

Vol.18, No. 03

About Kohala, For Kohala

March 22, 2019

## Get Your Loose Change Piggy Banks Now



Photo by Rayton Takata

Colorful piggy banks, created by students, are being distributed around Kohala to collect "loose change" to fund a new playground at Kohala Elementary School. Takata Store and the Kohala branch of the Hawaii Community Federal Credit Union have each committed up to \$2,000 in matching funds.

The Hawaii Community Federal Credit Union—Kohala Branch has partnered together with Takata Store and the two are distributing the custom made "Loose Change Piggy Banks."

These adorable piggies were specially made by Stephanie, Laura, and Kainalu Yamamoto, along with Ms. Tinnelin's third grade class and Ms. Ney's kindergarten class. Each one is unique and one-of-a-kind — no two are alike.

If you have not picked up your very own piggy bank yet, stop by the Hawaii Community Federal Credit Union—Kohala Branch or Takata Store to see which piggy bank is calling your name. Only a limited number of piggies are left, so don't miss out!

This is an effortless way of cleaning out your couches, car seats or the bottom of your bags while collecting coins and bills for this worthy cause. Every penny counts! Keep in mind the collection dates are from May 15 to 30 and November 15 to 30.

With the total collection of the piggy bank project, Takata Store and Hawaii Community Federal Credit Union—Kohala Branch are committed to a matching donation of up to \$2,000 each. Please join us in supporting our children in fundraising for a new Kohala Elementary Playground.

For more information, please ask our cashiers at Takata Store or anyone at Hawaii Community Federal Credit Union—Kohala Branch.

## Fire Breaks Out at Kohala Village HUB



Photo by Tom Morse

The Kohala Village HUB suffered a structure fire on March 13, beginning just after closing time. Much of the interior of the old Luke's building has been destroyed, though the interior and exterior walls are largely intact.

On March 13 at 11:23 p.m., fire crews responded to an alarm at the Kohala Village HUB, just after closing. Chris Scelza, director of operations, had just left the building and gone to his home, located on the five-acre property. Smelling something unusual, he went back to the HUB and found the fire in its early stages, although already too big for one person to extinguish. He called 911 and ran to evacuate the 15 guests staying at the INN.

Upon arrival, the fire depart-

ment found the interior of the structure fully involved, with flames showing through the roof. Explosions were heard as beer kegs and CO<sub>2</sub> tanks blew from pressure created by the heat. A 2,000-gallon propane tank, 10 feet from the fire on one side, remained intact throughout the event. Firefighters used water from tankers and hydrants to fight the blaze, entering the building to get to the seat of the fire at its center. Neither the Kohala Village

See HUB Page 3

## Aukea Ka'aekuahiwi to Receive \$10K "Dreamstarter" Award to Fund Dream-Inspired Business



Photo courtesy of Robyn Berdon

Aukea Ka'aekuahiwi (left) and his twin brother, Ali'i, bring in their third set of wean-offs for their swine business.

On March 1, Olympic gold medalist Billy Mills announced the fifth class of American Indian youth to receive \$10,000 Dreamstarter grants for projects that help them bring their dreams to life. Each of the ten Dreamstarter recipients, who are all American Indian youth under age 30, will work together with a community nonprofit on a business supported by Run-

ning Strong for American Indian Youth. Aukea Ka'aekuahiwi, 15, Native Hawaiian of Kapa'au, HI, is among this year's ten recipients.

**Aukea's Dream**  
Aukea's dream is to bring traditional foods to his community and engage youth in ancestral methods of food production. He and his brother operate The Swine Project,

See Dream, Page 2

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## Kohala Rain on a Valentine's Day Rose



Photo by Nalani Andrews

### Dream continued from Page 1

raising swine and producing pork products for their community.

Aukea's dream is to expand his business through infrastructure development and to create opportunities for youth to learn traditional methods of food preservation.

He will maximize profits through food efficiency and meat conservation, saying, "I would like to bring local value-added products to our community like our ancestors did, such as kalua pork (cooked and steamed underground), lau lau (pork wrapped with taro leaves), and traditional smoked pork.

"This dream would be to help the youth in our community and give them access to the tools

needed to further their dreams whether it is to provide for their families, or to help others."

### Aukea's Home and Community

Aukea has grown up in the community of Waimea on the Big Island of Hawaii where most of his family lives within a five-mile radius of each other. "I guess you can say that our family is very close."

Waimea is an agriculture-based town made up of farm and ranch land. "You were either ranching, farming, or, in my upbringing, both."

Being Native Hawaiian gave his family the privilege getting Hawaiian Homes lands, where they received a parcel to live on and another to raise animals and

plants to provide money and food for the family. He says, "Hawaiian Homes will always be my home."

### What motivated Aukea to develop his dream?

"Our ancestors were agriculturists producing different types of products using the traditional methods that have been forgotten as time has gone on," says Aukea.

He has heard of the large-scale farming operations his great-great-grandparents, great-grandparents and grandparents had for decades until their businesses dwindled due to a lack of interest in the succeeding generation and the inability to compete with the demands of increasing environmental regulations.

Raising three children as the sole provider, his mother taught him and his siblings to be independent and thrifty. "For example, our Swine Project has given us the opportunity to make money of our own, helped provide meat for our family and we do not need to ask for spending money for our wants like we would've in the past."

About three years ago, Aukea had the opportunity to participate in a youth mentorship program offered by a local nonprofit organization which gave him the chance to learn and take part in agriculture production. He was introduced to several types of agriculture including, Korean natural farming. "I find this program unique because it teaches us how to preserve our environment through a new wave in agriculture," he told us.

His mentors were trained in South Korea using the natural elements around us to assist the plants and animal to produce at a higher level, he explained. "We are now able to make our own natural inputs, or fertilizers, save us about 70 percent of the cost and using 30 percent less water.

"It amazed me because I do believe that our Native Hawaiian ancestors practiced a healthier way of living, feeding ourselves, plants and animals using a similar method without any use of chemicals that could cause more harm than good to our bodies."

### The Dream as a Solution

For Aukea, his small business endeavor has done much for his family. "Since starting the Swine Project, I have noticed what it has done for my family and me: It has provided extra money for my

brother and me; provided meat in our freezer; and, recently, we sold a pig to be used as a hot dish at a close friend's wedding.

"Possibilities are endless. As the demand grows, we feel we need to expand so that we will have hogs ready to market. Right now, I feel that in a small way we are entrepreneurs and that is why this Dreamstarter opportunity caught my eye," says Aukea.

His dream is to expand his business to include building a certified "imu" (a traditional Hawaiian underground oven) and smokehouse. He adds, "Entrepreneurship should start at a young age so that we can grow into adulthood knowing that you have made a difference for yourself, your family and eventually your friends."

### The Potential Impact in the Future

"My ultimate dream is to expand our business and create more opportunities for our fellow youth. This will not only benefit our peers but also the people of the community."

With his Dreamstarter grant, Aukea says he will be able to build an infrastructure that can be used for many years down the road and enable him "to use the traditional methods that was once used by my ancestors. This could conserve energy, create a healthier lifestyle and give more appreciation for the hard work that is put into this process."

Ho'okahua 'Ai, the Nonprofit Kahua Pa'a Mua Youth Mentorship Program, from which Aukea has been learning his skills and knowledge, is based in North Kohala. An 'aina-based program sponsored by Hau'oli Mauloa Foundation, it engages our youth in making Korean Natural Farming inputs with application to raising animals and crops. Executive Director David Fuertes (DOE retired Agriculture teacher) commented, "Aukea is shy but a promising young man that always studies the situation, plans his course, then executes effectively. [He is a] very unselfish individual that thinks of his peers. The award will benefit others while preserving our Hawaiian culture through food cookery."

Aukea and his Mentor, David B. Fuertes, will be joining the nine other chosen Dreamstarters in Washington DC in April.

**A brand new Bamboo baby boy! Yayyy!**

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# Adrienne Dooling, DOM, LAc Joins Dr. Ardolf's Clinic

## Bringing the Healing of Acupuncture and Structural Alignment

Dr. Dooling provides treatments for chronic diseases including scoliosis, partial meniscus tears, arthritis, rheumatoid arthritis, fibromyalgia, Crohn's disease and other conditions. Herbal medicine, lab work and nutritional guidance are central to her practice to ensure high quality care and individual attention for her patients' needs.

Dr. Dooling, originally from Ireland, moved to Hawaii in 2004, where she began her medical studies. She then studied at Five Branches University, California, where she earned a master's degree in Traditional Chinese Medicine and a doctorate degree in Oriental Medicine. She then began studying Seitai Shinpo, a form of Japanese structural alignment. This type of acupuncture is unlike any other form of healing and its lineage traces back to generations of practitioners. She practiced here in Hawaii for five years as an apprentice under the renowned master Dr. Chieko Maekawa. Adrienne Dooling is now one of 29 certified acupuncturists in the world who practices Seitai Shinpo.

Dr. Dooling offers acupuncture services to veterans with TriWest and CA Blue Shield Insurance. Begin your healing journey today by contacting your VA for a refer-

ral. Initial Visit and Follow-ups: \$100, TCM Treatments: \$85. Please call or email for an appointment or more information.



Photo courtesy of Adrienne Dooling. Dr. Adrienne Dooling, DOM, LAc has joined Dr. Debra Ardolf's clinic. She has earned advanced degrees in Traditional Chinese Medicine and Oriental Medicine and is one of only 29 people in the world certified in the Seitai Shinpo form of acupuncture.

### HUB continued from Page 1

Barn nor INN were not involved.

By 3:27 a.m., the fire was under control. By afternoon, investigators had determined the fire was electrical in origin and had begun on the makai side of the structure's exterior wall. No vandalism, foul play or error on the part of the staff was found.

According to owners Bennett and Delphina Dorrance, the building that burned housed the PUB, kitchen and program offices, recep-

tion and Skywalker lounge. The HUB reception and much of the dining areas, kitchen office and some of the kitchen are compromised.

No injuries were reported. Damages are estimated to be between \$1M and \$2M.

The building was known as Luke's for many years, having been established in 1951. Luke's Hotel and Restaurant was opened by James Luke in 1951 on the site of the former Hawi Tennis Courts.

## Thermography Event Returns to Kapa'au

When: Sunday, April 7

Where: Office of Dr. Ardolf & Associates, Kapa'au

Schedule Your Appointment for This One-Day Event: (415) 300-6527

Nancy Gardner-Heaven is a pioneer in the field of medical thermography, offering comprehensive thermography screenings for 25 years. Her published research has been instrumental in saving thousands of women from unnecessary procedures. She will be in Kapa'au for a one-day screening event on April 7.

Mammography seems to be failing as a diagnostic tool. The tumor needs to be of adequate size to be detected, which means the cancer is first detected when it is already quite advanced. Furthermore, the accuracy of the testing varies greatly on the density of your breast tissue. In

comparison, thermography detects changes in the breast tissue that can signify the emergence or potential of a tumor forming by detecting changes in heat variation and also blood flow.

We all know tumors are quite metabolically active, which shows up as increased heat. We also know tumors need increased blood flow to grow. Why wait for a tumor to form when the technology exists to detect warning signs of something brewing?

Furthermore, thermography does not require tugging, pulling or smashing of breast tissue. Instead, a simple picture with a heat-sensitive camera is all that is required. Also of great note, thermography is not just for women. Men can benefit from genital thermography to help detect increased blood flow or heat to the scrotum or penis.



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\*APR = Annual Percentage Rate. Minimum credit line is \$10,000. The maximum credit line is \$500,000. Promotion valid for applications received between February 8, 2019 and March 31, 2019 and may change at any time without notice. An initial draw of at least \$25,000 is required. Otherwise the applicable Current Variable Index Rate will apply. After the introductory period expires, your rate will vary and the applicable Current Variable Index Rate will apply. This offer applies to new Home Equity Lines of Credit. Refinancing of existing HCFU Home Equity Lines of Credit are not allowed. If you elect the 1-year, 3-year, 5-year or 7-year introductory rate, it will remain in effect until expiration of the introductory rate period. Only improved residential property in Hawaii is accepted as collateral up to 80% loan-to-value. Property must be fee-simple and owner occupied. Property insurance is required. There is no transaction or other activity charges. Membership in the credit union is required. Rates, terms and conditions are subject to change without notice. Other terms and conditions apply. Speak to a credit union representative for more information. \*\*The Current Variable Index Rate is based on the Weekly Auction High of 3-month U.S. T-Bill plus a margin of 3.50%, subject to a floor of 5.00%. The Current Variable Index Rate shown is current as of February 4, 2019 and will not exceed 15.00% APR. \*\*\*An initial draw of at least \$25,000 is required. The credit union waives ordinary closing costs for certain third party fees (e.g. real estate evaluation, recordation, documentation, title search, escrow, flood determination, or appraisal cost), estimated at \$900 to \$2,500. You will be required to pay the cost of extraordinary items like trust reviews, termite inspections or other legal documentation.



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## Railroad History Draft Looks at Possible Trail Use

By Toni Withington

The first draft of a report on the Mahukona to Niuli'i Railroad made its public debut this month and is available for comments. The text and extensive maps are titled the North Kohala Rail-Trail and Trail Connectivity Plan. It explores the possibility of converting the twenty-mile-long rail bed into a future trail or sections of trails.

The draft was prepared for the North Kohala Community Access Group and Kohala Lihikai, a local non-profit that promotes open spaces and stewardship of coastal lands. The main author of the report is Meredith Speicher, a researcher for the Rivers, Trails and Conservation Assistance Program, from which the two groups received a two-year grant for the study.

The Community Access Group and the Community Development Plan Action Committee both had a chance to see the full draft at meetings this month. Some changes have already been proposed, and others are expected in the coming months.

Speicher had previously written a history of the Kohala railroad and other rail systems on Hawai'i Island. This draft includes more extensive research on the history and up-to-date GIS (geographic information system) mapping of the location of the easement according to many old maps.

"This was the very first railroad for the Hawaiian Kingdom and once operated as a passenger, freight, sugar cane, and mail car-

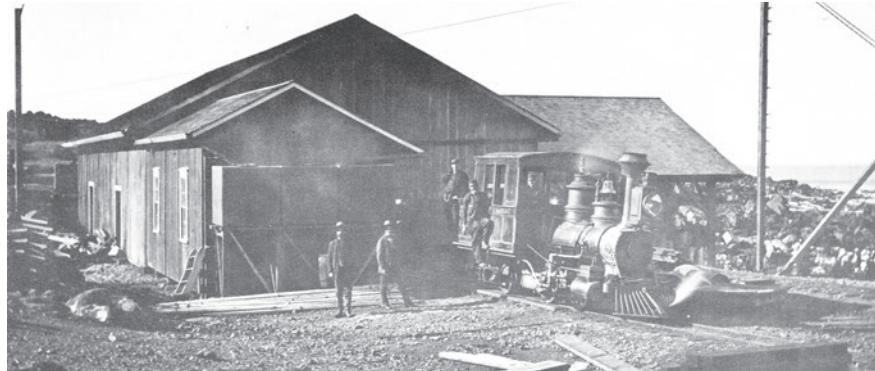


Photo courtesy of Glenwood Publishers

An 1882 photo of the locomotive "Kinau" at Mahukona Harbor from the book "Narrow Gauge in A Kingdom, The Hawaiian Railroad Company, 1878-1897," by J. C. Condé. The recently released draft of the North Kohala Rail-Trail and Trail Connectivity Plan explores the possibility of converting the twenty-mile-long Kohala Railroad rail bed, on which the locomotive Kinau traveled, into a future trail or sections of trails.

rier for the Hawaiian Kingdom and later, exclusively for the sugar plantations. While popular opinion remembers the railroad as one exclusive to the shipping of sugar cane, the original alignment did not go to the sugar mills, and included the transport of passengers, mail, and government workers," the report says.

Part of the purpose of the report is to understand the legal framework of the Railroad right of way. It also identifies the steps needed to possibly transfer the rail bed to a trail.

"While the main purpose is to explore the old Railroad right of way and connecting mauka-makai access trails for a public use, the report will touch on the essential

pieces of the past that define North Kohala, and why it is so important to be able to continue to have access to the lands, tell the stories and lessons of the past, while also building upon them with our future generations."

The 28-page text provides a fascinating history of Kohala's land use practices and a documented paper trail that led to the building of the railroad, which started in the early 1880s and continued until it and Mahukona Harbor were closed by the military during World War II.

A critical element of the history is whether the rail bed can be considered a "road" according to the Highways Act of 1892, signed by Queen Liliuokalani. The Act determined that the ownership of all

public highways and the land, real estate and property of the same, shall be in the Hawaiian Government in fee simple. Under the definition of "road" the right of way could be used as a public trail.

The report calls for further study to see if any sections of the right of way have "been lawfully disposed of pursuant to Chapter 171, HRS." [This section of the Hawai'i Revised Statutes guides management and disposition of public lands.] Some sections cross through lands that were consolidated and re-subdivided by Surety Kohala and other private developers in the 1990s and 2000s. Many of those sections run along boundaries between properties.

It also asks: "If there are portions of the right of way that have been lawfully disposed of, what are the recommended next steps? Can coastal access law and existing protected alignment supplement areas where this may happen?"

The map portion of the report divides the twenty miles of track into 10 segments - Mahukona, Kukuipahu, Puakea-Honoipu, Upolu, Ho'ea, Paho, Honomakau, Ainakea, Kauhola to Hapu'u, and Kapanai to Niuli'i. Each segment is evaluated by its "opportunities" and "issues."

To request a digital copy of the draft, email Meredith Speicher at [meredith\\_speicher@nps.gov](mailto:meredith_speicher@nps.gov). Look for more detailed history of the railroad in future issues of the Kohala Mountain News.



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Letters

Here comes Project Grad 2019!

Aloha Kohala Community!  
 We need your help to give our graduates of Kohala High School Class of 2019 a fun and safe event. The event will be filled with a variety of activities, such as graduation dinner at Hisaoka Gym followed by entertainment, games and prizes. Finally, the students' last evening together as a class will culminate with a bus ride to see the

sunrise at Pololu Lookout, a tradition in our town. This event is an all-night activity, substance-free and chaperoned by the committee and parents/guardians of the graduating class to ensure the safety of all the seniors. Please send donations to North Kohala Community Resource Center, a 501(c)(3) nonprofit organization. Your tax-deductible

donation can be made directly to NKCRC, with the stipulation that the funds are to be used for Project Grad. If paying by check, please notate "Project Grad 2019" on the memo area. For more information please contact NKCRC at (808) 889-5523.  
 Mahalo,  
 Project Grad 2019 Committee

Mahalo for a Successful Steak Fry

Na Kupuna O Kohala and our Kumu Kau Nakamura and Alakai Michael Matsu would like to say to the community of Kohala: "Mahalo nui loa no ho'olaule'a me la kua." Thank you for celebrating with us. Without your support our Steak Fry and evening of music and dancing could never have been the success it was.



Photo by Randee Golden  
 Hazel Troche serves drinks.

Our mahalo also to all those helped with parking, security, transportation and lighting and those who provided tables and tablecloths and the tent and to everyone who gave their time and energy to make sure everything went smoothly: our musicians, North Shore Live; Danny Guerpo

and Brian Carvalho, who prepared such delicious steaks; The Kohala Village HUB and 'Ekela Kahunanui

and Michelle Kawai from FEED Hawaii; Guy Nakamura; Michael Pasco; Patrick Tanaka; Glen Roxburgh; Narlynn and Blaine Crabbe; Terrance, Trae and Hauoli Alcoran; Ted Matsuda; Na Kalai Wa'a and Lehua Ah Sam; and, finally, Sustainable Kohala, who helped keep our waste to a minimum. Our thanks also to the merchants who donated items for our raffle and lucky number drawings: The Bamboo Restaurant and the Bamboo Gallery, the Kohala Coffee Mill, Elements, the Ackerman Gallery, Ocean Sports and the Hawaii Island Retreat. All this once again shows how lucky we are to be living in Kohala!

Letters from Kohala Middle School Students

*Mr. Duncan Anderson teaches seventh grade at Kohala Middle School. Every year he asks his students to choose a problem on Hawai'i Island they would like to help solve. Students spend the earlier part of the school year researching and doing projects related to their chosen topic. Toward the end of the year, the students are charged with bringing their message out to the community in whatever way they see fit. Part of that goal can be accomplished by writing a Letter the Editor for publication in the Kohala Mountain News. The following are some of those letters. Additional letters from other students will be published in upcoming issues.*

Kids Vaping in Kohala

Dear, Kohala,  
 Hi, my name is Taeya Bartsch. I am writing about the vaping problem we have. The problem we have is that kids and teens are starting to vape. Here in Kohala kids at 11 years old have started to vape. I don't even know where these kids are getting this stuff, but they need to stop now.

If you don't already know the dangers of vaping, one of them is that you can get *bronchiolitis obliterans*, also known as popcorn lungs. You do not want this disease. If you get this disease you can get very sick. In some cases, you will have to undergo a lung transplant and might even die. I really want to see no one

vaping, or at least kids and teens. If you are vaping, stop now, before it's too late. If you have a family member or know someone who vapes, stop them now. Show them all the bad things that could happen to them because of vaping.  
 Sincerely,  
 Taeya Bartsch

Steroids

Dear Editor,  
 My name is Arianne and I attend Kohala Middle School. Today I am here to write about steroid use and how it affects the mind and the body. Steroids have a massive impact on the body. For example, aggressive and violent behavior is caused by improper use of steroids. Steroids causes abnormally high levels of testosterone in the body. This is what causes something known as "roid rage," or violent outbursts. Anabolic steroid abuse may lead to serious, even permanent, health problems such as kidney failure, liver damage, enlarged heart and high blood pressure. So, with these facts and information on steroids use, don't be a fool and misuse steroids just to get a better body. Nobody's looks are that important. You will mess up your own life and other people's lives as well. Thank you very much for your time.  
 Sincerely,  
 Arianne Bumanglag

Head Injuries in Soccer

My name is Johansen Peleiholani. Today I am going to be talking about head injuries in soccer. In soccer, players get head injuries in games. The problem with head injuries is the ball's impact on the head. The ball comes fast, and the player heads the ball and gets hurt from the impact. According to a World Cup study, there is one head injury per game. Damage from ball impact can be intense and long-lasting. Player head to head collisions are the #1 cause for head injuries. The outcome I want to see is fewer head injuries in soccer. Also, I want to see people playing soccer not get hurt when they play.  
 Thank you for your time!  
 Sincerely,  
 Johansen Peleiholani

Protect Each Other Against Bullying

Dear Kohala,  
 Hi, I'm Joden Fernandez; I attend Kohala Middle School. Here in Kohala, mostly everyone is really close. Some have known each other since the plantations. Kids and adults all get bullied. You never know until it's too late. Yes!!! People they do think of hurting themselves or, worst, taking their own lives. Parent or not, if you know someone, help out, ask them straight up, "Do you think of harming yourself?" or "What's happening?" Reach out before it's too late; love one another.  
 Thank you for your time!!!  
 Sincerely,  
 Joden Fernandez

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

**April Deadlines**  
**Ads and News: 4/12/19**  
**Distribution: 4/26/19**

**May Deadlines**  
**Ads and News: 5/10/19**  
**Distribution: 5/24/19**

*Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.*

[www.kohalamountainnews.com](http://www.kohalamountainnews.com)

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**Letters to the Editor and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.**

**For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.**

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## Viewpoint

*Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the Kohala Mountain News or its staff.*

### Peace Music Festival & Music Program for North Kohala Schools

By Wilbur Boyle

One year ago, on February 10, I presented a Peace Music Festival at Kamehameha Park in Kapa'au. On that day, the festival began with a traditional Hawaiian Blessing, and in the course of the day, two hula halau and 15 musical acts from North Kohala performed for those assembled.

Each of the performers spoke of the wish for a more peaceful world and were there, free of charge, in support of Peace.

I estimate that next time it could be done for about \$500, which allows for more promotion than I was able to do. My point is that an event done this way is relatively cheap to pull off.

I am not able to finance or organize a follow up event for this year, though I do have a permit to have an event on Sunday, April 7. The County is willing to be flexible with the date of the event, provided it is

on a Sunday. It is my hope that individuals or organizations from the North Kohala community will step forward to organize and produce the event.

To satisfy the requirements of the permit in the streamlined way that it has been issued, means no vendors etc., and must be free admission. Donations can be made via calabash.

Now, we come to the good part. With promotion, it is possible that a lot of people will attend the festival. Last year there were almost 500 people in the course of the day. There may be significant donations, especially for a good cause. I suggest these funds go to create and finance a band/music program for North Kohala Schools. I understand that there was a band program here in years gone by.

In my hometown we were blessed to have Mr. Richard Skerdala as our band director. He

gave lessons throughout the day and after school he held rehearsals for the various band activities, such as pep band for sports events, wind ensembles, musical productions for the auditorium and, my favorite, marching band. Band practice meant that students were busy after school. They were safe from danger, and not participating in or being exposed to detrimental activities. Parents knew that their children were in good hands.

Within two years we had a 100-piece marching band! Snappy red uniforms, as well as musical instruments, were passed down to us from the University of Iowa. Our marching band had the works – a majorette, a baton-twirling line, tubas, bass drums, bells, horns of every kind and a 12-piece marching snare drum line. One year we didn't have enough guys for a football team, but we had a 100-piece marching band! Safe to say that

nearly every student was involved in the music program.

Early on an organization was started to raise funds for the music program: The Band Boosters Club, mainly comprised of parents. The Band Boosters paid for many things. Our marching band traveled to other communities for events and parades, pep bands went on the road for sports events, and students went statewide for music contests and concerts.

In North Kohala we live in a fairly affluent community. A music program for the North Kohala Schools is a worthy cause for the community to reach into pockets and support.

But it will take much more than just that. Like any worthy cause, it requires that we give the most precious commodity that each of us has: our time.

Please think about it, and hopefully find a way to be involved.

### Hawai'i State House of Representatives Update

From the Desk of District 7 Representative David Tarnas



Photo courtesy of David Tarnas  
Representative David Tarnas speaks for North Kohala as a member of the Hawai'i State House of Representatives.

The legislative session is now at "cross-over," which is when bills that have passed the House are sent to the Senate for consideration, and bills that have passed the Senate are sent to the House. Today's article will highlight some of the House bills I introduced that are crossing over to the Senate. There are many other important House bills and Senate bills that are being considered that aren't included here. For further information on any of these bills, please check out the legislature's website [www.capitol.hawaii.gov](http://www.capitol.hawaii.gov) or contact our House District 7 office at 808-586-8510 or by email at [reptarnas@capitol.hawaii.gov](mailto:reptarnas@capitol.hawaii.gov). Mahalo!

#### Government Efficiency

Living in rural Hawai'i, many of us feel that the long distance from our homes to the Capitol and other centers of government makes it difficult for us to participate effectively. That is why I introduced two measures that expand the allowable means of communication for citizens to take part in government

procedures, specifically in the legislative process and in the judicial process.

HB 1153 requires that the State House and State Senate establish procedures for the public to present oral testimony at legislative committee hearings via the Internet, telephone, or other telecommunications technology.

HB 766 creates a task force to review allowing service of notice by email in civil and administrative proceedings.

#### Disaster Relief for Puna:

HB 1180 appropriates funds for disaster relief to the County of Hawai'i to help Puna recover from damages caused by the lava flow.

#### Education:

HB 247 appropriates funds to the DOE to install air conditioning in public schools throughout the state.

HB 330 appropriates funds for youth suicide early intervention, prevention and education.

HB 615 adds a nonvoting public-school teacher to the Board of Edu-

cation.

HB 813 extends the Hawaii Promise Program to four-year degrees if the applicant received support from the Hawaii Promise Program during Community College.

HB 1143 ensures higher pay for teachers who accept long term assignments at hard-to-staff schools.

#### Agriculture:

HB 144 requires Kona coffee blend to contain at least 51% Kona Coffee, and requires coffee blend labels to disclose regional origins.

HB 616 exempts locally grown produce and meat from the general excise tax.

HB 451 appropriates funds to the Hawaii Association of Conservation Districts to support their work with farmers and ranchers to develop soil conservation plans.

#### Environmental Protection:

HB 297 directs the Department of Agriculture to review the possibility of importing sterile male

See HI Rep, Page 7



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**HI Rep continued from page 6**

Aedes aegypti mosquitoes with Wolbachia bacteria to release into the wild, which would reduce the population of this mosquito. The Aedes aegypti mosquito can carry dengue fever.

HB 1460 allows DLNR to use the boating special fund to support the day-use mooring buoy system throughout the state.

HB 425 appropriates funds for an additional full-time Environmental Health Specialist position on Hawai'i Island.

HB 549 requires new developments to plan for the impacts of projected sea level rise.

HB 558 appropriates funds for lifeguards and equipment at Kua Bay.

HB 562 creates a construction waste reuse and recycling group.

**Health:**

HB 467 strengthens the Kupuna Caregivers Program.

HB 468 appropriates funds for the healthy aging partnership program.

HB 469 requires health insurance policies to provide coverage for hearing aids.

HB 1272 authorizes pharmacies to accept the return of prescription drugs for disposal.

HB 295 amends the definition of domestic abuse to include emotional abuse.

**Consumer Protection:**

HB 314 requires issuers of gift certificates to redeem the remaining value of a gift certificate for cash if the gift certificate has a value of less than \$5.

HB 488 prohibits written non-disclosure agreements involving sexual assault as part of an employee's condition of employment.

HB 1217 makes voter registration a mandatory part of all driver's license applications.

**Housing and Homelessness:**

HB 419 allows counties to receive state funding to enforce transient accommodations laws.

HB 1451 extends until June 30, 2022 several programs to assist those who are homeless including the Ohana Zones Pilot Program, the Emergency Department Homelessness Assessment Pilot Program and the Medical Respite Pilot Program.

HB 257 authorizes the use of private lands for the Ohana Zones Pilot Program.

**County Council Update**

From the Desk of District 9 Councilmember Tim Richards



Photo courtesy of Tim Richards  
Councilmember Tim Richards represents North Kohala as part of Hawai'i County Council District 9.

Aloha! Once again, it is time for the monthly update from our office.

**RULES FOR SHORT TERM VACATION RENTALS (STVR)**

The County Department of Planning is in the process of crafting rules with the intention of putting into effect the guidelines for short term vacation rentals. These rules will govern the enforcement of Bill 108. The Ordinance is scheduled to take effect on April 1, 2019. On February 28 and March 1, public forums were held in Kona and Hilo, respectively. The intent of those forums was to seek public input as it pertains to the rules for Bill 108. The meetings were very well attended; I attended the one in Kona. At that meeting, over 40 people gave public testimony. Questions on the initial draft and then implementation of the rules were posed.

Many valid points were brought up and some ambiguity was identified. During the meeting, I sat next to Planning Director Michael Yee, who was taking notes on the comments made and referring to the draft rules throughout the entire meeting. This was a difficult piece of legislation to craft and the rules are problematic as well. Though it is likely that not all constituents will be happy with the final rules, I do have confidence that the Plan-

ning Department is making every effort to produce rules that are balanced and fair.

**STATE HOUSE OF REPRESENTATIVES BILL 1180 - \$60M**

House Bill 1180 (or HB 1180) is a disaster-relief bill introduced by Hawai'i Island State House Representative Joy A. San Buenaventura (District 4), along with the support of her island colleagues, namely Representatives Richard P. Creagan (District 5), Nicole E. Lowen (District 6), Mark M. Nakashima (District 1), Richard H. K. Onishi (District 3), David A. Tarnas (District 7), and Chris Todd (District 2).

Though much of the language in the bill pertain to the lava events in Puna, the intent of the is to aide in the relief of all our natural disasters of recent, including damages related to Hurricane Lane. As written, HB 1180 awards the County of Hawai'i \$20 million in direct appropriations and an additional \$40 million in the form of a loan. This funding can then be used towards the required FEMA matching funds for our County to qualify for such financial relief. The match is 25%, thus qualifying our County for an additional \$180 million in FEMA funds. [We provide 20 + 40 = \$60 million from County coffers and FEMA will match with the remaining 75% = 3 x 60 = \$180 million.] However, the Legislature was very specific in its directions of these funds: the County must draft a resolution accepting the funds, the funds will be under the control of the Hawai'i County Council, and an expenditure/progress report must be submitted to Legislature monthly. The State Senate Companion Bill 1302 (or SB 1302) is also in process and being expedited; we expect the funds to be available by late spring.

A big shout out to our Hawai'i Island State House Representatives named above, as well as our State Senators Lorraine R. Inouye (District 4), Kaiali'i Kahele (District 1), Dru Mamo Kanuha (District 3), and Russell E. Ruderman (District 2) for working together to see this to fruition! Mahalo!

**COUNTY DEPARTMENT OF ENVIRONMENTAL MANAGE-**

**MENT**

Recently a sewer fee increase was approved by the County Council. For those of you who were following it, the vote was 5 to 4. Though I am the sitting Chair of the specific committee which includes Environmental Management, and I am aware of the funding needed, I did not support it necessarily coming in this capacity.

Only approximately 18% of our county is on the sewer system. The benefits from sewage management is to the county as it improves the water quality along the coastline for all island constituents. This then raises the question as to what is fair?

Currently, we are exploring other avenues of funding operations. Additionally, our county has a huge capital cost, well in excess of \$500 million, as we work towards closing all cesspools by the 2050. All our counties are struggling with this and have started conversations with our federal Senators and Representatives to start seeking a solution. Stay tuned!

**NEW BASKETBALL BACKBOARDS AT KAMEHAMEHA PARK**

I just received word that the brand new, steel basketball backboards have been installed at the outdoor basketball courts there at Kamehameha Park, and are ready for play! Council District 9 provided Contingency Funds toward this project in 2018, and the County Department of Parks & Recreation (P&R) was able to bring this upgrade to fruition on March 6, 2019.

A big mahalo goes out to P&R, especially Mr. Jason Mattos and his team at Parks Maintenance Division, who tirelessly continue to address and maintain our recreational facilities island wide. Although funding is key to purchase necessary products needed for enhancement, it is the cooperation of a team working together that gets the project done. It is with great pride that we can provide for our keiki of today and generations to come through projects like these.

As always, it continues to be a great privilege to serve as your Councilman.

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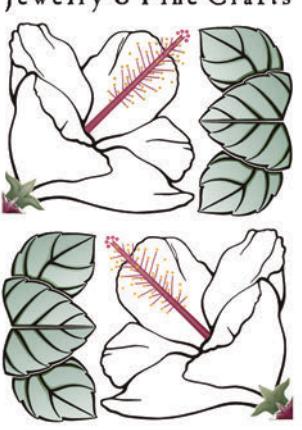
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## Akoni Pule Highway Kept Open Despite Landslides

Story and photos by Lisa Andrews

During February rains that caused landslides in Wai-anae Gulch, workers from the Hawai'i State Department of Transportation's Highways Division handled the dirt and debris removal with front-loader buckets, loading dump trucks non-stop till midnight on the day of the flood. They kept one lane open and flowing throughout the day and night.

This is different from the way the last landslide was handled by Isemoto Construction, which was contracted by the State for the job. Akoni Pule Highway was closed for the last landslide, affecting Waianae Gulch for loading the con-

struction company's dump trucks, which caused traffic build-up five blocks in both directions. That flood caused children to miss school because buses could not pass in the morning.

Affected Kohala residents learned that if the State contracts out the debris removal, the stipulation requiring a lane to be kept open should be included in said contract. Residents may voice their concerns regarding future contracts with the State by calling the State Highways Director Donald Smith at (808) 933-8866 and requesting that future contracts include the stipulation that roads be kept open by any contract-



Landslides in Waianae Gulch flushed soil onto Akoni Pule Highway in February. The Hawaii State Highways Division workers kept one lane of the road open, allowing traffic to continue to flow.

## Kanreki Birthday Celebration Blesses Others Exceedingly

By Malia Dela Cruz

Turning 60 years old is a big milestone and a great excuse to have a party, especially as a Japanese tradition. For Japanese families, your 60th birthday is known as "kanreki," which is special because, in following the traditional lunar or Chinese calendar, the number 60 means accomplishing one big 60-year cycle and starting another one. Kan means circulate and reki is a calendar, so kanreki means "your years completed a circle." It is seen as a rebirth and entering a new phase of life. The Japanese custom is to present the person celebrating his 60th birthday with a red hat and a red vest and he wears it during his party. The significance of the color red symbolizes good luck, prosperity and protection.

On February 17, the Bamboo restaurant transformed into party central with birthday decorations and ono food and drink. Jerry Takata, the honoree, arrived in Hawi town greeted by a huge "Happy Birthday Jerry" banner spread across the street with a few Takata Store employees holding it while he stepped out of the car. It was a surprise birthday party and, boy, was Jerry surprised! As he approached the crowd, they adorned him in

maile and floral lei. The festivities continued inside the restaurant with all of the Takata Store employees, close friends and family. Jerry was honored in the true kanreki style, with his red cap and jacket and a traditional toast, "banzai," meaning "long life."

In lieu of birthday presents, Jerry's family chose to request donations to the Sacred Heart Catholic Church's Food Basket. This was an amazing gift for the Food Basket, which received over \$600 in generous monetary donations as well as several shopping carts full of canned and packaged food items.

It was a night to remember and a celebration that blessed beyond measure. The Takata family wishes to thank all those who gave donations with overwhelming enthusiasm to help struggling families in our very own community.

The Sacred Heart Catholic Church Food Basket is a volunteer organization that relies entirely on monetary contributions and non-perishable food donations for the food needs of the residents. If you would like more information about the Food Basket, please contact co-coordinators Lorraine Glory at 889-5115 or Lee Rivera at 889-5398 or 640-2188.



Photo courtesy of Kim Takata  
Food and monetary donations in excess of \$600 were collected for the Sacred Heart Catholic Church Food Basket, courtesy of Jerry Takata. Friends and family threw a party in celebration of his 60th birthday and requested support for the Food Basket in lieu of gifts.





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## First End-of-Life Doula Training held in Kapa'au

Early morning on March 1, a group of women gathered at the Life and Death Wellness Center in Kapa'au. There was an air of excitement and eagerness permeating the room. There was joy and laughter and anticipation of what was to come.

It was the first of a three-day End-of-Life Doula training presented by Bobbi Bryant, founder of Inspired Endings. At this moment, many of you are wondering "what is an end-of-life doula?"

An end-of-life doula provides non-medical, holistic support, education, and guidance as well as emotional, spiritual, and practical care for the dying and their caregivers.

This group of women were all hungry to learn more about how to be with those who are dying and with dying itself. They came from varied backgrounds: two nurses, a social worker from a hospital, massage therapists, a nurse's aide, energy workers, artists, a death doula, and a death midwife... women who are already healers in the world.

Dr. Charlotte Charfen, owner of the "Life and Death Wellness Center," co-facilitates end-of-life doula trainings with Bobbi. They invited Jane Johnson, Death Midwife and co-founder of "Crossings: Caring for Our Own at Death," to present with them.

The facilitators offered their experience and knowledge about end-of-life care – everything from learning how to fill out advanced directives and a living will to the honoring ritual of washing the dead body of a beloved. In between, Dr. Charfen taught about the trajectory of the most common life-ending disease processes, and what comfort care doulas can offer to help alleviate pain throughout the progression of each disease. Dr. Charfen also provided education on life support treatment measures, as well as on medical cannabis for pain, and Medical Aid in Dying.

These soon-to-be end-of-life



Photo courtesy of Charlotte Charfen

Women from varied backgrounds completed an end-of-life doula training at the Life and Death Wellness Center in Kapa'au. An end-of-life doula provides non-medical, holistic support, education and guidance, as well as emotional, spiritual and practical care for the dying and their caregivers.

doulas participated in exercises in deep listening, grief and loss, and empathetic attunement. They learned practical hands-on care at the bedside, such as repositioning a patient, and what different medical equipment looks like. They discussed creating care plans; spiritual and cultural values; working as part of a care team, such as with hospice; options for disposition of the body; as well as home funerals. They even decorated a biodegradable coffin.

End-of-life doulas are encouraging public conversation about death and mortality. If people can get their heads wrapped around that, then they can start to make plans. We make plans when there is going to be a birth... why should we not make plans for death, the other end of the life cycle?

When plans are not in place, people can end up having a poor quality of life at the end and put a lot of pressure on loved ones to make difficult decisions, at a time of great stress and emotional turmoil.

Bobbi Bryant, creator and

founder of Inspired Endings, supported people at the end of life as a hospice volunteer for many years, as her passion led her to work for two hospice organizations.

She now facilitates end-of-life doula trainings with Dr. Charlotte

Charfen in Hawai'i and on the mainland. Bobbi is also a death educator and end-of-life planning coach.

North Kohala has a growing population of end-of-life doulas, who are supporting some of their dying community members and their loved ones. They are creating a web of care in the community in which they live.

More end-of-life doulas are needed throughout our island(s) and the nation. If you are interested in supporting a family member, friends and your community, or just want to know more about life and death wellness, look out for the next end-of-life doula training in Kapa'au in late 2019.

The Life and Death Wellness Center is offering monthly workshops on end-of-life matters for the public and is the meeting place where doulas are strengthening their skills to support the dying.

In April, there will be a five-part series offered to the community to create a personalized Advance Directive with the guidance of Dr. Charlotte and Bobbi.

You can visit [www.ldwcenter.com](http://www.ldwcenter.com) for upcoming events.

### Do You Recognize This Man?

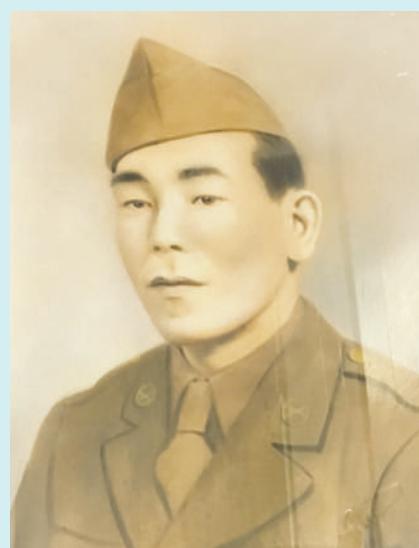


Photo by Lynda Wallach

The subject of this portrait hanging in the Senior Center remains a mystery, and the Senior Club members would like to return this piece of history to the man's family.

If you know who it might be, please let the club leadership know. They meet Mondays at 9 a.m.



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# Students Create Kindness Mural at Kohala Middle School

A group of students in Lauren Canton's Peer Mediation class came up with the idea to create a kindness mural on the Kohala Middle School campus. The idea was sparked by an assignment that Ms. Canton gives to the students in her class every year to come up with Kindness Projects that "promote peace and kindness on the KMS campus." Eighth grade student Adrianna Leitch came up with the idea to do

winner was sixth grader Aisha Elmer, second place was awarded to seventh grader Lulia Perez, and the first-place mural design winner was seventh grade student Jayline Salvador. Jayline's design is the mural we see today.

When asked about her mural design, Jayline states, "I feel proud of myself and I'm happy that my parents are proud of me. I made something that can be here [in

(whiteravencreations.com). Raven has been instrumental in making the mural happen. Her hard work, dedication, and leadership helped the mural turn out to be a beautiful success. Raven and the students spent hours planning, tracing, painting, and coating the mural. After several weeks, the mural was complete and ready to be hung. Llosh Winne and Kalei Webster helped to hang the mural on the East (Pololu) side of

finished mural, Adrianna states, "I'm really happy with the mural. It's big and beautiful and everyone can see it. I'll remember it for a long time. I want people who pass it to know how hard we worked and that KMS is a good place and to remember to love one another. The 'Love One Another' quote means we need to love and respect one another. Loving someone means being kind to them, being there for



Photos courtesy of Kohala Middle School

Kohala Middle School's Peer Mediation class has completed a mural for the school campus with the message "Aloha Kekahi I Kekahi," or "Love One Another." The mural was designed by seventh grade student Jayline Salvador.

(Left to right): Teacher Lauren Canton, Isaac Salvador-Libron, Jayline Salvador, Adrianna Leitch, Raven Diaz and Naomi Brooke



Jayline Salvador created the mural design.



Kalia Riveira focuses on clean lines and accuracy.

a mural, and her group members joined her in the endeavor, including eighth grade students Naomi Brooke and Megan Hoopai and sixth grade students Isaac Salvador-Libron and Aisha Elmer. About her mural project idea, Adriana states, "I wanted to do something different from everyone else and something that would last a long time."

The students began their project by holding a mural design competition and asking their fellow students to submit a mural design with the quote "Aloha Kekahi I Kekahi," or "Love One Another." Peer Mediation students then voted on the winners. Third place design

Kohala] for a long time and more kids can see that they can do whatever they want and they can achieve the goals they set for themselves. I want people [when they pass the mural] to feel that they don't have to be mean to others and they can spread love to the world. Being mean is not going to help the world. Instead, you can be a role model by being kind and loving to others."

The next step in the process was finding a local artist to help the students create the mural. Ms. Canton reached out to Anna Flint, co-director of the new Artist's Cooperative and Community Center in Kapa'au, who referred her to Raven Diaz

the KMS campus, facing the street, outside of Mr. Henderson's classroom.

This project is a result of the hard work of so many members of the community. Ms. Canton writes, "What I love about this project is that it is a true community effort. So many people came together to make it happen, from the school custodians, school principal, local artists and parents. And at the forefront of the mural success are the students who had the idea, designed the mural and did the painting work. I am so proud of them. Their hard work and team effort paid off to result in a beautiful mural that will brighten up our community for years to come, reminding us of the important message to love one another."

Sharing her feelings about the

them, and supporting them.

"The process of making the mural was fun. I got closer to the kids in my group. We learned about teamwork. We met some nice people. It was a fun, relaxing, bonding experience. It was a big moment for all of us when we saw the mural put up and we thought 'We did that.' I want to say thank you to everyone who helped us and made the mural happen."



Jayline's Salvador's original mural design

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# Hula Ki'i Perpetuated in Kohala

By Sharon Hayden

An ancient form of hula called hula ki'i is being perpetuated by the Hula Preservation Society. Mahalo to the State Foundation on Culture and the Arts, which supports this effort through grants to the Kamehameha Statue Maintenance under the nonprofit North Kohala Community Resource Center and the Hula Preservation Society.

In 2000, during the first ever conservation of the original Statue of Kamehameha in Kapa'au, we were privileged to learn hula ki'i from Kumu Keola Lake and Meleana Meyer. Kumu Raylene Lancaster Kawaiaea led the presentation on June 11, 2000.

There are two forms of this

"puppet" hula. Kumu Auli'i Mitchell shares his family tradition of carved ki'i. Maile Loo and Mauiola Cook Share the "Beamer" tradition of using coconuts to create their ki'i. This was very important to Kumu Nona Beamer to resurrect and perpetuate this form of hula.

Three halau hula from Kohala and several special guests joined to learn these precious forms of dance for 2.5 days of intense learning, which included the creation of the ki'i as well as their garments. On June 11, we look forward to sharing during Kamehameha Day celebrations in Kapa'au, both in the morning at the Kamehameha Statue ceremony and later at the ho'olaule'a at Kamehameha Park.



Kumu Mauiola Cook (left) and Kumu Maile Loo with ipu heke, percussion instruments made from two gourds, which they play to rhythm and sound for hula and chanting.



Photos by Mike Frailey  
Kumu Auli'i Mitchell (right) teaches his family tradition of carved ki'i, or puppets, for a special form of hula incorporating the ki'i into the dance.



Intricate patterns are created on fabric to create clothes for the ki'i.



Dancers practice while holding their ki'i.



Dancers get ready to perform.

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## Kohala Sports

### Kometani's Swim Career Ends on High Note

By John and Vicky Kometani

January's Kohala Mountain News offered up a wonderful article about Lewis & Clark (L&C) College student athlete Kassie Kometani. The article, written by the Northwest Athletic Conference's assistant commissioner, highlighted Kometani's college swim career as well as her "roots" here in Kohala.

From February 8-10, 2019, the Northwest Conference Swim Championships were held at the Weyerhaeuser Aquatic Center in Federal Way, Washington with nine conference school teams in attendance.

In addition to individual swims each of three days, Kometani also swam on four-person team relay competitions each day with the women's team breaking two L&C school records in the process. Following Friday morning's prelims in the 50 freestyle with more than 40 competitors, Kometani was among only eight finalists and secured an admirable sixth-place podium

finish. On Saturday afternoon, following stiff competition in morning qualifying prelims, Kometani stood in fourth place on the podium in the 200-meter freestyle.

On Sunday, following two days of record snow in Seattle and more predicted, the Conference accelerated the schedule in order to finish the meet earlier than planned. No prelims - every event was a final.

Swimming in lane five in the sixth of six heats (47 competitors) in the 100-meter free style, Kometani was in third place halfway through the race. She had a ferocious final 25-meter push, touching first with a time of 52:90! She became the first Lewis & Clark Northwest Athletic Conference championship swimmer since 2013.

It was an emotional and joyful conclusion to her swim career. Kometani will be graduating in May with a degree in environmental studies and plans to pursue a graduate degree in environmental law.

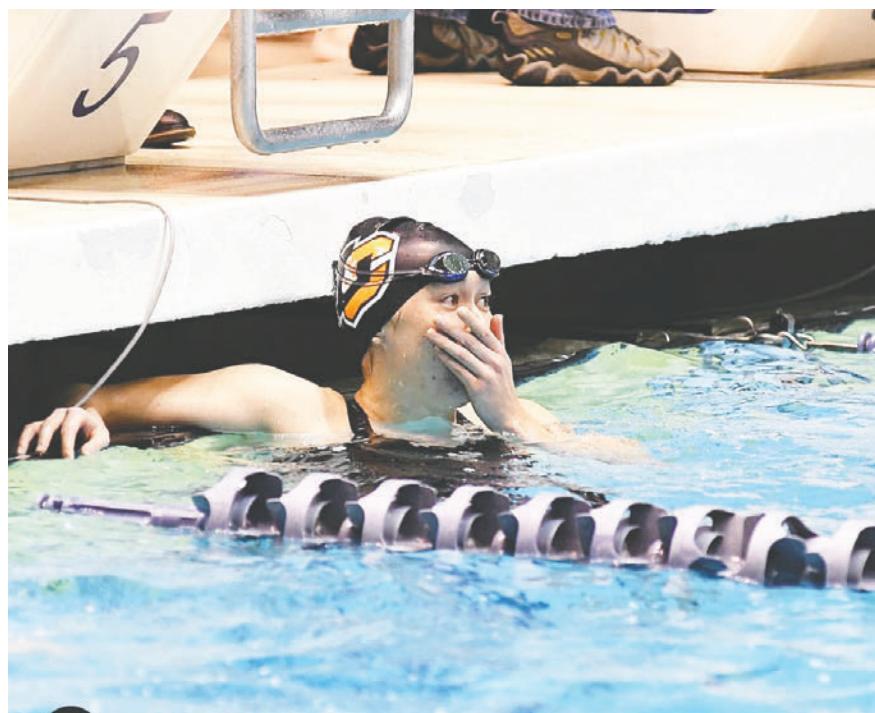


Photo courtesy of Lewis & Clark College  
Lewis & Clark College senior Kassie Kometani reacts to her championship win.

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## WEEKLY EVENTS IN APRIL 2019

DAY	START	END	EVENT	VENUE	CONTACT	
MON	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM		KOHALA SENIOR CLUB MEETING (meeting at back of Hisaoka Gym until venue pipes are fixed)	SENIOR CENTER	895-2094	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404	
	3PM	3:45PM	CAPOEIRA - 3-6 YEARS	HUB BARN	889-0404	
	4PM	5PM	CAPOEIRA - YOUTH	HUB BARN	889-0404	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025	
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL		
TUES	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM	10:30AM	CHAIR YOGA	INTERGENERATIONAL CENTER	889-0583	
	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404	
	9:30AM	12PM	GARDENING TODDLER W/KAYLA SINOTTE	HUB CLUB	889-0404	
	2:45PM	3:45PM	KEIKI BALLET 3-7YEARS	HUB BARN	889-0404	
	3PM	5PM	SCRABBLE FOR TEENS & ADULTS	NORTH KOHALA LIBRARY	889-6655	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	6:30PM	7:30PM	BELLY DANCING - TEEN-ADULT	HUB HALE	889-0404	
	WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
		9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
		10:30AM	3:30PM	HARMONY EDUCATION OPTIONS DAY	HUB HALE PONI	889-0404
1:30PM		3:30PM	AFTERSCHOOL LEGO® CREATIONS	NORTH KOHALA LIBRARY	889-6655	
1:30PM		2:30PM	HIP HOP 7YR - TEEN	HUB BARN	889-0404	
2PM		4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	783-1158	
5:30PM		8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
6PM		6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025	
6PM		7PM	GROOVE FUSION	HUB BARN	895-2025	
6PM		7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM		
7PM			ALCOHOLICS ANONYMOUS	WYLLIE HALL, 'IOLE ROAD	889-6703	
7PM		8:15PM	TAI CHI - TEEN - ADULT	HUB BARN	889-0404	
7:15PM		8:15PM	SALSA - TEEN-ADULT	HUB HALE	889-0404	
THU		7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9:30AM	12PM	GARDENING TODDLERS 1.5-3YRS	HUB CLUB	889-0404	
	10AM		QIGONG	KING KAMEHAMEHA PARK	530-277-8766	
	4PM	5:30PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	7PM	8PM	NARCOTICS ANONYMOUS	WYLLIE HALL	498 4714	
FRI	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404	
	10AM	10:30AM	PRESCHOOL STORY TIME AGES 2-5	NORTH KOHALA LIBRARY	889-6655	
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	12PM	3PM	CERAMICS - GUIDED OPEN STUDIO	CLAY COTTAGE	889-0404	
SUN	9AM	10:30AM	JAN'S YOGA - BEGINNER - TEEN-ADULT	HUB HALE	889-0404	
	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET		
	10AM		WEST AFRICAN DRUMMING CLASS	LAVARROOTS PAVILLION	987-4243	
	10:30AM	12PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404	
	11AM	12:30PM	WEST AFRICAN DANCE CLASS	LAVARROOTS PAVILLION	987-4243	
	4:30PM	5:30PM	TANGO - BEGINNER - TEEN-ADULT	HUB HALE	889-0404	
	5:30PM	6:30PM	TANGO - INTERMEDIATE - TEEN-ADULT	HUB HALE	889-0404	
	6:30PM	7:30PM	TANGO - ADVANCED	HUB HALE	889-0404	

EMAIL WEEKLY CALENDAR LISTINGS TO: [kohalacalendar@gmail.com](mailto:kohalacalendar@gmail.com)

**Kohala Sports**

**KCAA Celebrates Forty Years in Kohala**

The Kohala Community Athletic Association was formed in 1980 to provide after-school sports programs for the youth of Kohala. Always run by volunteers, it is an example of what makes Kohala unique. Thousands of community members have donated their time to organize and coach basketball, baseball, volleyball and football for boys and girls, ages five to fourteen.

These Kohala people have headed up KCAA over the years:  
 Shiro Takata 1980-1985  
 Ricky Silva 1986-1988  
 Wynona Ban Fernandez 1989-1990  
 Elsworth Emeliano 1991-1992  
 Guy Nakamura 1993-1998  
 Liz Bautista 1999-2001  
 Desiree Yamamoto 2002-2006  
 Tom Morse 2007-Present

Thanks to the Kohala Mountain News and the HUB Pub, those contributors and their spouses were recently hosted at a celebratory dinner.



Photos courtesy of Tom Morse

The Kohala Community Athletic Association (KCAA) founders. (Left to right): Dennis Matsuda, Lee Rivera, Shiro Takata, Lorraine Glory, Galo Fernandez



For the past twelve years these volunteers have provided support for KCAA. Left to right: Tom McCue, treasurer; Kim Takata, board member; Shiro Takata; board member; Tom Morse, programs and equipment coordinator. Missing from photo: Hermann Fernandez, programs communicator.



Partners of the Kohala Community Athletic Association (Left to right) Chris Cackley, Department of Parks and Recreation coordinator in Kohala for twenty-two years, beginning in 1991; Christine Richardson, executive director of North Kohala Community Resource Center, who has funneled donations support for KCAA for many years; and Mason Souza, administrative supervisor of Department of Parks and Recreation in Hilo, who has supported KCCA since the beginning.



**The 1981 KCAA Basketball Team**

Front row (left to right): Aaron Sumic, Jonell (Kupukaa) Bruno, Alex Tayan, Gwen (Pilapil) Kawai, Dan Maekawa  
 Middle row (left to right): Diana Rabang, Ellie Mae Bigtas, Reggie Villacorte, Cynthia Enriques, Darin Emeliano, Johanna Ayoso, Wilfred Kita  
 Back row (left to right): Coach Galo Fernandez, Delbert Cambra, Rochelle (Kumukoa) Javillo, Brian Carvalho, Patty Marquez, Reid Maekawa, Evan Sumic



**The 1982 KCAA Basketball Team**

Front row (left to right): Tony Ayoso, Jr., George Pang, Durand Yangson  
 Middle row (left to right): Steven Pang, Dayton Tagaca, Leslie Rivera, Lance Hiraoka  
 Back row (left to right): Coach-Anthony Carvalho, Ryder Paalua, Shane Kaohu, Peter Gusman, James Marquez, Jr., Stanley Kumakoa, Jr.

# Kohala Sports

## Girls High School Softball is Rocking the Island



Photo by Marcus Douglas

The Kohala High School Girls Softball Team

Left to right: Harley Yamasaki, Pili Kaai, Anela Cazimero, Waiulu Kawai-Poliahu, Kayla Joy Juan-Kealoha, Laila Carvalho, Assitant Coach Glen Roxburg, Iyanah Villon, Ayezha Isabel, Leiana Carvalho, Danyka Cazimero-Roxburgh, Mikayla Kekoa, Coach Terrance Alcoran, Cheylin Imai

This year's Kohala Girls Softball team is lighting up the competition with, as of early March, a record of

5-1. Head Coach Terrance Alcoron is excited for a great season. With "many, many years" of coaching

experience, he says that "the team's biggest strength is pitching and our defense" and that this year has

"really strong freshmen, too."

Pitcher Mekaila Kekoa is pushing the team to victories with her intense pitching style that seems to coax her hitters into swinging strikes or not swinging at all.

Coach Alcoron wants everyone to support the team. "I like everyone in Kohala come out and back up their girls."

According to freshman player and nine-year softball veteran Anela Cazimero, "fielding balls" is her favorite part of the game. When standing at the plate to bat, Anela says she feels many emotions but that she focuses all her energy on "hitting the ball."

Be sure to check out the schedule in the paper and go support those Kohala teams.

## Tennis Takes Aim at their New Season

The Kohala Tennis team is ready for a great season with a team of only four players and two coaches. The kids are not fazed by their numbers.

They are excited to play and learn deep, meaningful, powerful skills. Carl Rich says, "I really like tennis because it's so challenging."

Kai Lee really appreciates the game because it keeps her "active." Coaches Jessica Brown and Hermann Fernandez are the most dedicated coaches these kids could possibly have to guide them to success in tennis and in life.

If you want to see just how amazing this team is, stop by Kame-

hameha Park any weekday around 4:00 p.m.

You can kick back, rock out to awesome rock music and enjoy the afternoon while cheering on the kids.

Don't forget to come out and support the tennis team at their matchups. Also, if you want to play tennis

or have kids interested in playing, be sure to wait until after practice to talk with Coach Hermann. This kanaka lives and breathes to get kids of all ages and abilities active and into tennis. Hermann is famous for his annual Kohala Tennis programs that offer grants to players for gear and lessons.



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Photo by: Marcus Douglas

Coach Hermann gives pointers to Carl Rich about his serve.

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## Kohala Sports

### Boys Volleyball Spikes in Kea`au: 25-20

Kohala Boys Volleyball came back to with the match against the tough Kea`au team in Hisaoka Gym.

The final score was 25-20, with Kohala taking the lead at the last

minutes of the match up, essentially shutting down scoring for Kea`au for the last three minutes.

The Boys have a 3-3 record with three straight wins and Coach TJ Giel is looking forward to a "great

season." Coach said, "We have room to improve, but we did good today." Senior Chayden Osaki "feels like his team is family." He says, "The team gives me momentum." Teamwork was clear on the

court with set-ups and spikes to get the last scores needed to win. Nice work boys.

Don't forget to reference the team schedule and come out and support the Boys this season!



Photo by: Marcus Douglas

*The Kohala Boys Volleyball Team*

(Back Row) Neighton Bell, Assistant Coach Hinano Lewis, Jace Hook, Kahiau Kapeliela, Alain Medeiros, Isaiah Salvador, John Nicolas, Head Coach TJ Giel, Alike Viernes, La`akea Kauka, Assistant Coach Kihei Kapeliela

(Front row) Molonai Emeliano, Konapilihi Ledward, Chayden Osaki, Jazz Francisco



Photo by: Marcus Douglas

Kohala senior John Nicolas, #10, heads in at blurring speed to spike the ball for a point.

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# KOHALA MONTHLY CALENDAR APRIL 2019

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
4/1	MON	5 PM	8 PM	CHESS CLUB	JOIN THE LIBRARY'S CHESS CLUB (FIRST MONDAY OF EACH MONTH)	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/1	MON	6 PM	7 PM	GROWTH MANAGEMENT GROUP	MEETING	BANK OF HAWAII BUILDING	854 4888
4/1	MON	6 PM	9 PM	21CCLC CERAMICS	DRAPE MOLDS & WHEEL THROWING	KHS ART CLASSROOM	889-7117
4/2	TUE	11 AM	12 PM	BOOK GROUP	FRIENDLY DISCUSSIONS ABOUT BOOKS!	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/3	WED	4 PM		KOHALA COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
4/3	WED	4:30 PM		NKAG MEETING		OLD COURTHOUSE	
4/4	THU	7 PM	9 PM	KOHALA ECSTATIC DANCE JAM	FEATURING AN ECLECTIC ROTATION OF DEEJAYS	HUB BARN	889-0404
4/5	FRI	6 PM		SENIOR CLUB	MOVIE NIGHT - ALL SENIORS WELCOME	KOHALA CIVIC CENTER	895-2094
4/8	MON	3 PM	5 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
4/8	MON	6 PM	9 PM	21CCLC CERAMICS	PIERCED DESIGNS	KHS ART CLASSROOM	889-7117
4/8	MON	6:30 PM	8 PM	HAWAIIAN HISTORY LECTURE	BOYD BOND WILL DISCUSS THE MEANING OF "KAPU" AND THE KAPU SYSTEM	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/8	MON	12 PM		ANNUAL USED BOOK SALE	DURING NATIONAL LIBRARY WEEK, THE FRIENDS OF THE NORTH KOHALA PUBLIC LIBRARY WILL HOLD THEIR ANNUAL USED BOOK SALE (BOOKS ARE FREE ON FRIDAY, APRIL 12)	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/9	TUE	6 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	THE HUB	KOHALA.HFUU@GMAIL.COM
4/13	SAT	AM		KOHALA ARTISTS' CO-OP COMMUNITY SWAP MEET	SET A TABLE AND SELL, SWAP OR TRADE GOODS	ARTISTS' CO-OP	783-1158
4/15	MON	2 PM	3:30 PM	JEWELRY CLASS FOR ADULTS (GROUP 1)	MAKE YOUR OWN JEWELRY WITH SID NAKAMOTO	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/15	MON	6 PM	9 PM	21CCLC CERAMICS	WHEEL THROWN BOWLS AND PLATES	KHS ART CLASSROOM	889-7117
4/15	MON	6 PM	7:30 PM	JEWELRY CLASS FOR ADULTS (GROUP 2)	MAKE YOUR OWN JEWELRY WITH SID NAKAMOTO	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/16	TUE	10 AM	12 PM	WRITERS' GROUP	CULTIVATE YOUR CREATIVE SIDE BY JOINING OUR WRITERS' GROUP	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/18	THU	3 PM	4 PM	MUSIC CONCERT - JOHN KEAWE	JOIN US AT THE LIBRARY FOR A VERY SPECIAL CONCERT WITH KOHALA'S OWN, JOHN KEAWE	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/20	SAT	4:30 PM	6:30PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
4/22	MON	6 PM	9 PM	21CCLC CERAMICS	EXTRUDER BASICS	KHS ART CLASSROOM	889-7117
4/22	MON	6 PM	8 PM	MOVIE SCREENING	SPECIAL MOVIE SCREENING FOR EARTH DAY	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/24	WED	4 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-0404
4/24	WED	5 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
4/25	THU	6 PM	6:30 PM	PRAYERS AROUND THE PEACE POLE	ALL ARE WELCOME, REGARDLESS OF RELIGIOUS AFFILIATION	ST AUGUSTINE'S CHURCH	895-5753
4/25	THU	3:30 PM	4:30 PM	NA IMI IKE - HAWAIIAN LANGUAGE	JOIN THE NA IMI IKE GROUP AND LEARN MORE ABOUT THE HAWAIIAN LANGUAGE	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/27	SAT	10 AM	12 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
4/27	SAT	11 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
4/27	SAT	5 PM	8 PM	KOHALA ARTISTS' CO-OP ART PARTY	GALLERY SHOWCASE, THEATER PERFORMANCE, FOOD AND BEVERAGE VENDORS, LOCAL MUSICIANS	ARTISTS' CO-OP	783-1158
4/29	MON	6PM		HIGH SCHOOL MAY DAY PROGRAM		KHS GYM	889-7117
4/29	MON	6 PM	7 PM	ACUPUNCTURE TALK	DR. ADRIENNE DOLLING L.AC. WILL SHARE HER KNOWLEDGE ABOUT ACUPUNCTURE	NORTH KOHALA PUBLIC LIBRARY	889-6655
4/30	TUES	3 PM	4 PM	YOGA		KHS CAFETERIA	889-7117

Email Calendar Listings to [kohalacalendar@gmail.com](mailto:kohalacalendar@gmail.com)



**Kohala SDA Church**  
 WHERE FRIENDSHIP MEETS FELLOWSHIP  
 Saturday Services:  
 Sabbath School: 9:30 AM  
 Divine Service: 10:45 AM  
 Potluck-Fellowship Lunch every Sabbath  
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**Kalahikiola Congregational Church**  
 Service every Sunday Morning at 9:30 followed by pupus & fellowship  
 Prayer time Tuesdays at 11:30  
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 www.kalahikiolacongregationalchurch.com  
 889-6703

**Kohala Baptist Church**  
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 'Come to Me, all you who labor and are heavy laden, and I will give you rest.'  
 (Matthew 11:28)  
 Sunday Services  
 Adult Bible Study/Kids on Mission 9 am  
 Worship Service/Sunday School (for children of all ages) 10:30 am  
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**Gospel of Salvation Kohala**  
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 Service: Sunday 9:00 AM  
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 Prayer Meeting: Friday 7 PM  
 Pastor Ilma Moihā  
 www.gos-kohala.org

**St. Augustine's Episcopal Church**  
 Kapa'au, North Kohala  
 Sunday Services:  
 7am - Holy Eucharist (quiet Mass)  
 9am - Holy Eucharist  
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 4th Saturday: 10am - 12pm  
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 Donation: \$6

**Sacred Heart Catholic Church**  
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 Rev Elias Escanilla  
 Deacon Thomas Adams  
 Telephone 889-6436

**KOHALA HONGWANJI SHIN BUDDHISM**  
 TEMPLE SERVICE  
 Sunday, April 21, 10:00 a.m.  
 Hanamatsuri - Buddha's Birthday  
 On the right approx. one mile past the Kohala Middle School In Halaula  
 For more information call: 987-1791  
 Rev. Bruce Nakamura  
 brucejunshin@gmail.com  
 Minister will be at the temple from 12:30 - 2 pm on service days to talk story with interested individuals

## Kohala Sports

### KOHALA HIGH SCHOOL 2018-2019 SPRING SPORTS SCHEDULE

GIRLS SOFTBALL						BUS
MAR	13	WED	3:00P	VS	KONAWAENA	
MAR	15	FRI	3:00P	@	HILO	
MAR	18	MON	11:00A	@	KAMEHAMEHA (WV)	7:00A
MAR	20	WED	11:00A	VS	KEALAKEHE	
MAR	25	MON	3:00P	VS	KAMEHAMEHA	
MAR	27	WED	3:00P	VS	KAU	
APR	01	MON	3:00P	@	HONOKAA	12:30P
APR	06	SAT	11:00A	VS	KEAAU	
APR	12,13,15	FRI,SAT, MON	3:00P	@	HOME SITE BIIF TOURN	
APR	19,20,22	FRI,SAT, MON	TBD	@	KEALAKEHE	
MAY	01-04	WED-SAT	TBD		HHSAA @ MAUI	

TENNIS						BUS
MAR	16	SAT	10:00A	@	HILO	
MAR	27	WED	1:00P	VS	KONAWAENA	
APR	03	WED	1:00P	VS	MAKUA LANI	
APR	06	SAT	10:00A	@	KAMEHAMEHA	
APR	08	MON	3:00P	@	HAWAII PREP	
APR	10	WED	1:00P	@	PARKER	
APR	13	SA	11:00A	VS	ST. JOSEPH	
APR	20	SAT	10:00A	@	HOLUA (BIIF TEAM CHAMPS)	
APR	25,26,27	THUR -SAT	ALL DAY	@	MAUNA LANI (BIIF IND. CHAMPS)	
MAY	09-11	THURS- SAT	ALL DAY	@	HHSAA @ MAUNA LANI	

### Flag Football to Begin April 1

It's time to tumble, rumble, run, rush and roar. Be sure to sign up your kids up for the super-fun Kohala Community Athletic Association (KCAA) Flag Football season. The age groups are from 5-7, 8-10 and 11-14 years of age.

Both boys and girls are invited to participate and have fun. The focus is on teamwork, sportsmanship and ball handling skills. All equipment is provided, including a t-shirt for all kids that sign up online before the March 30 deadline. Kids may sign up and join a team after that date but will not receive the team t-shirt for games. Players will ben-

efit from having a pair of good shoes with traction, such as cleats, and a water bottle for practice and games. We rotate snack for each game between the players' parents or guardians.

We always need coaches and assistant coaches. Uncles, aunties, brothers, sisters, friends ... get 'em all out there supporting the kids for the two-month season, which runs from April 1 to May 30. Sign up is online for coaches and kids from March 12-30 at <http://kcaa.online>. For more information on coaching, contact Marcus Douglas at [circus-marcus1@gmail.com](mailto:circus-marcus1@gmail.com).

BOYS BASEBALL						BUS
MAR	12	TUE	3:00P	VS	KONAWAENA	
MAR	16	SAT	3:00P	@	HILO	11:00A
MAR	19	TUE	3:00P	VS	HAWAII PREP	
MAR	21	THU	3:00P	VS	KEALAKEHE	
MAR	23	SAT	1:00P	@	HAWAII PREP	10:30A
MAR	26	TUEY	3:00P	VS	KAMEHAMEHA	
MAR	28	THU	3:00P	VS	KAU	
APR	02	TUE	3:00P	@	HONOKAA	12:30P
APR	06	SAT	1:00P	VS	KEAAU	
APR	10	WED	3:00P	@	KONAWAENA	11:30A
APR	19,20,22	FRI,SAT,MON	3:00P	@	HOME SITE BIIF TOURN	
APR	26,27,29	FRI,SAT,MON	3:00P	@	WONG BIIF TOURNAMENT	
MAY	08-11	WED - SAT	TBD		HHSAA @ OAHU	

BOYS VOLLEYBALL						BUS
MAR	12	TUE	6:00P	VS	HILO	
MAR	27	WED	6:00P	@	KAU	1:00P
MAR	30	SAT	10:00A	VS	WAIAKEA	
APR	05	FRI	6:00P	VS	PAHOA	
APR	08	MON	6:00P	@	HAWAII PREP	4:00P
APR	13	SAT	10:00A	VS	KEALAKEHE	
APR	18	THU	6:00P	@	KONAWAENA	3:00P
APR	22,24,25	MON,WED, THUR	6:00P	@	HOME SITES BIIF PLAYOFFS	
MAY	02-04	THUR - SAT	TBD		HHSAA @ OAHU	



Photo by: Marcus Douglas  
Two Kohala kids, Malu Douglas (left) and Zalea Douglas, are ready to play some fun flag football while other kids and families enjoy the sunny afternoon of play in the back fields of Kamehameha Park.

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# Kohala Sports

## Boys Baseball Looks to Throw Strikes



Photo by Marcus Douglas  
Kohala Cowboys 2018-2019 Baseball Team

The Kohala Boys Baseball team is excited to play their season. After a tough start, Coach Blaise Kise is still hopeful. Together, with his two Assistant Coaches, Joby Amaral and Cameron Naihe-Tabiolo, Coach Kise guides the team through some pregame warmups before the Ka'u game on Saturday, March 9. The team looks sharp on the field and has some real hitters.

Get out there and watch some baseball this season at Kamehameha Park! The game schedule is posted in this month's issue of the Kohala Mountain News.

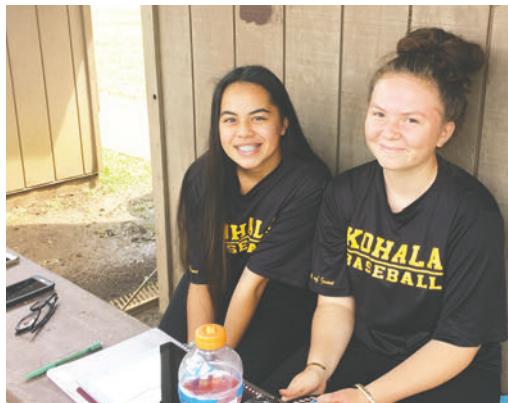


Photo by Marcus Douglas  
Baseball statisticians and cousins Jada and Jasmine Hook get ready to log some serious data as the team warms up for the Ka'u game.



Photo by Marcus Douglas  
Kohala Boys Baseball Coaches  
Left to right: Assistant Coach Cameron Naihe-Tabiolo, Head Coach Blaise Kise, Assistant Coach Joby Amaral

## Look Who's Horsing Around Kohala



Photo by: Marcus Douglas  
Ms. White works with her young rodeo kids to develop the roping skills essential to rodeo.

Kohala is famous for its "e ala e" spirit when it comes to just about everything, but it's safe to say that we are a Country Cowboy/Cowgirl kind of town. No one in Kohala knows this "rise as one" Kohala spirit like Rodeo Champion and world-class Robotics Mentor Fern White. Ms. White works with individuals to provide therapy through interaction with horses and the acquisition of horse-riding skills. She would never let on that she was once "the one to beat" at the rodeo. However, anyone who has ever worked with Ms. White knows that she is absolutely, wholeheartedly committed to supporting the kids in Kohala to exceed her high expectations.

Ms. White has been influencing Kohala kids in the ways of the "Cow-Boy" for over four decades, including therapeutic riding. According to Kohala student Kathleen Cordeiro, "I find it so amusing that horses can

teach you life lessons when they cannot talk. The horse I ride, Tag, he definitely challenged me to be my best self. Our personalities are very similar, which is why I think we worked together so well. He taught me that patience is key, and there's a difference between just sitting on a horse and actually riding a horse. He got my heart quickly. He's definitely a work horse but can be the biggest, kindest, sweetest animal. I'm forever grateful for Aunty Fern and Uncle Al for allowing us to ride their horses and teach us so much about horses, and life in general. And of course, I'm grateful for Tag. He's the best."

The effort here is to build horses and riders rodeo skills. More noticeable, however, this reporter feels that between these horses and riders there is a deep sense of connection, the establishment of which is an essential skill to develop in anyone's life.



Photo by: Marcus Douglas  
Leyton Neves ropes the calf every time. He thinks the most important thing when learning about rodeo is "working with the horses."

**THE COQUI CORNER**

The February eradication sites this month include: Ainakea, Kynnersley, Pratt Road, Hoesa Road and residences at Maliu Ridge, Kaauhuhu, Halaula and Kapaau.

Mahalo to those of you that have taken up the fight in your own backyards and neighborhoods. For information and support call the **COQUI HOTLINE AT 889-1777**

Mahalo to the State and County of Hawaii for supporting our efforts

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# Newly Remodeled KHS Gym Opens to Host 3rd Annual Kohala Science Fair

The Kohala High School gym has been under renovation since this time last year and is now open for student use. This is surely a relief on the demand for Kohala's prized community sports facility, Hisaoka Gym. The gym at Kamehameha Park has been the only facility in Kohala where the high school students and coaches could practice and play their sports for almost a year. Now that the remodeled high school gym is open, members of the community can enjoy events like May Day and sports like basketball and volleyball. Many community and school events are hosted at the campus gym, so it is essential to Kohala to have the gym in full swing.

Kohala 3rd Annual Science Fair was the first event to kick the gym's opening and the gym was the perfect venue for the fair. Special thanks go out to our community donors and sponsors: Island Harvest Farms, Kohala Coffee Mill, Lynker Technology, Donorschoose.org, Thinkfund, Kohala Science Foundation, Kohala High School and Kohala Elementary School.

### High School Placed Winners

- 1st - Lauren Hawkins: "Bacterial Transformation"
- 2nd - Dhona Rico: "Water Filtration"
- 3rd - Lucy Hernandez: "Stellar

Evolution with Flame Spectroscopy"

4th - Mitchell Canniff: "What Part of a Modern Household Contains the Most Bacteria"

5th - Nicholas Tyler: "Gauss Rifle"

### High School Honorable Mentions

Brooklyn Geiger: "The Power of Suggestion"

Francesca Salmoiraghi: "How to Make a Guitar Sing"

Sam Van Dam: "Combustion Engines"

### Elementary School Placed Winners

1st - Madelyn Jessop: "Iron in Cereal"

2nd - Zalea Douglas: "Mechanics"

3rd - Kaia Harvey: "Wind Power"

4th - Jaycie Chilton: "Wind Turbine"

### Elementary School Honorable Mentions

Leah Hawkins: "Water Treatment"

Nash Ishimini: "Cool is the New Hot"

Malu Douglas: "Catapult"

Maddie, Kalei, Saydee, Damian & RC: "Electric Current"

Amy Ishimini and Bailey Ishimini: "Matter"



Photo by Marcus Douglas  
Kohala High School Science Fair judges enjoy being the first to host the newly renovated gym.



Photo by Marcus Douglas  
Lauren Hawkins took first place overall in the science fair and walked away with a big understanding of bacteria and medicinal research, as well as a \$500 college scholarship, sponsored by Kohala Science Foundation.



Jaycie Chilton, shown here with her mom, shows off her science thinking skills with her Wind Turbine project that won an honorable mention in the science fair. Jaycie says that, "Wind power is a really clean way to make energy for Hawaii." Her dad, Jake Chilton, agrees.

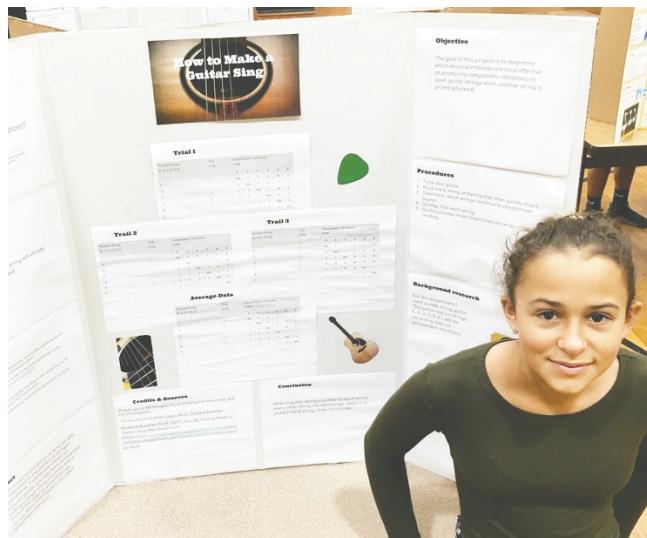


Photo by Marcus Douglas  
Francesca Salmoiraghi was an honorable mention with her amazing music science project that focused on guitar strings and vibrations in sound.

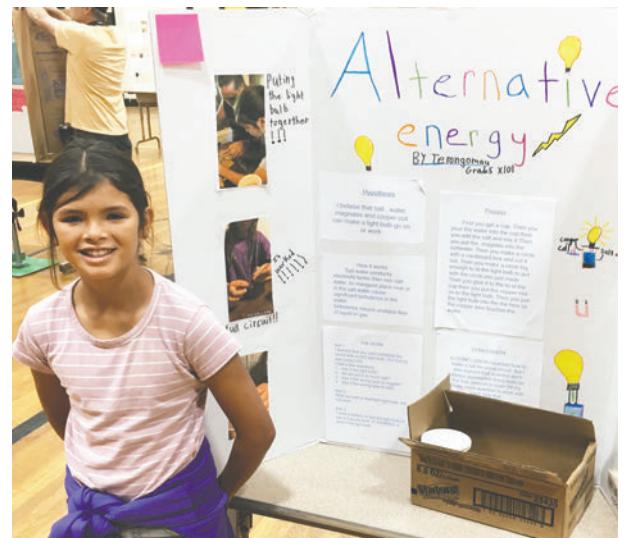


Photo by Marcus Douglas  
Alternative energy was a bright light at the showcase for talented elementary student and star soccer player Terongomau Kawe. Her sister, Dayawakihaa Kawe, also participated.

Hawaii United Okinawan Association  
Kohala Okinawa Kenjin Kai RMD Kohala / Waimea

## Children's Cultural Day Camp

### "Warabi Ashibi - Children at Play"

**May 17, 18 and 19, 2019**  
Hawi Jodo Mission Hall, North Kohala, Hawaii  
6pm-8pm-Friday (registration 5:45pm)  
9am - 4:00pm - Saturday /Sunday

Drumming, Kankara (musical instrument) Okinawan/ Plantation games, Cooking, Karate, Okinawan/Japanese arts and crafts, Music, Language and History and much more.

**Contact Kathy Matsuda at (808) 895-2025**  
Ages 8-13, Limited to first 24 children  
Registration fee \$50 to include t-shirt and supplies.  
RMD Kohala is a sponsored project of NKCRC

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## Kohala Science Fair Contestants Compete at the Highest Level

The Annual West Hawaii Science Fair is a big deal for Big Island kids interested in changing the fate of their world. Dhona Jane Rico knows exactly how difficult it is to make changes in her world through science exploration. Dhona recently won the Regional Award in world's most prestigious youth award for a water-related science project: the Stockholm International Water Institute's Stockholm Junior Water Prize (SJWP). Winning this award gained her entrance into the SJWP State Competition.

Dhona focused her efforts on water filtration after learning that one person could change the water quality of an entire lake ecosystem with simple citizen science and hard work. Dhona plans to continue her research into the future and is striving to win the Big Island Science Competition in the near future.

Another Student made the grade with his project focusing on his family farm in Kawaihae. Joseph Jimenez has a unique problem growing food in red soil. He thought bokashi may be an organic and inexpensive method for treating and improving the growing quality of his family's soil. Joseph won the prestigious American Meteorological Society Certificate of Outstanding

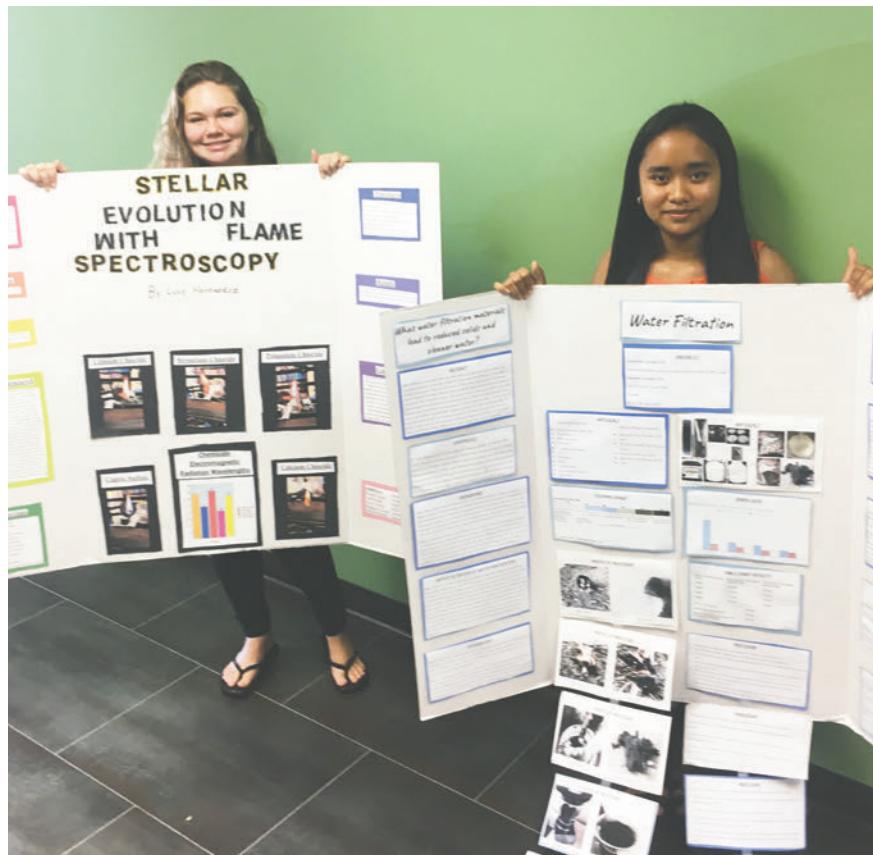


Photo By: Marcus Douglas  
Lucy Hernandez (left) and Dhona Rico at the West Hawaii Science Fair at NELHA with their amazing research projects on Stellar Evolution and Water Filtration, respectively.

Achievement - Bokashi Effects on Red Soil of Kawaihae. Joseph also plans to continue his research as a

senior at Kohala High School next year as well. Good luck, Joe and Dhona.

Another Kohala student shined brightly with her focus on color change of atoms and molecules when exposed to fire. Lucy Hernandez amazed the judges with her ability to connect flame spectroscopy to the study of the universe and stellar objects like stars. Both Lucy and Dhona are sought out by Mary Beth Laychak, the manager of the Outreach Group at Canada-France-Hawaii Telescope (CFHT). Mary Beth works with empowering students of science through her position with one of the Big Island's famous telescopes.

Science Fair is an amazing opportunity for Big Island kids to meet scientists that can inspire their work and mentor them to bring their ideas to fruition. Furthermore, kids get to meet each other and learn about what kids can do when they use their grit and determination.

Next year's West Hawaii Science Fair is scheduled to be held at the Natural Energy Laboratory of Hawaii Authority (NELHA) site in Kona on February 15, 2020. For more information, please feel free to connect with the Kohala Science Foundation's Julia Meurice at hawaiiibioneer@gmail.com or West Hawaii Science Fair Organizer Justin Brown at brownj@khswwaverider.k12.hi.us.

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