

Vol.15, No. 09

September 23, 2016

## Christine Richardson Honored at 15th Annual Ho`okele Awards

This year marks the Hawai'i Community Foundation's centennial anniversary and its 15th year honoring Hawai'i's nonprofit leaders at the annual Ho`okele awards. Christine Richardson, executive director of North Kohala Community Resource Center, was one of five leaders statewide who were recognized for their commitment to making Hawai'i a better place through their respective organizations and awarded \$10,000 to be used for their professional development and personal renewal.

The Ho`okele Awards, created and funded in partnership with the Wallace Alexander Gerbode Foundation, pays tribute to and strengthens the leadership in the state's nonprofit sector by providing selfless leaders with an opportunity to renew themselves in their personal and professional lives.

Since 2002, \$600,000 has been awarded to 63 nonprofit leaders statewide, the majority of which remain in the nonprofit and public sectors.

Richardson has served North Kohala for more than 22 years as a nurse and nonprofit manager. She has been the executive director for the North Kohala Community Resource Center since 2005, where she provides coaching and support

to organizers for 90 grassroots projects that benefit the North Kohala community.

As a fiscal sponsor, the Resource Center teaches organizers how to build budgets, create a funding plan and write grant proposals, as well as providing access to funding sources under a 501(c)3 umbrella. Since its beginning in 2002, the Center has raised more than \$11.3 million for the community.

"I am deeply humbled and honored by this award," says Richardson. "Here at the Center, we are all so appreciative of this recognition of NKCRC's hard work in the community. I want to extend a heartfelt Mahalo to the Hawai'i Community Foundation, most especially the staff in Waimea - Diane Chadwick and Marlene Hochuli - for their support and advocacy for so many of our projects."

NKCRC Board of Directors President Gino Amar adds, "The Ho`okele award recognizes the hard work, dedication, commitment that Christine executes on a daily basis for the North Kohala community. Congratulations Christine!"

In addition to Richardson, this year's honorees - William Akutagawa, Jr., executive director of Na Pu`uwai; John Leong, chief

**See Award, Page 2**



*Photo courtesy of Hawai'i Community Foundation*  
Executive Director Christine Richardson of the North Hawai'i Community Resource Center has been honored with the Ho`okele Award, recognizing leadership and commitment to making Hawai'i better.

## Voya Financial Honors Kapa`au Teacher with \$2,000 Voya Unsung Heroes Grant for Innovative Teaching Program



*Photo courtesy of Voya Financial*  
Kayla Sinotte tends to the Kohala Elementary School Discovery Garden. Sinotte recently received a \$2,000 grant, recognizing her exceptional work in the program.

Voya Financial, Inc., a leading provider of retirement plans for educators, announced that Kayla Sinotte, a teacher at Kohala Elementary School in Kapa`au, has received a \$2,000 grant as part of the company's 2016 Voya Unsung Heroes awards competition.

Through the Voya Unsung Heroes program, Voya Financial awards grants to K-12 educators nationwide to honor their innovative teaching methods, creative educational projects and their ability to positively influence the children they teach. This year marks the program's 20th anniversary. Since 1996, it has awarded nearly \$5

million in grants to more than 2,000 educators across the United States.

Video testimonials sent in by winners from the past two decades underscore how the Voya Unsung Heroes program has made a significant difference in the lives of these amazing teachers and their students. In looking back at the winning projects from the program's 20-year history, Voya has also been able to track the popular trends and compelling concepts that have shaped our country's education system.

"At Voya, we not only have the privilege of helping teachers plan

**See Voya, Page 2**

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## Community photo



View from Kohala Mountain Road

By Mick Miller

**Award, continued from Page 1**  
 executive officer and co-founder of Kupu and Julianna Rapu Leong, secretary, board member and co-founder of Kupu; and Paul Singer, head of school at Assets Schools – were all recognized for their contributions and commitment to their organizations and strengthening the community.

“As we celebrate our 100th anniversary for HCF and the 15th anniversary for the Ho`okele Award, we are honored to recognize these hardworking and inspiring individuals for their years of service in our community,” said Kelvin Taketa, CEO of the Hawai`i Community Foundation. “While working in the nonprofit sector can be incredibly

rewarding, it is also very demanding, which experiences high rates of burnout and turnover. By investing in our nonprofit leaders, we hope to bring about lasting change and build stronger communities in Hawai`i.”

The Ho`okele honorees are nominated by members of the community for their ability to think strategically, bring different groups of people together, inspire others, enthusiastically share their knowledge and make a difference in Hawai`i.

Last year’s Ho`okele recipients were Kepā Maly of Lāna`i Culture & Heritage Center, Richard Taaffe of the West Hawai`i Community Health Center, Marian Tsuji of

Lanakila Pacific and Harry Wong, III of Kumu Kahua Theatre. Their grants were used on a variety of things from family trips to spend time with loved ones on the mainland to a new dining room table to foster more fellowship with family and friends.

While what the award was used for has varied over the last 14 years, the honorees have all shared that the recognition allowed them time to reflect and find new appreciation of their role as a leader in nonprofit sector and gave them the ability to rejuvenate to continue on with their work.

Please visit [www.hawaiicommunityfoundation.org](http://www.hawaiicommunityfoundation.org) for more information on the Ho`okele

Awards and a complete list of previous award recipients.

*About Hawai`i Community Foundation*

*With 100 years of community service, the Hawai`i Community Foundation (HCF) is the leading philanthropic institution in the state.*

*HCF is a steward of more than 700 funds, including more than 200 scholarship funds, created by donors who desire to transform lives and improve communities. In 2015, HCF distributed more than \$46 million in grants and contracts statewide, including \$4.5 million in scholarships. HCF also serves as a resource on community issues and trends in the nonprofit sector.*

**Voya, continued from Page 1**  
 for their retirement, we also have this unique opportunity to help them dream big in the classroom and inspire their students to do the same,” said Heather Lavalley, president of Tax-Exempt Markets at Voya Financial. “We are proud to recognize those exceptional teachers who work every day to raise the bar of their profession and find new ways to spark a love of learning. As we help Americans plan, invest and protect their savings to build a secure financial future, we’re honored to help Kayla Sinotte go above and beyond to prepare her students for their own bright future.”

Sinotte’s innovative idea, “Kohala Elementary School Discovery Garden,” is focused on teaching in an exploratory and multi-sensory way that nourishes the whole child:

their mind, body and well-being. The 40-minute classes are designed to teach sustainable agricultural practices, STEM (science, technology, engineering and mathematics) subjects, wellness and nutrition, and Hawaiian pono (righteous) behavior in the setting of a school garden. Sinotte hopes the Discovery Garden will not only disseminate nutrition and health education, but also to improve the food security of students’ families.

Selected from a group of more than 1,350 applicants, Sinotte is one of only 100 winners across the country who will receive this award to help fund and bring her program to life. In addition she will now compete with other finalists for one of the top three prizes — an additional \$5,000, \$10,000 or \$25,000 from Voya Financial.

## Community Cooperative Association Moving Forward

On Wednesday, August 24, the committee working on forming the CCA (Community Cooperative Association) to take over the management of the Kohala Ditch in the future met for the third time and advanced the process of defining the governing structure for the CCA. The group has made progress defining the necessary terms and now are awaiting a draft of the bylaws from the attorney group that has been advising us. We expect that draft in the next few weeks and are anticipating a November meeting before Thanksgiving to begin to “fill in the blanks”.

The real work has now begun

and we’re excited to see this actually becoming a product of our community, the same spirit of cooperation and common good is present that enabled us to pull together and repair the ditch after it was destroyed in the 2006 earthquake. Our purpose still is to provide the community with low cost, reliable water for agricultural purposes.

The people on the committee are Jeff Allen, Susan Barnes, Lani Eubanks, Kije Hazelwood, Imiola Lindsey, Jim Pedersen and Bill Shontell. If you have questions regarding the process or suggestions regarding the formation of the CCA, please contact one of us.

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### FFA Leadership Workshop Completed

Future Farmers of America Creed: "I believe in the future of agriculture, with a faith born not of words but of deeds..."

Fifty-plus high school students from across the Big Island were represented at a Future Farmers of America (FFA) Leadership Conference held on Saturday, August 27, hosted by non-profit Kahua Pa`a Mua, and Keaau High School FFA Chapter Officers. Funding was provided by Mayor William Kenoi; County of Hawai'i Agriculture Advisory Committee; State of Hawai'i Department of Agriculture; and Department of Labor

and Industrial Relations Special Legislative Committee, led by Representative Mark Nakashima, in an effort to revitalize FFA Chapters on the Big Island.

The Hawai'i Association FFA is an integral part of natural resources education. Their strategic view is to provide youth with premier leadership training to advance agricultural opportunities and community development.

Students were given the opportunity to meet their state officials in attendance - Representatives Clifton Tsuji, Richard Onishi, Mark Nakashima and Joy San Bue-

naventura. Also participating in the workshop were national FFA officers and Hawai'i state FFA officers. These officers gave presentations on opportunities available to members of the National & Hawai'i FFA, identifying roles of chapter members and developing a program of activity for the chapter level.

Dr. Tim Richards, DVM, 2015 Chair of the Hawai'i County Agriculture Committee who identified agriculture education as top priority for funding, was the guest luncheon speaker. He encouraged the group to pursue the agricul-

ture industry and related careers. He presented a passionate plea for the students to advocate for a stronger agriculture industry and to develop a deep appreciation and stewardship of these island lands. Dr. Richards said, "We have to have efficient agriculture to feed the expected 8-plus billion people in this world. Future Farmers of America, or FFA, might need to be called FFW for Future Farmers of the World. It's going to take new thinking and ideas to feed the world and much of that knowledge will come from the United States."

See FFA, Page 4



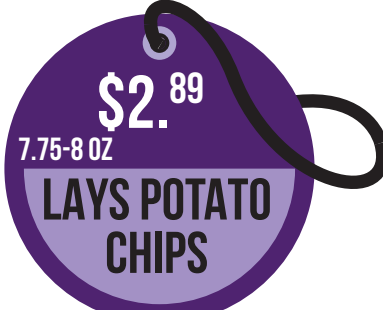
Photos courtesy of Kahua Pa`a Mua  
Future Farmers of America (FFA) Leadership Conference attendees included national FFA and state FFA officers, students from Kanu O Ka Aina New Century Charter School and students from Konawaena, Honokaa, Waiakea, Keaau, Pahoa, Waimea and Kohala High Schools.



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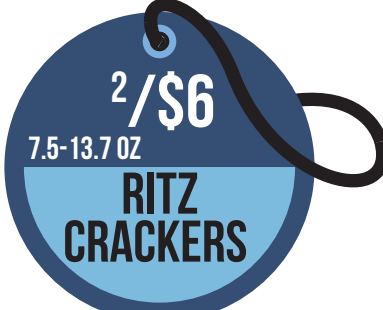
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## County Invests \$1.5 Million in Kamehameha Park

Story and photo by Tom Morse

The Department of Parks and Recreation has initiated four projects in the past year. First was the gate ball pavilion at a cost of \$168,000 (see the story on page 12 of the August issue of the Kohala Mountain News). Currently the floor at the Hisaoka Gym is being replaced at a cost of \$546,000. Also, the roof is being replaced at the pool at a cost of \$168,000.

Just begun is an electrical project that will cost \$610,000. The electronic scoreboard at the mauka field (field A) is being relocated to Veterans field (makai). A new, larger scoreboard will be installed on the

mauka field. An electrical cabinet approximately fifteen feet by four feet will be installed between the concession area and the former grandstand (destroyed in a windstorm in February 2015). Power will then be restored to the lights on the mauka field. Two-foot-deep trenching is underway for the extensive distances between the electrical box and the scoreboards, prior to installing new conduit. The project is scheduled to be completed by November 30.

All of these projects are being completed by sub-contractors. In 2015 Parks personnel also erected a covered stage in front of the gym.

### FFA, continued from Page 3

Each school's advisors and administrators were involved in a breakout session for their school's strategic plan to develop or revitalize their FFA/CTE (Career Technical Education) programs. Presenter Bob Agres – planner, facilitator and former executive director of Hawai'i Alliance Community Based Economic Development – assisted the schools with the process.

Students were engaged in breakout sessions on individual career development education topics, such as public speaking with David B. Fuertes; executive engineering with Wyndam Properties, Paniolo Greens; record/bookkeeping with presenter Dr. Sylvia Hussey, executive director of the Native Hawaiian Education Council; parliamentary procedures with presenter Leanne Okamoto, manager of Kohana Farms and land asset manager of Kamehameha Schools, East Hawai'i; agri-demonstration with presenter Herbert Keamoai, former agriculture teacher at Kauai High School and chapter advisor for 30-plus years; extemporaneous speaking with presenter Melvin Jadulang, academic counselor at Kapiolani Community College and information technology manager at the Honolulu Club; and creed recitation with presenter Kori Galapir

Hasashima, district conservationist for the USDA Natural Resources Conservation Service. Presenters for each of these topics were former FFA members, now community leaders in various fields.

Executive director of the non-profit Kahua Pa`a Mua, Mr. David Fuertes, a retired agriculture instructor for the Department of Education (DOE), district career technical education resource for the DOE and former commissioner of the State Board of Agriculture, is excited at the success of this leadership workshop and the participation. Fuertes said, "Twenty-five years ago our island had nine strong active FFA chapters, three years ago it dwindled to only four active chapters. After this conference, it seems we have five schools committed and two schools motivated to revive and start a new chapter. I am very pleased to see the state and county leaders make an investment in our future agriculture leaders. I have seen the successful results of past FFA initiatives in the presenters today and witnessed the motivation they instilled in these young people's faces to move in the direction of careers, to make a difference in their communities. In the past 80 years, FFA has helped develop immeasurable leaders, not only in agriculture, but as productive citizens in their communities."

BILLY KENOI Mayor  
 DRU KANUHA County Councilmember District 9

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Department of Parks & Recreation For information please call: 961-8311

A sign at Kamehameha Park shows project cost and estimated completion date.

In the heart of historic Hawi Town is a community-based hub for education and gathering. The Kohala Village HUB works to feed Hawai'i food, arts, culture, and ecology to enrich the lives and wellbeing of rural North Kohala.

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## Letters

### A Walk in Beauty: Celebrating Charlotte Foley's Life

By Michael Foley

Tucked into the dashboard of my wife's car there's a scrap of paper on which she's written the title poem from the most recent collection of Gary Snyder's work,

*This present moment  
that lives on  
to become  
long ago*

Not a long poem, but enough resonance and thought to fill an entire lifetime. Charlotte died early on the morning of April 9 of this year. Before I could fully register the emptiness that suddenly threatened to drain my life of all sense and meaning I experienced a love I hadn't thought possible. Well, thinking doesn't come into it, really. This is a love you don't know you have until suddenly, here it is, your friends, your community, holding you tight, filling your house with their light. For me, it began with two close friends walking, walking, mostly in silence, along the cliffs at Upolu. That night, my hula halau brothers and sisters came with love and food. Hard to believe now, five months later, that we danced hula that first night. On the third night, the halau came back in full, beautiful force. Family and friends sat with their backs to the house and watched us dance Ke Anu O Waimea. As we swept our right arms high from east to west I looked past my hand and saw three egrets flying across the moon. It was a Kūkolu moon. Kūkolu means "stand in threes." In that moment, I felt a flush from my fingertips right through my body and I realized this is how it's going to be, that Char-

lotte is not gone, not "out there" somewhere, but inside, dancing hula with me.

Seems I had to begin here, at the place and time where Charlotte died. I had to begin here because that's where the celebration of her life began. I know I don't need to explain that we make a choice, to grieve or celebrate, or to grieve by celebrating; that my hula brothers and sisters guided me in that choice. And I know I don't need to explain that celebrating a life doesn't begin when that life ends, that it starts with a smile, a gesture, a kiss on the cheek, a presence, who knows how far back. But we set a date, August 7, a Sunday, and celebrated Charlotte's life at The HUB in downtown Hawi.

Ka Pa Hula Na Wai Iwi Ola drummed and chanted. Kumu Keala Ching chanted our "present moment" of celebration into being; Charlotte's teacher of Hawaiian language, of ukulele, of hula, a man who practices her cherished belief that we must include everyone, a man who listens, who sees, who shares, who nourishes the community here in the islands, and communities in Asia and Europe who also seek what Charlotte sought, a way of life that finds expression through aloha, through hula.

Bagpipes called up Charlotte's pivotal experience of taking refuge with Chogyam Trungpa at Kagyu Samye Ling in Eskdalemuir, near Dumfries, in Scotland in 1971. Murray Huggins played Donald of Laggan's Lament. An eminent piper and bagpipe maker, Murray had also played the pipes for Charlotte's 50th birthday in Ashland, Oregon, with snow on the ground and smiles of delight because she didn't expect it.

Inside, Rolinda and Mana took to

the stage with their beautiful voices and music. We told stories, read poems, remembered our friend, lover, wife, mother, grandmother. Later, North Shore Live played for us, like they did at kupuna hula festivals. We danced. Members of Ka Pa Hula Na Wai Iwi Ola, Na Wai Puna o Kona, Halau Hula o Kukui Aloha o Kohala, with Kumu Hula Leia Lawrence and joined by Kumu Hula Hope Keawe, all danced. Of course, my beloved Na Kupuna o Kohala, led by Kumu Hula Kau Nakamura and our Alaka'i Michael Matsu—how could I have done this without you two?—shed their aprons, or left the place where they greeted guests, or turned from a myriad conversations, and danced.

We shared the plentiful ono food planned and prepared in the weeks before, all made, caught and brought by Danny, Keith, the Leialoha 'Ohana, Kyung, Lina Botelho family, Birdsall 'Ohana, Sage Farms, our hula sisters, so many good friends.

One hula sister made over twenty-five ti leaf leis for me to give to friends and family, saying, "You'll know." So many loving hands brought leis of leaf, seed and flower. And the next morning, many of us gathered at Kauna'oa Bay where we undid those leis and after Kumu Keala called up the ancestral canoe for Charlotte, we cast the flowers onto the ocean surface where they were swept out to sea by the wind. Swimmers among us followed the flowers till they were met by a pod of dolphins making a rare visit to the bay, and beneath the dolphins, a manta ray.

My hope is that these words of thanks will catch the tail of that wind and come back to you, my friends, to say, Yes, she walked in beauty. Let's walk in beauty too.

### Aloha, Mike Isaacs

By Toni Withington

Mike Isaacs would be upset if he knew someone was writing about his expansive contributions to North Kohala's history. He was a private person - a rancher, much more at home on a horse, or a tractor, or mending fence. He was a guy's guy - tending his Hawaiian Homes land in Waimea or his family's pastures in Kohala, taking care of his aging mother, Ruby. He died August 12 of complications surrounding emphysema - a lifetime of smoking, don't you know.

His contribution to the turning point in Kohala's history, from plantation time to the new age of preserving an open coastline and struggles for access to the ocean and mountains, needs to be noticed and remembered, especially by the young people, whose future he cared so deeply about.

Mike was dedicated to working for three things: preserving Hawaiian culture, preserving the land and the history it tells and Keeping Kohala, Kohala. He was raised in Kohala and went to Kamehameha

Schools. After a successful career in the building trades, he returned to Kohala in the 1990s with a passion for preserving his Hawaiian heritage.

He could see that with the passing of our kupuna, the stories and histories were disappearing, so he convinced Auntie Marie Solomon, Kindy Sproat and others to record their oral remembrances on tape and videos. He kept meticulous records of all his work and that of others, which he donated to the Kohala Library. At least three file cabinets in the Kohala Room of the library are Mike's records.

The "save the coastline" movement, which started the late 1960s, was well underway, fighting development along the leeward coast. He brought his unique ability to research history, maps and records in an effort to fight development at Pao'o (Secrets), Kaiholena and Lapakahi (Tabrah's) so that these places would be purchased by public money and preserved forever. His testimony at a contested case over Pao'o was pivotal in pre-

serving that very historic place. His encouragement of others to bring forth previously hidden knowledge of Kaiholena's importance was critical to saving over a mile of coastline there. He highlighted the importance of Kauhola Point to Kamehameha's life and encouraged the purchase all the coastal land from Kauhola Point to Neue Bay, naming it "Kamehameha's Kula Iwi," the king's homeland.

He spearheaded the Kohala Historic and Cultural Preservation Group, one of five community organizations that have nominated coastal lands to the Hawai'i County Public Access, Open Space and Natural Resources Commission since the inception of the 2% Open Space Fund in 2006. So far these groups have raised \$19 million, from multiple sources, to purchase 334 acres of Kohala land for public use.

Mike was the one who approached the Airports Division to look to the Kohala community to steward and replant the mile of coast makai of Upolu Airport. As

**See Mike, Page 6**

### Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

**October Deadlines:**  
**Ads & News: 10/14/2016**  
**Publication date: 10/28/16**

**November Deadlines:**  
**Ads & News: 11/11/16**  
**Publication date: 11/26/16**

### Kohala Mountain News

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**Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.**

#### EDITORIAL STAFF

**Tom Morse**  
Publisher/Ad Sales Manager  
345-0706/ltmorse@aol.com

**Maureen Garry**  
Managing Editor  
494-4237/kmneditor@hotmail.com

**Annalene Williams**  
Layout & Calendar Editor  
936-0456/kmncalendar@hotmail.com

**Malia Dela Cruz**  
Bookkeeper  
895-3578/mdelacruz13@hotmail.com

**September 2016  
Contributors List**

**Eila Algood, Jamie Sweet Belmarez, Edna Cash-Dudley, Kalia Emeliano, Michael Foley, Renee Gonsalves, Kije Hazelwood, Hamakua-Kohala Health, Kelly Hudik, Family of Mike Isaacs, KNKR, Kohala Hospital Charitable Foundation, Janet Lam, Betty Meinardus, Marcy Montgomery, Tom Morse, Amanda Shoemaker, Megan Solis, Kealoha Sugiyama, Fern White, Margaret Wille, Toni Withington**

#### Current Circulation 4,000

Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number.

Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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### Jane Goodall Visits Hawai'i and Awards Kohala Pollinator Hunt

Story and photo by Marcy Montgomery

The World Conservation Congress was hosted in Honolulu September 1-10 and featured scientists, activists and policy makers from around the world, plus President Obama and Jane Goodall were honored speakers. This was the first time in 71 years that the Congress has been hosted in the United States, and Hawai'i was honored to have the movers and shakers for environmental and animal conservation on board. Hawai'i media touted Jane Goodall as the "superstar" of the group and also featured news on Dr. Sylvia Earle, a tireless oceans scientist and activist, plus over a hundred other inspiring leaders.

As part of this event, the Jane Goodall Institute awarded Kohala's own Great Pollinator Hunt with a "September Project of the Month" award and showcased the Hunt's informative three-minute video as an example of the many conservation efforts in Hawai'i. The Great Pollinator Hunt has been working with the North Kohala Public Library, the Discovery Garden at Kohala Elementary School and One Island's Green School to give out free seeds to create pollinator gardens, to showcase BONK - Bee Keepers of Kohala - and to offer Pollinator Habitat activities with

Zach Mermel of Ola Designs and the Xerces Society. Everyone can plant pollinator plants and help bring back our bees and butterflies.

The Pollinator Hunt encourages Kohala residents to get outside, collect information on pollinator sightings and to share their findings online to help build a community map. The Hunt web page is at oneisland.org. Bee a Change Agent!

Kohala Teachers are welcome to apply for a pollinator mini-grant kit, funded by the Jane Goodall Institute, to add pollinator activities to their classrooms. Email hawaii@oneisland.org.



Kristi Kranz and bee lovers at Hawi Farmers Market.

**Mike, continued from Page 5** a founding member of the board of directors of Kohala Lihikai, he spearheaded the planting of hundreds of native plants on the once-bare slopes of the cliff. He encouraged others and actively participated in getting the students at Kohala Middle and High Schools involved in the project. Upolu coast is mostly green today thanks to Mike.

Mike's dedication to Keeping Kohala, Kohala drove him to being a part of many aspects of writing the North Kohala Community Development Plan (CDP). He was a contributor to materials in the Community Access, Growth Management and Infrastructure sections of the CDP. He also served on the select Steering Committee that did the final writing of the document in 2008, which is now the official county planning document for the district. He fought for and insisted on parts of the documents related to establishing an historic district for Kohala. He was the one who first proposed calling for an open coastal trail from Pololu to Kawaihae, and a second mountain trail from Pololu to Kawa Pond. Both these ideas are the center of the strategies set forth in the North Kohala CDP.

His dedication to preserving the access to the ocean for fishing and gathering kept him an active member of the monthly meetings of the CDP subcommittee called the Kohala Community Access Group. Through this group he was a fierce and steadfast advocate of public access easements in all county-approved subdivisions. He led the charge just three years ago, before the County Council and on front pages of West Hawai'i Today, when the Planning Department failed to identify the Ala Loa, the ancient trail around the island, in the subdivision called Kohala Kai, makai of Kohala Estates. His intervention, and that of other groups, led to a recognition of the Ala Loa's location and the proposed establishment of a perpetual conservation easement of the land between the ancient trail and the ocean to be administered by the Ala Kahakai Trail Association, a locally led non-profit.

His example of keeping records of everything anyone in Kohala

did to preserve our heritage was a model for everyone. He compiled a thick stack of documents detailing 50 years of efforts to preserve the North Kohala coastline, which he waved overhead and submitted as his standard testimony whenever he spoke before commissions, county council or legislature. All of this is preserved in the Kohala Room of the library.

Mike had two principles behind his work. The first was to preserve the knowledge of our elders. Not to let it slip away. The second was to inspire young people to protect our culture, our history, our oceans and mountains. He constantly reminded those who were involved in coastal stewardship to "include the kids" because they are the future. It was his mantra.

He was a quiet man - a rancher. But he left an impressive trail for others to follow.

A memorial mass for Mike was held September 10 at Sacred Heart Church. He is survived by his mother, Ruby; his daughters, Leslie Isaacs (Reagan Fong) of Honolulu and Christine Isaacs of Colorado; his sister Gayle Mishima of Alaska; five grandchildren, and nieces and nephews.



Photo courtesy of the Isaacs family  
Mike Isaacs

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## County Council Update

From the Desk of District 9 Councilwoman Margaret Wille

### International Union for the Conservation of Nature ("IUCN Conservation Congress")

I recently attended the IUCN Conservation Congress that was held at the Honolulu Convention Center. This is the first time the event has been held in the United States. Over 10,000 people from around the world attended the event to brainstorm how to better protect our land and marine natural ecosystems from current destructive trends. I think of myself as generally aware and concerned about how we humans affect our environment, BUT...I sure learned a lot and became far more concerned about the state of nature on our planet, in particular marine ocean health. It was very difficult for me to watch the film "Plastic-Oceans", especially images of whales and turtles and marine birds dying from ingesting plastic marine debris.

### Upcoming environmental legislation

In October I plan to bring forward several environmental bills, including to limit the use of expanded polystyrene foam ("Styrofoam"), another restricting the use of glyphosate ("Roundup") in county parks, along public ways and waterways and a third addressing the need to review development applications for consistency with sustainability and resilience standards.

At the conference it became clear why Hawai'i should be a leader in these conservation efforts: because our host Hawaiian culture embodied a philosophy of ahupua'a - epitomizing the principles of sustainability, interdependence and respect for the health of the land and the sea.

### Renaming of the former Bank of Hawai'i building and the former judiciary building

I will also sponsor legislation to name the former Bank of Hawai'i building Ka Hale o Nā Kupuna i Kohala ("Hale Kapuna") and the former judiciary building Hale Kealoha 'o Kohala ("Hale Kealoha").

### Repairs at the former judiciary building and our Kohala videoconferencing site

While the ceiling of the former judiciary building is undergoing repairs, we are seeking to set up an alternative location for county council videoconferencing.

New Free Mulch Program and

### Vision of the Future Compost Program

Upgrading our solid waste program has been one of my priorities, and it is now a reality! Less than two years ago I was sitting in my office talking about how it would be great to start a state-of-the-art mulch and compost program here on Hawai'i Island, with high quality mulch (no invasive species) and high quality compost available for our farmers, landscapers and residents. Think of the food sustainability circle: Food waste from the resorts, restaurants, stores and farmers markets goes to making compost, which then goes to our farmers, who in turn use it to grow wholesome food and that food now goes back to the resorts, restaurants, stores and farmers markets for our consumption of locally grown foods. Well, fast forward, in fact I managed to get the necessary legislation passed. This once-imagined sustainability circle is now becoming a reality.

The new quality mulch program is up and running at the West Hawai'i Organics Facility adjacent to the West Hawai'i Landfill. The mulch is free and there is free loading. Call Hawaiian Earth Recycling for more information: 935-2277. The compost component of this venture will begin in 2018, as it takes time to obtain the state permits and build the facility. This compost facility will be a cutting edge model sustainability operation.

### Status of Phase II of Roots Skate Park

We finally got the plans for Phase II reviewed by the Parks and Rec Department planner, who has asked for several changes to be made. Making those changes to the plans is now underway. Once the plans are finalized, they will go out to bid, then construction, then more skateboard fun at the park!

### The October 14-15 Ragnar (Running) Relay Race

Exciting that the Ragnar Relay Race will pass through Hawi on the Waimea - Hawi - Kawaihae leg of the race. Be ready to see these runners coming through Hawi the afternoon of Friday, October 14.

The race will begin in Hilo and end at the Hapuna Beach Hotel.

With much aloha,  
Margaret Wille  
Councilwoman, District 9

## Record Player

Story by Eila Algood

Three months ago, a new show aired on Kohala's community radio station, KNKR, called The Vinyl Beat with DJ Maggie McGill. The show is focused on playing vinyl records to tell a story with the songs she chooses.

The vinyl record was first produced commercially as a twelve-inch size, played at 33 1/3 rpm, in 1930. It was most popular from the 1950s through 1990s, until the invention of the compact disc. Yet, in recent years, vinyl record sales have been on a steady incline.

I have seen Maggie sit in the record library at the radio station, looking for the right records to play on her show. "My passion for music fuels my soul and I want to share that with listeners," Maggie said.

Known as Amanda since moving to Kohala four years ago, she created her performer persona, Maggie McGill, as a way to keep her private life separate from that on social media and as a stand-up comedian.

Her vision for the future of The Vinyl Beat is to invite people in the community to stop in and share a song or two on air with her. "My favorite part of Kohala is people's willingness to help and give when they can!" she shared.

Her DJ name is Maggie McGill. Spinning vinyl records is her special skill.

You can hear her tunes

Tuesday afternoons

Four to six

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Prepare for a treat

Tune in to The Vinyl Beat

Catch Maggie's show on Tuesday afternoons from 4:00 to 6:00 on 96.1 FM or stream online via KNKR.org.



Photo by Amanda Shoemaker  
DJ Maggie McGill, host of The Vinyl Beat on KNKR 96.1 FM, gives Mr. Moco Nut Conkey a kiss.

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## Same Canoe Goes to Washington

During August, the Same Canoe Local Food Challenge was an invited participant in a national project director's meeting held in Washington D.C. The seminal event was sponsored by the National Institute for Food and Agriculture (NIFA) and over 60 projects from around the U.S. were present for the first time to share food security experiences working to alleviate hunger, improve nutrition and make stronger, enduring connections between consumers and farmers. Same Canoe of Kohala and Kona and Sustainable Molokai'i were Hawai'i's representatives in the meetings and gave earnest voice to Hawai'i's needs, concerns and solutions for reclaiming our food system. Model projects featured in the conference included examples of programs that could be adopted in Hawai'i and mirrored others that are already underway and worthy of wider local participation.

One of the more ingenious food system projects featured operates a mobile farmers' market that brings farm-direct food right into the most high-need neighborhoods. The mobile "store" trailers or buses arrive once a week and offer local residents a means to purchase farm fresh foods without needing transportation to get out to a large farmers' market. Here on the Big Island, we are fortunate to have the Hawai'i Food Basket offering a similar program where their "Da Box" weekly locally-grown food subscription and seasonal senior food service provides free and low cost pre-order options for fresh foods each week, delivered to a central community location. You can learn more about this affordable, convenient food delivery program available to everyone at [hawaiifoodbasket.org](http://hawaiifoodbasket.org).

Kohala deliveries are at Ainakea Elderly Residences.

**"The best time to plant a tree was 10 years ago."**

Community food forests that connect people of all ages to food and agriculture, one tree at a time, are sprouting up around the United States. Strategies were shared at the conference for ways to engage multi-ethnic communities in successful tree planting projects. These food forests can offer free access to highly-valued culinary foods and may also reflect local heritage fruits, two suggested motivations to engage communities in tree-planting initiatives in both urban and rural communities. In addition to future food value, it was noted that the tree plantings are also part of valued ecosystem restoration efforts and often reclaim unused land areas. Plus they build community spirit and pride of place. Here on our island, Kohala and Kona are locations where community food forests are being developed in conjunction with the Kohala Elementary School Discovery Garden, Ainakea Senior Residences and the Kona Pacific Public Charter School, with support from One Island's Green School and Same Canoe. The first tree planting volunteer days are planned for October and details are online at [oneisland.org](http://oneisland.org). Kohala tree up-plantings are scheduled for Saturday, October 29, 3:00 to 5:00 p.m. Volunteers are welcome to come help, or to donate a tree! Email [hawaii@oneisland.org](mailto:hawaii@oneisland.org) to learn more.

**Food Justice meets Food Sovereignty**

The most passionate discussions at the national conference were around building stronger connections between farmers and consum-

ers, with an emphasis on raising community awareness of the multifaceted benefits of supporting local farms. The goals most frequently mentioned were promoting the health and nutrition benefits of eating fresh and local and demonstrating the direct economic benefits of keeping food dollars – including EBT purchases – inside our local communities via farmers' markets and retailer support of local farms. Questions under lively debate were, "How do we engage low-income consumers in valuing local food?" and, "How do we develop long term food security by supporting more acres of local food production to keep our food dollars local?" Sound familiar? Yes, food system concerns face similar challenges everywhere. The entire conference, representing two different groups of NIFA grantees, was in agreement that raising awareness of both the health and economic values of local foods across our entire community is the most effective way to address food justice and sovereignty issues.

**Local Grocers and Farmers' Markets**

Here in Kohala, Same Canoe worked with Takata Store, the Hawi Farmers' Market and 13 farmers and vendors to conduct a highly successful NIFA food security pilot project that connected over 400 local consumers with local farms and foods from summer of 2015 – winter of 2016. Kohala had the highest level of Same Canoe participation on the island and the highest level of per-EBT user purchases of fruits and vegetables, predominantly from local farms. As a result of this federally funded project, over \$40,000 was invested in direct farm and retail purchases, farm tours, food advocacy, workshops

and local businesses. Thanks to inspiring strategies learned during the Washington D.C. meetings and the encouragement of peer-to-peer support, Same Canoe will continue strengthening local and island wide partnerships and is actively seeking further federal support to grow and expand the initial project. Thanks Kohala!

### Food System Fact

Hawai'i turns away \$20 million a year in potential EBT earnings for farmers and local retailers because we have one of the lowest EBT enrollments, based on potentially eligible recipients, in the nation. This money, available through the USDA Farm Bill to build food security, is returned to the federal government when it could be helping Hawai'i families, individuals and seniors and, in turn, local farmers. Encourage friends and neighbors who may qualify to apply for EBT support, much like they would medical insurance support. Food is Medicine! Kohala's SNAP/EBT office with applications is in Kapa'au behind the Senior Center.

### October 16 is World Food Day

Show your support for Kohala's farmers by dining local – at home or at our restaurants and cafes. Raise Your Glass and Toast a Farmer! #ToastAFarmer Learn more about World Food Day at [worldfooddayusa.org](http://worldfooddayusa.org)



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## An Elegant Evening at the Hub

It all started six months ago. The Kohala Hospital Charitable Foundation (KHCF) board members were tasked with planning the next fundraiser. After many months of hard work, the end of August had arrived and the fundraiser at the Kohala Village HUB was upon us.

It really got busy the day before the party. Karen Miller and her

volunteers set the tables and supervised the food deliveries. Alike Bruno, Lorraine Glory and Evelyn Kanishiro took their seats at the check-in for the sold-out evening. The bartenders Nelson Bruno, Dennis Kanishiro, Derek Obina, Garret Pasco and Howard Hinds put the champagne and beer on ice and opened the red wine bottles. As

Manny Javillonar, Chef Carter Chu, Dr. Tony and Nancy Jackson, and the board members. The menu came together in the very capable hands of Chef Puna Svendson and her crew.

An hour later our special guests arrived and the second act, "Talk Story with Danny and Anna Akaka and our local treasures Joe Carvalho

arrived with an old gurney from our Kohala Hospital. This spoof showed how important it is to update patient beds – the very reason for the fundraiser at the HUB. The auction began, and our amazing community donated funds to buy more than twice as many beds as we ever had anticipated, even in our wild-est dreams. Our volunteers from the



Photos courtesy of Kohala Hospital Charitable Foundation

Anna Akaka dances hula during the "Talk Story with Danny and Anna Akaka and our local treasures Joe Carvalho and Bobby Glory."

team installed the rainbow-themed decorations that she had created, the tables were put in place and the spectacular stage backdrop was set up by the artist herself, Susan Grant, aided by her husband, David Eichner, and John Watterson.

The morning of the event a team of KHCF board members and vol-

unteers started arriving the first act – Karen Miller, Wendy Hindley and David Gomes – took their places on stage and entertained us with beautiful music. Guests sipped champagne, drank beer and wine, and tasted the absolutely fantastic pupus donated by Roy's, Mauna Kea, Mauna Lani, Hilton, Bamboo,



Anna Akaka, Joe Carvalho, Bobby Glory and Danny Akaka entertain the crowd during the Kohala Hospital Charitable Foundation fundraiser.

and Bobby Glory," began. What a joy this was for all. Even the dog was not missing under the table of our realistic plantation set.

The third act was the purpose of the evening. "Nurse Dixie, Doctor Matsumura and Patient Betty"

Kohala Hospital were dancing with joy at the good news. These beds are state-of-the-art and, at \$4,000.00 apiece, will make the long-term patients at Kohala Hospital so much more comfortable. Our hearts are

**See Hub, Page 10**



"Nurse Dixie, Doctor Matsumura and Patient Betty" emphasize the need for updated hospital beds.



A stock photo shows one of the state-of-the-art beds to be purchased with funds raised at the event.



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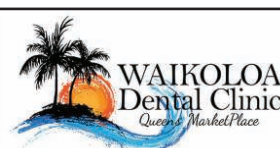
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### Resident of Hawi Gets Starring Role

By Eddy Cash-Dudley  
Hawi's own Dedrie Miller is starring in Drop Dead, performed by Waimea Community Theater in Waimea and Honoka'a. Drop Dead has been called the most hilarious comedy about murder ever written.

Dedrie's story is very familiar and heard often on the island.

She came to Hawai'i from Michigan for vacation and never left.

She has been here for 15 years and has been a resident of Hawi, where her foster son is now enrolled in school, since last year. She is a reading tutor at the Waikoloa Elementary and Middle School.

Dedrie was involved in theater in high school, then life happened - with marriage and children.

Once the time was right for her, she joined the theater group in Waimea and has acted in many familiar plays: Taming of the Shrew, Fantastics, Sunrise Boys, Can't Take It With You and others. She plays a washed-out TV star in Drop Dead, one of the leading roles.

She loves living in Hawi, loves the weather and all of the greenery.

She described Drop Dead as not being for children, but for anybody who likes comedy adult entertainment.

### Hawaiian Opposition to Annexation to be Discussed

North Kohala Public Library in Kapa'au will host a Hawai'i History "talk story" with Kohala historian Boyd D. Bond at 6:30 p.m. on Monday, October 10.

In this presentation, Bond will discuss the "Ku E Petitions: Early Hawaiian opposition to annexation." This is the final program in a three-part series sponsored by the Friends of the North Kohala Library.

Boyd Bond's knowledge of Hawai'i's history stems from his academic studies and from a lifetime spent in Hawai'i as a 6th generation descendant of early western settlers in Hawai'i. Boyd was raised in Hawai'i in a sugar plantation family, living on plantations throughout the state.

Of his interest in Hawaiian history, Bond says, "I can't ever remember a time when I wasn't immersed in it. Many of the stories of Hawai'i's history are also our family stories." Bond earned a BA in Hawaiian history from the University of Hawai'i at Manoa and went on to earn a masters degree in education.

Call the North Kohala Public Library at 889-6655 for more information. Contact the library three weeks in advance if a sign language interpreter or other special accommodation is required.

**Hub, continued from Page 9**  
brimming with immense gratitude to all our very generous donors.

Act four was a pure delight. Binti Bailey and two members of her Lava Rocks Band brought the guests to their feet. Many wished Binti's beautiful voice and her musicians' great talents would go on all night long. What a treat! If you ever have a chance to listen to them anywhere around the island, please do.

We also want to express a heartfelt "Mahalo" to our wonderful volunteers: Nario, Colin, Hana and Maya Anderson, Nicole Hayes, Diane Pasalo, June Marr, Preyasi Exter, Swarupo Frings, Sudas Buckley, John Sakai and last - but not least - Joey Bradley, for doing such a fabulous job with the sound system. And we are ever so grate-

ful to Mary and Richard Nakahara, Sherri Tohara of the Hapuna Laundry for their most appreciated donations and Traci Figueroa, Lehua Ah Sam and the Dorrance family for taking such good care of us at the HUB.

All told, it was a beautiful evening and another successful fundraiser for the Kohala Hospital Charitable Foundation. The many donations we received will certainly go a long way to help modernize our very important Kohala Hospital.

With sincere gratitude,  
The Kohala Hospital Charitable Foundation Board

Dixie Adams, Shoshana Matsu- mura and Betty Meinardus

Giovanna Gherardi, Elaine Christianson, Helen Levine, Joan Pruchniak and Cindy Sakai



Binti Bailey and two members of her Lava Rock band provide music, adding enjoyment to the evening.

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## October is National Breast Cancer Awareness Month

Come get your FREE breast and cervical cancer screenings! Even if you don't have insurance, you can come get your screening for free. Getting your well-woman exam is the key to prevention and early detection of cancer.

### Are You at Risk?

A risk factor is anything that affects your chance of getting a disease. Some, like a person's age or race can't be changed. Some are linked to cancer-causing factors in the environment. Still other risk factors are related personal behaviors, such as smoking, drinking and diet.

Your risk for breast cancer can change over time. Risks go up as you age, especially if you have a personal or family history of breast cancer or have dense breast tissue. (Did you know men can get breast cancer too?)

Many risk factors increase the odds of developing cervical cancer, but many women with these risks do not develop the disease. Risks include having human papilloma virus (HPV), diet, smoking, history of oral contraceptive use (birth control pills), family history of cervical cancer and others.

HPV is the most common sexually transmitted disease in

the United States. In fact, it is so common that nearly all sexually active men and women get it at some point in their lives. There are many different types of HPV. Some types can cause health problems including genital warts and cancers. But there are vaccines that can help stop these health problems from happening. Ask about the HPV vaccine for children nine and over, boys and girls.

Our woman's health program provides well-women exams that include a physical exam, breast exam, pelvic exam and a Pap smear.

### Breast and Cervical Cancer Control Program

If you are uninsured or underinsured, and you are between 40-64 years of age, you may qualify for the BCCCP program. To verify eligibility, please call for an appointment.

Hamakua-Kohala Health provides comprehensive primary and preventative healthcare regardless of ability to pay or health insurance status. Call for appointments at either Hamakua-Kohala Health locations: Honoka'a at 775-7204 or Kapa'au at 889-6236. Visit our website at hamakua-health.org.

## Feng Shui Principles of Harmony and Prosperity Featured

The North Kohala Public Library in Kapa'au will host author Clear Englebert for a one-hour feng shui talk on Monday, October 3, starting at 6:30 p.m. This free event will focus on his new book, "Feng Shui for Love & Money."

The talk explains various aspects of feng shui concerned with harmony and prosperity. Englebert will explain how to use and enhance the two powerful back corners of a space, the Relationship Corner in the far right and the Wealth Corner in the far left. There will be time for questions and comments.

Clear Englebert has practiced and taught feng shui in Hawai'i and California since 1995. A recognized

feng shui expert with six published books to his credit, he has been featured on television programs and in print media. His books, which include Feng Shui for Hawai'i and Feng Shui for Hawai'i Gardens, are available in five languages.

"Feng Shui for Love & Money," as well as Englebert's previous books, will be available for sale with the profits going to the Friends of the Library.

Call the North Kohala Public Library at 889-6655 or visit fungshway.com for more information. Contact the library three weeks in advance if a sign language interpreter or other special accommodation is required.

## Seniors Malama Building and Grounds

By Kealoha Sugiyama

Summer break for the Senior Club is over and it's back to the regular Monday meetings. However, on September 12 the first gathering for the seniors was a clean-up detail. The seniors came with their cleaning materials for the inside of the building, and some came with tools to do the yard work. They trimmed the shrubs and removed all the dried up leaves. They also cleaned the windows, dusted and swept and mopped the floors. Also assisting were the seniors from the Kohala Nutrition Site, and collectively members from both clubs did a wonderful job.

The Kohala Seniors are so fortunate to have four buildings for our use, and we need to take pride in helping with the maintenance and up keep with our buildings. As president of the Senior Club, I will not have the attitude that, "this is not my job and I'm not getting paid for doing this work, so why are we doing the clean up?" It was a fun morning with everyone working with each other and getting their morning exercise at the same time.

After the work was done, the seniors stayed for a meal at the Nutrition Site. So, if you're in Kapa'au, swing by the Senior Center and see the difference.

Mahalo, seniors, for your support. I appreciate you.



Photo by Renee Gonsalves  
Kohala Senior Club members spent their first regular Monday meeting cleaning up building and grounds around the Senior Center.



### It's Back! Ladies Night Out!

October 28, 6:00 – 9:00 p.m.

NHERC, Honoka'a

FREE Event Open to Women 12 and Over

### October is Breast Cancer Awareness Month

Malama Ola Kino Kou - To Your Good Health

### Do you have a plan to detect breast cancer in its early stages?

Our Breast and Cervical Cancer Control Program (BCCCP) provides breast and cervical screening, follow-up diagnostics and education for uninsured and under-insured women.

### Women's Health Services include:

- Well-Women Physicals, including Pap and Breast Screening
- Family Planning Counseling and Exams
- Birth Control and Emergency Contraception
- Pregnancy Counseling and Testing
- STD and HIV Counseling, Testing and Treatment
- Vaccines
- Health Education
- Behavioral Health Counseling – *Clinical Psychologists are here for you*

Call for appointments at either Hamakua-Kohala Health location:

Honoka'a - 775-7204, 45-549 Plumeria St  
Kapa'au - 889-6236, 53-3925 Akoni Pule Hwy

Visit our website at hamakua-health.org to learn more about our team's services. Like us on Facebook.



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## Mahalo for the Medals

By Kealoha Sugiyama

At the Kohala Senior Club, the theme for the month of August was Summer Senior Olympics. On

Monday, August 22, the Senior Olympians met in the Kamehameha Park at the Kohala Intergenerational Center building. The teams

were formed and the tensions were mounting.

Originally, the club president's intentions were to have seniors in a

swimming meet, followed by team basketball in the gym, track and field around the park and ending with a game of gate ball at the newly dedicated field.

When announcing the games to the seniors, all he got was a roar of laughter which indicated their reply of "good luck with that." So, he had to go with plan "B," which was doing brain games.

First the teams of four were formed at each table. They were to play together as a team and play as individuals as well. Everyone started with the Japanese card game called "hanafuta". That game had a lot of eye and hand coordination, and concentration.

They then went on to solve a puzzle containing various sports balls. It looked simple, but not one team was able to solve it.

Then it was bean bag floor horse shoe tossing. After a few practice throws, Emily was able to get six bags in the hole.

The final game as a team was to solve a maze by drawing a pencil line from one corner of the maze and coming out on the other end.

After an hour and forty five minutes of intense focus, the Senior Olympics ended. It was time to announce the team winners for the gold, silver and bronze awards.

Kelly Hudik from the Kona Elderly Activity Division in Kona was on hand to present the medals to all the winning teams. To close the award ceremony, we had a demonstration from Carla with a huge hula hoop. Afterwards, Carla offered to let the Senior Olympians give it a try. I think that the size of the huge hula hoop was too intimidating by appearance so no one was willing to try.

There are always hecklers in the stands and they called out, "Have Kealoha do it."

As the president, I have to set an example of leadership and willingness to participate in the club activities, so I gave it a try. With a lot of effort, I swung the huge hula hoop and, to my and everyone else's surprise, it stayed swinging around my hips for the longest time.

Seeing that, Harry Cabrera was brave enough to follow after me.

GO TEAM SENIORS



Photos by Kelly Hudik

Medalists in the Summer Senior Olympics hold up their symbols of victory in the brain games.

### WEEKLY EVENTS IN OCTOBER 2016

MON	9AM	KOHALA SENIOR CLUB MEETINGS - AGE REQUIREMENT 55 PLUS	OLD COURTHOUSE	895-2094	
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	7PM	AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL CAFETERIA		
	7PM	8PM	NARCOTICS ANONYMOUS - LIVING CLEAN - DISCUSSION	CLAY HOUSE (BEHIND THE HUB)	
TUES	2PM	AFTERSCHOOL ACTIVITY CLUB - 9/5: GAMES, 9/18: LEGOS, 9/25: HALLOWEEN MOVIE, "HOCUS POCUS"	NORTH KOHALA LIBRARY	889-6655	
	10AM	3PM	HAWI FARMERS' MARKET		
WED	9AM	YOGA CLASS WITH JAMIE EVERSWEET BELMAREZ	KOHALA YOGA COMMUNITY CENTER	756-3919	
	6PM	07:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYMN	
	7PM	ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE ROAD, KALAHIKIOLA CHURCH	889-6703	
THURS	3:30PM	NA 'IMI IKE; HAWAIIAN LANGUAGE STUDY GROUP	NORTH KOHALA LIBRARY	889-6655	
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	KAMEHAMEHA PARK COMPLEX	989-0966
	6PM	TABLE TENNIS/PING PONG	INTERGENERATIONAL CENTER	889-1099	
	7PM	8PM	NARCOTICS ANONYMOUS - 12 STEPS & TRADITIONS	CLAY HOUSE (BEHIND THE HUB)	
FRI	10AM	PRESCHOOL STORY TIME FOR AGES 2-5	NORTH KOHALA LIBRARY	889-6655	
SUN	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET (IF SUNNY)	
	6PM	7:30PM	CELEBRATE RECOVERY - HOSTED BY ADAM & MELINDA ANAKALEA	SOLID ROCK NORTH CHURCH	640-8590

EMAIL WEEKLY CALENDAR LISTINGS TO [KMNCALENDAR@HOTMAIL.COM](mailto:KMNCALENDAR@HOTMAIL.COM)





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Kohala Hospital

## PUBLIC NOTICE

**The Hawaii Health Systems Corporation  
West Hawaii Regional Board of Directors  
will be having its next meeting open to the public:**

**Thursday, October 13, 2016  
2:00 p.m. to 4:00 p.m.  
Kohala Hospital  
Kapaau, Hawaii 96755**

*The West Hawaii Regional Board of Directors represents  
Kona Community Hospital and Kohala Hospital.*



# KNKR 96.1 FM KOHALA RADIO WEEKLY SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
7AM	<b>Funkle Greg's Sunday Morning Mess</b>	<b>Uncle David's Big Show</b>	<b>Cosmic Cowgirl</b>	<b>Uncle David's Big Show</b>	<b>Cosmic Cowgirl</b>	<b>Working Hard or Hardly Working</b>	<b>Swap Shop</b>				
8AM							<b>Those Were Da Days encore</b>	<b>Women's Voices</b>	<b>Pulse / Open Time Slot</b>	<b>Women's Voices</b>	<b>Eco Talk</b>
9AM						<b>House Calls</b>					
10AM	<b>Goldstar Listening Library Encore</b>	<b>Revolution Radio</b>	<b>Michael's Mix</b>	<b>Tales from the Dead</b>	<b>Michael's Mix</b>		<b>Deez Rootz Encore/ Open Time Slot</b>	<b>Deez Rootz</b>			
11AM						<b>Kohala Kine Sport Show encore</b>			<b>Dug Inn Your Ear</b>	<b>The Vinyl Beat</b>	<b>Dug Inn Your Ear</b>
12PM	<b>Deez Rootz encore</b>	<b>Hawaiian Time Encore</b>	<b>Kohala Conversations / Goldstar Listening Library</b>	<b>Cooking with Jazz</b>	<b>Goldstar Listening Library</b>		<b>Hawaiian Time Encore</b>	<b>Pinay Show Encore</b>			
1PM						<b>Hawaiian Time Encore</b>			<b>Open Time Slot</b>	<b>Kohala Rooted (KHS Seniors)</b>	<b>Free Form Radio</b>
2PM	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>		<b>Open Time Slot</b>	<b>Not 4 Headphones Only</b>			
3PM						<b>Open Time Slot</b>			<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>
4PM	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>		<b>Open Time Slot</b>	<b>Open Time Slot</b>			
5PM						<b>Open Time Slot</b>			<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>
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8PM	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>		<b>Open Time Slot</b>	<b>Open Time Slot</b>			
9PM						<b>Open Time Slot</b>			<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>
10PM	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>		<b>Open Time Slot</b>	<b>Open Time Slot</b>			
11PM						<b>Open Time Slot</b>			<b>Open Time Slot</b>	<b>Open Time Slot</b>	<b>Open Time Slot</b>

More details at [www.KNKR.org](http://www.KNKR.org)

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**NORTH KOHALA COMMUNITY RESOURCE CENTER**

Congratulations to KES Discovery Garden coordinator Kayla Sinotte for receiving the Voya Unsung Hero Award!

Mahalo to the Ironman Foundation for their donations to `Ohana Homeschool Cooperative and Seibukan Academy of Hawaii.

You can support our projects and the Center with a tax-deductible donation to NKCRC, P.O. Box 519, Hawi, HI 96719 • 889-5523 • [www.northkohala.org](http://www.northkohala.org)  
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# KOHALA MONTHLY CALENDAR OCTOBER 2016

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
9/25	SUN			KEIKI YOGA 10TH ANNIVERSARY BENEFIT	MINI YOGA RETREAT	HAWAII ISLAND RETREAT	756-3919
3	MON	05:30 PM	7:30 PM	KOHALA PARENT SUPPORT GROUP	MEETING	THE COTTAGE @ THE HUB	895-3578
3	MON	06:00 PM	7 PM	GROWTH MANAGEMENT SUBCOMMITTEE	MEETING	BANK OF HAWAII BUILDING	
3	MON	06:30 PM		FENG SHUI FOR LOVE AND MONEY	WITH AUTHOR CLEAR ENGLEBERT	NORTH KOHALA LIBRARY	889-6655
5	WED	04:30 PM		COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	
10	MON	10:00 AM	4 PM	CAMP LOKAHI	FREE FUN DAY	MAKAPALA RETREAT CENTER	
10	MON	03:00 PM	04:30 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KING KAMEHAMEHA PARK	989-4894
10	MON	06:30 PM		KU E PETITIONS: HAWAIIAN OPPOSITION TO ANNEXATION	HAWAII HISTORY LECTURE BY BOYD BOND	NORTH KOHALA LIBRARY	889-6655
11	TUE	11:00 AM		ADULT READING DISCUSSION	ROSE HOTEL BY RAHINEH ANDALIBIAN	NORTH KOHALA LIBRARY	889-6655
11	TUE	06:00 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	KOHALA VILLAGE INN BARN	889-5715
15	SAT			FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	
15	SAT	06:00 PM	9 PM	ART SHOW OPENING	ALOHA PAINTINGS IN OIL BY KRISTA CUTTER	KAVA KAFE	889-5015
17	MON	06:00 PM		TEEN NIGHT, SIMPLE JEWELRY CRAFT	SID NAKAMOTO	NORTH KOHALA LIBRARY	889-6655
18	TUE	10:00 AM		ADULT & TEEN WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
19	WED	05:30 PM		AGRICULTURE SUBCOMMITTEE	MEETING	SENIOR CENTER	
22	SAT	10:00 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
22	SAT	11:00 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
23	SUN			PLANT-BASED HEALING SEMINAR	DR LAWRENCE DERBES MD, INFO @ WWW.GENTLEWORLD.ORG	NORTH KOHALA	884-5551
25	TUE	05:00 PM	6 PM	CDP SUBCOMMITTEE	POWER, VIEWPLANES, & EROSION CONTROL, CONTACT SUSAN FISCHER	OLD COURTHOUSE	882-7611
26	WED	04:00 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-5151
26	WED	05:00 PM		PARKS, WATER & ROADS SUBCOMMITTEE	MONTHLY MEETING	OLD COURTHOUSE	882-7611
29	SAT			SUPPORT THE KOHALA ELEMENTARY SCHOOL DISCOVERY GARDEN		RSVP FOR DETAILS TO HAWAII@ONEISLAND.ORG	

EMAIL CALENDAR LISTINGS TO [KMNCALENDAR@HOTMAIL.COM](mailto:KMNCALENDAR@HOTMAIL.COM)

## Kohala Churches

**Kohala SDA Church**  
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 Sabbath School: 9:30 AM  
 Divine Service: 10:45 AM  
 Potluck-Fellowship Lunch every Sabbath  
 55-3361 Akoni Pule Highway, Hawi HI  
 (808)889-5646  
[kohala.adventistfaith.org](http://kohala.adventistfaith.org)

**Kalahikiola Congregational Church**  
 Service every Sunday Morning at 9:30 followed by pupus & fellowship  
 Prayer time Tuesdays at 11:30  
 Iole road of Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue  
[www.kalahikiolacongregationalchurch.com](http://www.kalahikiolacongregationalchurch.com)  
 889-6703

**Gospel of Salvation Kohala**  
 Kokoiki Road  
 Service: Sunday 9:00 AM  
 Adult Bible Study: Monday 6:30 PM  
 Prayer Meeting: Friday 6:30 PM  
 Pastor Ilima Mo'ihā  
[www.gospelofsalvationkohala.org](http://www.gospelofsalvationkohala.org)

**Kohala Baptist Church**  
 Across from Makapala Retreat  
 Sunday Services 9 am  
 Adult Bible Study/Kids on Mission 10:15 am  
 Worship Service/Sunday School  
 Pastor Steven E. Hedlund (808)889-5416  
[www.kohalabaptist.net](http://www.kohalabaptist.net)

**Sacred Heart Catholic Church**  
 Hawi, Hawai'i - The Welcoming Church  
 Masses: Saturday 5 pm  
 Sunday 7 a.m. - 9:30 am  
 Weekday Mass: Monday - Friday at 7 am  
 Adoration: 1st Friday 6:30 - 7:30 pm  
 Rev Elias Escanilla  
 Deacon Thomas Adams  
 Telephone 889-6436

**St. Augustine's Episcopal Church**  
 Kapa'au, North Kohala  
 Sunday Services:  
 7am - Holy Eucharist (quiet Mass)  
 9am - Holy Eucharist  
 Children's Sunday School & Fellowship Brunch  
 Thrift Shop Hours:  
 Weds: 12 - 3:30pm • Thurs: 4 - 6pm  
 4th Saturday: 10am - 12pm  
 Free Community Meal:  
 4th Saturday of each month: 11am - 12:30pm  
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### Teens Invited to Make Jewelry

North Kohala Public Library is hosting a special jewelry making class just for teens ages 13-19. On Monday, October 17, at 6 p.m. jewelry artist Sid Nakamoto will demonstrate a simple and beautiful jewelry design. Materials will be provided for participants to create their own jewelry piece. Space is limited, so please call the library in advance to register. For more information, call Leilani Silver at North Kohala Public Library, 889-6655. Please call three weeks in advance to request a sign language interpreter or other special accommodation.

### Lions Take to the Streets

The Kohala Lions Club motto is "We Serve." On August 20, thirteen Lions went on the prowl to clean up Akoni Pule Highway from the elementary school to the bridge at Kapanaiia. The group picked up 12 bags of litter and one rubber ball!



Photo by Megan Solís  
 Back row, from left, are John Winter, Jon Adams, Dixie Adams, Christi Morgan, Jeff Alexander, Aaron Sienkiewicz, Chris Brown, Bob Keys. Front row: Jesús Solís, David Eichner, Steve Hoffmann. Not pictured: Rose Mae Watterson and Megan Solís.



### Kohala Cowgirls Volleyball Season Underway

Story and photos by Kalia Emeliano  
Kohala Cowgirls had their first volleyball game of the year in August against the Keaau Cougars! How exciting!

The junior varsity (JV) team has five new freshman. They may have lost their game, but they did a really good job for their first game of the season. They lost their first set but got back right after and won their second set.

In the third set, as the other team barely served the ball over the net, it was about to go straight to the ground until #12 dove and saved

the ball. As the ball went over the net, the other team was celebrating thinking they had won. Even after that save, Cowgirls lost, but the thing that matters is that they tried hard and will try harder next time.

The JV girls will hopefully learn from this game and practice even harder than before and prepare for their next game. The varsity girls won their game. They did an amazing job.

Team Records as of September 13:

JV - 3 wins, 3 losses  
Varsity - 4 wins, 2 losses



Kohala Cowgirls junior varsity team takes on Keaau.



Kohala Cowgirls varsity volleyball player spikes the ball into an opponent's block at the net.

### Robotics Team Wins Judge's Award

By Fern White

Kohala Kowbotics team members received the Judge's Award at the East Oahu VEX Robotics Tournament at Sacred Hearts Academy campus on Saturday August 20.

Kohala Kowbotics kids were the only non-Oahu team in the competition field of 28 teams. Kohala's Na Paniolo 2460 made it all the way to quarter finals, following elimination rounds. Team 2460 placed sixth overall



Photo by Cheryl Cabrera  
Left to right: Deighton Bell, Joseph Pasco, Kaimi Hook, Johnette Emeliano

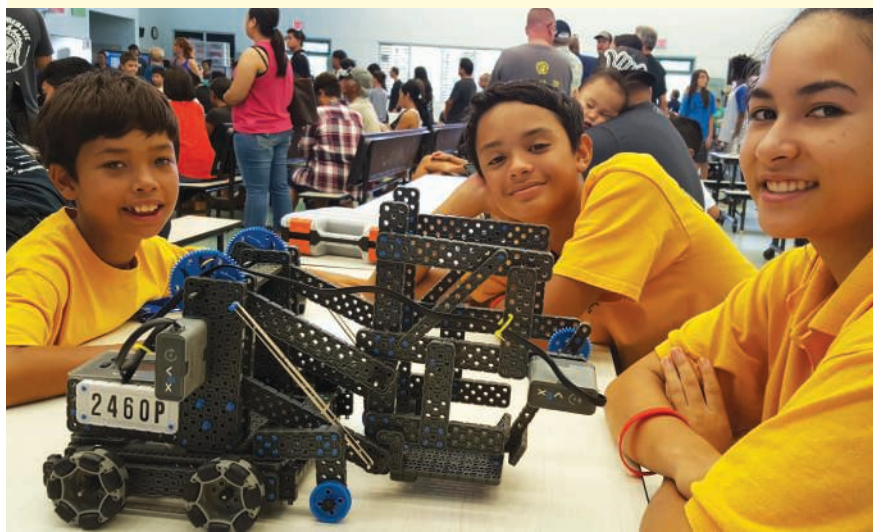
### Robotics Paniolo Li'i Completes First Competition

Story and photo by Fern White

Kohala Kowbotics team Paniolo Li'i members Kanoa Leshar, Hunter Perez, and Grace Todd take a breather between matches at their season opener VEX IQ Inspire League Competition. It was held at Keaau Elementary School cafeteria

and included 18 other teams from the Big Island.

Their next league tournaments will be October 1 and October 29. They are looking forward to learning as they go and adjusting their robot to perform the tasks of each challenge.



Kohala Kowbotics Paniolo Li'i team members (from left to right) Kanoa Leshar, Hunter Perez and Grace Todd.

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## Keiki Yoga Kohala Celebrates Tenth Year at KES

Keiki Yoga Kohala has been delivering the nationally recognized, evidence-based Yoga Ed. curriculum to support awareness, wellness, focus and fitness in Kohala Elementary School (KES) students for nine years.

As we celebrate our tenth year, we are honored to continue our work in the school and proud to say that the program is now stronger than ever, with an expanded curriculum to target the five social emotional benchmarks (self-awareness, self-management, relationship skills, social awareness and positive decision-making) through yoga postures, breathing exercises, relaxation, reflection, and non-competitive games and partner work.

Our goal is to help reduce the number of negative behavior incidences at KES and increase the peace.

We are very excited to expand our curriculum and just as excited to introduce a new, no-cost, weekly teachers and staff yoga class. We hope this offering will help with program continuity and provide a place for KES teachers and staff to explore the many benefits of yoga.

Also new this year are additional metrics to help track the effectiveness of the program, including pre and post-semester surveys, module surveys, teacher surveys and use of the "5 Point Scale", which helps students become aware of their emotional state. Yoga employs

tools to help manage and redirect unwanted behaviors and emotions and the result is a more "learning-ready" student. The expanded SEL (social emotional learning) curriculum will be delivered to KES by



Photo by Jamie Sweet Belmarez  
Students reach for their toes in Kohala Elementary School's Keiki Yoga Kohala program.

Program Coordinator Jamie Eversweet Belmarez and Maya Parish, who just completed her certification with Yoga Ed.

If you are interested in deepening

your yoga practice or new to yoga, you have a wonderful opportunity to attend several classes on September 25 at our annual Keiki Yoga Kohala yoga mini-retreat fundraiser held at the Hawai'i

the island's finest teachers will be offering the following classes: Jamie Eversweet Belmarez, Bhakti Groove (with Noelani Love from the North Shore Oahu playing ukulele mantra music as a soundtrack to your flow); Maya Parish, Arm Balance Flow; Carla Orellana, Restorative; Chelsea Morriss, Nidra; and Pascale Michel, Shakti Flow.

After classes there will be a Kirtan hosted by the lovely Dr. Hana Roberts, joined by Noelani Love, followed by a local and organic abundant dinner. Refreshments will be served throughout the event and there will be a lucky number drawing.

Tickets are \$45 in advance/\$55 at the door. For more information please visit [KeikiYogaKohala.com](http://KeikiYogaKohala.com) and click on "Benefit 2016."

Keiki Yoga Kohala is a project of the North Kohala Community Center and would like to thank them for their continued support. We are also grateful to receive a grant from the Lions Club and the NFL for the 2016-17 year and very generous support from Under the Bodhi Tree restaurant.

If you would like to support yoga at Kohala Elementary, you may make a tax-deductible donation via NKCRC on our website ([KeikiYogaKohala.com/giving.html](http://KeikiYogaKohala.com/giving.html)) or theirs ([northkohala.org](http://northkohala.org) - look for "Yoga Ed/Keiki Yoga Kohala" in the projects section). Mahalo for your support!

Island Retreat. Create your own schedule by choosing from concurrent options that provide either a mellow day of relaxation or an energetic day of yoga intensity. Some of

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