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May 26, 2017

Kohala Gains Gift of Marvelous Mural Through Kohala High School and Community Collaboration

What happens when a vision comes to fruition? In Kohala, the outcome may just be the birth of a marvelous mural. Perhaps you are one who passes the Hawi Post Office's Kona-facing wall on a regular basis. If

ment for Individual Determination (AVID) and College for Every Student (CFES), both of which foster students' leadership and community service skills. In August, 2016, the KHS AVID/CFES team decided

the mural. White facilitated the conversations between Bill Shontell of Surety Kohala Corporation and artist Patrick Ching of Naturally Hawaiian Gallery in Waimanalo. Shontell was instrumental in providing authentic

community members "put a bit of love" onto the wall. It was completed in five days.

Public responses include several hundred "likes" on Facebook, along with positive comments galore and



Photos by Anna Pacheco

A new mural graces the Hawi Post Office wall facing Hawi Hill Road. Kohala High School teacher Fern White coordinated the mural with artist Patrick Ching as a project of the school's Advancement for Individual Determination (AVID) and College for Every Student (CFES) programs.

so, you will know that the wall transformed in just a few days from all yellow into a celebration of Kohala's historic elements. While the actual painting was completed in less than a week, the planning and approval process took many months.

One mission for Kohala High School (KHS) centers on college- and career-readiness. Part of the effort includes two programs: Advance-

a mural for the community project might work. KHS teacher Fern White facilitated the project. Students in English classes conducted mini research projects regarding places in Kohala. In addition, 21st Century Community Learning Centers (21CCLC) underwrote a portion of the project to make it available after-school for students. Students surveyed the community for input on

Kohala Sugar images and the permissions for the building, especially due to possible federal guidelines for the United States Post Office.

Patrick Ching, who has led the creation other student murals on KHS campus, orchestrated the Hawi mural's daily after-school sessions with students, staff and faculty who were joined by many community members. Many students and com-

5,700 views of Ching's video! Maria Nakahara, proprietor of M. Nakahara store, comments, "That [painting] is such a beautiful mural on the wall of the building. Sugarcane came back to life in Hawi!" Many residents and visitors continually stopped to take pictures and ask about the mural. Many complimented the vibrancy of

See Mural, Page 2

Mahalo Hawai'i Forest & Trail!

The smiles on their faces said it all. A dozen keiki from the Kohala Unupa'a program raised their voices in a Hawaiian chant to express their thanks and appreciation to Hawai'i Forest & Trail for donating a 12 passenger van for their afterschool and summer Hawaiian cultural program and to North Kohala Community Resource Center staff for their help in negotiating the donation. The 2005 Mercedes Benz Sprinter 2500 van

will be used to transport Unupa'a youth to cultural and historical sites in Kohala as part of their program. This was the first time Hawai'i Forest & Trail has donated a van in full to a community group.

"The Resource Center and Kohala Unupa'a extend our heartfelt gratitude to Rob and Cindy Pacheco of Hawai'i Forest & Trail for the generous donation of this van, which

See Van, Page 2



Kohala Unupa'a Director, Amoo Kainoa, far right, NKCRC Executive Director Christine Richardson, far left, and several Kohala Unupa'a students celebrate the donation of a van by Hawai'i Forest & Trail.

Marines Agree To Limit Noisy Flights at 'Upolu Airport on Hawai'i Island

Community concerns about disruption to rural life, marine mammals prompt decision

On Friday, April 28, Marine Corps Base Hawai'i announced that Hawai'i-based Marine Corps aircraft will strictly limit operations at 'Upolu Airport in Hāwī on Hawai'i Island to only about 25 routine operations per year. The Marines made their decision in response to a letter sent by Earthjustice attorney David Henkin, which was based on complaints from members of the rural Hāwī community whose lives have been shattered by over 800 operations involving MV-22 Osprey aircraft and helicopters in the first three months of 2017 alone.

"The law requires the Marines to be honest with the public about what they plan to do and how big an impact their training activities will have on the community and the environment," explained Earthjustice

attorney David Henkin. "In 2012, the Marines prepared an environmental impact statement that said they would use 'Upolu Airport only about twice a month, causing minimal disturbance. The law doesn't let them then ramp up those activities by more than a hundred times, blasting the community with noise."

"When the Marines prepared their environmental impact statement, the people of Hāwī came out in force to oppose use of 'Upolu Airport," said community organizer Alyssa Slaven. "Such noisy, dangerous operations are completely inappropriate for our quiet, rural community with limited resources to respond to potential accidents. We were also concerned that training noise would harm marine mammals in the sanctuary offshore from the airport and would desecrate the nearby cliffs, heiau (temple) and birthplace of Kamehameha the Great."

See Airport, Page 2

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Mural, continued from Page 1

each element.

The elements of the mural depict portions of the Plantation Era. As one rolls down the hill into historic Hawi town the wind blows the sugar cane into a flowing design featuring the golden color of the post office wall. Field workers harvest sugar cane as a pre-harvest cane fire roars in the distance. The iconic smoke chimney from the Hawi Mill has been resurrected in this mural after it fell during the earthquake of 2006. A section of the Kohala ditch represents the water that brought life to the area. A Pacific junglefowl rooster, which was important to many of the plantation cultures, struts across the same lawn as does a native 'alae ke'oke'o bird and her chicks. The inaugural loco-

motive "Kinau" runs across the trestles, carrying passengers in its cars called "Kalakaua." The famed cowboys and cowgirls of Kohala come up on a steer as an 'io, or Hawaiian hawk, soars above Pololu Valley. Shontell comments, "Mahalo nui for the beautiful artwork and teaching tool that you(Ching) and the community participants, have created on our formerly-boring yellow wall. When this idea was first presented (by Fern) I was a little skeptical about what the results might be, but under Ching's guidance, the result is terrific. It is beautiful, thought provoking and will be a great educational tool for many. It celebrates the importance that the post-contact plantation era played in the development of our melting-pot culture."



Ms. Fern White (left) and artist Patrick Ching stand in front of the newly completed mural on the Hawi Post Office wall.

Airport, continued from Page 1

In response to the public's comments, the final environmental impact statement the Marines issued in 2012 stated that MV-22 Osprey aircraft helicopters would make only "infrequent" use of 'Upolu airport, with approximately 25 flight operations per year. In recent years, however, the Marines dramatically increased their activities at the airport, prompting Earthjustice's letter.

In responding to the Earthjustice letter, the Marines affirmed that "Hawai'i-based USMC aircraft will return to the projected estimated number of 25 routine administrative operations per year at ['Upolu Airport]." They further stated that, "[g]iven the number of MV-22 [Osprey]

operations that have already occurred at ['Upolu Airport] this calendar year, the USMC will limit its use of ['Upolu Airport] for the remainder of this calendar year to only emergency landings and required weather diversions."

"We very much appreciate that the Marines are now taking the community's concerns seriously and will honor their promises to keep operations at 'Upolu Airport to a bare minimum," Slaven said.

"It is, unfortunately, rare for a government agency to acknowledge that it needs to correct its mistakes and to make the necessary changes voluntarily," said Earthjustice's Henkin. "We applaud the Marines for doing the right thing."

Van, continued from Page 1



The kids of Kohala Unupa`a shout their joy as they sit in the van donated to the Hawaiian cultural program by Hawai'i Forest & Trail.

will have a profound impact on this important youth project," said Christine Richardson, NKCRC Executive Director.

Hawai'i Forest & Trail is celebrating its 24th anniversary this year and was excited to celebrate by gifting this van to a program that touches the lives of many Kohala children.

In addition to an after-school pro-

gram through a 21st Century Community Learning grant, Kohala Unupa`a offers a free summer camp for 24 fifth through seventh graders with a focus on Hawaiian culture and traditional environmental conservation of land and sea. Kohala Unupa`a is directed by Johnelle "Amoo" Ching Kainoa. The project is fiscally sponsored by NKCRC.



Amoo Kainoa, left, gratefully accepts the donation of a van for Kohala Unupa`a by Cindy Pacheco, right, of Hawai'i Forest & Trail.

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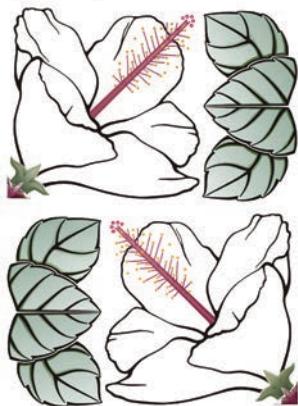
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Nene Crossing



Drive carefully, Kohala *Photo by Shannon Speier*

Keeping Tabs on Work at Kohala Parks

Story by Tony Withington

A pilot project to improve communications between the County Department of Parks and Recreation and the community has proven successful enough to continue. The agreement between the Parks, Water and Roads Subcommittee (PWR) of the North Kohala Community Development Plan Action Committee and the County was triggered last year when the Parks Department cut down 11 large, mature trees in Kamehameha Park without notifying the park users or the community in advance.

PWR last summer helped set up a chain of shared information with the department that allows for advanced notice of parks maintenance by the superintendent in Hilo and via a monthly talk story with Shawn Rocha, the chief of maintenance for parks in North Kohala and representatives of the users of each of the district's county parks.

In a meeting with members of PWR last month, Charmaine Kamaka, director of the Department, agreed to help keep the process going. The PWR subcommittee has agreed to inform the community of upcoming Park activities. It has also scheduled meetings between Rocha and representatives of the parks to discuss any immediate routine maintenance projects and to make suggestions for

improvements to Mahukona, Kapa'a, Kamehameha and Keokea parks. The department also handles maintenance for the civic center in Kapa'au.

At the meeting in Hilo, Kamaka and Parks Deputy Director Ryan Chong also announced four upcoming activities in Kohala.

Civic Center

An arborist has been hired to assess the condition and make recommendations about the two large earpod (elephant ear) trees in front of the Senior Center.

County crews will be trimming the banyan tree by the former Bank of Hawai'i building to prevent encroachment to adjoining property.

The Fire Department will be using portions of the old Judiciary building for six weeks while renovations are made to the fire station.

Kamehameha Park

County is looking for someone to remove all of the monkey pod cut stumps in the parking lot through the Friends of the Park program. Anyone interested in taking all the wood should contact Shawn Rocha at Kamehameha Park.

The PWR subcommittee will also be working with community volunteers to plan for the replacement of several African tulip trees by the swimming pool that were removed last year.

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FARM-TO-SCHOOL PROJECT NETS DONATION FROM RESORT EMPLOYEES Mauna Kea Resort Donates Staff Sale Proceeds for Equipment Purchase

Some gently used furniture, an eager group of employees looking for a bargain and together, you have the recipe for a generous donation.

Mauna Kea Resort recently concluded the sale of furniture that had been replaced in various areas of Mauna Kea Beach Hotel. One hundred percent of the money from that sale was donated to the nonprofit North Kohala Community Resource Center and earmarked for the Kohala complex Farm to School Project, which is among NKCR's nearly 100 sponsored projects.

The amount, \$2,052, was just enough for Chef Greg Christian, president and founder of Beyond Green Sustainable Food Partners, who has been selected to work with Kohala Complex Cafeteria Manager Priscilla Galan and her staff to bring delicious local, fresh scratch-cooked food to students, to order a much-needed bread slicer.

"I was at my wits end as to how we were going to purchase needed equipment and then Mauna Kea Resort stepped forward and made a difference," Christian said. "Sarah Pule, the lead baker in the Kohala cafeteria, is currently hand slicing more than 1,000 pieces of bread each week. She is so excited about the new, time-saving slicer!" Christian's goal through the project is to

replace packaged and processed foods, as much as possible, with scratch-cooked local foods at the Kohala Schools Complex, a pilot site for the statewide initiative. A milk dispenser remains on the list of much-needed equipment.

"I would like to thank Mauna

Kea Resort and its employees for its generous donation to the Kohala Complex cafeteria, which will go towards purchasing some small kitchen equipment. This will undoubtedly help the kitchen staff as they prepare meals to meet the objectives of the Hawai'i Farm to

School Initiative's Pilot Project," said Lt. Governor Shan Tsutsui, who is spearheading the Hawai'i Farm to School Initiative's Pilot Project in collaboration with the Hawai'i State Department of Education, Department of Agriculture and The Kohala Center. "Mauna Kea Resort's interest in lending a hand to the Kohala Complex is a prime example of how public-private partnerships can work together to positively benefit our children and schools."

About Hawai'i Farm to School Project

Spearheaded by Lt. Governor Shan Tsutsui, the Hawai'i State Department of Education (HIDOE), the Hawai'i Department of Agriculture and The Kohala Center are working collaboratively on the Farm to School Initiative.

Across the nation, farm to school programs are reconnecting students to a better understanding of the food system and where their food comes from. Farm to school programs introduce students to healthier eating habits and help them become familiar with new vegetables and fruits that they and their families will then be more willing to incorporate into their own diets.

Learn more at <http://ltgov.hawaii.gov/farm-to-school-initiative/>.



Photo courtesy of Mauna Kea Resort
From L to R: Mauna Kea Resort Executive Sous Chef Rio Miceli, Chef Greg Christian, president and founder of Beyond Green Sustainable Food Partners, Mauna Kea Beach Hotel Manager Kansas Henderson and Mauna Kea Resort VP of Operations Craig Anderson present a check for purchase of a bread slicer for the Kohala Farm to School Project.

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Letters

Building Sustainable Food Supply Will Require Change

Dear Editor:

The Steering Committee of Sustainable Kohala appreciates Council Member Tim Richards' concerns about sustainability, which he articulated in his recent Council Update (KMN April 28, 2017). We also welcome Mr. Richards' leadership on the Council in his new role as Chair of the Committee on Agriculture, Water, and Energy Sustainability, because these issues are so central to our common future.

We agree that with Mr. Richards that sustainability includes the crucial element of local self-reliance and that, unfortunately, we are not now food secure because we import so much of our food supply. As Mr. Richards notes, imported food places us at risk, especially in any emergency, which would interrupt commercial shipping.

Although we agree with him that we need a diversity of methods to provide the most secure food supply,

we do not concur that "the only two agricultural production units that approach meeting our county needs are the beef and dairy industries," as Mr. Richards claims.

Shipping cattle off to mainland stockyards and then shipping meat back to the islands is in no way sustainable, since it doesn't contribute to local food security.

Putting aside the questions of how much water is required and how much methane (a greenhouse gas more potent than CO2) is produced for each calorie of protein consumed (which would argue against global beef production), let's assume that local ranching can easily produce enough meat for our local population, and can be done sustainably if cattle are rotated across grasslands if appropriate tax policy, processing units and meat distribution mechanisms were developed here on Hawai'i Island. This strategy strikes us as much more likely

to lead to local self-reliance and sustainability than "business as usual" industrial meat production, which requires shipping our cattle to unhealthy stockyards on the mainland, where antibiotics and grain feed create health risks to animals and humans alike.

Promoting local diversity of crops, diversity of methods and diversity of farmers is the ticket to sustainability, but focus on local production and distribution is crucial.

We look forward to discussing these matters with Council Member Richards.

The Steering Committee of Sustainable Kohala:

- Val Barnes, Peter DeVries,
- John Enloe, Mellanie Lee,
- Richard Liebmann,
- Michael Menchetti,
- John Du Nann Winter,
- Deborah Du Nann Winter,
- Natalie Young

Mahalo Nui Loa

A big mahalo to the Kohala Chargers team, especially the Peewee coaches, including Earl Hoshida, Eddie Boy Valenzuela, Scott Hendricks, Kuhio Lewis and Mike Remsen, along with the Board members Kamon Kupuka'a (President), Amy Pang (Treasurer)

and Naomi Hoshida (Secretary) for allowing our son, Kamakoa, to participate with the team. You gave this 12-year old boy with Downs Syndrome an opportunity to experience his dream of playing football with his classmates and accepted him as one of the boys on the team.

We appreciate you giving your time and your energy, lavishing praises and presenting him with a team jacket with his name on it! It sure brought joy to our hearts to see him valued and loved.

Warmest aloha,
Eugene & Malia Dela Cruz

Check Yourself Before Driving

Dear Big Island Ohana, I would like to thank the two guys in a truck who came up to me when I was stopped on Kohala Mountain Road. They said, "You are driving crazy; you're gonna kill someone. Are you drunk? I should call the police." Later that day, I was stopped by a

policeman in Waimea. He said they had a report that I was driving erratically. I explained that I was just tired from being up late and then up early, studying to become an EMT. He told me to drink a caffeinated beverage and drive safely. I would like to thank this policeman, too. A reminder to everyone:

DON'T DRINK AND DRIVE!
DON'T DRUG AND DRIVE! (Check your prescription drugs, too!)
DON'T NAP AND DRIVE!
You may not care if you get hurt, but you can hurt others. I am thankful for these reminders and that no one was hurt.
~Anonymous

Summer Library Activities Heating Up

North Kohala Public Library will kick off its summer reading program starting June 5. The program runs for six weeks, ending on July 14. New this year is online pre-registration, starting on May 23. Now you can register and track all your reading online. Visit www.librarieshawaii.org or the library to sign-up. Once you're signed up, don't forget to pick up your mystery sign-up prize during the week of June 5. This year's theme is "Build a Better World," and the library will offer a variety of programs for all ages.

Every Monday evening at 6 p.m., enjoy a family film rated PG and open to ages 5 and up (except for "Fantastic Beasts and Where to Find Them," which is PG-13). The movies and dates are as follows: "Moana" on June 5, "Secret Life of Pets" on June 19, "Finding Dory" on June 26, "Kubo & the Two Strings" on July 3, and "Fantastic Beasts and Where to Find Them" *PG-13*

(Parental Advisory) on July 10.

"Fantastic Beasts and Where to Find Them" is part of a Teen Wizarding Party. The party starts at 3:30 p.m. with a Wizard Wand craft. At 5:00 p.m. wizarding food, including butterbeer (which is non-alcoholic), will be served. The movie will begin at 5:30 p.m.

Another fun program happening this summer for teens and adults is a DIY (do it yourself) workshop on creating magical flower fairy dolls on Tuesday, June 20 at 3:00 p.m.

Starting June 7, kids ages 6-12 can participate in WOW Wednesdays at 1:00 p.m. On Wednesday, June 7 and 14 children will make a fairy or gnome house from a recycled book, as well as a wooden fairy or gnome doll.

On June 21, children will take part in designing, building and testing an outdoor pool noodle obstacle course. Using Legos, pool noodles, cardboard tubes and other recycled materials, children will build a

marble run on June 28.

Kites and other flying objects will take to the skies on July 5. Kids will be creating and testing (wind permitting) a variety of different types of flying objects.

On the final WOW Wednesday, July 12, there will be an end of the summer reading program celebration including food, water games and a slip 'n' slide. (Remember to bring your swim suit and towel.)

The summer reading program offers something for everyone! Come to the library this summer to enjoy the programs, sign up for summer reading, read books and win prizes. There are prizes for all readers - children, teens and adults!

For more information and a complete program schedule, call Leilani Silver at North Kohala Public Library at 889-6655.

Please call three weeks in advance to request a sign language interpreter or other special accommodation.

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

June deadlines:
Ads and News: 6/9/17
Publication date: 6/23/17

July deadlines:
Ads and News: 7/14/17
Publication date: 7/28/17

Kohala Mountain News

www.kohalamountainnews.com

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

EDITORIAL STAFF

Tom Morse
Publisher/Ad Sales Manager
345-0706/ltmorse@aol.com

Maureen Garry
Managing Editor
494-4237/kohalanewseditor@gmail.com

Annalene Williams
Layout & Calendar Editor
936-0456/kohalacalendar@gmail.com

Malia Dela Cruz
Bookkeeper
895-3578/mdelacruz13@hotmail.com

May Contributors:

- Nell Achtmeyer, Lehua Ah Sam,
- Donovan Aiona, Samantha Aiona,
- Eila Algood, Big Island Invasive Species Committee, Blue Zones Project, Victoria Brooke, Cheryl Cabrera, Celene Cook, Eugene Dela Cruz, Malia Dela Cruz, Sue Dela Cruz, Earthjustice, Elias Edayan, Virginia Fortner, Mike Frailey, Danny Garcia, Ginger Gohier, Randee Golden, Frank Hustace, Clyson Igarashi-Marquez, Kohala Ride Wild Club, Kohala Village HUB, Janet Lam, Richard Liebmann, Mauna Kea Resort, Marcy Montgomery, North Kohala Community Resource Center, North Kohala Little Fire Ant Survey Group, Anna Pacheco, Meloria Purell, Diane Revell, Tim Richards, Karen Rosen, Val Saffery, Megan Solis, Shannon Speier, Sustainable Kohala Steering Committee, Kim Takata, Ethan Tomas, Lynda Wallach, Fern White, Tony Withington

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Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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County Council Update

From the Desk of District 9 Councilmember Tim Richards

Aloha everyone!

I want to bring you up to speed on several ongoing happenings in our communities.

County Budget for Fiscal Year 2017-2018

I am sure everyone by now is well aware of the financial concerns our County is facing. The final numbers are not quite in yet, but as I understand our County is now facing a budget shortfall of somewhere between \$14 and \$17 million. Our expenses have increased some with the new employee contracts and the funding liability needed for the pension plans, but the larger concern is the County not receiving its share of the TAT (transient accommodation tax). This is a tax that is collected in our hotels and resorts, mostly paid by our visitors.

As the TAT was originally set up, we should be receiving approximately \$32+ million annually. During the financial crisis starting

around 2008, the counties willingly gave back approximately 50 percent to help the State of Hawai'i with their shortfall. The understanding was that once we were through the crisis, the allocations would go back to the original amounts. That has never happened. Even worse, the State is currently considering cutting the County portion to even less.

The whole reason the TAT was put in place was to help fund the impact of our tourism guests visiting our islands. Their impact on our infrastructure (parks, beaches, roadways, etc.) was to in part be supported by this funding. Our counties have had to "make do" as what was promised has not been delivered. By rough estimate, we have been missing \$16+ million dollars from our State appropriations. For this next coming year alone, that would balance our budget. The solution short term is unfortunately

more budget cuts. Long-term? What would help is receiving the original portion of the TAT, but the true solution is an economic growth. Our County needs a dynamic economy that affords us the resources to take care of our island community.

Banyan Trees Near the Old Bank of Hawai'i in Kapa'au

As many of you realize, the large banyan trees near the King Kamehameha statue pose a potential problem. If during times of storm or emergency any of those trees come down, some of our citizens will be trapped. Just as importantly, some of our first responders will be unable to get out and help our community. The police, fire department and ambulances would be trapped at their stations. I have been in contact with Director Charmaine Kamaka of Parks and Recreation on this matter. One of the best arborists in the state is being brought in to evaluate the trees and make a rec-

ommendation on what is best for all concerned. Once this recommendation has been received, the community will be made aware of what the plans will be.

The extension of the Daniel K. Inouye Highway from Saddle Road to Queen Ka'ahumanu Highway Timeline: The EIS (environmental impact statement) for this road extension has been released and is available at this link:

http://oeqc.doh.hawaii.gov/Shared%20Documents/EA_and_EIS_Online_Library/Hawaii/2010s/2017-04-23-HA-DEIS-Saddle-Road-Extension.pdf

The comment period is currently open and all comments must be received by June 7. The final route has not been determined yet, as public comment is still being received. If you have an opinion, please voice it!

Aloha!

Updates from the NKCDP Action Committee Meeting

By Lynda Wallach

Two interesting and informative presentations were the main order of business at the May 8 meeting of the North Kohala Community Development Plan Action Committee (NKCDP AC). The first, by Susan Fischer, described the general procedures the County uses to acquire land using the 2% tax fund. Community groups nominate properties for purchase to the Public Access, Open Space and Natural Resources Commission (PONC), which then prioritizes them and presents recommendations to the County.

Thanks to a number of very active community groups, North Kohala has been very successful in nominating properties and getting them purchased. Purchased properties must be left mostly undeveloped except for such things as parking lots, restrooms, trails and plantings.

Representatives from the Planning Department then gave a long and informative presentation on the progress of the review and revision of County General Plan. The review is currently in the third of

five phases, which includes coordinating with the district CDPs. The AC was gratified to see that the CDPs were being integrated more fully into future planning procedures. Planning Director Michael Yee stated, after the meeting, that he has attended meetings of all the active CDP ACs and was quite pleased with their work and professionalism.

Following the presentations, the AC voted to approve a letter from the Public Access Group asking the mayor to authorize the director of finance to enter into negotiations for the acquisition of lands at Hapu'u, Kapanaiia and Halelua.

They also approved a letter from the Growth Management subcommittee requesting that the Planning Department send them the Subdivision/Consolidation applications for North Kohala and that they also be on the distribution list when any application document affects our district.

Toni Withington of the Public Access Group reported that, on April 12, State Representative Cindy Evans, David Smith, Administrator

of the State Division of Forestry, Clem Chang of Na Ala Hele and several community members hiked down to Pololu and later attended a public meeting to discuss proposals for improving the situation at Pololu Lookout. Captain Cortez of the Kohala Police Department reported that crime at the Lookout was less than was thought, having found only one report for 2015-2016, though Withington mentioned that there had been two car break-ins in the past month. Captain Cortez noted that, since there is no cell phone service at Pololu, communication in case of an emergency such as a tsunami is a problem.

CDP Chair John Winter, reporting for the Parks, Water and Road Subcommittee, said that the County Water Commission has approved the budget for a 2017 rate increase. All users will face some change but, the more water a customer uses, the higher the increase will be.

The standard commitment is 800 gallons per day. Also on the subcommittee's agenda are the one-lane bridges on the way to Pololu, especially the one at Waiohia Gulch.

Tourists do not always see the yield signs, resulting in some incidents between tourists and local residents.

The subcommittee will be working with Captain Cortez and the Department of Transportation on possible remedies. The subcommittee will now be meeting in the Old Judiciary Building on the third Wednesday of the month at 5:00 p.m.

Faye Yates of the Health Subcommittee mentioned that she had heard that there was some concern that the contract for emergency services for the new emergency room at the Kohala Hospital had been awarded without community input or an open bidding process.

John Winter announced that there is a bad little fire ant (LFA) infestation along Ho'ea Road, the second serious LFA infestation in Kohala, after Niuli'i.

The next meeting of the NKCDP AC will be on Monday, July 10 at 5:00 p.m. in the Old Judiciary Building in Kapa'au. Members of the community are encouraged to attend.

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Voluptuous Verbal Voyage

From Lady Gaga to Lorna Lim, Dolly Parton to Diana Krall, Enya to Etta James, Joan Jett to Joanne Shenandoah, Women's Voices is eclectic – playing blues, pop, rock, country, traditional, Hawaiian, reggae and jazz, with a dash of classical and a hint of hip hop. It brings the world to Kohala with a global experience through singers from Africa, Europe, the Middle East, the Americas, New Zealand, Australia and Asia. It also brings Kohala to the world via streaming on KNKR.org as suggested by the almost 2,000 likes on its Facebook page entitled "Women's Voices on KNKR." Eila rarely plans her show but rather trusts her spirit to guide song and spoken word choices.

In the past two years, since creating and being deejay for Women's Voices, Eila has noticed that up to 75 percent of singers on the radio are male voices.

"I'm constantly astonished at the lack of equality in music and media, so I'm doing my part to even up the score."

One of the surprises has been that many men in Kohala have shared their appreciation for the show. "I want women and

girls to hear female singers and spoken word artists on the radio to empower them and a positive bonus has been the tremendous support of male listeners. I wonder if a society that focuses so much on male voices deprives all of us the gift of women's voices," says Eila. She recently reached out to Hawai'i Public Radio to do a statewide international women's voices program.

One can also hear spoken-word pieces, both prose and poetry, by women and girls. "I look for local writers whose work I can read, then go on to whomever has a message that feels worthy of sharing. We have so many great writers in Kohala, some of whom I've had on my show as guests."

Being a guest on Women's Voices is open to Kohala women and girls who want to share their music or spoken word while doing some talk story with Eila. If you or someone you know would like to be on the show or have music or written work to share contact Eila at alohaeila11@gmail.com.

Tune in to Women's Voices on Monday and Wednesday from 10 a.m. - 1 p.m. on 96.1 FM or stream on KNKR.org.



Photo courtesy of Eila Algood
Eila Algood hosts "Women's Voices" on KNKR 96.1 FM. The show features female musical and spoken word artists, and Algood welcomes local talent to contribute to the production.

Writers Amp Up For a Good Time

By Virginia Fortner

On April 23, a dozen and a half writers amplified thoughts and feelings for two hours at the Algood Barn in Hawi. Eila Algood explained the project from Transformative Language Arts, which gave the prompt "Amplify" and the rules: "No one's going to be wrong." She told the group, "Trust whatever comes. Sometimes you get nothing." Nervous chit chat quieted, questions ceased and pens scratched for ten minutes.

When asked who would like to read what they wrote, they listened to one fiction piece, and expanded thoughts from childhood, and twists and turns from inner journeys. Careful listening and lack of criticism invited everyone to choose to share their confidential piece. Settings ranged from the past to the future, childhood to yesterday and Hawai'i acreage to the landscape of

the heart.

Each person then found a comfortable place overlooking pastureland and ocean or on Eila's couch and wrote, this time for 20 minutes. Sharings came more slowly when the group convened. Some amplified on what was written or observed in the day's writing process, others shared a poem. Occasional humor peeped through what was read.

Women and men had initially introduced themselves by mentioning Hawai'i Writer's Guild leaders, KNKR DJ, the Waimea Writers' Tuesday group, the third Tuesday Hawi Library writers or Tutu's House. After the transformative two hours, they mingled in clusters with inspired conversation. First-time writers met editors, published authors gave out business cards and all agreed that they would like to repeat the afternoon's experience.



Photo by Nell Achtmeyer
Kohala writers convened for an afternoon of reflective, prompt-driven and critique-free writing at Algood Barn.

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Aikane Nursery: Connecting People to Plants for a Sustainable Community

"When you walk through the forest in Kohala, you rarely see a native plant," said Brad Belmarez, owner of Aikane Nursery. "People are missing that connection to the unique plants that belong in this place," he said. "It's really sad to see how invasive plants have taken over."

Belmarez's passion for connecting people and plants spills over into his business at multiple levels. Aikane Nursery sells only non-invasive plants and follows a voluntary professional code of conduct for stopping the spread of pests like little fire ants and coqui frogs. He regularly tests for ants in the nursery and volunteers with community efforts to control coqui frogs in Kohala. Because of the nursery's commitment to these responsible practices, they have been endorsed by the Big Island Invasive Species Committee (BIISC) as a Plant Pono

business.

The Plant Pono program was developed to endorse growers and landscapers like Aikane Nursery who are committed to helping their customers make wise planting decisions, said Molly Murphy, the Plant Pono specialist with BIISC. Some invasive plants spread from yards and gardens into forests and grow out of control, she said. Other plants may become agricultural weeds, reducing yields or harming livestock and making it difficult to produce food sustainably and locally.

Living and working in the Kohala community has been a good fit for Belmarez in fulfilling his commitment to planting pono. "People in Kohala are tuned in to the problems with invasive species," he said. His clientele are looking for landscape plants and fruit trees, and many are working towards sustainability through local food

duction. "Most Kohala people are open to learning about native species," said Belmarez.

"I try to educate the community about native plants. Everyone gets some natives in the landscapes we help them with. I like sharing the unique stories of each plant." He describes native plants with words like "subtle" and "spiritual" and appreciates the connection that Native Hawaiians have always had with all the living things in their world.

The practical aspects of using native and Polynesian plants in a landscape further reinforce Belmarez's commitment to planting pono.

"The wind in Kohala is really challenging for people who are planting in their yards," he said. He promotes non-invasive species as wind breaks. "Kou, kamani, ohia, milo, kukui and hau are all great

in the wind," he said. They are adapted to local conditions and are conservative with water as well.

The staff of Aikane Nursery welcome everyone to their nursery who want to learn more about not only native species, but also non-invasive trees for food, shade and wildlife habitat. Information about plants, inventory lists and special events can all be found on their website and Facebook page. Visit aikanenursery.com.

To learn more about the Plant Pono program and to see lists of plants that have been flagged as problems and pono alternatives, visit their website at plantpono.org. Contact Molly Murphy at BIISC to ask questions, arrange to have new plant species evaluated for potential risk or find out more about becoming a Plant Pono-endorsed business. Her email is mollym3@hawaii.edu.



Photo courtesy of Big Island Invasive Species Committee
The owners and staff of Aikane Nursery welcome customers interested in planting non-invasive food plants and learning about native species. Left to right: Brad Belmarez, daughter Makena, Sally Woodcock, Devin Longfellow, Kelly Hyde.



Photo courtesy of Big Island Invasive Species Committee
Brad Belmarez, owner of Aikane Nursery in Hawi, introduces customers to drought-resistant native plants like this kului, a soft, silvery native dryland forest shrub.

Kohala Coqui Coalition Update For 2017

We would like to inform our community about the current status of the Coqui Coalition. Last September we ran out of funds and were forced to tell those who called the Coqui Hotline that we were out of money. Two of our eradication members said they would continue to work on the large infestations with whatever citric acid and lime we had left, without pay, until we could secure more funding. We mailed 73 letters of request to our loyal donors, and by the end of December had raised \$10,000 for eradication! Even though this seems like plenty of money, it is just about enough to keep us going 4-5 months, depending on the weather. We have been granted

\$9,000 from the County Council to be spread over the next fiscal year, along with \$2,500 from Councilman Tim Richards' contingency funds. We are constantly in need of more funding, but will continue to eradicate as long as there is money coming in.

There are several large infestations in Kohala at this time. The largest by far is Keokea Gulch and the Niuli'i area. The other two sites are the transfer station and the gulch along Pratt Road near Kohala Nursery. The residents of Niuli'i have organized a group of volunteers that go out regularly to battle the infestation in their neighborhood. The same is true of the residents near the

transfer station and Kopiko Estates. We applaud these efforts and see this as the FUTURE of controlling coquis in Kohala!

We receive approximately 20 calls a month on the coqui hotline, and we have a single guy once a week to address all these calls! The other nights are busy treating the larger infestations. We would like to encourage our community to protect their neighborhoods by forming small eradication groups to treat frogs in their area. The Coalition can assist and support, but ultimately the burden may be on individuals to be actively involved in keeping their neighborhoods quiet. The pressure of new frogs coming in and

the heavily infested Keokea Gulch demands more time and money than we can currently provide.

We ask THREE things:

1. When you hear a coqui, call the coqui hotline 889-1777
 2. Take responsibility for your neighborhood
 3. Make a donation today
- Help us to Keep Kohala Coqui Free!

Donations are tax deductible if made through the North Kohala Community Resource Center, as we are a project under the umbrella of their 501(c)(3).

Make checks payable to NKCRC, Attn: Coqui Coalition, P.O. Box 519, Hawi, HI 96719.

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Saint Augustine's Episcopal Church Now Blue Zones Project Approved™



Photo by Sue Dela Cruz

St. Augustine's Episcopal Church members celebrate becoming Blue Zones Project Approved. The Blue Zones Project strives to make healthy choices easier through permanent changes to a community's environment, policy and social networks.

The local community is invited to join the celebration as Saint Augustine's Episcopal Church in Kapa'au becomes the second faith-based organization in North Hawai'i to become Blue Zones Project Approved. Sponsored by HMSA, Blue Zones Project is a community-by-community well-being improvement initiative designed to make healthy choices easier through permanent changes to environment, policy and social networks.

The church will be recognized with during an award celebration on Wednesday, June 21, beginning at 5 p.m. at St. Augustine's James Walker Hall, 54-3801 Akoni Pule Highway.

There will be a "plant-slant" potluck, cooking demo, light entertainment and certificate presentation. The event is free and open to

the public.

With the persistence of Wellness Committee Chair Kathy Matsuda, Lani Bowman and fellow members of the church, St. Augustine's achieved Blue Zones Project Approved status after completing the Blue Zones Project faith-based organization pledge – a free tool that provides research-backed guidance that can strengthen members' involvement and support their well-being.

The pledge process includes adopting and supporting best practices for promoting well-being, such as:

- Incorporating stretching at their group meetings and activities.
- Organizing a book club discussion on Thrive: Finding Happiness the Blue Zones Way by Dan Buettner.
- Hosting Family Fun Activities.

The church hosts BINGO Night for their members and community, and started a walking moai on Sundays after service and fellowship.

- Hosting a plant-based potluck for the entire congregation.

Saint Augustine's Episcopal Church has embraced the Blue Zones Project. They are helping their members to support a healthy lifestyle.

They put "family first," have a "plant slant" diet and on Sundays they practice "moving naturally" to promote well-being.

"Live healthy, be happy, be positive. Your life will be brighter," said Kathy Matsuda.

"By working on the project, our church members are more well-being conscious. Our fellowship potlucks are more plant slant and we started a walking moai! St. Augustine's was one of the first

organizations to register towards approval. With Lani Bowman and Kathy Matsuda on the Kohala Blue Zones Engagement Team, it was easy to get St. Augustine's involve with the project," said Sue Dela Cruz, engagement leader for Blue Zones Project – North Hawai'i.

Lani Bowman says, "We are very pleased St. Augustine's has been certified as a Blue Zones House of Faith. We are thankful for this opportunity to spread the word about longevity, healthy living, right connections and JOY! All of this and more makes so much difference!"

To learn more about becoming a Blue Zones Project Approved faith-based organization, contact the Blue Zones Project team in Hawai'i at BlueZonesProjectNorthHawaii@healthways.com or visit bluezonesproject.com.

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Real Food: Real Farms – Tiny House Momentum Builds

Promising News from the State Legislature. Tiny House Bill HB2 has passed in both the House and the Senate! This paves the way for Hawai'i Island to make a leap forward in food security by addressing one of the key barriers to local food production: an adequate labor workforce. A huge mahalo is due to our state and county representatives, who joined forces to see this exciting piece of legislation was approved. The governor's signature is now urgently needed to make HB2 law.

Why HB2 is Effective. To attract and retain qualified farm workers – and to encourage young farmers to start their own farms, living in their own homes – solving the affordable housing challenge is an essential building block to reclaiming our local food system. Governor Ige's optimistic new call to "double food production by 2020" must be met by pragmatic changes in our agriculture industry's infrastructure. Second to land and water access, labor and housing are right there at the top of island farms' needs lists. If our goal is to achieve any increase in food production, we must provide safe and secure housing that then helps build a much needed agricultural work force.

Frustrated by previous proclamations to increase food production that have not led to measurable change, island communities have been urgently seeking concrete solutions to help catalyze real food system change. After analyzing food system hopes and barriers, the North Kohala-based One Island non-profit organization stepped forward to champion the island-wide Hawai'i Tiny House Initiative.

In meetings with over 500 island residents to date, as well as the governor, State representatives, mayor and County departments, One Island confirmed the high demand for affordable housing solutions and found clear evidence that the intersecting need to increase food production can concurrently be addressed by resolving the farm worker housing crisis with low cost solutions.

As obvious as this solution

may sound, implementation requires rethinking restrictive land use and housing size ordinances. Mayor Harry Kim embraces the idea of "little houses on the island" as a solution to the wider housing crisis, but concedes that the County mechanisms to allow "little house" solutions are not yet in place.

Kohala residents who have built "small" report that the cost in permits and years of time awaiting complex approvals can cost more than a simple tiny home itself. Many others avoid this conundrum and build small units without permits or approvals, always fearing County reprisals. Clearly there is a need to re-think rural small footprint living options, remove restrictive rules and cel-



Photo courtesy of Bamboo Living
A modest 500-square-foot "tiny house," sufficient for housing several people, features a covered entrance and attractive landscaping. Legislation to make tiny houses legal in Hawai'i has passed both the House and Senate and is poised to become law, pending approval by Governor Ige.

brate innovative solutions.

Change IS Coming. This year saw a fortuitous convergence of legislative priorities and local community demand. Our House Representative Cindy Evans boldly put forth a succinct amendment to change existing agricultural land use law to legitimize the use of tiny houses on working farms.

This is a powerful step towards increasing safe housing and increasing food production. While the Hawai'i Tiny House Initiative was working at the grassroots

level, a team of State Representatives were marshalling support in the Capitol and our County Council members Jen Ruggles and Tim Richards strategically secured unanimous Council support. The path to achieving this admirable goal is now actually being built.

Small homes – under 500 interior square feet and in place around the world - with examples on our island remaining since plantation days, offer a cost effective solution to safe housing for farmers and farm workers and have the potential to be a model for solving other housing needs around the island and the state in future years.

It all began in Kohala. The Hawai'i Tiny House initiative was launched at a local precinct meeting in Kapa'au last September,

big round of applause! She comments that after seeing a Tiny House exhibit during a mainland conference, she immediately saw a viable solution to her longstanding farm worker housing goals. When she heard that real farmers, facing crippling housing and labor challenges in Hawai'i, were ready to implement low cost tiny houses, she was eager to step forward and lead the charge to change the law at the State level.

Thanks to her foresight and determination, Hawai'i Island is now poised to be the first county to benefit from tiny farm housing.

All of this empowering collaborative work will give farmers a chance to attract and retain reliable, skilled farm workers year round and diminish barriers to farming by giving passionate, low income farm owners a chance to live on their land, better protect their crops, prosper and build a strong, enduring agricultural economy.

Next steps. Governor Ige's signature is required to turn the HB2 bill into law. If he signs the bill, the state-level authorization for farm-based tiny houses directly encourages the County Council to develop an implementation strategy. According to State House Representative Richard Creagan, chair of the House Agriculture Committee, the governor's signature authorizes farms to begin building, as long as they conform to the "under 500 square feet" rule and are on commercial operating farms, which supercedes land use restrictions that have prevented tiny homes in the past. Concurrently, the County will need to develop land use and permitting processes to meet the new demand that is sure to begin walking through their doors every week. Local Food Security Ho!

Representative Evans encourages you submit your support for HB2 directly to the governor by going to governor.hawaii.gov, choosing "Contact Us" and then "Comments on Legislation." If you support local food, love our farmers and want to see our agriculture economy flourish, send in your support for HB2.

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Current Little Fire Ant Threats in North Kohala

Story by North Kohala LFA Survey Group

The North Kohala LFA Survey Group is a very small group of North Kohala residents surveying for the little fire ants (LFAs) to report this column. We are not part of the Hawai'i Ant Lab.

The purpose of this column is to establish an accurate and current listing of where the outbreaks of LFAs are in North Kohala, to provide treatment status, updated in each issue of the Kohala Mountain News (KMN), to keep the public informed and to provide more specific precautions and links to treatment information.

Current Locations:

Ho'ea Road, Lei Kolu Road and Lipoa Gulch: The Ho'ea Road infestation is significantly larger and worse than we were originally able to confirm before last month's KMN. This infestation covers at least 25 acres, including seven properties, and it is solidly established in the Lipoa Gulch both north and south of Lei Kolu Road—which is the nightmare scenario we were afraid of. All samples were confirmed by Department of Agriculture Pest Control Branch entomologist Rob Curtiss. We have been working with the affected landowners currently living here for the access to map out the infestation. They are all fully aware of the situation and most of the affected owners attended the hands on-training with Big Island Invasive Species Committee (BIISC) and have started some preliminary LFA baiting.

The most serious problem is that the LFAs are solidly established all the way down and through Lipoa Gulch, which is an ideal habitat for them. The infestation in the gulch on the south side has spread throughout the gulch and is spreading south toward Hawi Town. The vegetation and debris is so dense that it is very difficult to climb through, let alone effectively maintain a baiting program for the LFAs, and no baiting has been initiated in the gulch yet. Even after extending the peanut butter test sticks 300-400 feet up Lipoa Gulch, the south end of this infestation has still not been reached.

It is clear that eradicating this infestation will require the forma-

tion of an LFA Response Team, similar to the Coqui Coalition. Unless this infestation is eradicated, nothing will stop it from continuing to build density and accelerate its spread up the gulch into Hawi Town and in all other directions as well.

We placed hundreds of peanut butter test sticks on Ho'ea Road, from the Spies/ Jumalon nursery up to the highway (including the small mulch piles at the County baseyard), down Smith (Pratt) Road and Ho'ea Makai Road (from Ho'ea Road). All of those other areas are currently negative, at least near the



Little fire ants are shown on the tip of a pencil. Other tiny stinging ants on Hawai'i Island can be mistaken for the little fire ant, so baiting and subsequent confirmation by a reputable lab is required before declaring their presence.

roadway.

Niuli'i: Confirmed (a relatively small area that is still being baited).

Makapala: Location(s) currently unknown.

Anyone with any direct knowledge of additional information on the above LFA outbreaks or any new LFA outbreaks in North Kohala, please contact us at KohalaLFA@gmail.com. Please include accurate directions to the infestation area, approximate size of the area, when it was discovered, method of determining presence of LFAs, if and how it is being treated, and any additional information about the infestation or any known cases of pets or livestock contracting tropical keratopathy there.

Frank Hustace, who organized the May 10 LFA information meeting at the Kohala Village HUB, has stepped up, with some other sur-

rounding landowners, to start the process of forming and funding an LFA Response Team. We are working with him and the landowners in the affected area.

The severity of this infestation will require significant community support to have any chance of getting to full eradication of the LFAs. If you're able to contribute in any way, you can contact him at frank.hustace@gmail.com.

It is very important to do sufficient testing with the peanut butter sticks prior to starting any baiting treatment around your property.

Organic farmers and anyone

plants, soil, building materials, etc. from an LFA infested area, test the items with peanut butter sticks and treat the product with the proper treatment before bringing the items home and if possible run your vehicle through a car wash before leaving Hilo if you've been in an LFA infested area for any significant time. Test the items again when you get home and retreat as needed. Wash any clothes exposed to the LFAs. (One of the first places the LFAs will invade is your house if you bring them back in/on your vehicle, plants, lumber, etc.)

Never get green waste mulch from the east side. There is County green waste mulch available on the west side, and it's pretty safe, but it's still a good idea to test with the peanut butter sticks.

Test with peanut butter sticks any plants, soil or lumber you get delivered, especially if it's coming from the east side. If LFAs are found, treat immediately with a contact kill pesticide, listed on the Hawai'i Ant Lab (HAL) website and continue to test with peanut butter sticks until you're sure no LFAs survived. Many websites describe how to do the peanut butter sticks.

A good rule of thumb is, if the ants are very small, red-orange and slow moving, they should be put in a zip lock bag, frozen and sent either to: Department of Agriculture, 16 E. Lanikaula Street, Hilo HI 96720 OR to: Rob Curtiss, DoA Pest Control Branch, P.O. Box 26, Captain Cook, HI 96704 for positive ID while you start initial treatments.

LFAs that are found to be established must be baited on an accurate four- to six-week repetitive baiting cycle, per BIISC or HAL instructions. For large areas, the mixed gel baits using ProVaunt or Tango are much more cost effective and will not be deactivated if it rains. BIISC has an easy to read, straightforward two-page information sheet you can get by going to the BIISC home page (www.biisc.org), clicking on Helpful Links, Videos and Documents, scrolling down to LFA Calendar and then clicking on that link.

Learn and understand all the BIISC or HAL baiting information completely and, preferably, take one of the free BIISC or HAL training sessions before starting.

who is not willing to use any pesticides on their property are particularly vulnerable if this infestation is not eradicated. There are NO effective organic barrier treatments to stop LFAs from coming onto your property or into your dwelling.

One of the most insidious strategies of the LFAs that makes them so dangerous is that they can remain unnoticed for many years while they build density and spread in multiple locations, often becoming irreversible (unable to effectively be eradicated), as has happened in parts of East Hawai'i and many warm, wet locations around the world.

Precautions:

It is a good idea not to go into the areas with LFA infestations if you don't need to, especially don't take your pet into those areas.

If you have to go into or get

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Little Fire Ants Now in Hawi

A severe, uncontrolled little fire ant (LFA) infestation on Ho`ea Road in Hawi was the subject of an emergency public meeting held at the Kohala Village HUB on Wednesday evening, May 10.

An unofficial count placed the attendance at 200 people.

Heather Forester, Invasive Ant Specialist with the Hawai'i Ant Lab (University of Hawai'i - Mānoa) was the principal speaker. LFA test kits and informational materials were distributed during her talk.

According to Forester, one of the important early steps in fighting LFA infestations is for residents to be aware of the ways in which ant incursions are started and the critical necessity of testing for their presence.

"If residents use test kits to survey their property and report the results to us at the Hawai'i Ant Lab, we will have a better idea of the extent of LFA activity in the area and we can plan control measures accordingly," Forester said.

"LFA are hitchhiker ants," said Forester. "Check anything you bring into your home and onto your property, including potted plants, compost materials, cuttings, soil, and landscaping materials."

Although LFA infestations have been reported in North Kohala over the last few several years, including Niuli'i, Keokea State Park and Makapala, the Ho`ea Road outbreak is the largest to be confirmed.

Neighbors in the area recently joined together in a training session organized by the Big Island Invasive Species Committee (BIISC) and participants learned how to mix and broadcast a gel bait developed by the Hawai'i Ant Lab that

has been effective in controlling the spread of LFA.

Complicating the present control effort is the infestation's spread into difficult terrain that makes control and eradication challenging.

Frank Hustace, co-owner with his wife, Christine, of Ku`u Home Ranch, a 15-acre parcel in the near vicinity of the Ho`ea Road infestation, helped organize the community meeting. He voiced optimism and told the HUB gathering that help is on the way.

"A group of residents is working together to create a task force to begin to deal with this huge problem," Hustace said. "We're organizing several initiatives to build support within the community so we can respond to this outbreak and others that threaten our region."

According to Hustace, one of the first initiatives of the new group plans is to create and distribute LFA test kits to members of the community.

Forester encouraged the meeting participants to be proactive.

"Test your property, talk with your neighbors, learn about ant behavior and remain vigilant," Forester said. "Remember, if your neighbor has them, eventually, you will too."

"Think like ants!" she said. "Work together!"

For more information about LFA, contact:

Hawai'i Ant Lab
808-315-5656
16 E. Lanikaula Street
Hilo, HI 96720
info@littlefireants.com
Big Island Invasive Species Committee
808-993-3340
biisc@hawaii.edu



Photo courtesy of <http://dlnr.hawaii.gov>
Little fire ants work together.

Comments Invited on Little Fire Ant Bill

Story by Richard Liebmann

All citizens can take action to help deal with the invasive little fire ants. The text of House Bill 606, which grants county officials the ability to enter private property to eradicate little fire ants, can be found at:

www.capitol.hawaii.gov/measure_indiv.aspx?billtype=HB&billnumber=606&year=2017

This bill has passed the legislature and is on the governor's desk to be signed or vetoed.

The comment section on Governor Ige's website can be found at:

governor.hawaii.gov/contact-us/comments-on-legislation.

It takes just a few minutes to fill out the form and write a comment of 250 characters.

WEEKLY EVENTS IN JUNE 2017

MON	9AM		KOHALA SENIOR CLUB MEETINGS - AGE 55 PLUS	OLD COURTHOUSE	895-2094
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025
	6:30PM	7:30PM	AA DAWN PATROL	KAMEHAMEHA PARK (BEHIND POOL)	889-5675
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL CAFETERIA	
	7PM	8PM	REFUGE RECOVERY - BUDDHIST PRINCIPALS TO RECOVERY FROM ADDICTIVE SUBSTANCES OR BEHAVIORS	CLAY HOUSE (BEHIND THE HUB)	464-4411
TUES	9AM	10:30AM	CHAIR YOGA	INTERGENERATIONAL CENTER	880-0583
	10AM	3PM	HAWI FARMERS' MARKET		
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	6:30PM	7:30PM	AA DAWN PATROL	KAMEHAMEHA PARK (BEHIND POOL)	889-5675
WED	2PM		WOW ACTIVITY CLUB : JUNE 7 & 14: CREATE A GNOME OR FAIRY HOME JUNE 21: DESIGN AND BUILD AN OBSTACLE COURSE JUNE 28: BUILD A MARBLE RUN	NORTH KOHALA LIBRARY	889-6655
	6PM	6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	
	7PM		ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE ROAD, KALAHIKIOLA CHURCH	889-6703
THURS	3:30PM		NA 'IMI IKE; HAWAIIAN LANGUAGE STUDY GROUP	NORTH KOHALA LIBRARY	889-6655
	5:30PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	KAMEHAMEHA PARK COMPLEX	989-0966
	5PM	6PM	MEDITATION COURSE (STARTS APRIL 11)	INTERGENERATIONAL CENTER	917 293 3427
	6PM		TABLE TENNIS/PING PONG	INTERGENERATIONAL CENTER	889-1099
	6:30PM	7:30PM	AA DAWN PATROL	KAMEHAMEHA PARK (BEHIND POOL)	889-5675
	7PM	8PM	NARCOTICS ANONYMOUS - 12 STEPS	LOKAHI TREATMENT CENTER	
FRI	10AM		PRESCHOOL STORY TIME FOR AGES 2-5	NORTH KOHALA LIBRARY	889-6655
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK (BEHIND POOL)	889-6655
SUN	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET (IF SUNNY)	
	6PM	7:30PM	CELEBRATE RECOVERY - HOSTED BY ADAM & MELINDA ANAKALEA	SOLID ROCK NORTH CHURCH	640-8590

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Kohala Sports

Kohala's Cowboys and Cowgirls Have Fun at the HHSRA Finals Rodeo in Waimea!

The Hawai'i High School Rodeo Association season has come to an end. Many of Kohala's finest keiki Cowboys and Cowgirls provided a great show for the die-hard crowd who came to the Parker Ranch Rodeo Arena for two days of rodeo action on Saturday and Sunday, April 29 and 30.

Highlighting the show were the High School, Junior and Keiki Cowboys and Cowgirls! Kohala's Rodeo sensation, Dawstin Hoopai-Bobek, thrilled the crowd with his big heart and smile while doing things on a horse that most of us can't (just look at that picture of him in Po'o Wai U action)!

Dawstin participated in these events on both days: Tie-Down Roping, Dally/Team Roping, Double Mugging and Hawai'i's own unique event, the Po'o Wai U, which involves roping the calf and cinching it to the "Y" in the arena.

He was joined by a bunch of fellow Kohala competitors in the

Junior Rodeo (middle school) ranks which, in the Girls category, included: Naomi Brooke, Teige Lorenzo-Akamu, Kapanai Reyn-

olds, Kiani Salvador-Glory, Hina Nui Starr, Anela Stewart, Ocean Van Zandt and Sydney Wiernicki. The Junior Girls participated in:

Barrel Racing, Pole Bending and Goat Tying.

In the Junior Boys category, it was: Trever Figueroa, Keeshon Santiago, Elijah Tabiolo and Tyler Van Zandt. The Junior Boys participated in: Double Mugging, Chute Dogging and Goat Tying.

In the Keiki (Elementary School) ranks, it was: Kalista Carvalho, Lilyanna Carvalho, Chawai Dunhour, Marley Endreson, Mia Hayes, Kena Solomon-Hoopai and Hailey Van Zandt. The Keiki participated in: Dummy Roping, Barrel Racing, Goat Undecorating and Pole Bending.

All competitors were given prizes at the end-of-the-year banquet, held at the Hapuna Prince Hotel on Sunday, May 7, for their performance and for participating in HHSRA events throughout this season.

Get ready for next rodeo season starting up in October, and look for the results of the first event of 2017 in our November issue!



Photo courtesy of Samantha Aiona
Kohala's High School Rodeo sensation, Dawstin Hoopai-Bobek, in some Po'o Wai U action!

PATH Teaches Bike Safety

With spring in session and summer looming, more children will be out and about on their bikes!. Bike Ed at Kohala Elementary teaches them about health, bike safety and character building.

Bike Ed is a three-day, in-school bike education program for fourth grade students. The staff and volunteers of PATH (People's Advocacy for Trails Hawai'i) annually service 18 schools on the island of Hawai'i. PATH instructs each school's fourth graders, a minimum of 1,000 fourth-grade students per year. In March of 2017, certified Bike Ed instructors Paul Burke, Joe Loschiavo and their staff of volunteers arrived at Kohala Elementary with their fleet of 30 bicycles in tow.



Photo by Donovan Aiona
People's Advocacy for Trails Hawai'i (PATH) staff teach Kohala Elementary fourth graders the importance of bicycle safety when riding on the street during their annual visit to Kohala Elementary School.

Through their instruction and encouragement, they address several critical health and safety concerns, such as health (physical fitness), safety (the rules of the road, which include signaling, etc.) and character-building. PATH partnered with the Trauma Programs at Kona Community Hospital, North Hawai'i Hospital and the Hamakua Health Center to decrease the chance of traumatic brain injury by donating over 1,200 bike helmets for our island's keiki. Every participating student got a helmet and a certificate upon completion of the Bike Ed program. Big mahalos to Uncle Paul for scheduling Kohala's fourth graders again this year!

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James Land is a certified End of Life Doula, hospice volunteer, entrepreneur, former paramedic and the father of five children. He has attended over 50 deaths, and discovered the secret to creating affordable legal documents that work. He enjoys sharing this valuable information and serving others through end of life planning.

Call or email for a consultation and receive a free copy of The Five Wishes living will.

James Land
(808) 430-7290

jim@gogracefully.com
www.gogracefully.com

NORTH KOHALA COMMUNITY RESOURCE CENTER

Mahalo to The Dorrance Family Foundation
for their generous support of Kohala Ride Wild Club
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Special thanks to Hawaii Forest & Trail for their donation
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Kohala Sports

KHS Spring Sports Come Alive with Baseball, Softball and Track and Field

The boy's baseball team participated in the Big Island Interscholastic Federation (BIIF) baseball season, ending in a doubleheader victory in Pahoa! Kohala was led by the hard hitting of sophomore Kaimi Hook, who has become a seasoned player in only his second season of Varsity baseball.

Head Coach Vernon Karratti and his assistants, Kamon Kupuka'a and Joe Anderson, have a bright future ahead going into next season with a young but experienced team coming back. Great job, Cowboys!

The girls softball team finished the BIIF Division II season in third

place and played a best-of-three series at second-place holder, Kamehameha Schools-Hawai'i. Two weeks later, Kohala represented BIIF at the Division II state tournament, played on the home field of the McKinley Tigers. The Cowgirls beat Lanai High School in their first-round game, 12-0. In their next two games, Kohala played Oahu Interscholastic Athletics (OIA) champion, the Aiea High School Na Ali'i, and tournament #2 seed, the Roosevelt High School Roughriders. Kohala lost both of those games, by the scores of 7-3 and 9-4. Leading the team were Mikayla Kekoa and

Jurnee Keawe in the pitcher's circle, and Setsuko Kimura, Keiko Yamura and Symphony Kauano'e-Libron at the plate. Great season, and have a great summer, Cowgirls!!!

Track and Field has been resurrected, and has shown great promise, with Coach Jason Muse at the helm. The enthusiastic squad of boys and girls represented Kohala and opened some eyes at the BIIF Finals meet, which was held at Ke'au High School on May 5 and 6. Participants and their events included:

Girls: Gayle Lum (100m), Aliyah Page (200m), Mari Miller (800m and 1500m), Angeliqe Kokal (800m

and 1500m) and Kamaile Gusman (Shot Put and Discus)

Boys: Justus Ventura (100m and 800m), Duncan Anderson (800m and 1500m), Christian Cedillos (800m, 1500m and 3000m) and Dahlton Franco (shot put).

Coach Muse deserves a lot of credit for this momentous season. "From the bottom of my heart, I would like to give a special mahalo nui loa to all of the parents, teachers and community members that made this resurgence of Kohala Track and Field possible! Next year promises to be another special season," said Muse.

8th Annual Prince Kuhio Long Distance Race

Story by Victoria Brooke

Two mixed crews from Kawaihae Canoe Club (several of the paddlers being from Kohala) went to Kauai to participate in the 48th

causing high swells and rough surf. The direction of the race had to be changed several times in order for the race to go on smoothly.

The two crews from Kawai-

hae encountered in the race. It was exhilarating, to say the least!

The Mixed 40's crew won First Place for their division, and the Mixed Open crew earned Second

paddlers had made the journey from Big Island to Kauai to be part of the race. Kilohana Outrigger Canoe Club and Namolokama Outrigger Canoe Club were gracious



Photos courtesy of Kawaihae Canoe Club
Mixed Open crew members (Left to right) Gary Kamaouha, U'i Macabio, Shaun Young, Victoria Brooke, Leo Woods, Russell Lee and Maya Lei'ilima (not shown) took second place in their division at the 48th Annual Prince Kuhio Long Distance Canoe Race.

Annual Prince Kuhio Long Distance Canoe Race, held on March 25 out of Kuku'iula Small Boat Harbor Park in Koloa.

The conditions were rough, as there was a storm front that passed through on the day of the race,

hae were a Mixed Open crew and a Mixed 40's crew. The racers had practiced for months in advance in the waters off of Kawaihae in preparation for wind and waves. However, nothing could prepare them for the size of the swells they would



Mixed 40's crew members (left to right) Chris Bertlemann Plunkett, Julie Thompson, Tricia Bell Tom, Jon Salvador, Troy Farmer and Kevin Charlton won first place in their division at the 48th Annual Prince Kuhio Long Distance Canoe Race on Kauai.

Place in their division. The racers got to paddle right by the famous "Spouting Horn" blow hole. It was an epic race and a day that will live on in the memories of the paddlers for a very long time.

The Kauai teams were very supportive and grateful that Kawaihae

enough to lend canoes for the race. The scenery on Kauai was breathtaking, the people kind and the race a memorable one.

The two crews out of the Kawaihae Canoe Club were proud to represent the Big Island at the Kauai race.

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Adjusted Schedule for Kohala's Kamehameha Day 2017

Final preparations are being made for North Kohala's day-long celebration in honor of Kamehameha I on Sunday, June 11.

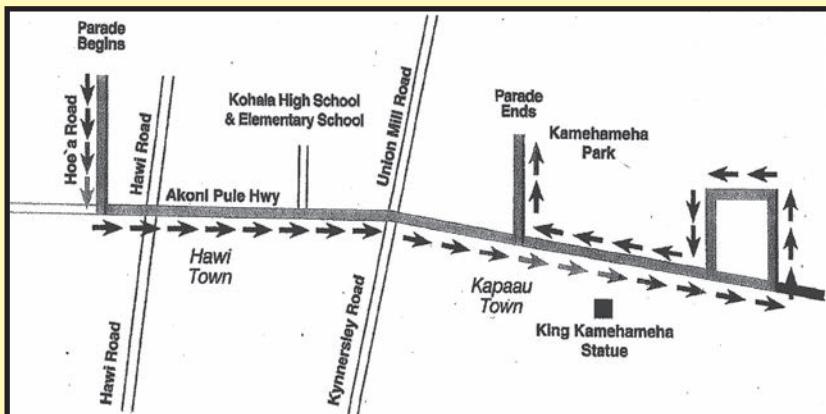
The map below shows the parade route for that day.

The highway will be closed from 11:00 a.m. till an estimated 12:30 p.m. Starting 11:00 a.m. at the North Kohala Community Resource Center, the parade will move down Akoni Pule Highway to Kapa'au, past the statue, around the hospital loop, back onto the highway and end at Kamehameha Park.

The statue ceremony begins the day, with the ho'olaule'a at Kamehameha Park featuring exhibits, food and music till 4:00 p.m.

New to the festivities will be Kanikapila Concert from 6:00 to 9:00 p.m. that night at the Kohala Village HUB, featuring some of the musicians who played at the park celebration, like Lady Ipo from Kauai and Kanani Enos from Hilo.

Light food, beer and wine will be available for a donation. All funds, including a suggested \$5 or \$10 donation at the door, will benefit FEED Hawai'i, the Kohala Village HUB's non-profit.



Notice to Motorists
Kamehameha Day Parade
Akoni Pule Highway
Road Closure from 11:00am to 12:30pm
Sunday, June 11, 2017
Akoni Pule Highway Detour in front of Kamehameha Statue
Sunday, June 11, 2017 at 5:30am-1:00pm
Detour Route: Kohala Hospital Loop

Map courtesy of Kohala Village HUB
 Park of Akoni Pule Highway will be closed on June 11 from 11:00 a.m. till an estimated 12:30 p.m. for the annual Kamehameha Day Parade.

Learn Hawaiian Language Free

Na 'Imi 'Ike, a Hawaiian Language Study Group, will continue to meet from 3:30 p.m. to 4:30 p.m. each Thursday through the summer at North Kohala Public Library. All ages and all skill levels are invited to join the study group, which is coordinated by Kamehameha Preschool teacher Jesse Lucas.

The study group has been meeting since September 2016, with the intent to create a group

of motivated learners in North Kohala who support each other in increasing their Hawaiian language skills. Each session includes a variety of vocabulary, grammar and oral exercises. Newcomers are welcome and will find that, within a few weeks, they will begin to develop an awareness of simple sentence structure and vocabulary.

Call the North Kohala Public Library at 889-6655 for more information.

Workshops on Food and Crafts Offered in Hawi

Are you interested in learning more about practices for feeding our community or about Hawaiian crafts? If so, there will be two series of classes focused on these topics happening every two months at the Kohala Village HUB. Sessions will be from 9:00 a.m. till 12:00 noon. The cost is \$180.00 for each series of four classes or \$50.00 per class for drop-ins.

The first series is called Hānai Kohala. Session one took place May 20, when Sa'o Vaefaga taught how to clean, process and cook kalo. He also shared about the cultural significance of this staple of the Hawaiian diet. The second class will be on July 15, with Jim Pederson demonstrating how to break down a lamb carcass. On September 16, Donna Maltz will teach how to grow your own plants to ferment and how probiotics provide health benefits. The final class in this series is about ulu, or breadfruit, with Angelina McCoy. She will show how to prepare this staple using traditional Micronesian ways.

Folks who enjoy creating will

enjoy the second focus, the Kilohana Kohala series of workshops, which are Hawaiian crafts taught by Hawaiian practitioners. On June 10, Lehua Ah Sam will teach how to make feather flowers and hand-held kāhili. The second workshop, on August 12, will teach participants how to make a small fish trap, taught by Pelika Andrade. On October 14, a workshop on how to process lauhala and make a bracelet and fan will be offered, taught by Ku'u Makuakane and Jonny Mae. The final workshop in the series will be on making Christmas wreaths with local foliage, taught by Audrey Veloria.

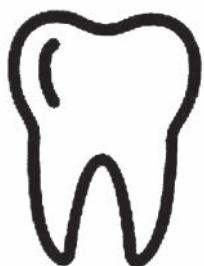
Registration for these workshops is available on line at www.kohalavillagehub.com. Funds generated will support sponsorships for youth to participate in activities at the HUB, all part of their non-profit FEED Hawai'i, which is dedicated to nurturing and feeding Hawai'i through food, arts, culture and ecology. For further information, contact Program Director 'Ekela Kahuanui at 889-0404 ext. 104.

Trade Winds Return

By Diane Revell

The still, humid air
 Holds me to the ground and slows my movements
 As if a heavy warm coat engulfs me.
 More effort and energy drained in the process.
 With the morning dawn, the air is in motion
 Trade winds have returned
 The heaviness has lifted and I move with ease
 Facing into the wind my body lifts off the ground
 I drift up with joy.

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The COQUI HOTLINE is heated up with over 20 calls in April and early May.

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- Ainakea lots • Kahae • Kaauhuhu Homestead • "Hawi Hill" • Transfer Station
- Transfer Station Gulch • Pratt Road Area
- Kohala Nursery Pump House Area
- Kapiko Estates • Numerous Residences

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COQUI HOTLINE: 889-1777



KOHALA MONTHLY CALENDAR JUNE 2017

	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
2	FRI	4 PM	7 PM	KHS FIRST FRIDAYS	CRAFT AND LOCAL FOOD VENDORS	KHS	889-7117
3	SAT	9 AM	3 PM	HUGE GARAGE SALE	HUGE INVENTORY, NEW, USED, COLLECTIBLES, 889-5334,	KOHALA JODO MISSION	895-7539
3	SAT	2 PM	4 PM	FREE COOKING CLASSES	PLEASE SIGN UP BY EMAILING WINTERD@WHITMAN.EDU	HUB BARN	889-0404
4	SUN	9 AM	3 PM	HUGE GARAGE SALE	HUGE INVENTORY, NEW, USED, COLLECTIBLES, 889-5334,	KOHALA JODO MISSION	895-7539
5	MON	6 PM	7 PM	GROWTH MANAGEMENT SUBCOMMITTEE	MEETING	BANK OF HAWAII BUILDING	
5	MON	6 PM		FAMILY FILM	MOANA	NORTH KOHALA LIBRARY	889-6655
6	TUE	6:30 PM	8 PM	NORTH KOHALA COMMUNITY ASSOCIATION	MEETING, CONTACT JEFF COAKLEY	KOHALA INTERGENERATIONAL CENTER	443-8687
7	WED	4 PM		COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	
10	MON	5 PM		NKCDP AC MEETING	NORTH KOHALA COMMUNITY DEVELOPMENT PLAN ACTION COMMITTEE	OLD JUDICIARY BUILDING	323-4770
11	SUN	11 AM	12:30 PM	KAMEHAMEHA DAY PARADE	SEE PAGE 15 FOR DETAILS		
12	MON	3 PM	5 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
13	TUE	11 AM		ADULT READING DISCUSSION	WISHFUL DRINKING - BY CARRIE FISHER	NORTH KOHALA LIBRARY	889-6655
13	TUE	6 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	THE HUB	889-5715
17	SAT	4:30 PM	6:30 PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	
18	SUN	10:30 AM	11 AM	GO SKATE DAY	ROAD CLOSURE FROM ALOHA GAS TO ROOTS SKATE PARK	AKONI PULE HIGHWAY	895-2909
19	MON	6 PM		FAMILY FILM	SECRET LIFE OF PETS	NORTH KOHALA LIBRARY	889-6655
20	TUE	10 AM		ADULT & TEEN WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
20	MON	6 PM		FLOWER FAIRY DOLL CRAFT	TEENS AND ADULTS	NORTH KOHALA LIBRARY	889-6655
21	WED	5:30 PM		AGRICULTURE SUBCOMMITTEE	MEETING	SENIOR CENTER	
24	SAT	10 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
24	SAT	11 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
26	MON	6 PM		FAMILY FILM	FINDING DORY	NORTH KOHALA LIBRARY	889-6655
27	TUE	5 PM	6 PM	CDP SUBCOMMITTEE	POWER, VIEWPLANES, & EROSION CONTROL, CONTACT SUSAN FISCHER	OLD COURTHOUSE	882-7611
28	WED	4 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, BY DONATION	THE HUB	889-5151
28	WED	5 PM		PARKS, WATER & ROADS SUBCOMMITTEE	MONTHLY MEETING	OLD COURTHOUSE	882-7611

EMAIL CALENDAR LISTINGS TO KOHALACALENDAR@GMAIL.COM

Kohala Churches

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 Sabbath School: 9:30 AM
 Divine Service: 10:45 AM
 Potluck-Fellowship Lunch every Sabbath
 55-3361 Akoni Pule Highway, Hawi HI
 (808)889-5646
 Kohalasda.com

Kalahikiola Congregational Church
 Service every Sunday Morning at 9:30 followed by pupus & fellowship
 Prayer time Tuesdays at 11:30
 Iole road of Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue
 www.kalahikiolacongregationalchurch.com
 889-6703

Gospel of Salvation Kohala
 Kokoiki Road
 Service: Sunday 9:00 AM
 Adult Bible Study: Monday 6:30 PM
 Prayer Meeting: Friday 6:30 PM
 Pastor Ilima Moiha
 www.gospelofsalvationkohala.org

Kohala Baptist Church
 Across from Makapala Retreat
 'Come to Me, all you who labor and are heavy laden, and I will give you rest.'
 (Matthew 11:28)
 Sunday Services
 Adult Bible Study/Kids on Mission 9 am
 Worship Service/Sunday School (for children of all ages) 10:30 am
 Pastor Steven E. Hedlund (808)889-5416
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 Rev Elias Escanilla
 Deacon Thomas Adams
 Telephone 889-6436

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 9am - Holy Eucharist
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 4th Saturday: 10am - 12pm
 Free Community Meal:
 4th Saturday of each month: 11am - 12:30pm
 Vicar Diana Akiyama
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2nd Annual Little Miss Paniola Pageant

Come Support Kohala Ride Wild Club
 Saturday, June 3 at 3:30 p.m.
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Photo courtesy of Kohala Ride Wild Club
 Princesses in the 2016 Little Miss Paniola Pageant

Celebrate Earth Day with Upcycled Art

Story by Karen Rosen

On Earth Day, 2017, I had the great pleasure of attending the opening reception for Alvita Soleil's one-woman show in Luke's Room at the Kohala Village HUB. I am so excited and inspired by Alvita's vision and use of discarded items, which she refinished and re-purposed into thought-provoking creations. Each piece carries with it a message about our inter-connectivity with nature.

For the last ten years, I, along with a group of co-creators, produced the Kohala Trash Bash Art and Fashion show. Our mission was to entertain, educate and inspire Kohala residents to expand their recycling and conservation efforts.

Alvita Soleil, a doctor of Oriental Medicine and a self-taught artist, participated in our show as an organizer and artist. I spoke with Alvita at length and want to share some of the insights she expressed to me about her art.

KR: Alvita, what motivates you to create upcycled art?

AS: I like to take my relationship between art, healing and the environment to a deeper level. Engaging nature itself and producing artwork that makes bold statements about new possibilities of a clean, healthy, abundant and beautiful world and helping to transform the negative imprint mankind has created motivates me. By 'deeper,' I mean art that carries a message, our connection to the Earth and to ourselves, rather than something that matches one's living room sofa.

Edgar Degas said, "Art is not what you see, but what you make others see." In this year's solo show, I seek to carry this message that through art we can redefine our idea of beauty and that we can re-purpose waste and discarded material in the world, transforming it into inspiring art work. I call that "Art with a Message."

KR: Can you tell us more about what you use to create your art and where you find it?

AS: I really enjoy going to the transfer station, garage sales, second-hand stores, etc., where I use my imagination to find things that no longer serve their original purpose, or are otherwise discarded or useless to their owners. The ability to see in a fresh way is vital to the creative process, as objects call to me from their hiding places, showing me visions of what they could become.

Beyond the obvious of using recycled materials, I allow personal messages or life lessons to emerge. Such as in the piece

called "New Story," where circles repeat themselves over and over, suggesting patterns in life that need to be transformed, allowing

in touch with the profound movement of letting go, the practice of listening, being present and trusting the next moment. The creative

process is the healer and for me, it becomes a source of inspiration, comfort and strength.

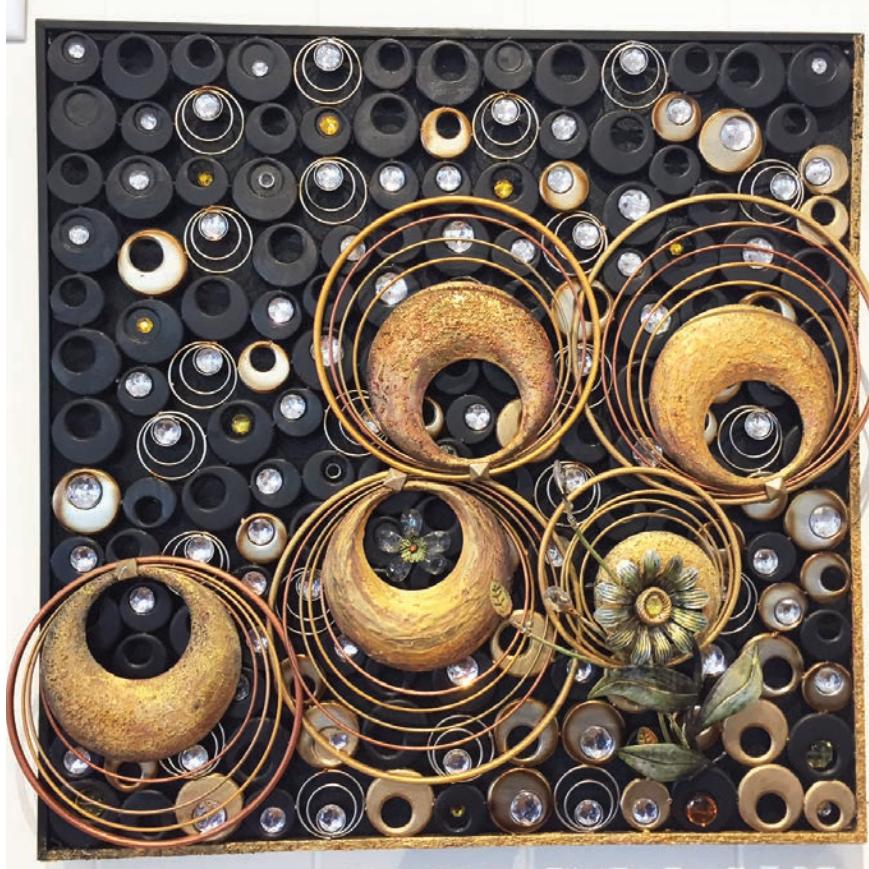
Sometimes I feel frustrated at not knowing how to conceptualize my vision on the canvas or sculpture or how to draw or lay the paint, but I keep reminding myself over and over again to let go, to be without the interference of the mind.

I get stuck when I get afraid of not being good enough or messing something up. The mind wants to tell me of what and how I "should" paint, rather than allowing the spontaneous expression to flow. The mind mostly speaks of reason, achievement, indecision, success, failure and comparison. It simply blocks the creative juices.

The ability to see things in a fresh way rests on the willingness to question any preconceived assumptions, becoming both creator and alchemist.

KR: Alvita, thank you for sharing your art and your heart with all of us.

We hope you all take an opportunity to stop by the Kohala Village HUB to enjoy Alvita's Show. It will be on display through May 22, after which the sculptures will be removed, leaving only the wall pieces until July 5. May this art show serve as a reminder for all of us to celebrate Earth Day every day and perhaps inspire us to express our own creativity.



Photos courtesy of Karen Rosen

In Alvita Soleil's piece entitled "New Story," circles repeat over and over, suggesting patterns in life that need to be transformed, allowing healthier choices to emerge.

healthier choices to emerge. This is obviously not the only message that could be gleaned from this piece, as it could inspire other messages for anyone taking time to look and listen."

KR: Tell us more about your creative process?

AS: For centuries, cultures around the world have used all mediums of art to promote healing. In fact, all healing arts are rooted in the bedrock of our innate creative process of transformation.

Creativity is our birthright. I believe we are all creative beings with stories to tell, emotions to express and gifts to share. I like to see my work as a spiritual practice—a form of meditation. This is why I love creating art. It puts me

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Provided by the Ohio Air National Guard 178 Medic Group in partnership with the Hamakua-Kohala Health & AlohaCare, Special mahalo to West Hawaii Community Health Center for their kokua.

Career Fair 2017: Stick Close to What You Love

Story by Celene Cook
For over a decade Kohala Middle School has reached out to professionals throughout the

four break-out sessions. Eighth graders, having had priority at the event, attended all four of their top four choices.



Photos by Clyson Igarashi-Marquez and Summer Kanehailua-Coito
Kohala District firefighters and emergency medical technicians (EMTs) tell students it's never too late to join and take part in what you want to do.

community to participate in their biennial Career Fair. The school alternates hosting a career fair with a health fair each spring.

This year, over 20 members of the Kohala community sacrificed their time to share their career paths with the student body. The

This year, thanks to the Kohala community, Kohala Middle School offered their students nearly twenty career presentations at the Fair. This year the career paths the students learned about included:

Coast guard, water safety officer and lifeguard, emergency med-

trainer and equestrian riding instructor and agriculturist.

Kohala Middle School would like to say a BIG MAHALO to the members of the community who made this event possible.

Also, a special thanks to all the volunteers who shared their heart, their passion and their hope for the next generation, encouraging students to draw near to what they like to do, to stick with it and to persevere in pursuing their dreams. Your lives are living proof that our students can be successful doing what they love.



David Gomes, musician and creator of handcrafted guitars and ukuleles, plays guitar while telling students about the precise process of building instruments.

Kohala Middle School Quarter 3 Principal's List, Honor Roll and Hawk Awards

Principal's List:

Kohala Middle School recognizes the following students on the Principal's List who achieved a 4.0 grade point average for the third quarter:

- Leiana Carvalho • Brooklyn Geiger • Pililai Kaai
- Teige Lorenzo-Akamu • Jake Maki • Tristin Perez • Riley Preston
- Mark Richard Sahagun • Grace Todd • Kyle Weyrick • Sydney Wiernicki

Honor Roll:

Kohala Middle School recognizes the following students who received Honor Roll by achieving a 3.5-3.9 grade point average for the third quarter:

- Keoni Barco • Aidan Blanco • Naomi Brooke • Lyric Akira Burns
- Keegan Canine • Elias Edayan • Donavon Emeliano
- Jeffrey Francisco • Ralph Janssen Francisco • Kara Fernandez
- Christian Jay Guerro • Lucy Hernandez • Kyson James-Foree
- Anthony Kaai • Hailey Kauanoë-Galdones • Laakea Kauka
- Ryan Juan Kealoha • Faith Knappe • Blake Lapitan
- Adriana Leitch • Kanoa Leshner • Isaiah Lorenzo • Zoe Meikle
- Karylle-Chyne Oandasan • Monica Oliveros • Damien Padilla
- Manutea Pagud • Camille Pinho • Daniel Remsen
- Dhona Jayne Rico • Mark Joshua Salvador • Michael Salvador
- Ocean VanZandt • Sean Weyrick • Kainalu Yamamoto
- Harley Yamasaki

Hawk Awards:

Kohala Middle School recognizes the following students with the Pono Award for being role models for their peers, choosing to do the right thing and for encouraging a safe and respectful school environment:

- Naomi Brooke • Skyler Carvalho • Haley Hawkins
- Adam Heu-Mathieu • Alii Kai Kaaekuahiwi • Pililai Kaai
- Konapiliahi Ledward-Mongkeya • Tristin Perez • Camille Pinho
- Karylle-Cheyne Oandasan

Hawk Awards:

Kohala Middle School recognizes the following exceptional students with the Grit Award. These students displayed resilience, perseverance, dedication and determination in the face of challenges:

- Elena Barr • Weston Camara • Anela Cazimero-Roxburgh
- Zaeden Gernandez • Gerado Gonzalez • Arwen Hasegawa
- Clyson Igarashi-Marquez • Kyson James-Foree
- Legend Libron-Kauanoë • Darian Nishida • Monica Oliveras
- Chauncie Tayan-Matthews



Auntie Keala Kahuanui (seated on the left) and Uncle Chadd Paishon (standing) are crew members of Na Kalai Wa'a-Makali'i Ohana.

students rotated through four half-hour sessions during the morning hours of April 21, learning about the careers of their choice.

Students chose careers they wanted to learn more about prior to the event. Every student attended at least two of their favorite four presentation choices during the

ical technician, firefighter, police officer and law enforcement, restaurant manager, local restaurant business owner, local retail business owner, massage therapist, chiropractor, nurse, yoga instructor, musician and guitar builder, director of a non-profit organization, martial arts instructor, horse

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Spring Fest Highlights Student Work in Fun Atmosphere

On May 13, the 21st Century Program Kohala School Spring Fest showcased student projects, featured community info booths, and kept attendees happy with food, games and entertainment.
Photos courtesy of Danny Garcia and Cheryl Cabrera



In the heart of historic Hawi Town is a community-based hub for education and gathering. The Kohala Village HUB works to feed Hawai'i food, arts, culture, and ecology. The HUB strives to enrich the lives and wellbeing of everyone in rural North Kohala through its diverse offerings:

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Eat
HUB PUB Now Open!
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Sunday Brunch 8AM-11AM

Learn
Enrichment Programs
The HUB's non-profit community learning center provides a wide variety of programs & workshops for all ages & cultures, encouraging families to grow together.
Visit www.KohalaVillageHUB.com for our new & ongoing offerings.

Play
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Kohala Village HUB provides perfect facilities to host community theatre, concerts, weddings, fund-raisers, meetings, & gatherings. For upcoming events visit KohalaVillageHUB.com. To inquire & book your memorable gathering today, Email: programs@KohalaVillageHUB.com
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Maka o Hule Navigation Heiau

Story by Elias Edayan and Ethan Tomas

The students of the "Community Investigative Squad" (CIS) of Kohala Middle School's UPLINK (Uniting Peer Learning, Integrating New Knowledge) program wanted to know about the navigation heiau at Mahukona and Mahukona's history. The CIS went to the library and researched Mahukona using "Kohala 'āina: A History of North Kohala" by Sophia V. Schweitzer and Michael S. Gomes as a reference. They learned that Mahukona is a former Hawaiian settlement located in the district of Kohala. The area got its name from a submerged volcano to the south of it's location. In Hawaiian, Mahukona means "False Harbor." Mahukona is also a

traditional land division (ahupua'a) that extends from the ocean to the slopes of Kohala Mountain.

The ahupua'a was given to Princess Ruth Ke'elikolani. Princess Ruth mostly ruled Mahukona. At

Mahukona there were railroads, warehouses, buildings and platforms. The railroad was for the sugar cane companies. Incidentally, the CIS students' elders worked for the sugar companies. Mahukona is near Nishimura Bay, which got its name from the Japanese contractor who made improvements to the old railroad. Just past Nishimura Bay to the north is a wall named "high wall." On the cliff above the high wall, the navigation heiau overlooks the ocean. Most people called the heiau "Holomoana." It was used to aid voyagers by using the wave and wind patterns. The heiau was so significant, it ranked a class below sacrificial heiaus like Monokini.



Photo courtesy of Mike Frailey
CIS (Community Investigative Squad) investigates the history of the navigation heiau at Mahukona. CIS is part of Kohala Middle School's UPLINK after-school program.



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