

Vol.17, No. 04

About Kohala, For Kohala

April 27, 2018

## ARC of Kona Meets UH Hilo



Photo by Lilli Gross

Naomi Keawe's "Keawe Grand Hotel"

Story by Lilli Gross

Question: What happens when you mix two excellent educators from the University of Hawai'i, six eager and talented ARC of Kona clients, sprinkle a grant from the Karakin Foundation and put them

all together in a classroom provided by the Kohala Village Hub in Hawai'i?

Answer: Lots and lots of opportunities for everyone.

**See ARC, Page 2**

## Easton Chong Wins Dreamstarter Grant

By Amoo Kainoa

Easton Chong, a 17-year-old senior who attends Kohala High School, is one of 10 youth who received a \$10,000 Dreamstarter Grant earlier this month.

Olympic gold medalist Billy Mills announced this year's recipients on March 1. Each of the Dreamstarter winners will work together with a community nonprofit on a science or environmental project supported by Running Strong for American Indian Youth. "Each year, our Dreamstarters inspire me with their incredible talent and limitless passion," Mills said, who is Oglala Lakota (Sioux) from Pine Ridge, South Dakota and co-founder of Running Strong. "This class represents the next generation of Native scientists, environmentalists and water protectors. I believe in them, in their dreams and in the future they are building for all of us."

Chong's dream is to engage his community in traditional and sustainable practices of preserving the land and ocean. He will hold weekly activities and monthly community workshops, plant native medicinal plants to prevent coastal soil erosion and establish Hanai i'a (feeding the fish houses) to increase the fish population. Through his project, he hopes to foster thriving

relationships between the community, Hawaiian culture and the natural landscape, and train a new generation of natural resource managers. Chong's mentor organization is Kailapa Community Association.

Running Strong aims to give away a total of 50 \$10,000 Dreamstarter grants over five years to support Native youth's dreams for their communities. This announcement makes a total of 40 Dreamstarters selected so far.

A 2017 Dreamstarter also came from Kohala: Hokani Maria. With the guidance of Kohala Unupa'a, which is a project run through North Kohala Community Resource Center, Hokani's dream was to have the Kohala keiki and community build a canoe for Kohala. That was accomplished, and the canoe has been a floating classroom ever since. When weather is not great for sailing it sits at Kohala Elementary School, where the students learn its measurements, the use of each of its parts, the Hawaiian names for parts of the canoe, and oli [chants] and mele [songs] that share about canoes and their people. Students also learn how we can use our canoe to malama our ocean and ourselves.

Congratulations Easton Chong and Hokani Maria, Dreamstarters from Kohala High School!!

## Kīpu'upu'u O Kamehameha



Illustration courtesy of the 2018 Kamehameha Day Committee

Margaret Hoy's illustration of King Kamehameha will adorn the 2018 Kohala Kamehameha Day commemorative tee shirts. Hoy teaches art at Kohala High School.

Story by Randee Golden

Kohala's Kamehameha Day Celebration Committee has been meeting regularly to make sure a multitude of tasks are done to successfully facilitate our annual community celebration of King Kamehameha on June 11. In fact, one brand new event that involved the community was recently completed.

The first annual Kamehameha Day Tee Shirt Design Contest was introduced this year. Invitations were extended to our schools and the community to submit a design inspired by this year's celebration theme of Kīpu'upu'u O Kamehameha.

Kīpu'upu'u is the name of the fierce rain and wind of Waimea. Kamehameha's warriors were also Kīpu'upu'u because of their fierce, loyal and steadfast nature. The theme was chosen because of the turbulent times we live in. It is our hope that it serves as a reminder of how imperative it is that we emulate these warriors and not be swayed by the many issues we face on a daily basis.

Kohala resident and high school art teacher Margaret Hoy submitted the selected entry. She created an image of Kamehameha with his

Kīpu'upu'u warriors behind him. The shirts are being printed by Syco Hawai'i in Kapa'au, using a unique inking technique. Appreciation is extended to those who submitted a design.

The Committee wants to remind the community that Akoni Pule Highway will be closed at Hoesa Road to Kapa'au and past the statue from 9:00 a.m. to 10:30 a.m. There will be a short detour makai of the statue from 5:00 a.m. to 9:00 a.m.

Announcers who will describe the parade entries will be stationed at the Kohala Coffee Mill in Hawi, Takata Store, Aloha Gas, the park entrance in front of Minnie's and the Kamehameha Statue.

Lei can be dropped off at the welcome table near the statue starting at 7:00 a.m. It is requested that lei are 20 feet or shorter.

Appreciation is also extended to community members who are stepping up to help during the planning stages as well as on our day of celebration. It takes a village. Mahalo nui loa to everyone!

(P.S. Please remember to come to the horse lei making and pa'u wrapping workshop on May 19 at the Kohala Village Hub Barn. See the article in this edition of KMN about it.)

Kohala Mountain News  
Box 639  
Kapa'au, HI 96755

**ECWSS  
POSTAL CUSTOMER**



**ARC, continued from Page 1**

Don't let the name fool you, the ARC of Kona services many towns on the western half of the island. ARC stands for Association of Retarded Citizens (although the "R word" isn't used any more—we use developmentally-delayed instead). Clients are paired with Direct Service Workers who work with them both in the home and the community to enrich their lives and teach them to become more independent. Some do volunteer work to make a difference in their communities such as cleaning local beach parks or helping out at a community kitchen or church thrift store. Others work in the home, giving parents a much-needed respite.

For six weeks, Penny Alcoran and Joe Capellas drove over from Hilo to teach the 2018 Spring Cohort Hospitality Training Program at the Hub. Students learned all about the various employment opportunities at hotels and how to possibly become employed. Penny, with her sparkling personality and infectious smile, and Joe with his humor and great taste in Seinfeld videos, made learning fun. There was never a dull moment.

The first week centered on customer service skills such as patience, attentiveness, knowledge of the product, ability to use positive language, a calming presence, ability to read customers and handle surprises, and how to "hear a smile" over the phone. Students practiced answering phones and handling difficult customers.

Students created their own hotels. Naomi Keawe created the Keawe Grand Hotel out of cardboard and objects found around her home. Others made up one called the Kealoha Wai Nani Grand Resort, which was built in the middle of the sea and had all the amenities and design of any great resort in Dubai or anywhere else great hotels are built in the ocean.

The second week they learned all about the job of a bellman/bellperson and all it requires. They practiced performing duties like carrying bags, leading guests to their rooms and opening them up, showing them where various venues are located and making themselves available for any and all needs.

The third week was about pool attendants. During this week the students took a CPR course, and everyone passed, knowing they could potentially save lives if the need arose. They practiced folding towels, enforcing regulations to keep the pool area safe and providing comfort for the guests.

Week four was about house-keeping, working as a team, being efficient, being meticulous and making everything perfectly clean and just right for the guests. The fifth week was food and beverage. They learned about servers, bussers, hosts/hostesses, line cooks, sous chefs, bartenders and all the various positions possible. Some of them had experience in this area, working with their parents in catering or tending bar at a wedding. Most had cooked or served food at home.

On the final week it was all put together. Students were assisted with writing resumes and business cards, wearing proper attire to an interview, showing eagerness and communicating a positive attitude. They practiced answering posted ads, first by phone and then in person. They found talents they didn't know they possessed for jobs they hadn't known existed.

Graduation day at the Hub was a grand celebration. A luncheon was held at The Hub Barn. Naomi Keawe was the emcee and entertainment was provided by Kuha`o Case on keyboards and Jessica Bliss who sang "Teardrops on My Guitar," by Taylor Swift. Naomi also danced hula while being accompanied by her Tutus John and Hope Keawe, who sang "Pua Mana."

The commencement ceremony was supplied by vendors Sloane Pung, who brought handmade jewelry, Joshua Penner, who brought honey from his farm, and Sean Conley, who owns a thriving business dedicated to refurbishing Hawaiian-made wood products. All in all, these six students learned they had talents that were either buried or simply not in full use, and the independence to become employed or start and maintain a business of their own. Many proud tears were shed that day and hearts swelled with gratitude for the wonderful encouragement of Penny and Joe.

**CDP AC Meets with New Chairman**

By Lynda Wallach

On Monday, March 19, the North Kohala Community Development Plan (NKCDP) Action Committee (AC) held its first full public meeting under the leadership of its new chair, Steve Hoffmann. First on the agenda were the reports from the community advisory groups, which have replaced the old subcommittees.

Pololu is an issue for both the Community Access Group and the Parks, Water and Roads Group.

The Department of Land and Natural Resources (DLNR) has put Pololu at the top of their Capital Improvement Projects (CIP) list. Their focus is on improvements to the lookout and the trail. If funding is approved, the funds would be available the next fiscal year, which begins July 1. The Community Access Group has offered support to Na Ala Hele, which wants to make improvements to the Pololu trail and hopes to get an appropriation from the state to do the work. Na Ala Hele is the State of Hawai'i Trail and Access Program and is part of the Division of Forestry and Wildlife. John Winter said the Water, Parks and Roads Group is looking at parking and sanitation issues at Pololu as well, including the possibility of acquiring the land mauka of the highway from Surety Kohala as a parking lot. He stressed, however, that when and if the proposed DLNR funding is assured, a public meeting would be held to address the concerns of the community and of the residents near the lookout on all these issues before any action would be undertaken.

Toni Withington, reporting for the Public Access Group, said that the twenty-acre parcel at Hapu`u, which is being purchased with funds from PONC (Public Access, Open Space and Natural Resources Commission), is still in escrow but the hope is that it will be released from escrow soon and sent to the county council for final approval. PONC has said they will also be asking the Legacy Land Preservation Commission for matching funds for the purchase of 93 acres at Kapania Bay on their application in July. Honoipu, the land at the end of Old Coast Guard Road, will

be one of the PONC nominations for purchase for this year.

Hoffman asked how the 2% Land Fund Maintenance Fund monies are disbursed and Withington explained that non-profit groups can apply for maintenance funds through PONC. She said that there are currently about \$6,000,000 in the fund because very little has been distributed up till now. To his question regarding maintenance of the County land by the banyan trees in Hawi, she said a nonprofit would have to be formed to apply for a PONC grant and that the deadline is August.

The Agricultural Water Study is also a project of the Parks, Water and Roads Group. Winter summarized a meeting where a consultant hired to assess the viability of a project to provide agricultural water to Kohala spoke to members of the Kohala Farmers Union United.

The consultant told the group that, though there is sufficient water, the viability of the project depends on economic feasibility: whether putting transmission lines in place is cost effective based on the number of users and the amount of money they would be willing to pay for the lines. The consultant will have a report by July. A full report on that meeting by Toni Withington can be found in the March issue of this paper.

Finally, Winter said that Lisa Andrews had met with Friends of the Parks and that there are significant safety problems at Keokea, including broken picnic tables, rusted out hand railings and trees hanging over wires. She said she would try to get people to fix the problems locally. Right now, the County's solution seems to be to just remove the things that are broken, but Winter says there should be a better approach, such as making repairs. He noted that currently, the directors of both Public Works and Parks and Recreation are in temporary positions, which may be the reason behind the poor responses the groups get to their communications.

Richard Elliott presented the 2018 work plan of the Growth Management Community Group. The

See CDP, Page 3

**Mahalo, Ladies!**

**HAPPY HOUR**  
Tuesday, Wednesday, Thursday  
4:00 - 6:00

**BAMBOO**  
889-5555

**Kohala by the Sea**

59-114 Honukai Pl | 1.05 ac land | listed for \$345K

**TERI TAKATA**

REALTOR SALESPERSON, RS-76882

808.895.0188 | TeriTakata@HawaiiLife.com

HAWAII LIFE REAL ESTATE BROKERS | HawaiiLife.com

CDP, continued from Page 2

general goal of the group is to direct North Kohala's growth to areas within and near existing town centers in order to preserve the district's open space and cultural resources. To that end, the group reviews land use applications from the County Planning Department and, where applicable, makes recommendations for action to the NKCDP AC. The group also plans to implement a Community Design Guideline addressing signage issues to serve as a mechanism for the AC and the community to be part of the application process for signs. Finally, the group acts as a liaison to Kohala's cultural and historical preservation groups to make sure that a land use application does not violate anything of cultural or historical significance.

Jack Hoyt told the AC that the goal of the Affordable Housing Group is to develop the first "Pocket Neighborhood" on the island as a prototype for affordable housing. The term describes a new development that places homes around a central communal pedestrian-only open space. Vehicular traffic and parking would be restricted to the perimeter of the "neighborhood." House lots would be smaller so the number of units could increase and everyone would share the common space. The group is seeking land on which to build a demonstration project.

The next meeting of the NKCDP AC will be on Monday, May 21, at 5:00 p.m. at the Hisaoka Gym Conference Room. Members of the community are encouraged to attend.

### Makapala/Niuli`i Emergency Bypass



Photo by Jeffrey Coakley

(Left to right) Keone MacKillop, Ally Fujii and Sarah Pule-Fujii walk over the bridge on Pratt Road where the Niuli`i and Waikane streams meet. The trio are working to clear a portion of the road as a near-term, alternate-access route for Niuli`i/Makapala residents should the main highway become unusable.

By Jeffrey Coakley

The recent, devastating flood in Hanalei, Kauai showed how critical having an emergency bypass road for the residents of Makapala/Niuli`i is needed. As was portrayed on the news, Hanalei residents were stranded, as there was only one road in and out of the valley. The same situation exists for the Makapala/Niuli`i community: there is only one road in and out, and it crosses over five one-lane bridges.

In the past, when the Halawa bridge was damaged, the residents used Pratt Road as an emergency

bypass, but that has since become a private road as the lands were sold to private owners. The road is now blocked by hau trees, brush and grasses. In some areas, fences and locked gates have been erected. The locked gate is understandable, as the private and isolated road has been used in the past for drug deals, dumping of trash, abandoned cars and the like.

However, the problem still remains that the Makapala/Niuli`i people would be stranded and isolated if anything should happen to any of those bridges. People

ask, "Why doesn't the County of Hawai'i or State of Hawai'i take care of that situation?" Well, it would take another lengthy article. The Makapala/Niuli`i residents have been seriously asking for an emergency road since the earthquake in 2006, and again, after the 2014 flood that blocked a bridge for weeks. There has been no successful solution since then.

A group of Makapala/Niuli`i residents have decided to take the bull by the horns and have begun to contact property owners to gain access to their portion of the Pratt Road to clear it of the overgrown flora and to fill in areas that are muddy. Thus far, they have received support from some of the key property owners who are willing to help in the clean-up effort. The group realizes it's not a permanent fix, but if anything should happen in the near future at least they have a way out and back in for now.

The organizing group – headed by Keone MacKillop, Sarah Fujii and Ally Fujii – are planning for a "Clean Up Pratt Road" event sometime early June. They will be asking for the Kohala community's help in bringing chain saws, mowers, shovels, picks and manpower to support this effort. After the clean-up, the committee will have a "pa'ina" (food) at Keokea park for all and would appreciate donations of food items.

For now, you can contact Sarah Pule-Fujii at 889-9590 to volunteer or get answers to your questions.

**HAWAII COMMUNITY FEDERAL CREDIT UNION**

**Kohala Branch**  
PO Box 39, 54-396 Union Mill Rd.  
Kapaau, HI 96755

Apply online at [hicommmfcu.com](http://hicommmfcu.com)  
or call 930-7458!

#hicommmfcu

\*APR = Annual Percentage Rate. APR will be based on your creditworthiness and length of repayment. Rate subject to change without notice. Certain terms and restrictions apply. Subject to insurance confirmation. Rate displayed is the lowest available for new vehicle purchase with a 5 year (60 month) term. Higher rates available for used vehicles. Offer good from 04/16/18 – 05/31/18. Payment example: A loan of \$10,000 with 1.99% APR with a 60 month term will have 60 monthly Principal and Interest payments of \$175.23, which includes \$514.02 total interest paid. Offer applies to new HCFUC loans only. HCFUC membership is required.

Federally insured by NCUA.

New auto loan rates as low as:

# 1.99%

**APR\***  
for a 5 year term.

Other terms and rates available.

HURRY BEFORE THIS FRESH DEAL ENDS MAY 31, 2018!

## Apply today!

## North Kohala Community Development Plan Action Committee Annual Report to the Community, 2017

By John Winter, Retiring Chair

*[Editor's Note: In order to better inform the community, the full report has been preserved but broken into multiple, shorter sections, each of which will be published in consecutive months of the Kohala Mountain News. The following is the first section.]*

The North Kohala Community Development Plan (NKCDP) was created in 2008 by County Ordinance 2008-151 (Bill 365) and can be downloaded at <http://www.hawaii-countycdp.info/north-kohala-cdp> (or by contacting the Planning Department at 961-8288).

As stipulated in the County of Hawai'i General Plan (section 15.1) and in Ordinance 2008-151, the NKCDP is administered and staffed by the Planning Department with the purpose to be a proactive, community-based steward of the plan's implementation and update. In other words, we are an official part of County governance and provide an opportunity for North Kohala to tell the County what we actually want, rather than wait to react to decisions made for the community in Hilo or Kona.

The North Kohala CDP Action Committee is generally recognized as one of the most progressive and active ones on the island. We were the second to be created and these first ACs faced considerable resistance from various county offices, including our parent Planning Department, as we worked in the vanguard of implementing this new way of doing business. Change is always difficult and many county workers and administrators struggled to accommodate us, even though we were free volunteers working to help them with their jobs. We have demonstrated our effectiveness and now have status at the table. Most county departments know us when we meet with them now and are more receptive than before. I thank those who served before me in this effort, with me and those who follow as we continue forward. This is an important time. The county General Plan is being revised now and we hope to see it integrate the area CDPs more thoroughly. The Planning Department has become much more accepting and supportive of this new para-

digm and we look forward to a much better working relationship with them. The NKCDP will also be up for revision in a year or two: a chance to reemphasize our values and reconsider our way forward.

Most of the actual work is accomplished by our community partner groups (previously called subcommittees). Their mandates in the NKCDP, their 2017 progress and 2018 goals follow.

### North Kohala Community Access Group (NKCAG)

The NKCAG works in partnership with the North Kohala CDP Action Committee to insure implementation of the "Strategies" of the Plan relating to open access to coastal and mountain resources and places of recreation, including officially opening access trails granted by County action, but not legally located.

As it states first in the preamble to the NKCDP, North Kohala's Vision:

We are a community that respects, preserves and honors our history, our land and our diverse culture. We value access to our shores, our forests, and our streams.

Section 4.2 of the NKCDP is dedicated to this important issue. When Hawaiian land ceased to be entirely public and fell into private hands, many buyers were/are "off-shore" entities, so fences, locked gates and "No Trespassing" signs have become common. Today, only a few roads and paths in Kohala provide public access to the shore or to the mountains.

The NKCAG partners with other Kohala community organizations to implement:

**Strategy 1.2: Acquire coastal lands that should be preserved as open space.** NKCAG this year worked with community groups to nominate six coastal projects to the Mayor's PONC priority list for Open Space purchase. All six were named on the 2017 list and purchase of one parcel at Hapu'u is underway. The group also added input to discussions for purchase of lands at Honoipu (Parker Ranch) and Kaupalaoa (Kaupalaoa Ranch). In cooperation with Kohala Lihikai, the group has applied for stewardship of previously purchased open

space lands at Pao'o and Kaiholena through the County's Maintenance Fund grant program.

**Strategy 2.1: Provide for substantive community input to the County Planning Department and the County Council in order to finalize and accept priority shoreline access easements.** The Group helped the Planning Department shepherd two Grants of Public Access Easements through the County Council (for trails and roads at Ainakea and Halaula). The group also worked with land owners on three other pending easements despite the lack of help from Planning Department (Halelua, Pahoa Beach and Upolu East).

**Strategy 2.4: Encourage increased cooperation and coordination among federal, state and county agencies and departments regarding public access to coastal and mauka lands.** The group worked on two new trail locations by participating in the Environmental Assessment review of new residential development at Kohala Shoreline near Kohala Ranch and worked with Ala Kahakai National Historic Trail in creating conservation easement to preserve the Ala Loa and coastal trail at Kohala Kai near Kohala Estates. It worked with Na Ala Hele Trail staff, DLNR, to move ahead with relocating the coastal trail at Puakea Bay Ranch, which has been closed due to erosion. It also worked with a National Parks Service planner to answer questions about possible government rights to Mahukona to Niuli'i Railroad easements.

In partnership with Kohala Lihikai, the group succeeded in obtaining a Rivers, Trails, Conservation Assistance grant for trail maintenance and educational programs at Kohala High School.

**Strategy 2.5: Encourage and increase cooperation and coordination between the community and private land owners regarding public access to coastal and mauka lands.** NKCAG worked with Hawaiian Islands Land Trust and Ala Kahakai National Historic Trail to seek opening of the Parker Ranch coastal land at Honoipu for public use. The group encourages land owners to attend its monthly

open meetings and has secured good communications with many owners, some of whom attend meetings regularly.

In addition, the group worked with three other NKCDP groups to solve the problems of congestion, safety and health at Pololu Lookout, worked with Kohala Lihikai on erosion control and native planting project at Upolu Airport and shared coastal erosion control and native plant propagation information with Pacific Pono, the stewards of Kamehameha Schools land at Akoakoa Point.

**Other 2017 Progress:** The NKCAG made substantial progress in opening a new coastal trail and mauka makai access road. It has moved substantially forward in the role of stewarding public open space lands. Perhaps most significant is our success at forming partnerships with other community groups, land owners and government agencies to work together to achieve the goals of the NKCDP.

**Goals for 2018:** Finalize the Grants of Public Access Easements at Halelua, Pahoa Beach, Upolu East, Kohala Kai and Kohala Waterfront. See the eroded trail at Puakea Bay Ranch moved to a safe place and re-opened. Arrange funding for the purchase of lands listed on the County's priority list for open space. Locate resources to protect the open nature of the Parker Ranch land at Honoipu. Initiate stewardship plans at Pao'o and Kaiholena and continue the project of plant restoration and erosion control at Upolu Airport. Increase the safety and health of the Pololu Lookout and Trail by working with agencies and land owners. Gather information on the easement for the Mahukona to Niuli'i Railroad. Undertake programs at the Kohala schools to interest students in protection of the coast and possible careers in resource management.

The NKCAG meets at 4:30 p.m. on the first Wednesday of each month in the former Judiciary Building, Kapa'au. Ted Matsuda is the chairperson.

*[Further reporting on the other community partner groups will be published in upcoming issues of the Kohala Mountain News.]*

Jewelry, Art and Gifts

Handmade in Hawai'i

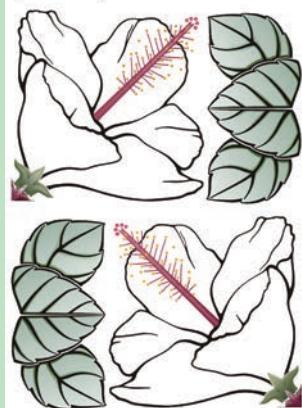
Showcasing the work of over  
80 Hawai'i Artists

Green, recycled and fair trade  
crafts, toys and bags

Open Daily 10 - 6 889-0760  
Downtown Hawi

[elements@ElementsJewelryandCrafts.com](mailto:elements@ElementsJewelryandCrafts.com)

Elements  
Jewelry & Fine Crafts

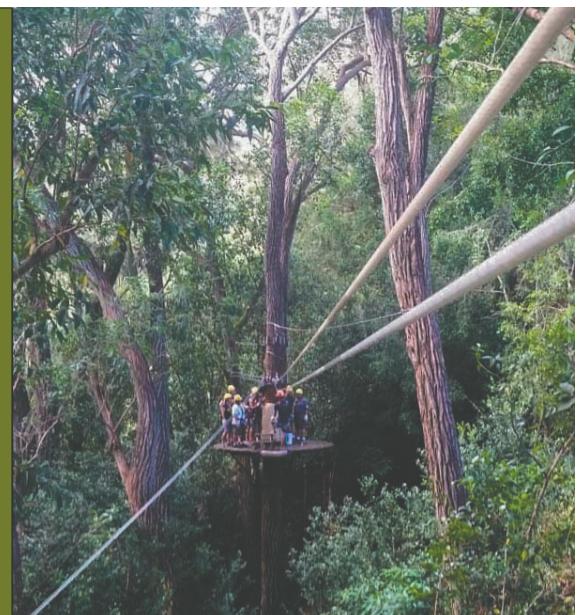


Hawi, Hawai'i

KOHALA  
ZIPLINE  
YOUR GUIDE TO BIG ADVENTURE

The island's  
premiere  
canopy  
zipline  
experiece  
is  
waiting...

[kohalazipline.com](http://kohalazipline.com)



Letters

Dogs Never Stop Barking

Can someone please tell me how it has gotten to the point where our Kohala `Aina has become Ko`Aina O Ka`ilio Pale (The Land of the Barking Dog)? How is it that people allow their dogs to bark all day and night? How is it okay that dogs are chained and caged in a miserable existence and have nothing to do but bark and howl and whine constantly.

All day long, Easter Sunday in Teacher's Homesteads was a like living in a dog kennel: the barking never stopped. It's a mystery to me.

Might we be more considerate of our neighbors and our pets? "Hunting dogs" deserve care and attention, too.  
Joan Channon

Letters from Kohala Middle School Students

*Mr. Duncan Anderson teaches seventh grades at Kohala Middle School. Every year asks his students to choose a problem on Hawai`i Island they would like to help solve. Students spend the earlier part of the school year researching and doing projects related to their chosen topic. Toward the end of the year, the students are charged with bringing their message out to the community in whatever way they see fit. Part of that goal can be accomplished by writing a Letter the Editor for publication in the Kohala Mountain News. The following are some of those letters. Additional letters from other students will be published in upcoming issues.*

Hawaii's Drug Abuse Problem

Dear Readers,

I am a seventh grader at Kohala Middle School. I want to address addiction problems. To anyone who takes painkillers, especially sports players in interactive sports like football, be very careful. Take too much, for too long, and you may just get addicted.

Painkillers are the number one rated kind of drug that is being abused. So many people, including teens, have died from painkillers. Most of them weren't even aware of how much they were taking! So please, please be aware of drug addiction.

Yes, it's true some people survive, but drugs can ruin your life. One way to track how much you take is to simply write it down! Say how much you took, at what time, and then when to take your next one. The best solution of all is to not take painkillers in the first place! Take it only if you feel like the pain is so bad you can't handle it anymore.

I hope you'll find this information useful.

Thank you for reading,  
Camille Pinho

Don't Leave Plastic on The Beach

Dear Editor,

Hi, my name is Dazlynn Perez-Rivera. I'm in 7th grade in Mr. Anderson's first-period class. Plastic in the ocean is a big problem. Here is the problem we have with plastics in the ocean. Did you know that 100 million turtles died from plastic? Also, 100,000 marine creatures a year die from plastic entanglement -- and these are the ones found.

Approximately one million seabirds also die from plastic. A plastic bag can kill numerous animals because they take so long to disintegrate. If you see a turtle struggling, please help it. If people are leaving plastic on the beach, go pick it up. What if it was you, that wouldn't be cool, right? So, let's save animals in the ocean.

Sincerely,  
Dazlynn Perez-Rivera

Guns

Dear Kohala Community,

Hi, my name is Tiani Akana! I'm a seventh grader at Kohala Middle School and I'm here to talk all about guns! I'm not writing about the tragic Florida school shooting. Instead, I know that many people have died due to gun related accidents.

Guns are very popular among the people of Kohala because we love to hunt, but sometimes more harm than good is done. Sometimes someone will shoot a gun and it's what you call "dry fire," which means that the bullet doesn't come out of the gun when the trigger is pulled. If the person is very inexperienced they may look into the barrel of the gun, this is not a good idea at all. Usually, when the gun dry fires, the person will wait a few minutes and the bullet is fired.

**NEVER LOOK INTO THE BARREL OF A GUN, EVER!**

Since there has been so much trouble with guns, something has to be done. I think that the best solution for this problem would be to make the consequences for misusing a gun worse. Like a larger fine or maybe even jail. Also, all gun owners should take a gun safety class.

In conclusion, deaths of major injuries due to misusing a gun is a huge problem. I'm hoping that I can help reduce gun related fatalities or even better, put an end to it!

Sincerely,  
Tiani :)

Litter

Dear Editor,

My name is Chevez Apostadriro and the issue I am writing about is littering. The reason why I chose this topic is because littering affects tourism. Hawai`i relies on our tourists for jobs and money.

Next, the reason why littering affects us in Hawai`i is because tourists like to go somewhere where there is no trash.

Littering affects sea turtles because if we leave trash bags in our ocean, the turtles could eat them and die.

Last, this is a reason why we should stop littering in Hawai`i.

Sincerely,  
Chevez Apostadriro

Painkillers

Dear Editor,

My name is Anthony Kaai. I am in Mr. Anderson's first period, seventh grade class at Kohala Middle School. Painkillers are a really big problem around Hawai`i. People are abusing these drugs way too much. It's a big problem because people constantly get addicted; that needs to be fixed. If people continue using painkillers, their body will shut down and they can die. I want the government to be a lot more aware of painkillers and the amount people have in their possession. I really hope that this changes immediately.

Thank you for your time!  
Sincerely,  
Anthony Kaai

Cyber Bullying

Dear kids, teens, Snapchat, Instagram and social media users,

My name is Lei. I am from Kohala Middle School and I am in the seventh grade. Many kids in Kohala are being bullied, not only physically, but online, too. This makes kids and also teens feel uncomfortable, suicidal and not want to come to school.

Have you ever been bullied online? If so, you're not alone. Every day, kids and teens around the world get bullied in person and on social media. This is not okay. Kids and teens should not feel intimidated into changing who they are just because they are being bullied online or in person. Kohala should be a bully free zone and a loving town.

Mahalo,  
Lei

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

May deadlines:

Ads and News: 5/11/18  
Publication date: 5/25/18

June deadlines:

Ads and News: 6/8/18  
Publication date: 6/22/18

Kohala Mountain News

www.kohalamountainnews.com

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

EDITORIAL STAFF

Tom Morse

Publisher/Ad Sales Manager  
345-0706/ltmorse@aol.com

Maureen Garry

Managing Editor  
494-4237/kohalanewseditor@gmail.com

Annalene Williams

Layout & Calendar Editor  
339-4951/kohalacalendar@gmail.com

Malia Dela Cruz

Bookkeeper  
895-3578/mdelacruz13@hotmail.com

April Contributors

Sammie Aiona, Donovan Aiona, Tiani Akana, Chevez Apostadriro, Cristy Athan, Kaydance Carvalho, Joan Channon, Amoo Kainoa, Jeffrey Coakley, Celene Cook, Lana Dang, Randee Golden, Lilli Gross, Chris Helmuth, Angela Hill, Anthony Kaai, 2018 Kamehameha Day Committee, Hawaii State Senate, Hualalai Keohulua, Adriana Leitch, Jersey Lewis, Susan Mitnik, Marcy Montgomery, Roberta Moreno, Lisa Nahuina, Melody Niefeld, Dazlynn Perez-Rivera, Camille Pinho, Tomaya Merck Pua, Tim Richards, Christine Richardson, Lauren Ruotolo, Leilani Silver, Mitchell Tohara, Lei Vakauta, Lynda Wallach, Lew Whitney, Diann Wilson, John Winter

Current Circulation 4,000

Letters to the Editor and Viewpoint articles must be accompanied by the author's name, address and telephone number. Both must address issues affecting North Kohala. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

All material, either in part or in whole, is protected under U.S. copyright laws. ©2018.

Kohala Mountain News  
P.O. Box 639, Kapa`au, Hawai`i 96755

For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa`au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.

## Letters

### Childhood Obesity

Hello, my name is Adriana Leitch. Today I will be writing about childhood obesity, how you get it, how to prevent it and how to stay healthy and fit.

Childhood obesity is a big problem in many countries and nationalities. The national childhood obesity rate is 18.5 percent. The rate varies among different age groups and rises as children get older. This happens by eating L&L, McDonalds and greasy, fatty food on a daily basis.

This kind of food, though it may taste good, can clog your arteries, develop disease and harm your body inside and out.

Is there any way to fix this? Yes, there is exercise! Exercise is good for your body not just for health, but you can get stronger by exercising.

Since inactive children are more likely to become overweight, and the progression to battle obesity as adults gets harder, it is key to develop healthy habits while young. Children that stay inside on electronics are more likely to develop unhealthy habits. One way you can exercise is playing with your friends. You don't have to be in a gym to workout.

Also, playing sports or getting involved with a sports team can be very good exercise. But, not just exercise. Another way to get in shape is eating healthy! Healthy food can taste good and is good for you! Developing healthy eating habits is really good for your body. Because then your body will crave healthy food instead of junk food.

Now just because it is good to eat healthy doesn't mean you can't have candy or chips once in a while, just not every day. Fruits and vegetables are good for you because they provide healthy sugars, minerals and iron to your body. You can eat a side of vegetables with your dinner and that makes you happy and healthier.

I hope this advice has inspired you to eat healthier and exercise to prevent childhood obesity and stay happy and healthy. Remember to get outside at least once a day and eat healthy!

Mahalo,  
Adriana

### Overfishing

Dear Kohala Fisherman,

Aloha, my name is Kaydance Carvalho and I go to Kohala Middle School. A big problem in Hawai'i is overfishing.

Many people don't follow the fishing rules. We must stop this because lots of people in Kohala love to eat fish. Also, if you overfish there isn't gonna be fish for the next generation. One solution to this problem is if the fish is too small, put it back in the water to grow for the next person to catch.

I hope to see people following the fishing rules. Our goal is to stop overfishing in Hawai'i.

Sincerely,  
Kaydance Carvalho

### Marijuana

Dear Editor,

My name is Jersey Lewis. I'm from Kohala Middle School and my problem in Hawai'i that I am going to be talking about is marijuana/weed. The current situation of marijuana in Hawai'i is abusive and it is used in the wrong way. This is true because 70% of homeless people become homeless because they are addicted to marijuana. They become homeless because of what they do with the only money that they get. Most of the time they just spend it on drugs, but mostly marijuana. This means that marijuana is abusive, because it causes many bad things. This is important because we need to stop the marijuana abuse or there will be more problems with our community.

Sincerely,  
Jersey Lewis

## County Council Update

From the Desk of District 9 Councilmember Tim Richards



Photo courtesy of Tim Richards  
Councilmember Tim Richards  
represents North Kohala as part of  
Hawai'i County Council District 9.

Aloha!

### BUDGET 2018-2019

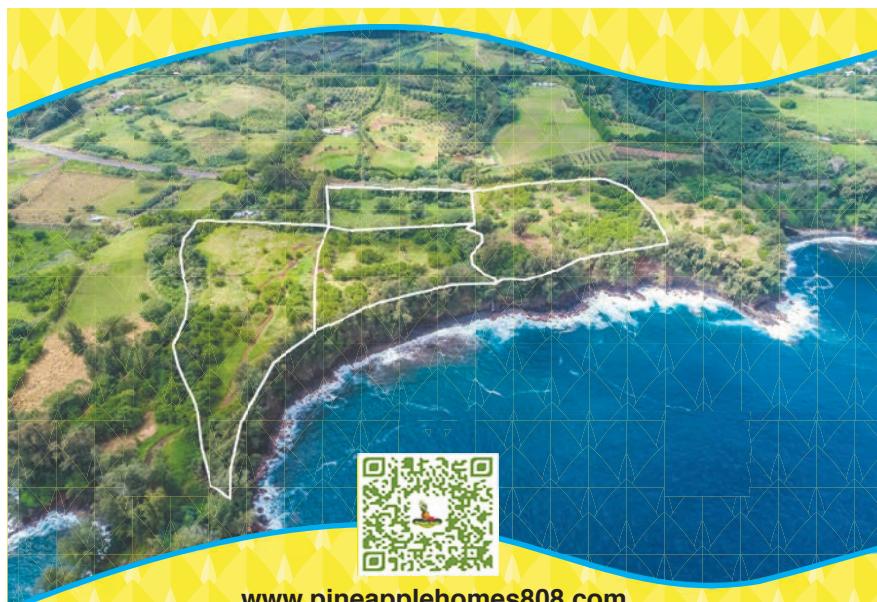
The March 1 version of the 2018-19 County budget is before the Council for consideration. This draft is at \$515 million, approximately 5% higher than last year's budget of \$491 million. I have begun my own departmental budget review by meeting with leadership of our County departments. From my understanding, the budgets presented are "status quo," with no

growth in any programs. We have some challenges ahead that will demand a great deal of resources and attention. The Council has not yet established any working group or subcommittee to plan for this. I will continue to look at our entire financial concerns in context between all expenditures and all revenue sources and work towards moving away from the "silo legislation" that we seem to be stuck in.

### NATIONAL ASSOCIATION OF COUNTIES, or "NACo"

During the first week of March, I had the opportunity to attend the NACo legislative conference in Washington D.C., along with Councilman Dru Kanuha, wherein we attended meetings focused on federal policy issues that impact our counties and their residents. Counties from across the nation came together to share their thoughts and ideas and to communicate their priorities to our federal legislators. Council Members from Kaua'i, Maui and Honolulu were also in attendance. As a group, we shared ideas and met collectively with our Hawai'i federal delegation. In addition, I had private meetings with both Senators Hirono and Schatz to discuss concerns at the County level, specifically for Council District 9, wherein I believe federal assistance would be beneficial.

See, CC update, Page 9



www.pineapplehomes808.com

### The best that Hamakua has to offer...

- 22 acres of land
- 2000 feet of ocean front
- incredible view of the ocean and the mountains
- accessible to Hilo Town
- reasonably priced at **\$3,616,113**



Pineapple Homes LLC  
POB 1858, Pahoia,  
HI 96778  
(808) 443 6219



Lucena G. Nicolas (PB)  
Professional Realtor  
lucena808@gmail.com

### NEW LOCATION! - MORE PRODUCTS!

Kohala Trade Center, Hawi  
Next to Paradise Postal

Monday - Friday 10 - 6  
Saturday & Sunday 10 - 4

Kombucha on Tap

Smoothies

Fresh Juices

Local Fish Fillet  
Mahi, Ono, Ahi, Kampachi  
when available

Popsicles

Kohala Grown  
Fruits and Veggies

Local Beef, Chicken

Alaskan Salmon

Fresh Bread

Handmade  
Gifts and Art

Personal Care  
Products



www.KohalaGrownMarket.com 808-937-4930

CC update, continued from Page 6

**PARKS AND RECREATION (P&R)**

Ms. Lindsey Iyo is the new P&R North/South Kohala District Supervisor for the Recreation Division, as of mid-February. Lindsey oversees all recreation facilities and staff in District 9 and operates out of the Waimea Community Center. We look forward to working with her for our District 9 needs.

**Kamehameha Park**

- Shiro Takata Field: A celebration was held on March 10 at Kamehameha Park to dedicate "Shiro Takata Field" in honor of the 'Mayor of North Kohala' himself. The morning blessing was handled by P&R, with a program highlighting the many accolades of Shiro Takata. It was a privilege for me to fulfill the desire of the community in passing Council resolution and see this to fruition.

-Roots Skate Park: I met with Richie Riggs to discuss its current status; I am confident that matters will start up again for the Skate Park. The group is perfecting the 'Friends of the Park Agreement' with the County and is ready to move forward to its next phase. The \$70,000 previously set aside by my predecessor remains available for this project.

- Hisaoka Gymnasium: I'm working with P&R to assist our kupuna in safely accessing the gym bleachers and stairs. Proposed ideas include handrails and/or new bleachers entirely; State procurement code must be followed to obtain materials to implement the upgrades. I have set aside funding for this project and look forward to its completion.

- Outdoor Basketball Courts: The current backboards at the outdoor courts are severely deteriorated and need replacing. I have set aside some funds for this; P&R is assisting by obtaining reasonable quotes for the replacement of all 6 backboards for this location.

It continues to be a great privilege to serve as your Councilman and I look forward to our future together.

**Na Kupuna O Kohala Lei and Bake Sale**

A Lei and Bake Sale fundraiser will take place on May 12 at the Hawi Farmers Market by Na Kupuna O Kohala Hula Halau. Members will be selling a variety of lei for two occasions, Mother's Day on May 13 and Kohala High School graduation on May 26.

Non-perishable lei made of ribbon, yarn and other unique materials are being made in Kohala High's school colors. Key chains out of black and yellow/gold cordage are also being made. Kupuna will take orders for ti lei that can be picked up the morning of May 26. Prices will be reasonable.

Fresh flower and ti leaf lei will be available on May 12, the day before Mother's Day. A variety of homemade baked goods will also be sold at the Kupuna Farmer's market booth, as well as miscellaneous plants and other goods.

Holy Bakery pie orders are also being taken, with pick-up of frozen peach, apple, coconut and pear pies right before Father's Day on June 16. The price is \$15.00 a pie and pick



Photo by Randee Golden  
A variety of ribbon, yarn and cord lei are being created for Kohala High School graduates by members of Na Kupuna O Kohala hula halau. The dancers are raising funds to support their participation in the annual Hawai'i County Kupuna Hula Festival.

up will be at the Kapa'au Senior/Civic Center from 8:30 a.m. to 11:00 a.m.

"Our lei and bake sale is a new fundraiser for our halau, so we hope the Kohala community will come to buy lei to honor the 2018 Kohala High graduates as well as mothers," shared Cheryl Sproat, President of Na Kupuna O Kohala. "Halau members are being creative using ribbon, yarn and cordage," she added. "Our group also has some great bakers!"

The lei sale may continue on May 19 at the Hawi Farmer's Market, depending on how much of the original supply is left. Fresh ti lei for graduates can be ordered on May 12; they will be ready for pick up the morning of graduation on May 26.

All of these fundraising efforts help this dance group participate in the annual Hawai'i County Kupuna Hula Festival held each September in Kona. For further information, please contact Randee Golden at 889-0011.

**Kohala Hospital to Receive Makeover With CIP Funds**

Kohala Hospital will be receiving much needed renovations following the release of capital improvement project funds that were recently released by Governor David Ige.

The \$1 million in general obligation bonds will be used for the design and construction for interior renovations and exterior remodeling of Kohala Hospital, the only critical care facility in rural North Hawai'i.

The appropriation is part of a lump sum funding request by Hawai'i Health Systems Corporation to improve hospitals statewide. Kohala Hospital recently underwent renovations of its emergency department, which increased

the efficiency and security of the department and doubled the capacity of the emergency room.

Additional monies for the emergency department improvement project were provided by the Kohala Hospital Charitable Foundation.

"The funding to provide Kohala Hospital with a much needed makeover is long overdue," said Senator Lorraine R. Inouye, who represents the districts of North Hawai'i Island and supported the funding request in the 2017 Legislative Session. "I'm grateful to my colleagues in the Legislature and the Governor for recognizing the healthcare needs of my constituents and visitors to Hawai'i Island."

**Community Forum on Kawaihae Harbor**

Monday, April 30  
4:30-6:30 p.m.

Waimea Civic Center, next to the Waimea Courthouse

Representative Cindy Evans is hosting a forum on Kawaihae Harbor with Finn McCall, DLNR

Department of Boating and Recreation and Lt. Col. Marquez, PTA Commander. Guest speakers will update the community on improvement projects, including the breakwall, dredging, parking lot and boat ramps. Questions and comments are welcome.

If you have any questions or are unable to make it to the forum, call 808-586-8510 or email at [repevans@capitol.hawaii.gov](mailto:repevans@capitol.hawaii.gov).

**Newly renovated!**

Commercial building with two 2BR cottages  
Live & work & income



MLS 613444

\$645,000



**Algood Hawaii, LLC**

REAL ESTATE IS OUR KULEANA

Holly Algood, PB  
RB 22414

808-557-0354 cell  
[www.algoodhi.com](http://www.algoodhi.com)



**CSC CAFE**  
Local Food

Open daily  
6:00 am - 9:00 pm  
Take-out  
889-0208

# In Memory of Isaiah Pomaikalani Pa Moreno

By Roberta Moreno

Our family wants to express our deep appreciation to our precious, caring Kohala Community for sharing the life of our beloved Isaiah Pomaikalani Pa Moreno. What a privilege to grow up in this beautiful, peaceful, loving corner of paradise.

We thank all the devoted and encouraging teachers, coaches, school staff, storekeepers,

Kohala schools from kindergarten through 12th grade, graduating in 2016. He loved playing soccer with his dedicated coaches, Keone and Millie Glory.

Isaiah became an exceptionally talented tennis player under his coach, Hermann Gonzalez, placing fourth in singles on the Big Island and sixteenth in the 2016 State Finals. Isaiah continued his passion for playing tennis

Isaiah is survived by his mother Melanie Moreno Kucharek (step-dad Bill); father Brian Pa; brothers Blake and Derek Moreno; step-siblings Noah and Hailey Pa; Samantha Kucharek; Grandmothers Bobi Moreno and Patience Abraham; grandfather John Moreno; numerous aunts, uncles and cousins; and many friends.

Isaiah's favorite nonprofits were those that support and care

In the words of Isaiah's beloved Aunty Tami Holschuh of Life 360, "We believe that every young person, no matter what challenges they face, is valuable, full of potential and deserves opportunities and support. We pray that God's total and complete comfort, peace, strength and love surround you all today and every day."

Below are a few quotes from people in Kohala whom Isaiah

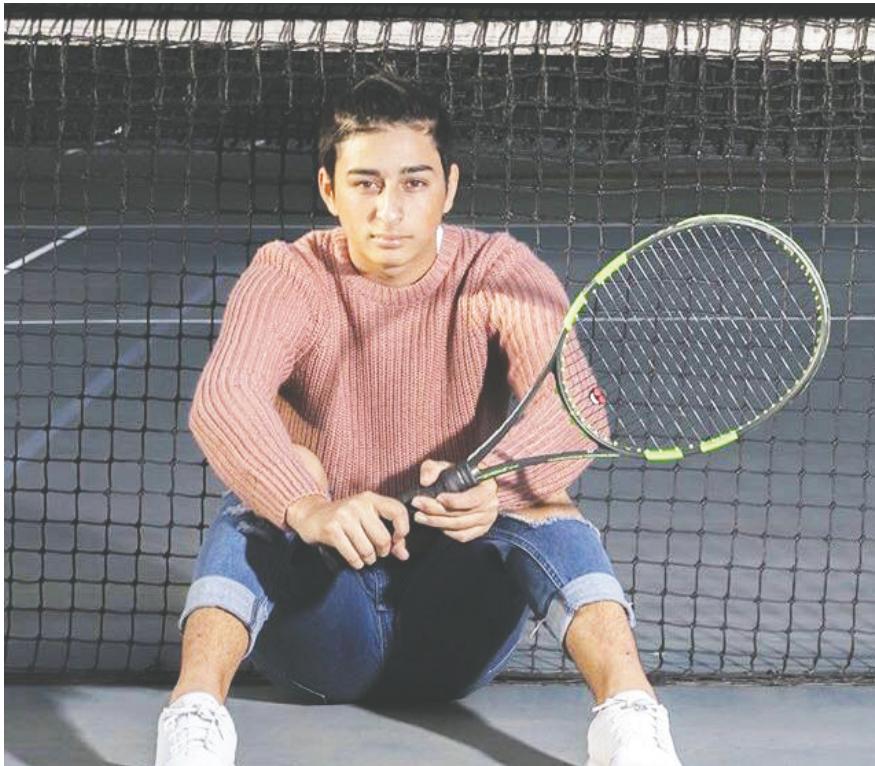


Photo courtesy of Lana Dang

Isaiah Moreno, high school singles tennis star, ranked 4th on the Big Island and 16th in Hawai'i State in 2016.



Photo courtesy of Barbara Moreno

Isaiah Moreno's 2016 Kohala High School graduation celebration. Back row (left to right): Blake Moreno, Isaiah Moreno, Derek Moreno. Front row (left to right): Aunty Tami Holschuh, Grandma Bobi Moreno, Mom Melanie Kucharek

churches, doctors, hospital staff, police, firemen and our neighbors who do so much to nurture and protect our children as they grow. We are so blessed to have lived our lives among you.

Isaiah Pomaikalani Pa Moreno, age 19, of North Kohala passed away at his home in Honolulu on March 22, 2018. He had completed a year at Honolulu Community College and worked in restaurants and retail since he left Kohala in July of 2016.

Isaiah was born and raised on the Big Island and attended

in a Honolulu league on Oahu, slated to play in a tournament this summer in Los Angeles, California.

Isaiah's friends, family and mentors honored him with two beautiful celebrations of his life – the first on April 6, on Oahu, and the second on Saturday, April 7, in a beautiful service at his own Kalahikiola Church in Kapa'au.

We thank all who prepared, participated in and attended these loving memorials. We are blessed that you share our love, our sorrow and our hope.

for youth: Island Breeze's Camp Lokahi, through Kalahikiola Church, and life360network.org. He was a beloved asset in both.

touched deeply. "Isaiah Moreno was a wonderful young man who left us far

See Isaiah, Page 9

**EXCEPTIONAL SKIN CARE**

*Kathie Babben*

www.skincarebykathie.com

**(808) 333-4843**

ON THE ROAD TO MAJESTIC POLOLU VALLEY

**HAWAII CIGAR & UKULELE**

Fine Cigars • Pipes | Ukulele • Hawaiiana  
Papers • Vapes | Vintage Aloha Shirts  
Local Glass • CBD | CD's & Vinyl

**Open Every Day**  
In Beautiful Downtown Hawi

808-889-0496 shop 808-889-1282 mobile  
www.HawaiiCigarAndUkulele.com

**CTK CARTOW KOHALA**

- 24-hour Towing, Recovery, and Lock-out Service
- Vehicle Repairs
- Oil Changes and Service
- Equipment Hauling
- Vehicle Safety Inspections
- Propane

Open Monday - Friday 10 - 6, Saturday 10 - 2, closed Sunday

Located at the bottom of Hawi Rd. KAD, Inc. dba Cartow Kohala

**889-1061**

Isaiah, continued from Page 8



Photo courtesy of Gabriella Boyle

Isaiah Moreno with friends during Alaska Missions trip.  
 Bottom row (left to right): Gabriella Boyle, Isabel Steinhoff, Isaiah Moreno, Crystal Grosshuesch  
 Top row (left to right): Chris Trump, Garhett Grosshuesch



Photo courtesy of Barbara Moreno

Isaiah Moreno's family Memorial Service at Kalahikiola Church  
 Siblings Blake Moreno, Hayley Jardine and Derek Moreno; Cousins Tim Holschuh, Hailey Holschuh, Paea Holschuh, Hea Holschuh. A photo of Isaiah Moreno is on the screen to the right.

too young. He played tennis for Kohala HS for two years. And in that short period of time, he rose from a novice player to one of the top ten high school players on this island. I will always remember Isaiah running, running, running every shot down. He was relentless. As Jay Vega said at his memorial service, Isaiah was 'as great a competitor as anyone (including himself) that he ever met.' I wholeheartedly agree.

"Isaiah loved tennis as much or more than any player I've coached over the last thirty years. He was willing to hit balls from sunrise to sunset with anyone at Kamehameha Park tennis courts.

"At Isaiah's memorial service, one could just feel the sense of loss - losing someone with so much to give and a long life ahead.

All the pictures, all the captured moments, all the happy times with family and friends displayed on a big screen TV just brought tears to my eyes. It just didn't feel right that a marvelous young man could be gone just like that. I was honored to speak these words at Isaiah's memorial: 'Aloha Isaiah, we love you and we will miss you.' I would like to add: WE WILL NEVER FORGET YOU!

"As high school coaches, we spend a relatively short period

time with our players/teammates, but there are very intense moments of stress, success and failure. We love sharing those moments with our players, learning from them and, hopefully, applying those lessons learned to the rest of our lives." - Hermann Fernandez

"Isaiah was my best friend, who I was very blessed to have been able to grow up alongside. He always knew how to bring a smile to someone's face, whether it was with a joke or a smart remark. He was always filled with contagious joy. I will miss his beautiful face and glowing smile.

"I love you and will miss you so much, Isaiah." - Ella Boyle

"Isaiah brought so much light to everyone he interacted with. It was impossible not to smile around him. He has left me and my friends with memories full of laughter, love, and craziness that I will cherish forever... I miss and love you Isaiah!" - Kassie Kometani

Finally, we can all help prevent suicide. The National Suicide Prevention Lifeline is open 24/7 and provides free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. Call them at 800-273-8255.

## Make Your Own Jewelry

Jewelry artist Sid Nakamoto will demonstrate a simple and beautiful jewelry design for the next North Kohala Public Library Adult and Teen craft program on Monday, May 21. Sid will offer two sessions of the same program—at 2 p.m. and at 6 p.m. Materials will be provided for participants to create their own jewelry piece.

Due to the popularity of Sid's jewelry workshops, a limit has been placed on the number of participants. Call the library at 889-6655 to register for the afternoon or evening session of this program.

North Kohala Public Library's adult and teen craft programs are free and materials are donated by the artist or the Friends of the Library. The library is located adjacent to Takata Grocery Store in Kapa`au.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least seven days before the program date.

## How to Survive the Air BnB Affordable Housing Crisis

Know anyone who needs an affordable place to live on Big Island? The public is invited to attend a series of talks presented around the island concerning the impact of the Air BnB explosion on long term rental housing. SisterhoodOhana.org will present an informative understanding of the Air BnB affordable housing crisis currently taking the Big Island by surprise. Come and learn the facts about affordable housing options. The first of these free talks takes place on Monday, May 14, from 3:30 - 5:30 at the North Kohala Public Library. The event at the North Kohala Public Library is one in a series to be hosted at each of the twelve public libraries on the Big Island.

For more information call 808-250-8746.



**Kohala WINDOW CLEANING**

Quality you can clearly trust

Window Cleaning

Solar Cleaning

Water Spot Removal

Paul West/Greg Pobst  
 • Commercial (808)885-7600  
 • Residential office  
 • New Construction (808)443-3833 cell

Member of International Window Cleaning Association

www.kohalawindowcleaning.com

Serving West Hawaii since 2006

Mention this ad & receive 10% off



**North Kohala Oceanfront 17 acres**

Charles A. Anderson, PB (RB17210)  
**808-895-5554**  
 charlie@bigisle.com

**HAWAII PACIFIC**  
BROKERS LLC



www.Bigisle.com

**REAL ESTATE • DEVELOPMENT • SALES**  
 65-1323 KAWAIHAE ROAD • KAMUELA, HAWAII 96743  
 • OFFICE: (808) 885-5557 • FAX: (808) 885-4895

**GENERAL BUILDING CONTRACTOR**

**CHRIS JOHNSON**  
BUILDER LLC #BC33522

Happy to quote your building projects, large and small.



Professional home inspections, too.

**Call 936-7064** or  
 email: kohalachris@gmail.com

References and projects online at:  
 www.chrisbuilds.com

# Waimanu, a Hawaiian Monk Seal, and Her Pups

Story and photos by Susan Mitnik

Waimanu is a very aware creature, large and lumbering. With feeling whiskers that sometimes curl up on end and wide, expressive, dark eyes, Waimanu lifts her face into the pelting rain swells as she sniffs into the coming wind-squalls. With all the elements facing her and calling to her intensely, each in their own way, I could see that far-off look in her eyes. She began to decipher the voices that came to her from the winds. She peered out into the stormy surf. The last time I had seen that stoic gaze, another time and another pup, was just before she bounded into the sea

to the very same place it had disappeared, two days before. Mom and pup were reunited.

I've spent quite a bit of time with Waimanu, an endangered Hawaiian monk seal, whom I've come to know in my own way. I've observed Waimanu before and after giving birth to four pups since 2013 at Keokea Beach Park, located in North Kohala, where I live. These are my own personal observations of Waimanu, shared with curiosity and feeling as an artist, photographer and student of the mysteries of nature.

There are approximately 1400 Hawaiian monk seals in the Hawai-

ian Archipelago. Most of them live in the uninhabited Northwest Hawaiian Islands. Only about 300 are scattered throughout the main Hawaiian Islands. On the Big Island, there are only four seals that regularly frequent our beaches. This is why I respect and protect them and spend my time volunteering to share my enthusiasm for monk seals with the community.

The saga of "Waimanu and her pups" is an ongoing story, as she carries the imprint of generations of Hawaiian monk seals before her. Her mother, "Lighthouse Mom," would try to get near her. Waimanu is very strong, as her weight commands the submission of many other creatures, including her brothers. However they might try, Waimanu would not tolerate her brothers coming near her and her pups. With her massive size dwarfing their ability to have the upper hand, she stood her ground. The battles created by the seals were very dramatic and sometimes terrifying displays of dominance and, of course, Waimanu, with her tremendous size, was triumphant. I feared for the pup's safety, as sometimes

the pup could be found in the midst of the battle, close to Waimanu. The scene included much vocalizing and loud guttural sounds with mouths open and teeth flashing, as they splashed and lunged at each other. Fortunately, the battle often ended with the male seal retreating back into the sea, only to return later in the day. There were even times when she would tolerate them resting near her. Her first pup, Keokea, whom she was able to wean, was also accompanied by one of his uncles after Waimanu left. I saw them resting together, bodies touching comfortably as they slept. Then they would swim off together for



Waimanu, in waiting with R105.



RJX4 was an inquisitive little pup, constantly on the move, trying to get her mother's attention.

after her last pup as it disappeared into the raging surf and was carried away by the monster swells. She waited and called for her pup for two days as the storms continued. I tried to keep my faith as I held the life of the pup in my thoughts and prayers. My imagination could too easily fall into the notion of this tiny newborn being churned in the machination of those monstrous waves upon the formidable rocky cliffs of Keokea Bay. I was incredulous when, to my amazement, early the next morning, the pup was carried back through the churning surf

ian Archipelago. Most of them live in the uninhabited Northwest Hawaiian Islands. Only about 300 are scattered throughout the main Hawaiian Islands. On the Big Island, there are only four seals that regularly frequent our beaches. This is why I respect and protect them and spend my time volunteering to share my enthusiasm for monk seals with the community.

The saga of "Waimanu and her pups" is an ongoing story, as she carries the imprint of generations of Hawaiian monk seals before her. Her mother, "Lighthouse Mom,"

would try to get near her. Waimanu is very strong, as her weight commands the submission of many other creatures, including her brothers. However they might try, Waimanu would not tolerate her brothers coming near her and her pups. With her massive size dwarfing their ability to have the upper hand, she stood her ground. The battles created by the seals were very dramatic and sometimes terrifying displays of dominance and, of course, Waimanu, with her tremendous size, was triumphant. I feared for the pup's safety, as sometimes

a time to forage, perhaps. I like to think he was mentoring him as an uncle, before Keokea finally took off on his own to explore the vast ocean world near the coast.

Waimanu had come to Keokea like clockwork for the past five years to give birth at about the same time, skipping only one year. Each event was a celebration in the community, an opportunity to learn from Waimanu and do our part to protect her and her pup. Tragically, only one of her pups, her first, Keokea,

See Waimanu, Page 11



**KOHALA VET CLINIC**

Adjacent to Aloha Gas  
Akoni Pule Hwy, Kapa'au  
Open M-F 8am - 5pm  
Closed on Sat & Sun  
**889-6405**  
Dr. Daryl Stang  
rokuhawaii@gmail.com




The  
*Hair Spectrum*  
Family Salon



Open: Tue - Fri 8:30 - 5:30  
Sat 9 - 3  
**889~5077**

**J. Lorenzo Construction**  
**QUALITY CONSTRUCTION**  
**AT ITS BEST**

- Reasonable prices
- Fast turnover time
- 29 years of experience with projects done all over Kohala
- Residential, commercial, industrial or remodeling

**John Lorenzo**  
Lic# BC13017  
**896-0432**  
lorenzoboyz@gmail.com

**Waimanu, continued from Page 10** had survived past weaning stage, only to succumb after ingesting a fisherman's hook when six months old. After reuniting with her pup in the rainstorm of 2016, Waimanu faithfully nursed and cared for her pup for two more days before he was most likely accidentally and tragically crushed by her weight.

have befallen her at Keokea Bay, Waimanu has been an attentive and powerfully protective mother to her pups. So why did she choose a birth place that was also predictably tumultuous at that particular time of year, with storm surges exploding into the weathered cliff faces, sending debris far up the streambed that emptied into the bay? Some

that morning as they rested by the break wall, I was filled with hope and felt the spirit of the three lost pups through the winds that were fanning the tops of the waves into light-filled plumes.

When the pup arrived into this world, I saw that she was perfectly formed, longer than her siblings and actively curious and bright. It

peace. The struggle with the forces of nature have passed for a time, for Waimanu has long since escaped the fierce swells of Keokea Bay and has recently completed molting on a calm sandy beach somewhere on the Kona Coast. Her pup, now eternal, along with her three spirit-brothers, remain in the hearts, minds and hopes of all of those who



Waimanu was an attentive mom, leading her pup through the sea foam near monstrous waves.



Waimanu, perched upon the rocks by the turbulent sea, as her pup seeks attention.

When Waimanu returned to Keokea last year, her tremendous size made the question, "Is she, or isn't she pregnant?" hard to confirm. But there she was and those of us that knew her were feeling both excited and somewhat guarded.

Throughout all of the perils that instinct, equally as tenacious as herself, has perhaps drawn her to this place, where the odds seem against her, as well as her newborns.

When Waimanu and her brother appeared once again in 2017, and I arrived to the splendor of a glorious rainbow shining into the ocean

did not take long for me to realize in my observations that Waimanu was not visibly nursing her pup. However, each day, the pup showed a strong rooting impulse to attempt to nurse any part of Waimanu that she could reach. In this way, the pup would actively seek nourishment and her energetic behavior indicated that she was thriving and that the maternal bond was strong.

At the same time the waves continued to spill over the edge of the breakwall, sometimes separating pup from mother, in the frothy turbulence. Again and again, Waimanu would call to her pup and they would find each other, only to repeat the cycle, until, a week after she had come into the world, the pup perished from malnutrition.

Their actions are driven by completely different forces than our own. Perhaps we will never know why Waimanu was not able to adequately nurse her pup this time, even though she had previously been passionately attentive. My mind is now, for a time, at

have observed, studied and loved the rare and endangered Hawaiian monk seals. Only through close observations, through time, patient study and research, will these mysteries of Hawaiian monk seal behavior be solved.

We are witness to this struggle between seals and nature for survival and see that life goes on no matter what. However, we can help Waimanu and other monk seals by educating ourselves and each other about what they might need, which is respect of their existence.

If you see a monk seal in the water or hauled out on a beach on the island, please call 808-987-0765, The Marine Mammal Center's hotline, to report Hawaiian monk seal sightings. Volunteers from their team will invite the community to help care for and protect the seals on our island.

*Disclosure: I am a volunteer at The Marine Mammal Center's hospital for Hawaiian monk seals, Ke Kai Ola. All thoughts, observations and opinions expressed in this article are mine alone.*

**THE GATHERING PLACE  
IN NORTH KOHALA**  
Good Food, Good People, Good Times  
Great value for great accommodations, local food, and authentic old Hawai'i hospitality.



**Stay**

**Kohala Village Inn**  
The Inn is perfect for a local stay-cation in historic Kohala. Bring your whole family including your pets. Inquire about retreats, reunions and other packages.



**Eat**

**HUB Pub**  
Open Wednesday to Saturday  
8am to 10pm  
Sunday Brunch  
8am to 2pm  
Select Island Beers and Cocktails



**Play**

**Events & Live Performances**  
Live music every Friday, Saturday and Sunday Brunch. Monthly workshops, presentations and community events. Walking distance to local farmers market, shops, restaurants and activities.



**808.889.0404 www.KohalaVillageHUB.com**  
55-514 Hawi Rd PO Box 511 Hawi, HI 96719

**Kohala  
Dental Center**



**889-6277**

Call us today  
to request an appointment

*Your smile is our top priority*

**Accepting new patients  
Emergency appointments**

- State-of-the art dentistry
- Exams & digital x-rays
- Dental hygienist on staff
- Tooth whitening
- Ceramic fillings & crowns
- Oral surgery & extractions
- Full/partial dentures

[www.kohaladental.com](http://www.kohaladental.com)

## Mother's Day in Kohala

By Diann Wilson

Mother's Day is a tradition dating back to 1914, when Woodrow Wilson signed a proclamation designating Mother's Day, held on the second Sunday in May, as a national holiday to honor mothers. On this day, American children of all ages treat their mothers to something special. It is the one day out of the year when children, young and old, try to show in a tangible way how much they appreciate their mothers.

While there are many ways to show your mother how much you appreciate her, one of the most delicious and traditional ways in North Kohala is at the annual Lions club breakfast. Sure, flowers and cards are lovely and appreciated but nothing says, "I Love You" like a stack of pancakes!

So, whether you are a mother, you have a mother, or you are just plain hungry, please join in the fun on May 13 from 7 to 10 a.m. at the

Kohala High School cafeteria. Fare includes pancakes, scrambled eggs, sausage, fried rice, fruit, coffee and juice. The meal can either be eaten on site or picked up "to go."

The breakfast is an annual event hosted by the Kohala Lions club. This year's fundraising event is co-chaired by Aaron Sienkiewicz and Steve Groves.

Last year, over 500 breakfasts were purchased. This year, the organizers are hoping to serve even more.

The Lions club uses the proceeds from the breakfast to help pay for the many projects the club sponsors. Elementary school student vision testing, road clean up and grants are just a few of the benefits the community receives from the Lions Club.

Mother's Day breakfast tickets are available from any Lions Club member, at Paradise Postal in Hawi or at the door for \$6. Celebrate mom and help support our community!

## Free Workshop on Pa`u and Horse-Lei Making



Photo by Randee Golden  
Every year, elaborate lei adorn the horses in the Kamehameha Day Pa`u Parade.

do you wonder about the tradition of pa`u riders and how all that fabric gets wrapped around the women? As you see the various horse lei, are you curious how they are created?

Your chance to learn about these important cultural practices will take place on Saturday, May 19, from 10 a.m. till 2:00 p.m. at the Kohala Village Hub Barn. Kohala's Kamehameha Day Celebration Committee and Feed Hawai'i, Kohala Village Hub's nonprofit, are sponsoring this free workshop.

Kohala residents, both youth and adults, are invited to bring water, a snack and a friend. Participants can also bring some sturdy flora and fauna – leaves and flowers that will last for two or more days after picked.

People who want to help perpetuate these traditions are especially encouraged to attend. No pre-registration is required, only an interest to learn how pa`u are wrapped and lei are made. For further information call Amoo Ching Kainoa at 895-2545.

**Fred Miller**

Call or email us for an appointment

**Kohala Computers**

895-4145 **Service, Repair & Training**

millerfc@me.com

**kohalacomputers.com**



**Nothing says I love you like a stack of pancakes!**

**Treat your Mother to the Kohala Lions Club**

**Mother's Day Breakfast**

**Date: Sun, May 13th • 7am to 10am**

**Kohala High School Cafeteria**

**Dine In or Take Out**

**Tickets available from any Lion's club member or Paradise Postal**

**Pancakes, Scrambled Eggs, Sausage, Fried Rice, Fruit, Coffee**

**Donation: \$6**

## WEEKLY EVENTS IN MAY 2018

MON	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	8:30AM	9:30AM	ASHTANGA VINYASA YOGA - TEEN-ADULT	HUB HALE	889-0404
	9AM		KOHALA SENIOR CLUB MEETING	OLD COURTHOUSE	895-2094
	9AM	1PM	EARLY LEARNING - 3-5YRS	HUB CLUB	889-0404
	10:30AM	11:30AM	JOANIE'S PILATES - TEEN-ADULT	HUB HALE	889-0404
	3PM	5PM	KEIKI CERAMICS - 6-11YRS	HUB CLAY COTTAGE	889-0404
	3:30PM	4:30PM	CAPOEIRA - YOUTH	HUB BARN	889-0404
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	5PM	6PM	ZUMBA - ALL	HUB BARN	889-0404
	5:30PM	7PM	MIXED BALLET - TEEN-ADULT	HUB HALE	889-0404
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL	
	7PM	8PM	REFUGE RECOVERY	HUB CLAY COTTAGE	464-4411
TUES	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM	10:30AM	CHAIR YOGA	INTERGENERATIONAL CENTER	880-0583
	9AM	11:30AM	TODDLER MUSICAL GROUP - 18 MONTHS - 3YRS	HUB CLUB	889-0404
	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404
	10AM	3PM	HAWI FARMERS' MARKET		
	10:30AM	11:30AM	ADULT BALLET - ALL	HUB HALE	889-0404
	3PM	6PM	YOUTH CERAMICS - 12-17YRS	HUB CLAY COTTAGE	889-0404
	4PM	5:30PM	JAN'S YOGA - BEGINNER - TEEN-ADULT	HUB HALE	889-0404
	4:15PM	5PM	KEIKI BALLET - 3-5YRS	HUB BARN	889-0404
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
	6PM	9PM	INTRO TO CERAMICS - ADULTS	HUB CLAY COTTAGE	889-0404
	6:30PM	7:30PM	BELLY DANCING - TEEN-ADULT	HUB HALE	889-0404
WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
	8:30AM	9:30AM	PILATES PLUS - ALL	HUB HALE	889-0404
	9AM	1PM	EARLY LEARNING - 3-5YRS	HUB CLUB	889-0404
	1:30PM	2:30PM	HIP HOP - 10YRS-TEEN	HUB BARN	889-0404
	1:30PM		AFTER SCHOOL ACTIVITIES MAY 2 MOVIE-JUMANJI MAY 9, 23 LEGO BUILDING MAY 16 WII GAMING	NORTH KOHALA LIBRARY	889-6655
	3PM	5PM	AFTER SCHOOL ART - 6-10YRS	HUB CLUB	889-0404
	5PM	8PM	CERAMICS - GUIDED OPEN STUDIO - TEEN-ADULT	HUB CLAY COTTAGE	889-0404
	6PM	6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	
	7PM		ALCOHOLICS ANONYMOUS	WYLLIE HALL, 'OLE ROAD	889-6703
	7PM	8:15PM	TAI CHI - TEEN-ADULT	HUB HALE	889-0404
	7PM	8PM	SALSA - TEEN-ADULT	HUB BARN	889-0404
THURS	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM	11:30AM	TODDLER MUSICAL GROUP - 18 MONTHS - 3YRS	HUB CLUB	889-0404
	3PM	6PM	YOUTH CERAMICS - 12-17YRS	HUB CLAY COTTAGE	889-0404
	4PM	5:30PM	JAN'S YOGA - INTERMEDIATE - TEEN-ADULT	HUB HALE	889-0404
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
	6PM	9PM	INTRO TO CERAMICS - ADULTS	HUB CLAY COTTAGE	889-0404
	7PM	8PM	NARCOTICS ANONYMOUS	WYLLIE HALL	498 4714
FRI	9AM	1PM	EARLY LEARNING - 3-5YRS	HUB CLUB	889-0404
	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404
	10AM		PRESCHOOL STORY TIME AGES 2-5	NORTH KOHALA LIBRARY	889-6655
	10:30AM	11:30AM	JOANIE'S PILATES - ALL	HUB HALE	889-0404
	3PM	5PM	KEIKI CERAMICS - 6-11YRS	HUB CLAY COTTAGE	889-0404
	4:30PM	5:30PM	YIN YOGA - TEEN-ADULT	HUB HALE	889-0404
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
SUN	9AM	10:30AM	JAN'S YOGA - BEGINNER - TEEN-ADULT	HUB HALE	889-0404
	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET	
	10:30AM	12PM	JAN'S YOGA - INTERMEDIATE - TEEN-ADULT	HUB HALE	889-0404
	4:30PM	5:30PM	TANGO - BEGINNER - TEEN-ADULT	HUB HALE	889-0404
	5:30PM	6:30PM	TANGO - INTERMEDIATE - TEEN-ADULT	HUB HALE	889-0404

EMAIL WEEKLY CALENDAR LISTINGS TO KOHALACALENDAR@GMAIL.COM

# Kohala Sports

## Kohala Kupuna Mid-Season Report... Both Kohala Teams Hold Winning Records After Round 1



Photo by Marshall Tohara  
*Timeless Stance: Kohala's Stanford Rocha readies at the plate against Jackie Rey's on April 7, 2018 at Shiro Takata Field.*



Photo courtesy of Marshall Tohara  
*Kohala's newest team member and Kohala Alumnus Marshall Tohara gets comfortable in the batter's box before hitting vs. Jackie Rey's on April 7, 2018 at Shiro Takata Field.*

After a first round of play in the 2018 Hawai'i Kupuna Softball League, Kohala stands near the top, in second place, in Division I with a 15-3 record. In Division II, Local Boy'z sits right about in the middle of the pack with a 10-8 record. Both teams play a second round of games starting next month with their opponents yet to be determined.

Kohala started off the Division I season by splitting a match-up of the west side's two better teams at Kona Old Airport Park on January 27, losing to Kona Gold in the first game, 13-15 and taking game two by a score of 16-7.

On the same day, Local Boy'z swept the league's newest team,

Black Lava Vape, 8-6 and 20-8 at home. The next week, league-leading and perennial champion Hilo Pomaika'i swept Kohala at home by scores of 10-4 and 11-3 while the Local Boy'z' game vs. Pu'ukapu got re-scheduled to a later date. On February 10, Kohala defeated Onipa'a twice, 21-11 and 17-5, while Pohaku III swept the Local Boy'z, 12-11 and 11-8. Kohala then hosted Kua'aina on February 17 and busted out two big victories, winning 15-3 and 21-6. The Local Boy'z weren't that lucky that week, dropping two to the Waiakea Seniors, 17-15 and 15-3. On February 24, Kohala vs. Onomea rained out and the Local Boy'z dropped

two to Ka Nani O Honoka'a, 15-0 and 11-4. March 3 saw Kohala on their home field again taking two from Pueo, 18-10 and 17-4 and the Local Boy'z splitting with Tsunami, 12-11 and 17-5. On March 10, Kohala kept its winning ways with another doubleheader sweep on the road by pounding Ku'ikahi, 17-9 and 16-13. On the same day, the Local Boy'z was the featured game at the dedication of Shiro Takata Field at Kamehameha Park's main diamond as they hosted Pu'uwai Opio and swept them, 10-4 and 19-15. On March 17, Kohala hosted the talented, but depleted, Honomu Rockets and swept them by scores of 17-5 and 19-11, while the Local

Boy'z split a pair at Kupuna Pride, losing 14-13 and taking the second game 17-0.

At around the midpoint of Round 1, the league experienced a league-wide shut down on March 24 due to inclement weather. Hawai'i County Parks and Recreation required all local parks officials to restrict access to county parks, so no games were played that day. League play continued on March 31 with Kohala visiting Pahoia and sweeping the Punatics, 13-7 and 12-0, while the Local Boy'z did the same at home by defeating the Kona Warriors by scores of 14-2 and 16-4. On April 7, it was Kohala sweeping Jackie Rey's 15-0 and 17-5 and the Local Boy'z sweeping HK, 14-1 and 14-2. Kohala ended Round 1 by travelling to Onomea on April 14 and hosting the Kona Legends on April 21 - both were make-up games. The Local Boy'z ended Round 1 by splitting a doubleheader with Hui O Na Kolohe and travelling to Division II leading, Pu'ukapu on April 21 for their re-scheduled matchup. Good luck in Round 2 guys!

### Kohala Pool 'Learn to Swim' Registration

The Kohala Pool will be offering four sessions of swim lessons this summer, including Mommy and Me, pre-school and advanced levels.

Sign-ups will take place Wednesday to Friday, May 30-June 1, from 3 p.m. to 6 p.m. at the pool.

Swim classes run in 2-week intervals, June through July. Each 2-week long class costs \$15 and includes nine 45-minute lessons. Please bring EXACT CASH ONLY to registration. We look forward to seeing you at the pool!

## INTRODUCING OUR NEW BREAKFAST MENU!

All items made with farm-fresh eggs!



made fresh daily



### Do You Have a Story to Share?

If so,  
we'd love to see it!

Please contact  
Maureen Garry, KMN's  
managing editor, at  
kohalanewseditor@gmail.com.

**Kohala Sports**

**“Thunderous” HHSRA Keiki Rodeo Finals in Waimea**



*Photo by Sammie Aiona*

*Keiki Rodeo Cowgirls 2018!*

*(Left to right): Chawai Dunhour, Hailey Van Zandt, Kalista Carvalho, Marley Endreson and Kalia Marquez*

What started off as a warm and sunny day at the Parker Ranch Rodeo Arena, turned into a “thunderous” change in weather at the HHSRA Finals Rodeo on April 6! As the Saturday “Keiki” Rodeo was about to wrap up, rain and clouds moved in which made rodeo fans relocate higher up in the arena’s bleachers. Not long after that... BOOM! Mother Nature decided to blanket the Kohala Mountains and dump her rain on the rodeo arena. It was a blessing that most families cleared the arena soon after the event because the tremendous amount of rain prompted rodeo officials to cancel the Sunday intermediate and high school event. As seen on social media, within minutes of the decision, there was major flooding in the arena! It only took a short time before the arena was deemed unfit to hold the event, but KMN Sports got enough results of our Kohala Cowboys and Cowgirls to report it to you. The results will be reported in order of event and by fastest time (Kohala Keiki Rodeo Participants only).

Dummy Roping K-2: Hailey Van

Zandt 9.30, Mia Hayes 11.40, Na’i Rivera 13.47, Matteo Miller 15.24, Chawai Dunhour 19.96 and Kalista Carvalho 37.34.

Barrel Racing 3, 4, 5: Marley Endreson 20.27, Kalia Marquez 22.68 and Lilyana Carvalho 26.53.

Barrel Racing K-2: Hailey Van Zandt 21.67, Chawai Dunhour 23.56, Mia Hayes 24.60 and Kalista Carvalho 31.08.

Goat Undecorating K-2: Mia Hayes 10.36, Hailey Van Zandt 10.90, Chawai Dunhour 10.93, Na’i Rivera 13.47, Kalista Carvalho 13.66 and Matteo Miller 16.11.

Girls Goat Tying 3, 4, 5: Kalia Marquez 27.85.

Pole Bending K-2: Chawai Dunhour 32.02, Kalista Carvalho 35.01, Mia Hayes 34.53 and Hailey Van Zandt: No Time.

Our Kohala Keiki ended their 2017-2018 rodeo season with their District Awards Banquet at the Hapuna Prince Beach Hotel on April 21. Congratulations and a big mahalo goes out to the many volunteers that help to keep the HHSRA going strong in its 30th year!

Yee Haw!

**KCAA Flag Football Starting Soon!**

Kohala Community Athletic Association (KCAA) Flag Football, sponsored by Kohala Pacific Realty, has completed their practices and is starting up games at Shiro Takata Field in May.

Currently, the KCAA Flag Football League has 69 boys and girls, in three age groups, who have signed up for league play, which starts next week and runs through the end of May.

There are also 14 volunteer coaches who are helping our youngsters get accustomed to game play.

For more information on the league, etc., call Tom Morse at (808) 345-0706.

**THE COQUI CORNER**

**SITES TREATED:**

- UPPER KYNNERSLEY GULCH • PRATT ROAD PUMP HOUSE AREA
- UNION MARKET GULCH • HALL ROAD MACADAMIA ORCHARD
- KOHALA NURSERY • IOLE GULCH (NEW MAJOR INFESTATION)
- COUNTY TRANSFER STATION • KAPIKO FIELD NEAR THE FLUME
- UPPER HAWI ROAD • KAAUHUHU HOMESTEAD ROAD GULCH

APPROXIMATELY A DOZEN CALLS ON THE COQUI HOTLINE WE HAVE NOT BEEN ABLE TO ERADICATE YET. PLEASE BE PATIENT AND BEAR WITH US. WE WILL BE THERE AS SOON AS WE CAN.

**THANK YOU FOR YOUR SUPPORT! HELP KEEP KOHALA COQUI FREE!**

**COQUI HOTLINE: 889-1777 DONATIONS WELCOME!**

**The Amazing Tooth Bus**

HAMAKUA-KOHALA HEALTH

**Accepting New Keiki Patients**

**Call The Amazing Tooth Bus today for an appointment**  
**With Dr. Joseph Coleman:**  
**889-5453**

**Wednesday - 9:00 am – 6:00 pm**  
**Friday - 9:00 am – 6:00 pm**  
**Saturday - 9:00 am – 2:00 pm**

**Hamakua-Kohala Health provides dental care for keiki even if they have no insurance. We take QUEST insurance.**

*Caring for Your ‘Ohana, Caring for You*

**The Amazing Tooth Bus**

**PARADISE POSTAL**

- FedEx • UPS • USPS
- Domestic & International Shipping
- Mail Boxes for Rent

- Copy • Print • Fax
- Scan • Post Cards
- Greeting Cards
- Art by Local Artists

**In the center of Hawi**  
**Mon/Tues/Thurs: 9-5**  
**Wed/Sat: 9 - noon**  
**Phone: 889-1112**  
**Fax: 889-1121**

**Rod’s Repair**

**Factory Authorized Appliance Service**

- Appliances and parts
- Ice makers
- Refrigeration
- Locksmith service

*Service is Our Business*  
 Aloa # 021349

**Hinokawa Electric LLC**

Serving All of Your Electrical Needs

- Home stand-by generators
- Generac generators
- Sales and repairs
- Alternate energy systems
- New homes and renovations
- Trouble calls

License C-16154  
*High Voltage Specialist*  
**889-5613**  
 rod@rodsrepair.com

### International Qigong Healing Retreat at Kokolulu Farm



Photo courtesy of Kokolulu Farm and Wellness Retreats

International Hunyuan Qi Therapists at Kokolulu Farm 2017 Retreat send Fa Qi Healing to Julia Margraf, who had stage 4 cancer, which was completely gone after the retreat.

(Left to right): Britta Stalling (South Africa), Reyna Lerma (San Diego, CA), Karin Goldschmidt-Berkenbusch (Germany) and Eugenia Belden (Mexico)

Are you or is anyone you know dealing with a chronic illness?

This transformational healing retreat will be held at the stunning Kokolulu Farm and Wellness Retreats in Hawi from May 28 to June 3.

A unique aspect of this retreat is the partnership with Master Yuantong Liu (from China) and his team of International Hunyuan Qi Therapists and Teachers. These therapists will be providing Hunyuan Qi Therapy (HYQT) treatments throughout your retreat. There will be seven afternoon healing sessions over the course of the 10-day retreat. Zhineng Qigong methods and theory will be taught in the mornings, so you will leave having learned a practice you can use the rest of your life! HYQT, as part of the Zhineng Qigong (ZQ) system, does not treat only the symptoms of disease but addresses maladies at their root. Its approach is not only holistic, it is scientifically proven.

HYQT is recognized in China as one of the most effective natural energy-healing modalities on the planet.

At Kokolulu, we have many stories of success over the last 15 years: tumors resolved; cancers gone; back problems healed without surgery; epileptic and Parkinson's tremors and seizures controlled without

medication; and relief from lupus, migraines and sleep issues, to mention just a few.\*

Limited to 15 Participants

Cost of the 10-day retreat is \$998 (excluding lodging, food, and transportation). The funds generated benefit Kokolulu Farm and Cancer Retreats, a nonprofit 501(c)(3) public charity (EIN 01-0954321).

To sign up for the retreat please contact Lew Whitney or Karin Cooke, RN at lew@kokolulu.com, call (808) 889-9893 or visit Kokolulu's web site www.kokolulu.org.

Kokolulu Farm and Wellness Retreats, P.O. Box 340, Hawi, Hawaii 96719.

\*We make no promises, nor are we a hospital. The retreat program is not a substitute for treatment by the "Western medicine medical system."

**TO ADVERTISE IN THE KOHALA MOUNTAIN NEWS CALL TOM @ 345 0706**

**SUSHI ROCK HAWI**  
Traditional and Inspired Sushi Entrees, Salads, Desserts & Full Bar  
**Open Every Day for Lunch and Dinner**  
Closed between 3 and 5 p.m.  
20% Kama`aina Discounts  
12 - 3, 5:30 - 6:30 p.m.  
**Come... Taste The Love**  
(808) 889-5900

**TRIO**  
Tapas-style Creative Entrees • Sunday Brunch



### The Day it Rained Tortillas, Art and Berimbau



Photo by Marcy Montgomery

Pastel by Kalia Emeliano, grade 10, Kohala High School

By Marcy Montgomery

Pouring skies and power outage? That didn't deter the Arts from shining at the "Art at the Park" Student Arts Showcase. The April 14 "Second Saturday" Kohala CoLab event brought together artists, art instructors, students and families to enjoy a diverse art, food, poetry and performance pop-up. In spite of the total drenching right up to the event, the weather lightened and the show went on. The showcase featured students from age one (with a crowd-pleasing finger painting) to high school students whose work included a beautiful 20-foot-long series of luminous black and

white charcoal studies of flowers.

The afternoon and evening event featured youth creative arts presented by Art program leaders Margaret Hoy from Kohala High School, Kelson Obima from Kohala Middle School, Lani Bowman from Tutu and Me, June Gao with the Kohala Elementary Discovery Garden and Cathy Morgan from Aunty Cathy's preschool and after-school programs. Hosted by the Heart of Kohala at the Intergenerational Center, the building came to life with three gallery areas, a literature corner and a central performance space - all featuring pre-K

See Day, Page 17

  
**Hawaii International Qigong Institute**

**2018 Kokolulu Farm in Hawaii International Zhineng Qigong Healing Retreat**

**Are you looking to heal from Chronic Illness?**  
Experience the healing power of Hunyuan Qi Therapy in Hawaii!  
**10 Day - Healing Retreat May 25th - June 3rd, 2018**  
Cost of the retreat \$998 (excluding lodging, food, and transportation)  
Kokolulu Farm has partnered with Master Yuantong Liu from China and his International team of Qigong Therapists to provide you with a unique healing opportunity.



Limited to 15 Participants  
For more information: Please call Lew (808) 889-9893 or Email: lew@kokolulu.com  
Please visit our website: www.kokolulu.org  
Kokolulu Farm and Retreats Hawi, Hawaii

# KOHALA MONTHLY CALENDAR MAY 2018

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
4/30	MON	4:30PM	6:30PM	COMMUNITY FORUM ON KAWAIHAE HARBOR	HOSTED BY CINDY EVANS	WAIMEA CIVIC CENTER	586-8510
5/2	WED	4 PM		COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
5/2	WED	4:30PM		NKAG MEETING		OLD COURTHOUSE	
5/4	FRI	4 PM	7 PM	KHS FIRST FRIDAYS	CRAFT AND LOCAL FOOD VENDORS	KHS	889-7117
5/7	MON	6 PM	7 PM	GROWTH MANAGEMENT GROUP	MEETING	BANK OF HAWAII BUILDING	854 4888
5/7	MON	6:30PM		BOOKWEEK POSTER CONTEST AWARDS		NORTH KOHALA LIBRARY	889-6655
5/8	TUE	11 AM		ADULT READING DISCUSSION	"THE HOUR OF LAND" BY TERRY TEMPEST WILLIAMS	NORTH KOHALA LIBRARY	889-6655
5/8	TUE	6 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE	THE HUB	KOHALA.HFUU@GMAIL.COM
5/12	SAT			A LEI AND BAKE SALE FUNDRAISER	NA KUPUNA O KOHALA HULA HALAU. SEE PAGE 7	HAWI FARMERS MARKET	889-0011
5/12	SAT	4PM	8PM	KOHALA COLAB - KOHALA ARTS POP-UP	CHOCOLATE, MUSIC AND ART VISIT WWW.FACEBOOK.COM/KOHALACOLAB/	KING KAMEHAMEHA PARK	HAWAII@ONEISLAND.ORG
5/13	SUN	7AM	10AM	MOTHER'S DAY BREAKFAST	SEE PAGE 12 FOR DETAILS	KHS CAFETERIA	LION'S CLUB
5/14	MON	3 PM	5 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
5/14	MON	3:30PM	5:30PM	HOW TO SURVIVE THE AIR BNB AFFORDABLE HOUSING CRISIS	PRESENTED BY SISTERHOOD OHANA	NORTH KOHALA LIBRARY	250-8746
5/14	MON	6 PM		COMMUNITY HOUSING LAND TRUST	ROUNDTABLE MEETING	NORTH KOHALA LIBRARY	889-6655
5/15	TUE	10 AM		ADULT WRITER'S GROUP		NORTH KOHALA LIBRARY	889-6655
5/19	SAT	10AM	2PM	FREE WORKSHOP ON PA'U AND HORSE-LEI MAKING	SEE PAGE 12 FOR DETAILS	THE HUB	895-2545
5/19	SAT	4:30 PM	6:30PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
5/20	SUN	9AM		ST AUGUSTINE'S EUCHARIST AT THE BEACH		KEOKEA BEACH	889-5390
5/21	MON	2PM & 6PM		SIMPLE JEWELRY CRAFT WITH SID NAKAMOTO	CALL TO REGISTER	NORTH KOHALA LIBRARY	889-6655
5/21	MON	5 PM		NKCDP AC MEETING	NORTH KOHALA COMMUNITY DEVELOPMENT PLAN ACTION COMMITTEE	HISAOKA GYM	323-4770
5/23	WED	5 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
5/24	THUR	6 PM	6:30PM	PRAYERS AROUND THE PEACE POLE	ALL ARE WELCOME, REGARDLESS OF RELIGIOUS AFFILIATION	ST AUGUSTINE'S CHURCH	895-5753
5/26	SAT	10 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
5/26	SAT	11 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
5/26	SAT			KHS GRADUATION			
5/26	SAT	7:30PM	9:30PM	DANCE JAM WITH DJ CATALINA CAIN	ALL AGES	THE HUB BARN	889-0404
5/30	WED	4 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-0404

EMAIL CALENDAR LISTINGS TO KOHALACALENDAR@GMAIL.COM



**Kohala SDA Church**  
 WHERE FRIENDSHIP MEETS FELLOWSHIP  
 Saturday Services:  
 Sabbath School: 9:30 AM  
 Divine Service: 10:45 AM  
 Potluck-Fellowship Lunch every Sabbath  
 55-3361 Akoni Pule Highway, Hawi HI  
 (808)889-5646  
 Kohalasda.com

**Kalahikiola Congregational Church**  
 Service every Sunday Morning at 9:30 followed by pupus & fellowship  
 Prayer time Tuesdays at 11:30  
 Iole road of Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue  
 www.kalahikiolacongregationalchurch.com  
 889-6703

**Kohala Baptist Church**  
 Across from Makapala Retreat  
 'Come to Me, all you who labor and are heavy laden, and I will give you rest.'  
 (Matthew 11:28)  
**Sunday Services**  
 Adult Bible Study/Kids on Mission 9 am  
 Worship Service/Sunday School (for children of all ages) 10:30 am  
 Pastor Steven E. Hedlund (808)889-5416  
 Follow us on Kohala Baptist Church

**Gospel of Salvation Kohala**  
 Kokoiki Road  
 Service: Sunday 9:00 AM  
 Adult Bible Study: Monday 6:30 PM  
 Prayer Meeting: Friday 6:30 PM  
 Pastor Ilima Moiha  
 www.gos-kohala.org

**St. Augustine's Episcopal Church**  
 Kapa'au, North Kohala  
 Sunday Services:  
 7am - Holy Eucharist (quiet Mass)  
 9am - Holy Eucharist  
 Children's Sunday School & Fellowship Brunch  
 Thrift Shop Hours:  
 Weds: 12 - 3:30pm • Thurs: 4 - 6pm  
 4th Saturday: 10am - 12pm  
 Free Community Meal:  
 4th Saturday of each month: 11am - 12:30pm  
 Vicar Diana Akiyama  
 www.staugustineskohala.com • 808 889 5390

**ST. AUGUSTINE'S EPISCOPAL CHURCH**  
**EUCHARIST AT THE BEACH**  
**MAY 20, 2018, SUNDAY 9:00 AM**  
**@ KEOKEA BEACH PARK**  
**COME JOIN THE ST. AUGUSTINE'S EPISCOPAL OHANA AT KEOKEA BEACH FOR HOLY EUCHARIST AND POTLUCK**  
**OFFICE # 889-5390**

**Sacred Heart Catholic Church**  
 Hawi, Hawai'i • The Welcoming Church  
 Masses: Saturday 5 pm  
 Sunday 7 a.m. • 9:30 am  
 Weekday Mass: Monday - Friday at 7 am  
 Adoration: 1st Friday 6:30 - 7:30 pm  
 Rev Elias Escanilla  
 Deacon Thomas Adams  
 Telephone 889-6436

**KOHALA HONGWANJI SHIN BUDDHISM**  
 May Service & Activities  
 5/20 Sun 1:00 pm Family Service  
 On the right approx. one mile past the Kohala Middle School In Halaula  
**PUBLIC WELCOME**  
 For more information call: (808)966-9981  
 Rev. Satoshi Tomioka  
 stomioka@honpahi.org

**Day, continued from Page 15**

to 12th grade student works. As an event backdrop, a large Pacific Garbage Patch eco-art canvas wall mural showcased a student-made set design from a NoKo Theater youth production. A welcomed highlight of the event were delicious treats from the Kohala High School Culinary Arts Program, under the supervision of Shirley Garcia-Nakamura, including ha (taro and pork), u'ala (sweet potato leaves with tomato salad), kale chips and bunuelos – crispy, sweet, cinnamon-dusted tortillas.

The lively stars of the event were Capoeira performers led by instructor Mario Hill, also on staff at Kohala High School. The Afro-Brazilian martial arts form is a mix of music, movement, dance, song and a flowing, acrobatic martial arts. Hill's use of the berimbau, a string bow with a gourd resonance chamber, sets the tempo, marks the entrance of the performers as they pair up in stylized 'fighting' dance-like movements, and directs the rhythm and intent of each dynamic piece.

Out on the lanai, the late dusk power outage didn't deter live painting and painted poetry from wrapping up the night. The large, colorful 3'x5' works combined words and images to form an impromptu wall-wide collaborative mural – all using recycled cardboard panels. A big thanks to Rick Salas, Anna Flint, Eric Levine, Cathy Morgan, Lyndsey River and Joshua Bowman for helping to bring the event to life.

**Golf Tournament Raises Funds for Resource Center**



Photo by Chris Helmuth

North Kohala Community Resource Center (NKCRC) hosted their First Annual Golf Tournament on Monday, March 19, at the Hapuna Golf Course. The format was a two-person scramble with lots of prizes (including a new Toyota Camry for a hole in one! Sorry folks, not this time around, but maybe next year?). Over 65 folks played and 30 local businesses sponsored holes. There were plenty of prizes, which included golf at Nanea and Hualalai Golf Clubs. The clubhouse served a delicious lunch, and everyone had a great time. Special thanks to Vicky Kometani, NKCRC Board Vice President, Hapuna Golf Course, Big Island Toyota and all our golfers for all the support in launching this inaugural event.

(Pictured, left to right): Charlie Anderson, John Reynolds, Dr. Steven Ricard and Jim Millar

**Coming Up for Kohala CoLab**

**POP-UP:** The next Kohala CoLab pop-up is planned for May 12 with chocolate, music and art enlivening Hawi Village for an Arts Stroll. Artists wanting to show their work at a "Second Saturday" are welcome to contact Kohala CoLab on Facebook, where anyone wanting to keep in touch with a diversity of local arts events is welcome to view community-wide events postings – or tag their own events to share with our viewers - at Kohala CoLab.

**KEIKI ARTS:** Programs offering student cultural arts activities in the Kohala Community include: Capoeira Agua de Berber, Ceramics and Art at the Kohala Hub, The 21st Century After-school Program, Ka Hana No'eau of the Partners in Development Foundation, the North Kohala Public Library, various hula halau, and private music instructors.

**NORTH KOHALA COMMUNITY RESOURCE CENTER**

**Mahalo to Hapuna Golf Course and all our sponsors and golfers who supported our first annual Golf Tournament. It was a great success!**

**Mahalo to the County of Hawaii R&D and State of Hawaii Dept of Agriculture for their support of the Kohala Coqui Coalition.**

You can support our projects and the Center with a tax-deductible donation to NKCRC, P.O. Box 519, Hawi, HI 96719 • 889-5523 • [www.northkohala.org](http://www.northkohala.org)

**A great way to love Kohala!**

**Meet David Tarnas**

- Long-time Friend of North Kohala -



Aloha. My name is David Tarnas, candidate for State Representative.

Kohala is very special to me with many long-time friends and connections. I first flew into Upolu Airport in 1979 to visit my brother, a local resident. After finishing my degree, I moved to Kapa'au in 1986.

Since then, I've lived in our District and built deep bonds to the land and community, working as an environmental and community planning

consultant, serving as State Representative from 1994-1998, and volunteering with non-profits in environmental conservation, community health, education and the arts. My wife Carolyn and I have two children and live in Waimea.

You'll see me in Kohala regularly at community events and meetings of the North Kohala Community Access Group and the North Kohala CDP Action Committee. I worked professionally on the Hoea Agricultural Park, Kohala Ditch restoration, and other projects in Kohala relating to management of trail access, watersheds, coastal resources, and fisheries. I also play music with friends in Kapa'au, volunteer in the music class at Kohala High School, and kayak and hike along the coast.

With my experience and commitment to work closely with the Kohala community, I am prepared to be an effective representative for you at the legislature.

**Please vote for David Tarnas for State Representative in the August 11 Democratic Primary Election. I look forward to working for you. Mahalo!**

*Paid for by Tarnas for State House, P.O. Box 6882, Kamuela, HI 96743  
[www.votetarnas.com](http://www.votetarnas.com)*

## 125 Lbs Lau Leaf Harvested by KHS Students at Their Farm



Photo by Hualalai Keohuloa

Kohala High School's Natural Resource Class in front of their kalo patch with teacher Aoloa Patao and HIP Agriculture's Dash Kuhr.

Story by Lauren Ruotolo

On April 4, the Kohala High School (KHS) Natural Resources classes came together with Hawai'i Institute of Pacific Agriculture (HIP Ag) on a beautiful sunny morning like they do every Wednesday and Friday. What was different about this day, in particular, was the classes had a big "kuleana" to harvest 125 pounds of lau (kalo) leaf for the Kohala Cafeteria Complex -- a large feat for anyone in the farming industry!

If you had visited the school farm at the beginning of the school year, you would most likely presume that this request would not be possible. However, a couple semesters and some hard work later, there is now about a two-acre difference of flourishing bok choy, 'uala, kale, collards and, most impressively, the KALO patch.

The kalo is the largest, most beautiful feature of the KHS farm, with enormous leaves (lau) creating a magical mala (dryland taro patch) because of their five-to-six-inch span and how tall the stems (ha) reach -- in some places close to five to seven feet.

For over a year, HIP Agriculture has been supplying weekly drops of fresh produce to the cafeteria. As a community partner with Kohala High School, HIP Ag has focused additional staff resources to revitalize the school farm and begin to develop curriculum and cropping schedules that are replicable. With the cafeteria's recent order, these efforts came

together, empowering the students to grow fresh food for their school. "With F2S (Farm-to-School), there is a huge possibility of opening up new guaranteed markets that can provide real livelihood to young local farmers. HIP Agriculture is dedicated to restoring the school farm so we can train the next generation of crop producers to feed our schools and community," says Dash Kuhr, director at HIP Ag.

The farm's abundance has been made possible by the HS agriculture group of 35 students and is led weekly by KHS teacher Aoloa Patao, in conjunction with HIP Ag's Director Dash Kuhr, and HIP Ag educator Hualalai Keohuloa.

This group of dedicated students and teachers have transformed the garden into a beautiful landscape of edible crops. Most importantly, a significant milestone happened on April 4, when these student farmers harvested over 125 pounds of stunning lau leaf for the Kohala School Complex, which was used by the cafeteria to prepare lau lau for the entire complex that Friday. The team was led by HIP Ag's Farm Manager Sarah Freeman, who educated students on proper food health and safety handling techniques as specified by DOA guidelines.

The students of KHS stepped up to the challenge of harvesting and processing "the load" of lau leaf for their school community and did it with pride while also having fun. One of the participating students,

ninth-grader Kanoa Birdsall, shared, "The best part of agriculture class is working outside with my good friends. I also love to eat lau lau, and I feel proud because I know where it (the kalo and lau leaf) came from and that nothing harmful was done to it (with harmful pesticides)."

The student group has been working on raising the resiliency of the farm as a team since the beginning of the school year in 2017 -- planting canoe crops together, preparing amending the fields, taking out cane grass, planting the huli and seeds and, most importantly, maintaining the care that plants need to be successful, including weeding, watering and pest management. Aoloa shared, "My intention is for the kids to get in touch with this land and working with kalo is absolutely a great start. Kohala has so much history in natural resources that I'm super glad they have this opportunity and to even have guys like Dash and Hualalai dropping knowledge on them regularly is such a blessing."

The transformation of the garden and Natural Resources program has perhaps led students to gain more interest in farming and continuing a pathway in agriculture. Ninth grader Moses Emeliano expressed, "I'm taking the Ag class next year as well because it's a good feeling to be outside in the beautiful weather and to have that break from sitting in my regular classes. I already grow kalo at home and I'm stoked to eat what we grew here at the school." As a result

of this year's success, the instructors are seeing increased enrollment for the follow-up Natural Resources class. "Ultimately, we want to build a dual-credit program where high school students can graduate with an ag certificate and college credits," said Dash Kuhr.

If you have a chance, go check out the beauty of the HS farm and commend these dedicated young mahi'ai (farmers) and their teachers for their green thumbs, sweat and commitment to this flourishing garden.

You can also support the high school farm by purchasing their fresh produce every First Friday at the school.

### Kohala High School Q3 Honor Roll (3.5 GPA or higher)

#### Ninth Grade

Barco, Keoni; Emeliano, Donovan; Fernandez, Kara; Guerro, Christian J; Juan Kealoha, Ryan; Kaai, Pililai; Lapitan, Blake; Medeiros, Alain; Meikle, Zoe; Oandasan, Karylle-Cheyne; Reynolds, Princess; Sahagun, Mark Richard; Todd, Grace; VanZandt, Ocean; Wiernicki, Sydney; Tenth Grade;

#### Tenth Grade

Anderson, Duncan; Cambra, Lehua; Campollo, Jessa-May; Campollo, Jovylyn; Paro, Kailee; Souze, Destiny

#### Eleventh Grade

Alip, Sadey; Bartsch, Mya; Botelho, Donna; Cordeiro, Kayleen; Donner, Malia; Fuertes, Shania; Gusman, Kamaile; Hoopai, Dawstin; Kauka, Kiana; Kokal, Angelique; Lum, Shaharazad Gayle; Martinez, Mariana; Page, Aliyah; Pasco, Mekaila; Salvador, Isaiah; Savedra, Reyanna; Tarpley, Kassie; Tomas, Gabrielle; Ward, Gillian; Yamura, Gabby

#### Twelfth Grade

Agbayani, Camylle Jayde; Amar, Bohdi; Anderson, Maya; Book, Chyenne; Canniff, Miranda; Castillo, Nicole; Emeliano Johnnette; Enojardo, Jason; Hook, Jacob; Jose, Jashel Mae; Matsu, Zaztaney; Ney, Naomi; Nickl, Kaid; Sumic, Amber



**KAPA'AU VETERINARY CENTER**




Melisa Hicks DVM    Robin Woodley DVM

*Always the best! The staff are very professional, and Doctors Woodley and Hicks are the best! Our animals are always in the best of hands! - W. Hofflund*

**SMALL ANIMAL MEDICINE  
SURGERY  
ACUPUNCTURE AND HERBS**

808-889-5488

Mon, Tue, Thu, Fri 8:30 - 5:30    Wed, Sat 8:30 - 1:00  
www.kapaaveterinarycenter.com



**DR. ARDOLF & ASSOCIATES**  
Naturally Vibrant Health



*Providing Hope, Healing and Health to Kohala*

- **Addiction**
- **Allergies**
- **Asthma**
- **Arthritis**
- **Cancer**
- **Fibromyalgia**
- **Multiple Sclerosis**

**Open 12-5  
Monday - Friday**

Call to schedule your appointment today.  
**(808) 498-4018**

## GEAR UP College Tour Inspires KHS Students



(Left to right) Kyrell Mateo, Kayleen Cordeiro, Sadey Alip, Mekaila Pasco and Malia Donner were selected by GEAR UP Hawai'i for an all-expenses-paid tour of colleges in the Pacific Northwest. As part of the program, these students will be sharing what they learned about how to select and gain admission to college, get scholarships, find housing and much more with Kohala High School juniors in their Friday advisory periods.

Story and photo by Melody Nietfeld

Kohala High School and four other Hawai'i Public High Schools were selected by GEAR UP Hawai'i, in partnership with the Hawai'i Department of Education, to participate in an all-expenses-paid College Tour from March 18 to March 24 in the Washington and Oregon areas. Each high school selected (via application) a total of five students and one faculty member to serve as a chaperone. The recipients of this incredibly rewarding opportunity were Sadey Alip, Kayleen Cordeiro, Malia Donner, Kyrell Mateo and Mekaila Pasco.

In Honolulu, the Kohala High students joined twenty other Hawai'i students from four other Hawai'i public schools, along with their chaperones, and departed for Seattle.

Over the course of six days, the students toured ten universities, including Seattle Pacific University, Seattle University, University of Puget Sound, St. Martin's University, Oregon State University, University of Oregon, Linfield College, Willamette University, University of Portland and Pacific University.

The guides and admissions officers from each college provided a wealth of information about the

college selection process, applications, programs of study, financial aid, scholarship opportunities, internships, housing, campus meal plan options and athletic programs. Our students left home anxious and came back much more confident about their futures.

From this experience, the students are encouraged and inspired to become active leaders in their schools and communities and continue working toward the realization of their college and career goals. In the spirit of noblesse oblige (from whom much is given, much is expected), GEAR UP Hawai'i expects all participants to share this experience with their school community upon their return.

Furthermore, participants are asked to implement what they learned on the trip by establishing a program at their school that focuses on preparing students at Kohala for college and career success. Our students plan to share their experience with a message of "Why college?" to the juniors, sophomores, and freshmen during their advisory periods on Fridays. This was surely a transformational experience for our Kohala High juniors, one that will exponentially impact their lives and the lives of many others.

## Walkout



Photo by Cristy Athan

Kohala Middle School students participated in a 17-minute national walkout in support of the 17 students and staff who were killed in a mass shooting incident at Marjory Stone Douglas High School in Parkland, Florida on February 14, 2018.

By Tomaya Merck-Pua

On March 15, Kohala Middle School did a walkout for the 17 people that died in the Florida shooting.

We were called out at 10:00 a.m. to the front of the school to join together for 17 minutes of reflection and to show unity. Our speaker at the walkout was Mr. O'Donnell. He spoke about the 17 students and school faculty that had passed away due to the Florida shooting. There were 17 students from Kohala

Middle school who held pictures of the 17 students and faculty that had passed away. They spoke about who they were and what they were like. Our principal, Alan Brown has also said a few words on how we need to stay safe and to care about each other. All students and faculty present had a moment of silence. The Kohala Middle School participated in the walkout 100%. Also, one of our Kohala police officer attended to pay respect. Her name was Denise Smith-Erickson.

## Kohala Middle School 3rd Quarter Academic and Hawk Awards

### Academic Awards

#### Principal's List:

Kohala Middle School recognizes the following students on the Principal's List who achieved a 4.0 grade point average for the second quarter:

Dhona Jayne Rico, Damien Padilla, Jake Maki, Leiana Carvalho, Joel Gonzales-Oliveros, Brooklyn Geiger, Aidan Blanco, Kanoa Leshner, Daniel Remsen, Camille Fuertes, Maya Maki

#### Honor Roll:

Kohala Middle School recognizes the following students who received Honor Roll by achieving 3.5-3.9 grade point average for the second quarter:

Adam Heu Mathieu, Laakea Kauka, Teige Lorenzo-Akamu, Riley Preston, Oshen Cazimero, Chyler-Leighn Derla, David Jimenez, Imiloa Leshner, Tristin Perez, Ayezha-Lynn Isabel, Neo Marcom-Robinson, Neighton Bell, Logan Neves, Lei Vakauta, Tiani Akana, Ethan Tomas, Lyric Akira Burns, Anthony Kaai, Hailey Kauanoie-Galdones, Adriana Leitch, Yvanka Lum, Cassandra Jones, Edward Stenson Jr., Makenzie Afaga, Adela Van Housen, Kiona Nakamura, Jayline Salvador, Hezekiah Wilson, Trycen-Anthony Alejandro, Landon Kauka, Raimana Kaanoi, Ezra Ancheta Morin, Lulia Perez, James Ramos, Kody Ching, Landon Lewis, Alyssa Ryder

### Hawk Awards

#### Pono Award:

Kohala Middle School recognizes the following students with the Pono Award for being role models for their peers, choosing to do the right thing and for encouraging a safe and respectful school environment.

Ezay Medeiros, Alyssa Ryder, Mark James Rico, Monica Oliveros, Rheann Matundan, Brooklyn Geiger, Dhona Jayne Rico, Skyla VanZandt, David Jimenez, Adam Heu Mathieu

#### Grit Award:

Kohala Middle School recognizes the following exceptional students with the Grit Award. These students displayed resilience, perseverance, dedication and determination in the face of challenges:

Shaina Mae Damasco, Matias Pascual Jr., Kaneesha Santiago, Tomaya Merck Pua, Manutea Pagud, Makai Pang, Malachi Duque, Megan Hoopai, Anela Cazimero-Roxburgh, Noah Smith-Chan, Daylan Tayan-Germano, Ezra Roberts, Joshua Quinn

**NAKAHARA STORE**  
**Groceries. Snacks. Hawaiian Gifts**  
 HOME TO OUR FAMOUS OVEN ROASTED CHICKEN,  
 CHAR SIU PORK, CLAM DIP, & MAUI ONION SALSA  
 Located in historic Hawi by the banyan tree  
 (808) 889-6449 | Mon-Sat: 8am-7pm Sun: 8am-3pm

DID YOU KNOW? THE  
**KOHALA MOUNTAIN NEWS**  
 IS ONLINE AT  
[WWW.KOHALAMOUNTAINNEWS.COM](http://WWW.KOHALAMOUNTAINNEWS.COM)  
 NOW SEARCHABLE  
 BACK TO 2011

☆☆☆  
 Olivia Clare Boutique  
 DOWNTOWN HAWAII  
 Apparel, Locally Handcrafted Jewelry,  
 Gourmet Goodies, Toys and More!  
 Open 7 days a week, 10 - 5  
 808-889-1041

# Keeping Your Kids Safe in Cyberspace

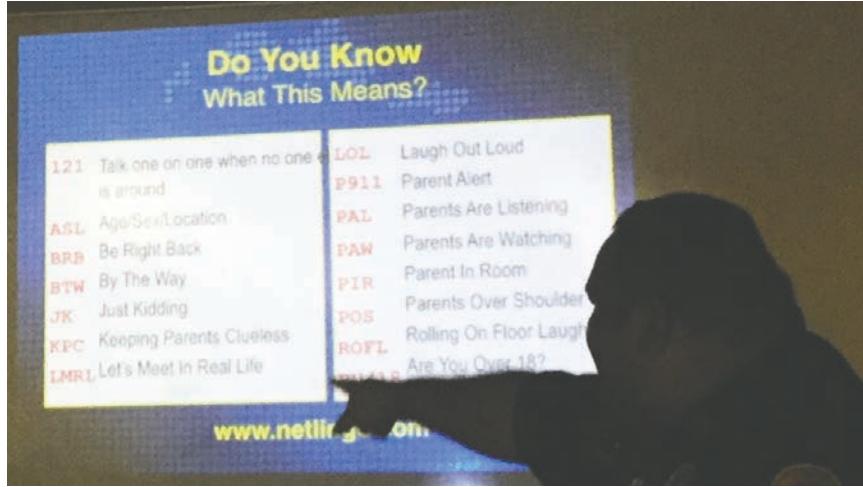
Story and photo by Celene Cook

This spring, Kohala Middle School started hosting ohana nights the last Tuesday of the month.

The debut ohana night was a math game night with dinner and prizes for families in attendance. This month's ohana night focused on a more serious theme: "Keeping Your Kids Safe in Cyberspace". Officer KJ opened with a brain teaser, throwing up on the board fifteen abbreviations commonly used in text and Messenger. He asked Kohala parents, "Do you know what these mean?" Parents shouted out, "Laugh out loud!", "Be Right Back" and "Just Kidding!" But when it came to the other twelve abbreviations, parents were silent. Officer KJ pointed to the bottom left hand corner of the power point slide and said, "LMRL, let's meet in real life." Parents were shocked as Officer KJ continued spelling out the other abbreviations, "POS, parents over shoulder. 121, talk one-on-one when no one is around."

As the evening went on, parents learned some statistics about young peoples' behavior on the internet. Seventy percent of teens hide their online behavior from their parents, 43% have accessed simulated violence online, 36% have accessed sexual topics online and 32% have accessed nude content online.

Parents reviewed what is OKAY to share on a social media profile page and what is NOT OKAY to share. Officer KJ warned that kids should not have their full birth



Community Officer Kapelieli Kauahikaua, a.k.a. Officer KJ, of the Hawai'i Police Department shows parents of Kohala Middle School students some of the text shortcuts that students might use to hide their online behavior. Unwitting young people can be targeted by patient cyberbullies who will befriend them over time and then suddenly strike.

date, the school they attend or other personal information on their profile page. He also encouraged parents to have profiles on social media apps that their keiki are on so they can monitor and see what their kids' "friends" or "followers" can see. He encouraged parents, saying, "You bought that phone or computer for them, you have every right to look through it or take it away. You are not infringing on your kids' privacy rights, it's your phone!"

Another firm warning emphasized was that kids should only have online friends with people they know in real life. Parents watched several video clips on how

sexual predators patiently groom children, befriend them and make emotional connections. Families heard of several cases of sexual predators grooming kids online here in Hawai'i. In one such case, a young person shared an explicit photo intended only for the receiver's eyes and as a result the photo went viral. When something like this happens, police try to remove as many photos as they can, but the facial recognition technology is yet to advance to the level where all photos can be removed from the Internet. Families were reminded that once something is on the Internet it cannot be taken back.

The evening concluded with a look at the statistics of cyberbullying and Hawai'i laws around it. Here are the facts:

Over half of adolescents and teens have been bullied online and about the same number have engaged in cyberbullying.

More than one in three young people have experience cyber threats online.

Over 25% of adolescents and teens have been bullied repeatedly through cell phones or internet.

Well over half of young people do not tell their parents when cyberbullying occurs.

Cyberbullying can range from spreading rumors and gossiping, to stealing passwords and identity, to creating counterfeit social media accounts. Cyberbullying with the intent to harass is a petty misdemeanor. This includes intent to annoy or to alarm a person by repeatedly making telephone calls and sending faxes or e-mails without a purpose of legitimate communication. Cyberbullying with the intent to harass by impersonation (posing as a person without their permission) is a misdemeanor. Officer KJ told parents not to hesitate reporting cyberbullying by contacting the Kohala Police Department directly. When parents report, a paper trail starts and it helps our officers flag the cyberbullies. If you would like more information on Internet Safety, please visit [ag.hawaii.gov/cpja/ccp/internet-safety](http://ag.hawaii.gov/cpja/ccp/internet-safety).

**Takata STORE**

*"Always leave with a Smile"*

**HOT DEALS FOR MAY 2 TO MAY 15, 2018**

**COME IN FOR MORE IN-STORE SPECIALS**

**889-5413**

**OPEN MONDAY TO SATURDAY**  
8AM - 7PM

**SUNDAY 8AM - 1PM**

**Coming together is the beginning. Keeping together is progress. Working together is success.**

<b>FRANKS FOODS</b> PORTUGUESE SAUSAGE 12 OZ <b>\$3.59</b> <del>\$5.79</del>	<b>MEADOW GOLD</b> FRUIT DRINKS HALF GAL <b>\$0.99</b> <del>\$2.09</del>
<b>ISLAND GROUND BEEF/LB</b> <b>\$3.98</b> <del>\$4.55</del>	<b>HEINEKEN</b> 12'S <b>\$13.99</b> <del>\$17.69</del>
<b>KOHALA KIM CHEE</b> 12 OZ <b>\$2.29</b> <del>\$3.69</del>	<b>PILLSBURY BROWNIE MIX</b> 15.29 OZ <b>\$0.99</b> <del>\$2.59</del>
<b>CHIPS AHOY OR RITZ CRACKERS</b> 7-13 OZ <b>2/\$6</b> <del>\$4.59 - \$4.89</del>	<b>MEADOW GOLD NOVELTY ICE CRM</b> 6PKS <b>\$1.99</b> <del>\$4.19</del>
<b>RED DELICIOUS APPLES/LB</b> <b>\$1.09</b> <del>\$1.69</del>	<b>BRAGG APPLE CIDER VINEGAR</b> 32 OZ <b>\$4.99</b> <del>\$7.89</del>