

Kohala Mountain News

Vol. 12, No. 2

February 23, 2013

Mahukona Boat Ramp Meeting Pulls a Crowd

By Toni Withington

Seeking to take the pulse of the community about a proposed boat ramp at Mahukona, officials of the County and federal engineers found lots of emotion both for and against the project. More than 80 Kohala residents turned out at the Mahukona pavilion to hear several different possibilities at an evening meeting January 23.

The Army Corps of Engineers is still in the feasibility study stage, Debbie Solis, project supervisor, told the crowd as she showed slides of at least six possible scenarios being put forward. Joining her were representatives of the County Department of Parks and Recreation and Mayor's Office. Solis has been leading the study for improving boating facilities in North Kohala since 2008 when the County put up \$150,000, half the cost of the study. While the corps would fund any changes to the ocean, such as digging channels or building breakwaters, all the improvements for the ramp itself and shore facilities would be paid for by the County.

The scenarios presented include two that would dig a 250-foot long channel through the reef off the existing park and excavate much of the park's parking lot and picnic area for either a small or large turning basin and boat ramp.



—photo by Megan Solís

Mahukona is a popular spot for North Kohala residents to swim, snorkel, picnic and launch an occasional small boat.

Two offshore plans include building narrow groins jutting off the shore south of the wharf with the boat ramp located on the side of the wharf facing north toward Opolu. These scenarios

would require dredging channels of 350 or 500 feet long in the bay toward the wharf.

Another possibility would locate the ramp at the current winch site and con-

struct a 100-foot by 40-foot breakwater off the end of the existing wharf toward the north, with a 100-foot long entrance channel. A cheaper possibility identified would be beefing up the existing winch used to launch boats off the wharf. A last choice is to do nothing.

Solis explained that the gathering was only the first of many meetings with the community to find consensus on which way to go. When she opened the floor to speakers, there was little consensus and a fair amount of emotion. Most of the boaters spoke favorably about returning Mahukona to a harbor for local fishing boats and a place to launch rescue craft. Those who swim regularly off the wharf expressed concerns about safety, pollution and destruction of the coral reef. Park users expressed dismay at the possibility of losing the shoreline location of the pavilion and campgrounds. At least one boater was concerned that a public ramp would lead to outside users and threaten the fish populations in the district.

The harbor did boast a launching ramp off the wharf until the 1970s when it was damaged by storms. The plantation installed a motorized winch, which in its heyday was used by about 80 local boaters. It is now operated with
See Mahukona, page 2

Cowgirls Basketball Takes It All the Way to State

By Megan Solís

To the best of coach Julie McPeek's memory, the Kohala High School girls basketball team last qualified for the state tournament around 1991 in Hilo. Some reports say it's been since 1981. No matter—the Cowgirls changed all

that this year.

At the Big Island Interscholastic Federation tournament in early February, the Cowgirls defeated Pahoa, 49-44, in the first round of Division II play. Senior Sheana Cazimero scored 13 points, and junior Hauoli Sproat-Lancaster added 10 as the Cowgirls' win sent them to the semi-final against Honoka'a. After a crushing loss to the Dragons, Kohala's final matchup was against Hawaii Preparatory Academy, with the Cowgirls victorious, 44-23, advancing them to the Hawaii High School Athletic Association (HHSAA) state tournament.

"We played really well during BIIFs," said Coach McPeek, despite the big loss to Honoka'a. She

said the girls knew HPA was beatable and played "probably one of their best games all season."

The Cowgirls entered the Division II championship as the Big Island No. 3 seed, with a 4-7 record.

This year's team consisted of Sheana Cazimero, Andi Amar, Hauoli Sproat-Lancaster, Mohala Kaholoa`a-Kumukoa, Leign-Ann Rivera, Jessica Tenorio, Tezrah Antonio, Briana Harrison, and

See Cowgirls, page 3



—photo courtesy of KHS Girls Basketball

It wasn't all fun and games for KHS girls varsity basketball, who took the team all the way to state. From left, front row, are: Tezrah Antonio, Mohala Kaholoa`a-Kumukoa, Brittney Kanoa, Jessica Tenorio; back row, Leign-Ann Rivera, Briana Harrison, Sheana Cazimero, Hauoli Sproat-Lancaster, Na`ai Solomon-Lewis and Andi Amar. Not pictured: Coach Julie McPeek and assistant coach Kaipii Puou.

'Discovering' Treasure in the Garden

Sydney Wiernicki and Keoni Barco hold up uala (sweet potato) they dug up in the Kohala Elementary School Discovery Garden. For more about the Discovery Garden and the guest chef series, see page 12.



Kohala Mountain Publishing, LLC
PO Box 639
Kapa`au, HI 96755

ECWSS
POSTAL CUSTOMER

PBSTD STD
US Postage
PAID
Kapa`au, HI 96755
Permit No. 9

Kohala Elementary Keiki Jump Rope for Heart

Kohala Elementary School students took to the playground February 13, ropes in hand, to participate in the school's annual Jump Rope for Heart. Thirty-seven first- through fifth-graders officially registered for the event, raising \$2,262.62 in pledges for the American Heart Association. All students, regardless of whether they raised funds, were able to participate in the jump fest, resulting in a playground full of kids and staff, jumping their way to good heart health.

This is the third year of the event, which started with 13 registered students in 2011.



First-grade teacher Mrs. Merrilee Carpenter and Keilla Thomas swing the rope while Lily Chong jumps.



Principal Danny Garcia jumps rope with fourth-graders Logan Yamamoto, Zyah Rabang Baldado, Zoe Meikle, Gideon Rabang, and MJ Macaspac.

Mahukona, continued from page 1

a mechanical handle and services only about six fishermen with boats less than 18 feet long. The facilities proposed would be able to handle boats to 25 feet in length and be open to the general public. Dennis Matsuda said there are 60 to 70 regular boaters in Kohala who have been working toward construction of a boat ramp for many years. The closest boat ramp is in Kawaihae.

This is not the first time the Corps of Engineers has been asked to study the possibility of navigation facilities in

North Kohala. The County asked in 1975 and the State Department of Transportation put up funds in 1990. Both of those efforts were dropped by the proposing agencies. James Komata, chief planner for the parks department, said funding the project would be a deciding factor in whether it goes ahead. Upgrading the existing park facilities at Mahukona is already a top County priority, but capital estimates for park improvements do not include boat ramp facilities as well.

Solis said the federal funding for the Corps work would have to fall below a

\$7 million program cap. The Corps has already conducted a needed cost-to-benefit study and ocean and reef engineering. The physical engineering of the six proposals presented are preliminary, made to garner comments from the community and from the many government agencies—county, state and federal—that will be involved. Corps engineers also showed interesting slides of recent coral reef survey as well as wind and wave direction studies.

Once all the comments are gathered, any final plan would have to undergo an environmental assessment and most likely an environmental impact statement, she said. Community support for the project is essential when the agencies go to their sources of funding.

"That's why we want to hear from everybody who has a stake in whatever project is selected, even if the choice is no action," Solis said. She acknowledged the help the community provided by conducting a boat ramp survey through the Community Development Plan process in 2011. That survey showed 54

percent of Kohala residents who want a boat ramp named Mahukona as the chosen site over other locations.

Jason Armstrong, spokesman for the parks department, compared the process to a person with car troubles.

"You look at what went wrong; what it will cost to fix it, and compare the benefits of several offers in order to make it right," he said.

One speaker brought up an additional scenario. Since the coastal land between Mahukona and Kapa`a parks is currently under foreclosure proceedings and since public purchase of the land, formerly owned by Surety Kohala Corp, is called for in the NK Community Development Plan, and since the same land has been repeatedly prioritized for public purchase using the County's Open Space Fund, she suggested locating any future boat ramp between Mahukona and Kapa`a.

"That way the park users, the swimmers and snorkelers and the boaters would each have their own place and not be on top of each other," she said.

KHS Junior Class Sponsors Community Walkathon

The junior class of Kohala High School invites the community to join them for a walkathon on Sunday, March 3, to promote good health and awareness of the dangers of drugs.

The walk begins at in front of Hisaoka Gym at Kamehameha Park in Kapa`au and ends at Kohala High School. Reg-

istration starts at 8:30 a.m. and the walk begins at 9:30 a.m. with runners starting 5 minutes earlier. Walkers under the age of 18 years must have an adult complete a County Release of Claims form prior to the walk. The event is free to the public though junior class students will be gathering sponsors for their walk as a fundraiser for the class. Donations will also be accepted. After the walk, concession and information booths will be available.

For more information about the walkathon, contact Mr. Lovitt or Mr. Kealoha at Kohala High School at 889-7117.

Kohala Hospital Auxiliary Hosts Annual Spaghetti Dinner

The Kohala Hospital Auxiliary will be holding their annual spaghetti dinner on March 15, at the St. Augustine's Episcopal Church Walker Hall in Kapa`au from 4 p.m. to 7 p.m. Please come and enjoy the music and visiting with friends during your dinner, or you may choose to just pick up your "take-out" dinner. Vegetarian spaghetti will also be available.

Tickets are \$8 and may be purchased at Mother's Antiques in downtown Hawi or from an Auxiliary member. You may also call Dixie at 889-5730.

The Auxiliary has been able to continue their support of the Kohala Hospital with the generous support from our Kohala community. It has enabled us to purchase various items for the hospital, including wheelchairs, reclining chairs, resident furnishings, resident outings, activities, etc. In addition, the Auxiliary was able to assist in funding some of the improvements in the hospital. They also use the funds for scholarships for Kohala students entering into the medical field and related studies.

BACK PAIN?



Try an amazingly effective treatment at...

The Gentle Needle
practitioner of: Seitai Shinpo
Japanese Structural Acupuncture
938-8410
located in Kapa`au

The Kohala Community Athletic Association (KCAA) would like to thank the following sponsors for their generous support for our after-school sports programs for the children of Kohala in 2012.

Takata Store

Hawaii Community
Federal Credit Union

Surety Kohala Corp.

Kohala Pacific Realty

Kohala Zipline

Sunshine Hardware

Shige's Service Station

Grab a Basket, It's Time for the Easter Egg Hunt

This year's annual Easter celebration and other festivities will take place at the Kamehameha Park complex on Saturday, March 30, from 10 a.m. to 1 p.m. Hawai'i County Parks and Recreation and the Kohala Coalition Against Drugs (KCAD) jointly sponsor this event. Generous support is given by the 21st Century Community Learning Centers grant.

Children ages one through 10 are invited to participate. Registration begins at 10 a.m. and ends at 11:30 a.m. at the Hisaoka Gymnasium. The Easter egg hunt begins at noon.

There will be crafts for all who would like to be creative. Food, including shave

ice, is available for purchase, and there will be many prizes that may be won by lucky number drawings. Activities will continue until 1 p.m.

KCAD's purpose is to provide community activities involving families. In keeping with their mission of working together for a drug-free, healthy community, this event allows families to spend the day participating in free and fun activities as well as an Easter egg hunt.

Any monetary donation to help support the program would be greatly appreciated. Donations should be sent to North Kohala Community Resource Center at P.O. Box 519, Hawi, HI 96719

in order to receive a tax deduction. Please indicate that the donation is for the KCAD Easter Celebration.

The Easter egg hunt is a popular event in Kohala each year. This year's hunt is set for March 30.

—photo by Megan Solis



Cowgirls, continued from page 1

Na'ai Solomon-Lewis. Their team manager was Brittney Kanoa, who also accompanied the team on their trip.

Coach McPeek said the team initially felt a bit overwhelmed and nervous when they arrived on O'ahu for the state tournament.

In the first round of state tourney play, Kohala faced Kailua, with the Surf Riders jumping out to a 13-2 lead in the opening six minutes. The Cowgirls closed the gap to 24-16 on a jumper by Sheana Cazimero with 1:37 remaining in the second period, but Kailua ended the half with a 10-0 run to lead 34-16 at the break.

The Surf Riders maintained the big lead in the third period despite 11 points by

Cazimero, a guard. Cazimero finished with a game-high 18 points. Despite their efforts, the Cowgirls lost to Kailua, 56-43.

Coach McPeek said the team's nervousness showed in the first half of the game, "but in second half, we outscored them in both quarters, but we were too far down to come back."

Kohala faced McKinley High School in the consolation round. Freshman Tezrah Antonio nailed four 3-pointers, while freshman Briana Harrison added 10 points. Sheana Cazimero had nine, and Hauoli Sproat-Lancaster chipped in eight for Kohala, which trailed 33-21 at halftime. The Cowgirls took their final exit in the tournament in a loss to the Tigers, 66-47.

A 1978 Kohala High graduate, Coach McPeek played basketball for three years (1976 to 78), and was part of a history-making Cowgirls team that won BIFFs for three consecutive years. At the first girls state basketball tournament in 1977—in the days before Division II play—her Kohala team was the only Big Island team represented.

So, when the Kohala girls team had no coach two years ago, she was a natural to step in at the school where she also works as the head of security. Kaipii Puou is her assistant coach.

So what made the difference for the Cowgirls this year? A combination of a stronger team, a little more height, and a lot of ninth-graders who played club ball, coming in with on-court experience,

said Coach McPeek. But their greatest strength this year was teamwork. "They really stuck together," she said.

Coach McPeek is most proud of her players for their work outside of the court. "One of the goals of the team this season was for all the girls to pass academically. The coaches emphasized that the players are students first and athletes second. And they did it—not one player was on academic probation," she said.

Coach McPeek plans to be back courtside again next season. The team had only two seniors this year, Sheana Cazimero and Andi Amar.

"We'll focus a little more on defense next year," she said. With a young varsity team and some good JV prospects, 2014 holds a lot of promise for Cowgirls



Ownership counts.

Providing a full line of financial products for over 75 years!

Home Equity Lines-of-Credit • Vacant Land Loans • Mortgages • Construction Loans

Membership open to all residents of Hawaii Island.

Kohala Branch

PO Box 39
54-396 Union Mill Road
Kapaau, HI 96755

930-7462

www.hicommfcu.com

Federally insured by NCUA.



Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



March

Ad Deadline: 3/8/13
News Deadline: 3/11/13

April

Ad Deadline: 4/12/13
News Deadline: 4/15/13

Kohala Mountain News

www.kohalamountainnews.com

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

EDITORIAL STAFF

Megan Solís

Managing Editor

884-5986/kmneditor@hotmail.com

Anne Fojtasek

Associate/Layout Editor

884-5596/annef@hawaii.rr.com

Jesús Solís

Calendar Editor

884-5986/kmncalendar@hotmail.com

Tom Morse

Sales/Business Manager

345-0706/ltmorse@aol.com

Hana Anderson

Bookkeeper

987-6762/kohalataxllc@yahoo.com

Ben Balberdi, Erika Blanco, Caylah Carvalho, Jeff Coakley, Maureen Combes, Malia Dela Cruz, Renee Gonsalves, Judith Graham, Karla Heath, Sarah Kobayashi, Janet Lam, Lana Lewis, Elsbeth Meinardus, Chris Michaelis, Tom Morse, Ida Otake, Lee Rivera, Karen Rosen, Suzanne Sasaki, Robyn Skudlarek, Anaiyah-Lee Tabiolo, Tommy Tinker, Tonya Tyler, Joe Wallach, Lynda Wallach, Rose Mae Watterson, Fern White, Margaret Wille, Toni Withington

Current Circulation 3,600

Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive

preference for publication.

All material, either in part or in whole, is protected under U.S. copyright laws. ©2013.

Kohala Mountain News

P.O. Box 639, Kapa'au, Hawai'i 96755

For a twelve month subscription please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note giving the name and mailing address of the recipient.

Letters—

Thanks, Kohala, for Supporting Your Hospital

Kohala Hospital Charitable Foundation raised almost \$8,000 through our December contribution letter. We received donations from almost 60 Kohala families—a substantial amount from \$10 and \$25 checks—which is heartwarming because these donations are invariably from families who have had close relatives that lived out their last days in our hospital. I feel these families are expressing the awareness and appreciation for what our Foundation is accomplishing at Kohala Hospital!

On February 9, the Foundation held its 5th annual golf tournament at the Hapuna Golf Course. This fundraiser is sponsored, planned and managed by Michael and Elsbeth Meinardus, who graciously donate all the proceeds to KHCF.

The tournament was a big success. We had a full house with very happy golfers from Kohala, Kamuela, Waikoloa, Kona and Hilo, wonderful volunteers, a great lunch and perfect golf weather, and we



—photo courtesy of Elsbeth Meinardus

Volunteers with the Kohala Hospital Charitable Foundation's 5th annual golf tournament had almost as much fun as the golfers did!

hope once all the money is counted we can add around \$36,000 to the Kohala Hospital building fund.

Congratulations to the tourna-

ment's first-place winners Peter Banks, Scott Nelson, Leonard Gion and Bob Hodder, coming in before Jim Jean, Gordon Kirkland, Alan Pin and Jim Mair. Third-place winners were Nate Watterson, Miki Yardley, Justin Macy and Arthur Morin.

This event is a huge boost for our cause—the *Kohala Hospital*.

In June KHCF will be holding our annual BBQ at the Kahua Ranch; more on that later, stay tuned!

Sincerely,
Tommy Tinker
Kohala Hospital Charitable Foundation

Ka Hana No`eau Hosts Fundraiser for Kilihea Brown

Hi, my name is Anaiyah-Lee Tabiolo, and I am part of a program called Ka Hana No`eau Graphic Arts. We are doing a fundraiser for Kilihea Brown.

Kilihea Brown is diagnosed with Langerhans Cell Histiocytosis, and she is only two years old! We are trying to help Kilihea and her family in their time

of need. We are trying to raise at least \$500 to help out.

The fundraiser is on Saturday, March 2, under the Banyan tree in Hawi, from 8 a.m. until noon. We'll have baked goods, goodie bags, fruits, live baby chicks, and much more! So please come and support Kilihea Brown! Thank you

for your generosity!

Sincerely,
Anaiyah-Lee Tabiolo
Ka Hana No`eau Graphic Arts

Editor's Note: Those wanting to donate to this cause but who cannot attend the fundraiser can call Leslie at 896-0996.

Please Take Care of Our Coral Reefs

Editor's Note: Caylah Carvalho is a student in Duncan's Anderson's seventh-grade social studies class at Kohala Middle School.

Aloha, my name is Caylah Carvalho. My concern is about the coral reefs here in our island waters. I would just like to say that coral reefs are a living unit, and we need to keep them alive! I feel

we need to have respect and take care of them.

Some people refer to coral reefs as the "rainforest of the sea" because they are highly bio-diverse. Reefs often have more animals than plants that depend on them for life. If the reef is healthy, often animals that depend on it will be abundant and many fish will come to live there. Algae are very tiny and also

live inside the coral.

I go snorkeling a lot, and I love to look at the coral reefs. Seeing dead coral hurts me so much, and I just want to say, "please don't hurt our coral reefs." If everyone could please be mindful and careful of our beaches and ocean, I would really appreciate it.

Sincerely,
Caylah Carvalho

Viewpoint

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

Vandals at Kamehameha's Heiau

By North Kohala Community Access Group

Vandalism at Hale O Ka`ili Heiau in Hapu`u this month set off jarring shock waves through many families and has ramped up efforts by the Community Access Group and Kohala people concerned about historic preservation to reach out to students at our schools. The remains of the heiau, built by Kamehameha I on his own family land to the war god Kuka`ilimoku, has been the focus of coastal and cultural preservation for many years by many Kohala people. The land owner has cooperated with time and money to help open the land to access and preserve the heiau with the help of this group and other Kohala organizations.

When a large protecting boulder was recently shoved aside and young people on two ATVs ran around and around the heiau, digging deep tire holes, moving stones and riding over the altar area, it hurt us all. Why? Because they weren't outsiders. They were us.

Back in plantation days everyone could go to the coast and the mountains. And we did—to fish, to hunt, to gather food and just to enjoy the outdoors. What those of us who enjoyed that privilege forget is, we now have a generation of Kohala folks who have always lived with locked gates and only limited access. This is why the Community Access Group and many others are working with government agencies and land owners to guarantee that

young people and future generations will have access to the ocean. We have tried to include students in helping take back access to places, but perhaps not enough.

Hapu`u and Kapania bays are one place where preservation seemed to be working well. This area is Kamehameha's family homeland. Hui Mamalahoa fought in court for access to both bays back in the 1980s and '90s. The heiau Hale O Ka`ili has been cared for with great respect by Sonny and Marie Solomon, by Raylene Kawaiaea and now by Ralph Galan. The North Kohala Community Development Plan places this area as Priority One for access. The County of Hawai'i lists the 167 acres of

See Vandals, page 5

Vandals, continued from page 4

the Hapu`u to Kapanāia Cultural Corridor as priority number two on the current list for public purchase using the Open Space Fund. This area seems to be destined to be public land in the future.

Hale O Ka`ili stands out from the long string of heiau that still exist along our coast and make Kohala so significant in the history of the Hawaiian nation. Kohala contains both the first heiau Kamehameha built for his war god, Hale O Ka`ili, and the last heiau he built, Pu`ukohola, which is now a national monument.

Because fishermen would sometimes drive over the unmarked heiau, the access group worked with the kahu (the protectors) of the heiau, the land owner and the County to get the public access trail along the coast located around the heiau. Archaeological research on the heiau was done both by a firm hired by the landowner and by the Fred Cachola `ohana. Several groups worked to place large boulders to deter vehicles from the site. Recently the land owner paid \$20,000 so crews could build attractive fencing and signs to protect the heiau.

Then came the ATVs. And the police. That's because desecration of registered

historic sites in Hawai`i is subject to up to \$20,000 in fines. This unfortunate incident will bring County police and State historic preservation officers to patrol the site regularly because important archaeological preserves are protected by law. A better solution would be for people who live here to pull together to protect the valuable legacy of Kamehameha's homeland—the whole span of coast from Kauhola (Lighthouse) to Pololu Valley—so we don't have to rely on outside law enforcement.

What we see with this incident is a need for more education and connection with young people to our history and to the coast. Already those who care for Hale O Ka`ili have begun an awareness program at the Middle School. Students have also begun to get involved with the coastal restoration projects at Upolu Airport and at Kauhola Point. These are just the beginning of our commitment to give back to the community access to the coast it once so freely enjoyed. Let's work together to Keep Kohala Kohala.

North Kohala Community Access Group is a subcommittee of the North Kohala Community Development Plan Action Committee.

Viewpoint —

County Council and Home Rule: Update from Margaret Wille

During the course of drafting the North Kohala Community Development Plan (NKCDP) one of the key objectives was home rule—so that residents of this community have a meaningful say-so over what happens here, rather than being under the complete control of State legislators. This issue is all about the balance of power in our state.

We can see this home rule issue at play on many levels. On the community level, the NKCDP Action Committee is continuing to butt heads with the Planning Department. For example, under what circumstances should the Action Committee be able to send out a letter from itself—rather than being subject to the discretionary revision of the planning director.

On the county level, the home rule issue is in the forefront of much state legislation, for example, in the context of last year's law that created the Public Lands Development Corporation (PLDC)—a new entity which would have the power to develop our island's public trust lands without county oversight. I drafted a County Resolution urging state repeal of the PLDC. My resolution was unanimously approved by our County Council. I now expect the state-wide effort to repeal the PLDC will succeed.

For more information, or to receive our District 9 Newsletter, call my office at 887-2043.

Margaret Wille is the Hawai`i County Council representative for District 9, which includes North and South Kohala.

Police Alert Public to Potential Scams

Hawai`i County police caution the public to be aware of email, mail and telephone scams that are surfacing here in the islands. Recently, police in the North Kohala District received several reports and complaints of a telephone scam targeting residents on Hawai`i Island.

On December 12, a Kapa`au resident received a telephone call on her cell phone from a number possibly originating from Jamaica. The caller identified himself as an employee of Publisher's Clearing House. He said the Kapa`au resident had won \$1.5 million and that in order to receive her prize she needed to pay \$385 in taxes. She was then instructed to get a "scratch card" from Wal-Mart and to mail it to him. Being suspicious, she reported the incident to police.

The police are also informing the public of suspicious behavior involving persons impersonating a county employee from the tax office.

It was reported that a female party in a white unmarked vehicle explained that she was a contract hire for the county tax office, checking on properties for tax purposes. When she was asked to produce identification, this female party could not produce a County of Hawai`i employee identification card.

The police department wants residents to know that all field work done by Real Property Tax Office personnel have photo identification and business cards, and all field work is done in county vehicles with county seals visible on the side.

Citizens should NEVER give out personnel information without asking for proper identification when in these situations.

Recently, talk has been circulating in Kohala about a company working door-to-door selling a cleaning product or services. Concerns were raised that it was part of a scam to get into a house to check for potentially valuable items and "mark" the house for later theft. According to a police department spokesman, there have been no reports of criminal activity related to this company, which appears to be a legitimate, off-island organization.

However, police encourage the public to be cautious and aware of potential scams and to call police if they are unsure whether a call or visit is legitimate. Remember that if something sounds too good to be true, it is likely a scam.

Please report suspicious behavior to the police non-emergency number at 935-3311.

Seniors Shimmy Their Hearts Out on Valentine's Day

Kohala seniors celebrated Valentine's Day with the passion of youngsters. Our kupuna are still full of spunk and willing to try something new to stay young, so they dressed up with head wraps and hip belts to shimmy and undulate under the guidance of belly dancer Aleili.

Aleili gave the seniors a mini talk about how healthy it was for them to learn to loosen up by shimmying off

stress and tension in their hips and shoulders.

"Breathing well is the key to LIFE and undulating your spine in waves is the Fountain of Youth," Aleili said. "It gives us a great attitude, which the Kohala Seniors Club definitely has! Even the audience tried it from their chairs."

Aleili teaches belly dancing in her home studio on Tuesday evenings. For more information about classes or women's parties, she can be reached at 238-6111.



—photo by Lana Lewis

Thank You

Jan Morgan

for your many contributions to the quality of life in North Kohala



Kohala Hospital Charitable Foundation

Beer, Boots, Brats and Barbeque at Kahua Ranch



Save the Date:

Saturday, June 22 from 12 pm – 5pm

Please plan to join us for our annual fundraiser featuring: Dinner, Dessert, Beer, Wine, Dancing, Silent Auction, Live Auction and Fun!

Edneys of Tropical Dreams Honored as Small Business 'Person of the Year'

Kohala residents John and Nancy Edney, owners of Tropical Dreams Ice Cream in Waimea, were recently named Small Business Person of the Year for Hawai'i County by the U.S. Small Business Administration.

Each year, the Small Business Administration honors outstanding small business owners, entrepreneurs and advocates who best illustrate the important contributions of small business to a vibrant local economy and

thriving community.

Tropical Dreams Ice Cream, a "super premium" ice cream, is sold throughout Hawai'i and locally at Kohala Coffee Mill in Hawi, where tourists and locals alike can be seen lapping up a luscious scoop most afternoons. With flavors like Tahitian Vanilla, Mango Cream and Macadamia Nut, their ice creams reflect the fresh flavors of Hawai'i and are made from cream from Big Island dairies.



—photo courtesy of John and Nancy Edney
John and Nancy Edney of Tropical Dreams Ice Cream at their manufacturing facility on Lalamilo Farms Road in Waimea.

Dreams in 2001 and since then have transformed the company from a small operation producing 5,000 gallons of ice cream to a growing business that today produces 100,000 gallons annually with the help of 15 employees.

"The SBA Small Business Awards shine a bright light on the skill, innovation and drive of small businesses in our state. The 2013 winners clearly show tenacity, creativity, and the resourcefulness needed to overcome adversity," said district director Jane Sawyer of the U.S. Small Business Administration. "These

business owners demonstrate the best of Hawai'i and the promise for the future."

The Edneys, along with other exceptional small business owners, advocates and leaders from across the islands, will be honored February 28 at the 26th Annual Statewide SBA Small Business Awards Luncheon at the Hilton Hawaiian Village.

The ice cream can even be found as far away as the mainland and Japan. In addition to their rich ice creams, Tropical Dreams also produces sorbets, frozen yogurts, sherbets and Italian-style gelato. The company also manufactures Hilo Homemade and Big Island Ice Cream, and recently started producing premium butter, "Hula Cow."

The Edneys purchased Tropical

Giving a Voice to Water Line Problems

Got water problems? Here's a chance to voice them to people who want to hear. Problems and questions about public water transmission lines will be brought out at an open community meeting Monday, March 4, at 5:30 p.m. at the former Bank of Hawaii building in Kapa'au.

The meeting is hosted by members of the Water, Parks and Roads subcommittee of the North Kohala Community Development Plan Action Committee. The plan, written by the community in 2008, calls for upgrades to the Kohala water transmission system. The subcommittee wants to know what water headaches should be identified.

Problems may include repeated leaks, pressure changes, trouble locating water lines underground, water meter not on the property. Those are just samples. One problem already brought to the committee is called "spaghetti lines." That's where water meters are clustered at the end of a county water line with personal lines taking

off in many directions. Another might be water lines crossing other people's property.

The Water, Parks and Roads subcommittee has been looking into rural water transmission problems for several years, educating themselves about the current system and the improvements to the well sources. Much of North Kohala's water transmission system was inherited by the Department of Water Supply from older systems installed by the Kohala sugar plantation. While it has made some upgrades to the public lines, DWS has limited funding to fix all the problems at once. The subcommittee has been looking into possible solutions but needs to know the extent of water problems identified by the users.

For those who can't make the meeting, water problems or questions can be written to the subcommittee at imuakohala@gmail.com. Or phone Bill at 889-1888. Messages received before March 4 will be shared at the meeting.

Library News

Annual Library Book Sale Set for March 30

The Friends of North Kohala Public Library will hold its annual spring book and bake sale from 8:30 a.m. to 2 p.m. on Saturday, March 30, at the Kohala High School cafeteria.

All books will be sold for \$1 or less. Buyers also have the option of filling a reusable grocery bag with books for \$7. Please bring your own bags. True bargain hunters will want to be on hand from noon until 2 p.m. when the remaining books will be given to good homes for free.

The Friends are asking for volunteers to help with the sale and also for donations of books, media, and baked goods.

Volunteers are needed to help with setting up the sale beginning at 4 p.m. on Friday, March 29, as well as to help clear the remaining books following the

sale on Saturday afternoon.

Books, CDs, and DVDs in good condition may be dropped off at North Kohala Public Library until March 28. Baked goods can be delivered directly to the Kohala School cafeteria on the day of the sale.

Donations are tax deductible. Library staff can provide receipts for tax purposes when the materials are delivered to the library. Please do not leave donations in the drop-off receptacle outside of the library, which is for returning borrowed library materials only.

The proceeds from the annual sale provide funding for library programs and materials at North Kohala library.

Call the library at 889-6655, for additional information or to sign on as a volunteer.

Free Hypnotherapy Seminar Offered: An Introduction to Hypnosis

Tonya Tyler, a hypnotherapist and remote healer, will present an evening seminar to provide an introduction to hypnotherapy. It will be held on Monday, March 4, from 6:30 to 7:30 p.m. at the North Kohala Public Library. The presentation is free and open to the public.

Have you ever wondered if you could be hypnotized? Did you know all of us experience natural, environmental states of hypnosis at least twice a day? Learn what hypnotherapy is and why it can be an effective modality in heal-

ing and making desired changes in your life. You'll also learn what subconscious success is and how to shift it to higher or deeper levels. Enjoy this evening of fun, learning and opening up to possibilities.

Tonya has practiced professionally since 2007 and trained at Hypnosis Motivation Institute in Tarzana, Calif., the first nationally accredited college of hypnotherapy. For more information about this event or to register, contact Tonya Tyler at 339-2432 or tonya@inneroctave.com.

KOHALA
Real Estate
& 2ND HOME SERVICES, LLC
"PERSONALIZED PROPERTY SOLUTIONS FOR YOU"



~ Hire Us For 2nd Home Inspection Services ~

Owner Jeffrey Lee is uniquely qualified to care for your property. Supervising 100's of homes constructed on Hawai'i Island; he is an experienced Finish Carpenter, Drywall Installer, Finisher, Sprayer, Painter. What's more important to You? He cares!

"Jeffrey has done an excellent job...He is a real asset to your company."

Frank Karaznia

April K. Lee, RB, BA, CCIM, ABR, E-Pro in RE/MAX Hall of Fame & Jeffrey D. Lee, RS

APRIL

Office: 808.889.5505 Toll Free: 877.781.3070



THE COQUI CORNER

February, 2013

Coalition Members responded to four reports of coquis last month, and at press time, there is still one coqui singing near Hook Road that has not been located.

We continue to monitor a residence in Kapiko Estates.

Keep Kohala Coqui Free!

Report coquis to the hotline:

889-5775

Tax-free donations are gratefully accepted through the North Kohala Community Resource Center.

Yoga Ed. Kohala Program Gets Closer to Fundraising Goals

By Robyn Skudlarek

For over six years Kohala Elementary School students have enthusiastically participated in classroom-based yoga classes led by trained yoga teachers from our community. The program, based on the nationally-recognized Yoga Ed. curriculum, uses the exercise system of yoga to support and enhance learning while helping children develop their emotional and physical health. This very popular program ran for five consecutive years but faced significant funding challenges this school year. Yoga Ed. Kohala is currently focusing on raising approximately \$12,000 so that we can restart the program for school year 2013-14.

Toward that end, program organizers were thrilled to hear that the North Kohala Community Resource Center, which serves as the fiscal sponsor for Yoga Ed. Kohala, had secured \$2,000

from the Hawaii-based Kahiau Foundation and \$1,500 from the National Football League's Pro Bowl Charities for the Yoga Ed. program. These monies represent about 30 percent of the funds needed to restart the program. The funding pays for two teachers and basic equipment like mats and yoga straps to provide yoga training for every elementary school student.

Yoga Ed. is widely supported by the teachers of Kohala Elementary, who speak enthusiastically about the benefits of the program. As one teacher said, "Students really look forward to yoga. The classes help children follow directions and stay focused. It is calming and helps with their motor skills." Another said, "Students learn how to move their bodies, to balance, and calm themselves. It really helps to have someone with expertise in this area provide our students with these valu-

able yoga activities."

And what do the kids say? "We love yoga!"

Organizers will continue to search for monetary support from foundations and will also have a community fundraiser later this spring. We invite people to help keep Yoga Ed. Kohala alive by donating to the program via the North Kohala Community Resource Center in Hawi. We particularly encourage folks in the community who practice and value yoga to support our efforts so that we can continue to bring yoga to the students of



—photo courtesy of Robyn Skudlarek

Yoga Ed. Kohala wants to bring yoga back into elementary school classrooms in Kohala.

Kohala Elementary School.

Mahalo for your kokua! For more information call the NKCRC at 889-5523.

Community Invited to Enjoy Kohala Schools Spring Fest

Kohala public schools invite the community to Kohala Schools Spring Fest on Saturday, March 2. The free event, which showcases student work, projects and activities at Kohala high, middle and elementary schools, will be held at the school cafeteria from 9 a.m. to 1 p.m.

The day includes displays and demonstrations for robotics, KHS drama, photography, art and more. There will be booths where parents can take sample test questions, just like the ones their children take, and try out programs like Edison Hawaii, Teen Biz and Kid Biz. The

community can also see some of the after-school programs provided by 21st Century Community Learning Center, such as Hawaiiiana, hula, ukulele and singing.

Other booths include Kaiser Permanente, Hawaii Community Federal Credit Union, Keiki ID with the police

department, University of Hawaii Community College and other informational and community resources.

Kohala Elementary principal Danny Garcia emphasized that this event encompasses all three public schools. To entice the high school crowd, among the entertainment provided at the event will be local reggae band 'Ainakea Boyz as well as Kohala talent Nino & Gino, John Keawe, Kohala taiko drummers, and Hula Halau Kalaniami Aliloha. Other fun includes a dunking booth, jumpy castle, door prizes and food.

Counting Hawai`i's Humpback Whales

By Lynda Wallach

At 8 a.m. Saturday, January 26, twenty whale watchers gathered at Kapa`a Beach Park, binoculars in hand, to take part in the annual Hawaiian Islands Humpback Whale National Marine Sanctuary Ocean Count. We were there to tally the number of adult and keiki whales we sighted as well the various behaviors we observed such as tail slaps, head lunges and breaches.

Kapa`a is one of four official whale counting sites in North Kohala, the others being Lapakahi State Park, Old Coast Guard Road and Upolu Point. The Sanctuary, which is jointly managed by the National Oceanic and Atmospheric Administration and the State of Hawai`i, depends on volunteers to do the count, held on the last Saturday of the month in January, February and March from 8 a.m. until 12:30 p.m. We were just a few of the more than 800 volunteers at sites

throughout Kaua`i, O`ahu and the Big Island.

Participants are still needed for the March 30 count. You can find information on the count and register online at www.sanctuaryoceancount.org. It is a truly enjoyable experience that draws volunteers back again and again.

Volunteers gathered January 26 at Kapa`a Beach Park to assist in the annual whale count. Participants are still needed for the March 30 count.



—photo by Joe Wallach

Charity Book Sale March 30

A sale of 7,500 books will be held Saturday, March 30, in Hawi to benefit North Hawaii Hospice. The books—new, used, fiction, nonfiction, history, literature, cookbooks, Hawaiiiana, and a dozen other categories—are the remaining inventory of The Kohala Book Shop, which closed in 2010 after 10 years.

All proceeds will go to Hospice in honor of Jan Morgan, owner of the book store, who died after a short illness January 26. With her death the sale of books online ceased.

The sale will be held 10 a.m. to 4 p.m. at the Morgan residence, 55-3098 Park Road, two miles south of Hawi.

LEX BRODIE'S Tires
BRAKES • ALIGNMENT • REPAIRS

We're More Than Just Tires

- A/C Repair • Alignment • Brakes
- Batteries • Cooling System
- Electrical • Exhaust • Shocks
- Maintenance • Suspension
- Transmission Fluid Exchange

lexbrodiestire.com

VISA MasterCard DISCOVER

AAA Hawaii Approved Auto Repair BBB ACCREDITED BUSINESS

WAIMEA • 885-5959 Parker Ranch Ctr.
KONA • 329-8826 74-5536 Kaiwi St.
HILO • 961-6001 PAHOA • 965-9125

The
Hair Spectrum
Family Salon

Open: Tue - Fri 8:30 - 5:30
Sat 9 - 3

889-5077
Next to Aloha Gas Station

Kohala Coast WINDOW CLEANING

Quality you can clearly trust

- Licensed & Insured
- Window Cleaning
- Free Estimates

- Mineral Stain Removal
- Commercial Greg Pobst
- Residential (808)443-3833
- New Construction

www.kohalawindowcleaning.com

Serving West Hawaii since 2006

Mention this ad & receive 10% off

Dancing Spirit Studio

Create ~ Embrace ~ Transform

- Hypnosis Reiki
- Alchemy Tarot
- SoulCollage®

Next to the Middle School in Kapa`au

For appointment call
Catalina Cain, Cht, Muse
415-250-8939

A Taste of Hawi on Kohala Farm-to-Fork Tour

By Maureen Combes and Karla Heath

On Saturday, February 2, North Kohala Eat Locally Grown hosted a Farm-to-Fork Tour of three farms on Ho`ea Road. Lokahi Farm, Palili `O Kohala and Sage Farms opened their gates to the North Kohala community and visitors from all around Hawai`i Island for a taste of Hawi's agricultural scene.

The tour began at Lokahi Farm, a tropical botanical garden and working organic farm where Richard Liebmann and Natalie Young are fusing farming with the healing arts. Our hosts led us through the farm's diverse plantings (crops include asparagus, dragon fruit, and horseradish) and showed us the farm's research plot of medicinal plants. We were amazed by the variety of plants grown at Lokahi—from recognizable daily fare, to edible flowers and healing herbs.

We were treated to two tastes of the farm's prolific cassava crop: homemade cassava fritters with vegan pesto and a sweet tapioca and coconut pudding. Richard and Natalie also allowed us to sample dried ginger chips sweetened with fresh sugar cane juice. It's a new product that the farm is developing! Our visit to Lokahi ended with tea made of relaxing herbs from their garden.

The next stop on our tour was Palili `O Kohala, a taro-growing project headed by David Fuertes. His project brings 10 families together to work their own portion of land and support each other during times of planting and harvesting. We learned about the Korean Natural Farming methods that Palili `O Kohala uses to improve their yields, and were fascinated by the natural "potions" David feeds to the plants.

David shared with us that the cooperative plans to add more families on new land holdings, and it will begin

raising pigs in the near future. Through their expansion, they are working toward the North Kohala Community Development Plan goal to produce 50 percent of the food the community consumes. We snacked on steamed purple sweet potato and taro chunks cooked in coconut milk.



—photo by Maureen Combes
David Fuertes led the tour of Palili `O Kohala farm, one of three farms in Hawi on the Farm-to-Fork tour February 2.

Our final stop was Sage Farms, where Ben Nicholson led us through his fields while explaining his farming philosophy. His cover crop for the fallow rows consists of a variety of plants, all from his own seeds. He explained the added benefit of seeing what does well before it's plowed under is that he knows what that soil is ready to support. Among many bits of wisdom, he encouraged us to just keep putting seeds in the ground in our own gardens, to observe, and learn from the results.

Fara Boisvert had prepared a lovely spread of farm-fresh appetizers, which included three pesto varieties on tortilla chips, crackers and assorted jams. We were also offered Sage Farms' spring greens with lilikoi vinaigrette, and fresh coconut water and lilikoi lemonade.

The North Kohala Eat Locally Grown Campaign and Sustainable Kohala will co-sponsor another Kohala Farm-to-Fork Tour on Saturday, April 6, at `Iole. Keep up with events at foodhubkohala.org and join us as we continue to learn what it means to "eat local" in North Kohala.

Coastal Restoration Help Wanted

Kohala Lihikai is seeking help from young and old for planting native vegetation along the coast below Upolu Airport. Saturday, March 2, at 7:30 a.m., the volunteers will meet at the airport terminal. A variety of tasks will be available for all skill levels.

The Kohala-based nonprofit group has been working with Airports Division and the Ala Kahakai Historical Trail people to re-plant a large area of shoreline, makai of the runway, which was denuded by off-road vehicle activity. Soil erosion has caused damage to the reefs offshore. The trail along the shore will also be improved and planted with native ground cover.

Already hundreds of naupaka plants have been started in grow bags. They are waiting for a water system to be installed before they are put in the ground along the shore. More naupaka starts will be bagged on Saturday, and additional nursery area will be set up. Help is needed on the water system installation from a portable water tank provided by Airports Division to the most damaged area.

Another crew will be taking down three State construction signs for transport to Kohala Middle School, where students will be painting the background for the new signs welcoming users of the shoreline trail and acknowledging the many community groups that have pledged time and manpower to the project.

Kohala Lihikai was incorporated last year with the encouragement of many groups that are working for preservation of the coastal areas and community access. These include the North Kohala Community Access Group (a subcommittee of the Community Development Plan Action Committee), Kamakani O Kohala Ohana (Kako`o), Malama Na Wahi Pana O Kohala, Malama Kohala Kahakai, Kohala Historic and Preservation Group, the Ocean Warriors and the Kohala National Guard Alumni.

Joe Carvalho is currently chairperson of Kohala Lihikai. Toni Withington serves as secretary/treasurer. Other board members are Fred Cachola, Ralph Galan, Gail Byrne Baber and Mike Isaacs. The organization is dedicated to providing locally-generated stewardship of coastal and mountain areas. In addition to the airport project, Kohala Lihikai is helping with stewardship of

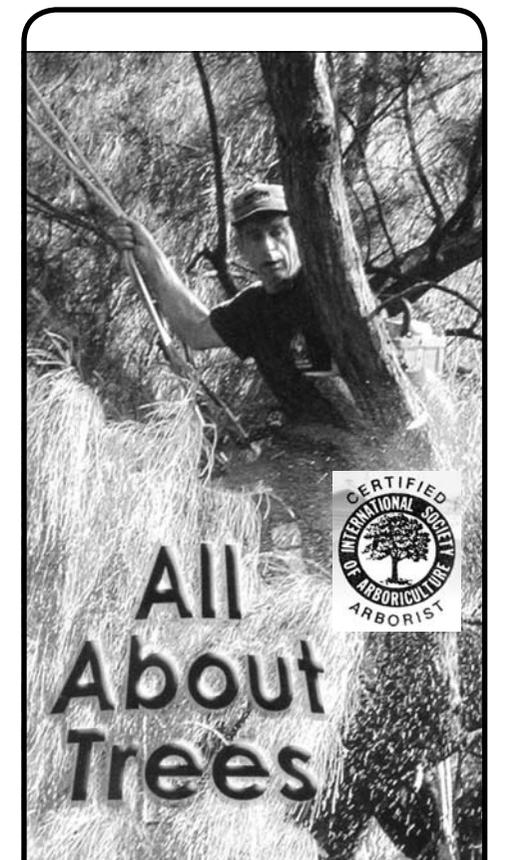
both public and privately owned land.

Since many of the groups behind Kohala Lihikai have been working for many years to facilitate the public purchase of coastal lands, the organization is likely to be involved in the long-term stewardship of many of the newly preserved areas. Because of the high degree of historic and cultural sites on Kohala's coastal lands, the vision for Kohala Lihikai is to have descendants of families with ties to the land and families that have longstanding connections to the resources of the shore, whether for fishing or gathering, to have a say and participate in caring for specific areas.

"This is a bottoms-up approach to preserving our special places," said Joe Carvalho. "Each section of the coast will likely have ohana to focus on caring for their traditional places, keeping them clean and safe with historic values preserved."

For more information on Kohala Lihikai or the March 2 work day, contact Toni Withington at 884-5476 or sundownertoni@yahoo.com.

To advertise in the Kohala Mountain News call Tom at 345-0706



Out on a Limb to Serve you

Professional Tree Trimming & Removal Chipping Services Available

Warren Vignato

884-5036

HAWI GALLERY
ART & UKULELES



Beautiful ukuleles & unusual musical instruments
Colorful aloha shirts
Local jewelry & gifts
Hawaiian art, books & music
Vintage Hawaiiana

play@hawigallery.com
www.hawigallery.com
206-452-3697

Jewelry, Art and Gifts
Handmade in Hawai`i

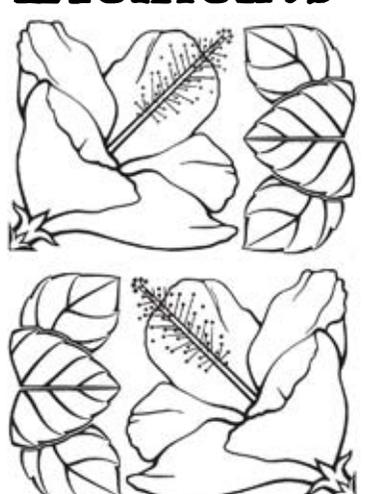
Showcasing the work of over 80 Hawaii Artists & Green, recycled and fair trade crafts, toys and bags

Open Daily 10 - 6 889-0760
Downtown Hawi
clements@ElementsJewelryandCrafts.com



www.ThinkLocalBuyLocal.org

Elements



Jewelry & Fine Crafts

© 2013 Kohala Mountain News

Jon Adams Named Newest Member of CDP Action Committee

By Lynda Wallach

At its monthly meeting on February 11, the North Kohala Community Development Plan Action Committee (NKCDP AC) welcomed its newest member, Jon Adams. Adams is a long-time resident of North Kohala and former owner of Kohala Pacific Realty. The committee now has eight members, just one short of the nine members set forth in the NKCDP.

In subcommittee reports, Hermann Fernandez stated that the only item the Growth Management subcommittee had reviewed in the past month was the proposed parcel consolidation and re-subdivision of an approximately 400-acre parcel from 16 to 14 lots by Surety Kohala Corp. The property is located above Sunshine Hardware. The subcommittee did not have any objections to the proposal but will continue to monitor the application.

Vandalism at the heiau at Hapu`u was the first item on the report from Joe Carvalho of the Public Access subcommittee. Someone had moved the rock that blocks the entrance allowing ATVs and other vehicles to be ridden around the area, causing damage to the heiau and along the coast. The landowners met with the subcommittee, who agreed that they should file a report with police and the State Historical Preservation Division. The subcommittee is working

with middle school students to get their help in the cleanup of that area and also in the restoration of places like Upolu. [See related Viewpoint article, page 5.]

The subcommittee is also working with a nonprofit organization on stewardship of public lands acquired in North Kohala, including ways to get the community involved, especially those families with ancestral ties to the various areas, as well as how to tap into the one-half percent of real property taxes being set aside for maintenance of public lands. Regarding grant of easement of coastal land by Vipassana at Halelua, once funds are obtained, ownership will be held by the Hawaii Island Land Trust. Finally, Carvalho reported that Upolu Airport area restoration will be kicking off March 2 at 7:30 a.m. when a group of volunteers including the Kohala National Guard Alumni will be helping to pot naupaka plants. [See related

story on page 8.]

Tony Withington reported that the Parks and Water Improvement subcommittee has changed its name to Water, Parks and Roads as a way of better describing its current priorities. The subcommittee has met with representatives from the Hawaii Rural Water

Association to discuss how their organization helps communities address water improvements. The subcommittee will be holding a meeting on March 4 when members of the community can present any problems they have regarding water transmission. [See related story, page 6.]

Susan Fischer of the Power, View Planes

and Erosion Control subcommittee responded to prior questions about the conversion to fully shielded LED street lights. She noted the response from areas that have the new streetlights has been positive. She explained that developers or associations pay for the installation, maintenance and power for streetlights within their developments and at their intersections with public roads. The county pays for the installation, maintenance and power for streetlights along county roads and the state pays for streetlights along state roads.

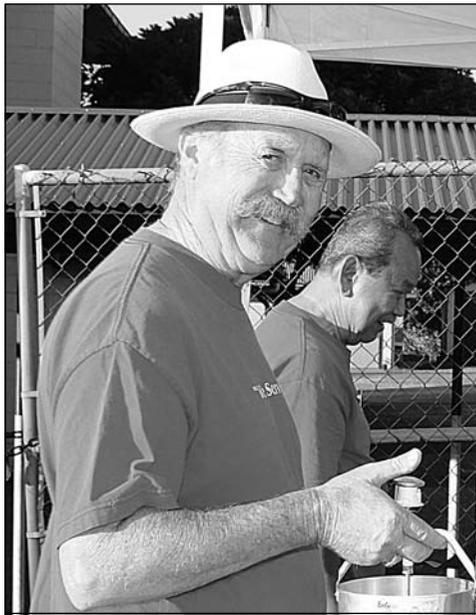
Collin Kaholo reported the Affordable Housing subcommittee, along with a representative of the state Department of Land and Natural Resources (DLNR), looked at the approximately 25 acres next to the Kahei subdivision behind the Catholic cemetery, which the county is currently using as a dumping site for green waste. Since the land cannot be used for ranching, DLNR is

willing to turn it over to the county but first the subcommittee needs to present a proposal to the county to show that the land can be used for affordable housing and would not be a burden on the county. Flooding would be a problem in the area if a lot of water flows off of roofs during a heavy rain and he is looking at ways of addressing the issue. Now that a piece of land that could be used for affordable housing has been identified, the subcommittee is looking for help from our county and state representatives to help move the project forward.

Acting chair Frank Cipriani of the Agriculture subcommittee shared material on a genetically modified organism study. The subcommittee is investigating the protocols regarding wells on strategically located agriculture lands; no permits are required for test bores. He also has gathered information on well drilling companies. He reported that the Important Agricultural Land (IAL) issue, working with the county in 2013, is on-going, as is the feasibility study, prepared by BioFarms Hawaii for a "BioEnergy Hub" at Ho'ea makai.

The aquaculture program at the high school is up and running, and 175 tilapia fingerlings have been stocked in the program's aquarium. It cannot be used to grow vegetables until electricity is brought to the greenhouse. There are six sponsors for the Aquaculture Training Online Learning program, but with 11 students enrolled, five more sponsors are still needed. Finally Cipriani said he is still looking for ways to get local farmers involved in the work of his subcommittee. Margaret Wille said that she would like to work with the Agriculture subcommittee to educate the community and to get feedback on issues currently before the state and county governments such as the Agriculture Tourism Bill and on projects that need county funding such as a local public certified kitchen that could be used to make value added products from local produce.

The meeting ended with a long discussion on how official correspondence from the AC should be handled. The current policy requiring all correspondence from the AC to go first to the Planning Department for review and approval was disputed in a letter from John Winter, AC chair. He stated that AC correspondence should be able to be sent directly to the intended recipient with the NKCDP name on the letterhead along with the names of the AC members, with a copy going to the planning director. Rosalind Newlon, the department's NKCDP project manager, insisted that AC correspondence must go through the department in order to be entered into the public record and put on official letterhead. She contended that the correspondence is typically forwarded on in less than a week, a claim which was disputed by some present. This issue will be taken up at the next meeting, which will be held March 11 at 5 p.m. at the former Bank of Hawaii building in Kapa`au. Public attendance is welcomed and encouraged.



—photo by Megan Solis

Jon Adams, newest member of the NKCDP Action Committee



shindaiwa®

Yard Work Made Easy™

Get ANY Shindaiwa unit at DISCOUNTED FLEET PRICING

February 25 - March 9, 2013




T242X Trimmer 20% OFF!

SUNSHINE HARDWARE
889-5371
sunshinehardwarekohala.com

True Value.
START RIGHT. START HERE.®
©2013 True Value® Company. All rights reserved.



Joe Sedillo
Color and Design Specialist

55-3339 Akoni Pule Hwy.
Hawi 96719
808-884-5400

KMN Now Online
www.kohalamountainnews.com

Volunteer Coaches Make It All Happen

The T-ball (ages 5-6) and Coach-pitch (ages 7-8) baseball season is in full swing thanks to the financial support from community merchants and donors and the many KCAA volunteer coaches pictured here.



Tammy Elarco, Nino Ka'ai, Lydell Matsu, Lawrence Kauka



Leo Agbayani, Reeve Cazimero, Earl Hoshida, Keone Glory, Eddie Valenzuela, Mike Remsen, Darryl Pagud

—photos by Tom Morse



Alexis Peleiholani, Jamie-Lee Dren, Mahi Vaefaga, Sa'o Vaefaga, Kekoa Anthony



Jeremy Hook, Kainoa Yamamoto, Chai Wilson, Chad Castillo, Shay Calero (front)

Parks and Rec Hosts Super Saturday Events in March

County Parks and Recreation has three events coming to Kohala in March.

On March 2, come watch the Super Saturday girls age-group softball tournament with teams from Waimea, Hilo, Waiakea and Kohala. The tournament will be held at Kamehameha Park at the main field A and at the opposite field B. Games start at 8 a.m. until 4:30 p.m. Age group ranges from 8 to 14 years old. Concession will be provided by the Kohala High School girls softball team. Please come down and enjoy a day of great softball and delicious food.

On March 9, T-ball/coach pitch Super Saturday will be held at Kamehameha Park veterans field C and D. Tournament includes teams from Waimea, Honoka'a, Pa'auilo and Kohala. Games start at 8 a.m. until 3 p.m., for ages 5 to 8 years. Concession provided. Please enjoy the day of fun-filled baseball.

On March 16, look for the boys age group basketball Super Saturday tournament with teams from Waimea, Hilo, Honoka'a, Pa'auilo, Papa'aloa and Kohala, ages 9 to 14 years. Games will begin at 8:30 a.m. until 4 p.m. Concession will be provided.

For more information, call 889-6505.

21st Century Offering Aikido for Youth

21st Century Community Learning Centers, in partnership with Kohala Aikikai, are offering introductory courses in Aikido to promote and enhance our students' learning, self-confidence and overall greater sense of well-being, strength, stamina, sensitivity, coordination, balance and flexibility. Aikido practice teaches students how to cooperate, harmonize, maintain self-control and resolve conflicts peacefully. This noncompetitive defensive Japanese martial art facilitates the process and development of self-awareness, and respect for self, others, our environment and community.

Course levels are available for children (ages 6 to 8), juniors (ages 9 to 12) and teens (ages 13 to 18). There is a limited enrollment for each three-month workshop level.

Interested students and families please contact the 21st Century Community Learning office at 889-0730.

Special Olympics Seeks Track and Field Athletes

Special Olympics spring season is starting up soon. North Kohala Special Olympians can participate in track and field on Tuesdays and Fridays, 5 to 6 p.m., at the Hawaii Preparatory Academy track in Waimea. Practice starts the week of February 19 and will run through the end of May. Athletes of any age may practice, but must be eight years old to compete.

There will be an island-wide competition in Kea'au and a state competition on O'ahu. Special Olympics organizers are currently looking for athletes in the Kohala/Waimea areas to join.

Please contact Sarah Kobayashi at 640-0471.

Yay!! Happy Hour @

bamboo

Tuesday, Wednesday, Thursday
4:00 - 6:00

Pupus \$4.00

- Kona Beer-Battered Crispy Onion Rings
- Crispy Chicken Wings
- Polenta with Creamy Pesto
- Mac Nut Caesar
- Edamame
- Risotto of the Day
- Kalua Pork Quesadilla



SUCK 'EM UP!

- Well Drinks \$4.50
- Domestic Beer \$2.50
- Imported Beer \$3.00
- Kona Draft Beers \$3.75

Also:

- Chicken Sate Pot Stickers \$8.95
- Calamari Strips \$7.25
- Thai Coconut Prawns \$9.25

889-5555



**20%
KAMAAINA
DISCOUNTS**

(12:00 - 3:00 and
5:30 - 6:30 daily,
dine in only)

*Fresh Fish by the Pound
Brown Rice Daily*

Come... Taste The Love!!!

12:00 - 3:00, 5:30 - 8:00 daily, (9 pm Fri/Sat)
(808) 889-5900

Kohala VEX Robotics Send Four Teams to World Qualifying Tournament

By Fern White

More than 100 teams from Hawai'i, Taiwan, China, and all across the world will be competing in the annual Pan Pacific VEX Robotics Championships Tournament February 22 to 24 at the Hawaii Convention Center on O'ahu. The event is second in size and format only to the World Championships. Kohala will field four of the teams: two each from Kohala high and middle schools. This amazing event, while bringing together teams from around the world, will also qualify nine teams to compete in additional tournaments including the 2013 VEX Robotics World Championship in Anaheim, Calif.

This year's game, called Sack Attack, is played on a 12-foot by 12-foot square field. Two alliances—one "red" and one "blue," composed of two robotics team each—compete in matches consisting of a 15-second autonomous period followed by one minute and 45 seconds of driver-controlled play. The object of the game is to attain a higher score than the opposing alliance by "scoring sacks" and "bonus sacks" in respective colored floor goals, troughs and high goal. Bonus scores are earned by having the most robots of a team's color parked at the end of the match in matching colored tiles.

Kohala Middle School teams are identified as the Hawks with team numbers 4119A and 4119 B. Members include students Jarom Hook, Joseph Pasco, Sakura Remzen, Morgan Swan, and Kayden Valenzuela; mentor Alvin Kawamoto and assistant Cheryl Cabrera guide the group. Their team number 4119B has already qualified to Worlds.

Kohala High School teams are identified as Na Paniolo 2460 and 2460A. Team members headed to Pan Pacific include: Elijah Dela Cruz, Kimi Kijiner, Dillon Ku, Patrick Nelson and Eloisa Viernes-Obero. Eric Dela Cruz is the mechanical/engineering mentor.

The Kohala VEX robotics coordinator would like to extend a huge Mahalo to the community for supporting our fund-raising efforts. Including the car washing January 6, the robotics group has done five food-service events, two car washes and one super bowl breakfast. The group awaits word on some grant proposals; however, community members and several generous supporters have really made student travel a possibility.

The Pan Pacific VEX Robotics tournament will really prepare 4119B members for world-level competition. Kohala's three other teams hope to earn additional berths to Worlds.



—photo courtesy of Fern White

Kohala VEX Robotics readies four teams for the Pan Pacific VEX Robotics Tournament.

Cowgirls Head to HHSAA Swim Championships

Swimming countless endless laps while staring down at the bottom of the Kohala pool's blue line has paid off for training partners Kassie Kometani and Yuki Zbytovsky as they travel to O'ahu for the Hawaii High School Athletic Association Swimming Championships February 15 and 16.

Kassie, a sophomore, qualified to compete in the 50 and 100-meter freestyle, and freshman Yuki Zbytovsky will be representing Kohala High School in the 100 butterfly. This is the school's first year competing in swimming after a seven-year hiatus. The last time Kohala fielded a swim team to the state championships was back in 2006. Hopefully there will many more trips to state.

At the recently concluded Big Island Interscholastic Federation [BIIF] championships, first time swimmers Ford Clark, Jayven Amanonce and Daimian "Baba" Kaholo did very well. Ford Clark garnered an eighth-place finish in the 100 backstroke and Jayven and Daimian got to the top 16 in the 50 free, 100 free and 100 breaststroke. What was amazing was that they all had to learn how to swim these competition strokes as they had never done it before.

"Assistant coach Billy Inglis spent a great amount of time in preparing the boys for competition, and his efforts paid off. Come next year, they will be totally different swimmers," said Coach



—photo by Jeff Coakley

Sophomore Kassie Kometani (l) and freshman Yuki Zbytovsky will represent Kohala High at the state championships.

Jeff Coakley.

But for now veteran swimmers Kassie and Yuki are leading the charge as they travel to compete in the State Championships. [Results unavailable at press time.]

However, two years from now Kohala High will have a powerful swim team as seventh-grade USA Swimmers Marvelanne Clark, Naomi Ney and Bayleigh Wiernicki should be joining the high school team. These girls are some of the top age group USA Swimming competitors in the State of Hawai'i.

"I just want to take this opportunity to thank our Kohala High athletic director Laurie Koustik, who was and has been very supportive of our efforts," said Coach Jeff.

Leos Club Installs New Officers

The Kohala Leos Club officers for 2013 were installed February 5 at the monthly meeting of the Kohala Lions Club. The Leos do highway cleanup, participate in the Food Basket food drive, assist in building homes for Habitat for Humanity, and will be spearheading a landscape project fronting Kohala Elementary School. There are currently 25 members.

Members are 12 to 18 years old. Leos Clubs prepare young people for leadership, and are sponsored nationwide by Lions Clubs, International. The head advisor for the Kohala club is Howard Hashimoto, registrar at Kohala High School. John Kometani and Beldon Kealoha serve as liaisons with the local Lions Club. For more information call Howard at 889-7117.



Kohala Leos Club officers for 2013 are, from left, Eloisa Viernes-Obero, treasurer; Anjalika Augustin, secretary; Jayvimar Arellano, president; Michele Sahagan, vice president; and Kassie Kometani, historian.

—photo by Tom Morse

Every day in the United States, an average of

2,000

teenagers use prescription drugs without a doctor's guidance for the first time.*

*Natl. Inst. on Drug Abuse



If used improperly, prescription drugs can be very dangerous. Despite what many teens and adults think, abusing prescription drugs is not safer than abusing illegal drugs. North Hawai'i Drug-Free Coalition encourages you to learn more at fivemountains.org/nhdfc, or call 887.0756. And remember ... "Take Time to Talk - Take Time to Listen."

NAKAHARA STORE



Hawi - at the Banyan Trees 889-6449, 889-6359

Groceries and General Merchandise including the world renowned products from: Hello Kitty, Precious Moments
Kohala's favorite Clam Dip, Maui Onion Salsa,
Roast Chicken, Char Sui
Plus an assortment of Hawaiian gifts,
surf shirts/shorts at everyday low prices

Open 8AM-7PM Monday-Sat., 8AM-3PM Sunday

Students, Volunteers Toil and Taste the Fruits of their Labors at Discovery Garden

Story and photos by Megan Solís

Some squatted and weeded, while others hoed, and a few cut away large branches and brush, but the 20 volunteers in the Discovery Garden at Kohala Elementary School all worked cheerfully, talking story while they gardened. Even the little ones got busy: pulling a wagon to pick up weeds and trimmings from around the garden and dumping them in a large pile.

One Saturday each month, parents, students, school staff and community volunteers meet at the garden area nestled between the school and Akoni Pule Highway, hidden from view by tall trees and brush. The volunteers work in the garden and then share a potluck lunch. On January 26, the group was an even mix of 10 adults and 10 children from preschool to high school, and their usual potluck included a new twist: a lesson in making sushi from Peter Pomeranze of Sushi Rock.

School principal Danny Garcia said the garden took root during his first year as principal in 2010 when Nancy Redfeather of the Kohala Center and Hawai'i Island School Garden Network spoke about the importance of each school having its own garden. Mr. Garcia learned there was an unused area on campus that was formerly part of the school's Future Farmers of America program. It was perfect for a school garden. The garden was established with a \$5,000 grant from 21st Century Community Learning Center, not only for an afterschool program but also to be used during school with STEM [Science, Technology, Engineering, Mathematics] as its primary academic purpose, supplementing the science curriculum.

The program soon extended far beyond math and science, however, to include language arts, Hawaiian culture, health and nutrition.

All students, from kindergartners to fifth-graders, have an opportunity to work and learn in the garden. Each grade has a special theme and project. For kindergartners it's getting familiar with the plants in the garden and getting to know nature. Fourth graders explore Hawaiiana with their 'uala and kalo [sweet potato and taro] beds. Fifth graders take soil samples and test the soil and water, completing practical, hands-on scientific experiments.

"It's an outdoor classroom, a laboratory," said Mr. Garcia.

Third-grade teacher Eva Conway was one of the volunteers working in the garden on Saturday.

"[The students] love it. They ask to come down here. What we're trying to do is connect curriculum to the garden. We made a square-foot garden so they can learn area and perimeter, and it really helped because it's one of the hard skills for third-graders," she said.

Another third-grade teacher, Elodia Le May, is making a fraction garden to give a three-dimensional demonstration

of one-half, one-quarter, etc.

The learning extends beyond math and science and into the language arts as well. Ms. Conway said their big project for the year is writing food stories. The school received funds to publish books,



Young and old dug in the dirt, laboring together at the Discovery Garden volunteer work day January 26.

so they plan to prepare food for the parents with produce they grow, write stories about the food and give the books to the parents.

During the program's first two years, the garden had its own coordinator, first Dr. Koh Ming Wei and last year with Star Baker. Though the school no longer has a garden coordinator, the change has caused the teachers to take more ownership in the garden program to integrate it into their curriculum, said Ms. Conway.

A teacher-run garden committee helps in divvying up the responsibilities, explained Mr. Garcia.

The program has an emphasis on community partnership, he added. It has received more than \$50,000 in support from organizations and community groups, including Island Harvest, Ho'ea Ag Farms, Kirk Eubanks, and Hawaii Community Federal Credit Union.

Recently the school has

implemented "Friday in the Garden"—a garden day for the whole school with a guest gardener on campus. The first guests were Kehaulani Marshall and Ala Lindsey of Ulu Mau Puanui, teaching about Hawaiian agriculture and growing 'uala.

Their next guest was Chantal Chung of University of Hawaii Sea Grant program, who incorporated the art of gyotaku, Japanese fish painting, with lessons in marine wildlife and protection as well as fish anatomy: science meets art in the garden.

Shannon Schultz, a beekeeper from Waimea, will bring honeycomb and bees to teach students the important work bees do in agriculture. And plans are in the works to bring crew from Makali'i, a Hawaiian voyager canoe, to talk about Hawaiian navi-

gation and food voyagers brought to Hawai'i.

Future plans include turning a grassy space into an events area and bringing in kupuna to tell stories, talk about food they ate growing up, and share the garden area.

"Education should be experience," Mr. Garcia said. "This is here to stay."

Most recently, the school has partnered with North Kohala Eat Locally Grown and Sustainable Kohala (as part of their Sustainable Saturdays series) to bring a guest chef to the volunteer work day, giving demonstrations on wonderful ways to prepare fresh local food. Peter Pomeranze of Sushi Rock, along with his sushi chef Nick, gave a hands-on lesson in preparing a vegetarian sushi roll. After a brief introduction to basic ingredients: nori (seaweed) and sushi rice, Mr. Pomeranze discussed the wide variety of vegetables and fish that can be used in sushi and the importance of using the freshest, local produce you can find. After chef Nick gave a demonstration in the art of spreading the rice, carefully laying out the ingredients and then rolling them all up tightly, three keiki volunteered to learn how to roll their own. It's not as easy as it looks, especially spreading the sticky rice, but the kids did a great job of rolling it all

up, and afterwards, all the volunteers got to share in a sushi feast.

On February 23, guest chef Jeff Coakley shares some of his favorite local recipes using ingredients from the garden.

The community is welcome to join the volunteers at the Discovery Garden each month. Watch for dates in the Kohala Mountain News calendar. For more information about the garden, contact the school at 889-7100. For more information about other Sustainable Saturday events, see FoodHubKohala.org.



Sushi chef Nick and Sushi Rock owner Peter Pomeranze gave a lesson in making vegetarian sushi rolls with fresh local produce at the Discovery Garden volunteer work day.

J. Lorenzo Construction QUALITY CONSTRUCTION AT ITS BEST

- Reasonable prices
- Fast turn-over time
- 29 years of experience with projects done all over Kohala
- Residential, commercial, industrial or remodeling

John Lorenzo

Lic# BC13017

896-0432

lorenzoboyz@gmail.com

CSC CAFE Local Food



Open daily
6:00 am – 9:00 pm
Take-out
889-0208



Ohana Lim Style Cafe
Local Cuisine
Served with Aloha
Full menu, including fresh fish daily

Open daily at 11:00
Closed Sundays and Sat. evenings

**Prime Rib and Seafood
Dinner Specials**

Every Friday Night — Only \$20.95

Across from Kamehameha Park
889-5288

		Diamond G Rice 15 lbs. 7 ⁹⁹	Crisco Oil vegetable or canola 48 oz. 2/6 ⁹⁹	Dasani Water 24 pk. - 500 ml. 4 ⁹⁹ 	Banquet Family Entree Assorted 25 - 27 oz. 2/8 ⁹⁹ 	Marie Callender Dinners Assorted 13 - 15 oz. 4 ⁵⁹ 
CapriSun Ready to Drink 10 ct. 2/6 ⁰⁰ 	Maxwell House Coffee 33 - 35 oz. Assorted 8 ⁵⁹	Quaker Cap'n Crunch Cereal Assorted 13 oz. 2/6 ⁹⁹	Post Pebbles Cereal  11 oz. 3 ⁷⁹	Eggo Waffles Select Types 12.3 oz. 3 ¹⁹ 	Totino Party Pizza All Types 10 oz. 1 ⁶⁹	
Prego Spaghetti Sauce 23 - 24 oz. 2 ⁷⁹	Barilla Spaghetti reg/thin 16 oz. 3/4 ⁹⁹	Delmonte Ketchup 24 oz. 2/1 ⁹⁹ 	C & H Granulated Sugar 4 lb. 3 ¹⁹	Mama Bella Garlic Bread  14 oz. 3 ⁹⁹ Reg/Parmesan	Gorton Fish Fillets or Sticks 24.5 oz. 6 ⁹⁹	
Hawaiian Sun Jams • Jellies Assorted 10 oz. 2 ⁷⁹	Island Cafe 100% Kona Coffee 7 oz. 8 ⁹⁹	Nissin Top Ramen 3 oz. 4/1 ³⁹	Hawaiian Springs Water 1.5 liter 79¢	Chef America Hot Pockets 4 oz. Assorted 3/3 ³⁹	EZ Peel Frozen Shrimp 31 - 40 2 lb. 11 ⁴⁹	
P'Nuttles Toffee Peanuts 6.5 oz. 1 ³⁹	California Girl Imitation Abalone 15 oz. 3 ²⁹	Langers Cran Cocktail 64 oz. 3 ⁷⁹	JELLO Jello Pudding 4/4 ⁰⁰ Instant, Sugar-free, Regular .3 - 3.9 oz.	Tyson Chicken Thighs 5-lb. box 7 ⁷⁹	Tyson Chicken Popcorn Bites, Chicken Strips 28 oz. 9 ⁴⁹	
Roxy Coconut Milk 13.5 oz. 1 ³⁹	Asia Trans Chan Pei Mui 14 oz. 5 ²⁹	Meadow Gold POG or Passion Orange Nectars  1 gal. 3 ⁵⁰	Meadow Gold Drinks or Teas  64 oz. 99¢	Meadow Gold Novelty Ice Cream Bars  6 pk. 2/3 ⁹⁹	Meadow Gold Ice Cream  4 qt. 6 ⁹⁹	

Grocery

Aloha Shoyu, reg./lite, 64 oz.	5 ⁷⁹
Best Food Mayonnaise, 30 oz.	5 ⁴⁹
Bumble Bee Pink Salmon, 14.75 oz.	3 ²⁹
Campbell's Cream of Mushroom Soup, 10 oz.	2/1 ⁹⁹
Coral Chunk Tuna, in oil or water, 5 oz.	2/2 ¹⁹
Delmonte Cut Green Beans/Spinach, 13.5 - 15 oz.	2/2 ²⁹
Delmonte Fruit Cocktail/Peaches, 29 - 30 oz.	2 ²⁹
Delmonte Tomato Sauce, 8 oz.	2/99¢
Diamond Bakery Graham/Salty Crackers, 9.5 oz.	3 ¹⁹
Diamond Bakery Saloon/Cream Crackers, 8 - 9 oz.	3 ¹⁹
Diamond Bakery Soda Crackers, all types, 13 oz.	3 ²⁹
Easy Mac 'n' Cheese, 12.9 oz.	3 ³⁹
Hidden Valley Ranch Dressing, 16 oz.	4 ⁴⁹
Jello Gelatin, .3 - 3 oz.	2/1 ⁸⁹
Jif Peanut Butter, 18 oz.	3 ³⁹
Kingford Cornstarch, 16 oz.	1 ⁷⁹
Koda Machiko, 16 ct.	1 ⁷⁹
Libby Corn Beef Hash, 15 oz.	2 ⁹⁹
Libby Corn Beef, 12 oz.	4 ⁷⁹
Lion Coffee, all types, no decaf., 10 oz.	4 ⁹⁹
Maxwell House Instant Coffee, 8 oz.	5 ⁷⁹
Mum's Mushrooms, pieces and stems, 4 oz.	1 ³⁹
Pillsbury Brownie Mix, 19.5 oz.	2/2 ⁹⁹
Planters Dry Roast or Cocktail Peanuts, 16 oz.	3 ⁹⁹
S & W Kidney/Black/Garbanzo Beans, 16 oz.	3/3 ⁹⁹
Shirakiku Chopsticks, 30 ct.	2/1 ³⁹
Shirakiku Koshi An, fine, 17.6 oz.	1 ⁷⁹
Shirakiku Mixed Fruit, 11 oz.	1 ⁶⁹

Shirakiku Panko Bread Crumbs, 4 oz.	1 ⁰⁹
Taco Bell Salsa, 16 oz.	2 ⁵⁹
Taco Bell Taco Sauce, 8 oz.	1 ⁷⁵
Taco Bell Taco Seasoning, 1.25 oz.	2/1 ⁶⁹
Taco Bell Taco Shells, 12 ct.	1 ⁹⁹
Western Garden Rotini, 12 oz.	3/4 ⁹⁹
Western Family Hot Cocoa Mix, 10 ct.	1 ⁸⁹
Western Family Syrup, 24 oz.	2 ⁵⁹

Natural Foods

Annie Chun's Seaweed Snacks, .35 oz.	1 ⁰⁹
Annie's Natural Mac & Cheese, 6 oz.	1 ⁷⁹
Back to Nature Granola, 12 - 13.5 oz.	4 ⁵⁹
Crofter's Just Fruit Spread, 10 oz.	2 ⁹⁹
Dr. Kracker Crispbreads, 7 oz.	2 ⁷⁹
Maui & Sons Coconut Water, 17.5 oz.	1 ⁰⁹

Dairy

Meadow Gold Butter, 16 oz.	3 ⁸⁹
Meadow Gold Sour Cream, 16 oz.	2 ⁶⁹
Meadow Gold Yogurts, 6 oz.	10/7 ⁰⁰
Silk Soy Milk, 1/2 gal.	4 ⁴⁹
Big Island Poultry Grade A Large Eggs, Mainland Shell Protected, per dozen	2 ⁵⁹

Meats

Island Boneless Chuck Steak, per lb.	4 ⁷⁹
USDA Boneless Stew Meat, per lb.	5 ⁴⁹
Foster Farm Value Pack Chicken Thighs, per lb.	1 ⁹⁹
Frozen Pork Butt, bone in, per lb.	1 ⁸⁹

SALE PRICES GOOD FEBRUARY 27 THRU MARCH 12

 Oscar Mayer Meat Wieners Reg./Jumbo 16 oz. 2/4 99	 Oscar Mayer Bologna / Cotto Salami 16 oz. 2/4 99	LKK Black Bean Garlic Sauce 8 oz. 2 99	LKK Oyster Sauce 17 oz. 1 99	 LOVE'S Hearth Bread Assorted 24 oz. 4 99	 LOVE'S Kid's Choice Bread 24 oz. 3 99
 Louis Rich Turkey Bacon 12 oz 2/4 99	 Oscar Mayer Lean Hams 6 - 8 oz. 2/4 00	JFH Sugatami Nori 10 ct. 2 19	Kikkoman Soy Sauce 6 49 1.25 qt.	 Nabisco Ritz Crackers All types 9 - 15.1 oz. 3 49	 Nabisco Chips Ahoy Cookies 9.5 - 13 oz. 3 29
Kraft Singles All types. 4 19  14.7 - 16 oz.	Kraft Shredded Cheese All types 2/7 00  8 oz.	Dynasty Chow Funn 20 oz. 2 59	Mae Ploy Sweet Chili Sauce 1 99 10 oz.	Lindsay Pitted Olives 6 oz. 3/4 99	Delmonte Whole Kernel or Creamed Corn 14 - 15 oz. 2/2 19 
Cool Whip Whipped Topping 12 oz. 2/4 99	 Philadelphia Brick Cream Cheese 8 oz. 2 19	Ligo Sardines 5.5 oz. 1 09	Tentay Patis Fish Sauce 25.6 oz. 2 79	Pillsbury All-Purpose Flour 5 lb. 2 29	Libby's Vienna Sausages 18/4.6oz. 7 99 
Frank's Foods Portuguese Sausage 12 oz. 3 39	Frank's Foods Frankfurters 16 oz. 3 39	Tropics Salad Dressing 12 oz. 3 29	Mid Pac Sauces 7 oz. 2 79	 Banquet Fried Chicken All Types 26 - 28 oz. 7 79	Holy Bakery Frozen Pies Apple, Coconut, Peach 36 oz. 10 99
 Dreyer's Ice Cream 48 oz. 4 29	 Di Giorno Rising Crust Pizza Select Types 11.5 in. 6 99	Maui Keawe Charcoal 8 lb. 8 99	Sun Butane Cartridge 7.8 oz. 1 89	Haagen Dazs Ice Cream 14 oz. or Bars 3 ct. 3 39	California Pizza Kitchen Pizza 13.9 - 15 oz. 6 99

Freezer/Deli

Athenos Hummus, 7 oz.	2 59
Bailey Ground Pork, 16 oz.	2 99
Banquet Pot Pie, 7 oz.	3/4 99
Bays English Muffins, 6 ct.	3 19
Birds Eye Steam Fresh Vegetables, 12 oz.	2 59
Carolina Ground Turkey, 16 oz.	2 39
El Monterey Burrito, 8 pk./4 oz.	4 99
Farmbest Butter, 16 oz.	3 79
Flavor Pac Blueberries, 16 oz.	4 89
Frozen Mussels, 1/2 shell, 2 lb.	7 99
Frozen White Crab Sections, 1.5 lb.	6 99
House Tofu, 14 oz.	1 99
Inland French Fries, 2 lb.	3 29
Marie Callender Pies, assorted, 28 - 38 oz.	9 99
Mays Picnic Patties, 32 oz.	12 79
Menlo Lumpia Wrappers, 16 oz.	2 99
Minute Maid Orange Juice, 12 oz.	2 59
Pierre Cheese Burger or Chicken Burger, 6.1 - 6.4 oz.	2 59
Pillsbury Buttermilk Biscuits, 7.5 oz.	2/1 39
S&S Saimin, ohana pack, 9/4.5 oz.	5 49
Shedd's Country Crock Margarine, 15 oz.	2 59
Tillamook Chunk Cheese, 8 oz.	3 29
Tyson Boneless, Skinless Tenderloins, 40 oz.	8 99
Tyson Boneless, Skinless Thighs, 2.5 lb.	7 89
Tyson Party Wings, 5 lb.	15 99
Wes Pac Okra or Tiny Peas, 16 oz.	2 29
Yoplait Yogurt, 4 - 6 oz.	2/1 89
Zippy Meals, 20 - 24 oz.	6 39

Produce

Amano Tempura, 6 oz.	1 99
Broccoli Crowns, per lb.	2 09
Round, yellow onions, per lb.	99¢
Red Potatoes, per lb.	1 29

Non Foods

Angel Soft Bath Tissue, double rolls, 6 ct.	4 69
Diamond Aluminum Foil, 25 sq. ft.	2/3 00
Dixie Paper Plates, 8.5 in., 45 ct.	2 59
Kingsford Charcoal, reg./match light, 6.7 - 8.3 lb.	7 99
Glade Aerosol, 8 oz.	1 39
Saran Wrap Cling Plus, 200 sq. ft.	2 39
Sun Detergent, 45.4 oz.	3 29
Ziploc Containers, 2 - 6 ct.	3 39
Ziploc Freezer/Storage Bags, gal, 15 - 20 ct.	3 39
Ziploc Sandwich Bags, 100 ct.	3 99

Beer/Wine/Liquor

Corona, 12 pk., bottles	14 79
Heineken, 12 pk., bottles	13 99
Steinlager, 12 pk., bottles	11 49
Coors, 18 pk., bottles or cans	16 99
Natural Beer, 24 pk., cans	16 99
Rolling Rock, 12 pk., cans	8 99
Sierra Nevada, 12 pk., bottles	14 79
Columbia Crest, 750 ml.	9 99
Barefoot Wine, 750 ml.	2/9 99
Mark West Wine, 750 ml.	9 59
Crown Royal, 750 ml.	19 99
Woodbridge Wine, all types, 1.5 liter	12 99
Bacardi Rum, 750 ml.	12 99
Jose Cuervo Tequila, 750 ml.	14 99
Smirnoff Vodka, 750 ml.	11 99
Early Times, 750 ml.	8 99
Karkov Vodka, 1.75 liter	12 99

Kohala Kids Write, Perform Own Songs with Kid Pan Alley

By Megan Solís

Music is as much a part of Kohala as Pololu and the legacy of King Kamehameha I. Community events are often graced with the sounds of the Kupuka`a`ohana, John Keawe, and the Lim family, to name only a few of Kohala's musical treasures.

So, it should be no surprise that when Kid Pan Alley came to Kohala Elementary School for a week in February, the students took to songwriting like fish to water, and Kohala and the aina were featured prominently in their lyrics.

*Sometimes I like to sleep on the beach
And gaze at the stars in the southern sky*

*I watch the dolphins fly,
I hear the whales sing their songs
To the ancestors long gone*

*Waipio and Pololu
Walking through the misty green
The peaceful silence
The beauty of it all
I cross the bridge
To the waterfall*

from "Sometimes I Like to Sleep on the Beach," by Paul Reisler, Heather Mae and Mrs. Bauer's fourth-grade class.

Kid Pan Alley is the brainchild of Paul Reisler, a Virginia musician and songwriter who came up with the idea in 1999 after he participated in a three-week interdisciplinary workshop at his local school. During the workshop he and some 600 children wrote about 50 to 60 original compositions, and he realized that children could co-write some wonderful, funny and touching songs. When people started asking for recordings of the songs, he got some local professional musicians together to record the songs on CD. It all took off from there and since that time Kid Pan Alley has worked with more than 35,000 children and written and performed more than 2,200 songs. Two more professional CDs have been recorded, including one which garnered a Grammy nomination.

But the heart and soul of the program is about helping children to learn how to express themselves creatively and cooperatively through music and restoring creativity as a core value in education.

"It's important to have the kids expressing what's important to them

and what their perceptions of the world around them are instead of singing Frere Jacques or something," said Mr. Reisler. "Some of the topics can get quite deep and involved, and it's their way of dealing with their world, and I think the best way of dealing with our world is to have a creative response to it."

Mr. Reisler and his songwriting assistant, Heather Mae, worked with four groups of third-, fourth-, and fifth-graders for two 45-minute sessions on Monday and Tuesday. During the first session, they ask the students what they are interested in and write the ideas on the board. The kids vote on which ideas they want to pursue.

The group then brainstorm in a nonlinear way until Reisler and Mae see the song taking some direction and then the group starts writing a section—a chorus or verse lyrics. One volunteer then sings the first line and Reisler plays it on his guitar in a couple of different styles and the group decides what sounds best. On the second day, they continue working on the remaining verses, chorus and bridge. Reisler says each song takes about one and half hours to write.

Reisler and Mae started the process all over again with four different groups on Wednesday and Thursday, with the concert performed on Friday.

"It's a fun process," said Mae. She said that when it came to themes, the students offered "surfing, our ancestors, the stories of Hawai'i, the weather, the land—they wanted to talk about that. They're very proud of their land and it's pretty interesting—that's one of the differences I've noticed with the residencies I've done in Virginia and the residency I've done here. Here they were very proud of it."

And she said the kids are pretty intu-

itive about the parts of songs. "We educate them about musical terms as we go along," she explained, "but a lot of the kids have the intuition to know what the parts are, even if they don't know what they're called."

Kohala Elementary principal Danny Garcia sang the program's praises.

"It was a great experience with our

Another performance was given for the community that evening, where parents could purchase copies of the CD. Mr. Garcia says he received positive comments from students, teachers and parents. The concert on Friday evening was standing room only, he said.

"Kids who normally are reserved or even some kids who may get in trouble here and there—I saw them laughing, smiling, and being attentive," he said.

If Kid Pan Alley returns to Kohala, Paul Reisler would like to incorporate "Across the Ages," an intergenerational program to bring elders in with the children to share their stories and the kids write songs based on those stories; the kids then tell stories to the elders, who write songs inspired by the kids.

Reisler thinks that program would be a great fit for Kohala.

"There's such a strong tradition of respect [in Hawai'i] for the generations that have come before. Such a strong tradition for talking story, which is really what that is. They are talking story and it becomes a song," he said.

Principal Garcia echoed Reisler's desire to bring Kid Pan Alley back to Kohala as an annual event, if the funding can be found.

This year's Kid Pan Alley experience was sponsored by the Russell Family Foundation. The North Kohala Cultural Enrichment Program, a project of North Kohala Community Resource Center, provided accommodations for Mr. Reisler and Ms. Mae.

For more information about Kid Pan Alley, see www.kidpanalley.org.



Jessica Bautista's fifth-grade homeroom class performs "Another Swag Day of Surfing," a song they wrote with Kid Pan Alley's Heather Mae and Paul Reisler, on guitar.

students, teachers, and community. This was a different way of learning—a different approach with music, songwriting and performing."

He said teachers have been emphasizing vocabulary development in their classes, and the songwriting process was a great way to expand their vocabularies and help them think about synonyms and rhyming words. And it was fun too.

"The kids were all week talking about the songs they were writing," he said. "This [program] brought the school, students and faculty closer together and made the class more of a family—sharing ideas through song lyrics."

The students held a concert for the school, which was recorded on CD, in the afternoon on Friday, February 8.

Getting Their Groove On

Fourth- and fifth-graders at Kohala Elementary move it "gangnam style" during their weekly hip hop class, taught by Michal Carrillo and Elizabeth McDonald. Here, Michal Carrillo leads, left to right, Zhane Ching, Matinella Cordero, Moses



—photo by Megan Solís

Emeliano, Keoni Barco, Camille Helmuth, Logan Yamamoto, Treyson Altura Cazimero, and Ryan Juan Kealoha.

The popular 10-week program is sponsored by Big Island Dance Council and Healthy Lifestyles, a project of North Kohala Community Resource Center. Kindergarteners and first-graders also explore creative movement through the program. Principal Danny Garcia hopes to organize a "flash mob" dance experience for the students, like they did last year at Waikoloa resort.

Voted "Best Nursery in North Hawaii"
North Hawaii News



Come check out our unique and diverse plant life, specializing in Native Hawaiian species!

We proudly offer a variety of services to our community and beyond:

- Landscaping
- Tractor Employment
- Korean Natural Farming
- Supporting and Practicing sustainable gardening and food sovereignty

808.889.5906

Like us on Facebook for 10% off your plant purchase!

HALE I'A
DA FISH HOUSE

LOCAL FRESH CAUGHT FISH
Retail and Wholesale

- Ahi
- Ono
- Mahi Mahi
- Poke
- and more

Monday - Saturday 9:00-5:00
Across from the Market & Deli Kawaihae
882-1052

Susan O'Malley Melds Passions for Art, Teaching

Editor's Note: Last month, KMN profiled two longtime Kohala Elementary School teachers who recently retired. We finally caught up with the third one, Susan O'Malley.

Susan O'Malley says the decision to retire from Kohala Elementary School was almost made for her. O'Malley, who taught mostly first grade at Kohala for 13 years, had been thinking about retiring to give herself more time to pursue her passion, making paper from natural fibers. She applied for an artists' residency at the Anderson Center in Red Wing, Minn., a prestigious one-month retreat where she could focus on developing her art. The residency included private studio space, room and board, and technical and emotional support. When she applied for the residency she told herself that if she was accepted, she would retire.



—photos courtesy of Susan O'Malley

Susan O'Malley demonstrated papermaking at last year's Kohala Schools Spring Fest.

"It was a longshot that I would get it because I'm not a very established artist, but they give a chance to people who are emerging artists too," she explains. She wanted to continue a series of honeycomb sculptures that she'd been working on and research into black walnut dyes. That, and her body of work, was enough to earn her acceptance.

"I taught the last day on August 31 and got on the plane that night to go to the residency," she recalls.

After her first experience teaching first-grade boys in Mississippi as part of her college requirements, O'Malley fell in love with teaching. Her first real assignment was as a volunteer through VISTA in Ho'okena. When her volunteer service was up, she took her first paid teaching position in Vermont, teaching 13 children in a first- through third-grade class. She and her husband returned to Ho'okena, where she taught for 14 years, followed by 10 years at Hawaii Preparatory Academy, and then 13 at Kohala Elementary. Almost all of it

was in first-grade classrooms.

Though she has taught in several schools over 40-plus years, one thing has remained the same: she loves teaching first-graders.

"They get to learn to read. They're alive, they're alert, they're happy, they come in everyday wanting to know what magic act you have for them that day," she muses. "They're wonderful people to be with. They may be four feet tall, but they're great!"

And they have enough skills to incorporate art into learning. "They can cut, they can paste, they can sew, they can print," she says.

O'Malley became involved in papermaking during her years at Ho'okena and enjoyed incorporating art into her lessons.

"Printmaking, watercolors, collage, batik, weaving, felting—when their hands are engaged, they're learning," she says.

When specialists stopped coming to schools due to budget cuts, she took classes to expand her art skills so she could teach her students.

She also became interested in book literacy, having the children make books as they learn

to read. She enjoyed making accordion-style books with the children, a format she says is easy for first-graders and works well for teaching Hawaiian animals, colors, and feelings. She has also offered workshops for teachers on book-making.

She counts teaching writing to kids as one of her greatest successes as a teacher. At Kohala, the first-grade team worked together to set up monthly benchmarks so that at the end of the year students would be able to write five sentences on a topic with capital letters and periods.

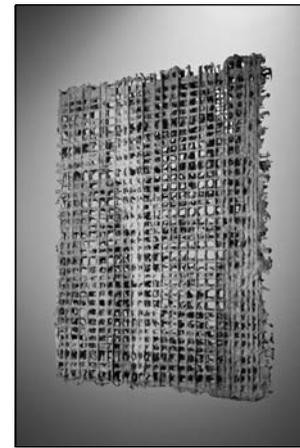
"If you can learn to read in first grade, that's wonderful, but if you can write, you are inscribing what you're hearing and you're making sense of it. It's very complex to ask a six year old to do that. And if they can do that, they have really turned a corner of literacy," she says.

She says with her retirement she misses her colleagues the most. "I worked with a wonderful team. It was a dream job at Kohala."

Now she wants to teach book arts and papermaking; in fact in February she offered papermaking workshops for adults and children at Kenji's House in Kapa'au. She is setting up a studio in Ocean View, but hopes to do some substitute teaching next year.

"This is my year to set up my studio, travel and give workshops," she says.

Since September, she has spent two months at the Anderson Center, visited family on the mainland, and attended a papermaking convention in Cleveland, something she couldn't do before because of her teaching schedule. At the convention, she took some classes to expand her skills.



Honeycomb #5 by Susan O'Malley

"I'm still doing life-long learning. I want the kids to understand that it doesn't just stop in June," she says.

O'Malley has two daughters and six grandchildren, ages six years to four months. She looks forward to the freedom that retirement gives her to pick up and go visit her grandchildren. Daughter Colleen is married to Andrew Goldberg, who writes for the television show "Family Guy;" they have two children, Amelia and Charlie.

Clare is married to Joel, an attorney in Minneapolis; they have four kids: Grady, Scarlett, Vivien and Mirabel.

Cachola Family Creates College Scholarship for North Kohala Residents

The Cachola family has established a scholarship in the name of their late brother, Roy L. Cachola, at Ke Ali'i Pauahi Foundation—a nonprofit support organization for Kamehameha Schools.

The Roy L. Cachola Scholarship is a \$1,500 annual scholarship that will be awarded to a high school graduating senior enrolling in their first year of college. Preference is given to North Kohala residents and applicants of Hawaiian ancestry to the extent permitted by law. Applicants must demonstrate financial need and have a G.P.A. of 2.0 or above.

The Cachola children were raised in a modest household in North Kohala, Hawaii, by their father, Fred Sr. He was an immigrant from the Philippines and very active as an educator, counselor and community member.

Four out of the six Cachola children attended Kamehameha with three of them, Fred Jr., Roy, and Henrietta Cachola Kaleikau, graduating. Sisters Faith Cachola Rocha, who attended Kamehameha before transferring to be closer to home, and Gladys Cachola-Gross both graduated from Kohala High School while sister Marie Kawai graduated from St. Anthony on Maui.

"We were half orphaned, and our father didn't make enough money to raise six kids," said Fred Jr., a historian, former DOE educator and principal, and past director of Kamehameha Schools' Community Education Division. "Child Welfare Services was ready to split us up but Kamehameha Schools and the Queen Lili'uokalani Trust allowed us to stay together and get a good educa-

tion."

When the opportunity presented itself, it was an easy decision for the family to show their appreciation by paying forward with a scholarship through Ke Ali'i Pauahi Foundation. The scholarship's namesake, their brother Roy, passed away in January 2001. A 30-year veteran flight attendant and instructor with United Airlines, he was the youngest of the family. Prior to his passing, Roy and his siblings made the decision to use his financial assets to establish their family scholarship.

"Through Kamehameha, we were prepared for college, but there were no scholarships available for us at the time," Fred Jr. said. "Our scholarship honors my brother's life while giving a deserving student the opportunity to get a college education."

Students interested in applying for the Roy L. Cachola Scholarship, or any of the 50-plus scholarships offered by the Foundation, can visit www.pauahi.org/scholarships or call (808) 534-3966.

Deadline to apply for scholarships is March 22, 2013, at 4:15 p.m. H.S.T.

Founded in 2001, Ke Ali'i Pauahi

See Cachola, page 17

St. Augustine's Episcopal Church
Kapa'au, North Kohala • 808-889-5390

Sunday Services:
9:00 a.m. - Holy Communion
(Child Care & Fellowship Brunch)
6:00 p.m. - Holy Communion

Thrift Shop Hours:
Weds: 12:00 - 3:30 • Thurs: 4:00 - 6:00
4th Saturday: 10:00 - 12:00

Free Community Meal:
4th Saturday of each month: 11:00 - 12:30
www.staugustinesbigisland.episcopalhawaii.org

Kohala Baptist Church
Located on Akoni Pule Hwy
across from Makapala Retreat

Sunday Services
9 am
Adult Bible Study/Kids on Mission
10:15 am
Worship Service/Sunday School

'Come to Me, all you who labor and are heavy laden, and I will give you rest.'
(Matthew 11:28)

Pastor Steven E. Hedlund (808)889-5416
www.kohalabaptist.net

Sacred Heart Catholic Church
Hawi, Hawai'i • The Welcoming Church

Masses: Saturday 5 p.m.
Sunday 7 a.m. • 9:30 a.m.
Weekday Mass:
Monday - Thursday at 7 a.m.
Eucharistic Service: Friday at 7 a.m.

Father Ray Elam, O.S.A.
Deacon Thomas Adams
Telephone 889-6436

Rod's Repair
Factory Authorized Appliance Service

- Appliances and Parts
- Ice makers
- Refrigeration
- Locksmith service

Aloa # 021349
Service is Our Business

Hinokawa Electric LLC
Serving All of Your Electrical Needs

- Home stand-by generators
- Sales and Repairs
- Alternate energy systems
- New homes and renovations
- Trouble calls

License C-16154
High Voltage Specialist

889-5613
email to rod@rodsrepair.com

Brother Low Recalls: 1895-1920

Editor's Note: The following is the first of three installments of interviews Judy Graham conducted with Brother Low, who recollected life in North Kohala in the late 19th and early 20th centuries. The remaining two installments will be published in the March and April issues of KMN. Kohala Mountain News thanks Judy for sharing these stories with our readers.

Transcribed by Judy Graham in the 1980s

Part Hawaiian Brother Low was living in Puako in the 1980s at the time of these thoughts.

Introduction

Brother Low's memory of North Kohala, where he was born in 1892, came to him in fragments while he talked. Kohala came back partly as he sought for names—the names of his nurse or the manager at Mahukona wharf. His discussion began with the thought of his own name, Evelyn, pronounced in the British manner, but as he discovered when he enlisted in the First World War, likely to be confused with the name of a woman.

In thinking of Kohala he tended to insist on the names of prominent white families, often English, who founded the half dozen Kohala sugar mills during the 1870s. This was the time of King David Kalakaua's reciprocity treaty which guaranteed Hawaiian sugar free entry into American ports. These were the families who frequented the Kohala Club with its English billiard table and portrait of Queen Victoria. Their children went to the white school as did Low. Although part Hawaiian, Low is descended on his father's side from the founder of Parker Ranch, and his Hawaiian mother had been brought up by Hawaii's first governor.

In 1898 Kohala exported 6,000 tons of sugar. There was even a sugar plantation at Puako half an hour (today) away, a beach location where the plantation manager's home was roofed with native matting, and the plantation itself was next to a beautiful stretch of sand. Producing the region's sugar were thousands of immigrants, mostly Japanese in Kohala then, but other nationalities as well.

In discussing his birthplace Low takes up what lights upon his mind. It is a fragmentary recollection. The era seems to have been, by comparison with our own, rough and rowdy.

Images of Kohala

You see there was a lot of Hawaiians in the First World War, and you see I was one of them. A lot of us who were born in the islands, we didn't have any social security number when we were born, we were named in church when you were baptized. Of course I never had any social security number.

I had to go up to the governor's office to get registered. I went up there and I had Evelyn Edward Woods Nehenui`ikalani Low. I had to have all these names. I had to get my father's signature, and when he looked at the thing, he says, where did you get that Edward from? I says, well, that's the name when I joined the navy. And he started to grumble. I said, I got no time to fool around, just sign this paper. I went to the nurse who looked after me when I was a baby, Lily Mitchell. Well, she put her name down.

Nehenui`ikalani—"shuffle ahead to the heavenly regions." My father used to make fun of that name.

Lily. She lived in Kohala at the time. She was a registered nurse, they call 'em a nurse. Imitation nurse. She used to wear only one chemise all the time and it looked just like a nightgown, that's all she wore, this white chemise, and everybody knew her. There was another Hawaiian lady there, Alice, oh what was her name, she was half white and she used to wear these chemises. She was our governess; she was a big Hawaiian lady.

My mother used to go up [Pu'uwa`awa`a] ranch and we also used to live in Kohala. There was no school at the ranch. My father [noted cowboy Eben Low] bought this place in Kohala and built a big place [next to the present-day Kohala Hospital]. He sold some of my grandmother's land in Niuli'i that Kamehameha had left John Parker. They were Kamehameha's taro patch lands in

Niuli'i, right above the stream. A little river used to come down, it always used to flow. [Once, much later,] all the other rivers dried up. Everybody said there was no water, I said there was. I told my wife to drive me out.

It was the last stream just before you go down into the Pololu Valley, and it was running and it was all fenced in now, somebody had bought the whole

Bond, he was one of the missionaries. He only had two kinds of medicine. He had castor oil, it came in blue bottles, and they used that castor oil on the wheels of wagons, axles, to keep the axles going. That's what he used to give us for cleaning up.

Then he had a little white pill, a round little pill, a pill for fever.

The oldest luna [overseer] just died, John Campbell. All the other overseers, they're all gone. When the mills went out. And I knew the chief engineer in the big mill. You see they made a big mill and they bought out all the small mills. They bought the Bonds out, the Wights and the Atkins, the Harts, and they bought the Hawi mill. Hawi was the Hind family. And then the Union mill was in between Hawi and Kohala mill. That mill belonged to the Renton family.

It was all cane fields and adjoining the cane fields were all these places where the Hawaiians lived and where the white people lived. Kohala had a clubhouse for the lunas, the workingmen on the plantation and the managers. Mostly the lunas—the assistant managers, they call them lunas—of course the managers were mostly Englishmen.

Very few Hawaiians [were working on the plantation]. Those who were working had special jobs, in the mill, and some of them were lunas, but very few. Most of them were white and they had a lot of half-white lunas. Like old Campbell, he was over 90 when he died. He was the last of the old timers on the mill.

The half-whites, they were the mean fellows, they used to get drunk and fight. But I didn't have a chance to fight. I was too young. And I remember our neighbor, the Mersburgs. The owner of the place was pure Hawaiian and he had some grandchildren and one of them was named Oliver. This fellow Oliver was a painter. Every Saturday he used to get drunk and if he saw any Chinese, he'd knock them in the head. He was a big rawboned fellow.

To be continued



—photo courtesy of Clorinda Low Lucas

Brother Low is shown with his mother Elizabeth Napoleon Low when he joined the Navy for the First World War.

stream, can you imagine that? I said to my wife, go under the fence, and she saw the water flowing. "Yes, the water's flowing." And we saw somebody and we asked who owned the place and they said Castle & Cooke bought all the property, they bought all the plantations.

Niuli'i plantation belonged to the Hart family. They were English. He was a vegetarian and had two daughters, and every time they went to a luau they used to eat a lot of pork. And one of his daughters later married a Gay from Kauai.

A little further on was the Halawa plantation, and that was the Wights. They were English people. And Judge Atkins and there was another family that owned the Halawa mill.

Then there was the Kohala plantation, the Bonds owned that, Doctor

Cachola, continued from page 16

Foundation is a Hawai'i nonprofit corporation recognized as a 501(c)(3) charitable support organization of Kamehameha Schools. The Foundation's mission is to seek and develop new and diverse sources of income to support the ever-increasing educational needs and goals of people of Hawaiian ancestry.



—photo courtesy of Ke Ali`i Pauahi Foundation

The Cachola `ohana presented a check to the Ke Ali`i Pauahi Foundation to establish a scholarship in remembrance of their brother, Roy. From left are: Geraldine Johansen, a former Kohala resident who recently retired as Ke Ali`i Pauahi Foundation's alumni development administrator; Fred Cachola, Jr.; his sister Marie Kawai; and, Bran-Dee Torres, development administrator at Ke Ali`i Pauahi Foundation.

Happy New Year!

Kohala Tax LLC

- ✓ Book Keeping Up-To-Date?
- ✓ Taxes Paid Up?
- ✓ Paper Works Complete?
- ✓ Invest For The Future?

Hana Kuwabara Anderson
MBA
Enrolled Agent
Accredited Tax Advisor



ENROLLED AGENT | AMERICA'S TAX EXPERTS

NATIONAL ASSOCIATION OF ENROLLED AGENTS

KOHALA TOWN CENTER IN KAPA'AU
987-6762 • 889-1341
hana@kohalataxllc.com

In Days Gone By

Editor's Note: Kohala Mountain News has been perusing archived issues of newspapers to find some of Kohala's news from yesteryear.

100 Years Ago - from THE KOHALA MIDGET

February 19, 1913 - Mr. Goo Tuck Ching Akina, a Kohala kama'aina, died last Friday, at Niuli'i, at the age of 75. He was born in Heong Shang, China, and came to Hawaii at the age of 25, having spent 50 years here. He first resided in Maui, then engaged in store-keeping at Kapulena, Hawaii, where he married and some of his children were born. Afterwards he was in business in Waimea, and came to Kaiopihi, Kohala, in 1876, where he had a store, restaurant and butcher-shop. Kaiopihi was at that time the central village of Kohala.

In 1883-4, he owned about one-half of what is now Niuli'i plantation, with a partner, Asieu, who defrauded him. He sold out and opened a store at Niuli'i, and soon after began rice cultivation in

Pololu Gulch. That beautiful spot, as it is today, was his creation.

Mr. Akina had six children. The sons are Ernest, who manages the rice plantation; Arthur, a book-keeper at Hawi; and Clement, employed on Kauai. The daughters are Mrs. Chung Hung, Honolulu; Mrs. Gladys Pierce, a teacher at Halawa; and Aoe, teacher at Koolau, Kauai.

50 Years Ago - from *Ka Maka O Kohala*, published by Kohala Sugar Co.

February 15, 1963 - On January 29th, Kohala High School held its annual Science Fair. From the numerous outstanding student projects displayed, three were chosen to represent Kohala in the Hawaii County Science Fair.

The three winners were selected by judges appointed by the County Sci-

ence Fair committee. These judges were Dr. A. Montana and Mr. Pietruszhewicz of the University of Hawaii, Hilo Campus.

Chosen to represent Kohala were Glendolyn Kawamoto's project, "How Different Animals of the Sea Protect Themselves," Joseph Tabrah's "Variation of Time, Length, and Mass as a Function of Motion," and Mike Gomes' project, "Can You Control the Evaporation of Water with Oil?" These three along with other county exhibits are on display at the Hawaii County Science Fair being held in the University of Hawaii, Hilo campus gym, February 13, 14, and 15.

35 Years Ago - from *The Kamehameha Times*

February 17, 1978 - Tony Garcia, Mary Cabrera, and Chester Carvalho were winners in the Kohala Casting Club's Jackpot Tournament held on Feb. 12. Tony walked away with two trophies (largest ulua; total weight for ulua) and all the cash in the jackpot. Mary won the total weight prize for miscellaneous fish caught. Chester got a special prize for the best "hard luck" fish story. Final results of the tournament: Tony Garcia, 23 lb. ulua; Gerald Yamasaki, 23 ½ lb. ulua; Michael Ashimine, 9 lb. papio; Robert Glory 6 lb. papio; Anthony Obina, 4 lb. papio; Teru Murai, 3 ½ lb. papio; Mary Cabrera, 7 ¾ lb. misc. fish; Samson Cazimero, Sr., 7 ½ lb. misc. fish; Joanne Carvalho, 4 lb. misc. fish.

Baptist Church Hosts Free Bible Conference



-photo courtesy of Kohala Baptist Church
Dr. Arnold Fruchtenbaum

Kohala Baptist Church will host Dr. Arnold G. Fruchtenbaum as he presents a free study on Biblical prophecy entitled, "The Olivet Discourse."

The five-session seminar will be held at the chapel at Makapala on Sunday, March 3, at 10:15 a.m. and 6:30 p.m., then Monday, Tuesday and Wednesday evenings, March 4 through 6, at 6:30 p.m. All are invited. For more information, call 889-5416.

Arnold G. Fruchtenbaum, Th.M., Ph.D, is one of the foremost authorities on the nation of Israel, and is a messianic Jewish believer. This has made him a popular speaker and teacher at Bible conferences, congregations, and churches throughout the world. He received his B.A. from Cedarville University, his Th.M from Dallas Theological Seminary, and his Ph.D. from New York University. His graduate work also includes studies at the Jewish Theological Seminary in New York and the Hebrew University of Jerusalem. Based in San Antonio, Texas, he is the founder of Ariel Ministries, which is dedicated to evangelism of Jewish people and discipleship of Jewish and Gentile believers from a messianic Jewish frame of reference.

To get to Kohala Baptist Church, follow Akoni Pule Highway (Route 270) north past the statue of King Kamehameha in Kapa'au for 5 miles. Turn left immediately after the Makapala Store, located directly across the street from Makapala Christian Retreat.

Middle School Science Fair Projects Span Bees to Popcorn

The environment, from growing plants to recycling to decomposing plastic bags, seemed to be the key theme of this year's Science Fair at Kohala Middle School, held January 30.

Nine projects, three from each of the grades, were awarded first through third place at the event. First- and second-place projects will compete in the Hawai'i State Science and Engineering Fair, which will be held April 7 to 9 in Honolulu.

Sixth-grade winners were: First place, Jazz Burns with her project, Can Grey Water Sustain Plant Life?; second-place, Indica Michaelis and Sydney Cochran with their project about the 5-cent redemption of cans with tabs, without tabs and also by counting or weighing; and third place, Morgan Swan with her project of propagating hibiscus cuttings.

Among seventh-graders, first-place was awarded to Maya Anderson with her project of finding the best condition of wood to trap carpenter bees; second place, Naomi Ney and Marvelanne Clark's project, Ready, Set, Grow!, discovered the effects of different fertilizers on plant growth; and in third place, Miranda Caniff and Nicole Castillo explored water temperature's effect on plant growth.

For eighth grade, first place went to

Tanya Adams and Gabrielle Boyle for their project on the effects of hydrogen peroxide on plastic bag decomposition; second place, Maylin Anjo and Chloe Mattison researched to see if tea can sustain plant life; and in third place, Jaymeson Makio and Michael Mendoza experimented with popcorn, seeing what popcorn produces the most popped kernels.

The Hawai'i State Science and Engineering Fair (HSSEF) is the oldest and largest science fair held in Hawai'i. Over 7,000 students participate statewide in the science fair program each year with about 500 advancing to the state level.

HSSEF is the culminating event that stimulates interest in science and encourages student entry into a science-related career. Students have the opportunity to interact with professional scientists and



-photo by Chris Michaelis
Seventh-grader Maya Anderson displays her first-place project at the Kohala Middle School Science Fair.

engineers at the event where excellence of student achievement is recognized and rewarded.

The state fair is a project of the Hawai'i Academy of Science, a private, nonprofit organization founded in 1925. The vision of the Academy is to promote scientific research and education in Hawai'i and the Pacific Rim.

Shige's Service Station

Phone 889-5211

Gas, Auto Repair & Service
for your auto needs

Call Harold or Darren
(DCC Repair)

Great service at self-serve prices

We pump your gas for you!



The largest selection of quality hand-rolled cigars on the Big Island

Downtown Hawi
Next to Bamboo
889-0496

A Visit to Puanui to Learn 'All About `Uala'

By Karla Heath

On January 19 the first workshop in North Kohala Eat Locally Grown and Sustainable Kohala's co-sponsored Sustainable Saturdays Series took place at Puanui, one of the ahu'pua'a [land division(s)] that make up the Kohala Dryland Field System. Our group of more than 50 came from all around Kohala (and from as far as Hilo and Puna) to learn "All About `Uala (Sweet-potato)" from Kehaulani Marshall and Ala Lindsey of Ulu Mau Puanui.

Dr. Peter Vitousek of Stanford University began studying the Kohala Field System in 1998, hoping to learn how a region fed only by rainwater could have produced so abundantly in ancient times. Ulu Mau Puanui was formed in 2010 as a project to perpetuate this knowledge and use it to inform decisions about future food security on Hawai'i Island.

At its peak production just before the arrival of Captain Cook, the Kohala Dryland Field System produced enough food to sustain a population of 50,000. Its principal crops were `uala (sweet potato) and ko (sugarcane), which were companion-planted in mounds and rows bounded by low rock walls. While similar dryland fields were also found in Ka'u and Kona, Hawai'i Island's system was unique in all of Polynesia, and globally.

High atop the Pu'u Kehena cinder cone, our group was granted a bird's eye view of the archaeological remains of the field system rippling out into the distance. Here, project coordinator Kehaulani Marshall engaged us with history and mo'olelo [legend] of the region, and shared knowledge of the field system that has grown out of both cultural and scientific research.

There is a balancing act in place at Puanui: *Continue to innovate. Always listen to the ancestors.* With this in mind, we descended the Pu'u get to work in one of three mala (gardens) where site manager Ala Lindsey is perpetuating traditional methods of growing sweet potato and hoping to restore the diversity of `uala varieties grown on



—photo by Andrea Dean
Kehaulani Marshall, program director at Ulu Mau Puanui, serves samples of three Hawaiian `uala varieties.

the island. He demonstrated how the ko leaves catch rainwater and sprinkle the `uala as a kind of natural irrigation,

Next up: **All About Kalo (Taro)**
When: Saturday, March 9
 9 a.m. to 12 p.m.
Where: Kohala Intergenerational Center at Kamehameha Park in Kapa`au.
 A free workshop to learn about growing and cooking with kalo, held in partnership with Palili `O Kohala.

and how the leaves can mulch the `uala mounds, helping them to retain water. Ala also described how he is using pigs to till the soil, fertilize, and clean up post-harvest—a trick passed down from

his own great-grandfather. Our many hands worked alongside Ala and his `ohana in the garden, weeding and preparing mounds for planting, making cuttings of surplus `uala vines that we would later take home to plant in our own gardens. Then came the sweetest reward: tasting three different varieties of sweet potato that were unlike any normally found in a grocery store.

Over the course of the day, it became clear that Kohala's Dryland Fields have always been a place of sharing. It seems appropriate that when Kehaulani invited us to describe in one word our experience at Puanui, two words rang out over and over again: *Aloha* and *Delicious*.

KOHALA CALENDAR

March

- 1 Fri 10 am, Preschool Story Time series, ages 2-5, also 3/8, 3/15, 3/22, North Kohala library, 889-6655.
- 2 Sat 7:30 am, Upolu coastal restoration work day, volunteers needed, Upolu airport, Toni, 884-5476.
- 2 Sat 8 am-4:30 pm, Parks & Rec Super Saturday girls age-group softball, ages 8-14 yrs, concessions, Kamehameha Park, 889-6505.
- 2 Sat 8:30 am, "Walking in the Wild" guided silent walks w/ Gavin Harrison, at `Iole, by donation, call `Iole at 889-5151.
- 2 Sat 9 am-1 pm, Kohala Schools Spring Fest, booths, food, entertainment, public welcome, KHS cafeteria.
- 3 Sun 8:30 am, registration for KHS Walkathon, 9:30 am walk begins, Hisaoka Gym to KHS, free, public welcome, 889-7117.
- 3 Sun 10:15 am & 6 pm, Study on Biblical prophecy, "The Olivet Discourse," w/ Dr. Arnold Fruchtenbaum, free, also 3/4, 3/5, 3/6 @ 6:30 pm, Kohala Baptist Church, Makapala, public welcome, 889-5416.
- 3 Sun 10:30 am, Metaphysical Church, "Activating Your Place in God's Plan on Earth," Kohala Yoga, Kapa`au, Rev. Lee, 889-5505.
- 4 Mon 4-5 pm, KCAA Girls basketball registration, last signups, ages 9-14, Hisaoka Gym, Tom, 345-0706.
- 4 Mon 5:30 pm, Parks, Water & Roads public meeting re water issues, former Bank of Hawaii bldg., Kapa`au, Bill, 889-1888.
- 4 Mon 6-7 pm, Growth Management Subcmte. Mtg., public invited, Surety Kohala office, Hawi, Hermann, 889-1464.
- 4 Mon 6:30 pm, An Introduction to Hypnotherapy w/ Tonya Tyler, free, North Kohala library, 889-6655.
- 4 Mon 7 pm, Al-Anon mtg., every Monday, lower level, Walker Hall, St. Augustine's, Laura, 884-5833.
- 5 Tue 4-5:30 pm, Hope for Haiti Mtg., St. Augustine's Walker Hall, new members welcome, Lani, 889-5852.
- 5 Tue 5 pm, CDP Parks, Water & Roads subcmte mtg., former Bank of Hawaii bldg., public welcome.
- 6 Wed 10 am, Homeschool Wednesday, also 3/20, North Kohala library, 889-6655.
- 6 Wed 4:30-6:30 pm, CDP Public Access Subcmte. Mtg., Senior Center, Ted, 889-5801.
- 7 Thu 6-9 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365.
- 9 Sat 8 am-3 pm, Parks & Rec Super Saturday T-ball/coach pitch, ages 5-8 yrs, concessions, 889-6505.
- 9 Sat 9 am-1 pm, North Kohala-Grown Kits `n' Kats March Adoption Day: friendly, litter-trained, neutered/spayed, FIV & FeLV neg., all shots, dewormed, most microchipped, Kapa`au Vet. Ctr, Kate, popokipono@gmail.com.
- 9 Sat 9 am-noon, All About Kalo (Taro) workshop on growing/cooking kalo, free, KIC, Kapa`au.
- 11 Mon 5-6:30 pm, CDP Action Cmte. Public Mtg, former Bank of Hawaii bldg, Kapa`au.
- 11 Mon 5:30-7:30 pm, Kohala Parent Support Group for Special Needs Children, Kohala Village Inn, Hawi, Alice, 322-1542.
- 11 Mon 6-7 pm, Kohala Haw`n Civic Club Public Mtg., Hawi Community Center, Rochelle, 896-3033.
- 11 Mon 6:30 pm, "Walter Murray Gibson and the Kamehameha Statue," a lecture by Boyd D. Bond, North Kohala library, 889-6655.
- 12 Tue 11 am, Adult book discussion group, "Dancing at the Rascal Fair" by Ivan Doig, North Kohala library, 889-6655.
- 13 Wed 8 am, No. Kohala Merchants Association Mtg., Resource Center, public invited, Bobby, 889-0505.
- 13 Wed 5 pm, KMS SCC mtg., library, parents & community welcome, 889-7119.
- 13 Wed 5 pm, Power, View planes & Erosion Control subcmte mtg., public welcome, former Bank of Hawaii bldg., Kapa`au, Susan, 882-7611.
- 14 Thu 3:30 pm, Kohala Elem. SCC mtg., rm. 12, public invited, 889-7100.
- 15 Fri 4-7 pm, Hospital Auxiliary Spaghetti dinner, Walker Hall, Kapa`au, \$8, Dixie, 889-5730.
- 16 Sat 8:30 am-4 pm, Parks & Rec Super Saturday boys age group basketball, ages 9-14 yrs, concessions, 889-6505.
- 16 Sat 9 am-1 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am-1 pm, 889-5177.
- 16 Sat 4:30-6:30 pm, Free Grindz--Hot Meal, under the Hawi Banyans, bring a friend, Kohala Baptist Church, Sondra, 889-5416.
- 17 Sun 10:30 am, Metaphysical Church, "How to Protect a Person's Aura," Kohala Yoga, Kapa`au, Rev. Lee, 889-5505.
- 18 Mon 4:30 pm, CDP Affordable Housing Subcmte, public welcome, Senior Center, Collin, 880-6726.
- 21 Thu 1:30-2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730.
- 23 Sat 11 am-12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am-12:30 pm.
- 26 Tue 6 pm, CDP Agriculture Subcmte. Mtg, public welcome, KIC, Frank, 333-8026.
- 30 Sat 8:30 am-2 pm, Annual Friends of the Library booksale, KHS cafeteria, 889-6655.
- 30 Sat 10 am-1 pm, Easter Egg Hunt, ages 0-10, free, booths, games, entertainment, hunt begins at noon, Kamehameha Park.
- 30 Sat 10 am-4 pm, Charity book sale to benefit North Hawaii Hospice, Morgan residence, 55-3098 Park Rd., Hawi.

Email calendar listings to kmncalendar@hotmail.com or call 884-5986.

Mahalo Nui Loa Dr. Woodley, Dr. King and KVC Staff for the amazing and compassionate care you provide...
 Elena & Echo

Need an alternative...
Call us
We can help!
 General Health Care
 Acupuncture, Orthopedics,
 Chiropractic Treatments,
 Small Animal & Equine Dentistry

Mon, Tue, Thu, Fri 8:30 - 5:30
 Wed & Sat 8-1

Kapa`au Veterinary Center
889-5488

Robin Woodley, D.V.M.
 Daniel King, D.V.M.
 Small Animal & Equine Medicine

Volunteers Spruce Up Sacred Heart Church

Kohala has always supported a multitude of volunteers who willingly donate time and effort to a variety of causes. On Saturday, January 26, a group of volunteers led by Fr. Ray Elam and Carlton Torres, an enthusiastic parishioner, met at Sacred Heart Church in Hawi to paint the office building, Fr. C. Schmidt Hall.

Earlier, contractor Jim Keyes had been hired to replace an aging ramp, stairs, railings and windows. Power washing of the outside of the building was completed a week prior by volunteer parish members Carlton Torres, George and Lee Rivera, and Saturnino Carpio. Carlton and his wife Danita



Margaret Couattie making sure worker Claude Pasalo is well fed to continue working.

then undercoated the new ramp and steps. Patrick "Bobo" Medeiros used his own bulldozer and donated his services to dig out overgrown plants at the entrance of the graveyard and around the buildings, and Carlton will be donating hibiscus and possibly other plants to border the building.

Painting was done by Michael Maria, George Rivera, Raymond Moniz, Collin Kaholo, Claude Pasalo, Nario Libron, Stan Gonsalves, Joe Carvalho, Lefty Nakayama, Suzanne Sasaki, Robert Glory, Carlton Torres, Moses Bautista, and Amelia Rudolph. Amelia, being the youngest and spryest of the lot, also man-

aged to paint the bathrooms by herself before heading off to work at the airport. Lee Rivera, Margaret Couattie, Keao Kainoa, and Fr. Ray Elam were primarily the encouragement/refreshment crew, shouting out, "Other side almost done! Anyone for water or malasadas? Going great, everyone!" They were also responsible for ordering, picking up and serving a delicious lunch from CSC Café, and urging all to "eat, eat, eat!" when the job was completed.



—photos by Lee Rivera

Volunteers worked hard to give Sacred Heart Church office building a fresh coat of paint. Bottom row, from left to right: Michael Maria, George Rivera, Margaret Couattie, Raymond Moniz, Keao Kainoa; second row: Fr. Ray Elam, Collin Kaholo, Nario Libron, Stan Gonzales, Joe Carvalho; third row: Suzanne Sasaki, Lefty Nakayama, Amelia Rudolph; and standing, Robert Glory Sr., Carlton Torres, Moses Bautista and Claude Pasalo.

Trash Bash Art Show Scheduled

The 7th Annual Trash Bash Art Show will take place at The Kohala Coffee Mill on Saturday, April 20, at 6 p.m. Start plan-

Kohala Parent Support Group for Special Needs Children to Meet

By Malia Dela Cruz

The next meeting of the Kohala Parent Support Group for Special Needs Children will be on Monday, March 11, from 5:30 to 7:30 p.m. at the Kohala Village Inn, located at 55-514 Hawi Road.

The North Hawai'i Community Children's Council (NHCCC) and Hawai'i Families as Allies (HFAA) host these meetings to provide an informal venue for parents and legal guardians of special needs children to support one another in empowering their children in school and everyday living.

Each monthly meeting is scheduled on the second Monday of each month. This month's topic was about resilience and asking the question, "what helps us and our kids bounce back from setbacks?"

For more information, please call Alice Bratton, parent partner, Hawai'i Families as Allies, at 322-1542.

ning your trash-to-artwork piece now.

Artwork created from trash will be accepted on Thursday, April 18, Upstairs at the Mill, 11 a.m. to 5 p.m. Information and entry forms are available online at www.kohalatrashbash.com.

All types of art are welcome, including wearable trash fashions. Please call Colleen at 345-6322 with any questions.

How can trash art change your life and your perspective? How can people get excited about stepping up to a new level which works in their own lives for caring for the place we live in? Art can be a fun and expressive way of contemplating how much trash we create in our world and what usually happens to it. Artists young and old play with reusing or recycling it into something thought provoking, perhaps useful or beautiful. Taking care of our environment, cleaning up the beach or the highway, and making trash art from what is gathered is a movement sweeping the planet.

Although most of the volunteers were parish members, North Kohala National Guard Alumni also helped, as well as "just plain folks" who heard about the project from friends or from Rita Maria, parish secretary/bookkeeper, who works in the building.

Members of the painting crew, with the exception of Amelia, were all on the "mature" side. Nonetheless, although the knees were a little creaky, and as Carlton said, where previously they

could practically jump down from scaffolds, but now had to carefully place each foot on a ladder step to reach solid ground, group spirit was definitely upbeat and willing, and the job was completed quickly with a great sense of companionship, fun, and purpose. The crew was cautioned not to rest on their laurels too much, however, as more projects are being planned.

"No problem," said the group. "We'll be there if you need us."

Fred Miller 333-5232
 Call or email us for an appointment

kohalacomputers.com millerfc@me.com

☆☆☆
 Olivia Clare Boutique
 DOWNTOWN HAWI
 Apparel, Locally Handcrafted Jewelry,
 Gourmet Goodies, Toys and More!
 Open 7 days a week, 10 - 5
 808-889-1041

The Kohala Community Athletic Association would like to thank the following volunteer coaches for a successful 2012 in our after-school sports programs for the children of Kohala

Boys & Girls Basketball

Jacob Hook
 Toma Raymond
 John Baker
 Mary Hook
 Keone Emeliano
 Sam Carvalho
 Reeve Cazimero
 Duncan Anderson
 Leo Agbayani
 Brad Estabilio
 Dale Estabilio

T-Ball & Pitch Ball

Chad Castillo
 Kainoa Yamamoto
 Shay Calero
 Chai Wilson
 Nino Ka`ai
 Jeremy Hook
 Keone Glory
 Darryl Pagud
 Eddie Valenzuela
 Leo Agbayani
 Reeve Cazimero
 Earl Hoshida
 Alexis Peleiholani
 Jaime-Lee Dren
 Mahi Vaefaga
 Sa`o Vaefaga
 Lydell Matsu
 Lawrence Kauka
 Tammy Elarco

Girls Softball Basketball

Renee Gonsalves
 Mike Reagan
 Joby Amaral
 Roger Taulman
 Kelby Kaahkuahini
 Richard Hori
 Jen Keawe

Volleyball

Renee Gonsalves
 Keone Emeliano
 Kelby Kaahkuahini
 Nick Lorenzo
 Berta Garcia

Biddy Basketball

Reeve Cazimero
 Eric Ramos
 Lawrence Kauka
 Nohea Lee
 Leo Agbayani
 Paul Antonio
 Fred Figueroa
 Ian Gutierrez
 Chai Wilson
 Keelan Figueroa



Dedicated to building a better Kohala through youth sports

CHRIS JOHNSON
GENERAL BUILDING CONTRACTOR



Happy to quote your building projects, large and small!

Call 936-7064 or email: kohalachris@gmail.com

References and projects online at: chrisbuilds.com

Licensed & insured - #BC30007