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## Keala Gusman 2016 Recipient of Cachola Scholarship



Photo by Sandy Decker

Keala Gusman is the 2016 recipient of the Cachola Family Scholarship, which was set up in 2012 by the Cachola siblings to honor their brother Roy.  
(Left to right) Sandra Gusman (Keala's mother), Fred Cachola and Keala Gusman

Story and photo by Fred Cachola

Keala Gusman, daughter of Sandra and Peter Gusman of Kapa`au, is the recipient of the Cachola Family Scholarship, named to honor their youngest brother, Roy. The six children of the Cachola family all attended post-high school institutions, colleges and universities. They came from a modest Kohala plantation family and worked hard to save and earn money for their education. When their youngest brother, Roy, passed away they decided to endow a scholarship in 2012 to honor him, and established a preference for applicants from Kohala.

The Cachola scholarship is one of

240 scholarship funds administered by the Ke Ali`i Pauahi Foundation, a 501(c)3 non-profit associated with the Kamehameha Schools.

Keala attended Kohala elementary and middle schools and just graduated from the Kamehameha Schools Keeau Campus. Keala graduated with a 3.5 GPA and will be enrolled at the Utah Valley University at Orum, Utah, where her field of study will be Pre-Med. She plans to be a pediatric surgeon at the end of many years of study.

Ever since her elementary school days, Keala has always wanted to be a doctor. Her determination to work

in the medical field was strengthened when her older sister Kauanoë enrolled at UH Manoa for a nursing degree.

As a Learn-To-Swim instructor for the past four years, Keala learned lifesaving skills that lifeguards have to use. This also helped to develop a passion to serve in the medical field.

Some Kohala kama`aina may remember her grand uncle, Aladino Gusman, who was one of the most famous boxers from Kohala, along with Choken Maekawa and Dickie Wong.

Congratulations and best wishes to Keala.

## "We Are Orlando" Comes to Hawi

"We are Orlando" was established in response to the deadliest hate crime against LGBTQ (lesbian, gay, bisexual, transgender, queer) people in US history. On June 12, 2016 a single shooter, 29-year old Omar Mateen, shot and killed 49 people and wounded 53 others during Latin Night at Pulse, a gay nightclub in Orlando, Florida. Tragically, over 90 percent of the deceased were under the age of 40, with most victims in their 20s.

Shortly after the horrific incident [www.weareorlando.org](http://www.weareorlando.org) became a place with "information on events and ways to support in the wake of this attack on the LGBTQ community and our nation's largest mass shooting in history," according to the site. Hawi resident Sandy Springs noticed that Hawai'i was the only state that did not have an event listed for people to come together to mourn and offer support. Sandy got support from Eila Algood to create an event in Hawi.

Eila, Sandy and Holly Algood set up at the Hawi Market on June 18 for people to gather, talk story, sip tea and snack on fruit and cookies. Homemade cards were available for people to sign and a calabash was there for donations to survivors and victims' families. Throughout the morning (and intermittent pouring rain) about 50 people joined the event to sign cards and make donations, which totaled \$500 by the time the final amount was mailed to Orlando. The Hawi event, as well as three other Hawai'i events, were proudly listed on [www.weareorlando.org](http://www.weareorlando.org) by the end of June.



Photo by Eila Algood

A table created to commemorate the victims of the Orlando, FL mass shooting is set up at the Hawi Farmers Market June 18, 2016.

## HELCO Moving Forward On Second Power Line

By Toni Withington

A second power line to prevent power outages in North Kohala is closer to beginning construction, Jay Ignacio, president of Hawai'i Electric Light Company (HELCO) told a well-attended meeting of the North Kohala Community Development Plan (CDP) Action Committee on July 11.

Long mired in the planning stage, HELCO engineers are now gathering data on a specific route for the line. Meetings for public input into the proposed route will be scheduled by the company soon. Current draft of the route takes it from Kawaihae, up to Kohala Mountain Road and downhill to Hawi.

"North Kohala is the only area on our grid that does not have redundancy," Ignacio said. "When

anything happens to the line, we suffer power outages." He also pointed to the aging condition of the existing power line over Kohala Mountain and said, "We can't re-build the old one until we have an alternative transmission line."

The plans on the drawing board would bring a 34 kilowatt line to the 2,000 customers in North Kohala, creating a loop. It would be in sync with the strong recommendation of the North Kohala Community Development Plan, which calls for a second line.

After the meeting Dave Okamura, managing engineer for HELCO, said once the community outreach and environmental review related to the route are completed, the company is scheduled to go to the Public Utilities

Commission (PUC) for permits in 2017. Construction could start in 2019, with completion possibly in 2020.

While the planning for the second line proceeds, the PUC requires HELCO to look into generating power "on-site" in Kohala, Ignacio said. In pursuit of the company's goal to be a 100% renewable energy provider by 2045, engineers are looking at additional wind or

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## Tree Cutting Leads To New Pact With Parks and Recreation

Story and photo by Toni Withington

A local subcommittee of the Community Development Plan has turned the unannounced removal of 11 trees at Kamehameha Park into a new channel of communications with the County Department of Parks and Recreation (P&R). A pilot project for keeping the community abreast of park projects and seeking input before making changes was announced by the Parks, Water, Roads Subcommittee at a meeting of the CDP Action Committee this month.

The subcommittee will have monthly reports from the department's spokesperson and the heads of maintenance in Kohala and Hilo, according to the report. Steps were also taken to make sure, through local media and bulletin boards, that the community is given a chance to respond to proposed changes in park facilities, which includes the beach parks at Mahukona, Kapa`a, Keokea, Kamehameha Park and the three buildings making up the senior facilities at the Kapa`au Civic Center.

"Basically, the subcommittee offered itself to be the sounding board between the community and

the department," said John Winter, chairman of the Action Committee and also a member of the subcommittee. "The response of the director of P&R and the chief planner was positive, at least for North Kohala. That's why it is called a pilot project."

In May, County crews removed 11 trees, most of them large monkepod trees, without notice to most park users or the Parks, Water Road Subcommittee, which has worked closely with the department in the past. Sixty protestors twice spoke passionately to save the trees at County Council meetings in June, making the front pages of the island daily newspapers twice. Initially planning to remove 18 or more trees in the park, the department stopped cutting.

Three members of the subcommittee – Chairperson Andi Longpre, John Winter and Toni Withington – met in Hilo with Parks Director Clayton Honma and his deputy James Komata, as well as spokesperson Jason Armstrong, in Hilo on June 27. At the full subcommittee meeting two days later, the new arrangement for communications with P&R was announced to the

forty people attending the meeting. Details of upcoming plans for other Kohala parks were also shared.

Among the future plans are the removal of possibly six trees around the swimming pool at Kamehameha Park and the replacement of the roof on the pool facilities.

Pool lifeguard Jeff Coakley told the subcommittee that removal of the African tulip and Norfolk pine trees on two sides of the pool would keep the pool water cleaner and allow staff to reduce the amount of chemicals used.

The Parks Department has agreed to discuss with those interested which trees to remove and what to plant in their place. Kohala arborist Isaiah Price told the group there are many trees better for the park than those being removed. He offered his services to help choose the replacements. The Parks Department said it would also welcome help from local groups to plant the new trees.

In other news of parks, the subcommittee announced that plans to upgrade Mahukona Beach Park are moving ahead. Bids are being sought now for replacing the elec-

trical system at the park. Also planning stages for a new pavilion and parking area have begun. Plans to build a boat ramp at the harbor have stopped.

The parks director agreed to finish off long-delayed repairs to the pavilion at Keokea Park and trim the hao trees growing over the access road.

Honma said the department has spent \$2.7 million in the past several years on improvements to Hisaoka Gym roof, Keokea pavilion, remodeling the old Bank of Hawai'i building, re-roofing the old Judiciary building and the construction of a Kamehameha Park storage building and a gateball pavilion. New funding will be needed to undertake improvements to Mahukona and Kapa`a parks.

At its July meeting the Action Committee voted to make funds to re-build Mahukona and Kapa`a parks its highest-priority request in this year's Capital Improvement Plan (CIP) budget. Other park projects on the CIP priority list are covered bleachers, a new gym floor at Kamehameha Park and adding solar power to Kapa`a Park.

## There's a New Doctor in Town

Dr. Ardolf is a naturopathic physician with extensive training in immunology. In addition to her formal medical training, she spent nine years learning from a doctor with both MD and PhD degrees. This doctor created, perfected and then utilized extremely effective yet completely natural treatments for allergies, asthma, and skin rashes before advancing into autoimmune disorders and a plethora of chronic diseases.

"I am so grateful for the training I have received. It has been a gift that I have used to help others get their lives back. It is also my responsibility to begin to train other doctors so the medicine does not die with me," shares Dr. Ardolf.

Hana Roberts, ND, will be our first associate. "I am so grateful to

have Dr. Roberts with us. She is an intelligent and compassionate being and physician."

Drs. Ardolf and Roberts utilize all the tools of naturopathy which include homeopathy, herbal medicine, food as medicine, hydrotherapy and IV medicine, as well as a sine wave, or ultrasound, machine to speed healing and regain health.

The office space has been undergoing renovations with plans to open on Monday, August 1. It is located on the corner of Akoni Pule Hwy at the entrance to Kamehameha Park.

Drs. Ardolf and Roberts are currently accepting new patients. Their office will be open Monday through Friday from noon to 5:00 p.m. and on weekends by appointment. Call (808) 498-4018 to schedule an appointment.

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biomass generators in Kohala.

"The three best sites for wind generation are North Kohala, Lalamilo in Waimea and South Point," he said. "So far we don't have good storage options for wind." At any rate the cost of a new plant in Kohala, which could go as high as \$18 million, has to be less than the cost of the new transmission line. Okamura said the new power line is still "the preferred option."

HELCO is now producing 48% of its power from renewable sources. By 2022 a new geothermal plant is expected to come online.

Ignacio said negotiations for a biomass contract have begun again.

A contract with a Hamakua company to produce power had to be terminated earlier this year

when the developer failed to get the generator going.

Asked about the merger of HELCO's parent company Hawaiian Electric Industries (HEI) to Florida-based NextEra Energy Inc., Ignacio said, "After 18 months of proceedings and public hearings by the PUC, the offer for the sale is still proceeding. Whatever the results, the plans for Kohala's second line are moving ahead." [Note: On July 15, the PUC rejected the NextEra bid to purchase HEI for \$2.63 billion.]

Ignacio, Okamura and Jennifer Zelko-Schlueter, Director of Government, Community & Media Relations, were invited to the CDP Action Committee meeting by the subcommittee on Power, Viewplanes and Erosion Control, which has been following HELCO plans for over six years.



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**North Kohala CDP Action Committee Meeting Notes**

By Lynda Wallach

The July 13 meeting of the North Kohala Community Development Plan Action Committee (NKCDP AC) opened with a presentation by Ron Whitmore and April Suprenaut of the Planning Commission on process and progress of the County General Plan Comprehensive Review. The General Plan is the set of long range physical development policies for the County which guides such things as zoning and capital improvement priorities. The review was started in February 2013 and the project is currently in phase 2, which is when the planning director and his staff analyze all the public input and initial recommendations are made. Some of the topics being analyzed and researched include housing, transportation, water, waste and hazards like climate change and its implication for sea level rise. John Winter, chair of the NKCDP AC, stated that the AC has submitted its review of the plan. He also expressed the committee's concern that the CDPs be integrated into the General Plan since CDPs are a source of information from the communities. CDPs were created after the current General Plan was developed and are thus there as an addendum, but Suprenaut assured Winter that the revised plan would incorporate all the policies and information from the CDPs where appropriate.

Public input forums for General Plan scenario-planning will be held on Tuesday, August 23, at 6:00 pm at the County Council Chambers in

Hilo and on Thursday, August 25, at 6:00 pm at the County Council Chambers in Kona. You may also participate remotely from a site (to be determined) in Waimea on either night. Information on General Plan Comprehensive Review can be found on the Planning Commission website (<http://www.cohplanning-dept.com/general-plan>), which also has links to its Facebook page.

Jay Ignacio, president of Hawai'i Electric Light Company (HELCO) then presented HELCO's plans for a second transmission line for North Kohala and its plans for reaching 100% island energy self-sufficiency using alternative sources of power by 2045. Currently, 48% of the island's energy comes from renewables, including geothermal, hydro, wind and solar. To reach the 100% goal, the company is looking to add more geothermal, developing a biomass farm plan and adding more wind with storage. HELCO has filed a plan to complete a new geothermal plan by 2022 and are in negotiations with a biomass facility. Regarding the additional transmission line to North Kohala, Ignacio said that HELCO is trying to find an alternative route into North Kohala so they can rebuild the existing line. The Public Utilities Commission (PUC) has asked HELCO to look into local power generation rather than adding an existing line, which would be very expensive. The community has already rejected the idea of a diesel-run generating facility, so the com-

pany is investigating biodiesel. The local wind resource cannot supply the local load because it is variable and unpredictable, and there is currently no economically viable long-term storage option. Ignacio said that PUC has not yet approved the purchase of HELCO by NextEra but, if it is approved, NextEra will have the same mandate for energy self-sufficiency. [Note: The PUC voted against approving the NextEra purchase of HELCO late last week, a few days after the AC meeting.]

The AC then voted to forward its list of prioritized Capital Improvement Projects (CIPs) to the planning director. At the top of the list are improvements to Mahukona Beach Park, upgrades to Kohala's potable water system, solar powered electricity at Kapa`a and a green waste facility at the Ka`auhuhu transfer station. These will be sent by the director to the various County departments to be prioritized. They may or may not be acted upon, which is why they often appear on the CIP list year after year.

The AC also approved a letter to the planning director requesting that the AC be allowed to resume meeting monthly. Winter was told that the planning department will be hiring more people and that monthly meetings should resume soon. The AC would like the monthly meetings to resume immediately.

Winter, who chairs the Parks, Water and Roads subcommittee (PWR), reported that the subcom-

mittee met with the Department of Parks and Recreation (P&R) in Hilo to discuss ways to improve communication between P&R and the North Kohala community. The meeting was prompted by the public outcry over the tree-cutting at Kamehameha Park. The subcommittee and P&R agreed on a pilot program that would include monthly meetings with Shawn Rocha, the North Kohala parks supervisor, to discuss any immediate routine maintenance projects, issues and needs at any of the parks in North Kohala, as well as direct access to Parks Maintenance Supervisor Pat Daley for any larger issues. Jason Armstrong, P&R director, will report to the subcommittee about any work on North Kohala parks other than routine maintenance. The PWR subcommittee will disseminate information to the community and forward community responses to P&R. The subcommittee will also keep the community informed about timeframes for routine maintenance projects, which often take longer than expected because of the lack of equipment. Winter was told that the wood that has been left from the tree cutting cannot be given away to members of the community because giving it away poses many problems for P&R, including that of liability.

An agreement has been reached between the landowner and the County regarding the Halaula well. Once the land is transferred, the Halaula well will be connected to the

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## KOHALA REAL ESTATE MARKET PICKING UP

By Beth Thoma Robinson R(B)

The real estate market cycle in Kohala has lagged other parts of the island, but seems to be picking up this year.

**Sales and Prices Trending Up at the Moderate End of Home Prices**

In the first half of 2016, there were 19 residential sales in Kohala, compared with only 13 in the first half of 2015, a 46% increase. Low interest rates continue to encourage home ownership, with the majority of purchases being financed.

It is possible that last year we saw a lower number of homes sales because there was not enough inventory to meet demand in the moderate price level.

The median sales price of a home in Kohala this year so far was only \$410,000, although sales ranged from \$245,000 to \$1,150,000. Now we see prices increasing at the lower end, with only seven homes listed under \$500,000 out of a total of 29 properties on the market.

The end of affordable home ownership in this market cycle may be approaching in Kohala as prices edge upward. In 2013 there were 29 homes sold below \$350,000, in 2014 there were 15, and in 2015 only 13 homes sold at this price point. Eight have sold so far in 2016, with only two currently on the market.

In the middle range of home prices, another six homes sold for \$350,000 – \$600,000. Two homes cracked the \$1 million mark, both of them on three acres with an ocean view.

The real estate market continues to be top heavy with higher priced listings, for which demand is relatively modest. For example, there are four residences listed at Puakea Bay Ranch, where no homes have sold since 2013.

Overall, the average sale price to asking price is 96% and the average time to sell was about four months. The moral here is that well-priced listings sell fast and for close to list

price.

There are seven homes in escrow. Three are at the more affordable end of the range, listed under \$325,000. Two are listed over \$800,000 and both of those are homes in Maluu Ridge.

**Vacant Land: Slow in first half but picking up again**

While sales of homes increased in the first half of 2016 compared with a year ago, sales of vacant land slowed. We had 14 parcels sold in the first six months of last year and only six so far in 2016.

Prices on the parcels sold so far this year ranged from \$325,000 to \$760,000 and, just like with homes, they sold on average for 96% of list price. Land takes longer to sell than homes do, with an average of over a year on market. More than half of these purchases are cash sales.

The lowest priced sale was at Puakea Bay Ranch. The rest of the sales were ag-zoned land outside of gated communities. Several of

the parcels are off-grid for electricity, but with County water.

The market for raw land began picking up in the last month. Many of the buyers looked earlier in the year but either felt no urgency or needed to sell another property before making an offer.

As we head into the second half of the year, there are already seven lots in escrow (double counting a property listed as both a home and raw land). One significant sale is first in the new Hawi Nani subdivision of five agricultural lots along Hawi Road. There are also two sales in the Kapania six-lot subdivision, with only one lot remaining.

A lot is in escrow at Maluu Ridge and one at Ranch at Puakea. Both of these subdivisions have new homes or homes in the planning stages on lots purchased in the past few years. Contractors in Kohala are booked out more than a year, another sign of a healthy real estate market.

### CDP continued from Page 3

system. Right now the estimated time frame is about two years. Once the well is connected, the moratorium on new water meters will be lifted slowly, with priority being given to existing 'ohanas and CPRs (condominium property regimes) without meters, and small local subdivisions.

There is a bid out for upgrading the electrical system at Mahukona.

Finally, P&R has told the Army Corps of Engineers that the boat ramp at Mahukona is not going forward due to the overwhelmingly negative public opinions expressed at the meeting. As far as they are concerned, the project is dead.

Faye Yates said that the Cultural and Historical Preservation subcommittee has been concentrating on projects that bring young people and

kupuna together to share cultural traditions and practices. Youth and kupuna rode together in the Kamehameha Day parade and about fifteen kupuna from the community have been working with P&R and the Queen Liliuokalani Children's Trust on cultural activities during Summer Fun.

Yates had expressed concerns about the health care situation in

North Kohala. Increasing community awareness of health care services in Kohala is a strategy of the NKCDP. She and Lani Eugenio have agreed to form a subcommittee to address issues regarding health care.

The next meeting of the NKCDP AC will be on Monday, September 12, at 5:00 p.m. in the North Kohala Senior Center. Members of the community are urged to attend.



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Letters

In Appreciation of Those Who Give Back

A daylong celebration that includes a ceremony, parade, and festival with music, food, and educational opportunities is a lot to plan and organize, and it takes a small village to pull it off. Kohala volunteers do this every year for Kamehameha Day, and their work is much appreciated.

Special thanks are extended to this year's Kamehameha Day Planning Committee, whose members stepped up to the plate in late 2015, after the former committee stepped down last June.

This core planning team included Leonard (Laddie) Shim, Jr. as Chair, Kau'i Nakamura as Vice-Chair, Keala Kahuanui and Lehua AhSam organizing education and activities, Shay Vanzandt working on the parade, C.J. Yamamoto doing entertainment, and Michelle Kawai as treasurer and all round support. This new group continues to have nonprofit status due to their appreciated partnership with the North Kohala Community Resource Center.

Committee members met for months to hash out plans, supported by a detailed binder of information that included a timeline of tasks, passed down from the former Kamehameha Day Committee. Fueled by knowing the importance of this day, the group dug in to do everything that needed completion before June 11. Their tenacity paid off, as this year's community event

was well organized.

The above core team was the piko, or center, of a large web of volunteers, including Boyd Bond and Darde Gamayo as announcers at the Statue and the entertainment announcer, Ginger Bertleman. Appreciation is also extended to Nani Lehano, who helped with the lei draping. Her mother, Mabel Tolentino, directed lei placement for many years, and now she carries on this tradition.

Thank yous are extended to folks who made sure all participants were safe, including the police, outriders in the parade, and the security folks at the park. From those who dressed the pa'u riders and did their hair, to the folks who cleaned up at the end of the day, each volunteer is critically important and their support is appreciated.

Appreciation is also extended to the financial contributors who helped fund this event, including the King Kamehameha Celebration Commission and the following businesses and individuals: Maki Sun, Ackerman Gift Galleries, Syco Hawaii; Nakahara Store; Elements Jewelry & Fine Crafts; Yvonne Leiser and Jack Olson; Shijiro and Ayako Uehana; and Karen Rosen.

The youth who were in this year's parade were an important part of the theme, "Pūlama I Na Kupuna". Their commitment to continue these traditions honors the seniors and this community,

and their bright smiles added to the beauty of the day. Mahalo nui loa to the following people and to those who supported these parade participants:

Kauai: Ocean Van Zandt / Clyson Marquez; Isaiah Castillo and Makai Pang (Pooper Scoopers)

Molokai: Teige Akamu-Lorenzo / Trevor Figueroa; Lana'i: Naomi Brooke / Kody Ching

Ni'ihau: Chala Carvalho / Kama Torres-Salvador; Kaho'olawe: Shanti Scarpetta-Lee / Tyler Vanzandt

Kamaehu: Kapanai'a Reynolds / Keelan Figueroa, Waylon and Sione (Pooper Scoopers)

Queen of Hearts: Bella / Zion / Wally ; KRWC 2016 Little Miss Paniola - Stella Brooke; Judy Ann Itzigneine (Pooper Scooper); Page Pukaua Cabulizan; KRWC/Kohala 4H Club Na Lima A Me Na Pu'uwai 'O Kohala; Kohala Equine Education Center (Pooper Scoopers); Mauna Kea Polo Club (10 Horses and Pooper Scoopers).

This new Kamehameha Day Planning Committee has met to reflect on their first efforts together, and their plan is to meet monthly during the year to work on next year's celebration. Sincere appreciation is extended to this planning team, as well as everyone who contributed in any way to help make Kamehameha Day a special experience this year.

Randee Golden

Kohala Community Bus Service

Kohala is such a blessed community with all the wonderful things and events that are happening. Kohala means the "sweet breath of the sun," and that translates to Prosperity.

Through the efforts of Councilwoman Margaret Wille, Kohala now has its own bus shuttle service, which operates on Mondays, Wednesdays and Saturdays. It begins from Makapala Store at 9:00 a.m. and ends at the Parker Ranch Shopping Center in Waimea at 10:40 a.m. Being the president of both the Kohala Senior Club and Nutrition Program, I felt that I needed to participate in the inaugural service so I may be able to report to the clubs and encourage them to use this wonderful service.

I parked at the Senior Center and walked across the street to the bus shelter. To my surprise, I found the shelter to be clean, including the glass panels. What was missing was a bus schedule for the public. As

scheduled, the mini-bus arrived and I hopped on. To my surprise, there were about 10 people on the bus, including Margaret Wille.

We all cheered one another as I got a seat. We followed the bus schedule and picked up a few more passengers as we passed through Kohala. The bus turned down to Mahukona Beach Park and someone got off. The bus then continued down to Spencer Park in Kawaihae and another passenger got off. Now we headed up the winding road to Waimea. The mini-bus was a 21-seater, air conditioned and comfortable. The entire ride was very pleasant as I stared out the large windows and admired the majestic Kohala Mountain, which was brown on the leeward side and green on the windward side.

Upon arriving at Parker Ranch Shopping Center parking area, we eagerly got off and - before we could go our merry way - Margaret wanted to take our picture to docu-

ment this occasion.

Most the riders went shopping, but I just wanted to have leisurely lunch and wait until the bus departed from Waimea back to Kohala. While lunching, would you believe that a lot of Kohala people were coming into the food court for their lunch? We exchanged "hellos" and then told them about the Kohala bus service start-up.

At 12 noon everyone was back on the bus and we were heading home. At Spencer Park, the same rider got back on, as did the rider at Mahukona. It seemed that the return trip was so much faster. This being the first bus service run, I'm sure there will be some adjustments to the schedule and so I would like to suggest that a bus stop be included at the post office/credit union. It was an enjoyable trip, and mahalo to Margaret for blessing our Kohala community with this wonderful bus service.

Kealoha Sugiyama

All the members of our community who contributed to the Kohala Hospital Charitable Foundation annual pledge campaign. Your contributions, large and small, came to \$37,750, which included donations of \$12,000 and \$10,000. I am very appreciative of the many individuals who consistently provide us

with funds to help improve the services of our hospital.

Rhoady Lee and Alan Gartenhaus for their generous \$20,000 donation to the Foundation for the design and construction of an outdoor garden, for which I am humbly grateful.

I am deeply grateful to every-

one for their ongoing support of the Kohala Hospital Charitable Foundation in our common goal to insure we have a hospital we can all be proud of.

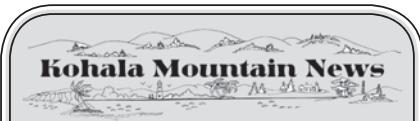
Mahalo Nui Loa,  
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President  
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Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

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**Publication date: 08/26/16**

**September Deadlines:**  
**Ads & News: 09/09/16**  
**Publication date: 09/23/16**



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July 2016 Contributors List

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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**Kohala Mountain News**  
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A MESSAGE of GRATITUDE to.....

Letters

Only In Kohala

On a recent beautiful Sunday morning, the Friends of Tim Richards for Hawai'i County Council, District 9, hosted an outdoor event full of music, food and good friends. The day was full of "only in Kohala" moments.

To give context to this first moment, a concert was being held at Iole Makai to raise funds for local Kohala non-profits later that day. Headliners were "The Third World Band" and "Luciano," who are well known entertainers and were on tour in Hawai'i.

But who would have known that in quiet Hawi Town under the ban'yans we would meet a well-known, second-generation Jamaican roots reggae artist?

"Luciano," who is originally from Kingston, Jamaica, found his

way to our event.

I first noticed Luciano enjoying the music under our tent and offered him something to drink and some local food. He was very polite and graciously thanked me while explaining how he came to sit under our tent.

He said he was in town for an evening concert with other band members, known as "Third World," and that they were staying at the quaint hotel across the street. Listening from his hotel window, Luciano was curious about the local music and ventured out to find it.

He was intrigued by the local mix of Hawaiian words, a little country western style, and the fun everyone was having under the tent. He was listening to our local braddahs - Tony Manantan, Bernard Hoopai,

and Terry Tomiyama - known collectively as T&T from Kohala. Luciano was so fascinated with the music that he videoed the performance.

Luciano's career spanned from 1992 to present. His first single, "Ebony & Ivory," and "Give My Love a Try" sent his career viral. The Kohala Community, including candidate Tim Richards, had a rare treat to meet him at our gathering.

Another amazing, "only in Kohala" moment happened that very day at this very event.

While cleaning up and winding down, we noticed another group of people gathering in the lot next to us in an open area by the bamboo. We learned it was a memorial service for a Kohala resident who loved that property.

Shortly after the flowers, food

and chairs were set out, it started to rain on them. The sky was turning dark and did not look like the rain would end. Our coordinator, Bernelle Camara, walked over to the minister and offered our tents, table and chairs for their memorial service. It was a lovely service and the family and friends of those who attended were able to be in this beautiful setting out of the rain.

As I think back on this day, I can't help but get a wonderful chicken-skin feeling of Aloha. Whether it's celebrating our community through food and music with a famous artist or simply offering shelter out of the rain, Kohala people know what it means to get their rubber boots on the ground for each other.

Only in Kohala.  
Carol Fuertes

Whale Mural by Elijah Rabang

Beautiful artwork, Jah-Jah!  
Recently my son Kekai posted Jah-Jah's artwork on his Facebook timeline and wrote:

"Aloha everyone. This artwork was created by my classmate. When we were in elementary, Elijah aspired to be an artist. Fast forward 18 years and he managed to hold on to his dream. He is an example

of perseverance and hard work. Today, when I look at his art, I am reminded of that seven year old boy that was so obsessed with drawing, greatness was inevitable. Proud of you bro."

I remembered that time too, when I volunteered in their first and second grade classes. Ms. Crampton was their teacher for two

years, and every day she would have a special time for Elijah and his talent. It was five to ten minutes of the afternoon circle time. There was a little chalk board and she would choose someone to draw a squiggly line or whatever. Then the chalk was handed over to Elijah, and it was magic! He created dogs, horses, cats or inanimate things like cars and furniture... The class responded with "ooos" and "ahhs" and joyful squeals as they tried to guess what Elijah would draw. The next person would make a scratch mark that would perhaps stumble him, but Elijah saw an alligator.

I would like to especially honor Kathleen Crampton, who was the owner of Kathleen's Creations, diagonally across the street from Elijah's mural in Hawi. She was a marvelous teacher who had the patience, creativity and foresight to allow her student to develop his talents while teaching the other students to honor and respect their classmate.

At that time Elijah did not speak, but she expected him to follow class rules, like everyone else. She spoke to the class kindly, but with firmness, so the students knew what

to do and what to expect. Kathleen also tutored two of my sons after school and during the summer with her own material and methods, always putting the student first and making learning fun.

The education system lost a caring, creative instructor when she decided to follow her artistic passion and talent as a jewelry designer, and we lost a wonderful personality earlier this year when she succumbed to an illness.

When I see Elijah's murals at the pool and in Hawi, I think of his first mentor, Ms. Crampton and his first group of young fans and supporters. Last year, I researched and wrote of people born and raised in Kohala who became successful artists, businessmen, scientists and other professionals. Many attribute their success to the love they had for the land and the community that raised them. Elijah is an example of a special mentor and several mentors in his later years, and a community that raised him.

Mahalo to all who have helped Elijah become the artist whom we appreciate today.

Aloha,  
Lani Eugenio

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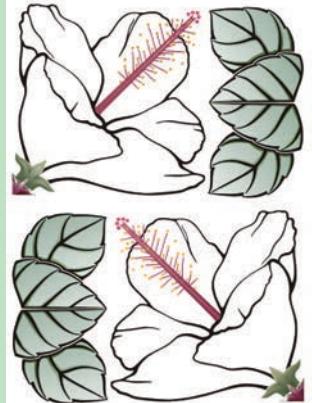
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Letters

Fact Check on Coqui Frog Opinion Piece

Dear Editor:

The Coqui Frog Coalition is concerned about the misinformation being disseminated in Kohala about coqui frogs. A recent KNKR opinion segment continued to spread these myths, which spurred the Coalition to consult a scientific specialist in coqui frogs for a rebuttal.

Dr. Arnold Hara, Professor Emeritus at the University of Hawai'i at Manoa, fact-checked each statement made on the air in the opinion segment. The opinion statements were taken from a KNKR recording to ensure accuracy.

Below are the statements along with Professor Hara's comment on each one.

Benefits of Coqui Frogs

Opinion 1: Coqui frogs control harmful pests naturally and without pesticides.

Dr. Hara: Coqui frogs are indiscriminate and do not know the difference between the harmful and beneficial insects that they eat. A coqui frog content study by Dr. William Mautz, University of Hawai'i at Hilo and Dr. Karen Beard, Utah State University, conclude that coqui frogs are generalist feeders that are opportunistic, or snap whatever appears in front of them, including endemic species in our Hawaiian ecosystems. Dr. Beard concludes that many invertebrates consumed by coqui frogs play important roles in ecosystem processes (such as pollination and decomposition of plant material).

Beard, K.H. 2007. Diet of the invasive frog, *Eleutherodactylus coqui*, in Hawai'i. *Copeia* 2007 (2): 281-291

Opinion 2: Coqui frogs are a sentinel species. Coqui frogs are amphibians and have a permeable skin that makes them vulnerable to pesticides in the environment. Coqui frogs serve as a potential warning indicator alerting people to the presence of unseen environmental poisons.

Dr. Hara: Coqui frogs are able to metabolize, detoxify and recover from exposure to chemical pesticides, including pyrethroids (synthetic pyrethrins), and do not

die as target arthropods do.

Hara, A.H. unpublished data  
Opinion 3: Some people like the sound that coqui frogs make.

Dr. Hara: Many Big Island residents and visitors have reported being highly annoyed by the sound of coqui frog causing sleep deprivation that leads to higher levels of anxiety, lack of focus, impaired cognition, unhealthy cravings, laziness and crankiness, to mention a few. Most importantly, the sound of nocturnal coqui choruses in native forests negatively impact the habits of other forest-dwelling species, including diurnal birds and other diurnal native vertebrates that need a good night's rest and never evolved with coqui frogs.

Negative Impacts of Killing Coqui Frogs

Opinion 4: Disrupting the natural equilibrium by killing coqui frogs on a large scale promotes pest insect population explosions. Removing the natural predators allows pest insects to multiply rapidly.

Dr. Hara: Coqui frog is NOT a natural predator in Hawai'i as it is an invasive species that somehow entered Hawai'i in 1999. Killing coqui frogs in large numbers will NOT promote pest insect population explosion as the coqui frog was NEVER part of the natural predator equilibrium in Hawai'i's native forest. Furthermore, the presence of coqui frog in Hawai'i only increases invasive species' populations by providing additional prey for rats, feral chickens and cats, other invasive vertebrates and nutrients to invasive trees, including albizia.

Opinion 5: Non targeted species are also being killed by the indiscriminate use of pesticides. Cane toads, greenhouse frogs and bullfrogs are amphibians that are vulnerable to citric acid. Lady bugs, praying mantises and spiders may also be susceptible to harm from citric acid.

Dr. Hara: Citric acid is only effective on its targeted species as it has NO residual activity and is effective only on direct wet con-

tact to the targeted organism. Cane toad, greenhouse and bullfrogs are also invasive amphibians to Hawai'i. HAWAII HAS NO NATIVE AMPHIBIANS. Cane toads and bullfrogs are NOT susceptible to citric acid as a targeted pest as the dose required for coqui frog is not adequate. In addition, ladybugs, praying mantises and spiders are NOT susceptible to citric acid as they have a hard exoskeleton, while coqui frog has an endoskeleton. Most importantly, the coqui frog is considered a quarantine pest in the territory of Guam, other Pacific Islands and California, requiring all of our Hawai'i shipments of goods are free of coqui frog. In Hawai'i, coqui frog is an interisland quarantine pest, to prevent the spread to other Hawaiian islands; inspection and treatment of containerized and landscape plants are required by the Hawai'i Department of Agriculture.

Opinion 6: Lime is not an approved pesticide. It is a soil amendment. People use lime to kill coqui frogs because it is cheaper than citric acid.

Dr. Hara: Yes, lime is currently not approved for coqui frog control.

Opinion 7: Individuals involved in killing coqui frogs are promoting ethnocentrism and xenophobia. In this context, fear of coqui frogs and claiming that coqui frogs are somehow a threat, is an apt example of xenophobia. The inability to appreciate the beneficial aspects of coqui frogs is an example of ethnocentrism.

Dr. Hara: The coqui frog population in Hawai'i is 2X to 4X more than the coqui population in its native home of Puerto Rico, where the coqui frog population is in equilibrium in its native forest. Coqui frogs in Puerto Rico have numerous natural enemies including parasitic nematodes, iguana, snakes, tarantula spiders and giant land crabs. In Hawai'i, coqui frogs have NO natural enemies to suppress their populations. If coqui frog populations in Hawai'i were in equilibrium similar to the coqui

frogs in Puerto Rico, residents and visitors in Hawai'i would appreciate the beneficial aspects of coqui frogs.

Opinion 8: Coqui frogs will never be as prevalent in Kohala as they are in Puna and Hilo. Kohala is too arid and mountainous to provide large areas of ideal coqui frog habitat. Natural terrain features will do more to limit coqui frog habitat than is generally appreciated. Coqui frogs like lowland rainforest conditions; their habitat in Kohala is naturally limited.

Dr. Hara: Coqui frogs will thrive in Kohala based on a scientific study by Hawai'i Department of Agriculture that compared coqui frog habitat in Puerto Rico with Hawai'i Island habitats. Rainfall in Kohala ranges from 10-200 inches, averaging 58.67 inches annually, which is similar in rainfall, elevation, and terrain in parts of El Yunque National Forest in Puerto Rico where coquis are abundant.

In closing, we would like to remind Kohala that we, the Coqui Coalition, do not hate the coqui frog. We just love Hawai'i more.

Sincerely,  
The Coqui Coalition



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## County Council Update

From the Desk of District 9 Councilwoman Margaret Wille

**FOOD SUSTAINABILITY:** The Aloha + Challenge is a statewide commitment to sustainable development, in partnership and with the leadership of the Governor, four county Mayors and the Office of Hawaiian Affairs. It outlines six ambitious goals to be achieved by 2030 in clean energy transformation, local food production, natural resource management, solid waste reduction, smart sustainable communities (including climate resilience and livability), green workforce and green education.

Recently, the County's Department of Research and Development (R&D) held a statewide meeting at the Kohala Village HUB to brainstorm how to measure progress towards a statewide food sustainability goal of doubling local food production by 2030. (Hawai'i County in particular should reach that goal by 2020 or at least 2025 – don't you think?). State and County officials, along with leaders in food sustainability, were invited to share in these discussions. Director of R&D John DeFries decided to hold meetings in Kohala and in Waimea because of

the significance of our district as the historical food production capital of the state during Kamehameha's reign. I asked that some of our local Kohala farmers be able to join this meeting at some point (in addition to the few who were invitees), but that idea was rejected.

Some of the themes discussed include:

- "He wa`a he moku, he moku he wa`a" (which translates to "The canoe is the island, the island is the canoe")

- empowering small scale farms and farming communities versus large-scale, off-island corporate control

- live on your farm versus leases that only allow production

- remove barriers and create incentives and affordability

- go "back to the future"

- leadership

- how to make local food pricing competitive with imported food

- flexibility and different systems for different areas

- what are the models of ownership and control that work best

- how to shift consumption pat-

terns

- place-based education
- focus on school aged populations for real change in outlook about our food systems

- transforming educational systems

- mono-cropping versus diversified farming

- GMO dominated versus indigenous ag

- focus on soil health

- culturally and ecologically appropriate goals and strategies

- share successes

I noted how this Aloha + Challenge parallels the Blue Zones Project and that we need to learn from that effort (for example, stressing networks and sharing successes).

**SCHOOL SUPPLY DRIVE:**

Together with the Senior Club and RSVP program, my office is one of the several organizations helping to provide school supplies to assist North Kohala families needing help with their purchase. On July 30,

from 8 a.m. to 12 noon, we will be disbursing items to those in need at the Hawi Farmers Market. (Please bring your school supply list.) Addi-

tionally, in the afternoon of July 30 there will be others distributing school supplies at the Blue Zones event scheduled at Hawi Jodo from 1:00 p.m. to 4:00 p.m. Call my office after the 30th if you are still in need of school supplies.

**UPCOMING COUNCIL LEGISLATION:** On Tuesday, August 16, I expect my ag-tourism bill to be heard by the Council. A key intent to this legislation is to make it easier for small farms to engage in ag-tourism without being burdened will all the bureaucratic regulations placed on large-scale ag-tourism operations. I also have resolutions coming forward to rename county parks and recreation buildings in Kohala. Currently the suggested name changes are for the former Bank of Hawai'i building to be named "Hale Kupuna" and for the former state judiciary building to be named "Hale Kealoha". What do you think?

For more information, or to be added to my email newsletter, call my office at 808-887-2043.

With much aloha,  
Margaret Wille  
County Council, District 9

## Fig's Mix Plate Closing July 29

Story by Randee Golden

Kohala lunchtime regulars will have one less choice after July 29, when Fig's Mix Plate will be closing their doors. Having established the eatery over 10 years ago, owners Fred and Traci Figueroa have specialized in serving different local dishes each day, from Korean chicken to paste stew, along with their regular burger specialties and build-a-burger option.

When they opened their business in February 2006, Traci's goal was to provide the community with a place where they could get some home-style local food. They continued to do this five days a week, along with a lot more. This restaurant has provided kupuna meals for the Kohala Senior Center and the Figueroas have also run a catering and party rental business. And then there's the volunteer work....

Fig's Mix Plate has regularly given back to the Kohala community in a variety of ways, including donating use of tables, chairs and tents for special events like Kamehameha Day and to local groups like Na Kupuna `O Kohala. Fig's recently sponsored another successful Back To School Supply Drive and they have also organized and sponsored Kohala's Christmas Angels for the past six years. Traci has a knack for planning events that have a high fun factor as well as a solidly achieved goal.

"We'd love to thank the community for all the unwavering support that our family and business has received for over 10 years," Traci stated. She also sends her appreciation to all of their employees, past and present.

As they move on to new opportunities, Traci realizes she will miss meeting new people, feeding folks

and seeing them enjoy their meal and having a family establishment. "My kids were practically raised there," Traci shared.

The benefits of having flexibility and freedom after being tied down to a restaurant schedule will be appreciated by this family, as they will be able to travel more to see activities their kids participate in.

And lucky for Kohala, the Figueroa's aren't going anywhere. Traci will continue her busy job as Program Coordinator for the Kohala Village HUB. Fred and Traci will be continuing their catering and party rental businesses and they can be contacted at 889-1989 or 769-2755. They are also considering a food truck as another way to keep cooking for Kohala. Mahalo to Traci and Fred for all the delicious plate lunches and burgers and for your service to this community.

## Redemption

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Hosted by E Ola Na Ilio O Moku O Keawe

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# Kupuna Fieldtrip to Ulu Mau Puanui

Story and photo by Virginia Fortner  
 When Kehaulani Marshall handed Kohala Senior Citizens a checklist of 10 items in preparation for a free fieldtrip to Ulu Mau Puanui, some wondered what to expect. Forty-five kupuna had signed to ride to Ulu Mau Puanui; the first twenty-six fit in two vans for the June 27 trip. Some wore sturdy shoes, preparing for ho'oikaika kino (a rigorous hike); a few wore the hats and sunscreen. Just before Ponololo Ranch on Mountain Road, they drove through two gates on the makai (toward the ocean) side. Four-wheel drive was needed for the bouncy potholes that became a grassy double trail beyond the first pu'u. The vans crept along tilted at angles on steep hillsides, while passengers identified Maui in the distance.

Walking sticks helped kupuna brave winds as they climbed out to stand shin-deep in a circle of rippling grass. It was easy to see where three forest systems once flourished—up mountain; where they were standing; and the dryer, brown land below near Kawaihae. They imagined the dry-land farming at that elevation. Before Captain Cook's coming, both horizontal and vertical terrace systems of sweet potatoes were planted between rows of tall sugar cane. The grassland horizon still looked scalloped because of this hard work by early Hawaiians, whose king cared for

the 30,000 people who worked the land and ate its produce. They learned that Cook and the missionaries' arrival brought diseases to which Hawaiians had no immunity,

helped up. The group soon boarded the vans to return to a big white tent on Pu'u Kehena's less-windy slope. That site is one of three fenced gardens within Puanui. It was soon



*Kohala Seniors stand in tall grass during a field trip to Ulu Mau Puanui to learn about the history of the area. The trip was so well-received that another one is planned for August 9.*

quickly reducing their numbers and workforce.

One small kupuna went down in the fierce wind and hot sun. She stood defiantly for the rest of the lecture, stick planted, after being

evident that mo'olelo pokole (hearing a brief story) and kama'ilio (discussing a brief lecture), as well as ho'opaupilikia (using a port-a-potty) were listed as preparation for aloha 'aina (building compas-

sionate relationships with akua, 'aina, and kanaka). The kupuna learned about ancient, small walls that diverted rain water through the dry land forest, today's experiments that seek to draw on the wisdom of the past and the Kohala field system that links busloads of children and adults to hands-on learning in an effort to understand sustainability.

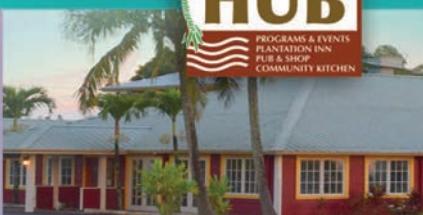
Keala, an entertaining storyteller, was the cook on the earliest voyage undertaken on a forerunner of Hokulea, presently voyaging. Her mentor and his family added more stories about the relationship between sea and land and how Makahiki restored it all during four months of celebrating, trading and resting. Ukulele music rang out as kupuna ate a delicious meal that included sweet potato and taro. A topographical map showed the quick rise in elevation and the three levels of forest types that preceded Parker Ranch's present grasslands, rock walls and fences leased from Kamehameha Schools.

Cameras clicked, and more than one kupuna exclaimed, "This is a great field trip!" They were told that it was the first time Ulu Mau Puanui staff fed participants a meal. The repeat experience for more kupuna will be August 9. There may be ones who felt the connection with history of Hawai'i, Kohala and Puanui who hope they can sneak aboard for a second time.

**In the heart of historic Hawi Town is a community-based hub for education and gathering. The Kohala Village HUB works to feed Hawai'i food, arts, culture, and ecology to enrich the lives and wellbeing of rural North Kohala.**



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## Candidates for County Council, District 9

### Margaret Wille, Incumbent

#### Background:

- Education in cultural anthropology, education and law
- First came to Hawaii in 1971, has lived in Waimea past 14 years
- Has represented North and South Kohala for two terms, 2012-2016, current chair of Council's Agriculture, Water and Energy Sustainability Committee
- Prior to being Councilmember, was on South Kohala CDP Steering Committee

#### Big Picture

- Gets satisfaction from creating a more informed constituency, empowering community. Videoconference center was a big win. She was only person in government standing up to ask questions about incinerator. Green waste would have been burned. Finally the consultant agreed with her, not fiscally realistic.
- Most important program this term was establishing an enhanced mulch (free of invasive species) program, started July 1, free to residents.
- Compost program will start July 1, 2018 because it takes that long to get permits. Will compost all food scraps, anything compostable, facility to be built in Hilo

#### Home Rule

- CDP frustration is big issue, current administration has had negative approach to CDP Action Committees, Planning Department fought on everything
- CDP has a lot of power to determine allocation of CIP funds, current administration acts like they have the knowledge to decide
- Has been working on legislation for requirement to fill empty seats before replacing incumbents. CDP is the way the local communities have power.
- Waimea has worked their way up in influence with administration, but not North Kohala. Trees cut in park, when 60 people protested, Kohala was heard. CDP AC subcommittee met with P&R, now have collaborative process for further decisions

#### Solution to mayor and County Council at odds

- 30% of what needs to be done is matter of better communication, not have people silo their territories, current mayor makes decisions unilaterally
- Have a window of opportunity need to make it work with a new mayor, need to meet within first month and establish lines of communication
- People need to stand up and state what they believe in instead of being afraid of retaliation

#### Affordable Housing

- Want to incentivize homeowners to provide affordable housing. Water meter will be installed if Housing, Planning, Finance, Water Departments go with her proposal that homeowners create affordable housing. Won't be taxed on needed improvements, can have second meter if keep the rent down
- Feels her strength is versatility, varied expertise, good at putting together complex deals

### Herbert "Tim" Richards, III

#### Background:

- 6<sup>th</sup> generation kama`aina, born in Kapa`au
- Involved in ag business past 25-plus years in many regards, especially as veterinarian
- Been on many statewide and national commissions
- County Ag Commission most interesting, especially with regard to water and energy. Wanted to be sure the good things they got started kept going, so running for Council office
- Hawai`i Island has the lowest level of education and income in the state, need to look out for the kids' future

#### Agriculture's relationship to income, poverty, etc.

- Cannot isolate agriculture, water, energy. Big Island has 55 million acres of land and only 12-13% of the state's population. Can raise more of our food, from small backyard gardens to big ag business.
- Need capacity for more finished product, local processing, value added products

#### How to make a difference at the County level

- County Council is conduit to State legislature, can formulate plans locally and transmit to Honolulu
- Renewable energy would cut down costs, increase profits and competitiveness
- The State should not control the Kohala Ditch, we have the stewardship role
- Need all in government to drop their party roles, sit down and work out issues
- Community Development Plan should be a living document that can be changed as needs change
- Important that those who make decisions for local economy have deep local roots, care about creating a bright future for the keiki of the community

#### Current state of agriculture

- Kudos to Jeanette Snelling of Kohala High School for bringing back Future Farmers of America
- Only four active FFA chapters, got a grant to fund further chapters
- Got money for KHS 4H club from Ag Commission
- Only 1.5% of households connected to ag, if elected officials don't understand ag the industry will suffer
- Learned work ethic, and so much more, from the older hands at Kahua Ranch

#### Other things that concern him

- Private/public partnerships would help projects get going, then government should out of it and let private handle
- Fish farming concerns for ocean health, need to look at everything with open eyes. State issue that County can't control, but profession fosters concern for animal herd health and prevention of disease, not treatment.

#### Electrical issues

- Huge proponent of renewable energy, the island has enormous potential
- Develops self-reliance and cuts costs, doesn't see downside, just need ordinances and permits
- Likes idea of local power alternative to HELCO
- Likes co-op structure, but need to evolve

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## NORTH KOHALA COMMUNITY RESOURCE CENTER

Kohala Unupa`a provided a free summer camp for 24 Kohala kids thanks to support from Hapa Fund, Dorrance Family Foundation, Nanea Foundation, `O`io Fund, Rotary Club of North Hawaii and Kohala Lions Club.

Mahalo to Jubilation Foundation for a \$2,000 grant for LavaRoots Performing Arts for 25 djembe drums.

You can support our projects and the Center with a tax-deductible donation to NKCRC, P.O. Box 519, Hawi, HI 96719 • 889-5523 • [www.northkohala.org](http://www.northkohala.org)  
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**Candidates for Hawai'i House of Representatives, District 7**

**Cindy Evans, Democrat, Incumbent**

**Background**

- ☐ Bachelor degree in Business Administration Evergreen State College, real estate license in Washington State
- ☐ Began career at AT&T, biggest takeaways were customer service, time management and handling employee grievances
- ☐ Worked 13 years in Washington State government
- ☐ Currently serving seventh term in HI House of Representatives
- ☐ Current Majority Floor Leader, member of Committees on Energy and Environmental Protection, Ocean Resources and Hawaiian Affairs, and Water and Land

**Major issues**

- ☐ Economy – need to develop public education system, both K-12 and university. Bringing a new STEM building to Kohala Middle School, creates environment that creates job growth. Health-care jobs are in demand. Chasing “4<sup>th</sup> leg of economy”: research and innovation. Starting a middle school gives students time to learn. Secured funding for covered playground at Kohala middle school, KNKR, North Kohala Community Resource Center, Hawai'i Wildlife Center.
- ☐ Agriculture – Working with Department of Agriculture on decreasing plot size to under 20 acres. In talks with people who want to create a community garden as a business.
- ☐ Infrastructure –Helping hospital ER move forward, hold parties accountable to timeline and deliverables. Funded breakwater evaluation at north end of Kawaihae Harbor to increase safety; boat ramp at south end (currently getting approval and permits); repaving, striping, repairs of Mountain Road and gulches; need to upgrade Pololu Lookout for health and safety (parking, toilets, access)

**Ethics**

- ☐ Legislature has done a lot to be transparent (disclosure of funds spent, where they came from, streaming sessions). More transparency needed for Boards and Commissions, which make a lot of decisions without public noticing.

**Community presence**

- ☐ Comes to meetings in Kohala when on island (in Honolulu six months of year), not much engagement at Monday night forums and table at side of road, sends newsletter to registered voters, emails six or seven times per year to update.



**David Tarnas, Democrat**

**Background**

- ☐ University of Washington Masters of Marine Affairs degree, specifically for island environments, planning for environmental and cultural sensitivity
- ☐ HI State Representative about 20 years ago for Kohala and Kona
- ☐ Environmental consulting business for 18 years, working with development and land use issues
- ☐ Engaged in legislature over the 18 years out of office, was Hawai'i County Chair of Democratic Party and registered lobbyist for select clients on select issues
- ☐ As Earl Bakken's lobbyist, helped pass legislation to create Kiholo State Park

**Major issues**

- ☐ Homelessness – 4,000 on Hawaii, economic refugees. Need campgrounds that are well-managed and safe with water and transportation to work. Predators assault the vulnerable in current arrangement, deal drugs, get kids selling and hooked on drugs, and create a lawless situation.
- ☐ Substance abuse, especially in homeless camps because of the criminal element
- ☐ Food and energy security

**Solutions**

- ☐ Underlying all is a lack of a sustainable economy. Local spending increases economic multiplier. Need meaningful work with livable wages.
- ☐ Need to protect environment to sustain economy. Cultivate and harvest both land and marine crops at a sustainable level. Aquaculture done at least a half-mile offshore has no negative impact on environment and produces a clean product. Need to use fish from local population in large enclosures.
- ☐ Need to provide more support for public education

**Ethics**

- ☐ Tired of unethical behavior, plans for more anti-corruption laws, increase transparency in public officials and lobbyists.

**Community presence**

- ☐ Gregarious, likes to visit constituents, have conversations and resolve conflicts. Enjoys showing up at community meetings, events, social and religious contexts. Lived in Kohala starting in 1986, ended up moving to Waimea. When in office set up a table and cooler on the side of the road to talk story with residents.

**Jeffrey Coakley, Republican**

**Background**

- ☐ Kamehameha Schools on Oahu, College of San Mateo across the SF Bay from the Black Panther Movement in Oakland and down the peninsula from the hippies in San Francisco
- ☐ Army Tet Offensive 1967, learned to get along with everybody
- ☐ 1969 returned from Viet Nam, farmers fighting developers for water on Oahu
- ☐ 1975 plantations closed, changed from sugar to cattle. Cattle gates blocked access to fishing and hunting grounds. Became a community organizer and succeeded in getting gates open.
- ☐ Real estate broker in Hawaii and Utah
- ☐ Government run by big business, lobbyists. People have less and less choice. Wants to give people their voice back. Slogan is “Uniting Our Voices.”

**What ways would you give people their voices?**

- ☐ Saw conflict around TMT (the Thirty Meter Telescope) so organized talk-story with both sides. Found government had ignored Supreme Court case pending, that discussion uncovered it.
- ☐ Not against medical marijuana, it can treat disease as alternative medicine. Only issue is no one talked to people in Kohala to see if they wanted it. Only a handful of people cannot grow their own, and now thousands of plants can be grown on each farm. Typical next step is legalizing recreational use, which he will not support. Brother died from overdose on heroin, starting with marijuana. Commends all who teach kids healthy activities, leading by positive example.
- ☐ Intends to link all communities in the area together so everyone can voice their priorities. Working to form alliances with County Council members to visit communities every month, asking how they can help.
- ☐ People want someone who is honest and speaks from the heart, doesn't fake knowing answers when they don't. Doesn't have a planned agenda, wants to meet people and find out what their priorities are. Can find the leaders in each community and they will be the ones to help get things done, don't need the state government to tell them what they need to do.



**St. Augustine's Church  
Annual Bazaar  
Saturday, September 17th  
8:30 a.m. - 1:00 p.m.  
James Walker Hall  
Open at 9:00 a.m.**

**Silent Auction, Guided Tours, Entertainment,  
Ethnic Foods and Baked Goods  
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**Questions - call Kathy Matsuda at 889-5801**



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## KCAA Announces New Web Site

The Kohala Community Athletic Association now has a web site: [www.kcaa.online](http://www.kcaa.online).

The site features on-line registrations and the schedule of its youth sports programs. The open registration period for Biddy Basketball for boys and girls ages 5-8 is August 1-15. There will be no further registration sessions in front of the gym for any sports. For those without computer access, manual forms will still be available at the office at the Hisaoka Gym at Kamehameha Park.

## Pool Open Until August 7

Recently swimmers were told the pool is closed for several months to repair the facility. However, after confirmation with the contractor that the job will not start until August 8, the pool has been reopened until August 7.

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## WEEKLY EVENTS IN AUGUST 2016

MON	9AM		KOHALA SENIOR CLUB MEETINGS - AGE REQUIREMENT 55 PLUS	OLD COURTHOUSE	895 2094
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL CAFETERIA	
	7PM	8PM	NARCOTICS ANONYMOUS - LIVING CLEAN - DISCUSSION	CLAY HOUSE (BEHIND THE HUB)	
TUES	8AM	9:30 AM	HATHA YOGA WITH MORGAN CASSIDY	IN THE WHITE TENT, 53-496 `IOLE RD	889-5151
	9AM	10:30AM	SITTING MEDITATION WITH JOHN	MEDITATION HALE, 53-3988 AKONI PULE HWY	889-5151
	10AM	3PM	HAWI FARMERS' MARKET		
WED	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	
	7PM		ALCOHOLICS ANONYMOUS	WYLIE HALL, `IOLE ROAD, KALAHIKIOLA CHURCH	889-6703
THUR	8AM	9:30AM	VINYASA FLOW YOGA, WITH MAYA PARISH	IN THE WHITE TENT, 53-496 `IOLE RD	889-5151
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	KAMEHAMEHA PARK COMPLEX	989-0966
	7PM	8PM	NARCOTICS ANONYMOUS - 12 STEPS & TRADITIONS	CLAY HOUSE (BEHIND THE HUB)	
FRI	10AM		PRESCHOOL STORY TIME FOR AGES 2-5	NORTH KOHALA LIBRARY	889-6655
SUN	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET (IF SUNNY)	
	6PM	7:30PM	CELEBRATE RECOVERY - HOSTED BY ADAM & MELINDA ANAKALEA	SOLID ROCK NORTH CHURCH	640-8590

EMAIL WEEKLY CALENDAR LISTINGS TO [KMNCALENDAR@HOTMAIL.COM](mailto:KMNCALENDAR@HOTMAIL.COM)

## Kohala History Talk Story Series Coming to Library

North Kohala Public Library in Kapa'au will present a series of three "talk story" sessions on Hawai'i's History with North Kohala historian Boyd D. Bond in August, September and October.

The first session, scheduled for Monday, August 8, will focus on "Wai and Kai: Water in Hawai'i". As Bond says, "Water is wealth in Hawai'i, providing food and life itself. Both fresh and salt water are home to endemic species of wildlife, yet only ten percent of the streams in Hawai'i flow year round and droughts occur frequently. Kanawai, the Hawaiian word for 'law' in modern Hawai'i, was the ancient code dictating water usage, literally sharing water."

In this talk story session, Bond will compare traditional water use to the way water is used in Hawai'i today.

In the second presentation, scheduled for Monday, September 12, Bond will describe "George Vancouver and his four voyages to Hawai'i". For the final program on Monday, October

10, Bond will discuss "Ku E Petitions - Early Hawaiian opposition to annexation."

Each hour-long presentation will begin at 6:30 p.m.

Boyd Bond's knowledge of Hawai'i's history stems from his academic studies and from a lifetime spent in Hawai'i as a sixth generation descendent of early Western settlers in Hawai'i. Boyd was raised in Hawai'i in a sugar plantation family, living on plantations throughout the state.

Of his interest in Hawaiian history, Bond says, "I can't ever remember a time when I wasn't immersed in it. Many of the stories of Hawai'i's history are also our family stories." Bond earned a BA in Hawaiian History from the University of Hawai'i at Manoa and went on to earn a Masters degree in Education.

Call the North Kohala Public Library at 889-6655 for more information. Contact the library three weeks in advance if a sign language interpreter or other special accommodation is required.

## Teen Night Coming to Library

Attention Teens: North Kohala Public Library is now hosting a monthly teen night for ages 13 and up. Once a month, enjoy a special night just for teens, including movies, crafts and games. The first teen night will be a book and movie discussion of "The DUFF: Designated Ugly Fat Friend." The book will be available for check-out at the library beginning August 1.

Join us on August 29 at 6:00 p.m. for a showing of the movie (rated PG-13). Stay after the movie for a small discussion about the literature as well as the differences between the book and movie. Food and snacks will be allowed. The library will provide popcorn and drinks.

For more information, call Leilani Silver at North Kohala Public Library at 889-6655.

Please call three weeks in advance to request a sign language interpreter or other special accommodation.

## THE COQUI CORNER

Many thanks to Margaret Wille and our County Council for awarding the Coqui Coalition \$8500 for their non-profit Grant Award. We are sincerely grateful for their support!

### Sites Recently Treated:

Transfer Station ★ Senior Housing ★ Kapiko Estates  
Makapala Church ★ Makapala Fruit Stand  
Kohala Club Hotel ★ Retreat Center  
Keokea ★ Niulii Gulch ★ Pololu  
Multiple residences in Kapaau



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## North Kohala-Waimea Bus Schedule Refined

Based on input from the community, the schedule for the new Hele-On bus service to North Kohala has been slightly revised. The time period between

Mahukona and Kailapa was increased from five to 14 minutes;

Mahukona was clarified as a park that the bus would enter,

rather than just dropping passengers off at the highway; and Kapanai'a is clarified as being at the Wo'on Store. The schedule shows where the bus enters

the location to pick up or drop off passengers: Aina Kea Senior Housing, King Kamehameha Park, Mahukona Beach Park and Spencer Beach Park.

NORTH KOHALA - WAIMEA BUS SCHEDULE													Operates Monday, Wednesday, Saturday only		EFFECTIVE 7/11/2016	
North Kohala to Waimea AM																
Makapala Store	Kapanai'a (Wo'on Store)	Halaula	[Aina Kea Senior Housing]	Kapaau Bus Shelter	[Kamehameha Park]*	Takata Store	Hawi Bus Shelter	Kokoiki - Bus Stop	[Mahukona Beach Park]	Kailapa**	Kawaihae Shopping Center***	[Spencer Park]****	Parker Ranch Shopping Center			
9:00	9:05	9:15	[9:20]	9:30	[9:35]	9:40	9:45	9:55	[10:05]	10:19	10:20	[10:25]	10:50			
Waimea to North Kohala PM																
Parker Ranch Shopping Center	[Spencer Park]****	Kawaihae Shopping Center*****	Kailapa**	[Mahukona Beach Park]	Kokoiki	Hawi	Takata Store (across)	[Kamehameha Park]*	Kapaau (Bank of Hawaii)	[Aina Kea Senior Housing]	Halaula	Kapanai'a (Wo'on Store)	Makapala Store			
12:00	[12:25]	12:30	12:31	[12:45]	12:55	1:00	1:05	[1:08]	1:10	[1:15]	1:20	1:30	1:35			
[ ] = bus enters area	*Kamehameha Park pick up is at the bleachers near ball field				** Kailapa = flag stop where it is safe for bus to pull over				***Stop is right before entrance to shopping center							
****Spencer Park pick up & drop off is at the turn-around area in the park								***** Stop is across the street from the shopping center								

## Fun and Fermentation Workshop

Story and photo by Sonia R. Martinez

The invitation read "Fun & Fermentation, May 1, North Kohala". The class took place at the Always in Season farmstead in Hawi, presented by Chef Donna Maltz and co-sponsored by One Island and the

Same Canoe Local Food Challenge.

Fer-men-ta-tion (noun from the Latin fermentare) is the chemical process for preserving foods in which substances break down by bacteria, yeasts or other microorganisms. It typically involves effervescence, such as when making sauerkraut, kimchi, breads, yogurt, wine and pickles.

Fermenting foods serves several purposes: preservation of substantial amounts of food, enrichment of daily diet through diversity of flavors and, most importantly, as an aid to your digestive tract.

The simple key to successful vegetable fermentation is to always keep your vegetables completely submerged in the liquid brine. This is the process we learned that afternoon. The other typical processes for fermentation use whey or vinegar.

To begin, chop the

vegetables into smaller pieces and add salt, then help break down the cells by 'massaging or squishing them' with your hands to yield the natural juices. Then put the veggies in your canning jar and, if not enough liquid was released, add more water.

We were constantly advised to keep the vegetables completely submerged by holding them down in the brine with some sort of weight, usually a plate that will fit inside the vessel where the fermenting process is taking place.

In the case where fermenting is done directly in the canning jars, topping with liquid and placing a folded cabbage leaf on top seemed to do the trick.

The ideal solution for the brine is three tablespoons of sea salt to a half gallon of distilled water, but it also depends on the sugar content of the fruit or vegetable being fermented. The higher the sugar content, the mushier the results, so a bit more salt should be added for crunchier results.

Keep the jars in a cool place with loose lids for a few days. Leave them sitting in small bowls, as the contents will run over a bit. Taste and add more water if the liquid spills too much. In about five days,

cover tightly and store in the refrigerator.

The combinations are limited only to your imagination. Here are some suggestions:

- Chopped cabbage, grated carrots and chiffonade of dandelion or kale greens for a delicious and crunchy kraut.

- Chopped cabbage and apples packed in brine with caraway seeds, fennel or cumin seeds

- Thin medallions of carrots packed in brine with juniper berries, ginger and fresh turmeric

- Thin green beans (haricots verts) in brine with garlic clove, Hawaiian chile pepper and sprigs of tarragon - blooms and all

I made a delicious and nutritious beverage called beet kvass consisting of quartered beets (not peeled) and a halved calamondin orange with allspice leaves and cloves added to the brine. Next time I will add a cinnamon stick.

Equipment needed: Large non-reactive bowl, a sharp knife, wooden or plastic utensils, a good grater, clean canning jars and lids.

Brine ingredients: Sea salt, distilled water, herbs, spices, ginger, garlic, Kaffir lime leaves, allspice leaves, lemons, limes, shallots, onions, turmeric, etc.



Attendees of the Fun and Fermentation workshop get their hands dirty as they learn how to prepare a variety of natural ferments.

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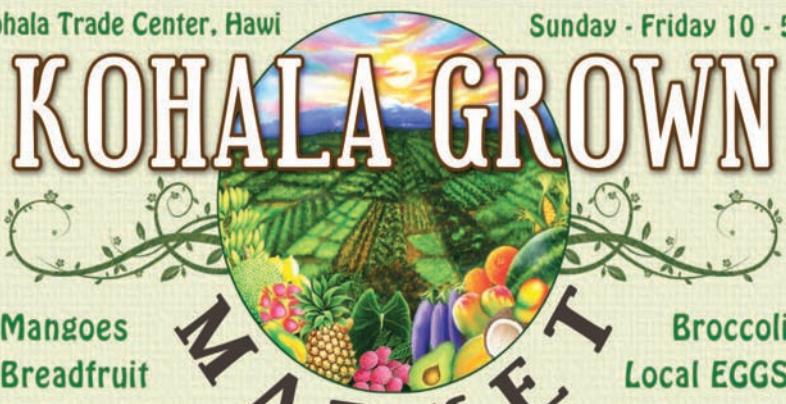
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## Come on - Get Healthy with Hypertension Control Champions!

By Lynn Fraher

Last month the Kohala Family Health Center hosted its 2nd Annual Hamakua-Kohala Health Summer Kickoff to Wellness health fair at the Kamehameha Park Gym in Kapa'au, where it provided free health screenings and blood pressure checks, free health insurance information and sign-up, keiki activities, live music and hula dancing, ono food, door prizes and fun!

Even if you didn't make the health fair, you can still come get healthy at the Kohala Family Health Center. Celebrating 10 years in Kohala and 50 years of community health service in Hamakua, Hamakua-Kohala Health (HKH) is the health care home for nearly 8,000 residents of North Hawaii. HKH is a Federally Qualified

Health Center (FQHC) and offers not only primary medical care, but also supportive services including behavioral health, tobacco and e-cig cessation counseling (with free nicotine patches), substance abuse services for adolescents and adults, and patient and family education, including diabetes control.

The goal of HKH is to treat the whole person in a quality, cost-efficient and caring environment regardless of their ability to pay or health insurance status.

The team at both locations of Hamakua-Kohala Health is committed to its patients. The team is so committed in fact, that they were recently named 2015 Hypertension Control Champion! HKH did this by getting the blood pressure of at least 70% of its adult patients with hypertension under control.

At a ceremony on July 5, Dr. Betsy Thompson, Acting Regional Health Administrator for the Western region of the U.S. Public Health Service came to Honoka'a to present an award to HKH.

As one of only 18 healthcare groups nationwide, and the only one in Hawaii to receive the designation by Million Hearts and the Center for Disease Control (CDC), the Hypertension Control Challenge recognizes outstanding healthcare teams who work together toward the goal of saving lives by preventing one million heart attacks and strokes in five years.

According to the CDC, nearly

a third of American adults have high blood pressure and nearly half of those don't have their blood pressure under control. Millions go undiagnosed or untreated and more people die from hypertension-related diseases than from the next three deadliest diseases combined.

When blood can't flow normally because of plaque buildup on the inner walls of the arteries it causes them to become clogged with various substances that circulate in your blood, including calcium, fat, cholesterol and cellular waste and can lead to a heart attack, stroke or even death. Sometimes there aren't any symptoms so you really don't know it's happening inside your body unless you get your blood pressure checked on a regular basis.

Having high blood pressure increases the rate at which arterial plaque builds-up and hastens the hardening of clogged arteries. Because of these dangers, it is important to be aware, no matter how old you are, of the causes of artery plaque and treatment strategies to prevent serious consequences.

Sometimes there are other factors that interfere with a patient's ability to take control of their health. Often people eat the way they do because they cannot afford a healthier diet, so the HKH Care Coordination team is available to help patients receive as many services as they need, including, help-

**See Health, Page 15**

### Hamakua-Kohala Health Timeline

Prior to 1966 – Plantations in North Kohala and along the Hamakua Coast had their own dispensaries, including one in Kapa'au, Haina, Pa'auhau, Pa'auilo, Laupahoehoe and O'okala, each serving both outpatients and hospital in-patients.

1966 – July 22, Hamakua Infirmary opens and brings the individual plantation infirmaries of the Hamakua Mill Co., Honoka'a Sugar Co., Pa'auhau Sugar Co. and Laupahoehoe Sugar Companies together under one roof. For 27 years the Infirmary continued to provide care for plantation families and many other families of the Hamakua Coast communities.

1973 – Kohala Sugar Company closes. Its dispensary is the current location of Kohala Family Health Center.

1993 – Hamakua Sugar announced its final closure and thanks to the inspired vision and dedication of then-administrator Gail Walker, the Board of Directors, legislators and community, Hamakua Infirmary was given new life as Hamakua Health Center.

2006 – With the reduction of healthcare services in North Kohala and at the request of Kohala residents, Hamakua Health Center acquired Kohala Family Health Center.

2014 – Hamakua Health Center, Inc. is renamed Hamakua-Kohala Health.

2016 – May 5, Hamakua-Kohala Health is named 2015 Hypertension Control Champion by Million Hearts and the Center for Disease Control.

2016 – Hamakua-Kohala Health continues to offer healthcare to all Hamakua and North Kohala community members, regardless of their ability to pay.

### Celebrate National Health Center Week



**August 7-13**

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- Breast and Cervical Cancer Control Program (BCCCP)
- Care Coordination: patient and family education
- Chronic Pain Management
- Diabetes Control Counseling
- Prescription Drug Discount program, Sliding Fee Scale: provides services regardless of ability to pay, for healthcare and prescription medicines
- Primary Medical Care, Family Planning, Pediatrics
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Left to right: Dr. Betsy Thompson presenting Hypertension Control Challenge Award to HKH's Dr. LaVerne Jackson, Nurse Practitioner Cathy Marquette and CEO Irene Carpenter



Keiki enjoy water slide at KFHC 2nd Annual Kick-off to Wellness Health Fair.

Call for appointments  
Kohala Family Health Center: 53-3925 Akoni Pule Highway, Kapa'au  
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## Kohala Pool Benches Revitalized

Story and photos by Lisa Yamamoto  
If you've been to the Kohala swimming pool recently, you may have noticed the new benches there painted a beautiful turquoise blue. In fact the paint color's name is "Swimming Pool Blue," which is fitting for the location. This was the work of an Eagle Scout project

day, where church members of the Latter-Day Saints faith help serve the community, their service was at the Kamehameha Park complex. The men were cutting the grass and overgrown brush while the women picked up rubbish. Mrs. Veloria went into the swimming pool area to pick up leaves and rub-

asking for donations over the phone and written text, he was able to get all the material and paint needed before he came home for break so that work could start work on the first Monday he was home (March 21). He also went to the local stores to ask for donations so he could feed and hydrate the workers during this project. He elected Jacob Hook to be his mentor and Maka Loo as

cut and then assemble and repaint it again with a final coat. On Tuesday, March 29, Kamaua and his troop and leaders replaced both benches by the office and installed the wooden planks on both sides of the pool, completing his project at 6:00 p.m. that evening, cutting it very close to pool closing. He even had a few days for R&R by going to the beach and hanging out with friends and family before returning back to school on April 3 for the final quarter of his high school career. Kamaua graduated on May 29 and plans to go on a Church Mission shortly after his 18th birthday on July 20 for two years. After that, he plans to attend college at BYU Hawai'i, majoring in Business Management.

Kamaua would like to thank the Kohala community for helping him to become the young man he is today. He hopes to revitalize and improve Kohala.

Mahalo and a hui hou!



By Lani Eugenio



By Lani Eugenio

Members of the Boy Scouts of America Troop 47 of Kohala's LDS (Latter Day Saints) Ward.

Front Row: Jayden Hook, Lisa Yamamoto, Jason Yamamoto, Jeff Coakley, Lisa Nahuina, Billy Yamamoto

Back Row: Jace Hook, Jacob Hook, Quentin Hook, Bert Kanoa Jr, Kamaua Yamamoto, Elder Mapusua, Elder Sundin, Maka Loo

The benches at Kohala Pool before and after Boy Scout Kamaua Yamamoto's Eagle Scout Project.

an advisor to guide him during this endeavor from start to finish.

The first thing Kamaua did was remove the four wooden planks on the sides of the pool and their rusted bolts. He took one of the benches by the pool's office to use as a template off-site at another location (Steve Hood's garage). He then scraped all the rust and chipped paint from the cement bases and painted them with a fresh coat of brown paint. On March 24-26, Kamaua lead his troop, which consisted of Kaimi Hook, Quentin Hook, Maui Hook, Molonai Emeliano, Burt Kanoa Jr. and Kemper Farrel, to sand and paint all the material that Jacob

Health, continued from Page 14

ing patients get food stamps and finding food banks. Looking at the patient's whole situation; family support, income, housing, etc., helps HKH team members get a better picture of what the patient needs to live in good health.

CEO Irene Carpenter is proud of the HKH team and the way they work hard to improve the lives of community members and believes in the HKH motto, quite simply, "we believe in caring for 'ohana ... and caring for you."

Call for appointments at two locations:

Kohala Family Health Center: 53-3925 Akoni Pule Highway, Kapa'au - 889-6236

Hamakua Health Center: 45-549 Plumeria Street, Honoka'a - 775-7204

organized, directed and executed by Jason Kamaua Yamamoto with the Boy Scouts of America Troop 47 of Kohala's LDS (Latter Day Saints) Ward.

Kamaua just graduated from Kamehameha Kapalama campus on O'ahu. He attended that school since his freshman year but still participated in Kohala's Boy Scout Organization with his troop. He knew that his window of opportunity to complete his Eagle project was very limited since he only came home on school breaks and holidays. Because of this, by his junior year (2014-15), he had started inquiring about suggestions for this project. It was Audrey Veloria who gave him this idea because of an event that happened a couple of years prior. According to Mrs. Veloria during a "Helping Hands"

bish there and saw the condition of the benches. She mentioned to Puni Sanchez that replacing the splintered, rotting and peeling benches would make an excellent Eagle Scout Project and, through perfect timing, Kamaua set forth to do just that.

He and his family plotted out a timeline with due dates and the actual dates that he'd be home. The only time allotted to do the actual physical work and construction was during his Spring Break. Through long distance calls, back and forth trips from school to home and

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# KOHALA MONTHLY CALENDAR AUGUST 2016

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
1	MON	2&6 PM		JEWELRY CRAFTING	WITH SID NAKAMOTO	NORTH KOHALA LIBRARY	889-6655
1	MON	6PM	7PM	GROWTH MANAGEMENT SUBCOMMITTEE	MEETING	BANK OF HAWAII BUILDING	
1	MON	5:30PM	7:30PM	KOHALA PARENT SUPPORT GROUP	MEETING	THE COTTAGE @ THE HUB	895-3578
1-15				BIDDY BASKETBALL REGISTRATION	REGISTER ON THE INTERNET @ WWW.KCAA.ONLINE		345-0706
3	WED	4:30PM		COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	
5	FRI	5:30PM	7:30PM	REDEMPTION - FILM	HOSTED BY E OLA NA ILIO O MOKU O KEAWE	THE HUB	887-2022
8	MON			WAI AND KAI, WATER IN HAWAII	HAWAII HISTORY LECTURE BY BOYD BOND	NORTH KOHALA LIBRARY	889-6655
8	MON	3PM	4:30PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KING KAMEHAMEHA PARK	989-4894
9	TUE	11AM		ADULT READING DISCUSSION	POETRY - "SHE WALKS IN BEAUTY"	NORTH KOHALA LIBRARY	889-6655
9	TUE	6PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	KOHALA VILLAGE INN BARN	889-5715
10	WED	1:30PM		AFTERSCHOOL ACTIVITIES	GAMES	NORTH KOHALA LIBRARY	889-6655
13	SAT			PRIMARY ELECTION		KHS/KMS CAFETERIA	961-8277
16	TUE	10AM		ADULT & TEEN WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
17	WED	05:30PM		AGRICULTURE SUBCOMMITTEE	MEETING	SENIOR CENTER	
20	SAT	12PM		FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	
27	SAT	10AM	12PM	THRIFT SHOP	ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
27	SAT	11AM	12:20PM	COMMUNITY MEAL	ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
27	SAT	5:30PM	9:30PM	KOHALA HOSPITAL CHARITABLE FOUNDATION PRESENTS:	AN ELEGANT EVENING AT THE HUB	THE HUB	
29	MON	6PM		TEEN NIGHT—BOOK AND FILM	THE DUFF — NEW!	NORTH KOHALA LIBRARY	889-6655
30	TUE	5PM	6PM	CDP SUBCOMMITTEE	POWER, VIEWPLANES, & EROSION CONTROL, CONTACT SUSAN FISCHER	OLD COURTHOUSE	882-7611
31	WED	1:30PM		AFTERSCHOOL DRAMA CLUB	AGES 6 +—NEW!	NORTH KOHALA LIBRARY	889-6655
31	WED	4PM	5:30PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-5151
31	WED	5PM		PARKS, WATER & ROADS SUBCOMMITTEE	MONTHLY MEETING	OLD COURTHOUSE	882-7611

EMAIL CALENDAR LISTINGS TO KMNCALENDAR@HOTMAIL.COM



## Kohala Churches



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 Sabbath School: 9:30 AM  
 Divine Service: 10:45 AM  
 Potluck-Fellowship Lunch every Sabbath  
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 kohala.adventistfaith.org

**Kalahikiola Congregational Church**  
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 Prayer time Tuesdays at 11:30  
 Iole road of Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue  
 www.kalahikiolacongregationalchurch.com  
 889-6703

**Kohala Baptist Church**  
 Across from Makapala Retreat  
 Sunday Services 9 am  
 Adult Bible Study/Kids on Mission 10:15 am  
 Worship Service/Sunday School  
 'Come to Me, all you who labor and are heavy laden, and I will give you rest.' (Matthew 11:28)  
 Pastor Steven E. Hedlund (808)889-5416  
 www.kohalabaptist.net

**Gospel of Salvation Kohala**  
 Kokoiki Road  
 Service: Sunday 9:00 AM  
 Adult Bible Study: Monday 6:30 PM  
 Prayer Meeting: Friday 6:30 PM  
 Pastor Ilima Moiha  
 www.gospelofsalvationkohala.org

**Sacred Heart Catholic Church**  
 Hawi, Hawai'i - The Welcoming Church  
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 Sunday 7 a.m. - 9:30 am  
 Weekday Mass: Monday - Friday at 7 am  
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 Rev Elias Escanilla  
 Deacon Thomas Adams  
 Telephone 889-6436

**St. Augustine's Episcopal Church**  
 Kapa'au, North Kohala • 808-889-5390  
 Sunday Services:  
 No 7:00 am service in June and July  
 9:00 a.m. - Holy Communion  
 Children's Sunday School & Fellowship Brunch  
 Thrift Shop Hours:  
 Weds: 12:00 - 3:30 • Thurs: 4:00 - 6:00  
 4th Saturday: 10:00 - 12:00  
 Free Community Meal:  
 4th Saturday of each month: 11:00 - 12:30  
 Vicar Diana Akiyama  
 www.staugustineskohala.com

**The Kohala Community Athletic Association announces its after-school sports programs for the youth of Kohala for 2016-2017**

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SPORT	AGES	REGISTRATION	PLAYING SEASON
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Volleyball	9-14	Sep 12-26	mid Oct to end Nov
T-ball	5-6	Dec 5-19	mid Jan to end Feb
Pitch-ball	7-8	Dec 5-19	mid Jan to end Feb
Boys Basketball	9-14	Dec 5-19	end Jan to early March
Girls Basketball	9-14	Feb 20-Mar 6	early Apr to mid May
Flag Football	9-15	April 10-24	May to early July

www.kcaa.online

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## KHS Graduate Addresses Educational Officers

Story and photo by Sandy Cameli  
 One July 15, Kohala High School Class of 2016 graduate Yuki Zbytovsky spoke to the Educational Officers attending the Hawai'i Department of Education's annual Superintendent's conference, otherwise known as the 2016 Educa-

tional Leadership Institute (ELI), at the Hawai'i Convention Center in Honolulu.

Each year Superintendent Matayoshi calls together all administrators from school, complex and state-level schools and offices to participate in professional development and to

set the tone for the new school year. About 1,000 educational officers were in attendance that day and heard three student speakers – one from high school, one from middle school and one from elementary school. Zbytovsky represented the high school level.

The theme of the conference was "Igniting a Passion for Learning" and the students were asked to incorporate this message into their two-to-three minute speech. The students received a medal-

lion engraved with their name and school and a \$100 savings bond as appreciation for their contributions. Schools were encouraged to spread the word about the contest in late spring. The contest required students in K-12 to submit a video message aligned to the theme. Dozens of applications came in and the ELI screening committee chose the three speakers. The student-speakers portion of the event was such a success that it will be included again next year.



Yuki Zbytovsky was one of three student speakers at the Hawai'i Department of Education's 2016 Educational Leadership Institute on July 15, 2016. She represented the high school level, and was joined by two other speakers representing the elementary and middle school levels. Left to right: Kohala Elementary Principal Danny Garcia, Director of Communications Donalyn Dela Cruz, Advisor/Teacher Fern White, Honored Student Speaker Kohala High 2016 graduate Yuki Zbytovsky, Principal Janette Snelling, Superintendent Kathryn Matayoshi, Vice Principal Trisha Burns

## School Supply Drive Brings in \$10,000.00

Story and photo by Toni Withington

A very successful Back to School Supply Drive was held in North Kohala this year, spearheaded by Tracy Figueroa from Fig's Mix Plate. This fundraising effort helped purchase \$10,000.00 worth of school supplies due to the generosity of local business owners, organizations and community members who support Kohala youth. The Supply Drive culminated on Saturday, July 9, from 10:00 a.m. to 2:00 p.m., when classroom supplies were distributed at the Kohala Village HUB Barn to 55 percent of Kohala Elementary families. The remaining supplies were split up and delivered to the three Kohala public schools.

This event was organized to provide fun and information as well as needed learning materials. Students were required to come with their parents and the youth did the "shopping" for items on their supply list. They also completed a note of appreciation to contributors. A free hot dog was available for the children.

Various people shared a wide variety of helpful information for families. Kohala Community Police Officer KJ was present, making keiki identifications and Hawaii Community Federal Credit Union (HCFCU) staff helped students sign up for a credit union account. Hope Keawe from the elementary school was there to inform everyone about immunizations and parents were able to find out their children's teachers. ARC of Kona (Renee Bautista) and Hamakua Health also shared information about their programs.

Traci and Fred Figueroa have been actively giving back to the Kohala community for a long time. Regarding her community service to plan this fundraiser and the distribution day, Traci shared, "I just wanted to see our families bonding with their kids in events and having our youth realize that we need to give thanks to our community. By doing that, I made sure that each child made a thank you note to our donors and sponsors. I also believe that doing a little in our community makes a big difference in our kids' lives."

Parent Maile Hawkins, who brought her second-grader Leah, shared that she appreciated this community effort as most of her daughter's supplies were obtained. "The event was well organized and very informational about what the school offers to their students," Maile commented. She liked that it was interactive for the kids.

Donations are still being collected to cover these supplies. Please make any checks payable to North Kohala Community Resource Center and designate it for "Kohala Back to School Supply Project". You can mail donations to: North Kohala Community Resource Center, P.O. Box 519 Hawi, HI 96719.

This effort to help Kohala's youngsters is just one more reason to appreciate this community and the people who work toward the greater good. Thank you Traci and Fred Figueroa, and Jake Chilton for coordinating this event, and everyone else who donated funds and helped in many ways. Kohala can be proud of its industrious and generous people.

*"I humbly ask for your vote."*

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## What a Blast!

Story and photo by Elysia Yamamoto

Kohala students and their families wrapped up Kohala Elementary School's Summer Blast program with a night of food, singing, dancing and a walk-through of displays. The Summer Blast program was an offering of the 21st Century grant that the Kohala Complex schools received to help fund educational, enrichment learning for Kohala's youth. Summer Blast ran through the month of June, with project-based classes such as broadcasting, Hawaiiana, theatre, gardening and Lego design. There was also Kohala Unupa'a, where students explored historic Kohala, learning the history of each location they traveled to. They ended their final week by camping two nights mauka and two nights makai, with hands on activities in each area they camped. KinderBlast gave students entering kindergarten this year an opportunity to prepare by learning routines, all the while having a great time learning songs and stories, building motor skills and making new friends.

The finale, or ho'iki, for the program was held on June 30. The emcees for the entire night were the broadcast students, who had worked hard to learn skills such as appropriate volume, eye contact, expression and stance. These students also photographed and cre-



The Unupa'a group performs a chant at the ho'iki for the 2016 Summer Blast program.

ated the main slide show for the evening. Highlights of the night included chanting, singing and dancing by our Unupa'a and Hawaiiana students. Students used hand-crafted instruments. John Keawe delighted the audience by accompanying students as they sang one of his amazing original songs. The garden class offered samples of taro harvested in the school's Discovery

Garden. The garden students transformed our beautiful garden over the month-long program. The Lego design class displayed their designs and research papers on ideas to solve real world problems, such as homelessness and natural disasters. The last group to go on stage was the theatre class with a Broadway style show. These talented student actors and actresses put on a truly

engaging and delightful show. There was a showing of the movie "Zootopia" for those families who stayed on. Keck also came with telescopes and volunteers so some of the planets and stars could be viewed as the evening rolled on. A big thank you to the amazing instructors and volunteers, cafeteria staff and leaders who make this program so successful.

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## Kupuna Softball Ends Regular Season, Heads for Tournament



2016 Kupuna Softball team "Kohala" (left to right)  
 1st row: Samson Cazimero, Jr., Harvey Carvalho  
 2nd row: Harry Soares (Equipment), Momi Soares (Coach), Wayne Yoneda, Gloria Martin (Scorekeeper), Terry Salboro, Mike Felig  
 3rd row: Buff Willard, Richard Liebmann, Randy Cazimero, Stan Rocha, Gary Tocatlan  
 4th row: Bill Graham, Mel Ako, John Enloe, Chuck Hauptert  
 Not pictured: Butch Lincoln, Ken Nekrash



2016 Kupuna Softball team "Local Boyz" (left to right)  
 1st row: Raymond Vega (Coach), Janice Carvalho (Scorekeeper)  
 2nd row: Frank Carvalho Jr., Samson Rabang, Gus Ogasawara, Mamerto Macanas  
 3rd row: Steven Maeda, Alterry Murai  
 4th row: Andy Oshita, Gregory Galan, Jim Scancellia  
 5th row: Harold Carvalho, Jim Trump, Steve Nakamura, Ted Matsuda  
 Not pictured: Christine Kise (score keeper), Eddie Kise, Nelson Carvalho, Stanley Kumukoa, Andrew Perez, Jr.

Story and photos by Tom Morse  
 The Big Island has twenty-six Kupuna softball teams. Two are from Kohala: Local Boyz and Kohala.  
 The league plays Saturdays from February through June at community fields around the island. All players on the field must be a

minimum of sixty years old, with the exception that one may be fifty-five or more years old. Teams average fourteen players each, so that is more than 350 players in total!  
 After the island-wide tournament in Kona in mid-July, teams complete in a state-wide tournament

each year. This year's tournament will be held on Kauai from August 2 through 4.  
 Teams are seeded in the tournament based on their season records. Kohala (37-4) will be playing in the

A Division, and Local Boyz (20-19) in the D Division (divisions run A-G).

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**MARGARET WILLE with Friends in the Senior Club**



**MARGARET WILLE helping secure funds for Roots skate park**



**MARGARET WILLE arriving with other passengers on the new Makapala to Waimea bus that she secured**



**MARGARET WILLE helping with school supply drive**

**For more information or if you would like to help Margaret call or email at 854-6931: [margaretwille@mac.com](mailto:margaretwille@mac.com): or visit [electmargaretwille.com](http://electmargaretwille.com)**