

# Kohala Mountain News

Vol. 11, No. 11

November 24, 2012

## Wille to Represent Kohala on County Council

Story and photo by Megan Solís

After a primary election riddled with glitches and disgruntled voters, the general election polling in Hawai'i County went smoothly November 6. Despite the notion some have that Hawaii votes in the presidential election are meaningless, every vote counts when it comes to the local level.

Margaret Wille won the County Council District 9 seat, representing North and South Kohala and Waikoloa, with 47.3 percent of the vote to Oliver "Sonny" Shimaoka's 41.7 percent, a difference of 414 votes.

"District 9 is an extraordinary community of talents, resources, and spirit," said Wille in a statement to KMN. "I am committed to lead and partner with our North and South Kohala communities based on the principles of open and fair government in a spirit of stewardship of our `aina. I will stand strong for principles of home rule and for providing meaningful opportunities for community say-so in County government decisions, particularly through the Community Development Plan Action Committees. Thank you for your support and trust."

See Elections page 3

## Ceremony Pays Special Tribute to Women Veterans

Story and photos by Lynda Wallach

On Sunday, November 11, members of the community gathered at Hisaoka Gym for the 10th annual Veterans Day ceremony presented by the Kohala National Guard Alumni. This year's ceremony paid special tribute to Kohala's women veterans.

After the Master of Ceremonies, Jennifer Stevens, opened the ceremonies, the colors were posted by Kohala Boy Scout Troup 56. Pam Ahuna led the singing of the national anthem, Kayoko Hanano read the invocation and then Mable De Silva gave the welcoming address. She explained the origins of Veterans Day, which began when President Woodrow Wilson declared November 11, 1919, as Armistice Day, a holiday to commemorate the ending of World War I. In 1938, November 11 was made an annual legal holiday and, in 1954, the holiday was expanded to celebrate all veterans and the name was changed to Veterans Day.

A medley of patriotic songs by the Kohala Senior Chorus under the direction of Robert Glory was followed by guest speaker Patricia Champagne,

Kohala Middle School principal and an Army veteran. She spoke to the audience of her father, who joined the Marines during World War II at age 16 after lying

Colleen Pasco, Kohala High School teacher and an army veteran, then read the names of Kohala's women veterans. Twenty-six women from Kohala have served in the U.S. armed forces, past and present, and seven were present to receive their community's honor and gratitude.

Frieda Lafer, at 97 the oldest among them, served with the U.S. Army during World War II at Fort Morsey, New Guinea. Naomi Kaiamakini Laau was at Lettermans and the 34th General Hospital in Orleans, France. Emily Timeteo DeWitt was a WAC who trained at Fort McClellan, Ala., and was stationed at the Presidio in San Francisco. Mina Switzer was with the U.S. Marines at Parris Island, S.C., and Capt. Joan Pruchniak, a retired member of the U.S. Navy Nurse Corps, was last stationed on the USNS Mercy during the 1990-1991 Gulf War. All of the women veterans were then presented with lei and flags by the scouts of Troup 56.

Members of a battalion team from  
See Veterans, page 2



Holding flags, Kohala Women Veterans from left: Frieda Lafer, Naomi Laau, Emily DeWitt, Mina Switzer, and Joan Pruchniak

about his age, and that it was because of his influence that she joined the army reserves after college. She stated how proud she was to be part of a ceremony honoring women veterans and that now "women are standing shoulder to shoulder, boots on the ground, with their male counterparts."

## American Cancer Society Honors Former Kohala Resident as a 2013 Hero of Hope

Daveline Andaya Ching of Waikoloa, Hawai'i, was honored by the American Cancer Society as a 2013 Hero of Hope. The award recognizes 28 cancer survivors and caregivers in the six-state High Plains Division who have exemplary involvement with Relay For Life, made

physical and emotional aspects of their experience. They represent courageous voices of hope.

Daveline's battle with thyroid cancer was a 10-year struggle that took her from her home in North Kohala to Hilo and Honolulu for treatment and tests and finally to the Mayo Clinic in Minnesota. Along the way she lost her taste buds, was paralyzed from her waist down, lived with constant seizures for nine years, and was forced to sell her home and move. Through her struggles, she remained positive and continued to be a pillar for her family.

"I'll never forget the day. It was Halloween 1994 when my Ob-Gyn felt the lump on the side of my neck," Daveline remembers. "My doctor took some samples and in November I got the results. I had thyroid cancer."

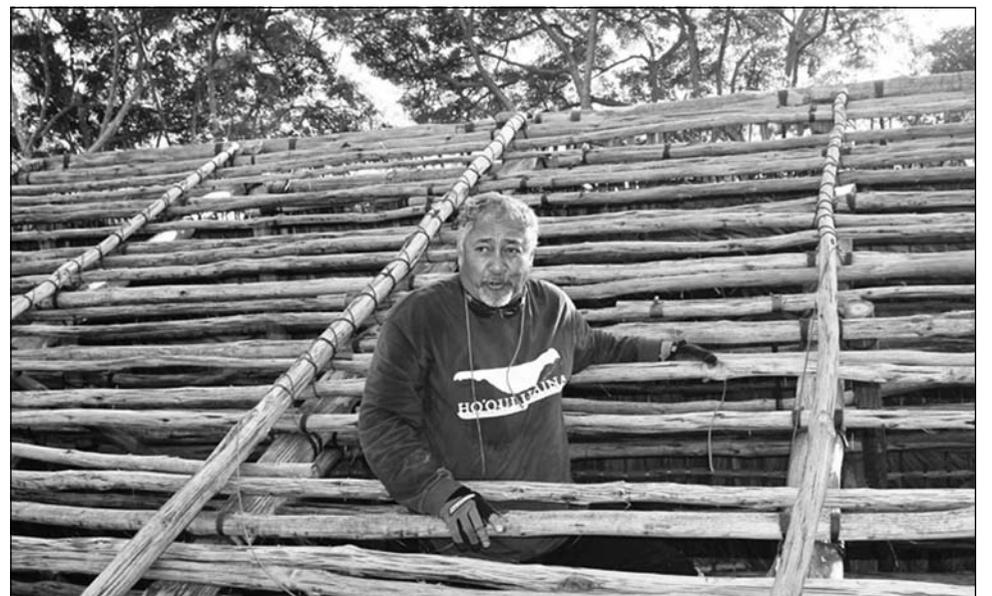
Daveline took the diagnosis in stride and settled on getting better. In December  
See Cancer, page 2



Aunt Daveline Ching, left, with her mother Rose Sameshima, who is also a cancer survivor.

significant contributions to cancer control, and made an impact in the lives of others. The honorees symbolize the courageous struggle against cancer as they and family members deal with the

## More than Just a Hale... Building Community



—photo by Megan Solís

A series of workshops on traditional Hale building at `Iole culminated November 10 with a celebration. Here, Uncle Walter Wong, a master Hale builder, works on the top of the hale. For more on the project, see page 10.

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## Annual Holiday Remembrance Event in Kohala Discontinued

North Hawai'i Hospice will not be holding a remembrance ceremony during the holiday season at the Kohala Senior Center this year. Many in Kohala have attended or volunteered for the annual Light Up A Life holiday remembrance events held in North Kohala over the years. The spirit and intent has always been to give community members a chance to remember and honor loved ones during the holiday season. The modest tree ornaments hung each year with loved ones' names written on them have held special meaning for many of us each season.

North Hawai'i Hospice plans to continue the tradition of selling the memorial ornaments in Waimea this holiday season but they will not hold the same program with music and readings as they have in the past. NHH explained that as their hospice 'ohana grew, it

became challenging to honor all of the names on their list.

Starting two years ago NHH partnered with the Fairmont Orchid to host a Floating Lantern Ceremony to honor and remember loved-ones in a meaningful community ceremony. This event has now replaced the holiday program that was so long a tradition in North Kohala and Waimea.

All are invited to honor loved ones this holiday season with a remembrance ornament from Hospice to place on the memorial tree in Parker Square in Waimea. Watch for sales in front of Parker Square, KTA, Foodland and Parker School Farmers Market starting the weekend after Thanksgiving. Ornaments also can be picked up at NHH office.

For information, call 885-7547 or go to: [www.northhawaii hospice.org](http://www.northhawaii hospice.org).

### Veterans, continued from page 1

Fort Shafter on O'ahu, led by Lt. Col. Matt Goodman, had been invited to take part in Kohala's Veterans Day celebration. Lt. Col. Goodman and the other speakers, Capt. Kristin Trashma and Sgt. 1st Class Roxana Carr all spoke of their pride in being part of the U.S. Army and their bonds with both their fellow soldiers and with all veterans.

Joe Vitorino then introduced Lt. Col. Michael Ragan, recipient of the Operation Vacation award. Operation Vacation in Hawai'i provides a member of the armed forces with an all-expense paid weekend on Hawai'i Island.

The beautiful final song by the Senior Chorus was written especially to honor the veterans from Hilo.

Asked for their thoughts about the event, the women veterans had this to say:

Joan Pruchniak - "I was very moved by all the tributes that were afforded to all the women, mostly for the women that were here...and I think that the whole presentation was beautiful."

Mina Switzer - "It was beautiful. I've

been to several already every year and they're getting better and better. Every year we've been honoring the veterans but never the females."

Naomi Laau - "I am just flabbergasted. I really am proud of this organization. I am really proud and I am honored to have served."



Boy Scout Daniel Groves presents a lei to Frieda Lafer.

Emily DeWitt - "I was so touched. It was really so nice that they honored us."

Frieda Lafer simply said, "Wonderful!"

*Cancer, continued from page 1*  
ber, she had surgery to remove her thyroid, and in January began radiation. Her husband was her caregiver and drove from Kohala to Hilo for treatment. Every treatment required two trips to Hilo. One day for tests and the next day for the treatment. By the end of May Daveline had had enough. She couldn't take any more radiation and long drives. Miraculously everything turned out fine. The radiation treatment seemed to work. Daveline thought her cancer journey was over. Actually, her struggles had just begun.

For the next year, it seemed like life was back to normal. Then in late June Daveline woke to find that she was paralyzed from her waist down. She struggled for an hour to reach the phone on the other side of her bed to call 911. The ambulance transported her to the emergency room but doctors didn't know what was wrong. She also started having seizures. For the next year, Daveline was constantly flying back and forth to Honolulu for tests. That's when she contacted the American Cancer Society for help.

"The American Cancer Society was there for me. They provided me with airline tickets to Honolulu," she recalls.

Her doctors in Honolulu could not diagnose her condition, and she was sent to the Mayo Clinic. After six days of tests her doctors at Mayo finally diagnosed her condition as Stiffman Syndrome.

"They told me I would never walk again, and gave me about three years to live," she says.

Daveline flew back home to Kohala, not to die, but to live. For the next four years she took her medication and she got better. In 1996, she participated in her first Relay For Life in Kohala. "I couldn't walk, but that night, my daughter walked the track for me."

Daveline has been participating in Relay For Life ever since. "I will never be able to replace the American Cancer

Society for everything they did for me," she says. "For the transportation assistance they provided to get me to Honolulu. And for the ear and shoulder they provided, every time I needed someone to talk to. The American Cancer Society was always there for me."



Auntie Daveline with other Survivors at the 2012 Relay For Life of Kohala.

Today, Daveline is fine. No cancer, no Stiffman Syndrome, no seizures. "I participate in Relay For Life to encourage cancer patients, caregivers and their families that we need to keep fighting until we find a cure. I share my story about my struggle so others understand that there is hope," she explains.

"The Hero of Hope Award offers an exceedingly visible sign of one's courageous battle against cancer as well as inspires support and involvement in the programs offered by the Society," says Maile Lincoln-Carvalho, American Cancer Society Hawai'i Pacific, Community Manager-Development, Hawai'i Island Field Office.

Each Hero received their award at a special ceremony during the Relay For Life Leadership Summit held in Dallas, Texas.

"Hope for future cancer patients, and proof of the progress that is being made in cancer research, is evident through hearing these Heroes' stories and meeting them," says Lincoln-Carvalho. "We are proud of these individuals, including our own Auntie Daveline, who prove to be true Heroes in their communities. They are without doubt profiles of courage and the reason we continue to Relay."

For more information about the American Cancer Society visit [cancer.org](http://cancer.org) or call them 24/7 at 1-800-227-2345. For more information about how to get involved in a Relay For Life event near you, visit [relayforlife.org](http://relayforlife.org).

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## Free Flu Vaccinations Offered

Don't let cold and flu season get you down... get a flu shot! Free flu vaccinations are being offered at Kamehameha Pharmacy in Kapa`au on two Wednesdays, December 5 and 12, from 2 to 4

p.m. Must be 18 or older. No appointment necessary.

Mahalo to Kohala Hospital Charitable Foundation for sponsoring this service.

## Winter Solstice Concert at Gallery

The Living Arts Gallery hosts its third annual holiday season concert on Saturday evening, December 22, at the gallery. Live music will be provided by a variety of our favorite local musicians (including Nelson Denman, Dave Gomes, Wendy Hindley, Karen Miller, Aja, and more...) as we celebrate the turning of the light, as the nights grow shorter and the days grow longer at Winter Solstice. It's the time of celebrating the birth of Christ consciousness, and the generosity of the Christmas and Kwanzaa gift-giving traditions. We're also celebrating the "Bowl

of Light" and honoring our Hawaiian host community!

So come make merry with us, enjoy refreshments and music, and good cheer! This is a free community event; however we suggest that you bring a donation of canned goods/cash for our local food bank. Mahalo!

The Living Arts Gallery is located at 55-3435 Akoni Pule Hwy., in the east corner of the Hawi Hale Building. For more information call the gallery at 889-0739, or stop by any day between 10:30 a.m. and 5:30 p.m.

### Elections, continued from page 1

In the mayoral race, Mayor Billy Kenoi defeated former mayor Harry Kim 49.8 percent to 47.6 percent—a difference of only 1,437 votes countywide.

In the closest race, Mitch Roth narrowly defeated Lincoln Ashida for Prosecuting Attorney by just 127 votes, while 1,617 ballots were left blank for this office.

district 2, and Mazie Hirono (D) will represent Hawaii in the U.S. Senate.

For the Office of Hawaiian Affairs, Resident Trustee for Hawai'i Island, Robert Lindsey was elected by 42.4 percent.

Of the two State constitutional amendments and six County Charter amendments on the ballot, only County Charter amendment No. 4, allowing the County Council to create special funds

without first obtaining the recommendation of the Mayor, was not approved by voters. All other amendments were approved.

Overall voter turnout in Hawai'i County was 61.1 percent of registered voters. Kohala's precinct (07-03) was slightly less at 59.7 percent. Our precinct has 3,838 registered voters; 2,291 actually voted with 1,301 showing up at the polls on election day, 182 voting absentee by early walk-in, and 808 voting absentee by mail. Census

data from 2010 estimates the North Kohala population of those over 18 years old at 4,910.



Voting proceeded smoothly at the polls at Kohala schools' cafeteria November 6 with 1,301 people casting their vote at the precinct that day.

In other races, Malama Solomon (D) won the State Senate District 4 seat with 60.9 percent of the vote. Tulsi Gabbard (D) is the new U.S. Representative, Dis-

## Volunteer Work Continues at Kapa`a Beach Park

On Tuesday and Wednesday, October 16 and 17, the Kohala National Guard Alumni (with some help from the Lions Club) gave the Kapa`a Beach Park pavilion a little tender loving care. Led by Bobby Glory, a handful of workers painted the roof of the pavilion and

Since the National Guard Alumni adopted the park, the pavilion has been repaired and completely repainted, water has been restored, and the barbecue is now fully functional. Their next job is to repair the big water tank before it gives out.



—photo by John Winter

repaired the barbecue just behind it. Bobby and Joe Carvalho spray-painted the roof, and a pleasant dark green now covers the old battered surface. The work crew also included Nario Libron, Lefty Nakayama, Collin Kaholo, Gilbert Bigtas, John Winter and Jesús Solís. The crew removed the crumbling barbecue wall, poured in a nice new cement replacement and rebuilt the grill pit with firebrick.

Bobby Glory and Joe Carvalho paint the roof of Kapa`a Beach Park pavilion.

Please go to this lovely park and enjoy a nice meal some day soon. Thanks, guys!

## 'Tis the Season...Holiday Celebrations in Kohala

The Christmas and New Year season will soon be upon us. Share the festivities with friends, family and the community at the following events:

Sunday, December 9, there will be a Christmas celebration at Father Damien Hall, Sacred Heart Church in Hawi, from 5:30 to 8:30 p.m. The public is invited to participate in this free dinner and program.

On Monday, December 24, share Christmas Eve under the Banyan tree in

Hawi. A free dinner at 6 p.m. will be followed by singing and a short program from 7 to 8 p.m.

Ring in 2013 at Kohala Baptist Chapel in Makapala with a New Year's Eve celebration, Monday, December 31. A free dinner will be provided from 6 to 7 p.m., followed by mochi pounding and fireworks from 7 to 8 p.m.

For more information, call Sondra at 889-5416.

### Correction

KMN wishes to correct a statement from the September 29, 2012, edition, "Action Committee Gives Annual Update at Community Meeting," page 8. With regard to the Parks and Water Improvement subcommittee, two volunteer groups—the Mahukona Cat Colony Caregivers and a group led by Marty and Linda Halbritter to refurbish structures and landscaping at the park—are working with the County Department of Parks and Recreation under the "Friends of the Park" program to make improvements to the beach park.

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## Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



### December

Ad Deadline: 12/7/12  
News Deadline: 12/10/12

## Kohala Mountain News

www.kohalamountainnews.com

**Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.**

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive

preference for publication.

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## Letters—

### Kohala Hospital Charitable Foundation and Kohala Hospital Update

The construction plans for the new E/R are now at the Planning Department after successfully going through a lengthy review process by a state board that regulates hospital construction. We are very excited as that fabled *light at the end of the tunnel* has seemingly been sighted, and we can soon move forward into the construction phase.

For Your Information: shown below are all the purchases and services that KHCF has funded for Kohala Hospital. Fundraising started in 2002, and the first purchase was in 2004.

**04/30/04:** Purchase 28 new patient beds \$64,400---**5/31/04:** Purchase food

delivery cart \$3,659---**11/23/05:** Purchase patient commode seat \$5,562;

**06/29/06:** Purchase Surgi stand/lift device \$2,510---**09/27/06:** Paid for wood work in X-ray room \$1,966---**09/29/06:** Purchased/installed new phone system \$23,113;

**09/29/07:** Purchased new patient van \$45,775---**07/05/08:** Purchased and installed new stove \$9,175---**11/14/08:** Paid for flu shots for community \$990;

**11/26/08:** Purchased portable X-ray \$39,250---**01/29/09:** Purchased emergency auto vents \$5,655---**09/30/09:** Purchased ultra sound and training for staff \$41,400;

Since January 20, 2010, our Founda-

tion has been saving funds in anticipation of the RECAP (Rural Emergency Care Project) construction start-up; we currently have \$292,000 in our accounts toward that end. The two totals on this page equal \$594,876, plus during the last 10 years approximately \$45,000 was spent to pay the monthly operating costs like taxes, printing, bulk mailing, grant writing etc. Most of this \$644,376 was raised here in Kohala. The support that our Foundation and this hospital have received from this community is humbling! Thank you!

Sincerely,  
Tommy Tinker  
KHCF Board President

### Neighbors, Police Offer Kokua with Escaped Pig

We would like to give a BIG MAHALO to everyone that was involved in retrieving our escaped pet pig. From the police dispatcher who was able to locate us when we were not at home, to the three or four police officers that stayed on our property from the beginning and helped us recapture our loose pet pig, and for our neighbors, John and Susan Cook, for trying to keep our pig at bay with food on their property and notifying the police department that our pig was first loose.

I would especially like to commend the three or four police officers that were there the whole time during the "great escape." They stayed from the beginning to the end, which was a long time! They were so professional, calm, patient and understanding. Once we came home, when it came time to recapture our pig, they were not afraid to step in and help with the "roundup." In addition, after capturing the pig, they all looked amused at how tame our pig really was, (once she had been put back

in her pig pen, of course!)

We really wished that we had written down the police officers' names, so we could give them the credit they deserve, but my husband and I were too caught up in the moment. It is really important to give credit to our police officers when at times, they are not always appreciated. They are definitely appreciated in our book!

Thank you again for all your kokua!  
The Aweaus  
Kapa`au

### Giving Thanks for a Place to Have Local Voices Heard

What do North Kohala kupuna have to be thankful for this Thanksgiving season? Many things, for sure, but one of them is the folks at Kohala Mountain News: Megan Solís, Anne Fojtasek, Tom Morse, Jesús Solís, Hana Anderson, Jenna Vega, all the monthly contributors who give voice to the North Kohala `ohana and all the advertisers who make it happen, especially Takata Store.

Mahalo nui loa, with heartfelt aloha,  
Lanric Hyland  
Kapa`au

## Viewpoint

*Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.*

### Tenants Voice Opposition to `Ainakea Seniors Residents' Association

*Kohala Mountain News received some responses from `Ainakea Senior Residences tenants to recent viewpoint pieces in KMN about the issue of a residents' association at the complex, written by Lanric Hyland, also a tenant. The responses are below:*

I have been a tenant at the `Ainakea Senior Residences since June of 2010. My stay here has been more than pleasant and enjoyable. The facilities are great, management fair, friendly and helpful. Most of my neighbors are like family.

The rules (spelled out in our lease agreements) are fair and reasonable.

I am not a member of any "Tenants Association" nor do I plan to be. Any difficulties or problems I may have can be settled with management myself. Why take my concerns to a "questionably reputable group" to achieve the same ends?

Mahalo `Ainakea Senior Residences.  
~Henry G. Danford

I have lived here at `Ainakea Senior Residence since it opened in 2009. It is a loving and cheerful environment most of the time, and the only disharmony I

have encountered has been between the residents themselves. In a case like this, we have a meeting with all concerned parties and a mutual understanding and agreement takes place and the conflict is resolved.

When I moved in, I had to sign a contract, and in that lease agreement was a set of rules that I read and understood and signed that I would abide by them. I know that this is the same process that all of us here went through. If we did not agree, we would not have to sign and we could find somewhere else to live. This was never implied but common sense should be used here. Where could we go for the comforts and affordability that we have here? Nowhere!

The management here has always been fair and understanding. It is my belief that when someone does not like the rules it is because they are either not abiding by them or want to break them. You love a policeman until you break the law and then they are your enemy. I am not now nor will I ever be a part of a tenants association here. Things were peaceful until "troublemakers" want to

control the rest of us. They do not represent me, and I would like to invite this paper and any interested parties to come and speak to the majority of us and get the real picture of what is taking place.

We should thank our blessings that a place like this does exist, and I pray that the few don't make it so that other lenders do not help with a place like this and elderly people in the future are not denied a comfortable, clean and affordable place to live. Mahalo nui loa.

~Linda Gonsalves

When is this going to end? Lanric spent a lot of time and energy criticizing the management team, the rules and bringing us shame. The majority of us want nothing to do with it. Certain individuals are speaking negatively about our home, in our town. We invite those who choose to believe these negative comments to come and talk to us and we'll tell you "how the cow ate the cabbage!" These folks seem not to care how these comments are having an adverse effect on some of the tenants' health

See `Ainakea, page 5

## Galo Fernandez and Shashi Langham Wed

Oligario "Galo" Fernandez and Shashikala "Shashi" Langham took their wedding vows on Sunday, November 11, at 11 a.m. at Galo's macadamia nut orchard on Lincoln Avenue, Maliu.

Galo's brother Julio was best man and Julio's wife, Elaine, was matron of honor. The wedding ceremony was presided over by Oliver "Sonny" Shimaoka, pastor of New Hope Waimea Christian Fellowship. Following the nuptials, a reception was held at Kamehameha Park.

Galo was born in 'O'okala to Jane and Peter Fernandez. He has lived all his life on the Big Island, except for his time away in military service. In 1965, after playing basketball and baseball for the 6th Regiment in Europe for three years, Galo returned to Kohala and began a 46-year career as a coach,

instructing players of all ages in basketball, baseball and softball. For the last 22 years, Galo has played and coached the Kohala Seniors Softball Team. In 2011, he was inducted into the Big Island Sports Hall of Fame.

Shashi was born in a small town called Kiambu about eight miles outside of Nairobi, Kenya, to Shamji Karman and Raniben Shah. Since the age of 12, Shashi has lived for most of her life in London, England, United Kingdom and was an advisor to UK government ministers. She left the UK civil service in March 2008 and had been living on the island of Cyprus, getting more in touch with her spiritual side. She is also a publisher on Amazon on the Kindle Devel-



—photo by Megan Solis

**Galo and Shashi Fernandez**  
opers' Platform.

The couple met on the island of Kaua'i on August 6 of this year. Galo

was there for the State Senior Softball Tournament as coach and player for the Kohala team, and Shashi was there to add her contribution and light to birthing a New Renaissance of Divine Love for all of humanity and all of life evolving on our planet, representing Cyprus, her island home in the Mediterranean since June 2010.

Their decision to marry has come as a surprise to family and friends, the couple said. Unfortunately, Shashi's family was unable to come to the wedding but they sent their best wishes and look forward to meeting Galo in person.

The newlyweds make their home in Kohala.

### *Ainakea, continued from page 4*

and well-being. So stop. We are sick and tired of being ridiculed.

Nit picking. As in life, if you don't follow the rules, you suffer the consequences, so there should be no fear, simple as that. The majority of tenants lived here longer [than Mr. Hyland] and had no pilikia [problem] with the rules.

We don't need a tenants' organization or fund to have our get togethers. Volunteers are willing to assist us in these events. Auntie Jo agreed to spearhead the candy drive again this year for our keiki in North Kohala for Hallow-

een. Linda has graciously volunteered to cook a wonderful Thanksgiving meal, and plans are being made for a Christmas party. We'll have a good time in spite of a tenants' association.

Lanric recanvassed the tenants to join the tenants' association; we want the results posted on our bulletin board.

~Nahale Napeahi

We don't want any part of the [tenants'] association. Yes, several of us attended the meeting on August 29, for we wanted to know what this was all about, so we gathered at the community

center. We didn't get to vote to have an association for we all walked out after we said what we wanted to say. We didn't vote for any officers.

Margaret Wille did not make conciliatory suggestions. All she said was "I'm here to listen in on the meeting," which was correct for she had no business there.

Paul said the rules are set as "guidelines." As in the past, we have put up Christmas decorations in our windows and the management didn't say anything about it; in fact, they encouraged us. The chairs and shoes in front of our doorway

was for safety reasons should we have a fire or for first responders. Alcoholic beverages were always being consumed on the back lanai at any time.

We are all happy living at `Ainakea Senior Residences before this "association" was started. Management has been fair with us, and the majority don't want an association for we can solve our problems by going to the management instead of the association.

So, leave us alone with the association. Let us live a happy life at `Ainakea, as we have been.

~Clara Ynigues

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## New Kynnersley Road Water Tank Underway

By Toni Withington

Heavy construction activity seen near the top of Kynnersley Road signals the start of a project to replace the water tank there with a new reinforced concrete tank three times the size of the old one. The Department of Water Supply expects work on the \$2.3 million job to take 10 months.

Once the new 300,000-gallon tank is completed and hooked to the Hawi Well system, the DWS will remove the old 100,000-gallon tank as well as an unused 50,000-gallon tank part-way up Kynnersley Road. The two tanks have "reached the end of service life," besides being undersized and not up to current standards, the department said in its environmental review.

Water from the new reservoir will service existing customers in the Kynnersley, Puehuehu, Honomakao and

Union Mill Road areas. "There will be no service area expansion," according to the report. The project is in line with Strategy 4.5 of the North Kohala Community Development Plan (NKCDP) on upgrading Kohala's potable water system.

The NKCDP Infrastructure Subcommittee participated in writing the environmental assessment for the project two years ago. The group suggested the contractor seek workers from Kohala, alignment of the access road to allow for safety of drivers, landscaping to preserve the viewplane and focus on native plants and finally that the tank be painted in a natural color to blend with the landscaping.

An early survey of the existing tanks found asbestos and lead on their exteriors. The project specifications call for careful and complete removal of the

tanks from the sites. The DWS has agreed to noise control measures during construction and minimizing the disruption of traffic on Kynnersley. Some traffic control is to be expected.

This is the second large project begun recently by DWS in Kohala. The \$1.268 million drilling of a new well in Halaula is also underway.



—photo by Megan Solis

Work has begun to install a new 300,000 gallon water tank to replace two old tanks on Kynnersley Road.

## More than Just Shelter: Finding Forever Homes for Kohala's Felines

By Kate Sterling

ZiZi flees across the room, presses hard against my legs, her eyes the size of quarters. She has just had her first serious set-to with another cat. I scoop her up, laying her over my shoulder, calming her with strokes, whispers. Another lesson learned in her socialization into the bigger world of humans and other cats.

ZiZi is not alone in this learning process. She is one of many kitties, rescued from all over North Kohala, being responsibly fostered, including getting quality health care and appropriate socialization training. While each has her/his own personality, they are on the whole gentle, playful, and friendly ... and of course, litter-trained.

Periodically, healthy and socialized, some of these kitties (mostly kittens, a few young cats now) are finally ready for adoption into forever-homes. But finding forever-homes is very difficult! How can interested people find good kitties available for adoption and get a chance to meet them? How can those who foster find good people who are

interested in adopting?

A few months ago, the idea was floated that this problem might be helped by coming up with a regular meeting place and time in which folks who are ready to offer a forever-home (or even just beginning to think about it)



Adopted about two weeks ago, Sandy has decided that life in his new home is just purrrfect.

could meet these great North Kohala rescued and fostered kittens/cats ready for adoption. And...

TA ...DA! The North Kohala Home Grown Kits 'n' Kats Adoption Day was born! Here, people and kitties get to meet each other in a supportive, relaxed, and quiet

place. The good news? The Adoption Day is a growing success, with many kittens/cats placed in forever-homes. One person even adopted three! Looks like it's a go!

Question? Comment? Please email Kate at popokipono@gmail.com.

The next Adoption Day is set for Saturday, December 15, from 9 a.m. to 1 p.m. at Kapa'au Veterinary Center. Watch for upcoming Kits 'n' Kats Adoption Day announcements in the events calendar of KMN.

## KMS Offers Winter Break School, Invites Public to Participate in SCC

Kohala Middle School will have Winter Break School, December 18 to 21 and 26 to 28 from 8 a.m. to 12 p.m. KMS will offer math and reading enrichment as well as fun activities during the day. Applications have been sent home with students, but if parents need more information or a new application, please drop by the school or call Deanna Shelor at 889-7119. All students are encouraged to participate!

KMS will have the School Community Council meeting on December 12 at 5 p.m.

All parents are welcome as well as community members. The focus for the next meetings will be 2013 to 2014 academic financial plan, and we will begin a discussion about a school-wide recycling program. Additionally, Kohala

Middle School will be undergoing the accreditation process, and parents and community members are invited to attend the meeting to review the "self-study report" to provide input. If parents or community members have items they would like to add to the agenda, please contact Chris Michaelis at 889-7119.

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## Kenji's Hosts Annual Community Christmas Show

Kenji's House welcomes local artists to submit their work for this year's Community Christmas show, with the theme: "Bring on the Light!" Art work can be dropped off at Kenji's in Kapa'au, December 10, 11, 12, 13. All ages welcome; \$5 entry donation for art submissions. Kenji's looks forward to the creative interpretations people will bring!

The public is invited to attend the opening night for the show on Saturday, December 15, from 6:30 to 8:30 p.m.

The show artwork will hang through the New Year, so bring your family and friends to see this fun exhibit!

## 'Got Talent' Offers Entertainment, Raises Funds for Illness Prevention

The holidays have started, and Kohala's One Holistic Place is ringing in the season with their second annual talent show fundraiser December 7 at 6 p.m. at the Kahilu Town Hall in Waimea.

OHP's mission is to prevent chronic illness in the Hawaiian population. Prevention doesn't mean "without" or "extreme." It means being aware of your health risks and adopting healthy lifestyle changes.

OHP will be introducing healthy alternatives that are delicious. Ribeye steak will be served with healthy local sides, including mashed Okinawa potatoes, spicy garlic edamame, and much more.

The talent lined up to perform at the show is extraordinary. Performers are

coming from North Kohala, Kamuela, and Kona. Christy Bell, Jonathan Brooke and Kira Ledward will be returning, and there will be a new band that performs a wide variety of styles including Hawaiian, country, rock and jazz.

OHP needs your support to help improve health disparities on the Big Island. One organization cannot do it alone. It takes a community to make a difference that will last. If you want to help make disease prevention a priority, purchase a \$30 ticket at Gill's Lanai in Kapa'au or Hawaii Cardiology at the Carter Professional Center building in Kamuela to attend a fun and lively event.

Contact Rachel Allen at 756-3883 or OneHolisticplace@gmail.com for more information.

## Blessing of the Animals at St. Augustine's Church

Story and photo by Kelly Vitorino

On Sunday, October 21, several parishioners of St. Augustine's Episcopal Church along with their four-legged and feathered friends attended a special service after mass for the Feast of St. Francis of Assisi, patron saint of animals. Dogs, cats, horses, chickens and baby ducks all came to be blessed and gently sprinkled with holy water as The Reverend Heather Mueller performed prayers of gratitude for all of God's creatures



The Reverend Heather Mueller performs a blessing on a horse named "Conquistar," as part of a special service for the Feast of St. Francis of Assisi, patron saint of animals, at St. Augustine's Episcopal Church.

and celebrated the beauty of their lives. St. Francis himself lived in harmony with nature, respecting all animals of the earth, and this custom of blessing is conducted in remembrance of his love for them. For whatever purpose, be it work, service or companionship, an animal in one's life can provide so much

joy and happiness. Their innocence and sense of unconditional love knows no limits.

This time of year is a wonderful reminder for everyone to be kind to all the animals of Kohala, as living in harmony with nature is also the true Hawaiian way.

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## New Shop 'Seconds to Go' Offers Pickup Service

Story and photo by Megan Solís

Looking for a hot bargain? Or maybe it's time to clean out the garage and kids' rooms but you don't know what to do with all the stuff and don't have time to sell it or haul it away? Seconds to Go, a new shop in Hawi, may be just what you need!

Owner Lani Obina puts a new twist on the traditional thrift shop by offering donors free pickup service of their clean and gently used items. The idea came to her when she was purging her own house of excess stuff and was making multiple trips to thrift stores to donate the wares. She said friends would ask if she would mind taking their donations as well—resulting in “van-loads” of clothing, housewares and other goods getting carted off to local thrift stores or to Salvation Army.

She decided maybe there was a need

in the community for someone to come to your home and carry all the items away for you. No more trying to remember to put the box of stuff in your car—or worse yet, hauling it around in the trunk



Lani Obina offers free pickup of donated items and bargains galore at Seconds to Go in Hawi.

until you remember to drop it off. Call Lani and she'll pick it up, sort through the items and make sure they are clean before putting them on the shelf.

Garage sale leftovers? Moving and need to get rid of items right away? Lani

will take care of it. Donations can also be dropped off at the shop, located behind Nakahara Store, when the store is open. Hours are Mondays and Wednesdays, 3:30 to 6:30 p.m. and Saturdays, 8 a.m. to 4 p.m. She asks that items not be left outside the shop when she is not there.

“This whole thing came together like ‘bam!’” Lani said, going from idea to an open shop in just a few months. “It all fell in place, so it's meant to be.”

The shop itself is clean and well-organized, with rooms designated for clothing, housewares, toys, etc. The light and bright space is airy and smells fresh. She likes to keep it spacious and not jam-packed with items to make browsing easier.

In addition to used items, Lani also sells her handmade baskets, created from found, natural materials like palm fronds. The beautiful baskets are a good

way to reuse and recycle, she says. She also tries to stay “green” by accepting clean, used shopping bags to be reused for customers. For customer convenience, she accepts credit cards as well as cash.

The shop opened on October 13, Ironman day, and she said it was a nice busy day. Foot traffic is especially good on Saturdays during the farmers market. She said some people come in every day she is open, just to see what's new.

Although doorways prevent her from displaying larger items, she will consider big pieces if she has the storage space. The articles will be photographed and shown on a bulletin board in the shop. At this time, she is not accepting items on consignment, but may think about doing so in the future.

To schedule a pickup, contact Lani at 987-3118.

## Seniors Celebrate Puerto Rican Song, Culture and History

By Kealoha Sugiyama

The Kohala Seniors Club celebrated Puerto Rican cultural day with song, dance and food. We were honored to have Tony and Chickie Dias come and share the history of the Hawaiian Puerto Ricans.

Puerto Rico became an American territory in 1898, the same year Hawai'i was annexed to the USA. In April 1900, the Hawai'i Sugar Plantation Association was looking

for a new source of labor to work in the sugar fields. A ship was sent to Puerto Rico with a Spanish-speaking person to recruit workers. The recruitment resulted in 10 separate voyages that brought 5,303 men, women and children to work in the various plantations

throughout the islands.

According to the late Blaswe' Souza, a group arrived in Kohala at Honoipo Point in May 1901.

A lot of the immigrants' names were spelled incorrectly because the plantation boss wrote down in the books what they thought it sounded like and transcribed it into English.

After sharing the history, Tony and Chickie entertained the club with songs while club members got up and danced. FYI... today the music style known as “katchi-katchi” is from the plantation days when other ethnic groups heard the sound of the “guiro” (serrated gourd) used for percussion and called it katchi-katchi.



—photo by Elsie Carpio

Kohala Seniors celebrated Puerto Rican culture with music by Tony and Chickie Dias. The music was so good that Bobby and Lorraine Glory and many other seniors just had to get up and dance!

## Kohala Middle School Hosts Book Fair

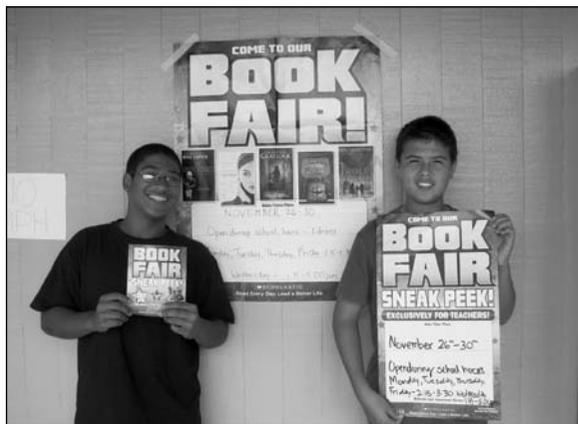
Kohala Middle School hosts its annual Book Fair from Monday, November 26, to Friday, November 30 at the

Kohala Middle School library. This eagerly awaited event features excellent books from the Scholastic Book Company.

Books, posters, and small gift items like bookmarks, pens and pencils and novelty items will be available for sale. Cash or credits cards will be accepted for payment.

The public is invited to after-school shopping hours for the Book Fair on Monday, Tuesday, Thursday and Friday from 2:15 to 3:30 p.m., and on Wednesday from 1:15 to 5 p.m. Students and teachers are welcome during school hours.

All profits buy new books for our Kohala Middle School library. Call 889-7119, ext. 254 with any questions, and thank you for your support!



—photo courtesy of Wendy Nickl

Dylan Torres-Salvador and Jamesen Keyes promote the Book Fair coming to Kohala Middle School.

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## Kohala Novice Swimmers Take 3rd

Over 500 people jammed into the Kohala Pool facility to participate in the County of Hawai'i Novice Swim championships held October 27. Teams representing the county pools of Konawaena, KCAC, Pahala, Pahoa, NAS, Kawamoto, Laupahoehoe, Honoka'a, Kohala and a team from YWCA competed in a fun-

events. Swimmers could enter only three events, and Maya completely dominated her age group. Not far behind was 6-year-old Sean Weyrick, who took two first-place and one second-place in the freestyle, breaststroke and backstroke events. Also 8-year-old Jake Maki took two first-place and one second-place ribbon.

Coach Jeff Coakley congratulated the Kohala swimmers and their parents who supported this year's winning team and gave a Mahalo to Jeff Maki and Kelli Pollak for their help with the novice team.

Also congratulations to Dalton Franco, Katie Wolin, and Jake and Maya Maki who have moved up and joined the Kohala Warrior Aquatic swim team and will be training and competing on



The Kohala Novice swim team took third place at the county novice swim championships.

filled swim meet.

Kohala, competing once again the USA Swimming circuit. against teams numbering 50 or more swimmers, did well with its swimmers 6 and under, 7 to 8, 9 to 10 and 11 to 12 years old, winning first place in numerous events and setting county records. Unfortunately, Kohala did not have any swimmers in the 13 to 17 year-old age group, which placed them at a disadvantage in garnering points needed to take the overall championship trophy.

Kohala's Outstanding Swimmer award went to 5-year-old Maya Maki, who won three first-place ribbons with record-breaking times in the 25 yard backstroke, freestyle and butterfly



The Kohala Pool was jam-packed for the Novice Swim championships October 27.

The Kohala Warrior Aquatic swim team is open to any and all swimmers who want to improve their competitive swimming skills.

## Kohala Warrior Aquatic Team Headed to State Championships

Thanks to the support of the community, Kohala's USA Swim team is currently preparing and training to compete in the Hawaii USA Swimming championship meet scheduled to be held on Oahu from December 14 to 17.

Representing the Kohala Warrior Aquatic team are Kassie Kometani (50, 100, 200 freestyle, 100 and 200 fly); Yuki Zbytovsky (50, 100 freestyle, 100 fly, 200 breast, 100 breast and 100 back); Marvelanne Clark (50 and 100 freestyle, 50 fly, 50 and

100 breaststroke, 200 IM, 50 and 100 backstroke); Naomi Ney (50 back and 100 free); Malcolm Davis (50 free, 100 free); and Morgan Davis (50 breaststroke).

With three more swim meets until the championship meet, the swimmers will continue their efforts to qualify for more state events. Kassie Kometani and Yuki Zbytovsky will also be swimming for the newly formed Kohala High School swim team along with other high school swimmers.

## Kohala Runners Trek All the Way to State

Two Kohala High School cross country runners qualified for and competed at the HHSAA Cross Country State Championships on October 26.

Leign-Ann Rivera, 11th grade, is a

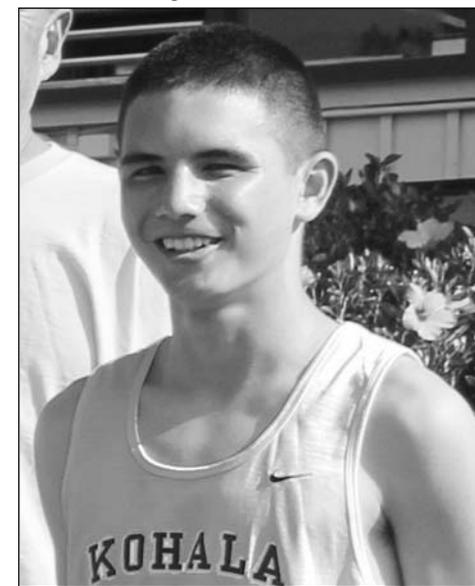
came in 24th place.

Tenth-grader Josiah Adams placed fourth among 219 male runners at BIIF



Leign-Ann Rivera

first-time cross-country runner with lots of natural ability, said coach Melody Nietfeld. She took 31st place of 145 female runners at the Big Island Cross-Country Championship (BIIF Championship) meet on October 19 with a finishing time of 25:42. At the HHSAA Championship meet she placed 114 of 160 with a time of 25:33. She continues to improve her time and has great potential, said Nietfeld. Among the runners representing the Big Island, she



Josiah Adams

with a time of 18:58. At the HHSAA Championship meet he placed 45th of 160 runners with a time of 19:06. Among the runners representing the Big Island, he came in fourth place once again!

The top two BIIF teams for boys and girls took their top seven runners to the state meet with third and fourth place teams carrying their top five runners. Kohala High did not make the team qualifications, but Josiah and Leign-Ann were eligible based on their individual times.



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## Restoring the Lo`i, Restoring Ourselves

Story and photo by Megan Solís

It didn't look like a typical construction site. No power saws or pounding hammers. Instead the sounds of children mingled with island music as young and old worked together to prepare Chinese fan palms to become a roof. The construction site was at `Iole, at the old Bond Estate, and the building was a traditional hale wa`a, or canoe house. The builders were volunteers who had been working for the past six Saturdays to learn hale building skills and the value of laulima [working together] and to reconstruct the hale, which had formerly been at Kohala High School.

There was no boss on this construction site either. Uncle Walter Wong, a local hale expert, smiled and described himself as a "sharer of knowledge." He has been guiding the volunteers, who came not just from Kohala but from all across Hawai'i island, to learn the traditional skills and support the `aina.

On that day, November 10, the group was lashing the palms for thatching, tying them strong so they won't slip. Uncle Walter peered out from near the top of the hale, where he was preparing the frame for the thatch, a place that is reserved for the master builder.

This project was born from a love of the `aina as demonstrated by a group of 10 friends and family who set out on July 17 to restore an ancient lo`i that had become a dense, overgrown forest.

Sa`o Vaefaga and Ainsley Galeon, two members of the group, explained that it all began with the volunteer trail clean-up days at `Iole, which offers public access to trails and welcomes people to roam the land in a time when access has been restricted in most places. A friend came home from one of these

clean-up days and said that people not from Kohala were giving a lot of time and aloha to the `aina. They felt inspired to do the same but wondered what they could do. When they heard about the lo`i needing restoration, they jumped in.

And so, `Ohua O Kia`i No Na Keiki O Ka `Aina [Servant Protectors for the Children of the Land] was formed, a group committed to seeing the lo`i not just restored, but to be used for the community and its people, with any revenue generated to go back to the community.

"It's been an adventure and a growing experience," said Sa`o. "Restoring the lo`i and restoring ourselves, learning about ourselves in the process."

The project was not easy. A half-acre of densely forested land was cleared by hand: trees, stumps and brush. Water was soon to be restored after years without it. The group works there every day, as volunteers. Despite the hard work, the two are all smiles.

"Most places there is someone in charge telling everyone what to do, but we're about sharing a common goal with respect for one another and what we're doing, which creates pono [morality], which is key to our success," explained Sa`o.



The recently restored lo`i was cleared by hand by a small group of volunteers. The old Kohala Girls School is seen in the background.

Ainsley agreed. "When I first came and saw what they were doing...they took out the whole forest with just their hands. It was a life-changing experience...seeing them do this not for money, just for the drive."

Both said the work was more fulfilling than any paying jobs they've had before.

The goal of the group is to create a more `aina-conscious community, they said. They want to promote education, give back to the community and share knowledge.

"We want to have guests, children, schools come up and get involved with hands-on experience," said Sa`o. "We have so many visions—people

who know Hawaiian language, crafts... to share with everyone. Come away with more than you came with."

"When we began working on the lo`i, oldtimers said, 'be careful, be ready, blessings are going to start coming.' In four months, the lo`i was restored, the hale built... it's growing. I believe it's going to bring on a feeling of 'take care of the `aina and it will take care of you.'"

The group plans to build a hale up near the lo`i for classes and eventually wants to see the lo`i restored all the way down to the duck pond behind Kalahikiola Church. The old lo`i walls have been dated to pre-European contact. They were last worked by the girls at the Kohala Girls School.

Some old taro still grows in the thick of the gulch, and Sa`o is happy that they'll bring back the fruit that was grown here too.

"There's lots of history here," said Sa`o, "and we're happy to be another layer."

A few of the members plan to visit Kumu Francis Palani Sinenci and attend the first annual hale festival in Hana, Maui, December 6 to 8. To support this effort or learn how you can get involved, contact the `Iole office and leave a message for Sa`o at 889-5151.



Volunteers prepare Chinese fan palms to be used as thatching on the roof of the hale.

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## `Ano`Ano Care Home to Open in Kohala

Story and photo by Megan Solís

The words "care home" can conjure images of a cold institutional facility, a last resort as a place for an elderly parent. However, `Ano`Ano Care Home, an adult residential care home opening in Kohala, dispels all those images with its warmth and personalized care.

food and alternative medicine and treatment."

With soaring ceilings and walls painted in soothing colors by local artist Deborah Thompson, the home resembles a luxury resort more than a care home. An open living area boasts comfy sofas and a large screen TV, while an

than aesthetics. A nurse's station was built with windows that allow staff to see the living area and entry at all times. The linen closet has an opening connected to the laundry area, allowing for direct placement of clean linens with as little handling as possible. Similarly, two dishwashers in the kitchen help limit contamination: sanitized dishes in one machine remain stored until the next use while the other machine is loaded with used utensils. All these help promote safety, limit the transmission of germs and prevent infection.

The five-bed care home has two wings for bedrooms. Each room has a view of either the ocean or garden area, with a dresser, desk, comfortable chair, hospital-type bed with wood head board, and a safe for valuables to provide peace of mind. Although rooms are elegantly appointed, residents are welcome to bring personal items—even a favorite rocker—as long as there is ample space to prevent clutter, which can be unsafe.

Each wing has a toilet area and separate wheelchair-accessible bathing room. Because residents often need assistance with bathing or space for wheel chairs, large bathrooms are necessary but are not feasible for each bedroom. Rice said it's important to allow dignity and privacy for residents to care for themselves as much as possible, and residents will be able to bathe in private or with help from staff as needed.

Of course, care is about much more than a facility's amenities—it's about the people who provide that care. `Ano`Ano will provide 24-hour supervision and care: one staff person always in-house, another on campus, a local registered nurse on-call 24 hours

a day, and an on-call medical director. In the future, they plan to expand to intermediate level care and even some skilled nursing with the hope of taking hospice patients and providing respite services.

"Our idea is to make it possible for someone to stay here if they want through all levels of needed care," said Rice.

Staff are cross-trained so they can provide direct assistance, cook, clean and even help with tending the home's garden, where fresh food is grown for the residents in a greenhouse and outdoor raised beds.

With multiple seating areas surrounding the home, Melton and Rice say they want to encourage families and friends to spend time with residents, expanding the home's `ohana. "With five residents—that's five families coming together," said Melton.

He says he understands not everyone can stay there, but sees no reason that `Ano`Ano can't go out in the community and have the community come in. Melton has given a presentation on Chinese medicine at the Senior Center, and during a recent visit to a friend at Kohala Hospital, he ended up spending a few hours giving treatments to both staff and patients there. During a recent soft opening event at the home, an impromptu musical performance was given by some of the seniors—an experience welcomed by staff.

Once final inspections are done by the Department of Health, Melton says they expect to officially open January 1. `Ano`Ano is a private pay facility that accepts long-term care insurance. For information or to schedule a tour, contact `Ano`Ano personnel at 884-5265.



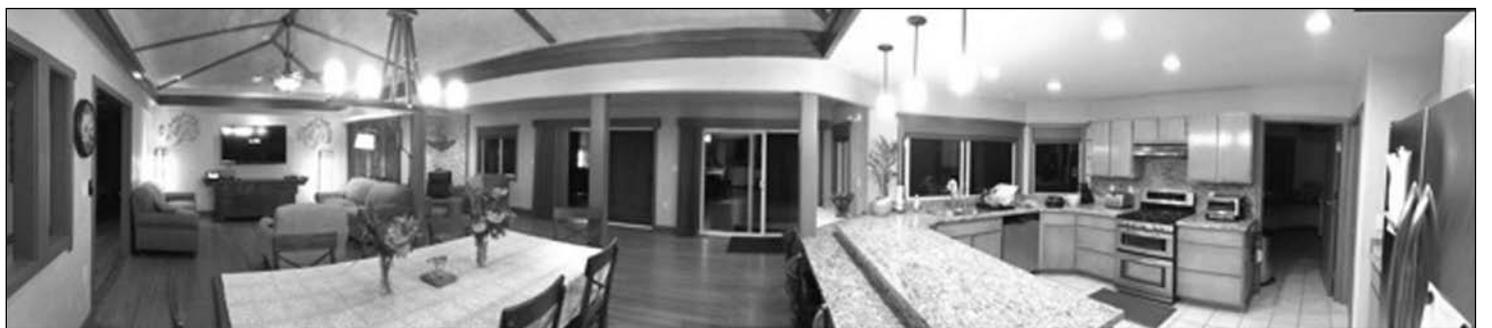
To enjoy the sweeping ocean view, `Ano`Ano has several areas outside where residents and family can gather to talk story.

Set on 23 acres off Kynnersley Road, `Ano`Ano is the former family home of Marc Melton, a specialist in Chinese medicine. Melton found an opportunity to put the vacant home to use by pairing his passion for promoting good health with a need for care homes in Hawai'i. With expert guidance from Carmela Rice, registered nurse consultant, Melton undertook a nearly two-year project to completely retrofit the house to meet ADA and medical facility standards under the Department of Health, all while maintaining an aesthetic that evokes "home" instead of "hospital."

"Our main goal is to look at how we can help people heal and enhance the meaning of their life," said Rice, an experienced director of nursing in long-term care facilities on O'ahu. "My dream is to have a care home that will really focus on the healing process by providing healthy, natural and organic

adjacent seating area with cozy chairs and a woodstove is an ideal nook to read or talk story. A long dining table allows for family-style eating and connects to a fully equipped kitchen with an ADA-height counter so residents can assist with food preparation if they desire.

But attention to detail is about more



A panoramic view of the "great room" living area and kitchen at `Ano`Ano Care Home. —photo courtesy of `Ano`Ano Care Home



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### THE COQUI CORNER

Sites Treated in October:

- Kamehameha Preschool in Malibu Ridge
- Halaula Hill residence
- Kamehameha Park residence

Current Active Sites:

- Kopiko Estates residence
- Pololu Valley pasture
- Kynnersley Road
- Homestead Area
- County Transfer Station

Two frogs were captured by Kohala residents and brought to Coalition members. One was verified as a female coqui frog, and the other was identified as the common greenhouse frog.

Remember, only adult males sing, and there could be many other juveniles or females present, but not making any noise. Stay vigilant and help prevent coquis frogs!

Thank you for your continued support! Donations are gratefully accepted through the NKCRC and are tax deductible!

**Coqui Hotline: 889-5775**

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		<b>Diamond G Rice</b> 15 lbs. 7 <sup>99</sup>	<b>Crisco Oil</b> vegetable or canola 48 oz. 2/6 <sup>99</sup>	<b>Dasani Water</b> 24 pk. - 500 ml. 2/7 <sup>99</sup> 	<b>Banquet Family Entree</b> All Types 25 - 27 oz. 2/8 <sup>99</sup> 	<b>Banquet Fried Chicken</b> 28 oz. All Types 7 <sup>79</sup> 
<b>Coca Cola 12-pk Cans</b> 12 oz. All Types 2/9 <sup>49</sup> 	<b>Powerade Drinks</b> All Types 32 oz. 10/8 <sup>99</sup>	<b>General Mills Cereal</b> Trix, Honey Nut Cheerios, Lucky Charms, Cookie 10 - 12.25 oz. 3 <sup>39</sup>	<b>CapriSun Ready to Drink</b> 10 ct. 2/6 <sup>00</sup> 	<b>Marie Callender Dinners</b> Select Types 13 - 19 oz. 2/8 <sup>99</sup> 	<b>Marie Callender Pies</b> Choc., Banana, Coconut 28 - 38 oz. 9 <sup>59</sup> 	
<b>Malt o Meal Dyno Cereal</b> 12 oz. 2/4 <sup>99</sup>	<b>C &amp; H Granulated Sugar</b> 4 lb. 3 <sup>49</sup>	<b>Yuban Coffee</b> Original 33 oz. 8 <sup>99</sup>	<b>JELLO reg/sugar-free Jello Gelatin</b> .3 - 3 oz. 3/2 <sup>69</sup> 	<b>Eggo Waffles</b> Select Types 12.3 oz. 3 <sup>19</sup> 	<b>Mama Bella Garlic Bread</b> 14 oz. 3 <sup>99</sup> Reg/Parmesan 	
<b>Roxy Coconut Milk</b> 13.5 oz. 1 <sup>39</sup>	<b>Roxy Sardines in tomato sauce</b> 15 oz. 2 <sup>09</sup>	<b>Nissin Cup Noodle</b> 2.25 oz. 2/1 <sup>19</sup>	<b>Stove Top Stuffing</b> All Types 6 oz. 5/5 <sup>00</sup>	<b>Totino Party Pizza</b> All Types 10 - 10.8 oz. 3/4 <sup>99</sup>	<b>Tyson Chicken Thighs</b> 5-lb. box 6 <sup>99</sup>	
<b>Roxy Top Shellfish</b> 15 oz. 8 <sup>19</sup>	<b>Jack Links Beef Jerky</b> 3.25 oz. 4 <sup>99</sup>	<b>Langers Cran Cocktail</b> 64 oz. 3 <sup>49</sup>	<b>Quaker Oats</b> Quick or Old-fashioned Oatmeal 42 oz. 3 <sup>99</sup>	<b>Ocean Garden Shrimp</b> 31 - 35 5 lb. 26 <sup>99</sup>	<b>Flavor Pac Frozen Blueberries</b> 16 oz. 4 <sup>49</sup>	
<b>P'Nutties Toffee Peanuts</b> 6.5 oz. 1 <sup>48</sup>	<b>Magic Flake Sandwich Crackers</b> 10.58 oz 1 <sup>99</sup>	<b>Delmonte Ketchup</b> 24 oz. 2/1 <sup>99</sup> 	<b>Delmonte Spaghetti Sauce</b> All types 26 oz. 2/2 <sup>19</sup> 	<b>Meadow Gold Ice Cream</b> 4 qt. 6 <sup>99</sup> 	<b>Meadow Gold Drinks or Teas</b> 64 oz. 99¢ 	

**Grocery**

Aloha Shoyu, reg./lite, 64 oz. ....	5 <sup>69</sup>
Campbell Cream of Mushroom Soup, 10 oz. ....	2/2 <sup>29</sup>
Delmonte Tomato Sauce, 8 oz. ....	2/99¢
Delmonte Fruit Cocktail/Peaches, 15 oz. ....	2/2 <sup>99</sup>
Delmonte Whole Kernel or Cream Corn, 14 - 15 oz. ....	2/2 <sup>29</sup>
French's Mustard Squeeze, 14 oz. ....	1 <sup>99</sup>
Diamond Bakery Saloon/Cream/Graham Crackers, 8 - 9 oz. ....	2/6 <sup>00</sup>
Diamond Bakery Soda Crackers, 13 oz. ....	3 <sup>29</sup>
Diamond Bakery Cookies, assorted, 6 oz. ....	1 <sup>79</sup>
Lion Coffee, all types, no decaf., 10 oz. ....	4 <sup>99</sup>
Golden Grain Spaghetti or Elbow Macaroni, 16 oz. ....	1 <sup>99</sup>
Lindsay Olives, 6 oz. ....	3/4 <sup>99</sup>
Jif Peanut Butter, 18 oz. ....	3 <sup>39</sup>
Knox Gelatin, 1 oz. ....	1 <sup>19</sup>
Shake-n-Bake Chicken or Pork, original, 2 pk. ....	2 <sup>19</sup>
Kingford Cornstarch, 16 oz. ....	2 <sup>19</sup>
Newman's Own Salad Dressing, 16 oz. ....	4 <sup>39</sup>
California Ranch Olive Oil, 25 oz. ....	9 <sup>49</sup>
Kraft Macaroni & Cheese, 7.25 oz. ....	2/2 <sup>99</sup>
Sapporo Ichiban Ramen, 3 oz. ....	2/1 <sup>49</sup>
Mums Bean Thread, 8 oz. ....	1 <sup>89</sup>
Shirakiku Chopsticks, 30 ct. ....	2/1 <sup>50</sup>
Shirakiku Mixed Fruits, 11 oz. ....	1 <sup>49</sup>
Kikkoman Soy Sauce, 1.25 qt. ....	5 <sup>99</sup>
Shirakiku Oyster Sauce, 18 oz. ....	1 <sup>69</sup>
Sanka Instant Coffee, 8 oz. ....	6 <sup>19</sup>
Planters Sunflower Nuts, 5.85 oz. ....	3/4 <sup>99</sup>
S & W Tomatoes, all types, 14.5 oz. ....	3/4 <sup>99</sup>

S & W Kidney/Garbanzo/Black Beans, 15 oz. ....	3/3 <sup>99</sup>
Coral Chunk Tuna, in oil or water, 5 oz. ....	2/1 <sup>99</sup>
Pillsbury Flour, reg. only, 5 lb. ....	2 <sup>39</sup>
Pillsbury Brownie Mix, 19.5 oz. ....	1 <sup>99</sup>
Western Family Sugar, 16 oz. ....	1 <sup>19</sup>
Western Family Honey, 12 oz. ....	3 <sup>89</sup>
Western Family Hot Cocoa Mix, 10 ct. ....	1 <sup>89</sup>

**Natural Foods**

Blue Diamond Crackers, 4.25 oz. ....	1 <sup>99</sup>
Imagine Organic Stocks, 32 oz. ....	3 <sup>49</sup>
Maui & Sons Coconut Water, 17.5 oz. ....	1 <sup>59</sup>
Annie's Natural Mac & Cheese, 6 oz. ....	1 <sup>79</sup>
Modern Spices & Seasonings, 2.5 - 3 oz. ....	1 <sup>99</sup>
Garden of Eatin' Chips, 16 oz. ....	3 <sup>69</sup>

**Dairy**

Meadow Gold Ice POG or Passion Orange Nectars, 1 gal. ....	3 <sup>50</sup>
Meadow Gold Yogurts, 6 oz. ....	10/7 <sup>00</sup>
Meadow Gold Ice Cream Novelty Bars, 6 ct. ....	2 <sup>00</sup>
Horizon Organic Milk, 64 oz. ....	5 <sup>99</sup>
Big Island Poultry Grade A Large Eggs, Mainland Shell Protected, per dozen ....	2 <sup>69</sup>

**Meats**

USDA Boneless Chuck Steak, per lb. ....	5 <sup>29</sup>
Island Range Top Sirloin Steak, per lb. ....	7 <sup>19</sup>
Foster Farm Value Pack Chicken Thighs, per lb. ....	1 <sup>99</sup>
Frozen Pork Butt, bone in, per lb. ....	1 <sup>89</sup>

**SALE PRICES GOOD NOVEMBER 28 THRU DECEMBER 11**

 <b>Roman Meal Bread</b> All Types 24 oz. 4 <sup>89</sup>	 <b>LOVE'S</b> Old-fashioned Donuts or Mini Bites 14 oz. 4 <sup>69</sup>	<b>JFC Sugatami Nori</b> 10 ct. 2 <sup>09</sup>	<b>Mae Ploy Sweet Chili Sauce</b> 1 <sup>79</sup> 10 oz.	<b>Pepsi 24-pk. cans</b> 7 <sup>99</sup> 	<b>Pepsi 2-liter Bottle</b> 3/4 <sup>99</sup>
<b>Oscar Mayer Beef Franks</b> Reg., Jumbo, XXL, New York, Chicago  16 oz. 3 <sup>79</sup>	<b>Oscar Mayer Variety Pack</b>  9 - 12 oz. 2/5 <sup>00</sup>	<b>JFC Furikake</b> 1.5 - 3.17 oz. 2 <sup>49</sup>	<b>Dynasty Jasmine Rice</b> 5 lb. 6 <sup>09</sup>	<b>Nabisco Nutter Butter Patties or Oreo Cookies</b>  10 - 15.5 oz. 3 <sup>99</sup>	<b>Nabisco Ritz Crackers</b> All types 9.5 - 15.1 oz. 3 <sup>49</sup>
<b>Cool Whip</b> Whipped Topping All Types 12 oz. 2/5 <sup>00</sup>	<b>Kraft Shredded Cheese</b> All types 2/7 <sup>00</sup> 8 oz. 	<b>Ajinomoto Seas Bag</b> 16 oz. 2 <sup>59</sup>	<b>J.E.S. Sauces</b> 13.6 - 15.6 oz. 2 <sup>49</sup>	<b>Blue Bunny Ice Cream</b> 56 oz. 4 <sup>99</sup> 	<b>Di Giorno</b> Rising Crust Pizza Select Types  11.5 in. 6 <sup>99</sup>
<b>Louis Rich Turkey Bacon</b>  12 oz. 2/5 <sup>00</sup>	<b>Kraft Singles</b> All types. 3 <sup>89</sup>  14.7 - 16 oz.	<b>Palm Corned Beef</b> 11.05 oz. 5 <sup>19</sup>	<b>Nong Shim Chips, assorted</b> 1.7 - 2.64 oz. 1 <sup>49</sup>	<b>Playtex Sport Tampons</b> assorted 18 ct. 5 <sup>69</sup>	<b>Good Sense</b> Anti-Acid & Gas Relief 12 oz. 2 <sup>89</sup>
<b>Frank's Foods Portuguese Sausage</b> 12 oz. 3 <sup>39</sup>	<b>Frank's Foods Frankfurters</b> 16 oz. 3 <sup>39</sup>	<b>Newton Bihon Noodles</b> 8 oz. 2 <sup>19</sup>	<b>NOH Packet Sauces</b> 1 - 3 oz. 1 <sup>09</sup>	<b>Advil</b> Cold & Sinus 20 ct. 6 <sup>69</sup>	<b>Listerine</b> Assorted 500 ml. 4 <sup>49</sup>
<b>Philadelphia Soft Cream Cheese</b>  8 oz. 2 <sup>19</sup>	<b>Oscar Mayer Regular Lunchables</b>  4.5 oz. 2/3 <sup>00</sup>	<b>Edelweiss Salad Dressing</b> 12 oz. 4 <sup>79</sup>	<b>Cock Mung Beans</b> 13.2 oz. 3 <sup>19</sup>	<b>Aveeno Moisturizing Bar</b> 3 oz. 2 <sup>49</sup>	<b>Suave</b> Shampoo & Conditioner 22.5 oz. 2 <sup>19</sup> Leave-in Conditioner 6.7 oz. 3 <sup>19</sup>

**Freezer/Deli**

Farmbest Butter, 16 oz.	3 <sup>69</sup>
Country Crock Margarine, 15 oz.	2 <sup>69</sup>
Pillsbury Buttermilk Biscuits, 7.5 oz.	2/1 <sup>35</sup>
Hinoichi Firm Tofu, firm only, 14 oz.	1 <sup>99</sup>
Athenos Feta Chunk Cheese, 8 oz.	4 <sup>49</sup>
Tillamook Cheese, all types, 8 oz. block	3 <sup>19</sup>
Yoplait Yogurt, 4 - 6 oz.	79¢
Banquet Pot Pie, 7 oz.	3/3 <sup>99</sup>
Gorton Thrift Pac Fish, 24.5 oz.	6 <sup>99</sup>
Bays English Muffins, 6 ct.	3 <sup>19</sup>
Chef America Hot Pockets, 4 oz.	2/2 <sup>39</sup>
El Monterey Burrito, 8 pk.	4 <sup>79</sup>
Menlo Lumpia Wrappers, 16 oz.	2 <sup>89</sup>
S&S Saimin, ohana pack, 9/4.5 oz.	4 <sup>25</sup>
Amy Pockets, 4.5 oz.	2 <sup>69</sup>
Bailey Ground Pork, 16 oz.	2 <sup>99</sup>
Carolina Ground Turkey, 16 oz.	2 <sup>39</sup>
Keoki Lau Lau, 3 ct.	10 <sup>49</sup>
May's Picnic Patty, 2 lb.	10 <sup>99</sup>
Tyson Party Wings, 5 lb.	15 <sup>99</sup>
Tyson Tenderloins, 2.5 lb.	9 <sup>19</sup>
Tyson Boneless, Skinless Thighs, 2.5 lb.	7 <sup>99</sup>
Tyson Popcorn Bites or Strips, 28 oz.	9 <sup>59</sup>
Frozen Frozen White Crab Sections, 1.5 lb.	6 <sup>99</sup>
EZ Peel Shrimp, 31/40, 2 lb.	11 <sup>99</sup>
Frozen Mussels, 1/2 shell, 2 lb.	7 <sup>99</sup>
Birds Eye Steam Fresh Vegetables, 12 oz.	2 <sup>59</sup>
Inland French Fries, 32 oz.	3 <sup>25</sup>
Zippy's Meals, 20 - 24 oz.	5 <sup>99</sup>

**Produce**

Amano Tempura, 6 oz.	1 <sup>99</sup>
Russet Potatoes, loose, per lb.	89¢
Fuji Apples, per lb.	1 <sup>99</sup>
Head Cabbage, per lb.	69¢

**Non Foods**

Angel Soft Bath Tissue, double rolls, 6 ct.	4 <sup>89</sup>
Sparkle Paper Towel, single rolls	2/2 <sup>39</sup>
Dixie Plates, 8.5 in., 45 ct.	2 <sup>59</sup>
Downy Fabric Softener, 64 oz.	4 <sup>19</sup>
Sun Detergent, 117 oz.	6 <sup>99</sup>
Diamond Aluminum Foil., 25 sq. ft.	1 <sup>39</sup>
Friskies Cat Food, 5 oz.	3/1 <sup>99</sup>
Glade Aerosol, 8 oz.	2/2 <sup>99</sup>
Ziploc Sandwich Bags, 100 ct.	3 <sup>79</sup>
Saran Wrap Cling Plus, 200 sq. ft.	2 <sup>19</sup>
Ziploc Containers, 2 - 6 ct.	3 <sup>59</sup>

**Beer/Wine/Liquor**

Corona, 12 pk., bottles	13 <sup>99</sup>
Heineken, 12 pk., bottles	14 <sup>99</sup>
Steinlager, 12 pk., bottles	11 <sup>49</sup>
Coors, 18 pk., bottles or cans	16 <sup>99</sup>
Natural Beer, 24 pk., cans	16 <sup>99</sup>
Rolling Rock, 12 pk., cans	8 <sup>99</sup>
Bud Light, 18 pk., bottles or cans	16 <sup>99</sup>
Mark West Wine, 750 ml.	9 <sup>59</sup>
Barefoot Wine, 750 ml.	2/9 <sup>99</sup>
Columbia Crest, 750 ml.	9 <sup>99</sup>
Woodbridge Wine, all types, 1.5 liter	12 <sup>99</sup>
Karkov Vodka, 1.75 liter	12 <sup>99</sup>
Bacardi Rum, 750 ml.	11 <sup>99</sup>
Early Times, 750 ml.	8 <sup>99</sup>
Crown Royal, 750 ml.	19 <sup>99</sup>
Smirnoff Vodka, 750 ml.	11 <sup>99</sup>
Jose Cuervo, 750 ml.	14 <sup>99</sup>

## 'World Peace Game' Teaches Cooperation, Problem Solving

The North Kohala Community Learning Center, a project of the North Kohala Community Resource Center, was created in August 2009 to provide an expanding range of continuing education opportunities for all of the residents of North Kohala. Located in historic Kenji's House in Kapa'au, the Learning Center offers a strong curriculum for youth along with a wide range of classes for adults including offerings in the arts, business and technology, health and home, and courses that are "just for fun." The Learning Center is managed by a small group of committed volunteers.

Susan Lehner, executive director of the Learning Center, has been teaching classes to students from age 6 through undergraduate school for over 30 years

and is deeply passionate about education. In addition to the work she does with adult learners, Susan works in the community to provide learning opportunities for home-schooled youth as well as children attending public and private schools.

Susan's latest project is quite unique and will be the first of its kind in Hawai'i. The World Peace Game is a hands-on political simulation that gives children the opportunity to role-play the economic, social, and environmental crises of four imaginary countries. The game is played on a multi-level game board with students assuming the roles of government, military, and world leaders who are faced with creatively solving a series of real-life threats to peace and stability. What can start as an adversar-

ial approach must become a cooperative venture to achieve the goal of stabilizing each country and achieving peace.

The game lasts for approximately 12 weeks and will be played by elementary and middle school students throughout Kohala. In partnership with the Resource Center, Susan has secured a \$5,000 grant from the Bill Healy Foundation in Portland, Ore., which will allow her to start the game-building process and also support a staff person who will create a game manual in concert with a group of local high school students.

The World Peace Game was first created over 30 years ago in the classroom of John Hunter, an award-winning educator and inspirational speaker. Mr. Hunter has devoted much of his life to the teaching of peace. Susan first encountered his work through a TED talk. TED is a non-profit organization whose mission is to spread great ideas throughout the world. Susan was so inspired by Hunter's work and innovative ideas that she immediately contacted him to see if they could work together to get the game up and running in our com-



—photo courtesy of Susan Lehner

*North Kohala Community Learning Center offers many types of hands-on learning opportunities for all ages.*

## New Crop for Kohala: Mushrooms

By Toni Withington

Fresh mushrooms are popping up at the Saturday Farmers Market and Takata's Store. What a treat! Especially when you find out that we may be able



—photo by Megan Solis

*Ryan Zlotecki and his Hawai'i grown mushrooms can be found at the Saturday Hawi Farmers Market.*

with his family. The amateur mycologist—one who studies the science of mushrooms—settled in Hawai'i 13 years ago and has been involved with agriculture in North Kohala for five years.

Mushrooms need temperature and humidity control to get started. Seventy five degrees Fahrenheit, the average temperature here, is ideal for growing, but the fungi need to have a cooler 60 to 65 degrees to trigger growth. Oyster mushrooms, kings and grays, are the easiest to grow. Once established in those he expects to expand into more exotic golden and pink mushrooms. Eventually he wants to tackle the most tricky—the delicious and popular shiitake.

Zlotecki says he plans to begin saleable cultivation on his own or with some family help, but when pressed said he would not turn away an investor or two, especially folks enthusiastic about spreading the word about the health and nutritional benefits of mushrooms.

Meanwhile he is helping Kohala get a taste for fresh mushrooms at a good price, even if they are from Hamakua.

to eat them on a regular basis as a new agriculture enterprise gets growing in Kohala.

Ryan Zlotecki has been hunting, studying and growing mushrooms almost all his life. He wants to grow mushrooms for sale here but also wants to teach others how to grow them in their back yards.

"Kohala is a great growing climate, and all it takes is a garage and some temperature-control equipment," Zlotecki said as he was selling ziploc baggies of gray oyster mushrooms at the open market. "I want to see if Kohala has a market for fresh mushrooms at a reasonable price. Also to share my love of growing them."

The mushrooms he is selling now are grown by Hamakua Mushrooms, with whom he has a temporary distribution relationship. Soon he expects to be growing Kohala mushrooms. He talked about Kaua'i Fungi, a group of small backyard growing operations on that island, as a model for expanding interest in growing mushrooms.

Born in Colorado, Zlotecki lived in different climates throughout the mainland, always hunting wild mushrooms

munity. She said she was overwhelmed by his immediate and positive response, and so she quickly went to work to find interested funders for the project.

You can find out more about the Learning Center by visiting [www.kohalalearning.org](http://www.kohalalearning.org). Information about John Hunter and The World Peace Game can be found at [www.worldpeacegame.org](http://www.worldpeacegame.org). TED's website is [www.ted.com](http://www.ted.com).

This unique program welcomes your support. Donations for the Learning Center's World Peace Game and their other projects are gratefully accepted at the North Kohala Community Resource Center in Hawi. Call 889-5523 for more information.

## 'Hitch Hiking Dance Machine' One-Man Show

Writer and actor Erik Kennon (of last year's "Lovely In Her Spacesuit") brings a new theatre piece to Kenji's House in December. "Hitch Hiking Dance Machine" is a one-person show about hitchhiking round and round the Big Island for six weeks. A video projector will play multiple backdrops

and scenes from his travels as he delivers comedic and often heartfelt monologues about the characters he met along the way.

The show is Pay-What-You-Will and runs at Kenji's House in Kapa'au, Thursday through Saturday, December 27 to 29 at 7 p.m.



## MAHALO FOR YOUR TRUST!

I am deeply touched by your support. I also am grateful so many joined in fighting HELCO's rate increase. Together, we must get energy costs under control. Together, we must protect our quality of life while creating good green jobs. I am committed to working with you for a better Hawai'i. *Malama*



Paid for by Friends of Malama Solomon, PO Box 370, Kamuela, HI 96743 Treasurer Hulali Covington: 808.938.6357

## Sally's Serenaders Entertain Kohala Seniors

By Vivian Moku

A musical ensemble from the Hilo's Nutrition Program traveled all the way to Kohala on September 18. By 0900 hours the ensemble, with their musical accompaniments, were all set up to begin their musical presentation. The group consisted of Glenn Mansanes, guitarist; Dora McDonald, lead singer; Rose Bufil, singer and hula dancer; and May Aforno, coordinator and accompanist percussionist.

Their repertoire brought us back to the past with a variety of songs, such as "Knock Three Times" and many other romantic, sentimental ballads; Hawaiian songs, where Rose danced the hula for the audience; and Rock and Roll where several of our club members (Charles L'Heureux, Harry Cabrera, and Samson Cazimera) got "itchy feet" and got on the floor. L'Heureux did some acrobatic twisting and bending like a contortionist, which made the audience clap their hands, laugh, and really "get a

kick," in the local vernacular.

As guests of the host club, the ensemble was served a really ono luncheon when their program ended an hour later. Hana Hou! The Kohala Seniors



—photo by Elsie Carpio  
Seniors Charles L'Heureux and Harry Cabrera get down to the beats of Sally's Serenaders.

appreciated being entertained, and it also pleased the ensemble. Mahalo nui loa, Sally's (Luau House) Serenaders.

## Kohala Senior Softball Hosts Rummage Sale

Get a great deal and support kupuna softball! Kohala Senior Athletic Club (aka Kohala senior softball team) hosts a rummage and bake sale at Hisaoka Gym, Kamehameha Park, on Saturday, December 1, from 9 a.m. until 2 p.m. Find household goods, clothing, Christ-

mas decorations, sporting goods... all at bargain prices. Lots of ono baked goods will also be available for sale.

Proceeds help the team with expenses for the annual State Senior Softball Tournament, to be held next year on O'ahu.

## Stories Come to Life for Halloween



—photo by Rose Mae Watterson

North Kohala Public Library's Janet Lam paid a visit to Kohala Elementary School to read Halloween stories to all KES students. Kindergarteners and first-graders heard "Let's Go On A Ghost Hunt" and flannel board story, "The Strange Visitor." Second through fifth-graders were treated to a draw and tell story, "Ghost on Mr. Lindsey's Farm" and "The Old Man's Wen." Fifth-graders did a walking field trip to the library to listen to their stories. Above, third-grade students listen as Janet Lam brings stories to life.

## Kona Community Hospital Kohala Hospital Smoke Free Campus Initiative

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- ⇒ We strive daily to provide the safest, healthiest environment possible for our employees and patients.
- ⇒ As healthcare facilities, we are dedicated to the diagnosis, treatment and prevention of disease.
- ⇒ Failure to prevent tobacco related disease processes in our medical community would be a failure to the Big Island community.
- ⇒ Alternatives to tobacco include FDA-approved medications such as a nicotine patch, nicotrol inhalers, nicorette gum and lozenges.
- ⇒ Why not e-cigarettes? They are not FDA-approved, and not enough is known about their health risks.



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## Keiki, Kupuna Celebrate St. Martin at `Ainakea

Story and photo by Megan Solís

Local keiki joined with kupuna living at `Ainakea Senior Residences on Friday, November 9, to share a day of service through gardening and music.

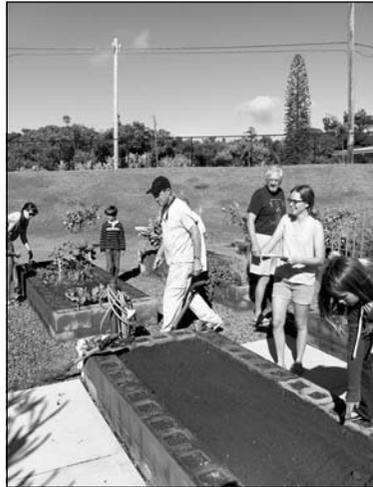
During the day, the six grade-school students and 14 kindergarteners lent a hand in service, tending the raised beds at the senior complex, weeding and planting side-by-side with seniors.

Come evening, the children, students in the Waldorf-inspired cooperative homeschool in Kohala, returned to `Ainakea to perform for the seniors a Waldorf tradition: a play emulating the life of St. Martin, the saint of service.

The program, coordinated by Shannon Casey and Emily Pitti Roberts, parents and teachers in the coop, included students singing traditional songs that tell the story of St. Martin, as two other students acted out the play.

The St. Martin tribute continued with a celebration of light, as the children lit candles placed in colorful paper lanterns on poles (kindergarteners carried paper baskets with LED candles.) As the days get shorter, the students "shared their light" with residents at the complex, carrying their lanterns, singing and strolling through the complex. The students were joined by parents and some of the senior residents as they walked through the grounds.

*Children lit their lanterns and strolled the grounds of `Ainakea Senior Residences, singing in honor of St. Martin.*



—photo by John Cole

*In honor of St. Martin, saint of service, children helped tend the gardens at the `Ainakea Senior Residences.*



## Kenji's House Has Become a Homeschooling Hotbed

Homeschooling in Kohala is taking off! Two days a week instructors Kristin Wohlschlagel and Maureen Combes welcome students, now numbering 11 high-school and four middle-school aged, to their homeschooling co-op classes. Fresh young minds study such diverse and rigorous subjects as Latin; Logic and Rhetoric; U.S. History, Literature and Art; and Writing. Don't forget the Junior State of America civics education and leadership program—which is open to all of North Kohala. Whew!

Engaged youth grapple with heady subjects individually but collaborate all week with instructors and fellow students. Their use of the innovative Haiku Learning Management System supports continual communication between stu-

dents and teachers; online submission of assignments; timely, supportive feedback from instructors; and the ability to link Internet resources to class materials.

But it's not all work. Seemingly constant Skype communications between the students—hailing from Kohala, Waimea and Waikoloa—keep the kids' social lives hopping. Whether it's skating at Kamehameha Park until dark after class, Halloween slumber parties, or a birthday bash, students' schedules are packed with lots of fun, too.

Interested in exploring educational options? Contact Kristin (Kristin@mentate.com, 333-3124) or Maureen (Maureen@mentate.com, 333-3685) for more information.

## Kohala High Announces Winterball 2012

Kohala High School's Winterball is set for Friday, December 7, from 6 to 10 p.m. in the Kamani Room at the Hapuna Beach Prince Hotel. The theme of this year's Winterball is "Never Found a Love Like This."

The Winterball program includes the presentation of the court at 6:15 p.m. This year's Winterball King is Devin Cadiente and Winterball Queen is Breea Souza. Attending the king and queen and representing the senior class are Efren Abellera and Whitney Collier along with juniors Pono Giron-Arellano and Mohala Kaholoa`a-Kumukoa. The sophomore class attendants are Mikala Jordan and Kassie Kometani, and the freshman class will be represented by

Chance Pang and Mina Apostadiro.

Parents and students, please be aware of the following reminders: All students must ride the bus to and from Winterball. The bus will leave Kohala High cafeteria parking lot at 5:30 p.m. Backpacks will be searched, so leave them home. Any student smelling of alcohol or drugs will not be allowed to board the bus. Dress attire is "casual/dressy, no tuxes, gowns, shorts or rubber slippers. All detentions and obligations need to be cleared. Permission forms must be turned in by December 3 to Ms. Smith.

For more information call the Student Activities Center at 889-7117 ext. 261.

## KMS Students Learn Financial Literacy, Thanks to HCFCU

Kohala Middle School seventh-grade students are taking a financial literacy class (known on campus as Millionaire Class) as part of their Wheel Elective. This quarterly class teaches students how to be financially independent adults. The students and their teacher, Mrs. Amber Corrales, would like to thank the Hawaii Community Federal Credit Union for donating the "Life Scenarios" program by Banzai. This online simulation and accompanying text materials have been a welcome addition to the "Bank It" program sponsored by Capital One, already in use. The students are also buying and selling stocks in a stock market simulation.

The Life Scenarios program allows students to manage their money and learn financial concepts through real-life scenarios. Students receive fictional income and have expense transactions similar to what they will encounter in real life. For example, they see what a paycheck looks like including deductions, and then they have to spend their money on car payments, rent, savings, and other categories they will encounter when they are adults. The students are fully engaged as they learn how to budget and use online financial tools to manage money.

Once they complete the simulation, they will be able to manage their own money online if they choose to using the same budgeting process with parental permission. They will also get to see what happens when there isn't enough money

to pay the bills, what an overdraft does to their checking account, what a bank statement looks like, and much more.

Angel Ramos, a seventh-grader, stated that by "using Banzai, I am learning how to manage my own money through real-life situations."

The Bank It program is designed to teach students how to have financial conversations with their families in order to keep open lines of communication between parent/guardian and young adult about money, and other related issues. Students have to take home their class work, discuss it with their families and get a family member to sign their forms. Mrs. Corrales believes this is vital as students go through their middle school years.

"Every single student that has come on the fifth-grade tour of KMS has told me they want to go to college for the last 10 years. Every single one. Students see how important goal setting is from this age, so they can work with their families, middle, and high-schools on how to get there," she explained.

The Bank It program allows students to learn about budgeting, saving, spending responsibly, goal setting, investing, and so much more. Cisco Manolo, seventh-grader, learned the safest place to put your money is in a bank.

Ian Rivera said, "I learned not to spend too much money on things you don't need, and you should save your money because anyone can be a millionaire."

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## The Truth about Bees: Lack of Pollination Troubles Pumpkin Patch

By Megan Solis

The excitement was building in early fall as Kohala Mountain Farm geared up for its pumpkin patch and inaugural corn maze. At the maze dedication September 2, rows of corn stretched to the sky and four acres of pumpkin plants spread out across the field.

But a few days later, Stacy Hasegawa, project coordinator, noticed that there weren't many pumpkins growing. Reports from the farmers working the field had indicated the plants were healthy and had lots of flowers, but as Stacy walked the field she realized the flowers hadn't been pollinated, even though they had a hive on the property.

The farm had never experienced this problem before, she said, so they began to question what they had done. They had used only organic neem oil for insect and mildew control, which is not supposed to harm bees. She began to study about the bee problem in Hawai'i and was shocked to learn that 90 percent of feral bee colonies have disappeared.

And what to do about the pumpkin patch? They had so much invested into the program so far and considered having the maze without the pumpkins but remembered the disappointment last year when they ran out.

So Stacy contacted Aloun Farms on O'ahu and paid a \$10,000 deposit to have two shipping containers of pumpkins sent over, at a total cost of \$27,000. Fortunately, Young Brothers donated the shipping costs.

Meanwhile, workers started hand-pollinating the field and by the second week of October, they started to get some pumpkins out of their crop, though nowhere near the yield they had anticipated.

"We thought we'd have enough to supply grocery stores and most of the island with island-grown pumpkins but couldn't due to the pollination issue," said Stacy. Instead the yield on four acres was less than on one acre last year.

The farm decided to be proactive. Stacy searched for a simple brochure she could hand out to farmers to educate them on the bee issue, but found none. So she printed her own materials and made displays at the farm to create awareness. School farm tours were opportunities to teach children about the role of bees in agriculture and their importance in growing the food we eat.

"This affects everyone—not just farmers," she said. "One-third of the food that we eat daily has been pollinated by bees."

And without the bees, the costs of pollinating escalate and make farming—already a risky economic endeavor—

even more cost-prohibitive.

Stacy contacted councilman Pete Hoffmann and then-candidate Margaret Wille about the bee problem and how it affects agriculture and hopes to give a presentation to the newly elected council. She said Hoffmann indicated that he didn't think the council knew much about the problem.

That ignorance is not isolated. In her conversations with island beekeepers she's come to the conclusion that the media has ignored the issue, and the Department of Agriculture has swept it under the rug. She notes that a large grant the department received for research is largely being spent on maintaining the queen bee population, a major export for Hawai'i, instead of supporting our pollinating bee population.

"The media haven't made a big deal out of it, but it's going to start impacting our food production," she said. She was shocked by the number of farmers who say they had lost crops, including a woman with two acres of strawberries who got no fruit this year.

She said some larger farms are beginning to implement their own bee programs, but this is a big expense and

most don't have the time, education, or money to take on bee management.

She believes government needs to subsidize beekeepers to help defray expenses, noting that Hawai'i is the only state not paying for pollination programs.

Kohala Mountain Farm is looking at other cultivation practices, such as growing off-season pollen-rich cover crops, to attract the bees.

Stacy is also helping to plan a community awareness forum on the bee issue with an emphasis on education.

Aside from pollination issue, she said the farm had a lot of other successes, especially the corn maze and school tours.

"I can't tell you the number of thank you's I got from people thankful to have something to do with their families," she said.

The farm collected and donated more than 1,600 lbs. of food to Kohala food pantry and provided seasonal employment to more than 20 people the last few months, she said.

Sadly, the farm did experience a let-down shortly after it closed when someone parked outside their closed gate and took \$1,000 of pumpkins out of the field.

"I guess some people don't understand that it is trespassing and agricultural theft and it's against the law," she said. The edible pumpkins were intended for sale for the Thanksgiving holiday.



Like many food crops, pumpkins need bees for pollination in order to produce.

## Bowl of Light Banner Illuminates Hawi Hale

A beautiful Hawaiian woman holding a bowl of light, with the dawn breaking on the cliffs and ocean of Pololu behind her, gazes out into our community from the side of the historic Hawi Hale building on the main street of "uptown" Hawi.

This contemporary yet timeless woman honors both the Hawaiian ancestors and our current community by reminding us of the ancestral wisdom contained in the Hawaiian teaching story that we are all born with a "Bowl of Light." Our inherent goodness is represented by the bowl of light. Whenever we act in anger or have a negative

thought or action, we add a stone to our bowl of light. We can come back into harmony or pono by emptying ourselves of these thoughts. Or as the story goes, we huli (turn over) the bowl.

The original painting, by Mary Sky Schoolcraft, owner of the Living Arts Gallery, was commissioned by the owner of the building, David Paul Sennett, to replace the existing and rapidly fading mural. Paul asked for something that would reflect the community, be positive and optimistic, and promote unity. The Bowl of Light story reminds us that to live together in harmony as a community we all need to huli our bowl sometimes!

This allows our natural light to be seen once again.

Mary Sky placed "Lehua" in front of Pololu because she feels that the valley itself is a bowl of light that holds the light of dawn, as well as holding strong spiritual mana and historic heritage. Pololu is one of Kohala's most cherished landscapes, with the legacy of being the pathway to 'Awini, the childhood home of the future King Kamehameha, and it offers a spectacular viewpoint to the east at the "end of the trail." Visit it as the sun rises and you will see what she means!

To share this story and image with the community, prints of "Lehua's Bowl of Light" are available through the Living Arts Gallery, located in the east corner of the Hawi Hale Building.



—photo courtesy of Mary Sky Schoolcraft

"Lehua's Bowl of Light" is a new banner by artist Mary Sky Schoolcraft on display on the side of the Hawi Hale building.

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## Kohala First Lego League Robotics Teams Triumph

By Wendy Nickl and Danny Garcia  
Intense, pumping music; fierce rivalry; creativity; innovation and resilience... sounds like a competition! All these elements were in place at the West Hawaii and East Hawaii First Lego League Big Island tournaments held on November 3 and November 10. Congratulations to our Kohala Elementary and Kohala Middle First Lego League teams! They qualified to



—photo by Geri Castillo

**KES Colts Robotics, front row, from left: Jada Hook, Duncan Anderson, Hokani Maria and Grace Todd. Back row: Principal Danny Garcia, coaches Nancy Larson, Donovan Aiona and Sammie Aiona.**

compete in the Hawaii State First Lego League Championship Tournament, to be held December 1 at the Blaisdell Arena in Honolulu. First Lego League competitors do not just program robots—they need to present solutions to real world challenges. Last year, the middle school team took on the Food Safety Challenge at the state competition. This year, the two teams are faced with the Senior Solutions Challenge—

how can we creatively help seniors continue to lead fulfilling, productive lives? The students need to program their robots to maneuver the challenging FLL course, and also plan and present in closed sessions (no adult assistance) on Senior Solutions and Robot Designs. Teams participate in four competitions: Project Presentation, Core Values/Teamwork, Robot Design, and Robot Performance/Missions. At the state tournament, 65 teams from around the state will compete for two spots to represent Hawai'i at the National FLL Robotics Competition in St. Louis, Mo., next year. The Kohala Elementary School FLL members are: fifth-graders Jada Hook, Duncan Anderson, Hokani Maria, and fourth-grader Grace Todd, with mentor Donovan Aiona, head coach Sammie Aiona and assistant coach Nancy Larsen.



—photo courtesy of Kohala Elementary School

**KMS Halaula Hawks Robotics, from left, Jay Vega, Kirk Kiriu, Nicole Castillo, Kaid Nickl, Cloe Parks, Maya Anderson, Justin Moniz and Miranda Canniff.**

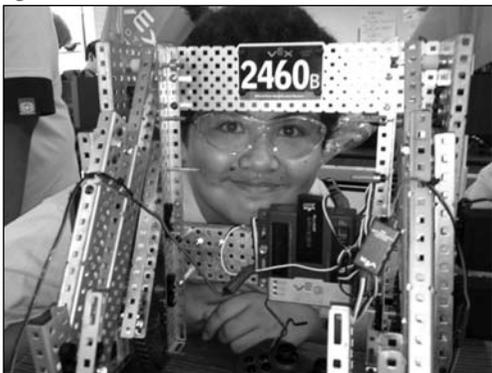
participation in this program. For more information online go to [hawaiiFLL.org](http://hawaiiFLL.org). Let's go Kohala—make us proud at the State First Lego League Championship Tournament!

## VEX Robotics Tournament in Kohala

Three two one! Robots run autonomous for 20 seconds! Points are tallied and driver mode begins! Four robots on one field will battle it out to secure top seeding in the TMT Big Island VEX Robotics League to be held at Kohala High December 1 from 10 a.m. to 4 p.m. at the cafeteria.

Twenty-six teams are entered in the first-ever Big Island robotics league competition. The Kohala tournament will produce a set of 52 rounds of the current VEX

rounds to determine league champions will follow that same day. The event is free to the public. Everyone is encouraged to attend to support the STEM educational robotics competitions. Food concessions will be available.



—photo courtesy of Fern White

**Kohala High ninth-grader Patrick Nelson uses humor to make sure his robot building will meet the specifications of TMT Big Island VEX League Robotics Competition on December 1 in Kohala.**

Kohala Robotics seeks to provide opportunities to meet the increasing demand for more technological experiences for our students. This event is our first time hosting a sanctioned competition that

will ultimately qualify teams to World Championships. Volunteers are also welcome as we need inspectors, field setters, score keepers and logistics support. For information, contact Fern White at school 889-7117 or 896-0316.

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This material is based on work supported by the Farmers' Market Promotion Program (FMPP) Grant Program, Agricultural Marketing Service, USDA, under Award No. 12-25-G-1323, HI-199-2011-G-1323.

### T-BALL/PITCHBALL REGISTRATION

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## Laurie Downey's Watercolors Featured in Fall Show

The Living Arts Gallery's "Featured Artist" for the months of November and December is Laurie Downey. Her show of exquisite watercolor paintings includes portraits of vivid tropical flowers and local Hawaiian scenes. Laurie is also introducing her forays into oil painting, which is fresh, direct and more impressionistic than her watercolors.

Laurie paints from the experiences of her own life, as she grew up on the beaches of southern California, then migrated to Hawai'i. She has lived and studied in Europe and holds a B.A. from the University of California. She has been involved in the arts since her youth and has exhibited in shows in California in both jewelry design and painting. She divides her time between Hawai'i and Dana Point, Calif., where she is a member of the Laguna North Gallery. She has been a member of the Living Arts Gallery in Hawi for the past two years.

Downey's watercolors are precise and detailed, executed in a realistic style, often with dramatic black backgrounds. Laurie often paints from

photographs that she has taken during her travels. When she's not painting, Laurie is an avid and competitive golfer and recently bicycled through Italy with her husband and three children.

The Living Arts Gallery is located on the main street of Hawi in the historic Hawi Hale building. The gallery is open daily from 10:30 a.m. to 5:30 p.m. For more information visit [www.livingarts-gallery.net](http://www.livingarts-gallery.net) or call 889-0739.



—Image courtesy of Living Arts Gallery  
"Plumeria" by Laurie Downey

## Literary Lions Come Forth!

The Living Arts Gallery is happy to host local writers reading their (as yet) unpublished works. The evening begins at 7 p.m. on Saturday, December 8, in a salon-style setting at the gallery. Warren Vignato will share his poetry, which explores the realm of human experiences. Other local writers who want to read their works should contact the gallery at 889-0739.

## Trick or Treat... Here's Something Sweet

*This little witch cast her own special spell... of cuteness. Three-year-old Braysha, dressed as a candy corn witch, was one of hordes of children trick or treating in `Ainakea on Halloween.*

—photo by Megan Solis



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## KOHALA CALENDAR

### December

- 1 Sat 8:30 am, "Walking in the Wild" guided silent walks w/ Gavin Harrison, at `Iole, by donation, sign up by 8:30, call `Iole at 889-5151.
- 1 Sat 9 am-2 pm, Kohala senior softball rummage and bake sale, Hisaoka Gym.
- 1 Sat 10 am-4 pm, TMT Big Island VEX Robotics League tournament, free, KHS cafeteria, Fern, 889-7117.
- 3 Mon 6-7 pm, Growth Management Subcmte. Mtg., public invited, Surety Kohala office, Hawi, Hermann, 889-1464.
- 3 Mon 7 pm, Al-Anon Meeting, every Mon., lower level, St. Augustine's Walker Hall, Laura, 884-5833.
- 4 Tue 4-5:30 pm, Hope for Haiti Mtg., St. Augustine's Walker Hall, new members welcome, Lani, 889-5852.
- 4 Tue 4-5 pm, KCAA registration for Girls Softball, ages 9-14, & T-Ball/Pitchball, boys & girls 5-8, free, includes uniform, Hisaoka gym, Tom, 345-0706.
- 4 Tue 5 pm, CDP Parks and Water Improvement Subcmte. Mtg., KIC, public invited, Giovanna, 889-5590.
- 5 Wed 10 am, Homeschool Wednesday, also 12/19, North Kohala library, 889-6655.
- 5 Wed 2-4 pm, Free flu shots, 18 & older, no appt. needed, Kamehameha Pharmacy, sponsored by KHCF.
- 5 Wed 4:30-6:30 pm, CDP Public Access Subcmte. Mtg., Senior Center, Ted, 889-5801.
- 5 Wed 7 pm, AA meeting, every Wed., Kalahikiola Church Annex house on `Iole Rd.
- 6 Thu 4-5 pm, KCAA registration for Girls Softball, ages 9-14, & T-Ball/Pitchball, boys & girls 5-8, free, includes uniform, Hisaoka gym, Tom, 345-0706.
- 6 Thu 6-9 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365.
- 7 Fri 10 am, Preschool Story Time series, every Fri., 2-5 yrs., North Kohala library, 889-6655.
- 8 Sat 7 pm, Poetry, Prose & more, author reading, free, Living Arts Gallery, 889-0739.
- 9 Sun 5:30-8:30 pm, Christmas Celebration, dinner & program, free, Father Damien Hall, public invited, Sondra, 889-5416.
- 10 Mon 6-7 pm, Kohala Haw'n Civic Club Public Mtg., Hawi Community Center, Rochelle, 896-3033.
- 11 Tue 11 am, Adult book discussion group, "Skipping Christmas" by John Grisham, North Kohala library, 889-6655.
- 12 Wed 8 am, No. Kohala Merchants Association Mtg., Resource Center, public invited, Bobby, 889-0505.
- 12 Wed 2-4 pm, Free flu shots, 18 & older, no appt. needed, Kamehameha Pharmacy, sponsored by KHCF.
- 12 Wed 4-5 pm, KCAA registration for Girls Softball, ages 9-14, & T-Ball/Pitchball, boys & girls 5-8, last sign-ups, free, includes uniform, Hisaoka gym, Tom, 345-0706.
- 12 Wed 5 pm, KMS SCC & community mtg., library, parents & community welcome, 889-7119.
- 12 Wed 5:30 pm, KHS SCC mtg., rm. D-24, parents & community welcome, 889-7117.
- 13 Thu 6 pm, Kamehameha Day 2013 Committee kickoff mtg, open to public, NKCR, Cicely, 557-6042.
- 15 Sat 9 am-1 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am-1 pm, 889-5177.
- 15 Sat 9 am-1 pm, North Kohala-Grown Kits 'n' Kats Adoption Day: friendly, litter-trained, neutered/spayed, FIV & FeLV negative, all shots, dewormed, most microchipped, Kapa'au Veterinary Center, 54-3876 Akoni Pule Hwy, Kate, [popokipono@gmail.com](mailto:popokipono@gmail.com)
- 15 Sat 4:30-6:30 pm, Free Grindz--Hot Meal, under the Hawi Banyans, bring a friend, Kohala Baptist Church, Sondra, 889-5416.
- 15 Sat 6:30-8:30 pm, Community Christmas Art Show opening night, free, Kenji's House, Kapa'au.
- 17 Mon Winter break for Kohala public school students until Jan. 3
- 17 Mon 6:30 pm, Holiday music concert w/ Adrienne Cherry & Wendy Hindley on recorder, North Kohala library, 889-6655.
- 19 Wed 8:30 am-12:30 pm, `Iole Volunteer Day, Open House celebration, New Moon Foundation land, contact Kerry, 889-5151.
- 20 Thu 1:30-2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730.
- 22 Sat 11 am-12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am-12:30 pm.
- 22 Sat Evening, Winter Solstice Concert, live music, refreshments, free, bring canned good for food pantry donation, Living Arts Gallery, Hawi, 889-0739.
- 24 Mon 6- 8 pm, Christmas Eve under the Hawi banyan tree, free dinner followed by singing, program (7 pm), Sondra, 889-5416.
- 27 Thu 7 pm, "Hitchhiking Dance Machine" one-person show, (also 12/28, 12/29), by donation, Kenji's House, Kapa'au.
- 31 Mon 6 pm, New Year's Eve, free dinner, 7 pm mochi pounding/fireworks, Kohala Baptist Chapel, Makapala, Sondra, 889-5416.

Email calendar listings to [kmncalendar@hotmail.com](mailto:kmncalendar@hotmail.com) or call 884-5986.

## Wabi-Sabi Tea Shop Offers Tea, Specialty Ware and Education

Story and photo by Megan Solís

I sit in a new shop in Kapa'au, which, despite the traffic outside, is surprisingly peaceful with a breeze gently stirring the wind chimes. Diane Jagers, owner of Wabi-Sabi Tea Shop, repeatedly pours hot water over an unglazed tea pot. She explains that she is warming the teaware, a necessary step in gung fu style tea preparation.

"It's all about honoring the tea," she says. Tea farmers go through an elaborate process to produce different types of tea. "It's an art, a craft" developed over centuries, she explains. The characteristics and qualities of the tea come out slowly as you drink it.

Diane, who prefers the name "Daya," recently opened Wabi-Sabi Tea Shop between Minnie's and Dunn Gallery, in part to fulfill an objective: to find community. She says she has sought it her whole life and found it elusive. So she decided to take up something that is dear to her heart—her love of tea—and share it with others.

"It's something for the whole family and brings people together in a way that relaxes them. It's fun, and people don't know about it. I'm hoping to get it out there to the community," she says.

The shop offers Kohala a variety of "boutique" teas, as well as artisan teaware, accessories and unique furniture. More than just having a retail shop, however, Daya wants to educate people about tea, especially those new to tea.

"We're used to things that are mass produced and brought to us in the supermarket, but these teas, you know you're actually connecting with a farmer in

Taiwan or Japan—that's his livelihood. All these things come forth as you're drinking the tea," she says.

Daya puts some dried tea into the pot and pours a little hot water in and then drains it off. She's "waking up" the tea from its dried state. This process allows for a shorter steeping time—only a few seconds—and many infusions. The first infusion is typically very light, but subtle changes in water temperature



Daya, owner of Wabi-Sabi Tea Shop, offers a variety of boutique teas, teaware and imported furniture at her new shop in Kapa'au.

or different infusions bring out various qualities in the tea, she explains.

My first sip of the GABA oolong

tea is just that: smooth and light. Daya tells me that GABA is a Taiwanese High Mountain tea that is supportive for stress, and lowering blood pressure, blood sugar and insomnia.

She explains there is a meditative, yogic side of tea: slowing down to appreciate the ritual, paying attention to our movements and drawing our thoughts inward. There is a strong connection between tea and yoga, she says.

tea ceremony afterwards. She notes that most people think of the Japanese tea ceremony, but many cultures have unique traditions and rituals in these ceremonies. Her dream is to offer these experiences in a natural, outdoor setting.

The tea shop offers a variety of black, green, and oolong teas, as well as Pu-Ehr, a fermented tea with probiotic aspects. Her teas are 90 percent organic and fair trade with most of them coming from China, Taiwan, India and Japan, but she also offers Mauna Kea tea, which is grown, picked, dried, packaged and sold on the Big Island. Each day she offers one "tea of the day" for sampling.

She is happy to help tea novices navigate the world of tea and specializes in personalized service, whether someone is picking out tea and teaware for themselves or as a gift.

"It's fun as an adult to have something new," she says. She selects and pairs the tea sets herself, with an aesthetic reflected in the name of the shop.

Wabi-Sabi is a Japanese concept that Daya explains is "the understanding of simplicity and that time changes everything, but the beauty is always there, and what we classify as broken or damaged, there is beauty in all of it. The beauty and the perfect in the imperfect."

Wabi-Sabi Tea Shop is open Tuesday through Saturday, 8 a.m. to 3 p.m.

Starting December 6, Daya will be offering Crepes, Chai and Tea on Thursdays, Fridays and Saturdays from 6 to 9 p.m. at Gill's Lanai. She hopes people will come to eat, drink tea, visit and share.

## McCullough, Bond Earns High Marks in Debates

Parker School senior and Kohala resident Tyler McCullough is serving as a co-captain for the debate team this year. A debater for the past three years, he has experienced great success in Championship Lincoln Douglas debate. He and Jesse Tarnas, class of 2012, represented the state of Hawai'i in their category at the National Forensic League finals in Indiana this past summer. Tyler takes his co-captain responsibility very seriously and takes pride in helping newer teammates develop their research and delivery skills. A supportive leader, he regularly stages practice rounds for

fellow debaters giving them the opportunity to develop their presentation skills.

In his first year at Parker School, fellow Kohala resident Ian Bond joined the team and competes in policy debate. Ian and his debate partner, Dash Cotton, were pleased to receive three out of six favorable ballots at their first tournament on O'ahu in October, earning them a certificate for an overall superior rating, the highest possible recognition at a non-qualifying tournament.

Both Kohala debaters look forward to competing in the Neighbor Island

Tournament being held at Parker School January 18 to 19. If you are interested in serving as a judge for the two-day tournament, please contact Ann Renick at arenick@parkerschool.net.

*Kohala residents and Parker School students Tyler McCullough and Ian Bond are becoming skilled debaters.*

—photo courtesy of Parker School



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\*source: <http://teenbrain.drugfree.org>