshops; and agree to follow meeting ground rules and operating principles. Open-mindedness, a "can do" attitude, a willingness to collaborate and work with people who may have different points of view, and good listening and problem-solving skills are among other desirable qualifications.

The application process includes an initial verification of minimum qualifications by the Planning Department's CDP project manager, a background check, application review by the selection committee, and an interview. The selection committee prepares a recommended list of applicants for the planning director for transmittal to the mayor. The mayor's office submits nominees to the County Council for confirmation.

For more information about the selection criteria, the application process, and a copy of the application, go the Planning Department's CDP website at www.hawaiicountycdp.info/north-kohala-cdp. Don't have internet access? Call Rosalind Newlon, project manager for the NKCDP, at 323-4770.

To learn about the North Kohala CDP, download a copy of the final plan from the website above and read about the vision, goals, and values set forth by the citizens of North Kohala. Perhaps you will discover an issue you would like to work on. A copy of the final plan

as well as Action Committee application forms are also available at the North Kohala Public Library.

If you're not ready to make a commitment to being on the Action Committee, but you see some subject that is

important to you, consider joining one of its subcommittees. Let's not lose our best opportunity to be proactive with government agencies and work for what we want in Kohala rather than react to what we don't want.

The NKCDP Action Committee usually meets on the second Monday of each month, but due to the Kamehameha Day holiday, the meeting was postponed to 5 p.m., June 25, at the Senior Center in Kapa'au. There will be no meeting in July.

Wanted! Old Photos of Kamehameha Park Grandstand



Check your photo albums and boxes for copies of old photos of the Kamehameha Park Grandstand from the days when the dugouts were beneath the seating and home plate was only a few feet away. A local group wants to save the historic structure. Please call Ted Matsuda at 889-5801.

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Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



July

Ad deadline: 7/13/12
News deadline: 7/16/12

August

Ad Deadline: 8/10/12
News Deadline: 8/13/12

Kohala Mountain News

www.kohalamountainnews.com

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Letters—

Kudos to Kohala Hospital ER for Professional, Prompt Care

A little over a month ago I had a very strong reaction to a vitamin supplement and my entire body broke out in hives. Not ever having had an allergic reaction before, it was quite scary... I was literally "crawling out of my skin." After only about five minutes of this episode I said to my dear wife Lise, "I gotta go to the ER now!"

We were greeted by nurses Brian Alejandro and Ben Cubangbang, and they immediately made me feel like everything was going to be OK. Dr. Green administered the proper medicine to bring the reaction under control promptly. I was all better within the hour and actually back to work a few hours later. Quite a scare, but the Kohala Hospital Emergency Room staff responded just so professionally.

Once again the blessing of having our Kohala Hospital has proved invaluable to our family. Thank you!

Chris Helmuth

Kohala Hospital Charitable Foundation's ER Project Moves Forward

Construction plans for Kohala Hospital's new emergency room have been completed and are now in the permitting stage. We are currently working on some budgets for the different phases which the North Kohala Community Resource Center can use to secure funding from grants for us!

I am sure all of you are aware that our Spring Fundraiser was a great success and also lots of fun! We now have \$300,000 in the account, which is enough to get well into the building phase when the permitting is completed. As you know or would immediately realize if you



visit the hospital, state funding is also making big improvements to the infrastructure there; i.e. ongoing bathroom upgrades, removing and replacing the old asbestos flooring and walls, and a major change to the employee parking lot which will also initialize the new ambulance entrance necessary for the completed Foundation ER project.

We thank the community for its patience and continued support as we now move toward the actual construction phase of KHCF's Rural Emergency Care Project (RECAP).

Tommy Tinker, President
Kohala Hospital Charitable Foundation

Oddly Entertaining Alternatives for Landmark Buildings

Editor's Note: Local resident Howard Olsen offered up this tongue-in-cheek proposal for how to repurpose some of Kohala's empty buildings.

Recently some friends and I were chatting about how great it would be if we had an establishment in downtown Kapa`au that served our favorite beverages on tap. In that light, we discussed the future and best use of those wonderful historic buildings which formerly held the public library and the recently vacated bank.

The old library may have parking issues, but on the upside, the new name would require little more than removing a few letters to undergo a transformation from Bond Memorial Public Library to Bond Memorial Pub. If you squint your eyes, it even looks a bit like an old English pub.

Across the street, the Bank of Hawaii would require replacing only two letters N and K with an R to become the Bar of Hawaii.

I know these may seem like far-fetched ideas that currently enjoy no mainstream community support. We dreamers think it is worthwhile to present interesting alternatives to whatever useful purpose is found for these hand-some old landmarks.

Next time we hope to discuss the pros and cons of making the mountain road into a scenic highway, and I definitely oppose any plan to move the statue to Hawi in 2012.

Howard Olsen

In Response to Viewpoint on Questionable Behavior in Kohala

This commentary ["Concerns about Behavior on Land in North Kohala," KMN, April 28, page 5 and follow-up May 26, page 5] was a little confusing for me, and seemed like it was lacking current information. Being a resident of Halawa who regularly jogs to Hapu`u and surfs Kapanai bay, I want to put to rest any concerns. I have not encountered any campers or nudity at these sites. The only campers I saw at Hapu`u one time, many months ago, were asked by the owners of the land to please leave. We do not have a problem in our neighborhood.

I think there may be people occasionally camping throughout Kohala, who are lacking clear goals and direction, but this can be true of all youth local and non-local. And as for the issue of trash being left out, I do not think it is an issue of local or not local. You might have locals and non-locals who dump trash in the gulch. In the same manner there are locals and non-locals who are working very hard every week to care for the Kohala lands, planting traditional Polynesian crops and engaging in cultural practices. For me the issue isn't about who is in Kohala, but what are they doing?

Are they planting native plants and food crops? Are they buying local foods and supporting our local economy, creating more jobs for our young people? Are they doing drugs and stealing? Are they squatting land and dumping trash? As my uncle Kai always says, let your actions speak louder than your words.

Reading the commentary made me think of what Hapu`u and Kapanai bay must have looked like pre-missionary contact. Hawaiian families swimming, some with pareo, some without, enjoy-

ing Hawaii's beautiful oceans and sun. Kohala is changing, and new people are always arriving like the many waves of immigrants that have come. And immigrants always have different cultural views and ways. Perhaps some ways are more akin to old Hawaii. But my prayer is that we are able to embrace all who work to serve our land and keiki, with Aloha, and those that are lacking direction find their way.

Dash Kuhr
Halawa

Youths Earn Zipline Rides Through Food Drives

Every year Big Island Eco Adventures II in Hawi works with youth groups who hold food drives, and in return BIEA II gives them an awesome zipline adventure. BIEA II would like everyone to know how hard these students work each year for a great cause.

Youth groups are always looking for fun adventures. Because the cost of zipline tours can make them out of reach for some youths, BIEA II decided

to help youths earn a zipline ride by holding a food drive. In addition to collecting the food, young people write a paragraph to one-page essay about the impact this effort to help people and families has on them.

So far in 2012, BIEA II has worked with two groups: Innovations Youth Group, with 44 kids, gathered 889 pounds of food, and St. James Episcopal Church teens had eight youths who col-

See Zipline, page 5

Viewpoint

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

Resource Center Touches Lives Across Kohala

By Susan Lehner and Malia Welch
Say, have you ever read the Kohala Mountain News?

Sure you have—you're reading it right now. Ever watched the Kamehameha Day Parade? Bought some vegetables at the Hawi Farmer's Market? Shot a few balls at the Kamehameha Park Golf Course? Had a kid play a sport through the Kohala Community Athletic Association? Recycled your trash through Waste Stream Recycling? Have a senior member of your 'ohana who belongs to the Kohala Senior Citizen's Club? Does one of your kids

skate at the Roots SK8 Park? Have you bought a pumpkin at the Kohala Mountain Pumpkin Patch? Cheered for the Kohala Ditch Restoration? Been to the Kohala Country Fair? Been glad that Project Grad kept graduating seniors safe on their special night?

Well, if you've done any of the things listed above, you've been a beneficiary of the North Kohala Community Resource Center. Each and every one of these projects—and many more too numerous to list—is sponsored by the NKCRC. That means that their staff puts in countless hours helping these projects succeed

in our community. They help get grant money, work closely with the project coordinators, and spend long hours helping our community thrive. All of these projects make the Kohala community a better place to live. And all of these projects owe their success to the project leaders, the many volunteers working within each project, and the North Kohala Community Resource Center for their hard work and expertise.

The Resource Center is a vital part of this community. Try to think of one person in Kohala who has not benefited from at least one of the projects spon-

sored by this organization. The staff and many volunteers at the Resource Center love Kohala and believe the best way to make it stronger is to build a strong community. Many of these projects would not exist without the Resource Center. Support it—and you support our community.

Susan Lehner and Malia Welch are project coordinators for Kenji's House, a joint project of the North Kohala Community Learning Center and Kohala Artists Cooperative—yet another project sponsored by the North Kohala Community Resource Center.

Viewpoint —

By U. S. Congressman Ed Case (2002-2007)

Voters in Kohala and throughout Hawai'i will soon choose a new United States Senator for the first time in a generation.

The past generation of Sen. Akaka's dedicated stewardship saw great change in North Hawai'i, some welcome and some not. The ongoing challenge and choice for this unique and special part of Hawai'i is to assure a sustainable economic and social base for residents while preserving its treasured environment and lifestyle.

Far from Hilo, farther from Honolulu and light years from Washington, D. C., some in Kohala may think that Hawai'i's next senator matters little. Nothing could be further from reality.

For starters, Kohala has just as much of a vested interest in the strong effective national leadership we must expect and demand of our senators as anywhere else in our state and country.

When our own next senator contributes to that desperately needed national leadership—to fix D.C., grow our economy, balance our budget, preserve Social Security and Medicare, and overcome a host of other challenges—we help the entire community.

Beyond that, our next senator must assure federal support for Kohala's specific challenges and opportunities. Here are just a few:

Small business: It is the economic engine of North Hawai'i, from agriculture to tourism and beyond. Our next senator must target not only general obstacles to small business and specific hurdles to Kohala-specific industries, but also full availability of existing and future federal programs such as to small and diversified agriculture.

Health care: Kohala residents are only too aware of the challenges of assuring broad and critical access health care in a rural community. Our next senator must fight for the federal funds and assistance available to support Kohala

Hawaii's Next U.S. Senator Matters to Kohala

Hospital and Family Health Center.

Education: Washington, D.C., has a hard enough time understanding Hawai'i's special needs when it comes to federal education programs, but that's compounded with rural communities like Kohala. Our next senator must assure Kohala education the flexibility needed to apply federal funds to often unique community needs.

Historical preservation: Kohala has a special history, and our next senator must follow recent successes like the protection of Kauhola Point and Lapakahi/Kaiholena with federal partnerships toward the preservation of other historical and cultural sites.

Finally, Kohala's next senator must know Kohala, not just in his head but in his heart, and must stay in touch, not just once in awhile or in election year, but all the time. This is important enough for the population centers of our state but especially crucial for our smaller and more removed communities, who often feel forgotten and misunderstood by their elected officials. And it's especially important when the job is 5,000 miles away and your senator just has to know, in the rush and complexity of Congress, what will and won't work for Kohala.

I was born and raised on the Big Island, attended Hilo's public schools, and graduated from HPA. I've spent time in Kohala from small kid days like camping at Keokea right up to Audrey's and my last visit when we walked the stores of Hawi and Kapa'au and talked story with folks outside Takata's.

As Kohala's U. S. Congressman from 2002 to 2007, I fought to solve our national challenges, target federal assistance to Hawai'i needs, address specific Kohala challenges like insufficient Medicare reimbursements, and help its veterans and other residents with your own needs. And I always returned to stay in touch personally with my own 172 Talk Story community meetings throughout my district, including Kohala.

Kohala's next senator truly matters. On Election Day, please ask who knows Kohala, whose record proves it, and who can get the job done for this great

community over the next generation.

Former U.S. Rep. Ed Case is a Democratic candidate in the upcoming U.S. senatorial election in Hawai'i.

Viewpoint —

Open Letter from the Board of Directors of Hamakua Health Center Inc.

By Jeani Navarro

The purpose of this letter is to inform the community about the current status of our health centers. Our communities of Hamakua and North Kohala share a common history. From the early days of sugar plantations, health care was provided for employees and residents in local clinics or "infirmaries" as they were called. Following the closings of the plantations, the delivery of health care came from individual doctors' offices. Over the past 15 to 20 years, due to soaring costs of delivering health care, many private practices have closed or become part of community health care centers, especially in rural areas.

For the past 18 years, primary health care has been delivered in Hamakua, and for six years in North Kohala, by Hamakua Health Center Inc., a Federally Qualified Community Health Center (FQHC). The health centers are experiencing mounting challenges in financial stability for multiple reasons including decreased patient volume, increased costs, increased regulatory requirements, and low reimbursement.

CEO Pat Linton states, "As a smaller, rural health center, HHC has provided

needed services to the community over the years without the benefit of economies of scale enjoyed by larger health centers. Our financial challenges, however, have become even more severe over the past few years as health care delivery has become more complex and more costly."

The HHC Board of Directors is dedicated to finding solutions that will maintain and sustain health care delivery in these districts. These solutions may include collaborations with other health care organizations, restructuring, finding greater operating efficiencies and possibly reduction in non-critical services and operations. The Board has been working with the Bureau of Primary Health Care of the federal government which provides technical support and assistance for FQHC organizations. The Board is working with administration, providers and the staff to find ways to keep the doors open. These are critical times for health care, locally and nationally. The Board is committed to keeping the community apprised. Community meetings are planned for later this summer.

Jeani Navarro is the Hamakua Health Center President of the Board.

Zipline, continued from page 4

lected 363 pounds of food. BIEA II takes the food and money to the food bank in Kona or Sacred Heart Church in Hawi.

The zipline adventure isn't just a bunch of fun; it also provides team building, helps kids overcome fears and gives them more self-confidence. Big Island Eco Adventures II supports youth 100 percent, and we want to do all that we can to help youth overcome their fears.

Big Island Eco Adventures II has

been providing this type of service since we first opened four years ago, and the program has been very successful. We believe in providing a safe and healthy environment where people of all ages can have fun and learn at the same time.

For more information about participating in a youth group food drive or about the zipline, please call me at 889-5111 or email haa@zippinghawaii.com.

Mahalo,
Ha'aeo Neves, BIEA II



—photo courtesy of Ed Case

O-Bon Festivities Set for Two Evenings in July

O-Bon is a time to remember and celebrate our ancestors, especially those who died this past year. Kohala Hongwanji Mission will host O-Bon festivities on Saturday, July 7, at the temple grounds at 55-4300 Akoni Pule Highway in Halaula. Open to the public.

To start the festivities, a graveyard service will be held at 5 p.m. The church service begins at 6 p.m. followed by the popular dance and concession at 7 p.m. The Reverend Yagi will officiate the services.

Dance practices will be held on the temple grounds on Tuesday and Thurs-



—photo by Erin Tamashiro

day July 3 and 5 at 7 p.m. The public is invited. For more information, call 775-7232.

Kohala Jodo Mission invites the public to its O-Bon Festival on Saturday, July 14, at 7:30 p.m. Enjoy delicious foods such as teriyaki, musubi, hot dogs, and cold drinks. The temple is located at the end of Kapa`au Road in Kapa`au.

Dance practice will be held on Thursday, July 12 from 7 to 9:30 p.m. at Kohala Jodo Mission. Bring a towel (tenugui). For more information, call Sam Gushiken at 896-7645.

From Arts to Math, Something for Everyone at Learning Center

The North Kohala Community Learning Center has new and continuing classes and groups for learners of all interests, skills and ages. All classes meet at Kenji's House in Kapa`au.

Fiber Circle: Knitters, quilters, stitchery artists! If you want to learn, or already love to stitch, we'd love to have you! Bring your projects and work alongside others, get inspired, and just plain have fun. Tuesdays, 10 a.m. to noon (ongoing). Free or by donation. Contact Malia at maliawelch@gmail.com.

Art of Collage: These classes will support each person stepping into their own creative flow. Collage holds endless possibilities for personal expression! Thursdays, July 12, 19, and 26, 9:30 to 11:30 a.m. \$55. Contact Rebecca at rebeccalux8@gmail.com.

Introduction to Hawaiian Language: Join Native Hawaiian speaker Bronson Bruno for this four-week introductory class to basic spoken Hawaiian. He will cover sentence structure, vocabulary, pronunciation, history, oli,

and mele. If there is interest, he will continue with classes throughout the year. Ages 15 through adult. Thursdays, July 5, 12, 19 and 26, 6 to 7:30 p.m. \$40. Contact Bronson Bruno at N848HA@gmail.com or 640-5215.

Getting Over the Times Table Blues: There are many types of learners among us, and traditional methods for multiplication table memorization don't work for all students. This class is guaranteed to improve your child's times table performance while they enjoy a stress-free and fun learning atmosphere. Far from memorizing rote facts, students will be acting out stories, playing games, and creating related art materials. All activities are designed to reinforce their own learning style and make learning the facts a delight. Ages 8 to 10 years. July 23-August 3, 9:30 to 11:30 a.m. \$125. Contact Christine Hustace, chustace@gmail.com.

Please visit www.kohalalearning.org for more information on the exciting new classes being offered at Kenji's House.

Credit Union Plans Membership Milestone Celebrations

Hawaii Community Federal Credit Union will hold a membership celebration at the Kohala Branch on Friday, June 29, from 3 to 5 p.m. to commemorate reaching the milestone of 40,000 members.

Along with refreshments and giveaways, the credit union will have a meet and greet with the organization's board of directors and senior executives.

Events were also held at the four other HCFCU branches in early June.

Hawaii Community Federal Credit Union is a not-for-profit credit union currently observing its 75th anniversary. It is wholly owned by its more than 40,000 member/owners and the financial institution has branches in Honoka`a, Kailua-

Kona, Kaloko, Kealahou and Kohala. In addition to complete checking and savings services, the Credit Union offers credit cards, auto, mortgage, construction, small business, educational and personal loans; investment services; money-saving programs and more.

It sponsors Student Credit Unions at Kohala, Kealahou and Konawaena high schools, Children's Savings Projects at elementary schools from Pa`auilo to Ho`okena and supports numerous Island of Hawai'i programs and events. Membership in Hawaii Community Federal Credit Union is open to all island residents. For information: www.hicommfcu.com.

KHS Grad Nelson Receives Credit Union Scholarship

Kohala High School's Michael John Nelson, along with five other Hawai'i Island high school seniors were the recipients of scholarships from the Hawaii Community Federal Credit Union. The \$1,000 Student Credit Union Scholarship was presented to Michael, who intends to pursue a career in computer engineering.



Michael John Nelson

education, and for more than 25 years the Credit Union has fostered this appreciation with annual scholarships to deserving students. Our hope is that these young people will go on to establish themselves in a career of their choice and be contributing citizens in their community."

The annual scholarships are awarded to graduates intending to attend a two or four-year institute of higher learning in the coming school year. The Credit Union received 54 applications from students at 11 Hawai'i Island high schools. Five scholarships, each in the amount of \$2,500, are named after a community volunteer who made important contributions to the Hawaii Community Federal Credit Union. An additional \$1,000 Student Credit Union scholarship is also presented to a deserving student.

"These scholarships are part of the Hawaii Community Federal Credit Union's commitment to serving the youth in our community," says James Takamine, President/CEO of Hawaii Community FCU. "We want our children to appreciate the importance of



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Local Group Seeks to Help African Children

Recently a group of North Kohala residents met at James Walker Hall to hear Suzi Herhold and Chizuko (CZ) Westrum describe their December 2011 visit to Kenya. The pair went to see, firsthand, the effects of their donations to the Grassroots Alliance for Community Education (G.R.A.C.E.), and for Suzi, a G.R.A.C.E. USA board member, to meet members of the Kenyan board and staff. In Kenya, they were hosted by Natasha Martin, the founder of G.R.A.C.E. In return, Suzi and CZ invited Natasha to visit and brought her with them for the presentation.

The day after their arrival in Kenya, Suzi and CZ attended a party for four new university graduates who shared the stories of their lives. Despite abject poverty, these young people had survived the loss of parents and siblings, and some had even been forced at a young age to be the heads of household. Yet they had since become university graduates with a commitment to support less fortunate orphans and vulnerable children.

As one of the students stated, "I was a young innocent housegirl at my aunt's house waiting for the right age (14 to 15 years) to be married off and become a childbearing machine." Thanks to a G.R.A.C.E. donor, she attended college and is now an engineer.

Suzi and CZ were particularly impressed that the G.R.A.C.E. office was

modest and the funds were predominantly directed to the communities.

"G.R.A.C.E. uses funds very efficiently and wisely. Donated funds are put to work directly at the grassroots level. G.R.A.C.E. helps Kenyans to help themselves. Activities originate within the local community and are community-led," CZ said.

Suzi found that community focus ensured program success. "The Isiolo youth group, trained in puppetry and drama, taught children and families about HIV prevention and education. It was so inspiring to see how successful they were in helping their community," she said.

Natasha Martin emphasized that local people best know how to identify and solve local problems, with community workers being the most effective and powerful agents of rapid social change. She described the G.R.A.C.E. process for maintaining fiscal responsibility, which has led to earning the

Guidestar Exchange Seal, indicating the organization's commitment to transparency. (Visit Guidestar.org for more information and reviews of G.R.A.C.E.)

By the end of the meeting, the Kohala group had agreed, in principle, to support the establishment and management



Kohala residents recently learned about the G.R.A.C.E. program in Kenya and are making plans to help support its work.

of one Early Childhood Development Center for one year. Fundraising for this would involve Kohala children participating in helping and connecting with African children. In doing so, they would learn about Africa,

and the hope would be the poverty-stricken children in Kenya grow up with the same opportunities for development as children here. The funds to be generated include \$1,400 to upgrade an existing home or construct a simple space for the center, train two teachers, provide mattresses, blankets, tables, chairs, cooking and eating utensils, as well as teaching materials. In addition, the group would support operational

costs for a year at \$400 per month. The total amount needed to run a center for one year is \$6,000.

After CZ and Suzi traveled to Africa and saw the efforts of G.R.A.C.E., they felt compelled to share their experience with others.

"We understand that many communities here are struggling in many ways, and we will continue to support fundraising efforts for all the children here," says Suzi. "I know firsthand; I was a guidance counselor at Laupahoe School. I also believe that we are all connected in this world. Every child deserves the right to develop healthfully; every child deserves the right to a hot meal; every child deserves the right to education. A child is orphaned by AIDS every 14 seconds in Africa; they lose their parents to this atrocious disease. The Early Childhood Development Centers will give these children a healthy start in life. Join us in helping."

Grassroots Alliance for Community Education (G.R.A.C.E) Africa is a Non Governmental Organization (NGO) registered under Kenya's NGO board in 2001 with a 501(c)(3) nonprofit fundraising entity based in California. Visit www.graceusa.org.

The Kohala group plans to meet again in August on a date not yet determined. For more information about how to help, call Chizuko Westrum at 854-4591.

Kawai, Fuertes to Attend Anti-Drug Leadership Conference

North Hawai'i Drug-Free Coalition announced the three Hawai'i Island youth delegates (and two adult advisors) who will attend to National Youth Leadership Institute at Community Anti-Drug Coalitions of America's Mid-Year Conference in Nashville, Tenn., July 23 to 26.

Kynan Kawai, Hawi resident, was selected as a youth delegate. He attends Kamehameha Schools Hawai'i in Kea'au. David Fuertes from Ka Hana No'eau Mentorship Program in Kapa'au was chosen as an adult advisor

for the group.

Youth delegates were selected based on a student essay, by a team of five NHDFC leaders. Youth shared their past efforts to support drug-free communities; what they felt was the biggest risk factor for youth in North Hawai'i; what ideas/actions they have to reduce underage drinking or prevent substance abuse in their local (home and school) communities; and what they are hoping to gain from attending the conference.

The other youth delegates are Makani Akau, Waimea resident, who

attends Honoka'a High School (10th grade); and Hoku'ulaikalei'ohu Pagan, Waimea resident, who attends Waimea Middle School (8th grade).

The other adult advisors are: Beth Mehau from The Pantry/Mama's House Lifeplan Program (Waimea) and Cielito Rooney, NHDFC leader representing the parent sector in Waikoloa.

Youth will receive four days of training to develop leadership capacity in mobilizing communities for change and will develop a plan of action to address local issues and contribute to a healthy,

drug-free community. Adult advisors receive training on how to support youth leaders and commit to helping them implement their plan in the year following the training.

North Hawai'i Drug-Free Coalition is a regional network of community groups and agency representatives from North Hawai'i whose mission is to facilitate coordination and collaborative action among communities, organizations, and government agencies to prevent and reduce substance abuse. It is a project of Five Mountains Hawai'i.

THE COQUI CORNER



The Coqui Hotline has been busy this month, with reports of coquis in five different areas of Kohala. Most are locations that have been treated before.

- Hawi Catholic Church
- Transfer Station
- Pasture on Kynnersley Road
- Kohala Hospital
- Kohala Nursery

The frogs tend to be more active and vocal as the temperature warms up. With the break in weather, a crew will be out treating these areas a.s.a.p.

Mahalo for your calls and your continued support!

Coqui Hotline: 889-5775

Help Keep Kohala Coqui Free!

Donations are gratefully accepted through the NKCRC.

WHAT'S NEW AT THE RESOURCE CENTER?

- The Kamehameha Day Celebration Committee has raised over \$10,000 in grants and donations to put on a beautiful parade and ho'olaulea. They received grants from the Office of Hawaiian Affairs and the State office of King Kamehameha Celebration Commission as well as generous donations from the North Kohala community. A special Mahalo to Cicely Ho'opai as project organizer.
- The Kohala Artists' Cooperative recently received a \$5,000 grant from the Reddus Foundation to support art programming at Kenji's House in Kapa'au. We thank Malia Welch for her hard work in building this program for youth of all ages in North Kohala.
- The Rotary recently awarded \$1,000 to our Summer Fun project and \$500 to KCAA. Congratulations!

You can support our projects and the Center directly with a tax-deductible donation to the North Kohala Community Resource Center, P.O. Box 519, Hawi, HI 96719 • 889-5523 • www.northkohala.org

Little Messages, Big Impact

By North Hawaii Drug-Free Coalition

Two thousand people filled the large conference room at the Community Anti-Drug Coalitions of America (CADCA) 2012 National Leadership Forum in Washington, D.C. Onstage, 25 nervous young people, some from Hawaii, stood with cell phones in hand.

And then they started texting. As each teen sent their text, he or she announced (for example), "I just sent a message. I texted 800 friends that underage drinking can cause brain damage." Within five minutes, thousands of short, factual, non-threatening messages were sent across the country and around the world.

"It was powerful," said Holly Algood of North Kohala, an independent consultant and volunteer mediator and board member with West Hawai'i Mediation Center. Algood attended the conference as a representative of the North Hawaii Drug-Free Coalition.

"One of the things that was so impressive was the youth contingent," said Algood. "They had a separate track, like a separate conference for youth... And during three days they created a film—something like 'Glee' with dancing on the escalators going up and down, and dancing in different areas of the convention center."

Later, at the awards lunch, the kids shared their project with all attendees. "First we saw the film, then they did the texting," said Algood. "They played some music and danced on the stage. And everyone, all the adults too, everyone in the audience stood up and started dancing with them. It was a show of unity—an explosive burst of positive energy."

So what does this have to do with me and my kids?

So this is *good news*. This is telling us that there are people out there all across the country, young and old, working hard to inform and educate, and to celebrate successes. Parenting is hard work, especially when it comes to drugs and alcohol, and anything that makes the job a little easier is a big help.

And if your family includes teenagers, you know that it's not easy to be them, either. Mood swings, drama,

impulsiveness, communication breakdown. "Normal teenage behavior" can appear to be anything-but-normal to parents and others. However, research shows that a lot of these behaviors have to do with brain development.

From age 13 to about 25, kids' brains are going through radical changes. The emotional part actually develops before the judgmental or "common sense" part of the brain—driving young people to act impulsively and take risks. This makes them very vulnerable to drugs, alcohol and other substances, which can cause brain damage or impair development.

This issue was discussed in detail at the conference. Information and resources were provided to the regional coalitions to share with their communities.

"Most times, when teens learn something is hazardous to their health, the

statistics turn around," said Algood. "If kids knew they could have brain damage they would hesitate. They need this information. If kids have the facts and know the dangers, there will be reduced drinking and drugging."

So how do we tell them?

At the Leadership Forum, the young people told each other in a very impactful way, by texting. They also used music and video to communicate with other kids, and the adult audience as well.

"I was very impressed with the youth from Honolulu," she said. "They started a group at their high school, formed a club that met during lunch and after school. It was known as a sober club and had tremendous response... It was very exciting, and I was heartened to hear that it seems like that kind of effort

could make a difference."

Please encourage young people to talk about drugs and alcohol—to you, to each other, to others in the family—and keep the lines of communication open. Whether it's onstage in front of a room full of people, or just texting between the two of you, remember every little message can add up to a big impact.

For information on how to communicate with young people, numerous videos, sample conversations and more, visit teenbrain.drugfree.org

The North Hawaii Drug-Free Coalition, a project of Five Mountains Hawaii, is a regional volunteer organization committed to developing strong, sustaining relationships for Healthy Communities Choosing to Live Drug Free. For more information, visit www.fivemountains.org/nhdhc.

Local Students Get Mentored by Silicon Valley Entrepreneurs

By Linda Lewandowski

From remote and rural Kohala to the urban San Francisco Bay Area, three Kohala High School (KHS) students and three KHS teachers recently spent a week engaging with top entrepreneurs including those from two of Forbes' 50 most innovative companies—Salesforce and Google.

Planet Pioneers students Arden Dean, Carley Arraujo and Josiah Adams had the opportunity to speak with top innovators and entrepreneurs to understand how ideas are generated and then move through commercialization. They also gained insights into what drives innovators and leaders to create new things.

This week-long event at the end of May allowed the Pioneers to be mentored by Silicon Valley's best after interaction with Hawaii-based leaders and entre-

preneurs over the last five months.

The students learned that teamwork, collaboration, and networking are keys to successfully maturing ideas to prod-



—photo courtesy of Linda Lewandowski

Planet Pioneers students recently spent a week in California learning about entrepreneurship from top companies such as Salesforce, one of Forbes' 50 most innovative companies.

ucts that benefit humans as well as the environment. In addition to Salesforce and Google, the Pioneers had a chance to explore sustainable farming, clean

concrete production and green building innovations from the biotech sector.

Despite a hectic schedule with top mentors, the Pioneers had time for fun. Day one was spent touring the city of San Francisco where the Pioneers enjoyed Fisherman's Wharf, cable cars, Lombard Street, Chinatown, the Golden Gate Bridge and a visit to the Exploratorium. All in all, they came back to Kohala with an appreciation for living on the best place on earth yet inspired to look for ways to creatively preserve our precious resources in Hawaii.

Planet Pioneers' mission is to build sustainability leadership and entrepreneurship capacity in K-12 students through mentorship and knowledge transfer. In July, Planet Pioneers will begin taking applications for its second cohort of Pioneers. In addition to mentorship, the program will be expanded to include internships where students can focus on further developing their leadership skills and experience with tailored hands-on learning. Look for announcements at planetpioneers.org toward the latter part of July. Mahalo to all of our supporters who made the initial pilot of Planet Pioneers a success!

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Senior Fathers Honor Senior Mothers with Mother's Day Celebration

By Vivian Moku

Before our Senior Citizen's Club meetings ended during the first week in May, President Kealoha would remind the senior members to attend the Monday meetings, for he promised special surprises. "If you don't come to the meetings, you will miss out," was his usual last comment before the meeting was adjourned.

This past Mother's Day meeting, May 21, we did have a special surprise. After the amenities of the morning, Prexy told us to just wait a few more minutes: "they're putting on their makeup."

Let me add that this particular Monday was filled with activities: pertinent announcements/concerns; honoring our May friends' birthdays, and – you guessed it – BINGO. Everyone enjoys Bingo. Thanks to those generous friends who never stop donating "goodies" or even monetary prizes.

The time for the special surprise had arrived and who should it be, but none

other than the talented and renowned Na Kupuka'a – Rosaline and Matthew Kupuka'a (known also as Roza and Makaio.) We were really pleased to have them come to the seniors with their musical talent.



—photo by Joanelen McFee

Matthew and Rosaline Kupuka'a entertained the seniors with song and dance at the Mother's Day celebration at the Senior Citizen's Club.

Before the entertainment began, Matthew explained that he wanted to give us a little background of his relationship

with his mother. (These two stories from the Kupuka'a `ohana are just excerpts—like "small stories in a nutshell.")

Matthew was hanai (raised) by his Kupuka'a grandparents; however, his mom and siblings would come home to Kohala to visit, so Matthew explained that distance does not make his love for his mom any less, but that he loves her and knows that she loves him very much. Love is family, and love is in the heart.

Rosaline's story was also about her mom, Amy. She said that her mom taught her to work hard whether it was home chores or getting Rosaline and her brother to enter talent contests. Her mother's encouragement has benefitted Rosaline – it has come to fruition for we see it in the ethnic cultural and versatile talents that "Roza" portrays, thus honoring her mother.

Spiritually and emotionally, both their stories brought tears to many of our seniors. We haven't forgotten how

our own mothers talked to us, sacrificed for us and loved us. (In our days, some of us did not use "love" so verbally; but actions spoke louder than words.)

On behalf of all mothers and myself—well some of us are grandmothers, even great-grandmothers—Na Kupuka'a played some oldies but goodies, and some rock 'n roll, which got us on the floor to "shake a leg." But the best came when we were entertained by a few hula dances by Roza.

We express our Mahalo Nui Loa. Wait, wait, wait—what is a celebration without food? Through the efforts of President Kealoha (representing the senior fathers) and nutrition site manager Jeannine Mattos, a delicious luncheon of Korean chicken on char siu chow mein plus condiments was enjoyed by everyone.

We thank President Kealoha for his talent in acquiring special surprises for us to enjoy. So, I urge you other seniors to join the senior club—we really have so much fun!

Getting Their Hands Dirty: HIP Ag Teaches Sustainable Farming

At the Hawai'i Institute of Pacific Agriculture (HIP Ag), freshly planted seeds and new growth are nourished by abundant spring rains. Lush gardens of kalo, mai'a, `uala, awa and `olena thrive alongside the flowing Halawa stream. These sacred lands are honored with a deep reverence for the ancestors who have walked before us and the future generations who will follow. Grateful for the opportunity to serve the North Kohala community, HIP Ag is offering a variety of educational and empowerment programs for local youth and young adults.

Currently in the midst of a four-week agriculture and sustainable-living immersion course, students at HIP Ag are exploring ways to achieve food self-sufficiency, improve personal health, and preserve the integrity of our most precious resources, our land and water.

Student Maya Goodoni of North Kohala believes that "being able to participate in this program is a great

opportunity. HIP Agriculture is doing our community an immense service by teaching our youth the skills needed for the basics of survival unto a new paradigm, and healthier, happier way of living. I wish to support more community members, especially the youth, to get involved and participate in upcoming HIP Agriculture courses."

The fall 2012 Sustainable Living Course will begin October 1, providing individuals with a dynamic opportunity to explore ecologically, economically, and socially sustainable agriculture.

For the second year in a row HIP Ag will host students from the Kohala Elementary School Summer Blast Program on educational farm field trips. The goal of this partnership is to inspire the next generation of young farmers and to share ideas that students can apply at the school's Discovery Garden.

This summer, director Dash Kuhr is promoting project-based learning at Kohala Middle School by developing

the school garden and leading students on outdoor excursions throughout Kohala. Next school year, HIP Ag will be teaching gardening in both Kohala and Honoka'a middle schools.

A partnership has developed between HIP Ag and The Salvation Army-Family Intervention Services to provide at-risk youth living in group homes an opportunity to learn garden skills.

After a visit to HIP Ag, program coordinator Anthony Savvis shared that "our youth have been inspired by your team's passion; gardens at our shelters have been reinvigorated, and our teachings on sustainability and zero-waste have expanded in breadth and scope."

The Salvation Army intends to apply what they learn by working weekly with HIP Ag in their group home gardens, in hopes of producing more of the food they consume.

Through farming and hands-on education, HIP Agriculture honors indigenous wisdom, food sovereignty, and the

transformational power of returning to the land. Stay connected, sponsor a young farmer, and learn more at hipagriculture.org.

Learn to Make Jewelry with Sid Nakamoto

Jewelry artist Sid Nakamoto will demonstrate a simple and beautiful jewelry design for the next North Kohala Public Library Adult and Teen craft program on Monday, July 16. Sid will offer two sessions of the same program—at 2 p.m. and 6 p.m. Materials are donated by the artist or the Friends of the Library and will be provided free for participants to create their own jewelry piece.

A limit has been placed on the number of participants. Call the library at 889-6655 to register for the evening or afternoon session. Please call three weeks in advance to schedule a sign language interpreter or other special assistance.

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Photos by Cheri Gallo and Megan Solís



Ahahui Ka`ahumanu Ladies

The sun shone brightly as the day to honor Kohala's own King Kamehameha I began with the lei draping ceremony at the statue, with members of the Royal Order of Kamehameha, the Ahahui Ka`ahumanu, and Na Papa Kanaka O Pu`uokohola participating and historian Boyd Bond announcing. The respectful ceremony included chants, song and hula in honor of the first king of the united Hawaiian Islands.

The crowds lined the Akoni Pule Highway from Ho`ea Road in Hawi to the end of Kapa`au to watch the popular parade, which included Pa`u Queen Tracie Figueroa and her princesses and paniolo, Grand Marshal Kumu Suse Soares, Jr., with Evalani Kawai, Lucy Pasco and George Rivera; Kamehameha Descendants Mary Perez and Albert Kahoopii with Noah and Neishi Kahoopii; and colorful floats by local businesses and charitable organizations.

Due to the hard work of the Kamehameha Day Committee and the support of the community, the ho`olaulea returned to Kamehameha Park. Centered in and around Hisaoka Gym, the packed event offered live music, ono grindz, hula performances plus crafts and educational exhibits.



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Pu'a Queen Tracie Figueroa



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- Kalua Pork Quesadilla



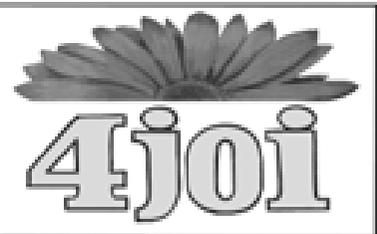
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		Diamond G Rice 20 lbs. 10 ⁹⁹	 Post Honey Bunches of Oats Almond/Reg. 14.5 oz. 3 ⁷⁹	Dasani Water 24 pk. - 500 ml. 2/7 ⁹⁹ 	Banquet Family Entree All Types 26 - 27 oz. 2/8 ⁹⁹ 	Banquet Fried Chicken 28 oz. All Types 7 ⁶⁹ 
Coca Cola 12-pk Cans 12 oz. All Types 2/9 ⁴⁹ 	Powerade Drinks All Types 32 oz. 10/6 ⁹⁹	 Best Foods Mayonnaise 30 oz. 2/7 ⁹⁹ reg. only	CapriSun Ready to Drink 10 pk. 2/5 ⁹⁹ 	Marie Callender Dinners Select Types 13 - 19 oz. 4 ⁵⁹ 	Marie Callender Pies Chocolate, Banana, Coconut 28 - 38 oz. 8 ⁹⁹	
Maxwell House Coffee 33 - 35 oz. All Types 9 ⁹⁹	Planter's Dry Roast Peanuts 16 oz. 3 ⁹⁹	Kellogg's Froot Loops/Frosted Flakes/Apple Jacks/ Corn Pops 12 - 14 oz. 3 ⁷⁹	Birds Eye Steam Fresh Vegetables Assorted 12 oz. 2 ⁴⁹ 	Eggo Waffles Select Types 12.3 oz. 2 ⁹⁹ 	Mama Bella Garlic Bread 14 oz. 3 ⁷⁹ Reg/Parmesan 	
Asia Trans Li Hing Mui Drops 4.5 oz. 1 ⁶⁹	Asia Trans Wasabi Peanuts 7 oz. 2 ⁴⁹	Nissin Top Ramen 3 oz. 4/1 ²⁵	Wesson Oil All Types 48 oz. 4 ³⁹ 	Tyson Chicken Thighs 5-lb. box 6 ⁹⁹	Tyson Chicken Popcorn Bits, Chicken Strips 28 oz. 9 ³⁹	
Precious Giant Top Shellfish 15 oz. 8 ²⁹	Farmer Brand Peanuts 5.29 oz. 1 ⁸⁹	Ocean Garden Shrimp 31 - 35 5 lb. 26 ⁹⁹	C & H Sugar 4 lb. 3 ¹⁹	Totino Party Pizza All Types 10.2 - 10.7 oz. 3/4 ⁹⁹	Flavor Pac Frozen Blueberries 16 oz. 4 ⁴⁹	
P'Nutlles Toffee Peanuts 6.5 oz. 1 ³⁹	Roxy Young Corn 15 oz. 1 ⁴⁹	Delmonte Spaghetti Sauce All types 26 oz. 2/2 ¹⁹ 	Delmonte Ketchup 24 oz. 2/1 ⁹⁹ 	Meadow Gold Fruit Drinks & Teas 1/2 gal. 3/2 ⁹⁹ 	Meadow Gold Ice Cream 4 qt. 6 ⁸⁹ 	

Grocery

Aloha Shoyu, reg./lite, 64 oz.	5 ⁶⁹
Barilla Spaghetti, 16 oz.	3/4 ⁹⁹
Delmonte Whole Kernel or Cream Style Corn, 14 - 15 oz.	2/2 ²⁵
Delmonte Fruit Cocktail/Peaches, 15.25 oz.	3/4 ⁹⁹
Delmonte Spinach, 13.5 oz.	2/2 ²⁵
Delmonte Tomato Sauce, 8 oz.	2/99¢
Coral Chunk Light Tuna, 5 oz.	4/3 ⁹⁹
Diamond Bakery Saloon/Cream/Graham/Salty Crackers, 8 - 9.5 oz.	3 ¹⁹
Diamond Bakery Soda Crackers, 13 oz.	3 ⁴⁹
Diamond Bakery Cookies, assort, 6 oz.	1 ⁷⁹
California Ranch Olive Oil, 16.9 oz.	5 ⁹⁹
Lindsay Pitted Olives, 6 oz.	3/3 ⁹⁹
Pillsbury Brownie Mix, 19.5 oz.	2 ³⁹
Kelloggs Poptarts, 14.1 - 14.7 oz.	2 ⁹⁹
Jello Gelatin, .3 - 3 oz.	89¢
Baker's Angel Flake Coconut, 7 oz.	1 ⁵⁹
Jif Peanut Butter, 18 oz.	3 ¹⁹
Libby Corn Beef, 12 oz.	4 ⁷⁹
Lion Coffee, auto drip or whole bean, no decaf., 10 oz.	4 ⁹⁹
Nice Long Rice, 1.87 oz.	1 ¹⁹
Shirakiku Tempura Batter, 10 oz.	1 ⁵⁹
Shirakiku Chuka Soba, 8 oz.	3 ⁶⁹
Shirakiku Kogai Ajitsuki, 8 oz.	3 ⁹⁹
Shirakiku Bamboo Shoot Tips, 8.5 oz.	1 ¹⁹
Shirakiku Mochi Rice, 5 lb.	7 ²⁹
Shake 'n' Bake, 2 ct.	2 ²⁹
Kraft Easy Mac, 12.9 oz.	3 ³⁹
Taco Bell Refried Beans, 16 oz.	3/3 ⁹⁹

Taco Bell Taco Shells, 12 ct.	1 ⁹⁹
Yuban Instant Coffee, 8 oz.	5 ⁹⁹
Love's Donuts, assorted or sugar, 12 oz.	4 ⁷⁹
Lipton Onion Soup Mix, 2 ct.	2/2 ⁹⁹
Van Camp Red Kidney Beans, 15 oz.	2/2 ²⁵
Van Camp Pork 'n' Beans, 15 oz.	2/1 ⁸⁹
Western Family Hot Cocoa Mix, 10 oz.	1 ⁹⁹

Natural Foods

Annie Dressings, 8 oz.	3 ³⁹
Barbara's Cheese Puffs, 5 - 5.7 oz.	2 ¹⁹
Bragg's Vinegar, 32 oz.	3 ⁷⁹
Hansen's Sodas, 6 pk.	2 ⁹⁹
Milton Snack Crackers, 8 - 9 oz.	2 ⁵⁹
Maranatha Almond Butters, 12 oz.	4 ⁹⁹

Dairy

Meadow Gold POG/Passion Orange Nectars, 1 gal.	3 ⁸⁹
Meadow Gold Yogurts, 6 oz.	3/2 ⁶⁹
Meadow Gold Ice Cream, 48 oz.	3 ⁹⁹
Meadow Gold Novelty Bars, 6 ct.	3/6 ⁰⁰
Big Island Poultry Grade A Large Eggs, Mainland Shell Protected, per dozen	2 ²⁵

Meats

Island Range Fed Boneless Boneless Chuck Steak, per lb.	4 ⁹⁹
USDA Boneless Chuck Roast, per lb.	4 ⁵⁹
Frozen Pork Butt, bone in, per lb.	1 ⁸⁹
Foster Farm Value Pack Chicken Thighs, per lb.	1 ⁹⁹

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LOVE'S Hearth Bread All Types 24 oz. 4 ⁶⁹	LOVE'S Gourmet Hamburger Buns reg. or onion 8 ct. 3 ⁶⁹	J.E.S. Sauces 13.9 - 15.6 oz. 2 ⁴⁹	Dynasty Jasmine Rice White or Brown 5 lb. 5 ⁹⁹	Pepsi 24-pk. cans 7 ⁹⁹	Pepsi 2-liter Bottle 3/4 ⁹⁹
Oscar Mayer Bologna / Cotto Salami 16 oz 2/5 ⁰⁰	Oscar Mayer Meat Wieners Reg./Jumbo 16 oz. 2/5 ⁰⁰	Chuky Fru Ice Pops 28 oz. 1 ⁹⁹	Kikkoman Soy or Teriyaki Sauce 5 ⁹⁹ 1.25 qt.	Nabisco Oreo Cookies 3 ⁹⁹	Nabisco Ritz or wheat Thin Chips 3 ⁷⁹
Kraft Shredded Cheese 2/6 ⁰⁰ 8 oz.	Oscar Mayer Bacon All Types 16 oz. 3 ⁹⁹	Calbee Chips 2.82 - 4 oz. 1 ⁶⁹	LKK Oyster Sauce 17 oz. 1 ⁶⁹	Haagen Dazs Ice Cream 14 oz. 2/6 ⁹⁹	Di Giorno Rising Crust Pizza Select Types 11.5 in. 6 ⁹⁹
Oscar Mayer Turkey Variety Pack 9 - 12 oz. 2/5 ⁰⁰	Oscar Mayer Deli Shave Meats 8 - 10 oz. 2/6 ⁰⁰	Newton Pancit Bihon 8 oz. 2 ²⁹	Lums Char Siu Sauce 11 oz. 5 ⁹⁹	Always Maxi Pads 14 - 24 ct. 4 ²⁹	Dove Deodorants 1.6 oz. 2 ²⁹
Frank's Foods Frankfurters 16 oz. 3 ³⁹	Frank's Foods Portuguese Sausage 12 oz. 3 ³⁹	Mauki Kiawe Charcoal 9 ⁴⁹ 8 lb.	Sun Butane Cartridge 8 oz. 1 ⁸⁹	Aleve Assorted 24 ct. 4 ⁴⁹	Crest Toothpaste Assorted 6.4 oz. 3 ³⁹
Nestles Crunch or Drumstick Ice Cream 4 - 6 ct. 4 ⁵⁹	Hawaiian Hula Papaya Maui Onion Salad Dressing 8 oz. 2 ²⁹	Family Mandarin Orange 15 oz. 1 ⁶⁹	Tongs with Lock 12 in. - 1 ct. 2 ⁴⁹	Johnson & Johnson Band Aids, assorted 40 ct. 2 ¹⁹	Selsun Blue Assorted 7 oz.. 6 ⁵⁹

Freezer/Deli

Farmbest Butter, 16 oz.	3 ³⁹
Country Crock Tubs, 15 oz.	2 ⁵⁹
Pillsbury Buttermilk Biscuits, 7.5 oz.	2/1 ¹⁹
Athenos Hummus, 7 oz.	2 ⁶⁹
Yoplait Yogurt, 4 - 6 oz.	2/1 ⁸⁹
Bays English Muffins, 6 ct.	3 ¹⁹
Chef America Hot Pockets, 4 oz.	3/3 ⁴⁹
Banquet Pot Pie, 7 oz.	3/3 ⁹⁹
Hormel Ham Patties, 12 oz.	2 ⁷⁹
El Monterey Burrito, 8 ct.	4 ⁶⁹
Morning Star Grillers, Patties, Strips, Links, 5 - 8 oz.	4 ⁶⁹
Amy Pockets, 4.5 oz.	2 ⁵⁹
Farmer John Pork Links, 8 oz.	1 ⁸⁹
Carolina Ground Turkey, 16 oz.	2/4 ⁹⁹
Menlo Lumpia Wrappers, 16 oz.	2 ⁸⁹
Bailey Ground Pork, 16 oz.	2 ⁸⁹
Mays Picnic Patties, 2 lb.	10 ⁹⁹
Inland French Fries, reg./crinkle, 2 lb.	3 ¹⁹
Kraft Singles, 10 - 12 oz.	2/7 ⁰⁰
Digiorno Shredded Parmesan, 6 oz.	3 ⁶⁹
Smuckers Uncrustables, 4/2 oz.	2 ⁹⁹
Tyson Party Wings, 5 lb.	14 ⁹⁹
Tyson Boneless, Skinless Tenderloins, 40 oz.	8 ⁹⁹
Philadelphia Cream Cheese, 8 oz. brick	2 ³⁹
Cool Whip Whipped Topping, 8 oz.	3/4 ⁹⁹
Frozen Mussles, 1/2 shell, 2 lb.	7 ⁹⁹
Koikoi White Crab Sections, 2 lb.	9 ⁵⁹
IQF EZ Peel Strimp, 31 - 40 ct./2 lb.	11 ⁹⁹
Wes Pac Tiny Peas or Okra, 16 oz.	2 ²⁹

Produce

Cello Potatoes, 5 lb.	3 ²⁹
Onions, yellow, round, per lb.	1 ⁰⁹
Fuji Apples, per lb.	1 ⁷⁹
Amano Crab Flakes or Sticks, 10 oz.	2 ⁵⁹

Non Foods

Angel Soft Bath Tissue, Double Roll, 6 ct.	3 ⁹⁹
Sparkle Paper Towel, single roll	2/2 ⁴⁹
Fitti Diapers, 23 - 36 ct.	8 ⁹⁹
Diamond Foil, 25 sq. ft.	2/2 ⁷⁹
Gain Fabric Softener, 64 oz.	4 ¹⁹
Sun Laundry Detergent, 188 oz.	6 ⁹⁹
Match Light Charcoal, 6.7 lb.	6 ¹⁹
Hefty Foam Plates, 50 ct.	2 ⁷⁹
Glade Solid, 6 oz.	1 ¹⁹
Ziploc Storage/Freezer, qt./gal., 15 - 25 ct.	2/6 ⁹⁹
Ziploc Sandwich Bags, 120 ct.	3 ¹⁹
Waxtex Wax Paper, 75 sq. ft.	2/2 ⁹⁹

Beer/Wine/Liquor

Corona, 12 pk., bottles	14 ⁷⁹
Steinlager, 12 pk., bottles	11 ⁶⁹
Heineken, 12 pk., bottles	13 ⁹⁹
Coors, 18 pk., bottles or cans	15 ⁹⁹
Natural Beer, 24 pk., cans	16 ⁹⁹
Budweiser, 18 pk., bottles or cans	15 ⁹⁹
Rolling Rock, 12 pk., cans	8 ⁷⁹
Yellowtail Wine, 750 ml.	5 ⁹⁹
Goliath Wine, 750 ml.	2/9 ⁹⁹
Columbia Crest Wine, 750 ml.	9 ⁹⁹
Tanqueray Gin, 750 ml.	18 ⁹⁹
Bacardi Rum, 750 ml.	13 ⁴⁹
Jose Cuervo, 750 ml.	13 ³⁹
Smirnoff Vodka, 750 ml.	11 ⁴⁹
Crown Royal, 750 ml.	19 ⁹⁹
Parrot Bay Rum, 750 ml.	11 ⁹⁹
Karkov Vodka, 1.75 liter.	12 ⁹⁹

Ride Like the Wind



—photo by Megan Solís

This year's Ironman 70.3 Hawaii, also known as the Honu, included seven-time Tour de France champion Lance Armstrong, who recently began competing in Ironman events in order to qualify for the 2012 Ironman Kona in October. In third place coming out of the 1.2 mile swim, Armstrong took the lead on the windy, rainy 56-mile bike course from Hapuna to Upolu Airport Road (where he's pictured here) and back to the Mauna Lani Resort, and managed to maintain the lead during the 13.1 mile run to win the event with a course record of 3:50:55. Big Island competitors Chris Lieto and Bree Wee came in third and fourth place, respectively, in the male and female professional divisions.

In Days Gone By

Editor's Note: Kohala Mountain News has been perusing archived issues of newspapers to find some of Kohala's news from yesteryear.

100 Years Ago - from
The Kohala Midget

June 19, 1912 - Water was cut off from householders mauka of Kapa`au for a couple of days last week, and there was a great hustling with buckets and kerosine (sic) tins, to the nearest "watering hole."

A new billiard table has been placed at the Kapa`au billiard parlor lately, by a Japanese.

June 25, 1912 - The Hawi Theater is nearly completed and will soon be ready for moving picture shows. Mr. Ernest Silva has procured a new machine and will shortly be able to give the public the benefit of his films.

50 Years Ago - from *Ka Maka O Kohala*, published by Kohala Sugar Co.

June 8, 1962 - Saturday night, June 9, will open the weekend Kamehameha Day celebration in Kohala with a free Holoku Ball at the Hawi LDS gym. A holoku, mu`umu`u and aloha shirt contest will also be held during the evening. The popular "Cosmo Combo" orchestra will furnish the music.

A memorial service, sponsored by the Ka`ahumanu Society, will be held in front of King Kamehameha's statue

in Kapa`au on Sunday, June 10 at 1 p.m. Mrs. Lucy Moniz and Mrs. Sarah Pule will be in charge of the program.

30 Years Ago - from
Kamehameha Times

June 18, 1982 - To be enforced shortly will be a 2-hour parking zone at Hawi, North Kohala on Route 27B. The area involved is between the Hair Washer-ette and the Laoag Apts. It includes both sides of the road. This 2-hour parking will be between the hours of 8 a.m. and 4 p.m.

Celebrating a Milestone? Share It!

Added a new baby to the `ohana? Somboddy get married? Maybe celebrating Tutu's 80th birthday or Uncle and Aunty's 50th anniversary? Kohala Mountain News would like to share your news with the community. Send us a brief announcement of your news and a photo, if available, and we'll let Kohala know. Email us at kmneditor@hotmail.com or if you don't have internet access, call us at 884-5986.

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Kohala Real Estate Market Picking Up

By Beth Thoma Robinson R(B)

After a slow 2011 dominated by distress sales, the first half of 2012 brought some good news to the Kohala real estate market.

As of June 11, there have been 18 homes sold in Kohala year-to-date (all statistics in this article exclude the communities of lower North Kohala). This compares with only 12 during the similar period of 2011.

Even bigger news is the composition of the sales. Last year 58 percent (seven out of 12) residences sold were distressed, meaning bank-owned properties or short sales requiring bank approval. Of this year's 18 sales, only five homes or 28 percent were distressed. While Act 48 passed by the Legislature last May has some effect in that it makes it more difficult for banks to foreclose, that law has also made banks more willing to approve short sales.

According to the survey done for North Kohala Community Development Plan's affordable housing section, local residents considered \$250,000 or less an affordable price for a home. Of the 18 sales so far this year, seven of them fit this criteria and another five were \$280,000 to \$500,000. The six properties that sold for \$600,000 to \$900,000 year-to-date are homes on acreage. Malii Ridge was hot in the second half of 2011 as well, with a handful of distress sales having pushed prices down under \$1 million.

No sales have cracked the \$1 million mark so far in 2012, although two homes did in 2011. These sales for \$1,250,000

and \$1,735,000 were luxury homes on large acreages on the mauka side of the highway facing west.

The demand for vacant lots has also picked up. Nine parcels of land sold in the first half of the year and one Halaula lot is in escrow...compared with a total of 10 sales for the full year of 2011! Both 15,000 sq. ft. residential lots and larger acreages are selling, with most of the activity outside the gated communities.

In addition to the nine land sales reported in the MLS, the public purchase of 27 acres at Kauhola Point also closed escrow recently. The ten 2011 sales reported include the 17 acres acquired by the State at Pao`o. The important coastal lands that have been put into trust over the past few years may be one reason why an oceanfront parcel at Ranch at Puakea sold for \$3,200,000 in May—almost \$200,000 more than the seller paid in 2005. With less oceanfront land available for private purchase, the value of available parcels stands to increase.

Non-oceanfront land prices are also edging higher. A 20-acre parcel on Kynnersley sold for \$625,000 in May, while the highest price paid for a non-oceanfront 20-acre lot in 2011 was \$550,000.

Properties continue to be sold to a mix of local buyers and buyers from the Mainland and Canada in search of a second or retirement home. While the likelihood is that prices will increase only gradually, the Kohala real estate market is currently well-balanced between demand and supply, and thus appears to have stabilized after a few challenging years.

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2012 Hawai`i Elections Calendar

Primary and general elections are coming soon. See the calendar below for important dates this election season.

Now through July 12: Register to vote—required if you have moved or changed your name, too. Affidavit on Application for Voter Registration brochures and Application for Absentee Ballot forms are available at public libraries, U.S. Post Offices, phone directory, State services agencies and on the county Office of Elections' website: <http://hawaii.gov/elections>.

Now through August 4: Voters may request absentee mail ballots for primary or general elections

June 30: Hawaii County Clerk mails yellow cards to voters telling what districts they're in for County Council, State House and Senate, and where they vote

July 30 through August 9: Primary absentee walk-in voting period

August 4: Last day to request absentee mail ballots for the primary

August 11: Primary Election Day—Walk-in voting location in North Kohala, Area 07-03: Kohala High/Elementary School cafeteria

September 7: Voters may request absentee mail ballots for the general election

October 8: Last day to register to vote in the general election

October 23 through November 3: General absentee walk-in voting period

October 30: Last day to request absentee mail ballots for the general election

November 6: General Election Day (same walk-in voting locations as above)

For questions about registering to vote, call the Hawai`i Voter Hotline at 800-442-VOTE (8683); TTY: 800-345-5915 or the Office of Elections, 961-8277.

Candidate Forums for August Primary Election

The public is invited to attend the following candidate forums in preparation for the August 11 primary election.

Tuesday, June 26, 6 p.m., League of Women Voters at Hualalai Academy, State Senate Districts 3 (Kona) and 4 (North Kona to Hamakua)

Wednesday, June 27, 6 p.m., Waikoloa nonprofit organizations at Waikoloa School, County Council candidates for District 9 (Waikoloa, Waimea, Kohala).

Thursday, July 5, 6 p.m., Hawaii Island Chamber of Commerce, Japanese Chamber of Commerce at Sangha Hall, Hawai`i Island Board of Realtors, Kanoiehua Industrial Area Assn and Hawai`i Island Contractors Assn., moderated forum for Hawai`i County Mayor.

Monday, July 9, 6 p.m., Kona-Kohala Chamber of Commerce, Kealahoe High School Cafeteria, a moderated forum for Hawaii County Mayor and County Prosecuting Attorney.

Thursday, July 12, 5:15 p.m., Waimea School Cafeteria, a "speed dating" format featuring candidates for State Senate District 4 (North Hawai`i), State House District 7 (North/South Kohala), Mayor and County Prosecutor. Moderated by Sherry Bracken (LAVAFM, KKON & HPR), and organized by Waimea Community Association and co-sponsored with 11 other Waimea/North Hawai`i organizations. Starbucks coffee and light refreshments. All invited.

Monday, July 16, 6 p.m., Kona-Kohala Chamber of Commerce, Kealahoe High School Cafeteria, a moderated forum for U.S. Senate candidates. Former Congressman Ed Case has accepted, and all other candidates are invited. Congresswoman Mazie Hirono has declined this and all other forums on Hawaii Island.

Saturday, July 28, 11 a.m. until 3 p.m., Big Island Chronicle, Akebono Theater, several candidate forums throughout the day, all moderated.

Lio Lapa`au Adjusts Lesson Schedule to Meet Requests

Lio Lapa`au Healing Horses Hawai`i, located at the top of Hawi, has received an increase in requests for horsemanship riding lessons for youth. Currently, riding lessons are offered once weekly for able-bodied riders and once weekly for special needs therapeutic riding opportunities.

Scheduled adjustments include expansion to offer both Monday and Wednesday afternoon 45-minute ses-

certified instructor. The North American Riding for the Handicapped Association (NARHA) is a national organization for therapeutic horseback riding and provides guidelines for the roles of therapy riding volunteers. White will conduct the volunteer training sessions that cover a basic understanding of horses, ground handling, and safety procedures for leading and side walking, reasons for various horse responses, proper



—photo courtesy of Fern White

Recreational riding includes riding outside of closed arena areas as pictured here with Kayden Stevens, Diron Chertavian, and Leihwa Campbell during last summer's riding camp.

sions between 3:30 and 5:30 p.m. Additionally, two sets of riding camp sessions are scheduled. First, July 2 to 3 for youth ages 6 to 14. Cowgirls 9 to 11:30 a.m. and Cowboys 2 to 4:30 p.m. The second riding camp session will be July 9 to 12 at 3 to 5 p.m. Activities for summer camp will include safety, horse sense, and recreational riding.

In addition, Lio Lapa`au will train more volunteers and assistants to work with special needs riders. Volunteer training workshops will be held on Friday, August 3 at 3 p.m. and again on Friday, August 17 at 10 a.m. Fern White, founder of Lio Lapa`au, is a NARHA-

equipment application for ground handling, and safety procedures for mounting and dismounting.

For more information or to enroll, contact Lio Lapa`au via its web contact form, call 896-0316, or email liolapaa@gmail.com.

Lio Lapa`au is a North Kohala Community Resource Center project. Its goals are to provide opportunities for horseback riding and interactions with horses that support healthy lifestyles and traditional paniolo values. Through horses, children and adults are able to enjoy increased mental wellness and muscle tones.



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Hawai`i Wildlife Center Welcomes Two More to Kapa`au `Ohana

Story and photo by Rae Okawa

The Hawai`i Wildlife Center has been under a constant flurry of activity for the past couple months, from the hiring of its new development coordinator, to the installation of its water catchment tank and photovoltaic systems. Now, the center is excited to announce that it is again expanding its team as it prepares to become fully operational in the upcoming months.

their natural habitat, healed and healthy.

Jojo was born in Oxford, England, but has traveled back and forth between Hawai`i and the UK throughout her life. With an English mother from the Cotswold countryside and a Hawaiian/Filipino father from Waipio, Jojo has spent much of her life outdoors with animals and exploring her natural surroundings.

After working on an 18th century his-

Center, Hawai`i's only rescue, rehabilitation, research, and education facility exclu-

sively for our native wildlife. Don't hesitate to say "hi" if you see them around town!



Judith Ellal, left, and Jojo Pualei Aloha Genovia are Hawai`i Wildlife Center's newest staff members.

The HWC welcomes Judith Ellal as its new wildlife rehabilitation manager and Jojo Pualei Aloha Genovia as executive assistant. Judi is a veterinary technician and wildlife rehabilitator with a passion for wildlife medicine and rehabilitation. Judi has more than eight years of experience working with wildlife, including management and mentoring.

Judi explains, "As a healer, teacher, and student, I intend to continue on this path for the remainder of my career. In my heart, I am blessed to experience a unique relationship with nature through the healing and rehabilitation of wildlife."

She has had the privilege of handling and caring for a wide variety of avian, mammal and reptile species during her professional career and is looking forward to caring for Hawai`i's native species with the ultimate goal of returning them back to

toric farm, Jojo realized that her true passion was working with animals and the natural environment, and she began volunteering at the HWC two months after her return to Hawaii. From the moment she started at the HWC, she said she could feel a strong connection to the organization and the land itself.

"It reminded me of how it feels when I spend time at our family house in Waipio," she said. "I feel very privileged to be working here and to be a part of such a wonderful organization. It's truly amazing what this community is doing to secure the native Hawaiian species."

Jojo is already hard at work at the HWC, and Judi will be starting in July after her move from the mainland to Hawai`i Island. Both are looking forward to working with the local community and continuing the mission of the Hawai`i Wildlife

The Night the Lights Went Out

North Kohala residents, including Kohala Mountain News staff, experienced a power outage on Sunday, June 17, just as KMN staff were laying out this issue of the paper.

HELCO customers lost power at 4:10 p.m. from Kohala Mountain Road north and in Waimea from North

Hawaii Community Hospital to the airport. A downed power pole on Mamalahoa Highway (Hwy 190) and Lindsey Road in Waimea was the culprit for the outage.

The highway was shut down by police to allow HELCO crews to repair the poles and lines, and traffic was rerouted through Ala Ohia Road. The road was expected to remain closed until 5 a.m., Monday, June 18.

According to Ethan Tweedie, a photographer on the scene, the downed pole appeared to have been caused by wind as no vehicle seemed to be involved. The pole broke in half and fell on another pole.

A wind advisory remained in effect through June 18, with 15 to 30 mph easterly winds and gusts up to 50 mph.

Much to the relief of KMN staff, power was restored around 6 p.m. and we were able to finish the layout and prepare this issue for the printer by Monday morning. Whew!

KMN Subscriptions Still Available

Just a reminder: The Kohala Mountain News still offers out-of-town subscriptions. The price for a 12-month subscription (January to December) mailed first class anywhere in the U.S. is \$36.00. For ease of accounting, all our subscriptions end at the end of each calendar year, but they can begin in any month.

So if you wanted to order a subscription beginning with the July issue: just count the months from the starting month to December and multiply by \$3. That would be \$18 for 6 months. So, no matter what month you want a subscription to start, the cost is the number of months left in the year multiplied by \$3.

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**Biblical Characters Come to Life at
St. Augustine's VBC**

By Kathy Matsuda
St. Augustine Episcopal Church held their Vacation Bible Camp on June 4 to 8. The theme was Bible Discovery Museum.

St. Augustine was turned into a museum to create five different halls a day: the halls of forgiveness, faithfulness, kindness, dedication, and love. The day began with a tour guide explaining the replicas of artifacts used during Bible times. Every day different Bible characters came to life and told their story.

Children also had crafts, songs, prayers, games, a visit from Jack



—photo by Lani Bowman

A great time was had by all at St. Augustine Episcopal Church's Vacation Bible Camp in June.

Sprout, and a delightful visit by Joe and Kelly Vitorino's Paso Fino horses.

**Food Producers, Ag Educators Invited to
Mealani's Taste of the Hawaiian Range**

Local food producers are invited to display and sample their product at the 17th annual Mealani's Taste of the Hawaiian Range and Agricultural Festival on Friday, September 21 at the Hilton Waikoloa Village.

The state's premiere ag showcase again offers a free trade show for Hawai'i farmers, ranchers and food producers to hookup with Taste attendees. Called the Agriculture Festival, the expo coincides with the 6 to 8 p.m. Taste of the Hawaiian Range.

The Agriculture Festival provides a venue for food producers to present their products to participating chefs and attendees. The expo is also open for agricultural and sustainability-themed organizations to present informational displays.

Producers interested in participating may contact Amy Shimabukuro-Madden at 808-974-4107/410-933-0853 or amysanae@hawaii.edu. The sign-up deadline is July 30.

Those interested in having an educational display may reach Victoria Vrooman at 808-640-4492 or vvrooman@hawaii.edu.

Taste will headline more than 30 statewide chefs who will dazzle diners using various cuts of forage-fed meats and a cornucopia of island fruits, vegetables and other farm products. Also on tap is a 3 p.m. culinary activity, "Grass Fed Beef Cooking 101," presented by James Babian, executive chef at Four Seasons Resort Hualalai." Follow Taste of the Hawaiian Range on Facebook or on Twitter, #TasteHI.

Mealani's Taste of the Hawaiian Range and Agriculture Festival provides a venue for sustainable agricultural education, encouragement and support of locally produced ag products. The premiere ag-tourism event is a partnership between CTAHR, Hawaii Cattlemen's Association, Hawaii Cattlemen's Council, Kulana Foods, UH-Hilo CAFNRM, County of Hawaii Department on Environmental Management and community volunteers. Sponsorship also includes the Hawaii Tourism Authority, the Hawaii County Research and Development, Hawaii Community College Food Service & Culinary Program and KTA SuperStores. The quality and growth of this event are rooted in small business participation, sponsorship and in-kind donations. For more information, visit <http://www.TasteOfThe-HawaiianRange.com>.

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Kohala Projects Included in State Legislature Appropriations

In a recent news release, State Sen. Josh Green (Dist. 3) announced that the State Legislature approved over \$45 million in appropriations for West Hawai'i this year for improvements in transportation, education, and health care.

The North Kohala projects approved in the 2012 legislative sessions include:

Kohala Community Hospital—\$2 million for renovations and upgrades to hospital infrastructure including emergency room improvements;

Kohala High School—\$800,000 for planning and design of a new science building, including ground and site improvements and equipment;

Kawaihae Harbor—\$11.5 million for design and construction of terminal and navigational improvements including harbor widening, road paving, water system improvements, and utilities;

Kohala Mountain Road—\$3.6 million for construction of drainage improvements, deemed necessary to qualify for federal aid financing and/or reimbursement.

"This is a great result for West Hawaii, with important new investments in our community's roads, schools, and hospitals. These projects will continue to create jobs, stimulate our economy, and strengthen our civic life for years to come," said Green.

Other West Hawai'i projects include Kona International Airport—\$10.4 million for terminal re-roofing construction and related improvements;

West Hawaii Community College at Palamanui—\$7.5 million for construction of Phases I and II to begin in summer 2012, including ground and site improvements, project equipment and related costs;

Kuakini Highway—\$3.4 million for Kuakini Highway roadway and drainage improvements in the vicinity of Kamehameha III Road, including construction of pavement cross slope to

improve drainage;

NELHA—\$2.8 million for construction of a mooring system for the seawater pipeline upgrade; \$1 million for plans, design, and construction of renovations to main administration building to develop an alternative energy and biotechnology incubator;

Kona Community Hospital—\$1 million to upgrade the emergency power generators;

Waikoloa Public Library—\$800,000 for planning, design, site improvement, and equipment for the Library;

Honokohau Harbor—\$650,000 for improvements, including design and construction of a road, water system, utilities, and parking lot;

Queen Kaahumanu Highway—\$400,000 for planning of improvements deemed necessary to qualify for federal aid financing and/or reimbursement; and

Lai Opua 2020—\$400,000.

Green reported that since 2005, West Hawaii has received more than \$500 million in appropriations for improvements to our region's transportation, education, health care, and justice systems.

"Working together over the past eight years, we have succeeded in bringing more state investment in our roads, schools, and hospitals than West Hawaii has seen in decades," he said.

Of the more than \$500 million in appropriations West Hawaii has received since 2005, \$210.3 million has been for road and highway construction, \$155.8 million for improvements to Kona International Airport, \$69.9 million for harbor improvements, \$27.7 million for improvements to Kona Community Hospital, \$14.3 million for water system improvements, \$12.6 million for public school improvements, \$12.5 million for planning and design of the new Kona Judiciary Complex, and \$12.5 million for planning, design, and construction of the new West Hawaii Community College Campus at Palamanui.



State Senator Josh Green

Anatomy Lab to be Offered in July

Students from Kohala, Waimea and Waikoloa increased their knowledge of anatomy and physiology by leaps and bounds on June 8 to 9 in Hawi. Maureen Combes and Kristin Wohlschlagel facilitated an intensive college-prep anatomy lab workshop. Students from 12 to 18 years of age worked hard, laughed and absorbed tremendous amounts of information. Specimens ranged from crustaceans to mammals, illustrating concepts

of comparative anatomy. In addition to dissection, students made brain hats and played games such as Body Bingo.

The workshop was offered in coordination with The Kohala Learning Center. Due to the enthusiastic feedback from both students and parents—and the growing waiting list—the instructors plan to offer the workshop again in July. For more information, call Kristin (889-1110) or Maureen (494-4237).



—photo by Kristin Wohlschlagel

Students in anatomy lab workshop had a hands-on experience in the intensive workshop.

The Kohala Community Athletic Association announces its after-school sports programs for the youth of Kohala for 2012-2013



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"Dedicated to building a better Kohala through youth sports"

Sport	Ages	Registrations	Playing Season
<u>Volleyball</u>	9-14	2nd week Aug	Sep to mid-Oct
<u>Biddy Basketball</u>	5-8	2nd week Aug	Sep to mid-Oct
<u>Golf</u>	7-14	1st week Sep	Oct to mid-Nov
<u>Boys Basketball</u>	9-14	1st week Dec	Mid-Jan to mid-Mar
<u>T-ball</u>	5-6	1st week Dec	Mid-Jan to mid-Mar
<u>Pitch-ball</u>	7-8	1st week Dec	Mid-Jan to mid-Mar
<u>Girls Basketball</u>	9-14	4th week Feb	Apr to late May

Watch for ads in this newspaper and on community bulletin boards for registration dates and locations. All sports are free of charge. KCAA is a community-based non-profit volunteer organization. For more info contact Tom Morse at 345-0706.



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AVID Class Continues Cell Phone Project

The students in Kohala High School's AVID class set a goal to collect 36 cell phones in 36 days for donation to the Verizon Wireless Hopeline program. The group more than met their goal, collecting 49 phones overall. The class is grateful for the community response.

The class went to Verizon Wireless in Kona to personally deliver the old phones to the Hopeline collection receptacle. While there students had an opportunity to visit with the branch manager. Amber Souza explained how the class began its project, "as a pay it forward activity for practice project planning and leadership." The branch manager shared that the old phones will be refurbished and distributed within

our islands.

Israel Victorino-Rabang commented, "It feels good to help others, and to help the environment by keeping old phones and accessories out of the landfills."

AVID stands for Advancement Via Individual Determination, a program to better prepare students for college and career success through a wide range of academic skills, leadership and community contribution.

The students felt such success with their campaign, they are willing to continue to collect old phones to deliver to Hopeline Verizon. Call AVID elective teacher at KHS Fern White at 889-7117 to recycle old cell phones through the AVID class or drop them off the school office.



—photo courtesy of Fern White

Kohala High School AVID students, left to right, Dillon Ku, Casey Stevens, Verizon sales rep K. Sheppard, Hauoli Sproat-Lancaster, Amber Souza and AVID elective teacher Fern White, deliver old cell phones to Verizon in Kona as part of the Hopeline program.

KOHALA CALENDAR

July

- 1 Sun 3 pm, Self-help Affordable Housing tour, free, at project site on Akoni Pule Hwy east of Hawi, Jack, 889-0349.
- 1 Sun 3-4 pm, Cross-stitch class w/ Dianna Sherwood, every Sunday, 4joi in Hawi, Val, 889-0888.
- 2 Mon 10 am-noon & 1:30-3 pm, Coconut frond & lauhala weaving w/ Mele Waikiki, each Mon. & Wed., by donation, 4joi in Hawi, Val, 889-0888.
- 2 Mon 6-7 pm, Growth Management Subcmte. Mtg., public invited, Surety Kohala office, Hawi, Hermann, 889-1464.
- 3 Tue 1-4 pm, "Joiful Quilting" class w/ Karen Miller every Tues., 4joi in Hawi, Val, 889-0888.
- 3 Tue 4-5:30 pm, Hope for Haiti Mtg., St. Augustine's Walker Hall, new members welcome, Lani, 889-5852.
- 3 Tue 5 pm, CDP Infrastructure A Subcmte. Mtg., KIC, public invited, Giovanna, 889-5590.
- 3 Tue 7 pm, O-Bon dance practice, also Thurs 7/5, Kohala Hongwanji Mission temple, Halaula, 775-7232.
- 4 Wed Independence Day holiday, county/state/federal offices closed.
- 5 Thu 9 am-noon, "Learn to Knit Projects" class w/ Karen Miller, every Thurs., 4joi in Hawi, Val, 889-0888.
- 5 Thu 2-4 pm, Friendship bracelet patterns class w/ Sage Nicholson & Mariah Letzring, every Thursday, 4joi in Hawi, Val, 889-0888.
- 5 Thu 6-7:30 pm, Intro to Hawaiian language, ages 15-adult, Thurs thru 7/26, \$40, Kenji's, Bronson, 640-5215.
- 5 Thu 6-9 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365.
- 6 Fri 10 am, Preschool Story Time series, ages 2-5, Fridays except 7/20, North Kohala library, 889-6655.
- 6 Fri 11 am-1 pm, Creative hat painting/logo/graphic class w/ Shandelle Levine, every Fri., 4joi in Hawi, Val, 889-0888.
- 6 Fri 2-4 pm, Macrame class w/ Merlin Hindley, every Friday, 4joi in Hawi, Val, 889-0888.
- 7 Sat 8:30 am, "Walking in the Wild" guided silent walks, monthly, Bond Homestead, Kapa`au, by donation, sign up by 8:30 at tent behind kiosk, call `Iole at 889-5151.
- 7 Sat 11 am-1 pm, "Learn to Crochet" class w/ Karen Miller, every Sat., 4joi in Hawi, Val, 889-0888.
- 7 Sat 1-3 pm, "Keep Memories" scrapbook class w/ Tana Clarkson, every Sat., 4joi in Hawi, Val, 889-0888.
- 7 Sat 5 pm, O-Bon festivities, graveyard service, 6 pm church service, 7 pm dance & concession, Kohala Hongwanji Mission temple, Halaula, 775-7232.
- 9 Mon 6-7 pm, Kohala Haw'n Civic Club Public Mtg., Hawi Community Center, Rochelle, 896-3033.
- 10 Tue 11 am, Adult book discussion group, "The Mists of Avalon," North Kohala library, 889-6655.
- 11 Wed 4:30-6:30 pm, CDP Public Access Subcmte. Mtg., Senior Center, Ted, 889-5801.
- 12 Thu 9:30-11:30 am, Art of Collage workshop, also 7/19 & 7/26, \$55, Kenji's, Rebecca, rebeccalux8@gmail.com.
- 12 Thu 5:15 pm, Nonpartisan candidate forum: State Senate, House & mayoral candidates, Waimea school cafeteria, free, Sherman 885-1725.
- 12 Thu 7-9 pm, Kohala Jodo Mission Bon Dance Practice. Bring towel (tenugui). Sam Gushiken, 896-7645.
- 14 Sat 7:30 pm, Kohala Jodo Mission O-Bon Festival. Enjoy delicious foods such as teriyaki, musubi, hot dogs, & cold drinks. Sam Gushiken, 896-7645.
- 16 Mon 2 pm & 6 pm, Simple Jewelry Crafting with Sid Nakamoto, free, North Kohala library, 889-6655.
- 16 Mon 3-5 pm, Drum Circle. Learn Arabic, Egyptian & other rhythms. Percussion, flute, strings, harps, dancers welcome. Free. Sadie, 889-6298.
- 16 Mon 4:30 pm, CDP Affordable Housing Subcmte, public welcome, Senior Center, Collin, 880-6726.
- 16 Mon 5:30 pm, CDP Infrastructure B Subcmte, public welcome, St. Augustine's Sunday School rm, Susan, 882-7611.
- 19 Thu 1:30-2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730.
- 19 Thu 6 pm, Ukulele workshop, open to all ages and levels, bring an ukulele & join the kanikapila, free, Hawi Gallery, Richard, 206-452-3697.
- 21 Sat 9 am-1 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am-1 pm, 889-5177.
- 21 Sat 4:30-6:30 pm, Free Grindz--Hot Meal, under the Hawi Banyans, bring a friend, Kohala Baptist Church, Sondra, 889-5416.
- 23 Mon 9:30-11:30 am thru 8/3, "Getting Over the Times Table Blues," workshop on multiplication, ages 8-10, \$125, Kenji's, Christine, chustace@gmail.com.
- 24 Tue 10 am-1 pm, thru Friday, 7/24, Vacation Bible School at Gospel of Salvation Church, Kokoiki Rd., ages 3-11, Bernie Bermudez, 884-5009.
- 25 Wed 8:30 am-12:30 pm, `Iole Volunteer Day, trail clean up & mahalo lunch, sign in by 8:30 at tent behind kiosk at `Iole, Kerry, 889-5151.
- 28 Sat 11 am-12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am-12:30 pm.
- 30 Mon 3-5 pm, Drum Circle. Learn Arabic, Egyptian & other rhythms. Percussion, flute, strings, harps, dancers welcome. Free. Sadie, 889-6298.
- 31 Tue 6 pm, CDP Agriculture Subcmte. Mtg, public welcome, KIC, Frank, 333-8026.

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Kohala's Coconut Revolution Coming Your Way

By Tim Head

The big news coming in on the coconut wireless these days is this: Coconuts have been rediscovered.

Coconuts are a versatile super food providing nutrition, health benefits, and amazing medicinal properties all wrapped in one delicious package.

Mineral-filled coconut water is on the shelves of our supermarkets, and there are a dozen brands of coconut oil to choose from in the health food stores. In South Asia and the Pacific Islands (where millions of palms grow) millions of people eat some form of coconut every day. In Hawaii most coconut products are imported and expensive.

So why aren't we all planting coconuts in Kohala?

There are some good reasons. Here's a short version of a long story. During the past few decades health-conscious shoppers have shunned coconuts because of the high saturated fat content. Many people are concerned about cholesterol build up, clogged arteries, heart attack or stroke. Sales of coconut products began falling about 50 years ago and are now rebounding.

Researchers have recently found that the fat in coconut oil is unique and different from most all other fats, possesses many health-giving properties and is gaining long overdue recognition as a nutritious health food, rich in fiber, vitamins, and minerals. Like all plant



—photo by Carolyn Mondress

fats, coconut oil contains no cholesterol. So now we know what coconut eaters from Bombay to Papeete have known all along.

Apart from the fear of heart attack, there are more reasons to reject coconuts. First, they are difficult, even dangerous to climb, trim and harvest. Every year thousands of nuts fall to the ground in Kohala from mature palms and eventually sprout or rot.

If a fallen coconut is picked up promptly it is still good to eat. The Polynesian way of removing the husk is to use a machete or a sharp stake in the ground. Machetes can be dangerous.

Every year there are dozens of people on this island who accidentally chop a finger instead of the coconut. The stakes work well (also dangerous), but require quite a bit of hand/arm strength plus determination.

Once you get the husk off, how is the meat removed so you can make flakes, milk or oil? This can involve various gadgets, many that don't work well, or a hammer and screwdriver. This step can be frustrating, laborious and discouraging.

Auwe! It is no wonder coconuts have declined in popularity and use.

Enter technology and innovation to the rescue.

In Southern India families that have traditionally provided climbers for coconut plantations have decided to send their sons to college instead of up the palms. A serious shortage of climbers has spawned the invention of several simple, inexpensive and safe climbing devices that can be learned and used by anyone.

Also in India, coconut husking is accomplished by a simple tool operated at waist level. The husk is easily opened by use of a lever. Even elders with arthritis use them.

For grating meat out of the shell, Indian housewives use a handy counter-top grater with a rubber suction base.

These innovations are on their way to the Big Island, will get here soon and can transform how coconuts are processed.

Also available are simple and easy-to-use oil presses. Research and testing have shown that coconut oil has many remarkable medicinal qualities and is one of the very healthiest oils for frying and baking.

One more thing: puka heads from falling nuts. It's amazing how much fear and dread people can get themselves into picturing lawyers and law suits. The solution: Landscaping around your palms can direct traffic around the drop zone. Lauwae fern works well and looks great.

Why go through all of this? Because it is the pono thing to do.

Planters are looking at long-term food security and good nutrition for your `ohana and your community. Once the coconut seedlings are up and growing it takes seven to 12 years (time flies) until they begin bearing. A palm can provide up to 150 nuts annually for 75 years.

Here's the deal. You go to the trouble, do the work and wait. This is about food self-sufficiency for Kohala's future. It's your big giveaway to the community. Who benefits? Everyone, even people you don't know or who are not yet born.

Why plant coconuts? Why not?

Got Sprouts?

Coconuts for Kohala, a newly formed community project, is launching a campaign to reforest the region with coconut palms as part of the eat locally grown movement.

Carolyn Mondress, spokesperson, said that about a dozen volunteers are collecting coconut sprouts in the community to support the effort.

People who have sprouts under their mature palms and would like to donate them are invited

to call Carolyn (889-5641) or Brad Belmarez (430-3183).

"We need hundreds of sprouts. All this rain lately has been perfect weather for germination," Carolyn said.

Donated sprouts are being planted in plastic grow bags at Aikane Nursery in Hawi and provided to the public at \$4 each, about one-third the retail price. The sprouts are also available at the Saturday farmers market.

Persons interested in planting coconuts on their property can



Coco sprout —stock photo

contact Carolyn or Brad at the above phone numbers for free information on site selection, planting and care.

Assistance in planting is also available by project volunteers for a modest charge.

The group has a goal to encourage and assist Kohala residents to plant "one thousand coconuts a year" as a meaningful step toward long-term food security, self-sufficiency and healthy nutrition. Coconuts for Kohala is an action program sponsored by Sustainable Kohala.

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