

Lessons of Giving

Story and photo by Melody Nietfeld
 Once again Kohala High students had an opportunity during the Resource Class to learn much more than the art of sewing. They were

able to learn a life lesson in the gift of giving and the sewing of hope. The dresses that the girls sewed were a part of a project known as Little Dresses for Africa (LDFA).

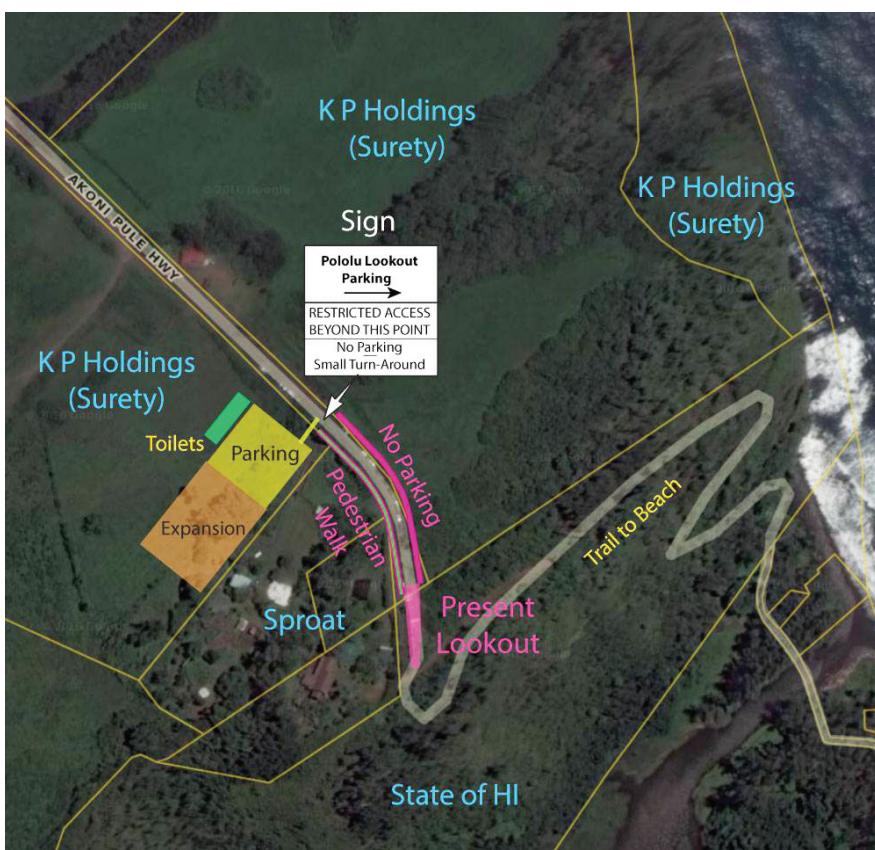
The dresses are sent to the LDFA organization, which then sends or delivers the donated dresses to verified communities or takes them personally to orphanages, churches and

schools. These dresses go as little ambassadors all over the world to plant in the hearts of little girls that they are worthy.



Students from the Resource Sewing Class who have taken part in the "Little Dresses for Africa" project show their work. Left to right: Danyka Cazimero, Kai Emeliano- Solomon, Daejha Rivera, Gabriella Boyle, Jada Hook, Kailee Paro, Amber Carvalho-Soares, Jessa -May Campollo

View Toward Pololu Valley Lookout's Future



Images by John Winter

An example of a parking lot and restricting access to the present lookout at Pololu shows a pedestrian walkway from a new parking lot to the lookout.

By Toni Withington
 Keeping the Pololu Valley lookout and trail a wilderness experience was a repeated theme at a community meeting on January 18, which was focused on the future of the area. Despite the problems of congestion and health hazards detailed, no one spoke in favor of large expansion of what has become a popular visitor destination, besides a place for local recreation.
 This echoed a report from a meeting of the residents living closest to the lookout held in December, which recommended preserving the rustic, non-commercial nature of the area.
 Four subcommittees of the North Kohala Community Development Plan Action Committee are sponsoring the series of information-gathering meetings. They are the Community Access Group and the subcommittees on Parks, Water, Roads; Growth Manage-

ment; and Power, Viewplanes and Erosion Control. The goal is to present unified recommendations to the different government agencies that control the highway, the lookout and the trail into the valley.
 The 25 participants in the recent meeting made very specific suggestions for improving the health and safety issues in the short term and supported gradual changes over a period of time. Some recommended eventually moving the panoramic viewing of the coastal valley wilderness away from the current valley-viewing area with its trailhead into Pololu.
 Cheryl Sproat, who lives right by the lookout, summed up others' views. "I would like to see it stay the same, but Pololu can't handle more people. The valley is abused as it is," she said. Along with the observations of others, she has noticed a dramatic increase in the number of people visiting Pololu in the past

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two years. Parking sometimes lines the highway for a half mile from the lookout. Visitors park and turn around in residents' driveways.

Besides parking problems, health issues were detailed in the report to the CDP Action Committee on the meeting. "The lack of porta-potties or other facilities has resulted in people using the local residents' yards, the roadsides and the trail as toilets. Several people

Phone was also requested, as was better, less confusing signs to warn of dangers.

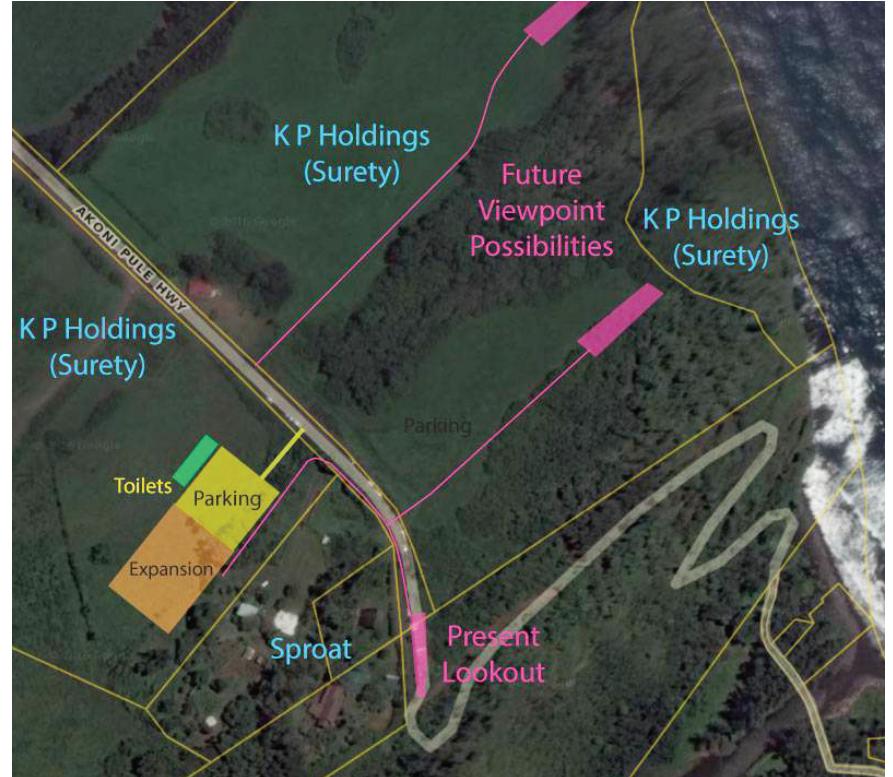
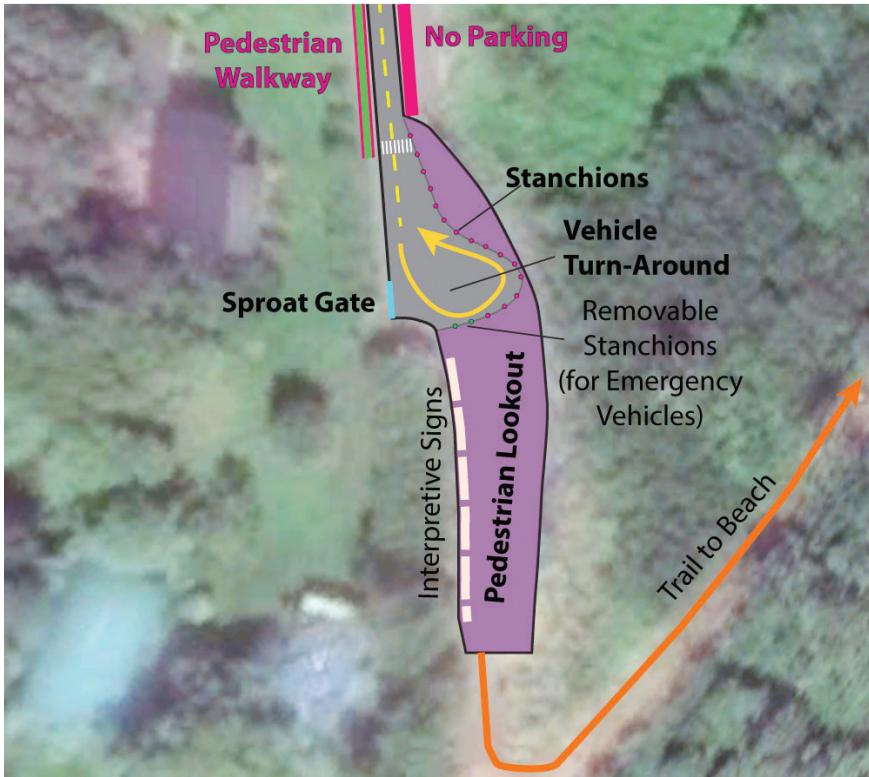
The pending construction of a Snack Shack at the former mule station by Surety Kohala Corporation near the lookout was generally viewed negatively. "Participants agreed that this would only contribute to the current problems and detract from the wild nature of the lookout area," according to the report.

new parking lot, prohibit parking along the highway and make the present lookout pedestrian-only, but allow vehicles to turn around and drop off passengers.

John Winter, a resident of the area, presented conceptual drawings of a way to control traffic at the lookout in order to have room for safe walkways, a turn around, access to residents' driveways, interpretive signs and also be expandable to accommodate emergency vehicles

improved scenic experience," the report said.

Like the land of the proposed parking area, the northern viewing area is also owned by KP Holding LLC (Surety Kohala). The report says both suggestions would probably involve purchasing or making legal arrangements with KP Holding LLC. Appropriate NKCDP sub-committees will investigate purchasing, funding and any considerations involving the State



An example of a restricted pedestrian-only lookout with vehicle turn-around demonstrates the inability for visitors to park at the lookout rather than the parking lot.

An example of a northern viewing area imagines the idea of relocating the lookout point away from the trailhead.

complained of the health risks, the smell and ugliness. One owner of valley land suggested installing composting toilets near the dunes behind the beach." In the short term it was suggested porta-potties be installed near the lookout.

Safety was highlighted as a big issue. "The rising number of visitors increases the risk of drowning in the beach's remote and extremely dangerous riptides. The delay in getting help is a significant problem. There were three deaths in one recent year. A lifeguard for Pololu was recommended," the report said. Installation of an Emergency

At both meetings the participants recommended creating a parking area sufficient to accommodate only a bit more than present needs, but leaving room for expansion. By a show of hands, participants at the January meeting said they favored eventually constructing a parking area with a restroom structure away from the lookout, possibly on land owned by KP Holding LLC (Surety Kohala) mauka of the highway, where it would be less conspicuous and not detract from the viewing area.

A further step would be to restrict vehicle access beyond the

when needed. The drawing was included in the report, along with maps of the current layout and possible future solutions.

In the longer range, it was suggested that separating the coastal viewing from the trailhead would solve most of the problems of increasing congestion.

"The view along the Pololu to Waipio cliffs is dramatically better further north along the edge of the Pololu cliff. Moving the viewing area out there would allow for a view along the entire coast. Surrounding it with natural landscaping and trails would create a much

Highways Division and the Dept. of Land & Natural Resources, which currently have responsibility for the area.

The four subcommittees of the NKCDP are still gathering information and suggestions for improving Pololu Valley lookout and trail from residents. They have begun discussions with KP Holding (Surety Kohala) and will be inviting representatives of the government agencies involved with the area, as well as legislative and council representatives to the next public meeting. For more information write to imuakohala@gmail.com.

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Kohala Ag Water System Discussion Flows On

By Toni Withington

The “pie in the sky” idea for a possible separate agricultural (ag) water system for North Kohala moved into the second round of community meetings late last month with more serious talk about how it might be organized.

Parks, Water, Roads Subcommittee of the CDP was still gathering information about the possible organization of a water system at its meeting on January 25, attended by 17 people. At the first meeting in November, 25 residents offered ideas on how the supply of ag water might be expanded to farmers beyond those who now have access to the Kohala Ditch by tapping into other sources that are available but not currently used.

The State legislature appropriated \$1.5 million to conduct a study of the feasibility of an integrated ag water system for North Kohala, separate from the County’s drinking water system. Engineers

at the State Department of Land and Natural Resources are looking into sources such as the upper elevation water tunnels that once provided most of Kohala’s potable water. The County Department of Water Supply (DWS) is researching the status of the tunnels, pipelines, easements and unused wells and reservoirs to help the study. The project is coordinated by the State Commission on Water Resources.

Senator Lorraine Inouye, who procured the funds, said she would like to see a professional entity of people from Kohala run the proposed water system. It would be the first district-wide ag water system in the State.

The Kohala Ditch, which gets its water solely from Honokane Valley beyond Pololu, is going through re-organization into a users’ co-operative. Kije Hazelwood, chairperson of the Community Co-operative, said the goal is to provide inexpensive, reliable water for agriculture

to as many North Kohala farms as is feasible.

Though the co-op is not committed to the idea of using additional water sources, the legal structure being formed would allow for new and repaired lateral lines off the ditch, each with its own co-op for installation and maintenance of pipelines. Each lateral would have representation on the main ditch co-op and have a say in the governance and operation of the ditch, Hazelwood said.

It was agreed that the biggest expense of upgrading any ag water system will be repair and construction of pipelines. While funding of these improvements is available on the state and federal level, the structure of the local entity would need to qualify for funds, according to the subcommittee report to the NKCDP Action Committee.

As at the previous meeting, several participants complained that despite helping with the reconstruc-

tion of the ditch or having agreements, they were still without water from it. “I would like to see people working together to get water to farmers,” one participant said.

The Ditch Co-op is not in a position now to make a decision about being part of an expanded ag water system, but is following the progression of the study, Hazelwood said. “Our plan is to have an open and transparent process for people to get water.”

The Parks, Water, Roads Subcommittee is planning another community meeting about the water system in a few months to talk to State and DWS representatives and our legislative and council representatives. The subcommittee has over 40 interested people on an email network providing information as it becomes available regarding the study.

To get on the list or to get a full report of the two meetings, write to imuakohala@gmail.com

Thermography Comes to Kohala

A painless, radiation-free alternative to mammography is coming to town! One day only: Monday, March 20.

Called thermography, this quick non-invasive test detects the subtle physiologic changes in breast tissue through thermal imaging. Some of the conditions often “seen” with this technology are cancer, fibrocys-

tic disease, infections and vascular diseases. Each scan becomes more powerful when compared with subsequent bi-yearly or yearly images since no changes take place unless a new pathology or disease appears. Thus, the biggest benefit of breast thermography is the opportunity for very early detection of breast cancer, especially useful for fast

growing types such as inflammatory breast cancer.

It gets better! The technician, Dr. Gardner is board certified as a Technician of Medical Thermology with a holistic treatment approach. She presented her doctoral thesis on a nutritional protocol which she demonstrated reversed ductal carcinoma *in situ* back in 2003. She

believes this research has saved hundreds of women from unnecessary surgical breast procedures.

Call Dr. Gardner at (209) 881-3044 to book your appointment for a screening today!

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Emergency Evacuation Lecture Shares Keys for Wilderness Survival

Story by April Lee

Want to do simple steps to save yourself from panic? We learned how to identify important conditions that might require evacuations and lots more at the free Wilderness Evacuation lecture given recently by Dr. Sandra Smith-Poling, visiting from Port Townsend, WA. The doctor teaches EMS (Emergency Medical Services) wilderness medicine courses to professionals. You may not think that you are ever in the wilderness and therefore this does not apply to you, but if there is a disaster and there is no power, the roads are impassable or emergency services not available, you will be in a similar situation.

We learned important states that might require evacuation and how to recognize signs, symptoms and conditions that require evacuation. We were surprised to learn that small injuries such as a blister on a foot can require "evacuation." Also, hand injuries – and even cramps – are critical because they impact the patient's ability to move. Some guidelines determine if the patient's injury will worsen with time. These include seizure disorders, burns and trauma.

Consideration of a patient's ability to eat and drink, such as cramping, nausea, vomiting and pain for more than 24 hours, should be regarded as critical.

If your family member's injury

pic pregnancy (pregnancy in the Fallopian tube) require you to get help immediately.

If the patient is not stable regarding their ABCDE (Airway, Breathing, Circulation, Disability &

We set up a plan to assist one another. Think about discussing this next time you are with your neighbors. Plan a method of contact (middle of the cul-de-sac 10 minutes after an earthquake, for instance). Find out if they have skills or equipment to assist in situations in a disaster. When asked about a victim who is dehydrating, this rehydration solution was suggested by the doctor (and is very important in diarrhea):

Homemade Oral Rehydration Salts (ORS) Recipe

To prepare one liter of solution using salt, sugar and water at home, mix the following ingredients in exact proportions.

- * 1 quart purified water
- * 1/2 tsp. table salt
- * 1/2 tsp. baking soda
- * 8 tsp. sugar or 2 tsp. Karo syrup
- * 1/4 tsp. salt substitute, like "No Salt" (provides potassium)

The next free, four-Saturday Certified Emergency Response Training is in Hilo, starting February 25.

The next training on the west side of the island starts April 6.

We have a schedule to email you, with free ham radio classes as well. Email: April@KRE2.com.



Photos by Sadie Young

On January 28, Kohala Community Emergency Response Team (CERT) members learned about wilderness evacuation from Dr. Sandra Smith-Poling. CERT training prepares members to plan in advance for emergency situations and will be offered again on the west side of the island in April.

is life threatening, identifying it could save their life. Sepsis, a failing immune system, presents fever, low body temp (hypothermia), heart rate greater than 90 beats per minute, rapid respiration, confusion, swelling, or high blood sugar without diabetes.

Also skull fractures, heart attacks, difficulty breathing or possible ecto-

Disturbed Behavior, and Extended Care) status, these types of injuries mean they may not be able to walk or assist with evacuation. Ask yourself: Are they likely to become worse or more difficult to evacuate if evacuation is delayed?

We Certified Emergency Response Team (CERT) members are guided to form a 'tribe' in our neighborhood.

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Letters

Mahalo Emergency Workers



Photo by Tony Jackson

Members of Kohala's Emergency Medical Services stand ready for the next call.

To the guys on Medic 15, you are truly a precious resource to the community of Kohala.

I don't know if most of the community realizes it, but we are all

very lucky and can feel safer with you guys around. I know that many of you live right here in the community and I've seen you driving around in your rig, talking to people

and making contact. This is your way of checking on the folks (keeping your finger on the pulse of the community, so to speak).

When there is a situation (emergency) that requires a rapid and professional response, you guys are there. Kohala hospital is growing and we are servicing more of the community daily. We want the community to feel they have good, professional care right here in town. Having a good pre-hospital care goes a long way towards that goal.

The doctors in the emergency room really appreciate the work that you do and feel fortunate to be able to work with such a competent crew.

I encourage everyone to give these guys a big Mahalo the next time you see one of them around town.

Tony Jackson, MD

Please Help A Friend in Need

Michael Bartolome was a Kohala High School student, just like me, and also happens to be my longtime friend for almost five years now.

He was a part of the graduating class of 2016 and after he graduated he was off to college. During his time here he was extremely athletic and stayed committed to tennis and while I played I would notice that he would be the only one who always had a smile on and off the court.

He always strived for good grades and never said no to a friend in need.

These are all reasons why I was so surprised to find out that he was diagnosed with acute lymphoblastic leukemia. I knew as his friend I had to do something, so that's when

I decided to arrange some sort of community fundraiser full of games, activities and food.

While it was not my initial plan, this progressively formed into my new Senior Project, a selfless project to benefit the community and encouraged by Kohala High School.

For this project, I will need as much help as I can get, whether it is for extra students to help work booths or just simply ideas for activities to be held at the fundraiser. I will soon have information posted on kaleonaopio.com about where it will be and how we get everything and everyone we need with little to no cost in order to maximize profits on proceeds.

I will also need to locate bands or other entertainers that are going to be able to provide a non-profit service. My hope is to have many activities, like tennis and some video games that Michael enjoyed, be at the fundraiser. Our projected date, although not final, for the fundraiser is March 25 at Kohala High School.

It is important that you or someone you know will volunteer to help, so please contact Mrs. Pasco (889-7117 or cpasco@kohalabs.com) at Kohala High School to ask about how you can help me change my friend's life.

Mahalo,
Jaycie Lewis

HI State House of Representatives Update

We are one month into the legislative session and the Hawai'i State Capitol is bustling. Hearings have commenced on the 1602 bills introduced in the House of Representatives. As in previous years, one of the important topics is agriculture.

Over the years, the lack of housing for farm workers has been a continuous topic of discussion. This year,

I introduced a bill that will help alleviate this constant struggle to live where you work. House Bill 2 (HB 2) addresses the need for agricultural workforce housing in rural areas, such as ours. If this bill is passed, tiny homes may be built on farms, in counties with a population of more than 180,000 and less than 250,000. I also introduced House Bill 229 (HB 229) that will prevent the state and counties from passing ordinances and laws requiring a minimum amount of floor space.

In the past, there has been a push for Farm to School programs throughout the State of Hawai'i. House Bill 255 (HB 255) aims to establish a Farm

to School Grant Program within the Department of Education. Farm to school programs encourage the use of locally grown produce from farmers in the community.

HB 255 establishes a grant program that will work with the Department of Agriculture to provide farmers with grants to ensure compliance with the Food and Drug Admin-



Photos courtesy of Cindy Evans

Representative Evans' Staff includes (left to right) Joana da Silva-Gonzalez (Researcher), Rhonda Roldan (Office Manager), Terii Perez (Administrative Services Manager) and Kehau Cortez-Camero (Communications Liaison).

istration Food Safety Modernization Act, implement good agricultural practices and audits, provide compliance training and fund a school grant program coordinator who will work with stakeholders.

Other topics up for discussion this

year pertain to animal welfare and invasive species. These are just a few topics that affect our communities and I encourage each and every one of you to visit www.capitol.hawaii.gov to view the various bills introduced this legislative session. To view any of the agricultural bills, click on the "Committees" box and look for the "Agriculture" committee. There you can view bills and submit testimony for the bills you may or may not support.

I am extremely grateful for the opportunity to serve our communities as your representative and I look forward to working with you to make our community a better place. If you have any questions or concerns, please feel free to call my office at (808) 586-8510 or email me at repevans@capitol.hawaii.gov.

Representative Cindy Evans
House District 7 – North Kohala,
South Kohala, North Kona
Majority Floor Leader

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

March deadlines:
Ads and News: 3/10/17
Publication date: 3/24/17

April deadlines:
Ads and News: 4/14/17
Publication date: 4/28/17

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Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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Viewpoints

Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the News or its staff.

Trend Setting: Conscious Car Care Reduces Fossil Fuel Dependency

By Frank Meza

[Editor's note: Meza has been an automotive machinist and engine rebuilder for over 35 years, and wants to help reduce adverse environmental impacts caused by misguided automotive maintenance.]

Auto-makers have always advised oil and filter change at a three thousand mile interval. The problem with this thinking is that the filter is clogged at 500-1,000 mile intervals, depending on oil filter type and driving conditions. Why, then, are we being advised to go three times, or more, than the filter's dirt-cleaning capacity? Even worse, now auto-makers, in an attempt to reduce oil usage, are recommending that consumers wait anywhere from 5,000-7,000 mile intervals. Synthetic oils recommend 9,000-15,000 mile intervals! That is upwards of 14 times the oil filter's capacity. Mean-

while, consumers drive around with unfiltered recirculating oil leading to poor fuel economy and early engine failure.

"This practice is contrary to [advice of] the ones making the filters. Oil filters are designed to trap foreign particles (some to 0.5 microns) ensuring only clean oil is to recirculate through the engine." -Mercedes

Why would they put a filter on an engine to remove foreign particles to 0.5 microns and then allow/encourage you to go fifteen thousand miles with all that recirculating dirt?

By telling us this, they are encouraging us to wait longer, which then allows more dirt into the crankcase through this contaminated recirculating oil, thus destroying our engines faster. (Engines with variable timing actuators fail faster

with oil/motor debris.)

Some dealerships will actually do oil and filter changes for free on new cars, knowing good and well the recommended practice (waiting 7-9,000 mile oil change intervals) will shorten engine life. Therefore consumers will inevitably be required to either repair engine damage or be forced into buying a new vehicle, only to be trapped in the same destructive pattern.

Whether 3,000 miles or 15,000 miles, consumers end up with an incredible dirt volume that is not being filtered at even a moderate adequacy.

The Solution: Encourage more frequent filter changes. Again, the filter reaches capacity at approximately 1,000 miles. The recirculating oil can remain in the vehicle for its life capacity, however the filters should be changed at their own

capacity. In other words, keep the oil for 7-15,000 miles (depending on oil type) and change the filter every 1,000 miles (20 hours for yard equipment).

What this means is less mess, cheaper and faster maintenance and less impact on the environment. Taking care of our vehicles and machinery in this way also allows for the mechanics to service our vehicles at more frequent intervals, thus being able to diagnose, maintain and prevent other costly repairs before they become major issues.

Less breakdowns for the car makes for happy owners. Automotive care can be just as green and environmentally friendly as any other conscious effort. Filters are inexpensive and every vehicle we care for in this way allows us to keep gallons of waste oil from polluting our islands and planet.

What Will We Leave Behind?

Story by Jeffrey Coakley

Sustainability is all around us, especially in Kohala where we are blessed with good soil, abundant rain and dedicated people who understand and care for the land. We aren't there yet, but we are getting closer and that's thanks to a lot of work by a lot of people - many of you reading this. It's great to see the community come together to support agriculture here and to teach our keiki how to grow their own food. This is healthy for all of us because we know Hawaiian food is good for our muscles, our bones and our soul.

But sustainability isn't just about growing vegetables and fruit - we have to think about the ocean too. We are an island, but the ocean connects us to the entire world.

She can humble us but she provides for us without question, even when she has very little left to give. Before, the reef was loaded with fish. We used to compete to see who could catch the most using 3-prong or Hawaiian sling and we caught plenty.

We have begun a great voyage

toward sustainability on land and it is time we do the same for the ocean. So what can we do? When

gets overwhelming. Where do we start?

If we focus on the sickness we



Photo by Lani Eugenio

Community members concerned with ocean environmental sustainability meet to brainstorm and enact solutions.

Front row (left to right): Leimamo Lind-Strauss, Malama O Kekai, Maui; Bonnie Stevenson, Education Liaison; Cheryl Rocha, NHW Coordinator; Diana Moriarty, Secretary

Back row (left to right): Chad Wiggins, The Nature Conservancy; Jeffrey Coakley, Moderator; John Kahiapo, DLNR/DAR Community Outreach Specialist

we think about the problems the ocean faces like plastic, sunscreen, chemicals, over-fishing, climate change, erosion and wastewater, it

can get lost, but let's look at the wellness of Kohala. We are blessed by God and nature. We are independent and proud to be that way.

We come together when we need to. When the fences and gates went up, we fought a war for access. When there was talk of dredging Mahukona to make a harbor, we united to protect that place. Now will we come together to conserve what is left of the bounty of the ocean?

Now is the time to do so and some of you are being called to help. We need your voice, your hands, your heart to help us find the way forward for Mahukona and how we connect with the ocean. We are just beginning to meet with those who love and rely upon the ocean and we would like you to be a part of the wellness that is envisioned. If we don't work for the future, then what will we leave for our keiki and for their descendants? Will they ever swim through clouds of kole? Could they survive off the fish that remain if the barges stopped coming? What can we do to make sure they understand what a living ocean is and what it provides for us all?

We have begun a great voyage toward sustainability on land... It is time we do the same for the ocean.

Hey.. we get Happy, too!

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Police Department Update

Aloha North Kohala,
The Hawai'i Police Department would like to inform you of the texting capability for 9-1-1 Emergency services. Hawai'i presently has a text option for 9-1-1 in effect. The option requires a text enabled/capable cellular phone.
It is necessary that location services on the phone be turned on. Only individual text messages will be accepted.
No group messages, photos, videos or emojis will be accepted.

Text messages must be brief and easily understood. Use plain English. No abbreviations, short cuts or slang. Text to 9-1-1 services may not be available everywhere and at all times.
There is also no guarantee a text message will be sent or received, depending on connectivity. A voice call is always preferred, however, text only when you cannot make a call.
To enable the messaging, simply send a text to the number 911 like

you would any other text.
Questions may arise as to why an individual may utilize a Text to 9-1-1 service.
The reasons and possible situations are many. For example, there may be a time that an individual in need of help may not be able to speak. Texting to 9-1-1 could be a very helpful option for that person.
For those who have questions regarding the Hawai'i Text to 9-1-1 system, you can go online to www.hawaiiextto911.com for further

information. We have fliers and information regarding Frequently Asked Questions for the Hawai'i Text To 9-1-1 system at the North Kohala Police Station.
We bid you peace and aloha from your North Kohala District Hawai'i County Police Department, Officer Kapelieli Kauahikaua, Jr. North Kohala Community Police Officer
(808)889-6540
kapelieli.kauahikaua@hawaiiicounty.gov

County Council Update

From the Desk of District 9 Councilmember Tim Richards

Aloha!
As I continue to collaborate with other policymakers, whether County, State or Federal, as well as the various County department directors, I am finding that essentially all have the same goal – providing a safe, healthy and thriving island community for Hawai'i Island. With that in mind, we can all rest assured that your County government will work hard to see that goal through.

In focusing on that goal, conversations with constituents are encouraged and have been plentiful from matters involving wastewater management and resident safety concerns in Pu'ako, Hele-On bus schedule for District 9, the Tiny House proposed concept, various coastline and zoning concerns – from mauka to makai – and the County Budget for fiscal year 2017-2018. These concerns are important to my constituents of District 9 and I am committed to listen, learn and work to build bridges toward solutions for the betterment of North and South Kohala. Some concerns of interest are noted as follows:

Hele-On Bus Service for District 9:

In sitting with Tiffany Kai, Administrator of the County Department of Mass Transit and reviewing and understanding the budgetary reports for this department, it is clear that bus fares collected cover only one

tenth of their operating budget. The cost for a single new bus is approximately \$500,000 and on any given day 23 buses are out on our roadways. When costs are broken down, the hourly rate to operate a single bus is approximately between \$75 per hour to \$100 per hour, depending on size of bus and route. Due to such costs and low ridership, the North Kohala/Waimea (Makapala Store) shuttle service ended its six-month pilot (temporary) program on January 31. With the calculated ridership for this route being 0-5 people on operation days, and the near \$1,400 daily expense for this single route, Mass Transit was forced to make the prudent decision that it was not feasible to continue this service.

Tiny House Concept:

I have worked to develop an understanding of this concept, and it may be helpful in addressing homelessness and providing starter homes for young families in the future. This concept could also help alleviate agricultural employee housing concerns. To that end, there will be a lot of ground work to cover to get this accomplished, i.e. zoning codes. I aim to learn more about the various challenges and look for possible solutions, as well as carefully watch State legislation going forward and facilitate where needed.

Public Access, Open Space

and Natural Resources Preservation Commission (PONC):

This is the county fund used to acquire property or property entitlements for preservation, public access or protection. Currently there is approximately ten million dollars available in funds to purchase property and approximately \$1.8M for maintenance. The PONC commission prioritizes properties to acquire, and three of the top five are in North Kohala. I'll be working hard to ensure we move those properties up the list and make those acquisitions.

Additionally, on February 8 the County Council approved the resolutions to accept a grant of public access easement at Ainakea as well as a grant of vehicular public access easement at Hala'ula, Maulili, Pueke, Kukuiwaluhia, Apuakohau, Halelua and Napapa'a.

I am honored to represent you and am humbled by this opportunity. I have enjoyed getting to know more of you and working with the communities as we seek solutions for District 9 and the overall good of Hawai'i Island. Should you have a concern that you would like to bring to my attention or an organization that you would like for me to meet, please do not hesitate to call my offices at either 961-8564 or 887-2069.

Mahalo,
Councilman Tim Richards
County Council, District 9

Learn About Kohala Life During WWII

North Kohala Public Library in Kapa'au will present "Daily Life in World War II," a "talk story" session with North Kohala historian, Boyd D. Bond, at 6:30 p.m. on Monday, March 6.

In the discussion, Bond will share stories from the perspective of Hawai'i's civilian community as well as the military presence in Hawai'i during the World War II years.

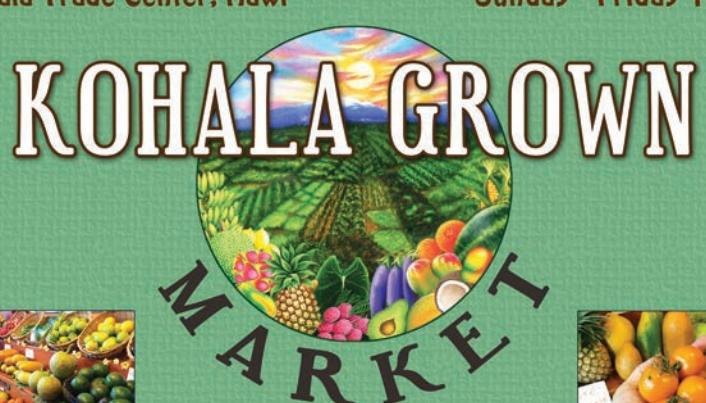
On Monday, April 10, Bond will discuss "Kamehameha IV: Alexander Liholiho and Queen Emma."

Boyd Bond's knowledge of Hawai'i's history stems from his academic studies and from a lifetime spent in Hawai'i as a 6th generation descendant of early western settlers in Hawai'i. Boyd was raised in Hawai'i in a sugar plantation family, living on plantations throughout the state.

Of his interest in Hawaiian history, Bond says, "I can't ever remember a time when I wasn't immersed in it. Many of the stories of Hawai'i's history are also our family stories." Bond earned a BA in Hawaiian history from the University of Hawai'i at Manoa and went on to earn a masters degree in education.

Call the North Kohala Public Library at 889-6655 for more information. Program schedule is subject to change. Contact the library 15 days in advance if a sign language interpreter or other special accommodation is required.

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Kohala Real Estate Market Healthy In 2016

By Beth Thoma Robinson R(B)

The residential real estate market in the Kohala was healthy in 2016, with 20 percent more homes sold than last year and prices edging upward. There were 36 sales ranging in price from \$245,000 to \$1,150,000, compared with only 30 homes sold in 2015.

Market Strength Continues in Under \$600,000 Range

In both 2015 and 2016, most of the real estate activity was in the moderate price range of the homes listed, a total of 24 sales. While the lowest priced residential sale was \$245,000 in 2016 compared with \$153,000 in 2015, the median sales price of a home in the Hawi and Kapa`au zip codes remained steady at \$445,500.

As 2017 begins, affordable homes are scarce, with two listings in escrow below \$350,000 and only four active listings at that level. A typical Kohala home for sale in this

price point would be a plantation-era house of less than 1,000 square feet, with price level reflecting the degree of renovation that has been done.

Homes that sell in the \$400-600,000 price range in neighborhoods from Hawi to Halaula are usually newer, larger and may have larger lots or even small acreage (but no or little ocean view).

Upper End Sales in Kohala: Homes on Acreage

All but two of the eleven residential properties sold over \$600,000 were homes on at least one acre, and as much as eight acres. Among the properties sold in 2016 were several that had been on and off the market for several years, but that finally found the right buyer at \$800,000 last year.

There were only two home sales in Hawi/Kapaau over \$1 million, in contrast with five in the previous year. One was a beautifully built

older property with two homes on 3 acres right in Hawi town that sold for \$1,090,000. The other was a nearly new home on 3 acres in Kapa`au sold for \$1,175,000. In keeping with the national trend of downsizing, the larger of these two homes was only 2,036 square feet.

As 2017 begins, there are four homes in escrow over \$600,000, but only one over \$1 million. That leaves us with a continued imbalance as most of the sales activity is at the lower end of prices, while most of the inventory is at the higher end. There are only 11 residential listings under \$600,000 and 21 homes listed at higher prices, including five homes over \$2 million at Puakea Bay Ranch.

Fewer Land Sales in 2016 But Prices Edge Higher

Only 12 parcels of vacant land changed hands in 2016, compared with 22 lots in 2015. Prices ranged from \$165,000 for a 15,000 square

foot lot on Kynnersley Road, to \$960,000 for 44.6 acres at the top of Kapa`au Rd. The large acreage had been purchased for only \$600,000 in 2013.

The first sales at the new Hawi Nani subdivision in Hawi were recorded, with pricing around \$600,000 for these 20-acre parcels with a well providing ag water. In general, preference continues for ag-zoned land outside of gated communities. A 10-acre parcel sold for \$325,000 in Puakea Bay Ranch.

Land sales are starting out strong in 2017, with some significant oceanfront parcels in escrow. However, there is still plenty of undeveloped land for sale in Kohala, a total of 34 active listings. The most affordable are the vacant lots in the Hanaula Village neighborhood, asking around \$205,000. The highest priced listing is \$18.5 million for 498 acres. The property consists of 11 parcels, of which three are oceanfront.

Cook Up Some Jazz

Photo and story by Eila Algood

Kathie Babben exudes enthusiasm when speaking about jazz and cooking. Sparked by a desire to share favorite recipes on KNKR's Working Hard, Hardly Working with hosts Lisa Ebrahimi (Kathie's sister



Kathie Babben hosts the Cooking with Jazz show on KNKR 96.1 FM. Babben combines her deep appreciation of jazz with forty-five years of creative vegetarian cooking to inspire creativity in the kitchen.

in law) and Josh Alt, a thirty minute spot was her first foray on live radio. It inspired her to create a new radio program combining the smooth, uplifting sound of jazz with cooking tips and recipes including how to build a flavor profile.

A vegetarian for forty-five years, she taught herself how to prepare foods in a tasty yet simple way. She enjoys the process of thinking, planning, preparing and ultimately eating. Add to that a deep appreciation of jazz, stemming from her father who played big band records on their console stereo, and you have a recipe for a delicious radio program.

With the support of her DJ husband, David Ebrahimi (Uncle David's Big Show), Kathie crafted her own weekly show, "Cooking with Jazz". David spent the first eight shows in the studio, providing technical guidance until Kathie felt confident to fly on her own.

"I love being on the radio, playing jazz and introducing people to new ways of eating," Kathie said.

For upbeat dinnertime melodies with Kathie's joy filled voice sharing recipe ideas, tune in to Cooking with Jazz on Wednesdays from 6 p.m. - 8 p.m. on 96.1 FM, or stream live at KNKR.org.

Food Summit Coming To Kohala Village HUB

By Rande Golden

Without a local food summit offered in Hawai'i during the past four years, it's great timing for the upcoming King's Bread Basket Food Summit. The event will be held at Kohala Village HUB from the evening of Friday, March 24, through lunch on Monday, March 27. Feed Hawai'i, the HUB's non-profit entity, is helping to host this event along with its partners Edible Magazine, Kohala Center, Hawai'i USDA Farm-to-School Project, Kohala Institute and other local community organizations.

The goal of this series of meetings, events and activities is to allow discussion of successes and challenges of those involved in Hawai'i's Farm-to-Table movement. The Food Summit also hopes to highlight Kohala's farmers and value-added producers that contribute to our local food culture and economy.

Appropriately named the King's Bread Basket, the North Kohala District has been historically known for producing an abundance of food. It's been the intention of some to help recreate this today, as Kohala is still recognized as a place with deep soil, open land and ample water.

Included in the Summit will be farm tours, focused discussions and time for meeting and networking between farmers,

producers, chefs, restaurateurs, wholesalers, distributors and other organizations involved with supporting food and farming industry needs.

A variety of participant packages are available, including those for people coming to town and in need of lodging and all meals, to a reasonable fee for people just participating in the Summit. Kama'aina sponsorships to cover part of registration fees are also available.

Some events will be open to the public and free. A Chef's Challenge on Saturday, March 25, will be held at the Hawi Farmer's Market. Chef Mark Noguchi, Chef Greg Ferris and others will be challenged to create delicious dishes out of ingredients provided mostly by vendors at the market.

During the evening on Saturday, the Kohala Farm to School Project will do a presentation for the community, including a short PSA (public service announcement) video. This will be held at the HUB Barn at 7 p.m. Then, on Sunday evening at the Barn at 7 p.m., a video entitled "Roots of Ulu" will be shown. This film is about to debut nationwide on PBS.

To find out more information about the King's Bread Basket, please contact programs@kohalavillagehub.com or call the Kohala Village HUB at 808-889-0404.



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Taiko Group Busy with Performances

Story by Lisa Andrews
Ryukyukoku Matsuri Daiko (RMD) Kohala/Waimea put on four fabulous shows in two days, February 4 and 5. One was at the Asian festival in Queen's Shops in Waiko-

loa and three were at the Cherry Blossom Festival in Waimea. RMD chapter members from O'ahu and Kaua'i joined in on these performances. There were over 30 performers on stage using three kinds

of drums- paranku, odaiko and shimidaiko - karate dance routines incorporating hula and a special Okinawan clown called a Chondara, with two keiki assistants. RMD Kohala/Waimea is a spon-

sored project of NKCRC. Donation checks may be made to NKCRC with RMD Taiko noted on the memo line and mailed to North Kohala Community Resource Center, P.O. Box 519, Hawi, Hawaii 96719.



Photo by Leslie Hokoana

Ryukyukoku Matsuri Daiko gather at the 2017 Waimea Cherry Blossom Festival. Over 30 members of the group performed with a variety of drums, danced karate routines incorporating hula and even brought out an Okinawan clown.

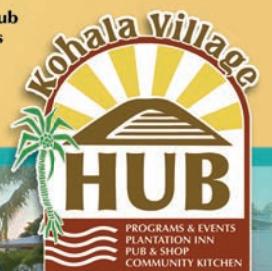
Taiko at Kohala Hospital



Photo by Sadie Young

The fabulous Ryukyukoku Matsuri Daiko Taiko of Kohala group performed at Kohala Hospital Dayroom in November 2016 and January 2017. The youngest performer is the great granddaughter of a 97-year-old hospital resident

In the heart of historic Hawi Town is a community-based hub for education and gathering. The Kohala Village HUB works to feed Hawai'i food, arts, culture, and ecology. The HUB strives to enrich the lives and wellbeing of everyone in rural North Kohala through its diverse offerings:



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The HUB's non-profit community learning center provides a wide variety of programs & workshops for all ages & cultures, encouraging families to grow together.

Visit www.KohalaVillageHUB.com for our new & ongoing offerings.

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Kohala Village HUB provides perfect facilities to host community theatre, concerts, weddings, fund-raisers, meetings, & gatherings. For upcoming events visit KohalaVillageHUB.com. To inquire & book your memorable gathering today, Email: programs@KohalaVillageHUB.com

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Real Food: Real Farms - A School Food Revolution

By Marcy Montgomery

The kitchen at the North Kohala High School is bubbling and cooking a whole new menu of fresher, often island-sourced, kid-approved foods. This breakthrough initiative is the first public school kitchen pilot in the State of Hawai'i to change their menu to embrace healthier, fresh, locally grown foods prepared from scratch. Thanks to leadership from the Lieutenant Governor's office and the Department of Agriculture, all three Kohala schools - high, middle and elementary - and the Senior Nutrition Program, are benefitting from this promising step forward toward locally grown and prepared foods. And to raise the bar - the monthly menus were designed by the kitchen team and kid-tested to reflect foods and cultural traditions appropriate to the local community.

What makes this so remarkable? For the past five decades, Hawai'i's Department of Education (DoE) has been sourcing its food from a few large, corporate mainland distributors. When asked why the schools were prohibited from purchasing fresh produce from local farmers, the DoE claimed a purported cost saving by purchasing through a state-scale procurement contracting system. That buying system has held a monopoly on school food purchasing for over 50 years by requiring all contracts be awarded to large scale food distributors able to sell at a statewide volume. Even though the food needed may be grown here, due to the DoE's mandate for statewide scale buying, their Food Services Branch has been purchasing nearly 100 percent mainland packaged foods shipped in from over 3,000 miles away.

The result has prevented a small local farm from selling a box of tomatoes or oranges to a school kitchen each week, for example, because the supplier has had to provide the entire statewide cafeteria system with hundreds of boxes to earn the contract. Clearly there is room for creative, localized reinvention strategies in a situation where every school has been serving the same meal to every student

every day across all of the State's 250 plus public schools.

Thanks to the combined forces of food system advocates, State legislators, the Department of Agriculture, the Lieutenant Governor, the Department of Education, and private funders, the new Kohala pilot project is pioneering a healthier, fresh made, local food menus that procure fresh fruit and vegetables, nuts and meats, from Hawai'i growers.

The main goals of the new food pilot are to identify inefficiencies in past buying and food service practices, and to implement new sources and methods that produce healthier, fresher foods at a lower cost and higher nutritional value for the school system.

KOHALA'S LOCAL POTENTIAL

Kohala Schools have one of the



Photo by State of Hawai'i Lieutenant Governor's Office
Consulting Chef Greg Christian instructs cafeteria staff on new menus.

few fully-intact kitchens remaining in the school system. After a statewide competitive process, Kohala was chosen for the pilot due to having the needed culinary equipment and an engaged kitchen team, and because it serves all three schools and the senior nutrition program providing a multi-site test bed. There is also procurement interest in future expansion of local agriculture at the Elementary School's Discovery Garden, at the High School's Ag Department, and among local farms to help supply the new menus. For the new school food menu that started on January 9, island grown is a high priority for the pilot with the hopes of creating an economic model that demonstrates that local food is not only "mo' betta" but also a cost savings that provides improved nutrition

and better health. The new menu "is delicious with all the healthy preparations and fresh veggies. Mahalo for the difference" commends Kealoha Sugiyama of the Senior Nutrition Program.

BIG CHALLENGES

The pilot is tasked with some big challenges with state wide implications. One is comparing historical costs of how things 'were' done to the potential cost savings and improved nutrition that may be found by: 1) prioritizing fresher raw food materials, 2) lowering food transportation costs, 3) increasing quality by buying island grown, 4) implementing kitchen-smart menus and production efficiencies, and 5) lowering the level of wasted food. The pilot has had the strategic opportunity to identify the actual daily costs of the processed, imported purchasing

fresh on site for \$.11 a slice.

Scaling up these savings, the return to cooked-from-scratch recipes holds the potential to not only provide healthier food, but to do it at a cost savings. And where better than to invest those savings than in buying high quality produce and meat from local farmers and ranchers as one of the solutions the pilot will be testing.

To develop a team-readiness among the kitchen staff to embrace cooked-from-scratch, Chef Greg is listening to their menu suggestions and gathering student survey input.

A valuable step is empowering the staff, under the leadership of Cafeteria Manager Priscilla Galan, to embrace a "one-mind" kitchen operation model used in well-managed restaurants where everyone has an important role to play and strong team spirit. Each meal from January forwards is being designed and prepared by the local kitchen team. The results of the first weeks of food service using the new menu plan are a growing success thanks to the team's willingness to roll-their-sleeves-up and try a new food service process with local kid-approved options.

Hats off to the Cooks!

STATEWIDE REPLICATION

An expanding concern about finding a new means to provide more nutritious - and tasty - meals for our students has seeded this break-through pilot. As evidence of this emerging shift in food and health values, the State Legislature has approved a new Farm-to-School position within the Hawai'i Department of Agriculture. The Lieutenant Governor's office is looking at ways to create change on other islands, the DoE is watching the pilot with hopes for its success, and private foundation funders are supporting the Kohala Cafeteria's food service pilot.

"The integration of locally produced foods into the lunches of area schools is a wonderful way to connect students with their farming community," said Scott Enright, Chairperson of the Hawai'i Board of Agriculture. "When students are exposed to Hawai'i's farm fresh

See Food, Page 11

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Food, continued from Page 10 agricultural products and learn to appreciate the taste and freshness, they will help the State grow the demand for local agricultural commodities."

Hawai'i's Lieutenant Governor's staff visited the Kohala Cafeteria as it rolled out the new menu plan in January and has expressed interest in seeing the model replicated on other islands. This is a potential food system game changer that could improve nutrition, lower costs, AND have the means to buy local and support family farms in Hawai'i. Plus if it proves to lessen food waste, and lessen dependence on imported foods, the many benefits of this innovative change gain in dimension and impact.

the Victory Garden movement saw even more food production happening on school grounds and in home gardens when food self-sufficiency was essential.

When Hawai'i became a State in 1959, a shift happened in food buying patterns and imported processed foods began to take over as preferred commodities. Concurrently, the levels of chronic, diet-related diseases unfortunately increased. But in North Kohala, right now, we are seeing a return to valuing island grown foods – for better flavor, better nutrition, and as a way to increase island self-reliance. Real foods from real farms.

LOCAL FOOD HEROES

Mahalo Nui Loa to the Kohala Cafeteria kitchen team, consult-

**Spring Camp at the HUB:
An Opportunity to Learn and Have Fun**

Story and photo by Rande Golden

This year's Spring Break Earth Smart Day Camp at Kohala Village HUB will be held Monday, March 20, through Friday, March 24. All youth ages 5 to 18 are invited to attend. The five-day camp will begin at 8:00 a.m. each day and end at 3:30 p.m., with all activities taking place at the HUB in Hawi. Sponsorships are available to help defer costs, available through the HUB's nonprofit, Feed Hawai'i.

The varied activities offered this year will allow participants to experience physical as well as artis-

HUB Executive Director. She added that Jaime will help participants understand how to turn a love of art into a growing business. Kealopiko creates designs and clothing that reflect the natural, cultural and historical landscapes of Hawai'i. They recently opened a new store on O'ahu.

The afternoons will also offer Kohala youth a chance to learn about horses from Shay VanZandt and others from the Kohala Wild Ride Club and Kohala 4-H. Participants will have a chance to learn basic riding skills and horseman-



Campers at last summer's Holo Jam Camp were able to learn about horses from Shay VanZandt and the Kohala Wild Ride Club. This program was enjoyed by all, so it will be offered again at the Spring Camp this year.

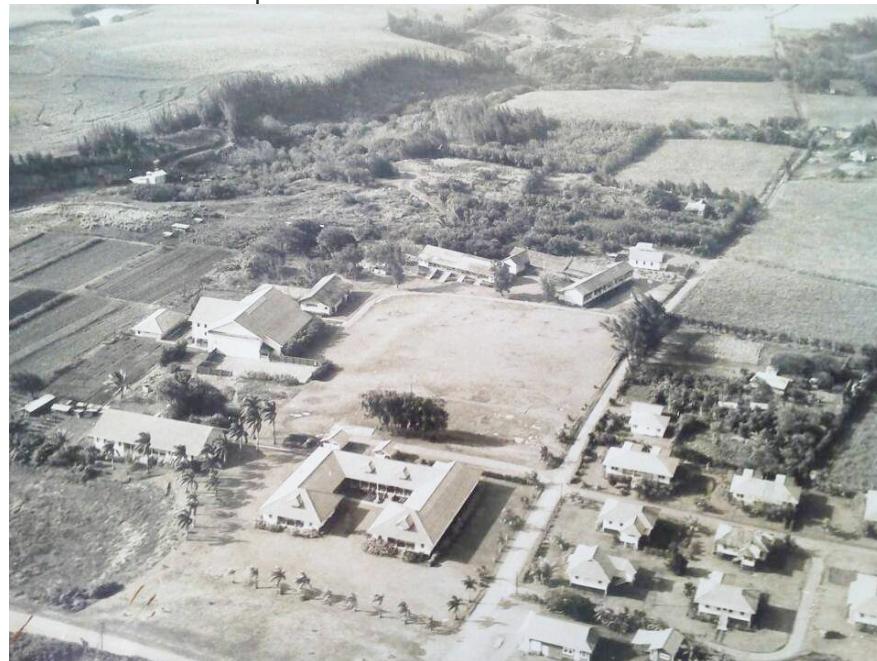


Photo from Kohala High School

A 1930s Kohala High School year book shows the large farm west of the gymnasium where food was grown for the cafeteria meals.

YET NEW IS NOT NEW

An old high school year book for Kohala reveals a surprising image from the 1930s. In it you can see the large farm, upper left, west of the gymnasium, growing food for the cafeteria – all produced right on the school grounds. Around the island, elder family members who were school kitchen employees recount times when all of the school kitchens cooked from scratch using food grown in the community. Others recount that during World War II,

ing Chef Greg Christian of Beyond Green, State Legislators and staff, and The Kohala Center, all supporting the Farm to School initiative, and to the pilot project funders: Ulu Pono Initiative, Kaiser Permanente, the Dorrance Family Foundation, Hawai'i Appleseed, Hawai'i State Department of Health, and the Johnson 'Ohana Charitable Foundation, who share in the vision for this precedent-setting food system initiative that is a welcomed 'food revolution.'

tic expressions. Kahana Cordeiro, a professional martial arts instructor, will teach movement and an introduction to jujitsu, helping kids learn some ways to take care of themselves.

In conjunction with the theme of caring for our earth, Kurt von der Heyden will help the kids create and plant grow boxes out of recycled materials. They will also have a chance to create ceramic clay pinch pots using the HUB's clay house equipment.

"Of special interest to older youth are classes being taught by Jaime Makasobe, who is a founder of the designer clothing line Kealopiko," stated Lehua Ah Sam,

ship, grooming, roping and horse and saddle care. Horses are trucked to the HUB's back field where stations will be set up for the youngsters to experience and learn.

"We really urge Kohala youth to take advantage of this Spring Camp. Parents are encouraged to find out about sponsorships, designed to make these camps affordable for everyone," shared Ekela Kahuanui, Program Manager at the HUB. Applications are available at the HUB front desk. Signing up soon will guarantee a space, as the number of participants has a limit. For further information, please call Ekela at the HUB at 889-0404, extension #104.

THE COQUI CORNER

MAHALO KOHALA!
Thanks to your generous donations, The Coqui Coalition is back in action!

Volunteers have stepped up and now have three of the four major infestations under control. The County transfer station, Kopiko Estates, and Pratt Road have all been treated and are being carefully monitored.

The Keokea Gulch and surrounding areas are actively being treated. We are so grateful for the coordination and cooperation of the residents there.

Please consider a donation to the Coqui Coalition today. We need your kokua! Help Keep Kohala Coqui Free! Coqui Hotline: 889-1777

NORTH KOHALA COMMUNITY RESOURCE CENTER

◆ Mahalo to the Office of Hawaiian Affairs for awarding a \$5,000 grant to the Kamehameha Day Celebration Committee.

◆ NKCRC is proud to partner with the Kohala Farm 2 School Project to secure needed equipment for the school cafeteria kitchen.

You can support our projects and the Center with a tax-deductible donation to NKCRC, P.O. Box 519, Hawi, HI 96719 • 889-5523 • www.northkohala.org A great way to love Kohala!

Little Fire Ants in Kohala

Representative Cindy Evans brought Franny Brewer, Rob Curtiss and Scott Enright to Kohala on Monday, January 9, to speak with us on the little fire ants (LFAs) which are now showing up in the area. Franny is from the Big Island Invasive Species Committee (BIISC), a voluntary partnership of government, private and nonprofit organizations and concerned people working to address invasive species issues on the island of Hawai'i. Rob is an entomologist (a guy who studies insects) for the Department of Agriculture Plant Pest Control branch in Captain Cook. Scott Enright is the chairperson of the state Board of Agriculture.

Scott opened the proceedings by telling us that in 2002, the state legislature estimated it would require a commitment of about \$50 million to combat invasive species in the state. So far the budget has been small. Complete eradication would be nearly impossible, he said, so we will have to work on control of them. For some time he has proposed the formation of State Invasive Species Authority, which can more forcefully manage invasive species in Hawai'i and advocate for better financing. It appears that such an organization may finally be approved, which is a major step forward. The proposal is going through the legislature right now and public testimony is welcome!

Franny and Rob gave us a brief history. There are 54 known species of ants in Hawai'i and all are introduced. But two species deserve special attention: the fire ants. Little fire ants (LFAs), as the name implies, are much smaller than "ordinary" fire ants, but manage a very big and painful bite. Little fire ants were first reported in Hawai'i in 1999. They probably came in on plants from either Puerto Rico or Florida. They have spread rapidly in the islands and showed up in Kohala a couple of years ago (the Tropical fire ant is on the island, but presently not up here). Unlike other ants which prefer sweet stuff, LFAs eat protein. They like moist shaded areas, such as near rock walls and trees.

Once up in trees they may drop on an unsuspecting person below and bite. Once established, they tend to drive out nearly every other animal in an area, leaving it virtually lifeless (except for fire ants). Some people have even moved off their property due to a significant LFA presence. In Kohala, LFAs are known in the Niuli'i area, Keokea Beach Park, Makapala and on Ho'ea Road.

How do we combat them? The first line of defense is to limit their ingress. If you buy plants from elsewhere, quarantine them and test for the presence of LFAs. You can do this by putting peanut butter (or Spam) on a small stick (like a Popsicle stick) and placing it in the dirt. This is a good time to check for coqui frogs and eggs too, but this is a different subject.

After a while, examine for ants. They are TINY. They also move very slowly and may fall off the stick if disturbed. If you suspect you have a little fire ant and want it confirmed, I suppose you could simply let the little bugger bite you, but I'm sure you'd prefer to send the sample to Rob Curtiss at the DoA Pest Control Branch, PO Box 26, Captain Cook, HI, 96704 for a positive ID. Please freeze it before sending. DO NOT SEND A LIVING ANT.

But we now have them up here and need to control the outbreaks as well. Battling LFAs requires a prolonged campaign and you cannot do it simply by improvising with your own insecticide. It's highly recommended that you take a class and learn how to combat them. The Hawai'i Ant Lab has offered day-long classes in Hilo for some time, but this is a long trip for Kohala residents. HAL is continuing to offer these classes 9-3 on a Friday, and people can go on their website (www.littlefireants.com/index.html) and sign up if they want the full class, although there are no spaces available until April.

BIISC's program is more community centered. They have worked in communities from Kalapana to Kona, but not yet in Kohala. Their program comes in two pieces: a public meeting in a general location (under 1.5 hours) that tells a community how to treat LFAs, followed by any number of smaller neighborhood backyard trainings on mixing and application. People who attend this training session are eligible for a \$45 voucher from the County of Hawai'i to apply toward the cost of the treatment materials (the County voucher program ends March 31). They follow up with each group of neighbors with a yearlong series of reminders and technical support (including a second meeting) (www.biisc.org/biiscs-little-fire-ant-community-support-program/).

John Winter has volunteered to organize a public and single training session in Kohala if there is sufficient interest. The target date is Saturday, February 25. The public session would start at 10:00 and can be relatively large (up to 30 people) but the second training session to follow should address a smaller specific community. Since John lives near Niuli'i, he'd like to enlist Niuli'i and Makapala residents for this first Kohala training, but he'd be happy to take the names of all interested parties if there is room or for future trainings. If you are interested in either the public session or a training, please email John at winterj@whitman.edu and be sure to specify if you want to attend the public session, the training or both.

Also indicate what community you live in. If he gets enough interest from other communities he can proceed to organize other trainings, but BIISC is willing to continue and come up and offer further trainings.

WEEKLY EVENTS IN MARCH 2016

MON	9AM		KOHALA SENIOR CLUB MEETINGS - AGE REQUIREMENT 55 PLUS	OLD COURTHOUSE	895-2094
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL CAFETERIA	
	7PM	8PM	NARCOTICS ANONYMOUS - LIVING CLEAN - DISCUSSION	CLAY HOUSE (BEHIND THE HUB)	
TUES	10AM	3PM	HAWI FARMERS' MARKET		
WED	9AM		YOGA CLASS WITH JAMIE EVERSWEET BELMAREZ	KOHALA YOGA COMMUNITY CENTER	756-3919
	2PM		AFTERSCHOOL ACTIVITY CLUB - MAR 1: WII GAMES MAR 8 : LEGO BUILDING MAR 29 : MOVIE	NORTH KOHALA LIBRARY	889-6655
	6PM	6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	
	7PM		ALCOHOLICS ANONYMOUS	WYLLIE HALL, 'IOLE ROAD, KALAHIKIOLA CHURCH	889-6703
THURS	3:30PM		NA 'IMI IKE; HAWAIIAN LANGUAGE STUDY GROUP	NORTH KOHALA LIBRARY	889-6655
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	KAMEHAMEHA PARK COMPLEX	989-0966
	6PM		TABLE TENNIS/ PING PONG	INTERGENERATIONAL CENTER	889-1099
	7PM	8PM	NARCOTICS ANONYMOUS - 12 STEPS & TRADITIONS	CLAY HOUSE (BEHIND THE HUB)	
FRI	10AM		PRESCHOOL STORY TIME FOR AGES 2-5	NORTH KOHALA LIBRARY	889-6655
SUN	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET (IF SUNNY)	
	6PM	7:30PM	CELEBRATE RECOVERY - HOSTED BY ADAM & MELINDA ANAKALEA	SOLID ROCK NORTH CHURCH	640-8590

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Kohala Sports

Kupuna State Softball Champions Open Up 2017 in Kohala

The defending the Hawai'i State A-Division title, Kohala Kupuna Softball Champions opened their defense of their 2016 State Crown versus two perennial powers from the east and west sides of the Big Island. On Saturday, January 28, Kohala split a double header with three time state champion Kona Gold, winning Game 1 by a score of 11-10 and dropping Game 2 with a score of 18-17 in extra innings!

In a Game 1 defensive battle that was tied at 5 for several innings, Kohala outfielder Gary Tocatlan came up with the game winning RBI in the bottom of the 7th inning to earn Kohala the win. Game 1 also highlighted the solid pitching of JR Cazimero and the superb fielding of his brother, outfielder Randy Cazimero, who dazzled the crowd with his speed.

In Game 2, both teams brought the sticks out and scored willingly on each other until the bottom of the 8th inning, when Kona Gold pushed over the winning run. Congratulations also go out to Kohala outfielder Mike Felig for providing great defense and a hot bat at the plate by going 8 for 9 in both games, with every hit being "abso-lute-ly roped!" which included a three-run bomb to tie up Game 1!

This 2017 home opener was dedicated to the memories of fallen players who left us in 2016.

On February 4, Kohala played host to east side powerhouse and former state champion, Hilo Pomaika'i. It was a split again, with Kohala taking Game 1 by a score of 7-6 and dropping Game 2, 19-13. This doubleheader was another impressive display of softball skill with great defense on display and veteran leadership to go with it. Kohala Kupuna is now 2-2 on the season and headed to their next game at the Honomu Rockets on February 25.

Good luck this season!

Kohala Keiki Cowboys and Cowgirls Compete in Waimea

Various keiki from Kohala's many Cowboy families participated in the first two events of 2017 at the Hawai'i High School Rodeo Association Keiki Rodeo.

out the rodeo season. Keiki competed in:

1) Dummy Roping (Ride on horseback up to a dummy calf/steer, dismount and rope it around

4) Goat Un-decorating (Ride on horseback up to a tied-up goat, dismount, run up and pull a ribbon from its tail);

5) Boys & Girls Goat Tying



The Kohala Ride Wild Club at the Hawai'i High School Rodeo Association Keiki Rodeo in Waimea. Many of the club keiki participated in the first two rodeo events of 2017.

Each event was held at the beautiful surroundings and facilities of the Parker Ranch Rodeo Arena in Waimea. Cowboys and Cowgirls from all over compete in various events to achieve points through-

the horns for the fastest time);

2) Barrel Racing (fastest time around three barrels...in a side, side, center pattern);

3) Breakaway (Calf roping on horseback for the fastest time);

(Teams of two knock down and tie up three legs for the fastest time);

6) Pole Bending (Maneuver on horseback through a series of poles down and back for the fastest time);

7) Keiki Calf Mugging (Teams of two attempt to knock down a "wean off" calf and tie up three legs for the fastest time); and

8) Keiki Calf Riding (Ride a slightly bigger calf for the longest time, up to eight seconds).

The series of rodeo events allows each competitor the opportunity to gain points in each event, over the many available events, culminating in the crowning of a boys and girls age-group champion. The final rodeo event to determine the champions of the 2016-2017 season will be on Saturday, April 1. Next keiki rodeo in Waimea is scheduled for Saturday, March 4, again at the Parker Ranch Rodeo Arena. Elementary age competitors compete from around 8:00 a.m. 'til lunch, and the intermediate and high school contestants compete after lunch and into the evening under the lights.

Good luck to all of our Kohala Cowboys and Cowgirls! Yee Haw!



Kohala keiki complete in the "calf mugging" event at the Hawai'i High School Rodeo Association Keiki Rodeo. The goal is to knock down a "wean off" calf and tie up three legs with the fastest time.

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Kohala Sports

Ka Moku O Keawe Makahiki Games



Photo by Donovan Aiona

Students from Kohala Middle and Elementary Schools brave the weather to compete in the 2017 Ka Moku O Keawe Makahiki Games in Waimea.

On a cold, rainy, and blustery Saturday in Waimea, both the Halaula Middle School and Kohala Elementary School were well represented at the annual Ka Moku O Keawe Makahiki Games. Advised by their chaperones and coaches: Halaula Middle School Principal, Mr. Alan Brown, teacher Mrs. Wendy Nickl, and Kohala Elementary fifth grade teacher, Ms. Jessica Bautista, both teams of students were loaded onto their bus and traveled to what turned out to be a battle against Mother Nature.

According to Mrs. Nickl, the "Halaula Middle and the Kohala Elementary Schools were the only schools that entered that weren't private or charter schools...Our students also proudly stood up and chanted: 'O Kohala Ia'...our students helped to set up tents for much needed shelter and cleaned up the area at the end of the day... it was a really good day (for both Kohala Schools) despite the continual rain and wind."

Ms. Jessica Bautista also commented that she was "so proud of

our students despite the cold, wind, and rain...they persevered throughout Makahiki...they all did awesome!

Here's a list of students that placed in the Makahiki events that they competed in by grade and place:
Halaula (Middle School) Hawks-Grades 6-8:

Kukuni (Running Races): 8th Grade - 1st Place, Isaiah Lorenzo; 6th Grade - 2nd Place, Kainalu Yamamoto

Pa Uma (Stand up wrestling): 6th Grade - 1st Place, Elena Barr

Huki Papa (Single Tug of War): 7th Grade - 3rd Place, David Jimenez
 Konane (Hawaiian Checkers): 6th Grade - 1st Place, Angel Jimenez.

Kohala (Elementary) Colts-Grades 4 and 5:

Konane (Hawaiian Checkers): 4th Grade - 1st Place, John Aaron Barayuga

Uma (Arm Wrestling): 5th Grade - 4th Place, Levi Keyes; 4th Grade - 3rd Place, Marley Yamamoto; 2nd Place, Stacenwayne Stevens

Hukihuki (6 Man Tug of War): 4th Grade - 2nd Place

Two New Public Accessways Pass County Council

By Toni Withington

A coastal trail and a separate access road were added to the slowly growing list of trails and roads becoming returned to open access. Both are legal grants that were worked on for many years by the Kohala Community Access Group because the North Kohala Community Development Plan (NKCDP) calls for an open coastal trail from Pololu Valley to Kawaihae reachable by mauka-makai roads.

On February 8, the County Council accepted two Grants of Public Access Easements between the County and landowners at Ainakea and Halaula. In both cases the County takes on responsibility for the maintenance of the trail and road.

The 1.7-mile road stretches between Akoni Pule Highway and the cattle guard at the top of Light-

house Road. It was the secondary access road to the sugar mill and former village at Halaula. Owned by Surety Kohala, it also serves as access to the Hawai'i Wildlife Center and eco-tourism businesses.

The easement gives the public the right to use the road from sunrise to half an hour past sunset for "recreational purposes." It also says "access for night fishing past 6:30 p.m. shall be allowed for those individuals who are actively engaged in night fishing activities and does not include the right to overnight camping."

In return the County will be "solely responsible for maintaining, controlling, insuring and maintaining" the roadway in order to keep it in "a good and safe condition, ordinary wear and tear excepted."

The Ainakea coastal trail runs along the top of the cliff from just west of Kauhola Point (Lighthouse)

for almost a mile to meet up with a previously approved public trail makai of Ainakea subdivision. The owner, Charles and Lisa Anderson Trust, has constructed a safe, 10-foot-wide walking trail fenced off from pastures with many viewing places of the coast.

The NKCDP calls for a mauka-makai access road to the trail area at Ainakea, but neither owners of the two coastal properties at Ainakea have proposed development of the land that would trigger a public call for vehicular access. As it now stands the public has vehicle access to Honopueo at the Watkins/Sunderland property. From there the public access trail travels through two gulches to just short of Kauhola Point. The Community Access Group worked with the County to see four grants of easement accepted in this area.

Prior to the sale of former plantation land in 1988, Kohala residents had relatively unrestricted access to the ocean and mountains, according to the NKCDP. The coastal lands along much of Kohala's north shore were subdivided by Surety Kohala in the early 2000s. The County and the courts called for public access along the shore and required new owners to fulfill that provision. When approved in 2008, the NKCDP noted that most of those conditions had not been acted on. They were merely on paper. The NKCDP made acquiring access easements a high priority. So far, the Community Access Group, a subcommittee of the NKCDP Action Committee, has worked with the Planning Department to finalize some of the "on-paper accessways," but there are still many to go, according to Ted Matsuda, chair of the access group.

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Tiny House Conversation News

Tiny Houses are capturing the imagination as a creative solution to Hawai'i's affordable housing crisis. The shortage of rental properties for workers, combined with the lack of affordable homes to purchase and a dearth of affordable raw land have created a situation that needs public and government attention.

On Saturday, January 28, forty-eight residents from around the island - from Puna to Ocean View to Hamakua, to Kona to North Kohala - gathered in Hawi for the first Tiny House Community Conversation. The session opened with a Tiny House Initiative slide show that is now available for viewing through the event host's web site at www.oneisland.org. The slide show surveys Tiny Houses and Villages in Hawai'i and the mainland that demonstrate affordable housing solutions.

While the main theme of the afternoon meeting was Farm Housing solutions, other diverse housing needs were also discussed - senior housing, artist live-work, returning

children, guest housing and housing for the homeless. Many of the participants are considering a Tiny House for their own future dwelling or for a family member. The use of small footprint homes to create housing clusters - like an eco-village intentional community, homeless community center or educational farm stay lodging - or for farms and ranch workers, were also discussed.

State House Representative Cindy Evans was on hand to share news of two new bills she is shepherding through the legislature this session. HB 2 adds wording to existing State housing legislation to allow Tiny Houses for on-farm dwellings in Hawai'i County that are under 500 square feet. HB 229 proposes to remove limitations on overall square footage for any home in Hawai'i, allowing for smaller footprint, resource efficient dwellings. Evans described many years of work trying to find a solution to farm housing and her excitement about the affordable solutions the tiny home movement can offer

our island farms and ranches, for single farmer operations as well as ranches and farms needing additional hands.

Kohala's County Council Member Tim Richards joined in the conversation and spoke eloquently on the clear need for "farmers to live on their farms", confirming the logistical importance of being close to the crops to ensure production and to eliminate loss. He affirmed that if we are to address food self-sufficiency, farm housing is a barrier the County must find ways to overcome.

Rep. Evans shared news about a Tiny House showcase she attended on the mainland where a variety of designs demonstrated the livability and resource efficiency of these "Think Big. Live Tiny" houses. Builders from Hawai'i Habitats next presented a colorful slideshow of tiny mobile houses they have been constructing on trailer beds that are now serving as beautiful, flexible homes around the island. Their cottage-style island designs

employ off-grid solar, grey water solutions and composting toilets.

Following the guest speakers, the full-capacity room broke into five lively small groups - including Rep. Evans and Council Member Richards - to share their housing needs, ideas about tiny house affordability, concerns about barriers and willingness to join in future Tiny House planning activities. Over half of the break out participants expressed an interest to continue meeting to develop a detailed plan about Tiny House implementation. This plan can assist the County in writing an ordinance that permits Tiny Houses and may lower or eliminate cost and paperwork barriers for zoning and building approvals.

The next follow-up meeting, for continuing or new participants, will be held Tuesday, February 28, at 6:30 p.m. in Kapa'au. Please email greenschool@oneisland.org for directions. Tours of local Tiny Houses in North Kohala are planned in the coming months.

Alameda Naval Air Station California June 1968

By Tommy Tinker

Kohala resident Tommy Tinker is a retired US Marine fighter and civilian airline pilot, his career culminating with Northwest Airlines in 1993. He has written a collection of stories about both military and civilian flying entitled "Laddies in Waiting", referring to pilots waiting to be called up to service in the Vietnam War. Thankfully, they never were, but even so lost eight pilots due to aircraft malfunctions and pilot errors. Stories from his years in the military and subsequent career in the commercial airline industry give a glimpse into those worlds from the view of a pilot.

Checking out the maintenance write-ups on my assigned aircraft I notice that on the two flights prior to the one I was scheduled for, the engine fire warning light had illuminated and remained on for the duration of that flight. In most military jets that would

usually result in an immediate ejection, but not necessarily in the early A-4s. We get positive malfunctions fairly regularly.

I'm taxiing a 6G-28, a Douglas built A-4C attack aircraft, to and then onto runway 25. "Cleared for take-off, switch to departure control, monitor guard," says Control. I put my brakes on, signal to Captain Pete - the wing man 10 feet off my left wing tip - to run up the engines to 90 percent max rpm and visually check his machine.

Yep, no panels open, horizontal trim is set for take-off and canopy locked. My oxygen mask is still hanging loose, there are no odd smells and the ratchet-right bayonet mask fits on tight. I nod my head and release the brakes, easing the throttle forward until wing man starts to drop back, then I retard the throttle a notch so he can hang in there. At 140 knots I pull back on the stick, bringing

the gear up, and then "BAM!" Something sounds like an explosion.

Pete goes by like someone called him to dinner and I think to myself, "A seagull the size of Dumbo must have flown into the engine intake. This A-4 is going down!" We're yawing from side to side, because the tailpipe had separated from the back of the engine and was being slammed around by the exhaust gas. What little thrust that came out the back was being vectored left and right.

We're at 100 feet and descending, looking out at the end of runway 25 and San Francisco Bay. I remember, "Trade airspeed for altitude," one of the 10 commandments for several maneuvers in jet fighters, including ejection at low altitude. At 140 knots we don't have much to trade, but with my left hand on the ejection curtain, my right pulls back on the stick, bringing the nose up slightly.

My airspeed is now at 130, but at 50 feet above sea level we aren't going down any more. I can't see any boats under me so I pull the T-handle, which allows the two half-full 300-gallon fuel tanks to tumble off the wing into the bay. Now we are lighter by 2,000 pounds and the fighter claws itself up to 400 feet.

I start a left turn for an approach to runway 31 and call Pete to tell him I'm on fire and am switching back to tower frequency. He says he can't see any smoke, but it's hard to convince me while I'm staring at a big fire warning light, even though the rest of the indications show that we are still at full power. I release the ejection curtain, more or less committing to the landing.

The Douglas rocket seat is pretty reliable, having an envelope of operation of no altitude and no airspeed. Since we have

See Naval, Page 16



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KOHALA MONTHLY CALENDAR MARCH 2017

	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
1	WED	4 PM		COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	
3	FRI	4PM	7PM	KHS FIRST FRIDAYS	CRAFT AND LOCAL FOOD VENDORS	KHS	889-7117
5	SUN	12PM	2PM	RMD	ORIENTAL PLATE FUNDRAISER-ENTERTAINMENT	HAWI JODO MISSION HALL	895-2025
6	MON	6 PM	7 PM	GROWTH MANAGEMENT SUBCOMMITTEE	MEETING	BANK OF HAWAII BUILDING	
6	MON	6:30 PM		HAWAIIAN HISTORY TALK BY BOYD BOND	DAILY LIFE IN WWII	NORTH KOHALA LIBRARY	889-6655
11	SAT	9AM	1PM	KOHALA LIONS CLUB	RUMMAGE, BAKE & STEAK SALE	ADAMS' RESIDENCE	884-5122
13	MON	3 PM	5PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
13	MON	6PM		KOHALA WELLNESS FORUM	2ND ANNIVERSARY, PUPUS & FORUM	NORTH KOHALA LIBRARY	889-6655
14	TUE	11 AM		ADULT READING DISCUSSION	"PACKING FOR MARS," BY MARY ROACH	NORTH KOHALA LIBRARY	889-6655
14	TUE	6 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	KOHALA VILLAGE INN BARN	889-5715
15	WED	5:30 PM		AGRICULTURE SUBCOMMITTEE	MEETING	SENIOR CENTER	
18	SAT	8AM	2PM	HAPPY ACTS CELEBRATION	UN INTERNATIONAL DAY OF HAPPINESS	HAWI FARMERS MARKET	896-2768
18	SAT	4:30PM	6:30PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	
20	MON	6 PM		TEEN NIGHT:	MOVIE NIGHT, "NERVE" WITH BOOK VS. MOVIE DISCUSSION	NORTH KOHALA LIBRARY	889-6655
21	TUE	10 AM		ADULT & TEEN WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
25	SAT	10 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
25	SAT	11 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
28	TUE	5 PM	6PM	GDP SUBCOMMITTEE	POWER, VIEWPLANES, & EROSION CONTROL, CONTACT SUSAN FISCHER	OLD COURTHOUSE	882-7611
29	WED	4 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-5151
29	WED	5 PM		PARKS, WATER & ROADS SUBCOMMITTEE	MONTHLY MEETING	OLD COURTHOUSE	882-7611
31	FRI	3:55 PM		FAMILY FUN BIKE RIDE		HUB PARKING LOT	

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Kohala Baptist Church

Across from Makapala Retreat
'Come to Me, all you who labor and are heavy laden, and I will give you rest.'
(Matthew 11:28)

Sunday Services
Adult Bible Study/Kids on Mission 9 am
Worship Service/Sunday School (for children of all ages) 10:30 am
Pastor Steven E. Hedlund (808)889-5416
Follow us on  Kohala Baptist Church

Sacred Heart Catholic Church

Hawi, Hawaii • The Welcoming Church

Masses: Saturday 5 pm
Sunday 7 a.m. • 9:30 am
Weekday Mass: Monday - Friday at 7 am
Adoration: 1st Friday 6:30 - 7:30 pm

Rev Elias Escanilla
Deacon Thomas Adams
Telephone 889-6436

St. Augustine's Episcopal Church

Kapa'au, North Kohala

Sunday Services:
7am - Holy Eucharist (quiet Mass)
9am - Holy Eucharist
Children's Sunday School & Fellowship Brunch
Thrift Shop Hours:
Weds: 12 - 3:30pm • Thurs: 4 - 6pm
4th Saturday: 10am - 12pm
Free Community Meal:
4th Saturday of each month: 11am - 12:30pm
Vicar Diana Akiyama
www.staugustineskohala.com • 808 889 5390

Naval, continued from Page 15

a little bit of both, but so many things have to go right, I decide the runway is the "bird in hand" and that I'll take it. (The next day a Navy pilot out of NAS Lemoore ejected at 10,000 feet and the chute never did deploy.)

I decide to quit struggling for altitude and retard the throttle some to reduce heat back in the coach section. I declare an emergency with the intention of landing on runway 31, which today has a dangerous cross wind for the A-4, but the route back to runway 25 would be over the city of Alameda and I would be giving up the option of using the ejection seat with that choice.

"Get out, you're on fire," was the last radio transmission from Pete as I touch down and bring the throttle around the horn, shutting off the fuel to the engine. Thanks a lot, I think to myself. He was now viewing the left side of the 6G-28, where yellow flames were joyously peeking out a three foot by five foot hole.

So far so good, I just have to keep it straight. I'm using full left rudder and enough brake to keep her from drifting down wind. I can't use the right brake to help slow down, because with the strong cross wind it will take us off the runway.

I can't breathe because the O₂ mask is suffocating me (the oxygen bottle had exploded), so I take it off. As the 6G-28 slows down the rudder becomes less effective, so I use more left braking to keep on the center line. "Come on baby, don't drift on me."

I aim for the center of the arresting gear, bring the hook down and am still at 90 knots. If we miss the gear we're going in the bay. I don't miss! I catch the cable dead-center, open the canopy and am surrounded by white smoke. "I'm outta here! But don't break a leg, you've got a long way to go," I think to myself.

I walk on air for about 75 yards, then stop to watch her burn. I wonder how far that jet fuel will go when she blows up. I run some more, stop and watch, and do that about three times till 6G-28 is about two football fields away.

When I see her at the hangar a few hours later I have a feeling like we kinda saved each other. She hung together long enough for me to get us back on the ground, and I didn't give up on her and take my chances with the ejection seat.

Folks, please remember this:
"The average pilot, despite a sometimes swaggering exterior, is very much capable of such feelings as love, affection, intimacy and caring. These feelings just don't happen to involve anybody else."

Kohala Seniors Celebrate 2017 Chinese New Year

Photos and captions by Lani Eugenio



Bobby Glory's t-shirt is what Kohala Senior Citizens is all about... LIVE LONGER, BETTER. Sandy Torres and Edna Watanabe clang the cymbals to usher the Chinese New Year in as Raymond Vega happily greets his old friend.



Chinese furniture, dining ware, books, vases, jewelry and historic artifacts were on display, as well as the Chinese zodiac. Sandy Torres spoke about the Chinese horoscope and how the characteristics of each animal rule a certain year.

Lani Eugenio spoke about the Chinese in Hawai'i (over 225 years) and as pioneers in the sugar industry throughout the islands.



Kalani Heinicke and Margaret Couttie dance a hula-waltz as Bobby and the Senior members sing.



Carla Orellana beats the drum to the rhythm of the Lion's dance.



Carma Carvalho and Margot McFedries feed the Lion as Lana Lewis claps with delight.



Genevieve, the perpetual winner of the Cherry Blossom Cherry Pie contest, made several pies to share with the members. A delicious meal was served by the committee: char siu chicken, noodles, seaweed soup, gau, the winning cherry pie, almond cookies and Chinese candies.

WRITERS WANTED

The Kohala Mountain News, your monthly community newspaper, always welcomes input from the community in the form of articles and pictures of events and issues relative to Kohala.

Many do not realize that the paper does not have reporters. If you have a story about the present or past, consider writing about it, and send it to us, with a picture, if applicable, to: kmneditor@hotmail.com

Our Editor, Maureen Garry, will acknowledge your submission. Your draft does not have to be perfect. She will help you out with the text. The deadline for stories is the Friday closest to the 11th each month.

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Family Fun Bike Rides Start March 31

Story by Toni Withington

Get out the bikes and enjoy some fun and exercise with the first monthly community bike ride on Friday, March 31, riding from Kohala Village HUB in Hawi to Kamehameha Park in Kapa'au and back. The caravan of cyclists will start at 4 p.m. and ride along Akoni Pule Highway. Cyclists of all ages are welcome. The event is sponsored by Solar Matters, a Kohala group campaigning to promote the establishment of a safe pedestrian and bike way in North Kohala. Bike rides are planned to be held monthly on the last Fridays.

Collaborating in the bike rides are the Blue Zones Project, the Department of Parks and Recreation, Kohala Police Department,

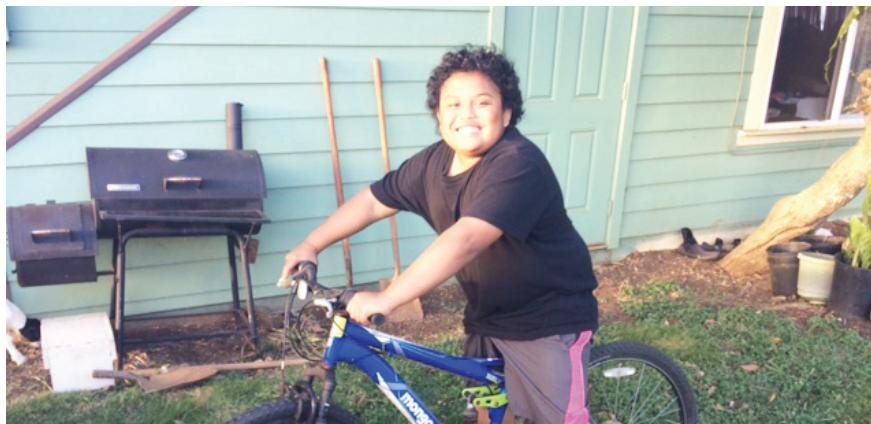


Photo courtesy of Solar Matters
Hawi resident Noah Smith, a 12 year old advisor to Solar Matters, is ready for the monthly community bike rides slated to begin March 31. Solar Matters is working to establish a safe pedestrian and bike way in North Kohala.

the HUB and Mountain Road Cycles (a bike shop in Waimea).

Besides the benefits of healthy activity, the bike rides will draw attention to the need for safe bike paths in Kohala, according to Carter Collins, organizer of Solar Matters. He pointed out that the North Kohala Community Development Plan (NKCDP) calls for a bike path, but unfortunately little to no action has been taken on this idea.

"Since moving to Kohala in 2013, I have become inspired to lead a campaign of believers and volunteers and motivate them to action, until we can have safe bike and pedestrian paths," Collins said.

To participate, show up in the HUB parking lot before 4 p.m. on Friday, March 31.

Join the #HappyActs Celebration in North Kohala

Live Happy Magazine Invites Everyone to Spread Happiness with its

4th Annual #HappyActs Campaign for the United Nations-sanctioned International Day of Happiness

WHAT: Live Happy magazine once again launches its mission to lead a global movement to make the world a happier place with its 4th annual #HappyActs campaign, inviting everyone – including North Kohala residents – to spread joy and share #HappyActs, both in person and online, in honor of the UN-sanctioned International Day of Happiness (March 20).

#HappyActs are small actions with a BIG impact that can make someone's day a little brighter. It can be an act of kindness as simple as a hug, a kind word or helping a neighbor.

On Saturday, March 18, our community members can take part (and encourage others) by posting these #HappyActs on their social media pages, as well as by visiting one of 100 Happiness Walls that will be set up across the country, including at the Hawi Farmers' Market.

Live Happy will donate \$1 to Big Brothers Big Sisters* for every

#HappyAct shared at a Happiness Wall. Live Happy also has a variety of other resources for participants to continue their celebration of happiness, including the new May issue of Live Happy magazine and www.happyacts.org

HOW: Accept the #HappyActs Challenge by:

- Visiting and posting your #Happy Acts on the "Live Happy" Happiness Wall in North Kohala
- Sharing as many #HappyActs as possible by March 20 via Facebook, Instagram, Pinterest and Twitter

- Picking up a copy of the May issue of "Live Happy" on newsstands March 7, to learn more about how the happiness movement has grown over the past four years

- For additional happiness information, check out "Live Happy: Ten Practices for Choosing Joy" (HarperElixir)

WHERE: Hawi Farmers Market
Onsite Contacts: Melody Moore (896-2768) and Laura Burkhart (895-2094)

WHEN: Saturday, March 18, 8:00 a.m. – 2:00 p.m.

For more information please visit: www.happyacts.org

*Up to 25,000 participants

Kohala Student Repeats at Poetry Out Loud Statewide Competition

Story by Diann Wilson

Kohala High School Senior, Teshna Hart-Gilhuis earned a berth in the Hawai'i state finals of the 12th annual Poetry Out Loud competition, which was held on O'ahu on Sunday, February 12. She is a repeat school level winner from Kohala.

The National Endowment for the Arts and the Poetry Foundation offer this exciting poetry recitation contest in partnership with the Hawai'i State Foundation on Culture and the Arts and the Honolulu Theatre for Youth.

Open to all students in grades 9 through 12, the competition begins at the classroom level and winners from each class advance to the school-wide competition. Each school sends one finalist to the state capital competition with state

winners advancing to the national finals. Over \$100,000 in prizes are awarded to students and schools at the state and national levels.

This year's competition included a total of 14 participants. Three of the students were from the Big Island. Kohala High School was one of only three public schools represented in the state-wide competition.

Hart-Gilhuis recited her poetry selections from memory. Each participant had to recite their choice of poems in round one, then a second different poem in round two. Scores were assigned by judges, which included newscasters, journalists and drama coaches.

Two Kohala High School teachers, Fern White and Miriah Petruzzi, were coaches. Ms. White accompanied Teshna on the trip to O'ahu.



Photo by Fern White
Emcee Ben Guiterres presents an Achievement certificate to Kohala High School senior Teshna Hart-Gilhuis at the Poetry Out Loud statewide competition. A veteran making her second appearance, Teshna advanced to the state finals after winning the local contest and was the only Big Island public school representative at the February 12 Hawai'i State competition held at the Honolulu Theater for Youth on O'ahu.



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Reporting the News: Kohala Middle School Students Get Involved

The Kohala Mountain News has a new ally: the Community Investigative Squad, or CIS. Made up of sixth-graders from Kohala Middle School, the CIS comprises students whose goal is to learn to write better and to take good photos. Ethan Thomas, Shardae Carvalho-soares, Megan Hoopai and Elias Edayan are gathering the skills needed for newspaper reporting and they think they may even be interested in starting their own newspaper one day.

As part of the learning process, each month they choose a topic that interests them and then investigate it. Newspaper reporting includes not only writing well but also knowing how to research a topic to gather ideas they can turn into words that will inform and interest the community. Knowing how to take photos that enhance a story is definitely a bonus! In addition, CIS participation will help them develop abilities that will enrich their lives by making them more skillful in several areas.

The CIS is part of the after-school UPLINK program, short for United Peer Learning Integrating New Knowledge. UPLINK meets every school day from the last bell until 5 p.m. Currently about 30 kids participate at Kohala Middle School—maybe 27 on any given afternoon. This state-wide program includes a range of activities from tutoring to cooking to sports like soccer and baseball and more. The idea is to offer an after-school option: something fun to do that can translate into life skills.

UPLINK has been in existence for about seven years. The CIS is a newer program, started by Mike Frailey after he was asked by Ethan Thomas to help him write a story, just for practice. Frailey takes the students on field trips to explore their community while they learn more about writing. For example, they might go hiking at Pololu and take photos there, "looking for



Photo courtesy of Mike Frailey
 Members of the Community Investigative Squad—Ethan Thomas, Shardae Carvalho-soares, Megan Hoopai and Elias Edayan—scout around Kohala for stories and photos with their mentor Mike Frailey.

ideas" for stories. He and his students are already sharing photos they've taken with the Kohala Mountain News and they have been invited to write stories for KMN as well.

In order to find out more about how a newspaper works, the group recently visited with Anne Fojtasek, former layout editor for KMN who also contributes stories. Ethan Thomas says, "Aunty Anne was very inspirational and knowledgeable. She inspires me to want to write newspaper stories because she helps the Kohala Mountain News." Shardae Carvalho-soares says she is interested in taking pictures and sharing them with the community.

"Aunty Anne spoke about how hard it was to start the Kohala Mountain News," says Megan Hoopai. "It may be hard to do monthly stories, but we can do it!"

Ethan Edayan agrees. "I love writing stories and taking pictures. I also love sharing things for my community. What better way to do that than the newspaper? I hope the CIS can do it."

UPLINK is always looking for more teachers/volunteers to teach their skills as part of this worthwhile program. "It's hard to find community members to cater to all the interests of the kids," Mike says. If you are interested in sharing your knowledge with youth in our community at UPLINK, please contact Renee Bautista at Kohala Middle School. If you have a story idea for the CIS, contact Mike at 333-7540.

In the meantime, Aunty Anne offered a suggestion for a CIS field trip. Go to the library and read some back issues of the "Kohala Midget," she told the students. It was written and produced 100 years ago by a group of school boys not much older than the Kohala Middle School students. You could learn something about putting a newspaper together and also enjoy a piece of Kohala's history at the same time.



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Kohala Lions Club



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9 am - 1 pm
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Pick up Pre-Sale Steak Orders
To purchase Steak Pre-Sale tickets,
call 884-5122

BBQ STEAK PLATE - \$10

BAKE SALE!

Proceeds support Kohala Lions Club's charitable activities

Second Holoku Pageant Scheduled

Another Holoku Pageant will be held on Saturday, April 1, from 4:00 to 8:00 p.m. as a fundraiser for Na Kupuna 'O Kohala as well as the Kamehameha Day Planning Committee. With last year's event being such a success, the organizers have plans to create a special evening featuring another 20 dresses created by the talented seamstress, the late Rebecca Rocha. The festivities will take place in the Barn at Kohala Village HUB.

Besides being able to enjoy seeing these unique, historical one of a kind outfits made over the past 40 years, attendees will be able to experience enjoyable music and a Hawaiian plate with kalua pig, lomi salmon, chicken long rice, rice, salad and dessert.

Tickets are \$15.00, which includes the meal as well as entertainment. Plates will also be available for take-out. Food will be served between 4:00 p.m. and 7:30 p.m., with the Holoku Pageant from 6:00 p.m. till 8:00 p.m. Music will entertain the audience before the pageant. You can purchase a ticket from any kupuna in the halau or member of the Kamehameha Day Committee up to March 23. Tickets will also be available at the front desk of the Kohala Village Inn up to the day of the event, if still available.



Image courtesy of the Rocha 'Ohana
Two women wear creations by Rebecca Rocha, circa 1990.

The HUB is helping to sponsor this event as part of their community nonprofit, Feed Hawai'i. "Part of the mission of this non-profit is to support cultural events in Kohala, and enjoying a luau and learning about holoku will help folks better understand part of Hawai'i's history," shared Randee Golden, a volunteer for this non-profit as well as a halau member.

"We are very fortunate to be able to share these awesome dresses with the community. They are made with intricate details and it is thrilling to know that this rare collection of holoku represent the beautiful outfits that adorned women in Hawai'i's past," expressed Kauai Nakamura when asked how she felt about this event. Kauai is the halau teacher as well as co-chair of the Kamehameha Day Committee. "We are excited to be able to do this again and appreciate Stan and Sonia Rocha for sharing the work of their mom," she added.

If you have any questions, you can contact Kauai at 333-0628. The support of the Kohala community will help the Kupuna participate in the annual senior hula competition and the Kamehameha Day Committee fund some of the expenses incurred when putting on Kohala's annual celebration on June 11. Mahalo nui loa to the community from all the members.



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