

# Kohala Mountain News

Vol.13, No. 1

January 25, 2014

## Kohala FM Radio Station: Do We Want It? What Do We Want It To Be?

By Cris Michaelis

During the October 2006 earthquake, when both highways into Kohala were closed until well after dark, and hundreds of Kohala houses here were off their post and pier foundations, none of the radio or TV stations received in Kohala provided any information about road closures and damages here. We

relied on the coconut wireless, ham radio operators, and cell phone calls to friends here and around the world.

In 2007, when the North Kohala Community Development Plan was created by a local Steering Committee, the information gathered in over 60 small group meetings showed an interest in a local radio station, and the

North Kohala CDP passed into law in 2008 included a recommendation for a local radio station, saying it "would be a huge enhancement to the community's emergency communications," and offer benefits like "communicating community events and information,

networking, and educational opportunities."

To get a radio station you have to apply to the Federal Communications Commission. To get a station for a community the size of Kohala, you have

*See Radio, page 2*

*Kelii Moku Maikui grits his teeth in concentration during uma, the arm wrestling in prone position competition. Participants from Kohala Middle School competed recently in the first island-wide Makahiki games in Waimea. See the complete story and more photos on pages 10 - 11.*

—photo courtesy of Kohala Middle School



## Radio Station Project Welcomes Your Input

Kohala residents with opinions about the radio station are encouraged to offer comments in one of two ways: call 889-5065 and leave a voice mail message, or send an email to kohalaradio@yahoo.com. Anonymous responses are fine, but names and contact information would be good, too. Should the radio project go forward and you want to be a part of the planning and operation of the station, you may use these contact points to add your name to the list of participants.

## Kohala Family Health Center Opens NEW Outreach Office In Hawi

During December the Hamakua Health Center (HHC), in partnership with the Kohala Family Health Center (KFHC), opened the ROSI Room: a new office to serve our North Kohala residents with an array of health and human services. The ROSI Room, which stands for Rural Outreach Services Initiative, serves as a hub connecting individuals to local organizations and agencies remotely. Currently the ROSI Room is in collaboration with Hui Malama, Veteran's Affairs, Arc of Kona, Med Quest, Hawaii Health Connector, Tutu's House and many more. Staffing the ROSI Room are Specialist Toni Carvalho and Maile Lincoln. Both women are mentored by Cindy Toson, who runs the Hamakua ROSI Room. "We are here to help our community with services they need or require without having them travel to Hilo or Kona," says Toni.

open from 8:30 a.m. to 4:30 p.m. Monday through Friday. Appointments may be scheduled by calling Maile at 345-4552 or Toni at 345-4362. Translation services will be available with prior notice.



—photo by Dan Stopper, CSO - Hamakua Health Center

*Left to Right - Toni Carvalho and Maile Lincoln stand in front of the newly opened ROSI Room.*

Along with these services both Toni and Maile are trained and certified with the Hawaii Health Care Connector to sign people up for health insurance and to help small businesses explore their options.

Located at the lower end of the old Kohala Village Inn Restaurant (55-514 Hawi Road), the ROSI Room will be

The ROSI Room staff invites everyone from our community to drop in and explore this new resource in Kohala. Maile adds, "We are in our infant stages, but eventually we hope to be the main hub for services from a variety of agencies and organization that our community needs. We are the link to provide life wellness in our community."

The ROSI Room was initiated with the support of the North Hawaii Education Commission. *See ROSI, page 2*

## Kohala Christmas Angels Event Bigger Every Year

Story and photo by Tom Morse

For the sixth consecutive year Traci and Fred Figueroa, proprietors of Fig's Mix Plate in Kapa'au, sponsored the Kohala Christmas Angels event. On December 22, Santa Claus—accompanied by a motorcycle and vintage car caravan—cruised from Mahukona through Hawi, with the gym in Kapa'au as the final destination. Free gifts were given out to more than 250 Kohala children in the decorated gym. Free activities outside the gym included two bouncy jumps, a choo-choo train, face painting, airbrush tattoos, nail painting, shave ice, Dan the Lion, music by North Shore Live, and a vintage auto display. Inside the gym the children, grouped by age, were allowed to select one unwrapped gift from a bewildering display arranged by Santa's elves. They then proceeded to have their photo taken on Santa's lap. Traci had the photos printed and mailed to their homes at no charge. Children who held lucky numbers were given bicycles, Kindle Fire readers or LeapPads.

On Black Friday each year, Traci and Fred head to Kona, where they brave the crowds to get the best deals on the gifts.

"It is a blessing to see the kids' faces when they pick their gifts", said Traci. "This is our way of giving back to the community." Every year she tries to make the event bigger and better. When asked if they will do this again next year she says, "We'll be continuing until we're old and gray."

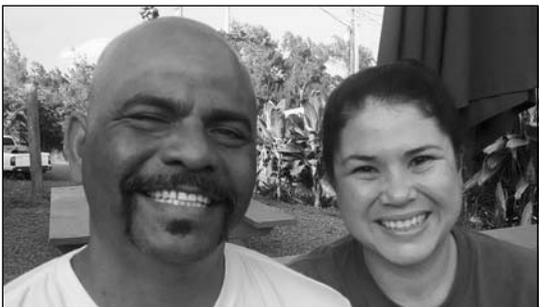
The event has a different theme each year. This year it was "We are the World." It is called Kohala Christmas Angels because,

"if you wish for it, angels will come and help you."

Community members are welcome to donate new gifts or money for next year's event. Traci and Fred match all monetary donations, stressing that this event is for the kids, not the parents.

Many Kohala residents

donated time and money to make this year a big success, including: Lew Hodgson, Hodgson Construction; John Watterson, Watterson Painting; Hawaii



*Fred and Traci Figueroa, owners of Figs Mix Plate, exude joy after another successful Christmas Angels event. The Figueiros organized the annual holiday celebration again this year, bringing wide grins to the faces of hundreds of community members—especially the keiki.*

*See Angels, page 2*

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## Hawi Named in Hawai`i's Top Five

HAWAII Magazine's annual Facebook `Ohana Poll recently named Hawi one of Hawai`i's top five favorite small towns. "Two decades ago," the article says, Hawi "almost disappeared into the past." Crediting the new generation of artists and entrepreneurs who revitalized the town after the sugar downturn, the magazine points out the surprising array of "unique and unusual boutiques, eateries, bookstores and galleries." Hawi today "is vibrant again . . . but with no less of its small town appeal firmly intact."

See the full article at: [http://www.hawaiimagazine.com/blogs/hawaii\\_today/2013/12/11/top\\_five\\_favorite\\_Hawaii\\_small\\_towns\\_oahu\\_kauai\\_big\\_island](http://www.hawaiimagazine.com/blogs/hawaii_today/2013/12/11/top_five_favorite_Hawaii_small_towns_oahu_kauai_big_island).



—Illustration courtesy of Kohala Merchants Association

*A tranquil watercolor rendition of downtown Hawi by artist Maggie Frohmader belies its daily bustle of tourists and locals alike.*

### Radio , continued from page 1

to wait for the FCC window to open for local community stations. Such a window opened in the fall of 2013 for nonprofit and educational applicants. The FCC made it clear that this would be the last window for small communities to apply. It was then or never.

The Kohala High School, Middle School, and the North Kohala Community Resource Center applied, and it appears at this point that a construction permit from the FCC to build a Kohala station will be issued.

While the broadcast signal would be designed to reach from Mahukona to Pololu, the content would also be streamed on the internet. This would allow Kohala alums to listen to a Cowboys basketball game from their mainland dorm room, for example.

### Angels, continued from page 1

Community Federal Credit Union; Hawaii County Parks and Recreation; Roots Advocates for Youth; Kohala Lions Club; North Shore Live; Bamboo Restaurant; Kapa`au Veterinary Center; Nakahara Store; Collins Plumbing and Fire Protection; ATV Outfitters; Big Island Eco Adventures II; Kahua Ranch; Ponoholo Ranch; Hawaii Police Department; Raynard Torres; Jack Hoyt; Geor-

The ultimate vision is to have another information and entertainment resource for our multi-cultural community. The goal would be to create interesting local programming for North Kohala's diverse population.

But the questions are: (1) Do we want it? and if so, (2) What do we want it to be?

Responses to these questions from the community will be the basis for whether we move forward or not. "Creating a low-powered FM station for Kohala will be a major and costly venture, and will be great for our students, but we need to be supported in the community by listeners and donors to make it work," says Alan Brown, Kohala Middle School principal. "We need to know how the community feels about taking this step."

gette Cazimero; Nalani Cabera; Art and Brenda Owen; Lawrence Kauka; Chad Castillo; Pat and Travis Owen; George Oye; Michael and Katherine Hasselbring; Ana Garcia and Alan Brown; Derek Higa; Christine Smith; Kenneth Van Swae; Shay Van Zandt; Renee Perez; Gigi Alcoran; Tita Alcoran; Damon Maria; Bobby Fernandez; Emelia Fernandez; Jonathan and Patricia Benjamin; and C.J. Yamamoto.

## Class of 2014 Project Graduation

Project Graduation is an all-night, alcohol- and drug-free event for graduating seniors. This year the KHS Senior Class of 2014 will hold Project Grad on Saturday, May 24, until Sunday, May 25. It's a night filled with games, entertainment, activities, food and prizes.

This event is not school-sponsored but is entirely put on by the parents and community. We are seeking donations to help fund this memorable event for our seniors. So far we've had a car wash/rummage sale, a haunted house/dance, a lau lau sale, and a sushi fundraiser. We will also be having a kanikapila at the Kountry Music Festival/Family Fun Day at Kahua Ranch on Saturday, March 22, from 10 a.m. to 4 p.m. This event will include local musicians, a silent auction, a best-dressed cowboy/cowbabe con-

test, a tram ride to the white ball, a petting zoo and games. Tickets will be sold at \$10 each.

We are a sponsored project of North Kohala Community Resource Center (NKCRC). If you would like to send in a tax deductible donation please address it to NKCRC, P.O. Box 519, Hawi, HI 96719, with a memo note "Kohala Project Grad 2014." Any support will be greatly appreciated.

It will be the last time for the graduates to celebrate as a class in a safe and drug-free environment. This will be a night of fun, friendship and lasting memories for the Class of 2014.

If you have any questions or would like to purchase tickets for the Kahua Ranch fundraiser, please contact Amoo at 895-2545 or Maile Akamu at 987-1113.

## Mark your Calendars for Sustainable Saturdays 2014

Sustainable Kohala will offer free workshops and presentations on sustainability topics the second Saturday of every other month. Everyone is welcome.

**Feb 8: Gray Water Workshop**, Anna Burkis of Village Ecosystems, 1 to 5 p.m. at `Iole. Co-sponsored by One Island (Facilitator: Michael)

**April 12: Landscaping with Medicinal Herbs**, Karen Thomas, 2 to 4 p.m., Location TBA (Facilitator: Natalie)

**June 14: Building Nutrient Rich Soil for Nutrient Rich Food**, Hector Valenzuela, PhD, 2 to 4 p.m. at Kohala Intergenerational Center (Facilitator: Peter)

**Aug 9: Raising and Harvesting Chickens**, Bert Kanoa, 1 to 5 p.m. at Kohala Intergenerational Center (Facilitator: John E.)

**Oct 11: Ten Foods You Can Easily Grow at Home**, Richard Liebmann, 1 to 5 p.m. at Lokahi Garden Sanctuary (Facilitator: Richard)

**Dec 13: Cooking Great Meals with Native Plants**, Erika Kuhr, HIP Ag, 2 to 4 p.m. at Kohala Intergenerational Center (Facilitator: Mellanie)

### ROSI, continued from page 1

ation Resource Center (NHERC) and Senator Dwight Takamine. HHC collaborated with NHERC from the beginning in support of the development of the ROSI Room. After successfully manning the Hamakua ROSI Room this year, HHC realized the positive impact a similar Room would have at its sister facility in Kohala.

KFHC has been providing primary care and dental services for over 20 years. It provides health services to all members of the community with or without insurance. KFHC is a federally qualified health center and is the only family health center in our district. The Center recently welcomed back Dr. Sylvia Sonnenschein and Physician Assistant Stacey Vroman, both of

whom will be here on a part time basis. Dr. Elder continues as the full time provider and Dr. Gregg continues to be the pediatrician on Friday afternoons. The Amazing Tooth Bus is located in the KFHC parking lot in March and April, and again in September and October. KFHC accepts all Hawaii-based insurances and provides a sliding fee scale for uninsured patients. Call the Center at 889-6236 for all health appointments, and the Amazing Tooth Bus at 333-8410 for all dental appointments.

Please join the festivities on Thursday, January 30, from 5 p.m. to 7 p.m. to celebrate the Grand Opening of the ROSI Room. Refreshments will be provided. The staff looks forward to seeing all of you but, most importantly, to serving our community.

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## Resource Center Announces New Board Leadership and Staff

In their annual meeting on December 16, the North Kohala Community Resource Center Board of Directors elected a new president and vice president. Maile Lincoln began her term as president on January 1, 2014, leading a board of nine active directors. She succeeds Chris Helmuth, who served as president for six years.

"Serving Kohala through volunteering at NKCRC has been the most rewarding thing I have done since moving to Hawai'i, and I consider the opportunity a real privilege," said Helmuth. "The Resource Center plays a vital role in North Kohala, and it has been a pleasure playing a modest role in its success. I am excited about our new leadership and additional staff at the Center and the great things we will surely accomplish. I intend to support the Resource Center however I can into the future."

Born and raised in Kohala, incoming president Lincoln is the Community Health Insurance Coordinator for Hamakua Health Center, Inc., running their new ROSI Room in Hawi.

"NKCRC has been thriving with a multitude of projects and increased Welcome Center hours. I hope to continue these great efforts by working with the Board on new avenues for funding," said Lincoln. "It takes a strong community to keep us successful, and I am honored to lead this effort."

Fellow Kohala native Gino Amar was elected vice president. Amar is the administrator for Kohala Hospital and has served on the NKCRC board since its inception in 2002. Alida Adamek and Amy Meyer-Sullivan will continue to serve as



—photo by Juanita Rivera

*NKCRC Board officers are, from left, Amy-Meyer Sullivan, secretary; Gino Amar, vice president; Maile Lincoln, president; and far right Alida Adamek, treasurer. Next to Lincoln is Megan Solís, associate director, with Christine Richardson, executive director, second from right.*

treasurer and secretary, respectively.

The Center also welcomed another staff member in 2013. Megan Solís is the new associate director, bringing the office staff to three members, including administrative assistant Juanita Rivera. A former English teacher and paralegal, Solís most recently served as the editor for Kohala Mountain News. She will be working with project organizers to assist them with finding funders and

drafting grant proposals.

"We are pleased to have the commitment of Maile and Gino in their new leadership positions as well as having Megan join our team," said Executive Director Christine Richardson. "Megan's excellent skills and love of Kohala will build our capacity to serve more projects in the most meaningful ways."

NKCRC opened in 2001 with the mission of increasing the number of successful community projects in North Kohala. Currently, this 501(c)(3) non-profit organization serves as the fiscal sponsor for 83 diverse projects that

serve our community. These endeavors touch nearly every person in Kohala and include youth programs, athletics, the arts, education, agriculture, cultural events, the community newspaper and more. The Center's staff provides project organizers with training in finding funders, writing successful grant proposals, and securing donations as well as handling the required reporting to the Internal Revenue Service.

For more information about the Center, stop by the office at the Kohala Welcome Center on the west end of Hawi or see the website at [www.northkohala.org](http://www.northkohala.org).

### Reward Offered for Missing Pololu AED

A life-saving automated electronic defibrillator (AED) device was removed from the post at the trailhead to Pololu beach. The North Kohala Community Emergency Response Team, who purchased and installed the device, is offering a \$100 reward for its return. There is no market for these devices and the thief may have thrown it away. If you see this AED, please bring it to Paradise Postal in Hawi and collect the reward. The absence of an AED at Pololu may result in the loss of a life that could otherwise be saved. Rather than bear the responsibility for that life, please see that it is returned. No questions asked. For more info contact: Jeffrey Lee at 808-960-0031.



—photo courtesy of Philips, Inc. This stock photo shows the automated external defibrillator model stolen from Pololu.



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## Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be able to be accommodated.



### February

Ad Deadline: 2/7/14  
News Deadline: 2/10/14

### March

Ad Deadline: 3/14/14  
News Deadline: 3/17/14

## Kohala Mountain News

www.kohalamountainnews.com

**Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.**

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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### Kohala Mountain News

P.O. Box 639, Kapa'au, Hawai'i 96755

For a twelve month subscription please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note giving the name and mailing address of the recipient.

## Letters—

I wanted to send out a big MAHALO to all the family, friends, and businesses in Kohala that helped our Kawaihae Women's Long Distance Team paddle across the Alenuihaha Channel. This adventure, retracing ancient canoe routes between the Big Island and Maui, took a lot of support and fundraising! I was lucky enough to be one of the 19 awesome ladies on this journey and would like to take the opportunity to recognize the people and businesses in Kohala that helped me out personally. Each one of us was responsible for fundraising, and I am particularly

## Thank You North Kohala!

bad at selling things or trying to fund-raise in any way. This is a special thanks to all who supported graciously my best attempts and made my job easier! Mahalo to Elements Gallery; Hawi Gallery; Ipu Kane; Becky Bond, Massage Therapist; Sushi Rock; Alex Slotzkin and Karen Spachner of Living Arts Gallery; Renee, Massage Therapist with Blue Dragon Spa; Delphina with Blue Dragon Restaurant; Ackerman Gallery; and Norma Rawlings Acupuncture for your donations to our silent auction. It was a hit! Also thanks to Tom Gomes, Ben Barklay, and his cousin Duke for

being available bright and early for a practice run, launching the canoe at Keokea. Thanks to Joe Ayer for being a shuttle bus driver! And thanks to Takata Store for letting us sell our steaks, pies, etc. in front of the store! Each and every one of the paddlers had great family and friend support, which we couldn't have done without. The generosity of the Kohala `ohana is awesome and heart-warming!

Mahalo nui loa for believing in us and understanding the importance of our journey!

Aloha, Ginger Tennant

## Mahalo, Kohala!

As the parents of Leyton Neves, a seven year old second grader at Kohala Elementary School, we want to thank the people who helped us send Leyton to the National Football League Punt, Pass and Kick competition held in San Diego on December 8, 2013.

Leyton did great! He took 4th place for his age division (6 to 7 years) and was

absolutely thrilled. Many mahalos to all the businesses and individuals who, by their donations, made it possible for our son to participate. This was a once-in-a-lifetime opportunity and we can't thank you enough for helping Leyton be able to seize it.

With much aloha,  
Haralynn Perez and Laine Neves

*Seven year old Leyton Neves poses in uniform with his football. Neves competed in the NFL Punt, Pass and Kick competition in San Diego, CA, in December 2013.*



—photo by Haralynn Perez

## Malama i Ke Kai Event Cleans Up Lighthouse

With a great success on December 15 around 50 people gathered their mana (energy) together at lighthouse land for the first of many "Malama i ke kai" community beach clean-ups organized by Be Rooted Hawai'i (Elements, Senses, Music and Art Center).

The day started with a beautiful Hawaiian chant and blessing of the land, calling our ancestors to join us. After distribution of buckets, black plastic bags and gloves, adults guided our keiki in picking up rubbish, all the way from tiny pieces of glass to tires and big pieces of dismantled cars. It was a great way to show how much we care about Kohala and our Mother Earth. The keiki had a safe zone where they made art and had

drums, maracas and music-making toys to rattle when they got tired of picking up trash. Music from Hawaii Island surf band "Solar winds" was a bonus for this perfect weather day. Following a quick, well deserved lunch, the time to pack the tents and gather the rubbish had come.

As we all know, that area was left full of heavy equipment rubbish from the plantation days. It was the favorite area of King Kamehameha, is full of energy, and is finally getting the attention it deserves. The day prior to this clean up, Maika'i Kamakani `O Kohala, Inc. had organized one as well for their adjacent land (Kauhola point). They filled bags with marine garbage and had it lifted over the cliff by a helicopter.

That same day "Tree by Tree Hawai'i" had volunteers gather to plant trees in their nearby land.

We are so grateful to have many organizations caring for our 'aina (land) and kai (ocean); doing these types of activities is the best way to keep reminding our children to look after our home. It's a message to the world and our future generations: Let's make peace, not war. Let's save our planet, not destroy it!

We can't express our gratitude enough to family, friends and community—for believing in a change and caring about our Mother Earth.

Mahalo!  
Lydia Zuniga Quintero  
and Amber Rinker

## Mahalo for Supporting Pop Warner Football

The Kohala Chargers Pop Warner Association would like to give a big mahalo to the community, coaches, team moms, mandatory play rule crew, donors, parents and especially players for all of your energy and support.

With some challenges here and there, 2013 was an exciting and awesome season. Our Mitey-Mites (MM) ended their season with one loss, qualifying us for the MM Bowl held in Kona on November 9th.

Our Peewees (PW) ended with a winless season, but we are very hopeful for next

season as the roster changes should produce a strong team. Only two of our

2013 season PW players will move up in division. The rest will stay in the PW division and will once again be joined by their former 2012 MM division teammates.

Our 2013 Midget division ended the season with one loss, putting our Chargers in first place for the West division. The Chargers took the win against the Puna Panthers, 28-6, sending us to the championships. Because the Westside Eagles lost their playoff game, the Chargers became the Westside Champions 2013!

Although we did not come out of the Big Island Championships game with the win, it was an awesome experience, and an exciting end to an unforgettable season. You made us proud!

The Kohala Chargers Pop Warner Association



—photo by Des Hooton

*The Kohala Chargers pose with their new trophy after winning the 2013 Pop Warner Westside Championship in the Midget division.*

## Viewpoint

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

### Big Waves Must be Respected for Their Danger

By Lani Eugenio

Big waves at Mahukona! At sunset, we drove there (as did many others) to watch the powerful waves hit the winch and wash through the parking lot. I joined the caretakers of the old Railroad Station on a picnic table, a safe distance from the waves.

I was surprised to see a father with his three children (under the age of 10), playing in the locked parking lot. The father had a toddler in one arm and a child in the middle grasped his father's and older brother's hands. They were laughing and taunting the waves to splash over them. The waves had already moved the huge rock barriers, so the linking of hands seemed like a false precaution.

The caretaker had talked to the father about their dangerous game, but he said that it was okay; he was being safe and knew how to swim. It was upsetting to the women who were watching this. "Extreme adventure should be reserved for adults!" one exclaimed.

These women were accomplished swimmers, sailing the seas with the famed canoe voyages. Their ancestors had lived on and fished the coast for generations. They knew the shoreline, and respected the power of the ocean.

As native Hawaiians, they felt a responsibility to their ocean home and felt compelled to do something if anything happened.

At one point, the father sat the younger children by the fence in care of an older man. Then the father and the older child, hand in hand, went back to play. A big wave crashed upon them and the boy fell. Fortunately, the father gripped his arm.

The women shouted, "See? What would have happened if you'd had all three kids?"

We all knew what would have happened. The kid who fell would have let go of the younger brother as he was pulled out to sea, and the father with the toddler in his arm would have had to think fast on what to do or who to save.

I went up to the father and scolded him for putting his children's lives in danger. He thanked me for being concerned about his kids, but he didn't think they were in real danger.

To tell you the truth, I wasn't thinking about his kids, I was thinking about mine. All my sons have saved lives (at different times) after the lifeguards went home, so I knew their hearts.

When I questioned my sons whether

they would've jumped in to save this child or children if they were washed out to sea, they answered in the negative. One said, "No, because the father was warned and he put his children in danger... that's his responsibility."

Another added, "There is nowhere to climb out on that shoreline because of the pounding waves, so you have to swim out to sea and wait for the helicopter. There's no life vest, and it's already dark, so how are they gonna find you?"

"You risk a life to save a life," one son had said, and they all concluded that more than one life would be lost in this situation: turbulent waters, night-fall, sharks.

That is the analytical view of the situ-

ation, but when this happens, what will people really do? Yes, a physical life is risked when one goes out to sea to save someone, but the people on shore are traumatized mentally and emotionally when they are tormented by the image of a child drifting out to sea.

The next day, I went down to Coast Guard to watch the waves. Tourists were taking pictures. Dismissing the warning signs, they crossed the fence and posed on the rocks, smiling—backs to the ocean, waiting for that big photo-splash.

No sense talking to them about the dangerous situation. I don't swim. I walked away before my native instinct to save someone kicked in.

### County Council Update—

#### GMOs, Water, Taxes and Cherries—What Do They Have in Common?

By Margaret Wille

**HOME RULE:** County home rule is currently a big issue with regard to the county's authority to regulate agriculture, including the cultivation of genetically engineered crops. Both our county and Kaua'i have passed ordinances that regulate the cultivation of genetically engineered crops. We have express authority to pass these laws. There is no state level regulation. Some of our state legislators have, however, voiced the intent to pass state legislation to eliminate the county's right to pass legislation in this area. On February 4 there will be an item on the Council Committee Agenda relating to county home rule.

**SOLID WASTE:** I asked the Director of the Department of Environmental Management to do a presentation before the Council on the Administration's current plans. The Director has asked for a postponement.

**WATER:** Do you have concerns about water issues in North Kohala? Water is an issue I will be focusing on this year with an eye towards future legislation. What are the available sources of water in North Kohala? Who owns the water sources and the water infrastructure? Who controls the water? Who uses the water? If you have particular concerns or questions, let my office know.

I also encourage you to attend the ongoing North Kohala watershed program "Water, the Source of Life." The next few events are:

January 25 at 6:30 p.m. – Film: "Blue Gold, World Water Wars" at Walker Hall

February 3 at 6:30 p.m. – Kohala Watershed Stories – "What's up with the Ditch?"

February 8 from 1-5 p.m. - Hands on Workshop: How to Build Your Own Grey Water System

February 22 at 6:30 p.m. – Film: "An

Island President" at Walker Hall

For more info contact: [www.oneisland.org](http://www.oneisland.org).

**TAXES:** Hawai'i County raises revenue from real property taxes and the transient accommodation tax (TAT), along with some fees and grant monies. The TAT is largely raised from hotel and rental car taxes. The original idea behind this tax was to provide the counties with a way of funding all of the many county services that support tourists. Originally, only 5 percent of these tax revenues went to the state and the rest to the counties. However, over the years the state has taken a higher and higher percentage and has now

capped the amount given to the counties. I want that cap removed. Instead of focusing on removing this cap on the TAT, the four mayors are asking the state legislature to give them authority to raise the general excise tax (GET) by 1 percent. I don't want to raise the GET tax in our county. With regard to real property taxes, the county is undergoing a review of its real property tax program. I am one of two council members on the county's real property task force. We meet once a month. The public is welcome to attend.

**CHERRY BLOSSOM FESTIVAL:** The governor, the mayor and I are expected to speak at the opening ceremonies. My office is also sponsoring two new programs to be held at Waimea's Church Row. First, a cherry pie bake-off among the three senior clubs in District 9: North Kohala, Waikoloa, and Waimea. Second, in partnership with the Outdoor Circle, we are holding a Cherry Tree "Adopt a Tree" Jubilee. The Japanese consulate is giving our community 30 to 50 new cherry trees. We need to decide where to plant them, and we need tree sponsors. See CC Update, page 6

## Qigong Master in Hawi, Hawaii February 14 - 16 & March 11 - 20, 2014

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## PE for the Body, Mind and Heart at Kohala Elementary School

Starting January 29, Wellness Through Movement® (WTM) will again help children (along with parents and teachers) become partners with their bodies in learning at Kohala Elementary School.

The program has already shown success. After Susie, a third grader from Kohala, took the program she suddenly realized that she habitually stopped breathing deeply when the teacher said, "It's time for our reading lesson." After gaining an awareness of this reaction through the program, she raised her hand and told her teacher. After a few "pono breaths" she was asked to remember the "feeling of pono" and think from there.

This awareness is important, because when we stop breathing deeply stress increases and comprehension decreases. Before taking WTM Susie didn't realize it was her body's response telling her why she was having a hard time learning to read. Susie learned to read when she became partners with her body and a team member with her teacher.

Researcher Carolyn Palmer from Vassar College is here on the island working with WTM to figure out how to evaluate this perspective of learning, from the *body to brain*. Our physical sensations play a predominant role in listening, thinking and even motivation. Dr. John Ratey (2001), a Harvard

professor, talks about the pleasure center in the brain and says, "Because motivation is so closely tied to physical behavior, the structures that produce and maintain it are closely related to those that regulate motor function and movement."

For Susie, physical activity is important to relieve stress, but to maintain centeredness, motor function and *how*



—photo by Catherine Rosasco-Mitchell

*Kohala Elementary School students have fun moving their bodies in specific ways during the Wellness Through Movement Program. The program re-educates motor circuits, promoting enhanced cognitive abilities.*

she moves are crucial. The design of motor function in WTM movement integrates body-to-the-brain movement, so centeredness is sustained through awareness.

This sense of centeredness creates a trajectory of change, influencing perception. *Scientific American Mind* (Jan/Feb 2011), says, "Motor circuits (muscles) don't just feed thinking, they are thinking." WTM, based on the Feldenkrais® Method, re-educates previous history of these motor circuits to expand sense-of-self. "Movements" are physical sensations. Movements learned early in life become ingrained and shape not only our physical destinies, but our mental and emotional ones as well. WTM starts with our physical bodies by changing those habits that affect our bodies, and in the process shapes our mental and emotional futures.

Children feel more than they think. Neuroanatomist Carla Hannaford (2005) says children's responses are 98 percent based on physical sensations. Susie didn't know her body affected her thinking. WTM lessons showed her how they do.

Thanks to community members, North Kohala Community Resource Center, and 21st Century Mentorship,

the WTM program is being offered after school at Kohala Elementary on Wednesdays. Breathing is required in the course, but awareness between the

body and the mind is key.

For more information contact Catherine Rosasco-Mitchell at [info@Wellnessthroughmovement.com](mailto:info@Wellnessthroughmovement.com).

## Kohala Hospital Charitable Foundation Golf Tournament

On February 15, the 6th Annual Kohala Hospital Charitable Foundation (KHCF) Golf Tournament will take place at the Hapuna Golf Course. Golfers from near and far come to support this very popular tournament. It offers many generous prizes and tons of fun, and each golfer receives a gift bag. It is again sponsored by the Meinardus Family and the Bitburger Brewery. One hundred percent of all the money taken in will go directly to the Kohala Hospital

Emergency Room (ER) Building Fund. The day of fun includes Bitburger and Koestritzer beers and a fabulous buffet lunch at Arnie's. The event is catered by the Hapuna Hotel. Last year the KHCF raised \$ 36,000. The KHCF hopes to do the same and more this year.

The construction of the ER is well under way. Contractors and the Hospital's management are planning a well-functioning ER. It inspires the community of golfers from near and far to join in this great adventure and to help bring this very worthy project to the finish line in the near future. Please make your reservations early. The KHCF expects a sold out Tournament again this year.

For a sign-up sheet, hole sponsorship, or to make a donation, please contact Betty Meinardus at: [elsbethm@earthlink.net](mailto:elsbethm@earthlink.net), by phone 808-889-5304, or go to [kohalahospitalgolf.com](http://kohalahospitalgolf.com) for any other information.

## Grey Water Workshop To Teach Do-It-Yourself Water Re-Use

The 2014 free Sustainable Saturday series will begin February 8 at 'Iole. Sustainable Kohala and One Island will co-sponsor a workshop on grey water technology from 1 to 5 p.m. Mark your calendars.

Anna Birkas from Village Ecosystems in Mendocino, California, will offer a full afternoon of how-to information and hands-on projects demonstrating how you can build a grey water system in your own yard. Capture washing machine, sink and shower water to create a lush green garden. She will also provide a system design to use catchment rain water for irrigation.

Anna has created a streamlined workshop as a sliding scale, affordable module for Big Island residents. The workshop is free to Sustainable Kohala, 'Iole and One Island volunteers and members. Sliding scale suggested donation is \$55 to \$75 for the public. Please join us at 'Iole in February, and mahalo for your support and participation in the 2013 series.

Please reserve a place by emailing [hawaii@oneisland.org](mailto:hawaii@oneisland.org), as space is limited. Learn more online at [www.oneisland.org](http://www.oneisland.org).

### CC Update, continued from page 5

sors. Most importantly, this project is part of an effort to reinvigorate care for Waimea's new and existing cherry trees. Come join the fun!

For more information on these or other topics, or to sign up for my newsletter, contact my office at 808-887-2043 or [dsheather@co.hawaii.hi.us](mailto:dsheather@co.hawaii.hi.us).

Margaret Wille is the County Council Representative for District 9, which includes North and South Kohala.



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## Kohala Youth Take Championship at HI-PAL Winter Basketball Classic

Three hundred ninety-nine youth, ages 5 to 14, participated in the 33rd Annual Hawai'i Police Activities League (HI-PAL) 2013 Winter Basketball Classic Tournament held December 26 to 29 in Hilo.

The (ages) 9 to 10 division championship games were held on Sunday, December 29, at the Hilo Civic Auditorium.

Taking this division was team "NSP" from North Kohala, coached by Reeve Cazimero. Members of the team, in alphabetical order, are Koby Agbayani, O'shen Cazimero, Zhane Ellazar-Ching, Donavon Emeliano, Moses Emeliano, Jace Hook, La'akea Kauka and Legend Libron.

Congratulations to the entire team!



—photo courtesy of Hawaii Police Athletic League

Members of the Kohala basketball team "NSP" adorn themselves with their First Place medals, which were earned in the HI-PAL 2103 Winter Basketball Classic Tournament's 9-10 Division. Front row L-R: Zhane Ellazar-Ching, Donavon Molonai Emeliano, Moses Emeliano, Jace Hook, Legend Libron, La'akea Kauka, Koby Agbayani, O'shen Cazimero  
Back Row L-R: Coach Leo Agbayani, Officer Joseph Botelho Jr., Coach Reeve Cazimero

## North Kohala Merchants Association Elects 2014 Officers

The North Kohala Merchants Association (NKMA) elected officers for 2014 at their January meeting. Past president Richard Elliott, owner of Paradise Postal in Hawi, will continue as President. Ha'aeo Neves, Director of Sales and Marketing for Big Island Eco Adventures II, will serve as Vice President. Beth Thoma Robinson, Realtor-Broker with Hawaii Life Real Estate, will be Secretary. Jake Chilton of Sunshine Hardware was elected Treasurer.

The purposes of the NKMA are both to support businesses and professional people in North Kohala, and to encourage support by businesses of the larger Kohala community.

Each year, the merchants select a "Citizen of the Year." For 2013, that award went to Kealoha Sugiyama, who was honored at an event and rode on the NKMA float in the Kamehameha Day Parade. This year's nominees will

be reviewed at the February meeting. One of the benefits of membership is the opportunity to purchase an ad in the North Kohala Merchants Brochure. This is the brochure distributed on racks at airports and shopping centers outside of Kohala. The NKMA also makes sure that concierge desks at hotels have ample supplies.

The Association is open to any individual who owns or operates an active business enterprise in Kohala. In 2013 NKMA had over 40 paid members. Membership dues are only \$35 per year.

Meetings are held on the second Wednesday of each month at 8:30 a.m. at the North Kohala Community Resource Center. All community members are welcome to attend, but only paid members of the Association can vote at meetings. The next meeting will be February 12.

## Kohala Arena Second Annual Membership Meeting

Kohala Equine Education Center, Inc., or "KEEC," will hold its second Annual Membership Meeting on Thursday, February 6, beginning at 6:30 p.m. at the Kohala Intergenerational Center (Kamehameha Park).

KEEC is a non-profit membership organization that is building community arena facilities on land licensed from Iole. At this year's Meeting members will hear reports from the Board of Directors and Committees, celebrate progress made in 2013, and vote to fill vacancies on the Board for 2014.

Anyone with an interest in providing a venue for educational, therapeutic and recreational activities involving horses and horsemanship is welcome to join KEEC and support us in achieving

our goals. General membership dues are currently set at \$60/year. Membership applications are available in advance of the meeting or at the door.

Individual horse owners must be members of KEEC to use the grounds and facilities, as KEEC will maintain insurance coverage. KEEC is also a sponsored project of the North Kohala Community Resource Center. Donations can be made via the NKCRC.

If you have a passion for horses or agricultural education, please join us on February 6. Help us build Kohala a community arena! For more information, contact Membership Chair Fern White at 896-0316, Events and Activities Chair Bernelle Camara at 557-5278 or email KohalaArena@gmail.com.



## Blessing of the Natural Farming Pig and Chicken House

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Saturday, March 1, 2014

9 am – 2 pm

\$15 per person, children under 10 free.

Tickets are limited, please purchase in advance.

Palili 'O Kohala Natural Farming Demonstration Farm at Hō'ea Farms (55-370 Hō'ea Road).

### WORKSHOPS

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- Raising pigs using Natural Farming with Michael DuPont, Livestock Extension Agent, UH CTAHR
- Taro Cultivation with Bert Kanoa, Palili 'O Kohala and PIDF Ka Hana No'eau taro mentor
- Making Natural Farming inputs with Palili 'O Kohala families and students

### DEMONSTRATIONS

Ku'i 'ai (Poi Pounding) • Planting 'uala • Raising chickens the Natural Farming way

### TICKETS

Online: <http://naturalfarmingpighouse.eventbrite.com>,

Live in Person: EBT Booth at Hawi Farmers Market

Phone: Karla at 808-224-1404.

Presented by the families of Palili 'O Kohala. Special thanks to The Church Of Jesus Christ Of Latter-Day Saints, Kohala Ward, for generously contributing their time to the building of the Pig & Chicken House.

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## Upolu Point Enjoys a Rich and Varied History

Kakau e Boyd D. Bond

Upolu, the northernmost point of Kohala, is a name which occurs throughout Polynesia and is associated in ancient times with many other *wahi pana* or “famous places” on different South Pacific islands. That name was most likely given to this place by the navigator-priest called Pa`ao, who arrived with his followers from Tahiti between 1200 and 1400CE, depending on your sources. This was during the



—photo from <http://www.primetab.com/flying/flying.photos.airfields.5.html#Photo9>

An aerial shot of Upolu Airport shows its “hourglass” shape.

rule of Lonokawai, the son of Kapawa, who was then living in Waipio valley. Pa`ao, who was either Tahitian or a Samoan chief that arrived via Tahiti, sailed up from an island called Upolu in the south Pacific.

Pa`ao chose to settle in Kohala at Upolu, although he traveled around the entire island, building four *luakini heiau*, or sacrificial temples: one each in Puna, Kā`ū, Kona, and Kohala (west, south, east, and north). His temple in Kohala is *Mo`okini heiau*, built just to the west of Upolu point, on the site of a smaller, older temple of Ku. Each of these four *heiau* was built in a shape representing a different part of the human body. *Mo`okini*, when seen from the air, is shaped like a human head with an open, gaping mouth. Human sacrifice—introduced

by Pa`ao—was practiced at these *luakini heiau*, one of the many changes to Hawaiian society brought by this invading Polynesian chief.

Pa`ao felt the ruling chiefs of Hawaii degraded themselves by marrying outside the chiefly class, so he sailed back to the Society Islands and returned with Pilika`aiea, a “pure” chief, and in a short time helped him become king of the island through warfare and intimidation. All of the future rulers of the island would claim descent from Pilika`aiea. His new *kahuna nui*, or high priest, Pa`ao would found the *Hola`e* line of priests. Hewahewa was the *kahuna nui* of Kamehameha I, and claimed direct descent from Pa`ao.

In ancient times *Mo`okini* was sacred, for the use of the *ali`i nui* only, and would have been the center of order and religious life in Kohala. A *luakini* temple site typically includes separate *heiau* platforms for the men and the women. The women’s temple associated with *Mo`okini* is said by many to be the site of the birth of Kamehameha the Great, around 1758, when Halley’s Comet appeared in the night sky, although other versions of the birth story exist.

*Mo`okini* complex was listed as a National Historic Site in 1963, and in 1978 the land was donated by the owners of the former Kohala Sugar Plantation



—photo from <http://www.donch.com/lulh/Images/Mookini1a.jpg>

Aerial view of *Mo`okini Heiau* shows the framing of the outer walls.

to the State of Hawai`i. It is now part of Kohala Historical Sites State Park. Also in 1978, Leimomi Lum—whose family claims descent from the keepers of the temple for the past 400 years—lifted the restrictive *kapu* from *Mo`okini*, and re-dedicated the site to the *kama`aina*, the children of Hawai`i, “for future education about their own past.”

The airport at Upolu was built in 1927 when the United States government appropriated 37.9 acres under Presidential Executive Order 287 to the United States Air Service, and when completed it was named Suiter Field. The facility was also used by the US Signal Corps in the early days of aviation in Hawai`i, and an additional 57.2 acres was added in June of 1929. Inter-Island Airways (later Hawaiian Airlines) used the field as an emergency landing site for flights between Honolulu and Hilo, and to provide air service to Kohala. In December of 1929, the federal government began negotiations for the return of the airfield to the Territory of Hawai`i. In September of 1930 the field was returned to the Territory and renamed Upolu Airport. It was about 3,500 feet long, comprised of grass on a sandy soil, partially graded, and shaped like an hourglass. By 1939 further grading was complete and the airfield was paved, 300 feet wide in the center and 500 feet wide at each end.

When WWII began, Upolu was occupied by the US Navy and used as a weather and com-

munication station. The airfield was extended to 4,000 feet, and a simulated aircraft carrier deck was installed to train pilots for landings and takeoffs from aircraft carriers. Housing was also built for those operating the facility. The airport was returned to the Territory in 1946, but there were many maintenance issues, especially poor drainage, that needed to be addressed. Between 1955 and 1999 multiple bills were passed for repair and improvement at Upolu, including upgrades and downgrades, until the opening of the Kamuela airport saw the beginning of a decline in the use of Upolu airport. In 1986 regularly scheduled flights ended.

Upolu Airport remains important as an emergency landing site for flights headed to Hilo, and for use by the air ambulance and private planes. In 1999, the Upolu Airport Master Plan and Environmental Assessment were submitted and approved by the State for work in two phases, although very little of the plan has been implemented so far. Upolu, a beautiful place featuring cool breezes and sweeping views of the Kohala mountains, has seen many changes since the days of Pa`ao.



—photo from [http://farm9.staticflickr.com/8126/8654113180\\_3a4dbbb05d\\_b.jpg](http://farm9.staticflickr.com/8126/8654113180_3a4dbbb05d_b.jpg)

Signs at *Mo`okini Heiau* request that the sacred stones be left in place as visitors walk to the site.

This article is the first in a series on Kohala history by local historian Boyd Bond. Bond’s knowledge of Hawai`i’s history stems from his academic studies and from a lifetime spent in Hawaii as a sixth-generation descendent of early western settlers in Hawaii. Bond earned a BA in Hawaiian history from the University of Hawaii at Manoa and went on to earn a Masters degree in education.

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## January CDP Action Committee Meeting

By Lynda Wallach

At the January 13 meeting of North Kohala CDP Action Committee (NKCDP AC) several residents expressed their concerns regarding water security in Kohala and erosion east of Kapa'au. Shiro Takata, speaking from the audience, told how he had met with the head of the Department of Water Supply nine years ago and was promised that the Halaula well would be brought on-line within two years. It is now nine years later, and there is still no water for the

community from the Halaula well. John Winter, chair of the AC, explained that water issues were being pursued by the Parks, Water, and Roads subcommittee, and a letter is being drafted to the Department of Water Supply (DWS) along with issues involving the reliability of existing wells, water quality, spaghetti lines and the moratorium on new water meters. He was then asked where the subcommittee gets its information on which locations are in dire need. He answered that they had asked

the DWS for that information and were told that they should follow the water meter readers around for a couple of days (hardly a satisfactory answer from DWS). Someone else stated that, at a meeting in December, Civil Defense had predicted a drought for the next four years making it even more important to address the severe water problems affecting parts of North Kohala. Winter stressed that members of the community who are concerned about their water are strongly urged to attend the meetings of the Parks, Water, and Roads subcommittee where the actual work on these issues is being done. Meetings are held the last Tuesday of every month at the Senior Center. (See the calendar in the Kohala Mountain News.)

The other major issue brought to the attention of the AC from the public is the condition of Akoni Pule Highway east of Kapa'au towards Pololu. This section is heavily trafficked by tourists, tourist activities and bicyclists but, because it has far fewer permanent residents than Kapa'au and Hawi, road conditions and erosion problems do not get addressed; neither the state nor the county is willing to take responsibility. They described a number of injury-related accidents that occurred over the holidays and the presence of potentially dangerous rockfall. Winter said he has spoken to the highway department and that the budget to fix these problems would be huge.

Winter reported that the Parks, Water, and Roads subcommittee is also beginning to work with the county on the creation of a green waste facility.

Keone MacKillop of the Public Access subcommittee said that the subcommittee met with Charlie Anderson who represented Kohala Kai, and a strategy has been proposed whereby the Ala Kahakai Trail Association has offered to assume liability over the portion of the Ala Loa trail at Kohala Kai in return for the trail remaining where it is as the public shoreline access route through Kohala Kai. Though the arrangement has yet to be finalized, MacKillop said that things are moving in a very positive direction towards resolving what has been an extremely contentious issue.

Another contentious issue was then brought up by Winter who, as chair of the AC, has received a letter from the planning director and the county corporation council informing him that the subcommittee structure of the NKCDP

AC is in violation of the Sunshine Law because the committees act like both standing subcommittees and investigative subcommittees. Standing subcommittees are subject to the Sunshine Law while investigative subcommittees are not. Though the AC subcommittees act in general like investigative subcommittees, they tend to last longer than a few months, and that is where the problem seems to be. Winter suggested the AC tables any action at this point because he is appealing this issue to the Office of Information Practices. If the subcommittees are required to conform to the restrictions of the Sunshine Law, any action they wish to take can be delayed for several months. The NKCDP AC is the only action committee to have received such a letter, but any decision on this would apply to all action committees on the island.

The AC then reviewed a letter drafted by Susan Fischer of the Power, View Planes and Erosion Control subcommittee to the Planning Director regarding the development of rural infrastructure standards. Currently, county-wide standards are applicable to urban areas but not necessarily to rural areas like North Kohala. Some examples of the proposed rural standards are: neighborhood low speed roads with drainage down the center; wide grass shoulders for walkways and trees rather than paved shoulders; and low profile, minimal street lighting. The AC hopes to begin a discussion with the Public Works Department and the Planning Department on how to upgrade the current standards so as to include rural infrastructure standards in County rules and regulations.

Finally, the terms of four members of the AC are expiring or due to expire, and replacements are needed to fill the vacancies. Several members are continuing to serve beyond the end of their terms in order to make sure the committee can continue its work. Anyone who wants to help ensure that North Kohala continues to have a voice in the decisions that are made regarding our community is urged to apply. Applications can be found on the county website: <http://www.hawaiicountycdp.info/north-kohala-cdp/action-committee-application-materials>.

The next NKCDP AC meeting will be on Monday, February 10th at 5 p.m. at the Senior Center. Members of the community are urged to attend.

### Full Circle at Kenji's: Learning to Tango



—photo by Malia Welch

Dancers learn to tango in a class taught by Kenji's House artist Malia Welch



## Sustainable Kohala Presents

### Free Sustainable Saturday Series, 2014

February Event:

## Grey Water Workshop

Free Workshop by Anna Birkas, Village Ecosystems

Saturday February 8, 1 - 5 p.m., 'Iole

Come join us for a presentation and workshop on

how to build a grey water system that captures

washing machine, sink and shower water

to use in your garden.

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## 1st Kohala Team Competes in 2014 Ka Moku O Keawe Makahiki

It was a cold Waimea morning just past sunrise on Saturday, January 11, when Kohala's first ever group of middle school competitors joined other students from across the island to participate in Ka Moku O Keawe Makahiki in Waimea. This yearly event includes Hawai'i Island Makahiki games championships, a wellness and culture tent, and healthy food booths. These traditional Hawaiian games provide a fun way for youth to perpetuate Hawaiian culture while enhancing body, mind, and spirit.

Kohala's ten students and four adults were surprised they could see their frosty breath as they stood quietly together during the opening



—photo by Nancy Erger

**Kohala Middle School fielded a competitive team at the 2014 Ka Moku O Keawe Makahiki, the Makahiki games.**

**Front row L-R: Mehana Amina, Ashanti Corotan and Brianna Wehi Ryder**  
**2nd row L-R: Zazttaney Matsu, Sierra Shaw, Johnnette Emeliano, Angel Ramos, and Jeshua Shaw**  
**Back row L-R: Caylah Carvalho, Sakura Remsen, and Kelii Moku Maikui**

Middle School included 6th graders Mehana Amina, Ashanti Corotan, Brianna Wehi Ryder, and Sierra Shaw; 7th graders Kelii Moku Maikui and Sakura Remsen; and 8th graders Johnnette Emeliano, Angel Ramos, and Jeshua Shaw. To paraphrase an introduction written by Jeshua, this was a group of "Na I'o 'o Kohala (Hawks of Kohala), following in the traditions of our ancestors."

As the sun warmed the Kahua Le'a (playing field),

so did the competitive spirit of the students who were each entered in three or four events, including both games of skill and games of strength. From konane, a form of checkers, to uma, arm wrestling in the prone

position, Kohala's small but mighty home team did very well. Unofficial scores available at the Kohala Mountain News deadline date showed Kohala students winning four 1st places, six 2nd places, four 3rd places, and one 4th place in three divisions (6th grade female or male; 7th or 8th females; 7th or 8th males).

Student reflections shared many positive thoughts about this experience. "The best part of Makahiki was seeing everyone having fun

and having the best experience with other schools," reflected Zaz Matsu. "Go try it out. It was really fun and a good experience," encourages Angel Ramos to other students. According to Caylah Carvalho, who came to support her friends, "I feel that everyone gave their 110 percent and tried their best!" (The



**Ashanti Corotan takes careful aim at moa pahe'e (dart sliding).**



—photos by Kevin Cochran and Chris Michaelis unless otherwise noted  
**Angel Ramos, Jeshua Shaw and Zaz Matsu present ho'okupu (gifts) during the opening ceremony.**

protocol, waiting to present their team and share their oli. Led by 8th grader and Alaka'i Zazttaney Matsu, the entire group chanted with pride, knowing they were the first team to represent their home district at this seasonal event. Other participants from Kohala

teachers agree!

Participation in this special event was made possible due to Kohala teachers Chris Michaelis and Drew Henderson, and behavioral health specialist Kevin Cochran, all three of whom accompanied the students. The Growing Pono Schools Project's Randee Golden, who is working on a grant to promote culture-based education, provided food and moral support. The school has been holding Makahiki competitions between their Advisory Hale (Houses) for the past three years.

Mahalo nui loa to Moku o Keawe Makahiki event coordinator Keala Kahuanui and the multitude of volunteers who helped run these games. Hundreds of students were able to enjoy friendly competition, meet new people, and experience the spirit of Aloha, Kōkua, Mālama, and Mahalo at its very best!

See more Makahiki photos, page 11



**Brianna Wehi Ryder focuses intently at konane (Hawaiian checkers).**

**Kathie Babben**

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## KHS Student Credit Teaches Financial Literacy Essentials

By Genevieve Boyle

Courtesy of *Ka Leo Na`Opio*

The Student Credit Union provided a financial literacy class for their members this winter break. The classes were held on December 23, December 30, and

January 6 in the business/computer lab. A group of about 12 students attended the class. Jason "Chai" Wilson, Lakme Nishie and Nohea Kauka, employees from the Hawai'i Community Federal Credit Union, taught the classes.

The first class, taught by Chai, was about credit unions vs. banks and loans. Students learned about what is considered good credit, bad credit, and what kind of credit is needed for loans. Chai explained how credit unions profit from loans and the difference between credit union loans and bank loans.

The second class was taught by Aunty Lakme. Students analyzed credit scores and learned about understanding a pay check. They learned what components make up a credit score, how a good credit score is beneficial, and how to boost a credit score. Students went over the different methods of paying employees, payroll cards and how to read a paycheck stub.

The last day of class, taught by Nohea, was about Visa cards, account access, and Credit Union (CU) service centers. Students learned about the different types of cards available to them through the CU. They were taught how to set up an online account on eBranch and how to access mobile banking through it. Students gained knowledge about what CU service centers are and how to use them when away from their local branch. After the class, students enjoyed a delicious lunch provided by the Student Credit Union.

This class helped students gain knowledge on many things that would be beneficial for their future! It was a great opportunity for students to learn these important things that aren't taught in school.

*Ka Leo Na`Opio is the online newspaper for Kohala High School. See more at [www.kaleonaopio.com](http://www.kaleonaopio.com).*

### More Makahiki Photos!



Jeshua Shaw heaves-ho at `o`o ihe (spear throwing)



Sierra Shaw takes the opportunity to have fun with friends.



Johnnette and Sakura practice pa uma (standing arm wrestling).



Zaz Matsu concentrates on staying centered at huki papa (tug 'o war on a balance board).

## North Kohala History Series Begins at Library

North Kohala Public Library in Kapa`au will present a series of three "talk story" sessions on Hawai'i's History with North Kohala historian, Boyd D. Bond, in February, March and April 2014.

The first session—Monday, February 10—will focus on the life of Keeaumoku, the kingmaker. In this presentation Bond will explore the role of Keeaumoku, Queen Kaahumanu's father, and the man behind the throne bringing Kamehameha to power. In the second presentation—Monday, March 24—Bond plans to talk about "Hawaii's Ali'i Women." The final program in the series—Monday, April 21—will focus on Hawai'i in wartime and examine the impact of the Civil War, World War I and World War II on Hawai'i.

Each hour-long presentation will begin at 6:30 p.m.

Boyd Bond's knowledge of Hawai'i's history stems from his academic studies and from a lifetime spent in Hawai'i as a sixth generation descendent of early western settlers in Hawai'i. Boyd was raised in Hawai'i in a sugar plantation family, living on plantations throughout the state.

Of his interest in Hawaiian history Bond says, "I can't ever remember a time when I wasn't immersed in it. Many of the stories of Hawai'i's history are also our family stories." Bond earned a BA in Hawaiian history from the University of Hawai'i at Manoa and went on to earn a masters degree in education.

Call the North Kohala Public Library at 889-6655 for more information and to register for the program. Contact the library three weeks in advance if a sign language interpreter or other special accomodation is required.

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## News from Kenji's House

The Kohala Artist's Co-operative recently moved out of the upstairs gallery space in the historic Yokoyama family home in Kapa'au, known as "Kenji's House." Seven years ago, eight local artists banded together to create their own gallery in a co-operative fashion—combining resources, talents and labor. Since 2006, over 40 local artists have been strengthened professionally and spiritually by committing to this fun and provocative group effort. The gallery has hosted many openings for member artists as well as open community shows (children and elders!) for Christmas and Valentine's Day. Theatre productions, children's art classes, tango lessons and home school classes have all enjoyed the atmosphere at Kenji's house, where art and beauty permeate this quiet, off-the-road environment. A small exhibit of Kenji Yokoyama's, shell, rock and driftwood sculptures still offer visitors and local friends a special look at one man's view of the marine world of Kohala, as he interpreted it through his art and writing.

Malia Welch and Catherine Morgan continue to hold studio workshop spaces on the grounds at Kenji's House. Catherine teaches a Toddler Parent Playgroup Tuesday mornings from 9:30 to 11:30 a.m. in the tent and Wednesday afternoon Art Class for kids ages 4 to 10 from 3 to 5 p.m. Please call Catherine Morgan for details (960-3597). She also offers basic printmak-

ing classes for anyone interested.

Malia Welch continues her work as a photographer/graphic artist, textile enthusiast and tango teacher, coordinated out of her office/studio there. She can be reached at maliawelch@gmail.com.

A small reference library of many donated arts and crafts books continues in the studio space. The public is encouraged to come by and browse. Many thanks to all of the artists, all from Kohala, who built out co-operative effort! Stay tuned. We're still here!

North Kohala Artist's Co-operative Members since 2006 include Malia Welch, Catherine Morgan, Roz Maxx, Robbie Maxx, Ken Couling, Mary Sky Schoolcraft, Laura Daniels, Ted Jankowski, Rebecca Buck, Gale Scudder, Susan Grant, MK Chandler, Erin Brown, Carolyn Lancaster, Julie McCue, Rick Eveleth, Justin Gonzalez, Tom O'Connor, Elyse O'Connor, Nany Botticelli, Michele Weyrick, Marian Tompkins, Susan Kobsev, Beth Bohn, Scott Olson, Isaiah Price, Artist Blake, Laurie Goldstein, Thomas Chambers, Terry Adkinson, Angel Teodoro, Gabrielle Cinelli, Cedric "The Frenchman," and Rebecca Lux.

Supporting Members include Stefan Pastuhov, Kimberly Leopold, Richie Riggs, Jack Boyle, Susan O'Malley, Mele Waikiki, Jocelyn Zaretsky, Mike Felig, Elijah Rabang, Kealohi Matthey, Sculptor Rocky, Keola Gomes, Greg Pontius, Carole Jean, and Giselle.

## Teen Writes About the Threat of Suicide

Dear Reader,

The last thing anyone wants to do is hurt their loved ones. Teens these days don't think about what they're doing and think that they know how to solve their temporary problems permanently, through suicide.

Depression is one of the leading causes of suicide. Many people fail to acknowledge that they are sick and fail to seek help. Studies show that almost 4,400 lives between the ages of 10 and 24 are lost to suicide each year.

People these days don't understand that permanently solving a temporary problem is not the right answer. The majority of suicides are because of bullying, abuse, clinical depression or exposure to suicidal behaviors from others. Depression may not seem like a serious illness, but it leads to self-abuse,

and that can lead to taking one's life.

The majority of suicidal warning signs are common and hard to catch. Significant weight loss or gain; a sudden, unexpected switch from being sad to very calm or appearing to be happy; or losing interest in things one used to care for are some signs of suicidal behavior.

Please, if you know anyone who shows warning signs, finds no point in life, or attempts to commit suicide, encourage them to seek help. Telling the person that they're wrong or that they have a lot to live for is something that you shouldn't do. Inform others about depression and suicide. Who knows, maybe even you can save a life.

Sincerely, Malia, 7th-grade student  
*Students in Mr. Anderson's class are encouraged to write persuasive letters about topics that are meaningful to them.*

## Chris' Corner

### Hermann Fernandez is a Mainstay for Kohala Tennis

By Chris Brown

This month I met with Hermann Fernandez, a dedicated man who has been coaching tennis in Kohala for approximately twenty five years. Hermann first became involved with Kohala tennis when Gus Ogasawara restarted the program in 1989. Back then, Gus worked with the boys' team and Hermann coached the girls' team.

While Hermann has played many sports, the only sport he has coached is tennis. Over the years, he has worked with a variety of age ranges from four-year-olds to adults. He finds that working with kids is very rewarding. Hermann enjoys the kids especially when he witnesses their funny ways, and he loves to see them laugh and smile from a sense of accomplishment. He watches as his players develop relationships and achieve goals, some of which he has helped them to realize.

Hermann believes that one important aspect of being an athlete is commitment on the part of a player. "If they are to succeed, they must commit," he states with conviction. He spends numerous hours working with his players and emphasizes that each player is responsible for himself or herself.

Hermann has noticed changes in coaching in his twenty five years. One of these concerns is liability, which is always in the forefront of his mind. He also has noticed that the technical aspects of tennis are much better understood and disseminated to the coaching profession via the internet.

He faces challenges in his tennis coaching. Finding court time that makes "everyone" happy, or at least tries to accommodate everyone, is difficult. Since Kohala has only two courts available for both the tennis team and others who enjoy the game, the scheduling of practices becomes a real headache.

Hermann tries to keep practices exciting and interesting. Tennis is a high-skill sport, and you need an opponent or partner who is highly



—photo by Chris Brown

Long-time Kohala tennis coach Hermann Fernandez takes a moment away from giving lessons at the Kohala tennis courts to smile for the camera.

skilled in order to keep improving.

As Hermann continues in his coaching endeavor, he keeps trying to develop young talent so that his students will be ready to play at the high school level. He also strives to set up more tennis matches with other tennis clubs on the island. He has had a player who has finished in third place in the BIIF, and Kohala has been represented at the state tournament in fifteen of the last seventeen years.

Hermann believes that kids should experience every sport they possibly can, and be sure to give one hundred percent when trying anything new. After this trial, kids can then choose their first, second or third favorite sports and decide to which one(s) they can commit.

Hermann feels that "it takes a village" to support a team tennis effort. He wishes to thank all of the people who have helped create and maintain the tennis program. He gives special thanks to Gene Becker, Jessica Brown, Jade Hoopai, Celeste Keys, and Gus Ogasawara. And we thank you, Hermann, for all you do.

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Hefty Foam Plates, 8-7/8 in., 50 ct.	3 <sup>19</sup>
Kingford Match Light Charcoal, 6.7 lb.	7 <sup>49</sup>
Saran Wrap Cling Plus, 200 sq. ft.	2 <sup>39</sup>
Sparkle Paper Towels, single roll	2/2 <sup>39</sup>
Sun Liquid Detergent, 188 oz.	8 <sup>99</sup>
Zest Soap, 3 pk.	2 <sup>59</sup>

**Beer/Wine/Liquor**

Budweiser, 18 pk., bottles or cans	15 <sup>99</sup>
Coors, 30 pk., cans	23 <sup>99</sup>
Corona, 12 pk., bottles	14 <sup>99</sup>
Heineken, 12 pk., bottles	13 <sup>99</sup>
Natural Beer, 24 pk., cans	16 <sup>99</sup>
Rolling Rock, 30 pk., cans	20 <sup>99</sup>
Steinlager, 12 pk., bottles	11 <sup>99</sup>
Barefoot Wine, 750 ml.	2/10 <sup>99</sup>
Folie Menage, 750 ml.	8 <sup>99</sup>
Mark West Wine, 750 ml.	9 <sup>59</sup>
Yellowtail Wine, 750 ml.	5 <sup>99</sup>
Bacardi Rum, 750 ml.	12 <sup>99</sup>
Jim Beam, 750 ml.	11 <sup>99</sup>
Jose Cuervo Tequila, 750 ml.	15 <sup>99</sup>
Karkov Vodka, 1.75 liter	12 <sup>99</sup>
Smirnoff Vodka, 750 ml.	12 <sup>99</sup>

## Delphina Dorrance Becomes Kokolulu Farm and Cancer Retreats' Newest Board Member

Delphina Dorrance is directly involved and dedicated to the development of educational, artistic and cultural programs, with a primary focus on the Big Island of Hawaii. She applies entrepreneurial skill in the development of childhood education, the teaching and the practice of holistic health and life skills, and the celebration of creative, sustainable, healthy community-minded living.

Her current non-profit activities include being: vice-president and board member of Heartwood Institute, an educational residential holistic healing community in Northern California; board member of Ohana Homeschool Cooperative, a family centered nature and Waldorf-inspired experience for 2- to 6-year-olds in North Kohala, Hawaii; co-founder of Perspectives, an educational enrichment association for North Kohala; and new board member of Kokolulu Farm and Cancer Retreats Center in North Kohala.

Delphina is also the co-founder and co-owner of the Blue Dragon Restaurant in Kawaihae, Hawaii, an award-

winning al fresco dining, live music and dancing destination that features nutritionally prepared local, organic, globally-inspired cuisine and Big Islands' top musical performances; founder of Blue Dragon Bodywork, a mini eco-spa providing a spectrum of licensed massage therapy modalities; co director of Touching The Earth, a land and real estate management company in North Kohala; and owner and founder of the up-and-coming Kohala Wishing Well Farm, fermented products for health and beauty.

Delphina serves on the Board of the Dorrance Family Enterprises and the Dorrance Family Foundation providing guidance and recommendations on foundation programs. She has a BA from Ithaca College, is a licensed massage and aquatic bodyworker, a licensed Realtor with Kohala Pacific Realty of Hawi, HI, has been the principal bassist with Kamuela Philharmonic for eight years, and has a passion for exterior and interior design. She resides in Hawi, Hawaii with her husband Bennett and three young children.



Delphina Dorrance

## NORTH KOHALA EAT LOCALLY GROWN

Growing a Local Food System in North Kohala

### FEBRUARY EVENT

#### HOW TO BUTCHER A CHICKEN AT HOME WITH PALILI 'O KOHALA

Saturday, February 15, 2014  
10 am - 2 pm

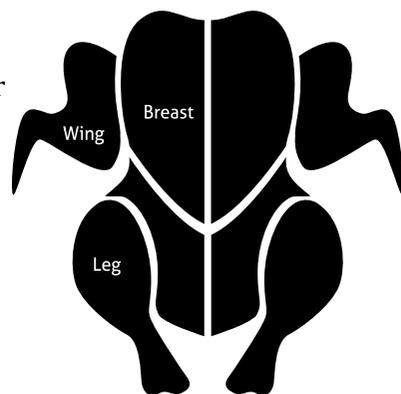
\$10 per person, advance registration required.

Kohala Intergenerational Center, behind Kamehameha Park Gym

Do you have chickens at home, but don't know how to butcher and prepare them? This workshop is for you!

This is a hands-on workshop. We will be butchering and freezing chickens for a March 1st event. You will learn, but will not take home chicken.

\$10, advance registration required at [foodhubkohala.org](http://foodhubkohala.org) or call Karla at 808-224-1404.



Check out our new website [FoodHubKohala.org](http://FoodHubKohala.org)  
Events! Equipment Share! Food Share!

The North Kohala Eat Locally Grown Campaign is a project of the North Kohala Community Resource Center and is sponsored by the County of Hawai'i, County Council. This event is co-sponsored with Palili 'O Kohala and the Kohala Intergenerational Center.



## Kohala High School 2013 - 2014 Winter Sports Schedule

### Girls Basketball

Date	Day	Time	Opponent	Bus
Dec 10	Tuesday	6:00p v. only	vs Laupahoehoe	
Dec 17	Tuesday	6:00p @	Pahoa	3:00p
Dec 30	Monday	6:00p @	Hilo	3:00p
Jan 04	Saturday	6:00p v. only	vs Hawaii Prep	
Jan 08	Wednesday	6:00p @	Kau	1:00p
Jan 11	Saturday	6:00p @	Waiakea	3:00p
Jan 14	Tuesday	6:00p vs	Kealakehe	
Jan 17	Friday	6:00p v. only @	Konawaena	3:00p
Jan 20	Monday	6:00p vs	Kamehameha	
Jan 24	Friday	6:00p vs	Honokaa	
Jan 28-Feb 1	Tues, Fri, Sat	TBD	Playoffs	
Feb 05-08	Wed-Sat	TBD	HHSAA (oahu)	

### Boys Basketball

Jan 03	Friday	6:00p @	Keaau	2:30p
Jan 07	Tuesday	6:00p @	St. Joseph	3:30p
Jan 10	Friday	6:00p vs	Pahoa	
Jan 15	Wednesday	6:00p @	Hawaii Prep	4:00p
Jan 18	Saturday	6:00p vs	Hilo	
Jan 21	Tuesday	6:00p vs	Kau	
Jan 25	Saturday	6:00p vs	Waiakea	
Jan 27	Monday	6:00p @	Kealakehe	4:00p
Jan 30	Thursday	6:00p vs	Konawaena	
Feb 05	Wednesday	6:00p @	Kamehameha	2:30p
Feb 08	Saturday	6:00p @	Honokaa	4:00p
Feb 14 & 15	Fri, Sat	TBD	Playoffs	
Feb 19 - 22	Wed - Sat	TBD	HHSAA (Oahu)	

### Boys & Girls Soccer

Dec 07	Saturday	2:00/4:00p	vs Waiakea	
Dec 11	Wednesday	2:00/4:00p @	Honokaa	12:00p
Dec 14	Saturday	2:00/4:00p	vs CLA/East Pac	
Dec 18	Wednesday	3:00p b. only	vs Parker	
Dec 21	Saturday	10:00a b. only @	Haas	7:00a
Dec 28	Saturday	1:00/3:00p @	Kau	8:00a
Jan 02	Thursday	5:00/7:00p @	Konawaena	2:00p
Jan 04	Saturday	2:00/4:00p @	Hilo	11:00a
Jan 08	Wednesday	2:00/4:00p @	Makua Lani	12:00p
Jan 11	Saturday	2:00/4:00p @	Keaau	10:30a
Jan 18	Saturday	2:00/4:00p	vs Kamehameha	
Jan. 21	Tuesday	2:00/4:00p	vs Kealakehe	
Jan-Feb 28, 30,1	Tue, Th, Sat	TBD	girl playoffs @ higher seeds	
Feb 04, 06, 08	Tue, Thur, Sat	TBD	boy playoffs @ higher seeds	
Feb 05-08	Wed-Sat	TBD	girl HHSAA tourn / Oahu	
Feb 12-15	Wed-Sat	TBD	boy HHSAA tourn / Oahu	

### Boys & Girls Swimming

Dec 14	Saturday	10:00a @	Hawaii Prep	
Jan 04	Saturday	10:00a @	Kona aquatic center	
Jan 11	Saturday	10:00a/2:00p @	Hawaii Prep	
Jan 18	Saturday	10:00a @	Kamehameha	
Jan 25	Saturday	10:00a @	Hilo High	
Jan 31	Friday	3:30p @	Kamehameha (BIIF trials)	
Feb 01	Saturday	1:00p @	Kamehameha (BIIF finals)	
Feb 14	Friday	3:30p @	Kamehameha (HHSAA trials)	
Feb 15	Saturday	1:00p @	Kamehameha (HHSAA finals)	



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"Awesome, Thanks April; I know you and Jeffrey have worked very hard for us, and I respect your knowledge of the area and appreciate all your help very much." **Jay C.**

April K. Lee, RB, BA, CCIM, ABR, E-Pro in RE/MAX Hall of Fame and Jeffrey D. Lee, RS, Maintenance

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## Master Ning Ian Xiong - Teacher and Healer from China to Join Kokolulu Staff

Kokolulu Farm and Cancer Retreats (KFCR) announces Master Ning Ian Xiong will be joining the staff of the new medicine-less healing program in Hawi.

KFCR recently received a grant from the Dorrance Family Foundation to begin a medicine-less healing program at KFCR. In the past KFCR's focus has been dealing only with cancer diagnoses. This new program will have an expanded vision and is available to all interested persons; the cancer program will continue as well.

Beginning February 5 Master Ning will be spending six months at the Kokolulu Retreat Center to help insti-

tute the new medicine-less healing program. He will be offering daylong, weekend, and ten-day retreats as well as private healing sessions at Kokolulu in Hawi.

Master Ning is an internationally recognized teacher and healer who received his training from a variety of Grandmasters in China at the world's largest qigong hospital. This "medicine-less" hospital, Huaxia Zhineng Qigong Clinic & Training Center, treated over 200,000 patients—with over 185 different illnesses—with a 95 percent effective improvement rate. Master Ning was a teacher and healer at the Center where he treated many thousands of

"students," as the patients were called. Many of these people had cancer and other severe diagnoses. At times he would teach to groups of as many as 6,000 students at once!

Master Ning decided he wanted to learn a way to help people heal and live healthy lives after watching his mother die of cancer. He observed thousands of cases of chronic and "incurable" diseases being healed at the Zhineng Hospital and became a student of Grand Master Ming Pang (founder of Zhineng Qigong and the medicine-less hospital) and others.

He has since witnessed profound healing experiences through his dedication to the teaching and practice of qigong. Master Ning's teaching emphasizes activating the power of inner self-healing, which facilitates the release of chronic illness while improving health and well-being. Students experience a deep awakening and transformation through his teachings.

Ning is currently a teacher and healer at the Hexianju Qigong Centre on Hainan Island in China.

Come meet this gifted healer and teacher! KFCR is offering a free session (open to the public) with Master Ning on Sunday, February 9, from 5:30 p.m. to 7:30 p.m. at Kokolulu's Retreat Center in Hawi and Tutu's House in Waimea on Friday, February 7, from 5:30 p.m. to



—photo by Karin Cooke

Master Ning Ian Xiong, who will be joining the staff at Kokolulu Farm and Cancer Retreat to open their medicine-less healing program, displays his typical peaceful demeanor.

7:30 p.m.

The first workshops with Master Ning, to be held at Kokolulu, are scheduled for February 14 to 16 (\$225, limited accommodations available at extra charge) and March 11 to 20 (\$1,700 non-residential or \$2,500 residential/all-inclusive for the 10-day retreat).

Please contact Lew Whitney or Karin Cooke at 808-889-9893 for details or visit Kokolulu's web site: [www.kokolulu.org](http://www.kokolulu.org).

## Call for Sustainable Kohala MicroGrant Applications

*Sustainable Kohala is a local community network of those interested in promoting sustainability in North Kohala. We are excited to be able to offer MicroGrants of up to \$300 in 2014.*

*Local sustainability means that an area is designed, built and operates in a way that uses energy and natural resources efficiently and equitably, for both present and future generations of humans and other species.*

*A few examples of projects that might be funded with MicroGrants are: community garden supplies, seminar expenses for specific sustainability talks, sustainability instruction and related projects in schools, and reforestation project expenses.*

### Submission of MicroGrant Application

The grant application must be filled out electronically in Microsoft Word and submitted by April 30. Help is available to do so, if needed. After completing and saving the application, please **email your completed grant application as an attachment** along with any additional supporting documents to: [mellanie.lee@gmail.com](mailto:mellanie.lee@gmail.com). We can only accept submissions electronically at this time.

*Please read the following instructions carefully; fill out the application completely. Failure to fill out the application may delay or make your application ineligible. **Projects must be focused on local sustainability and will not be considered if solely for commercial gain.** If the project is charitable in nature but money is being raised through some aspect of your project or event, please explain in your application how the project-generated funds will be allocated to benefit the project's intended recipient(s).*

**NOTE:** Only one application per individual will be accepted. Multiple applications will be allowed from organizations or institutions such as schools,

churches or non-profits that are submitted by various individuals for different projects.

### Judging

Grants will be reviewed and judged by the Sustainable Kohala Steering Committee. Award winners will be notified within 30 days of the grant deadline.

### Required Documentation by Award Winners

Part of our motivation in funding sustainability MicroGrants is to support a dynamic range of people and projects. All grant award winners will be required to:

- provide photographs and/or video documentation of the funded project
- work with Sustainable Kohala Committee to develop a public presentation of your work (e.g. video, an article with pictures for Kohala Mountain Newspaper) that highlights the success of your project.

### Questions/Problems

If you are having problems filling out the grant application or have any questions about the MicroGrant, please email us at [mellanie.lee@gmail.com](mailto:mellanie.lee@gmail.com) or call Mellanie at 889-5723.

## NORTH KOHALA COMMUNITY RESOURCE CENTER

### In December:

- The Russell Family Foundation supported Kohala Agricultural School Program, Kohala Robotics and Kohala Equine Education Center.
- The Dorrance Family Foundation supported Kohala Food Forum and Hawaii Music and Arts Conservatory.
- The Nanea Foundation supported KHS Aquaculture and Experiential Learning Abroad.
- The Kahiau Foundation supported Keiki Yoga Kohala, Sage Farms, KHS Aquaculture and 'Ohua o na Kia' i no na Keiki o ka 'Aina.

**Watch for our Annual Report in your post office box in early February!**

You can support our projects and the Center with a tax-deductible donation to NKCR, P.O. Box 519, Hawi, HI 96719 • 889-5523 • [www.northkohala.org](http://www.northkohala.org)

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4th Saturday: 10:00 - 12:00  
**Free Community Meal:**  
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## Kohala Real Estate Market Picks Up Strongly in 2013

By Beth Thoma Robinson

The number of homes sold in 2013 in Kohala was 50 percent higher than in 2012. From Puakea to Niulii (and excluding the lower Kohala communities like Kohala Ranch and Kohala By the Sea), there were 48 homes sold, compared with 32 residential properties in 2012.

At the affordable end of the market, 29 out of the 48 home sales in Kohala in 2013 were under \$350,000—and six of these sold for less than \$202,000. In the middle range of the market, six homes were sold at prices above \$350,000 but below \$500,000.

The real estate picture already looks dramatically different at the start of 2014. While 35 homes sold below \$500,000 in 2013, there are currently only 12 active listings in this price range. Only one is under \$200,000. As in many markets across the U.S., Kohala is experiencing a shortage of housing for sale. A four-month inventory means that prices are likely to trend upward.

The market for homes in the \$500,000 to \$900,000 price range was up slightly, with 12 sales in 2013 compared with 10 in 2012. Typically these are homes on acreage. Two homes sold in Niulii in this price range. At the other end of Kohala, two homes sold on Beers Road, and one in Maliu Ridge. Most interesting is that one property counted twice. The buyer of the Kahei Road property with two

residences (Dr. Eveleth's house and The Barn) split the property and sold Doc's house separately to a new owner.

The only sale over a million dollars in 2013 was a home at Puakea Bay Ranch that sold for \$1,450,000.

Distressed properties—either “short sales,” where the listing agent assists the homeowner in negotiating with the lender to sell at less than is owed on the mortgage, or “REOs,” where the bank owns the property after foreclosure—represented a significant segment of the residential real estate market in Kohala in recent years. In 2011 to 2012 about two out of every five Kohala home sales involved a bank. In 2013, that dropped to only one out of five.

**Vacant Land Prices Down, Sales Up**  
Sales of vacant land—from 15,000 square feet residential building lots to larger ag-zoned acreage—were the big story in 2012 and an even bigger story in 2013. A total of 26 lots sold in 2013, versus 17 in 2012 and only 10 in 2011.

The price range was much narrower in 2013, from \$139,000 to \$725,000, whereas in 2012 the highest sale was an oceanfront parcel for \$3.2 million!

New offerings proved popular. Three more lots sold in the new Kapua subdivision next to Takata Store; there is only one lot still available. Surety Kohala released seven lots at the top of Kapa`au Rd (Waterworks) in December

2012. All seven sold quickly at prices from \$180,000 for one acre to \$600,000 for 44 acres. Many of the buyers were local; mainland buyers could not get here quickly enough for these deals.

The other change in vacant land sales in 2013 was the number of sales in gated communities. Two 20-acre lots sold in Puuepa Ranch (Lincoln Avenue makai) for \$460,000 each. Three 10-acre lots sold in Puakea Bay Ranch for under \$300,000 each. And a 20-acre lot sold at the Ranch at Puakea for \$646,000.

The highest priced sale of raw land in 2013 was actually a bank-owned property, 66 acres entered via Maliu Ridge, for \$750,000.

Of the three vacant lots in escrow at the start of 2014, two of them are small, foreclosed properties—one on Omachi

Road and one in Maliu Ridge. The other is at Puuepa Ranch.

There are 34 active land listings in Kohala, but with a distribution very different than last year's sales. The median price of land sold last year was only \$299,000, while the median price of active listings is \$795,000. In fact, the only listings below last year's average are the remaining Kapua lot, a Hawi town lot, two acres on Kahei Road, and a Maliu Ridge lot.

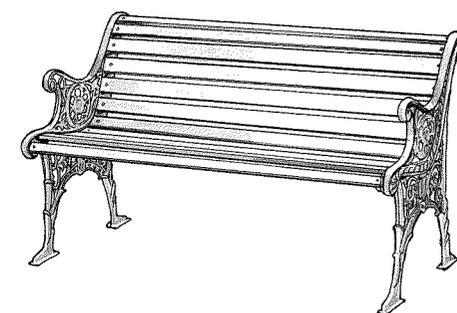
Two new subdivisions are pending final subdivision approval. The Hawi Nani subdivision will have six lots, 20 acres and more, priced in the \$600,000 to \$700,000 range. The Mahi'ai subdivision makai of the new library will have 10 lots of two to three acres, priced from \$285,000.

## Students Improve KHS One Bench at a Time

By Josiah Adams

*Courtesy of Ka Leo Na `Opio*

Students and teachers are so busy all the time whether it's with PTP (Personal Transition Plan), senior project, homework, or sports. Sometimes it may be best to just sit down and take a minute or two to enjoy the day. Our very own students are making this



possible, one bench at a time.

Newly built benches can be found on the soccer field, courtesy of students involved with the construction classes. Thanks to these students there are now enough benches to seat entire sports teams during games and practices.

Even more recently, three benches have been built near Ms. Hoy's and Mr. Kometani's room on campus. This was all part of Koa Bartsch's (Troop 56) Eagle Scout project. Providing students more areas to sit is the most recent in a long line of Eagle Scout projects at the school.

So next time you sit down on one of these benches be sure to enjoy the day and be thankful for the students who made them.

*Ka Leo Na `Opio is the online newspaper of Kohala High School. See more at [www.kaleonaopio.com](http://www.kaleonaopio.com).*

# Inventory Clearance Sale

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## David Ebrahimi Receives 2014 "Sustainable Local Business Award"

By Natalie Young

Can any of us escape the conditioning of our "throw away" society? Are we caught in the trap of "disposables" that fill up our trashcans, garages, yards and landfills?

Who remembers a time when quality, durability and lifetime guarantees were the values most considered when buying something?

An example of someone remembering those values is David Ebrahimi, whose business card urges, "Don't throw it away, sharpen it." On Wednesdays and Saturdays he can be found outside Sunshine Hardware under his canopy, sharpening all kinds of tools and knives, even chain saw blades.

David is being honored because Sustainable Kohala encourages:

- Reuse and repair rather than consumption
- Face-to-face contact with customers
- Leaving a small carbon footprint

• Creative solutions to local needs  
When asked what motivates him, he chuckled. "My friends here, my `ohana, they were throwing their knives away. I didn't like using dull knives when visiting, so I began to sharpen them."

A deeper motivation comes from his commitment to sustainability. "I was raised by my grandparents," he explains, "who told stories about the Great Depression of the 1930s when millions of people were plunged into poverty. They taught me how to fix things and make do."

"The biggest growth industry should not be public storage. We buy so much stuff, fill up our garages and then buy storage units. How crazy is that?" he said.

David likes to see people acquire quality tools and learn how to care for them. He remembers the old days when there were many tradesmen offering affordable tool repairs and maintenance to residents, like fixing umbrellas. He

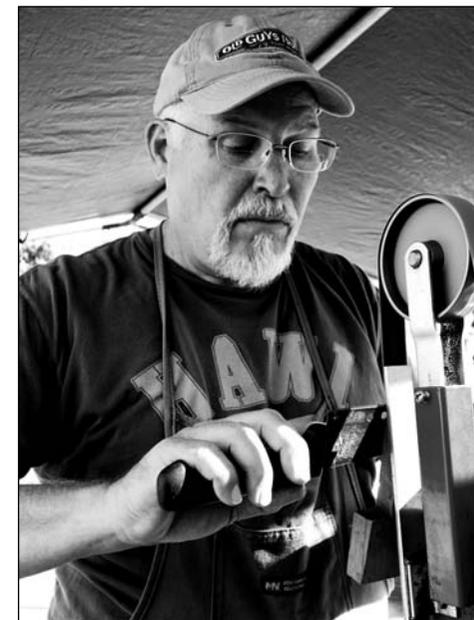
sees that approach coming back because the economy has changed.

David started woodworking in his 20s, when quality tools were still made in the USA. He sharpened all of his woodworking tools and gradually acquired fine sharpening equipment.

Today he enjoys helping home cooks, sous chefs, gardeners, farmers and a lot of local folks who bring him antique implements and tools from the plantation days.

David says people really appreciate his work. He thinks it is fun to provide such a service, talk story and encourage sustainability in the community.

*Kohala resident David Ebrahimi meticulously sharpens a knife, bringing it back to life as a functional tool. Ebrahimi has committed himself to providing sharpening services so people will not throw away tools that, with a little maintenance, are still valuable.*



—photo by Tim Head

## Drug Abuse Specialist to Share Prevention Strategies

The North Kohala Public Library will host "Parenting for Prevention" lecture at 6:30 p.m. on Monday, February 24. Chris Kelly, founder of Prevention PLUS, will offer important educational information about parenting drug-free

kids in a drug-filled world.

This program is for parents, foster parents, guardians, family members, teachers, administrators, coaches, and counselors of all children from elementary school to college age—not just those



—photo courtesy of Chris Kelly

*Chris Kelly is the founder of Prevention PLUS, a drug education and prevention program targeted at children from elementary school through college age.*

who are using drugs. It will provide practical information about teenage substance

use and abuse. Attendees will learn how to deter experimentation and how to detect and react if use does occur. Kelly will present the most up to date science-based information to encourage healthy, sensible choices. The session will conclude with questions and answers.

Kelly has been a substance abuse specialist for more than 20 years and has dedicated his life to prevention education because he knows how difficult it is to recover from an addiction. For more information about Kelly and his work go to [www.preventionplus.info](http://www.preventionplus.info).

Contact the North Kohala Library at 889-6655 for further information on this program or to request special accommodation.

## In Days Gone By

*Editor's Note: Kohala Mountain News has been perusing archived issues of newspapers to find some of Kohala's news from yesteryear.*

**100 Years Ago** - from *THE KOHALA MIDGET*

January 7, 1914 - Many sightseers have been making the trip to Mahukona to see the inter-island steamer Kauai fast on the rocks in the harbor. Early last week she broke in two and the bow sunk [sic]. We understand that she was the oldest ship of the inter-island fleet, having been in the service about thirty years. She was valued at \$60,000, which certainly is high enough for such a collection of junk.

January 21, 1914 - The annual meeting and church supper of Union Church, Kohala, at the Manse, last Wednesday evening, occurred 49 years after the first service for foreigners, held by Rev. Elias Bond, in a schoolhouse on the plantation and about 35 years after the organization of the church, one year after the Rev. Isaac Atherton relieved Elias Bond as pastor.

**50 Years Ago** - from *Ka Maka O Kohala*, published by Kohala Sugar Co. January 10, 1964 - Jan Lei, weigh-

ing 9 pounds, 6 ounces, arrived to Mr. and Mrs. Sylvester Paalua, Jr., on January 7. Sylvester is a millyard crane piler operator.

January 24, 1964 - Linda Shunk is Kohala High School's 1964 Betty Crocker Homemaker of Tomorrow. She achieved the highest score here in a written knowledge and attitude examination given December 3, 1963. Her test paper will be entered in competition for state honors.

January 31, 1964 - Mrs. Frances Hasegawa, Kohala High School 6th grade teacher, has accepted a part time job as Kohala's reporter for the *Tribune Herald*. She is replacing Violet Kaiawe, who has served our district for the past five years. Mrs. Hasegawa was a reporter for the California Daily during her college days.

**5 Years Ago** - from *Kohala Mountain News*

January 26, 2009 - Approximately 150 people gathered on Saturday, January 10, at the Kynnersley Road flume to celebrate the Kohala ditch restoration project. Ed Boteilho led the ceremony honoring all parties who worked on the ditch for the past two years to get water flowing again after the 2006 earthquake.

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## THE WEIGHT IS OVER

Kona Metabolic & Bariatric Surgery Center

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### FREE SEMINAR

**MORBID OBESITY** is a complex disease. Join the *Kona Metabolic & Bariatric Surgery* team for an informative overview of our new comprehensive weight-loss program including medically managed and surgical weight-loss options now being offered by Kona Community Hospital and Ali'i Health Center. Seminar followed by Q & A.

Surgical options available:

Lap Band Procedure • Laparoscopic Gastric Bypass • Laparoscopic Sleeve Gastrectomy

WHEN: Monday, January 27  
TIME: 6:30 pm - 8:00 pm  
WHERE: Kona Community Hospital  
Administration Bldg., Conference Room 2  
79-1019 Haukapila St. • Kealahou • 96750

Future Seminar Dates:  
January 27  
February 24  
March 24



Alii  
Health  
Center



KONA  
COMMUNITY HOSPITAL

Seating is limited, so please call!

747-8321 (option #2) to register or for information

Physicians are on the medical staff of Kona Community Hospital and are employed by Ali'i Health Center.

## Kohala High School's Welcoming Podium Has Been Completed

By Janette Snelling

A rock wall sits in the courtyard of Kohala High School (KHS) fronting the flagpole by the school's office.

The wall started as a dream in 1970 by the KHS Lettermen's Club to have a "welcoming podium" for visitors to the school, complete with information plaques to provide visitors with the historical information about the school and community. Due to a lack of funding the podium remained unfinished, leaving students, faculty, and visitors wondering about its purpose.

After 43 years, the welcoming podium is now finished and stands proudly in the grassy courtyard of Kohala High School next to the flagpole. Finally, an official school sign for KHS is complete, including its mascot, "Cowboys," engraved in bronze, with a beautiful silhouette of a cowboy accompanying it.

The three bronze raised letter plaques at the top of the podium provide a rich history of North Kohala. For example, the KHS Alma Mater was originally written in 1926 for the first graduating class and revised many times to what it is today. Many of the community's elders remember KHS as Honomakau School. Kohala's school history extends back to 1828, when there were 28 schools in Kohala extending from Awini to Mahukona. These "common schools" were single room buildings first made of thatch, then stone, and finally wood. Classes were taught in villages with one missionary teacher.

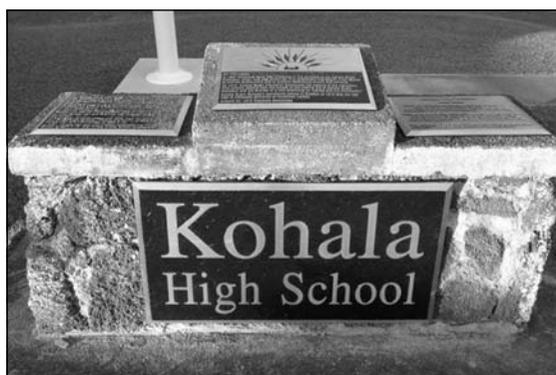
Through the passion of Reverend Elias Bond, the common (public) schools system was improved by formalizing education and even providing boys and girls' "select" (private) schools. As the population increased due to the sugar industry, the common schools grew in size and began consolidating into Honomakau School. Honomakau School changed its name to Kohala High and Grammar School in 1926.

Mr. Dennis Lewis—alumnus of KHS, the project's organizer, and member of Men's Leadership of Hawai'i (MLH)—traveled from O'ahu to make the formal

presentation to the student body on December 6, 2013. He shared a message of "living out your dreams," setting goals, and being a part of making things happen!

The podium represents the pride and honor students and alumni have for Kohala High School and the opportunities it provides. The intended message is one of pride, respect, inspiration, and most of all, the meaning of giving back.

Although the plaques and nameplates are completed and installed, complete funding has not been secured, with only a third of the costs being covered. Major contributors have included



—photo courtesy of Kohala High School

*Kohala High School's newly completed welcoming podium gives visitors and locals alike a taste of Kohala's educational history. The podium project began in 1970 and was finally completed in 2013.*

the Class of 2013, the 1973 Class Reunion, and an anonymous donation from a Kohala resident. If you would like to be a part of making a difference and giving back to your community, please consider a donation to the podium fund.

All tax deductible donations will be collected with much appreciation through the MLH Hawai'i Foundation. The Foundation takes on a variety of projects that benefit Hawaiian communities. Previous contributions in Kohala have included work at the Mo'okini Heiau and at the Hawi Jodo Mission Cemetery.

Please make checks payable to: MLH Hawai'i Foundation, c/o Kohala High School, P.O. Box 279, Kapaau, Hawai'i 96755. Earmark checks (bottom left of check) to Kohala High School.

## KOHALA CALENDAR

### February

- 1 Sat 8:30 am, "Walk in the Wild" w/ Gavin Harrison, by donation, at `Iole, 889-5151.
- 1 Sat 6:30-8:30 pm, "A Year to Live" informational mtg. about yearlong co-learning group, Intergenerational Center.
- 2 Sun 8-11 am, Robotics Super Bowl Sunday Breakfast, eat in or take out, Kohala High, Fern, 889-7117.
- 2 Sun 10:30 am, Metaphysical Church: 'The Immortality of the Love Relationship' Kohala Yoga, 54-3877 Akoni Pule Hwy, Rev. Lee, 889-5505.
- 3 Mon 4-5 pm, Beginning Qigong w/ Lew Whitney, every Mon., by donation, at `Iole, 889-5151.
- 3 Mon 6-7 pm, CDP Growth Management Subcmte. Mtg., public invited, old Bank of Hawaii bldg., Kapa `au.
- 3 Mon 6:30 pm, Kohala Watershed "What's up with the Ditch?" free, sponsored by One Island, North Kohala library, 889-6655.
- 3 Mon 7 pm, Al-Anon mtg., every Monday, lower level, Walker Hall, St. Augustine's, Laura, 884-5833.
- 4 Tue 8-9:15 am, Vinyasa Flow Yoga w/ Maya Parish, every Tue., by donation, at `Iole, 889-5151.
- 4 Tue 8 am, Heart's Reflection sitting meditation w/ John Gardner, every Tue., by donation, at `Iole, 889-5151.
- 4 Tue 6:30-8:30 pm, "A Year to Live" informational mtg. about upcoming yearlong co-learning group, Intergenerational Center.
- 5 Wed 4:30-6:30 pm, CDP Public Access Subcmte. Mtg., Senior Center, Ted, 889-5801.
- 5 Wed 5-6:30 pm, grief support group, Sindona Cassteel, MFT, ROSI Room at Luke's, 885-7547 for info.
- 6 Thu 2-4 pm, Lau Hala/Coconut frond weaving, & 4-5 pm beginning Hula w/ Auntie Mele, every Thu., by donation, at `Iole, 889-5151.
- 6 Thu 6-9 pm, Green Drinks Hawi, Kava Kafe, organic networking & pupus, Forrest, 987-2365.
- 7 Fri 10 am, Preschool Storytime, ages 2-5, every Fri., North Kohala library, 889-6655.
- 8 Sat 1-5 pm, Grey Water Technology workshop, free for Sustainable Kohala, `Iole, & One Island members, sliding scale fee for public, at `Iole, hawaii@oneisland.org.
- 10 Mon 5-6:30 pm, CDP Action Cmte. Public Mtg., former Bank of Hawaii bldg., Kapa `au.
- 10 Mon 6:30 pm, Hawai'i History by Boyd Bond. "Keeaumoku the King Maker-The man behind Kamehemeha," free, North Kohala library, 889-6655.
- 11 Tue 11 am, Book discussion "Let's Explore Diabetes with Owls" by David Sedaris, North Kohala library, 889-6655.
- 12 Wed 8 am, No. Kohala Merchants Association Mtg., Resource Center, public invited, Richard, 889-1112.
- 12 Wed 10 am, Homeschool Wednesday for students ages 6-12, also 2/26, free, North Kohala library, 889-6655.
- 12 Wed 5-6:15 pm, CDP Power, Viewplanes & Erosion Control subcmte. mtg, public welcome, Senior Ctr, Susan, 882-7611.
- 15 Sat 9 am-1 pm, Treasures Helping-Hand Store, Assembly of God, Hawi Rd., free meal: 10 am-1 pm, 889-5177.
- 15 Sat 10 am-2 pm, How to Butcher a Chicken at Home workshop, \$10, reg. in advance, Intergenerational Center, Karla, 224-1404.
- 15 Sat 4:30-6:30 pm, Free Grindz--Hot Meal, under the Hawi Banyans, bring a friend, Kohala Baptist Church, Sondra, 889-5416.
- 15 Sat 6-10 pm, Big Island's Got Talent fundraiser for One Holistic Place, Kawaihae Canoe Club, call 756-3883 for ticket info or www.One-HolisticPlace.org.
- 16 Sun 10:30 am, Metaphysical Church: "Out of Body Travel to the Stars," Kohala Yoga, 54-3877 Akoni Pule Hwy, Rev. Lee, 889-5505.
- 18 Tue 11 am, Whole Life book group discusses "Train your mind, change your brain," by Sharon Begley, North Kohala library, 889-6655.
- 19 Wed 4:30 pm, KMS SCC mtg., library, parents & community welcome, 889-7119.
- 20 Thu 6 pm, Kamehameha Day Cmte mtg, Resource Center, Hawi.
- 20 Thu 1:30-2:30 pm, Kohala Hospital Auxiliary Mtg., Hospital Pavilion, new members welcome, Dixie, 889-5730.
- 22 Sat 11 am-12:30 pm, Free Community Meal, St. Augustine's Walker Hall, Thrift Store open 10 am-12:30 pm.
- 22 Sat 6:30 pm, Film Night "The Island President - the story of climate change and the Maldives," w/ Gail Byrne Baber, co-sponsored by One Island & Green Faith, free, Walker Hall.
- 24 Mon 6:30 pm, "Parenting for Prevention, Raising Drug Free Kids," by Chris Kelly, free, North Kohala library, 889-6655.
- 25 Tue 5 pm, CDP Parks, Water & Roads Subcmte, public welcome, Senior Ctr., andi@hawaii.rr.com.
- 26 Wed 4-5:30 pm, Restorative Yoga w/ Carla Orellana, by donation, at `Iole, 889-5151.

Email calendar listings to kmncalendar@hotmail.com or call 884-5986.

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Lunch  
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**One Island Presents**

**WATER ~ the Source of Life**

**February Programs**

**Grey Water Workshop  
with Anna Birkas  
Sat., Feb/ 8th at `Iole, 1 - 5 p.m.**

**Film Night:  
The Island President  
hosted by Gail Byrne Baber at Walker Hall, St. Augustine's, Sat., Feb. 22nd, 6:30 p.m.; co-sponsored by Green Faith**

See all programs and RSVP at [www.oneisland.org](http://www.oneisland.org)

One Island 328-2452

## Alumni Football Pits Kohala Cowboys Against Honoka`a Dragons

On January 12, a day blessed with typical Kohala vs. Honoka`a football weather, the Cowboy and Dragon alumni teams went to battle again at King Kamehameha Park.

Thousands of fans, including family



—photos by Nicole Pasalo

Kohala High School Cowboys alumni are suited up and psyched up for another epic battle against their rival, the Honoka`a Dragons.

and friends, watched these SOLJAHS put their bodies on the line for their communities.

Players young, old, and really old (Sam Gusman of Kohala) strapped it up for one more chance at banging heads.

The day got off to a great start that moved both teams when Cowboy Eddie Venzuela proposed to his girlfriend of 10 years, Kanoë Conte, at mid field. Her response was "Of course; hehllllo!!!"

A stout defense led by Bully Fer-

gustrom and Eddie Kawamoto helped the Dragons force a couple of early Cowboy turnovers, which quickly gave the Dragons an early lead. They would hold on to this advantage for the rest of the game, besting the Cowboys with a final score of 21-10.

The scoring started early in the first quarter when Elijah Smith broke a bubble screen 50 yards for a touchdown. Daivah Domingo successfully kicked the point after touchdown (PAT) for a 7-0 Dragon lead.

Later in the half, poised Dragon quarterback Kinau Puhi threw his second touchdown pass to a streaking Thomas Derego, who broke a tackle and rumbled into the end zone for a 40 yard touchdown. Domingo again hit the PAT to make it 14-0, Dragons.

Midway through the second quarter the Cowboys were looking for a momentum shift, and they got it when Hauoli Alcoran sacked the Dragons' Puhi on the one yard line. The very next play, Chad Atkins lifted the Cowboys with a blocked punt that sailed out of the end zone, scoring a safety making it 14-2, Dragons.

The game tightened up and both teams were playing great defense for

a scoreless third quarter.

In the fourth quarter the Dragons seemed to have sealed it when Ola Ambrosio took a hand-off 25 yards to pay dirt. Ka`aina Bowman kicked the PAT to make it 21-2, Dragons.

The Cowboys didn't quit, and put together a drive with quarterback Billy Rodriguez connecting with Micah Ching for a couple of nice gains, putting the Cowboys at the one yard line. Billy Rodriguez sneaked it in for a touchdown bringing the score to 21-8, Dragons. The Cowboys lined up for two when Brandon



Bruce Ellazar is gang tackled for a short gain.

Carvalho picked up a fumble and raced to the corner of the end zone, closing the gap to 21-10, Dragons.

The game ended with both teams in the middle of the field embracing each other, knowing they left it all on the field and were going to pay for it the next day. At the end of the day, Alumni Football USA gave both teams an opportunity to make money to give back to their communities. All players hope they inspired the younger generations to take an interest in football and community. Bringing back PRIDE is the goal for everyone strapping it up for that one more chance at GLORY!



Cameron Kawai breaks a long kickoff return into Dragon territory late in the second quarter.



# Kohala Hospital Charitable Foundation



**February 15th, 2014**

Check-in: 7:15 am

Shotgun Start: 8:00 am

Followed by a Buffet Lunch at Arnie's  
Catered by:

**Hapuna Beach Prince Hotel**

All Inclusive Ticket (Golf, Lunch & Fun)

**\$195.00 per person**

Sign-up Form

Shirt Size: Male  Female  XXL  XL  L  M  S

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Check#: \_\_\_\_\_

DONATIONS, HOLE, AND TEE SPONSORSHIPS ARE WELCOME AND APPRECIATED

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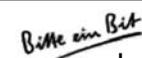
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## HAPUNA GOLF COURSE Scramble Golf Tournament

Participants will receive a very generous welcome gift bag.

### Team Prizes

- Winning 1st Team: \$600.00  
(\$150.00 to each winning team player)
- 2nd Team: \$400.00(\$100.00 each)
- 3rd Team: \$200.00(\$50.00 each)
- 4th Team: \$100.00(\$25.00 each)
- Longest Drive Men: \$100.00
- Longest Drive Ladies: \$100.00
- Closest to the Pin: \$50.00



### Player Prizes:

- Longest Drive Men: \$100.00
- Longest Drive Ladies: \$100.00
- Closest to the Pin: \$50.00
- One lady and one gentleman on designated hole

**Buy Mulligans: 1 for \$5.00, or 5 for \$20.00**

**Hole Sponsorship: \$100.00**

**Please make checks payable to: KHCF (Kohala Hospital Charitable Foundation)**

For more information contact Betty Meinardus at (808) 889-5304 or at [elsbethm@earthlink.net](mailto:elsbethm@earthlink.net)

Mail form and payment to Betty Meinardus, P.O. Box 10, Hawi, HI 96719



For more information and to register/pay online, please visit:  
<http://www.kohalahospitalgolf.com>

Don't miss out on the fun and prizes!

