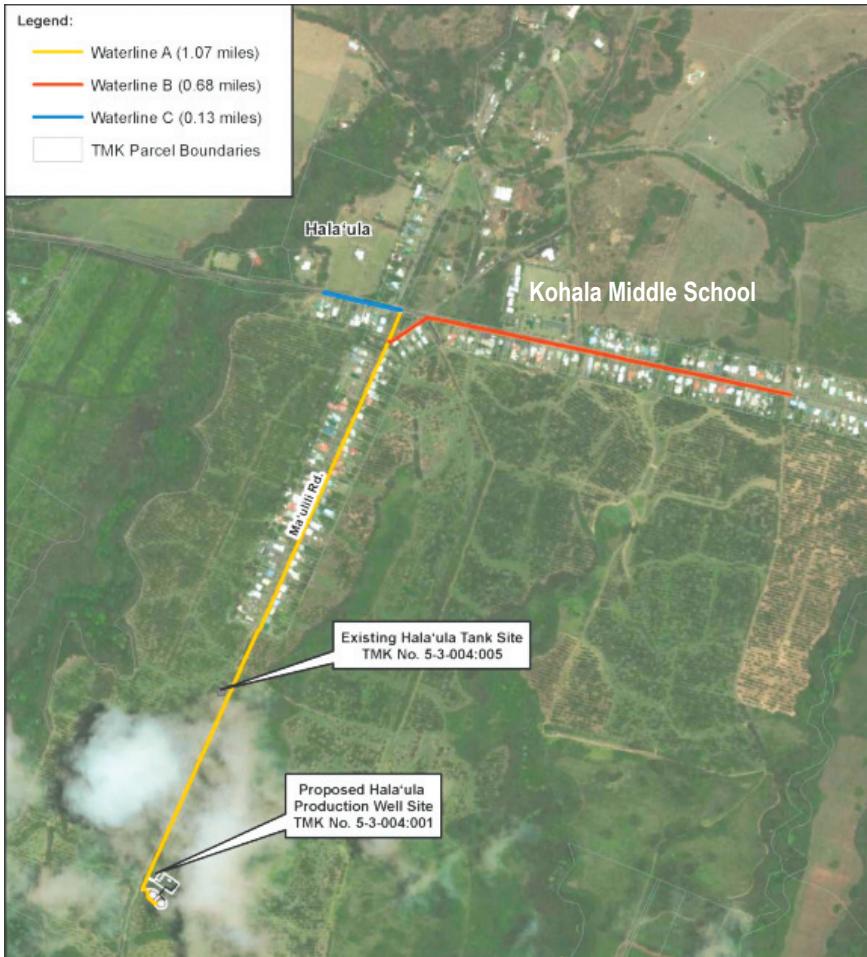


Vol.18, No. 07

About Kohala, For Kohala

July 26, 2019

## Hala`ula Well Construction to Start This Fall



Source: Planning Solutions, Inc. (2017)

Pipe will be installed on Akoni Pule Highway and Halaula Road (mauka of the highway) for the new Halaula Well.

Story by Toni Withington

Work on construction of the new water well at Hala`ula will start in September and it is expected to take a year and a half to install new transmission lines for residents in that community. Representatives of the Department of Water Supply (DWS) and the contractor, Goodfellow Brothers, told a public meeting of about 25 people this month that the trenching of new water lines would cause disruptions along Ma`ulili Road and Akoni Pule Highway but would end in new meters and safer pipes for 162 homes.

The work will also provide a steady source of water to the communities of Ainakea, Hala`ula, Halawa, Makapala and Niuli`i. The \$12 million well and delivery system is designed to supply water to existing homes in the area, not to encourage further development or subdivisions, DWS Engineering Division Head Kurt Inaba said. When completed, the system is also expected to eventually allow for new water meters for permitted

existing homes in Kohala currently having to share meters.

Justin McCutcheon, project engineer for Goodfellow, said the trenching of the new lines and installation of new meters will be done as swiftly as possible and the road and highway returned to normal.

"We will try to impact your daily life as little as possible. We aim to be done by the end of 2020," he said.

Start of work is pending issuance of grading and other permits, but McCutcheon said he anticipates two months of work to begin after Labor Day at the well site only, which is 2,000 feet beyond the last house on Ma`ulili. Work on trenching the pipe will begin after that. The current water system will continue uninterrupted until the hookup to the well, which is anticipated in the fall of 2020.

The customers within the construction area will be notified about the work and the timing of when trenching will take place in the

See Well, Page 2

## Four Kohala Teens Compete at National Junior High Finals Rodeo



Credit: Fern White

Kaneesha Santiago and Cricket, the horse she borrowed for the 2019 National Junior High Finals Rodeo.

Kohala is the home of cowboys! Ranching and rodeo are integral to many lives in our town. Sometimes it takes us to larger lands. Four Kohala Middle School students recently traveled to Huron, South Dakota, to compete in the 2019 National Junior High Finals Rodeo (NJHFR). Eighth grade students Trever Figueroa, Elijah Tabiolo and Tyler VanZandt, seventh grade student Kaneesha Santiago, and 12 additional students from Big Island, Maui and Molokai, were part of the 16-member Team Hawai`i competing from June 23 to 29. In all, there were 50 teams: 43 states, 5 Canadian provinces, Australia and Mexico. At least 1,479 horse stalls were reserved at the South Dakota State Fair grounds for a total of 1,150 contestants.

Trever Figueroa qualified in three events: chute dogging, tie down roping and team roping. Figueroa was a team standout as he clocked a 2.41 second run in chute dogging to post the fastest time in the 8th performance and end up 2nd place in the second go round for chute dogging. He made the 3rd short go round, wherein the top 20 aggregate times after two rounds advance.

Each event contained a field of approximately 200 contestants, as each state can send four per event. Overall, Figueroa ended up 15th in chute dogging and 28th in tie down roping. When asked how he feels about entering and winning in his event he says, "It was the greatest feeling. To compete world-wide and

See Rodeo, Page 2

## Novice Swim Team Tryouts Coming Soon

Would you like your child to enjoy the better health and well-being that comes with improved swimming skills?

Don't want to put them in a high-pressure environment that demands crazy commitment?

If yes, then Novice Swim Team (ages 5-17) might be the answer!

See details on page 15

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**Well continued from Page 1**

existing easement alongside their property, said Kawika Uehara, deputy of DWS. He said news of the progress will be published in the Kohala Mountain News, on bulletin boards and on KNKR radio. In addition, the public is invited to contact the DWS at 808-961-8050 or McCutcheon at Goodfellow at 808-454-3588 or the project foreman for Goodfellow, Keoni Kaluna, at 808-895-7474.

McCutcheon said work will be done only between 7 a.m. and 3:30 p.m. All equipment and trucks will be stored at the well site overnight. Installation of 12-inch diameter ductile iron pipe will be done for a little over a mile along the Pololu side of Ma`ulili Road, the mauka side of Akoni Pule Highway toward the gulch at `Iole, and for two thirds of a mile toward Halawa Gulch.

It will cross the highway only once. Although Ma`ulili Road is privately owned, DWS has an easement alongside, twelve feet from the center of the road. The old pipe, which is under Ma`ulili will be abandoned, along with the existing reservoir tank mauka of the homes. All of the residents adjoining the pipes will be attached to new meters and new meter boxes by soft copper pipes, no plastic.

"The new system will be completely clean, sanitized – a fully new system," Inaba said. While residents of the surrounding communities will not have new meters, they will have an additional source with the same water treatment as existing sources. The test well, which is approximately 850 feet deep, has been shown to have water of excellent quality, he added.

The new construction will include housing for a well pump that will be capable of 700 gallons per minute, installation of a new half-million-gallon tank reservoir and supporting buildings and equipment. HELCO will be installing a three-phase transmission line to the site.

While the new system will not service other areas, it will be connected to the existing system.

The North Kohala Community Development Plan calls for completion of the well and up-graded water transmission lines in order to protect Kohala from pump failures like those that occurred in Kona last year.

**Rodeo continued from Page 1**



Source: Tracey Figueroa

Trever Figueroa grips his steer by the horns in the chute dog competition.

kids bigger than me, it was words I can't explain. Hard work and putting your mind to it, you can accomplish anything. Now, I need to work harder to get to the next level." Congratulations, Trever!

Elijah Tabiolo qualified in boys breakaway roping and Tyler Van Zandt qualified in boys breakaway roping and boys goat tying. Both boys made good showings to post times in at least one of their go round runs.

Kaneesha Santiago, in her first full year of rodeo, qualified to Nationals as the Hawaii State Reserve Champion in girls goat tying. Santiago posted solid times each round of her competition to end 100 of 208 girls (noting 40-plus entrants posted 2 "no times"). Kaneesha shares, "My experience at Junior Nationals were awesome because I got to try new things that I didn't try before, like their goats. The new goat that they have is South Dakota.

Also, I never do carry the flag in Hawaii, so it was my first time carrying it in South Dakota. It was fun because I think I was the only one from Hawaii carrying a flag. The most fun part of this was making memories with new friends from South Dakota and from Maui and from Molokai ... It was a blast in South Dakota, and this is a good memory to save."

Every one of Kohala's Team Hawai'i Junior National Rodeo contestants traveled early to practice and adjust to borrowed or rented horses on the mainland. (Two Team Hawai'i members, Stetson Branco of Hilo and Chaya Gomes of Maui,

shipped their horses from Hawai'i to South Dakota. Branco placed in team roping performance and also made a showing in tie-down roping. Gomes placed two solid runs in barrels and poles.)

Coach Fern White shares, "The level of competition at Nationals can be overwhelming. Yet our Hawai'i junior high youth were able to make a nice showing. They also were able to increase their friendships with `ohana from other islands as our Team Hawai'i bonded through the week of performances and gatherings! I was able to cheer at every performance and watch all 16 Hawai'i contestants compete and represent our state!"

Created in 2004, the National High School Rodeo Association (NHSRA) Junior High Division was established to bring the excitement of the sport to sixth, seventh and eighth graders and to serve as a feeder system into the high school ranks of the Association. Junior High Division students compete in a variety of events including Barrel Racing, Pole Bending, Goat Tying, Breakaway Roping, Tie-Down Roping, Chute Dogging, Team Roping, Ribbon Roping, and Junior Bull Riding, Bareback Steer Riding and Saddle Bronc Steer Riding.

At time of this publication, high school National Finals in Rock Springs Wyoming will have ended. Kohala High 2019 graduate Dawstin Hoopai qualified and is part of the 18-member high school level Team Hawaii in Rock Springs, Wyoming July 14-20. Hoopai qualified with his record in tie down roping and team roping.

**Roots Skatepark Expansion Update**

As summer weather sets in, supporters and volunteers continue to give of themselves and their time to make something wonderful for the kids of Kohala. Very soon, we will be prepared for the first truckload of concrete that will begin taking the shape of our new expansion.

Brian Sandlin of Abstract Builders has led the project and patiently trained the volunteers in the art of skatepark construction. Finding elevations, heavy machinery operating, form carpentry and tying steel rebar have been the subjects imparted and the results are impressive.

Sandlin reports, "Every Sunday we meet up at the skatepark to teach and learn something new about what is involved with building a skatepark out of concrete. The volunteers take home new skills and a sense of pride in being part of something that will serve the community for years to come. It is a lot of hard work, but we make sure to have fun."

We appreciate the support from the community and encourage others to get on board, either with help on Sunday workdays for the physically able bodied or by making a donation to the construction fund.

For more information on how you can contribute to this Volunteer Community Project, please contact us at skate4roots@yahoo.com, on Instagram via @roots\_skatepark or feel free to text or call me, Richey Riggs, at 808-895-2909.

**Chess Club Meets at Library**

**What:** Chess Club  
**Who:** Community Chess Club  
**When:** Mon, Aug 5, at 5pm  
**Where:** North Kohala Public Library, 808-889-6655  
**Admission:** Open to all, free admission

The North Kohala Public Library is happy to invite everyone in the community to join the Chess Club. Do not miss your chance to partake in this fun and engaging game. Players of all skill levels are welcome!

*All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least seven days before the program date.*

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	<b>MLS # 622148</b> 3.25 acres land \$275,000 fs

**Kohala Ranch Meadows**

**Teri Takata** REALTOR (S), RS-76882 | 808.895.0188 | TeriTakata@HawaiiLife.com

## History of the Railroad in Kohala – Part 2

By Toni Withington

The story of the first railroad to run in Hawaii – here in Kohala – is being celebrated again in an effort to possibly convert all or parts of the old rail line into a pedestrian trail to honor Kohala’s role in the Hawaiian Kingdom’s reach for modern transportation. The formation of the railroad was covered in a story in the May edition of Kohala Mountain News. This continues the history to its end in 1945.

The history is just part of a draft report being prepared for the North Kohala Community Access Group and the non-profit Kohala Lihikai, designed to begin talk in the community about what can be the future of the railroad right of way. The draft, written by researcher Meredith Speicher of the Rivers, Trails and Conservation Assistance Program, a part of the National Parks Service, with the help of local historians, has been shared in presentations to several Kohala organizations, and is available for everyone to read. See the contact information below.

The report consists of extensive historical information and numerous maps showing the eleven segments of the 20-mile track between Mahukona and Niuli’i. It is a work in progress, with many changes already made and more to come before it is ready to publish, perhaps by the end of the year. Here are some excerpts:

While popular opinion remembers the railroad as one exclusive to the shipping of sugar cane, the railroad was built at the direction of King Kalakaua and his Minister of the Interior, Samuel G. Wilder. It was funded by the Hawaiian government and



Source: Mike Isaacs’ photo collection, donated to Toni Withington Mahukona and the early locomotive and track, c. 1880.

was for the transport of passengers, mail, cargo and government workers.

When the rail was installed in 1882, it was not connected to the sugar mills; it was meant to serve the purpose of moving goods and people. The railroad provided a new way for the sugar companies to get their sugar to port, from which it was then transported through Wilder’s shipping business. No real explanation was ever given as to why the railroad didn’t connect to the mills.

In January 1883, the railroad tracks reached the Niuli’i turnaround at the most eastern of the towns, nearly 20 miles long, almost 5 miles longer than a straight Mahukona to Niuli’i shot.

King Kalakaua’s visit to unveil the once-lost statue of King Kamehameha at Kapa’au in May 1883 turned into the Hawaiian Railroad’s grand ceremonial ride. His royal entourage was brought ashore at Mahukona with a royal salute by the ship’s guns. He brought with them the larger-than-life-size bronze statue of King Kamehameha I. The train arrived near the

Star Mill station. Ceremonies followed and the statue was mounted on a base in the yard of Ainakea School in Kapa’au. From then on, the teak passenger cars from London in which he and his entourage had traveled were named the Kalakaua Cars.

The Railroad ran makai of the towns. Merchants’ supplies depended on the port at Mahukona and transport by train. Store owners rushed weekly to the train stations to unload cars packed to the rim with their merchandise. However, one bad storm or one shipwreck canceled the delivery of fresh or new goods. Steamer days were huge events for the whole community.

In 1899, four of Kohala’s five sugar companies bought out the then-suffering Hawaii Railway Company. John Hind at Hawi Mill continuing his independence and did not join, as he continued to haul cane by road to Honoipu landing. The railroad went through a period of loss until 1912, when it surrendered control to Castle and Cooke, which immediately

offered Hind 45 percent ownership in the railway and a position as president. A new locomotive was bought, and prosperity returned.

The arrival of automobiles meant that passenger revenue dropped and was eventually phased out. Over the next years, three of the locomotives converted from coal to oil. The joint use of the Railway Company helped bring about consolidation of the plantations into the Kohala Sugar Company in 1937.

That year the Kohala Sugar Company laid spur tracks to the mills and some fields. This marked the first physical connection of the railroad to the sugar cane operations. With the outbreak of World War II in 1941, the port of Mahukona was closed by the military, and the railroad ran only locally until it came to a stop in 1945. Kohala Sugar Company decided to convert to truck hauling entirely, one of the first plantations in the Islands to do so.

More on the history and legal status of the rail easement will be shared in future articles. Many changes have been made in the original draft due to suggestions and input by local residents. Some of the suggested route shown in the eleven segment maps has shifted. Some of the history around the railroad’s founding during the time of the Bayonet Constitution has been expanded.

To get an updated copy of the report, email Meredith Speicher at [meredith\\_speicher@nps.gov](mailto:meredith_speicher@nps.gov) or call her at (808) 428-7044. If you wish to schedule a presentation about the draft report to a group or organization, contact Toni Withington at (808) 333-8866.



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## Book Discussion Group Explores Range of Topics Through Diverse Perspectives

Story and photo by Virginia Fortner

It was June 2011 when Janet Lam convened the first gathering of readers at the North Kohala Public Library. It has remained a priority the second Tuesday, 11:00 a.m. to noon, on many monthly Kohala calendars. Janet recalls a young girl named Amber giving her the impetus to start. When numbers were small after a few meetings, there was talk of discontinuing. Janet heard reader Susan Grant say, "Let's keep it going. It's nice to come together and talk about books." And it grew to today's average of between seven and eleven people, with the most meetings hosting fourteen people, never so many that anyone's ideas cannot be heard.

Unlike cohesive groups that form around commonalities, this group is made up of a diversity of ages, walks of life and reading interests. Janet likes that many do not "hang out together" or even know one another outside of the group. She cites Ray Schaffer, "a wide reader who loves Science Fiction and always has interesting takes on books," and Jack Tottle, "without whose recommendation we would probably not have read the memorable Hillbilly Ellegy." The group was so surprised by that part of the mainland's culture that they said they would love to travel to Bluegrass country with



A diverse group of people interested in reading and discussing new books meets at the North Kohala Public Library every second Tuesday from 11:00 a.m. to 12:00 noon.

him. Jan Pelmulder's suggestion of "Rocket Girls"—a story of women in WWII—and "The Hidden Life of Trees" brought unexpectedly lively discussion that continued in the entry after the group chose their next month's book and many departed.

Diann Wilson recently reported that "Life-Changing Magic of Tidying Up" still affects her shopping patterns. If a new item doesn't "bring her joy," she leaves it in the store. The group had decided to start the New Year by reading about "cleaning up the clutter in our homes." Diann

found it was also a book about "making choices about things and people" in her life.

The group usually displays acceptance and receptivity to one another's ideas and controversial opinions. Steinbeck's "Tortilla Flat" heard a few raised voices commenting on characters all the way from "lousy, no good drunks" to "loyal friends." "Hitchhiker's Guide to the Galaxy" and "Victoria and Abdul" also brought a variety of comments, likes and dislikes, and personal opinions. When David Grant suggested a detective novel, many reluctantly

agreed to read one of Lee Childs' many and found themselves liking Jack Reacher.

When retirement came for Janet as head librarian at North Kohala Public Library, she felt it was time to move on, except for the second Tuesday morning each month when the Book Discussion Group meets. She's there, making sure all voices are heard, summing up her own feelings about the month's book or author, and helping us choose the upcoming focus. We've tried reading plays, biographies, poetry, bestsellers, classics, romance, thrillers, science, fantasy, self-help, and many books by one author. This writer reads the Book Group's recommendation for the month, even when she can't get there for discussion. It is a personal stretch to read, then discuss, a book you normally would not pick up and—more often than not—unexpectedly find that you loved it.

Call the library for the next book selection and join us for a lively, honest discussion with people who like to read. "The Art Forger," July's mystery-focused selection, generated comments and questions about its art information, twisty plot and writing style. You can drop in and help the group decide on upcoming selections or stretch yourself to a new reading adventure.

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Letters

'Aha Hui Punohu 'Ula o Kohala na kupuna Council



Source: Gale Kuu'lei Perez

'Aha Hui Punohu 'Ula o Kohala na Kupuna Council was formed for the purpose of protecting our iwi kupuna (ancestral bones).



Source: Gale Kuu'lei Perez

Families of our iwi kupuna, along with Kumu Lorna Lim and Kumu Nalei Kunewa, presenting a ceremony that is proper protocol for laying to rest iwi that have been unearthed.

Aloha kakou and mahalo with regard to the unearthed graves of our iwi kupuna on the grounds of Kohala High School. The Ohana of the Iwi Kupuna held a ceremony in remembrance of not just those that were unearthed but for all ancestral graves to bring closure. It was a very touching moment and so we want to mahalo all those involved in laying to rest the ohana buried there.

Much mahalo to:

The construction workers and head manager of the work project. They assisted with the council's wishes to relocate a walkway and place a natural protective wall for the protection of iwi kupuna unearthed and future protection if and when others are unearthed.

Principal Janette Snelling, and

also to the Kohala High School staff, for allowing the council to communicate our desires and needs for the proper protocol ceremonies for burial and laying to rest our iwi kupuna. They were very accommodating of the ohana.

Kumu Nalei Kunewa for bringing cultural understanding as well as cultural values to the school staff. Our desire is that the students will be allowed to be educated so they will be able to embrace and have respect for those who had gone before us.

Archaeologist Ashton Dirks for his aloha and care since the discovery of our iwi kupuna and practicing proper protocol of protection until we were able to finalize plans.

Archaeologist Ben Barna, who joined us and the ohana in the final

ceremony of our iwi kupuna.

Kumu Lorna Lim for presenting the ceremony for our iwi kupuna final rest.

Kapaona Ohana, who came to kokua their ancestral graves.

PoePoe Ohana, who came to represent their iwi kupuna buried there. The council were able to locate some of the families of iwi kupuna buried on the grounds, which were once a cemetery, and some were able to join in the ceremony. They shared stories of what they remembered and recorded the events for our records.

Kupuna Council's kokua and mana'o for the education needed to bring awareness to the ohana and our community. Our iwi kupuna are the foundation of our aina. It is our kuleana (responsibility) to take care of our iwi kupuna for without them we would not be here.

Our prayers are that no iwi kupuna will be unearthed again. If in the near future there are more building projects, we pray plans be made with the awareness that many of our ohana are buried there on the grounds of the school and continual spiritual guidance for protocol be sought in the event iwi are unearthed.

Mahalo ia kakou,  
Gale Kuu'lei Perez  
Kupuna Council Coordinator  
808-937-6726

Hui Forming to Resist County-Sprayed Glyphosate

Dear Editor,

Many Kohala residents are becoming increasingly concerned about the spraying of glyphosate-based herbicides (such as RoundUp) that is still routinely carried out on public roads on the Big Island, including here in Kohala, in spite of increasing evidence that these substances are dangerous to human health.

These glyphosate-containing sprays contaminate ground water, seep onto our private property, and become airborne. There are now multiple official reports about the carcinogenic effects of these products, and there was recently a \$2.4 billion lawsuit for individuals who ended up with lymphoma from using RoundUp and other bio-inhibiting sprays. (See [www.organicconsumers.org/news/mon-](http://www.organicconsumers.org/news/mon-)

[santo-bayer-struggle-keep-growing-roundup-cancer-litigation](http://www.organicconsumers.org/news/mon-santo-bayer-struggle-keep-growing-roundup-cancer-litigation) for more.)

We have learned a lot recently about the very real dangers presented by the spraying of these carcinogenic weed-killers, and we are increasingly alarmed when walking our dogs in our neighborhoods or driving around the wider area to see that, in spite of the growing public concern about chemical weed control, it is still happening all over our beautiful North Kohala community.

We have composed a letter to submit to the County, explaining that the residents of Kohala are aware of these dangers, and to draw attention to the very real risk of being sued as a result of continuing this practice.

We hope that others in Kohala will be willing to show their sup-

port for this initiative, and we suggest that perhaps a coalition could be formed, to demonstrate to the county that this issue is significant to many.

We are certain that our letter will carry a lot more weight if it is signed by a cohesive group of concerned citizens.

We have confidence in the power of the people, but we also know that the people, historically, have been forced to generate that power through their own determination. We hope more Kohala residents will join us in standing up against this threat to the health of our families and loved ones.

All those interested in banning RoundUp are urged to contact me at [gentlesummer222@yahoo.com](mailto:gentlesummer222@yahoo.com).

It's time!  
Summer Edwards

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

August Deadlines

Ads and News: 8/9/19  
Sept Calendar: 8/16/19  
Distribution: 8/23/19

September Deadlines

Ads and News: 9/13/19  
Oct Calendar: 9/20/19  
Distribution: 9/27/19

*Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.*

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**Letters to the Editor and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.**

**For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.**

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**Kohala Mountain News**  
P.O. Box 639, Kapa'au, Hawaii  
96755

## Letters

### Golf Park Provides Bargain Access to Course

Great news! The volunteers for the Kohala Golf Park just celebrated the acquisition of a five-year lease for the land.

Previously, the lease was only two years. Now that we have been operating for about two years, the course is better than ever.

Recently there was a 13-minute video about the park. Entitled "The Best Golf in Hawaii," Episode 11, it can be seen on YouTube. This is exactly the kind of advertisement we need.

Even now, the park is attracting more and more players. I must confess that when I have been the only one playing golf, I felt like it was my own private course. A golfer's dream? Of course, no waiting or rushing – but it's not realistic.

We can't survive without players. Money is needed for the lease, equipment, mowing, gas, etc. All of the money we receive goes right back into the upkeep and improvement of the golf park. I visited and played at a nine-hole

course near San Francisco. It cost \$40 to play and \$22 to rent a cart. The fees at Kohala Golf Park are \$12 for adults (\$10 for seniors) and \$5 per 9 holes to rent the gas-powered golf cart. There is no charge for anyone under 16.

A high-priority goal is to improve the greens on each hole, with a project cost of about \$45,000. We are asking for donations, which can be given to the North Kohala Community Resource Center and are tax deductible.

Our community is so fortunate. We have Kamehameha Park with a huge field, a gym, tennis courts, a pool, a skate park and a golf course below the park.

Take advantage of these healthy activities, they are here for you to enjoy. We are hoping that the golf park will be here for many more generations.

For more information go to [kohalagolfpark.org](http://kohalagolfpark.org).  
Mahalo,  
Mary Lou Griesser

## Viewpoint

*Information and opinions expressed in viewpoint articles are the responsibility of the author and do not necessarily reflect the position of the Kohala Mountain News or its staff.*

### Upolu Airport Future Up for Discussion

By Jim Mann

Can more be happening at the Upolu Airport? I certainly think so. The important question is, should more happen there? And if so, what kind of aviation activity and business would be good?

The Upolu Airport Master Plan by the State Department of Transportation's (DOT) Airports Division suggests several possible uses, the most practical being centered around small general aviation activity.

This would include things like on-site flight training, an air taxi service, camping sites for visiting pilots

and skydiving. Glider-flying and local air tour operations are also possible. However, not much can come to pass without support services for the aircraft and pilots that would use the airport or base aircraft there. The necessary hangars, restrooms, fuel and such needed aren't likely to be built by the State DOT, but the organization is willing to support with ground leases, private individuals or business that could fund start-up operations.

I have proposed to DOT Airports (DOTA) Division to make improvements at the airfield by building a small hangar to start an aircraft

repair business. However, DOTA cannot move this project, or any future proposal, forward without the support of the community. More importantly, though, is whether the people of North Kohala want to see increased use of the airfield, what kind of vision the community holds for its future uses, and the kind of benefits and impacts those activities confer on the community.

To raise public awareness and to answer these questions, Hawai'i Airports District and I have arranged for a "talk story" to take place at the Kohala Intergenerational Center the evening of Thursday, August 8,

from 5 to 7 p.m. We want to invite everyone with an interest, concerns or questions to come and discuss the possibilities for the airport and how they would like to see the future unfold. Hawai'i Airports District staff will be there to present information, answer questions and address concerns.

Upolu Airport has played an important role in the history of North Kohala and I believe it can and should have an important role its future, but it is up to the people of North Kohala to decide what that future will be. We hope to see you there.

*The following essays come from Kohala Middle School students in Ms. Lauren Canton's Peer Mediation/Leadership class.*

*Every year, Ms. Canton challenges her students to address a school, community, national or global issue through essay-writing and community service. Students are tasked with first writing an essay on the issue so they can understand it better, then coming up with a community service project to take action to help solve the problem. The following are some of the student's work from this assignment.*

### Global Warming

By Tatiana Sugse

The issue I am writing about is global warming. I choose this topic because global warming happens everywhere in the world. I care about this issue because it can impact us humans on earth. I worry about my future and how it could affect my family.

Global warming affects many things and causes many things to happen, such as melting polar ice caps, drought, wildfires, destruction of coral reefs, increase of food prices, pollen allergies, melting mountain glaciers and much more. This issue impacts a lot of things, including

people, animals, houses, life and health.

In the Arctic, 400,000 square kilometers of sea ice is melting. Scientists predict that global warming will erase between 15 and 37 percent of plant and animal species. Scientists also predict that by 2030, Glacier National Park will have no glaciers left. Global warming also has an impact on weather. For example, according to NASA, 2005 was the hottest year on record. In addition, the hurricane in 2005 was a 100 percent increase in the strength and longevity of past hurricanes.

To address global warming,

people are notably reducing the amount of heat-trapping release they are putting into the atmosphere. We can reduce the use of fossil fuels, find alternative energy resources, recycle reusable resources, and plant some trees to help fight global warming. My ideas to solve global warming is to use less energy or use it efficiently. For example, we can switch our lamps from regular light bulbs to the energy-saving fluorescent lamps, and people could bike, walk, or use the bus from time to time instead of using your car. I would like to see many things change by people just doing these few ideas I came

up with. Personally, I can commit to using my lights in my house less and being more productive than going on my phone because phones use energy.

To sum up, I am Tatiana Sugse and I want to make a difference in the world. This essay is based on global warming and how it affects people and how we can help make a change. I hope for the future world that people, animals, plants, etc. can live peacefully. My message to you is... No matter if you care about life, earth, or the world, you should always be trying to help make a change for the better.

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## Littering

By Faith Alejandro-Cazimero

For my essay, I chose to write about littering because it is a big problem. All of the trash and plastic is harming our environment.

More animals are dying because they are getting caught in the trash in the water.

If we don't take care of the trash then our sea animals, mainly turtles, can possibly become endangered. I see lots of trash in my town that I live in, Kohala, and nobody tends to pick it up, mainly at the beaches.

This issue is around the whole world. For example, the issue of littering is a large problem in Japan. Japan hauls 236 million tons of waste annually.

This trash impacts our sea animals and people. They are impacted because our sea animals are dying from all of the plastic and trash in the ocean and on land, but mainly in the ocean. Sea animals are getting caught in the trash and they end up starving and then they die. The increased plastic waste on Hawai'i's shorelines is a really big deal because it is affecting our state's wildlife. The waste in the world is a growing problem. A great deal of plastic debris finds itself in massive garbage patches in the Pacific Ocean and it isn't good for the fish species in the ocean.

Here in Hawai'i, there is a serious trash problem. There are 57 tons of trash located on the northwestern Hawaiian Islands. Hawai'i continues to be plagued by trash and most of it is plastic.

There was speculation that Japan's 2011 tsunami brought a wave of debris to Hawai'i's islands. In 2015, Hawai'i's Department of Land and Natural Resources sent out a survey. The survey was conducted so that the group of people that did the survey could see how big of an impact the Japanese storm had on Hawai'i. But the survey

showed that the garbage didn't directly come from the Japanese tsunami and storm. It also came from people throwing all kinds of trash on the ground or directly into the ocean.

People in Japan seem to not care about the trash because they are not doing enough about it. They just keep building up the trash and they aren't doing anything to break it down. In my personal opinion, I think that they should create a big garbage disposal and clean up all the rubbish instead of killing the fish or any kind of species in the ocean and land.

They should have a "pick up rubbish day" and help out their city and towns to keep everything clean, so you can actually do things. As I grow older, I really want to see the trash clean up every year and eliminating trash instead of producing it. My plan to help is to write this article on how to help clean up trash up and to let people know how bad it is and how everything is so impacted by trash.

In conclusion, I want to let people know how bad the trash is and what it can do to people and our animals around the world. If we let the trash float in the water and everywhere else, it can cause big problems.

Our species in the water are dying because of all of the trash in our ocean. Our oceans are getting filled with trash and if it keeps getting filled, then we could possibly run out of fish and won't have fish to eat. Our waters would be unsafe to swim in. I really hope that people recognize all of the trash and help pick it up instead of leaving it on the ground. So, my message to you is to help our community and the world with the trash on our land and in our ocean because really bad things can happen if we don't take care of this right now.

## Smoking in Our Community

By Alyssa Ryder, Shalei Nicolas and Camille Fuertes

The issue that we are doing for our project is about smoking. We chose this problem because nowadays we notice that many people tend to smoke, especially teenagers. We are connected to this problem because some of our family members smoke and we also know some teenagers who smoke. This affects us because when they smoke cigarettes, we get the second-hand smoke. Smoking became something popular now that it is an electronic cigarette (mod, JUUL, pod, etc). They say that vaping is better because it has different kinds of flavor than a regular cigarette, but it also has bad effects that will cause your body to become unhealthy. But we believe that both types of cigarettes are not good for you.

This takes place in Kohala where we live. In Kohala, many people smoke and it affects non-smokers. This problem usually occurs in public places or in homes.

Smoking impacts many people, especially children, because of second-hand smoking. They are impacted because when people smoke, it blows into children and it can go into their lungs and it can cause lung cancer.

The current situation with smoking is that it is the leading cause of preventable disease and death.

There are about 480,000 deaths every year caused by smoking. The current situation with vaping is that e-cigarettes containing nicotine are linked to increasing the risk of heart attacks and stroke.

Someone also decided to do a test to see how bad smoking can be to your health. After 30 minutes of smoking, that person had a big increase with his blood pressure due to e-cigarettes.

Some solutions that people have is a hotline for teens to call if they are addicted to vaping and nicotine. The hotline is called True Initiative. They have a kind program that offers support. Teens who text "QUIT" to (202) 804-9884 will receive messages that offer them assistance and guidance resources. This hotline will be very helpful to teens that are addicted and need help to quit. If you know someone who needs help, tell them to text this hotline.

In conclusion, smoking is not a good idea no matter if it's a cigarette or a device. Yes, it may seem cool, but it has a lot of effects on us. If anyone tries to talk you into smoking, you should think about it clearly. And if you know or see someone smoking, tell them it's bad for them and why you shouldn't smoke.

We prefer not to, but some people do have their own opinions. So, we're telling you now: DON'T SMOKE!

## Keep the Sea Plastic-Free

By Dazlynn Perez-Rivera

Did you know that there is an estimate of 18 billion pounds of plastic waste that enters the world's ocean from coastal regions? There are plastic straws that have been going into turtles' nostrils.

Each one of us can make a difference.

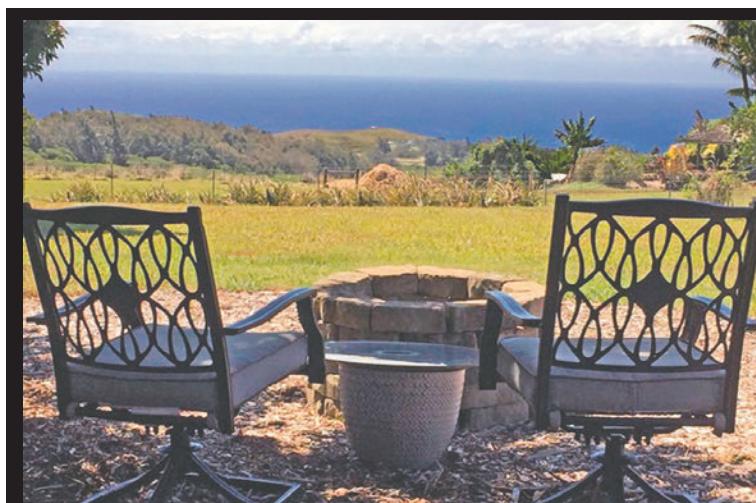
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# Hawai'i State House of Representatives Update

From the Desk of District 7 Representative David Tarnas



Source: David Tarnas

Hawaii State Representative David Tarnas (left), Kohala High School student Grace Todd and Canada-France-Hawaii Telescope Executive Director Doug Simons. This summer, Todd will be conducting research on magnetars using the CFHT telescope, a project made possible by her proposal written in Ms. Fern White's STEM Writing course.



Ms. Fern White (left), Grace Todd and Representative David Tarnas.

## Rising Stars in Kohala Under the Maunakea Scholars Program

Grace Todd, a rising Junior at Kohala High School, has a passion for astronomy.

"I like to go outside and gaze at the stars," she explained, "and it gets you thinking about what else is out there."

This year, in Ms. Fern White's Science Writing class, Grace discovered an interest in magnetars, a special sub-class of hyper-magnetic neutron stars which are, she explained, one of the least-understood objects in the universe.

Over a series of nights this summer, the Canada-France-Hawaii Telescope (CFHT) will be pointed at a magnetar more than 10,000 light-years away, taking photos that will allow 15-year-old Grace, with mentorship from expert astronomers in Hawaii and Canada, to conduct a unique, leading-edge research project.

The opportunity comes through Maunakea Scholars, a nonprofit outreach program hosted by CFHT, in partnership with the Maunakea Observatories, the University of Hawaii, the State Department of Education and 'Imiloa Astronomy Center. The program provides opportunities for students at Kohala, Honoka'a and Kealahou High Schools, as well as nine other public schools across the state, to learn from astronomy experts, visit the Maunakea summit telescopes and potentially even be awarded

telescope viewing time to execute their own projects.

The opportunity for high-school students to use the world-class telescopes on Maunakea to address their curiosity is unique in the country, perhaps in the world.

Towards the end of the school year, I had a chance to meet with Grace Todd; her teacher, Ms. Fern White; and Doug Simons, the Executive Director of the Canada-France-Hawaii Telescope. Ms. White is such an inspiring teacher, and I was very impressed by Grace's knowledge and enthusiasm for her research.

Mary Beth Laychak, who coordinates the Maunakea Scholars program at CFHT, explains that the students' projects bring a fresh perspective to astronomy.

"Think outside the box' only applies if you initially have a box," she said. "The students don't - because they're new to studying astronomy, they look at the topics differently." Grace's project, for example, combines two fields of astronomy which are usually considered separately: the end a star's life, and its effects on nearby planets.

Grace wrote her 10-page proposal, "Impact of Magnetars on Earth," as part of Ms. Fern White's STEM (science, technology, engineering and math) Writing class at Kohala High, an innovative, project-focused and student-interest-driven course.

"I was impressed and intrigued

by the depth of Grace's incredibly well-written proposal," said Doug Simons, whose role supporting Maunakea Scholars includes reading students' proposals and selecting telescope-time awardees.

Magnetars, Grace explained, have the strongest magnetic pull in the universe - so strong that any molecules in their vicinity are wrenched apart. Her project examines a particularly powerful magnetar called 4U 0142+61, within the constellation Cassiopeia. Over the next six months, CFHT's 340-million-pixel MegaCam imager will record images of the magnetar, which Grace will examine for variability in the magnetar's brightness, to learn about the disk of material in the magnetar's orbit. According to the Canada-based expert advising Grace's project, this could be a publishable finding.

The Maunakea Scholars program is integrated into a variety of different programs at participating schools. At Honoka'a High, for instance, the program is offered through the school's astronomy club. Two proposals from the Honoka'a class, by Kaitlin Villafuerte and partners Megan Villafuerte and Gretchen Silen, have been awarded telescope time to study Pluto's chemical composition and changes in its temperature as it orbits the sun.

At Kealahou, the program is part of the STEM Academy. Last year, three groups from Kealahou were awarded telescope time on Maunakea to carry out their proposals, and all three presented their results at the State Science Fair.

Simons said he ultimately hopes to expand the Maunakea Scholars program to every public high school in Hawai'i. The program, he said, is both inspiring and humbling. "Many of these students have never had this kind of opportunity before," he explained. "Having their ideas validated is really powerful."

"Many students have told me it rekindles a love of science that they had as keiki," Mary Beth Laychak agreed. "We want to shine a light on the exceptional students who attend our public schools."

Grace, who is interested in studying astronomy or biomedical engineering in college, says she didn't expect her initial magnetar research paper to develop into a telescope project, and she is excited for the research ahead.

Through a Hawaii Community Foundation grant, Maunakea Scholars is now hosting a dual-credit online astronomy program: students can take an expert-taught astronomy course to earn credits that apply to both high school and the University of Hawaii. The program aims to have this class option available at all Big Island public high schools by next spring.

Mahalo to CFHT; Maunakea Observatories; and the many teachers, mentors and partners that make the Maunakea Scholars program possible. And congratulations to Grace, Kohala's own telescope-time awardee! I look forward to learning what she discovers about 4U 0142+61 and what that means for our understanding of magnetars across the universe.

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## County Council Update

From the Desk of District 9 Councilmember Tim Richards



Photo courtesy of Tim Richards  
Councilmember Tim Richards represents North Kohala as part of Hawai'i County Council District 9.

Due to the County of Hawai'i not having a composting facility program in place, and since we were no longer accepting various plastics as recyclables, effective February 2019, products originally allowed under the new ordinance were then disallowed.

This part of the recycling change occurred when the offshore company taking our plastics terminated its recycle program. Both of these important factors made the "recyclables" no longer applicable as provided in Bill 13, Draft 4, and needed immediate amending. Because of the changes in the availability of recycling, thus the definition of "recyclable," the unintended consequences of the original ordinance would have made some of the packaging ongoing in our county of milk and some candies and cookies non-compliant.

Bill 74 was then crafted to clarify various definitions, the findings and purpose and elaborating on one exemption within the code. It was purposeful that the polystyrene foam or "Styrofoam" clause and the effective date of July 1, 2019 was left untouched and intact. Definitions amended included disposable food service ware, prepared food and recyclables. Bill 74, Draft 2 successfully passed its final reading on July 8. For more information about this bill and/or other recyclable materials being accepted by the County Department of Environmental Management, please go to their website: [www.hawaiiizerowaste.org](http://www.hawaiiizerowaste.org)

### Parks & Recreation

We have been holding regular meetings with Parks and Recreation (P&R) Director Roxie Waltjen and Deputy Director Maurice Messina to discuss the P&R facilities in District 9.

In North Kohala, the Old Judiciary building has new carpet! Last year, a request for funds to put carpet in the judiciary building to improve the acoustics and thus usability was made. At the end of last fiscal year, I was able to find enough contingency funds to get the carpeting done. I look forward to this improvement helping everyone.

**Hisaoka Gym:** The handrail plans for the bleachers should

FINALLY be coming close to fruition. The maintenance crew has been given the go-ahead to measure and manufacture railings to adapt our bleachers for our senior citizens who need just a little help. This has been assured to me to be very soon, so stay tuned!

**Mahukona Park:** This is one of P&R top priorities. The focus of the conversation revolved around the pavilion or, more importantly, the (now) lack of one. That is a very old facility and needs replacing. During the budget process, I was able to get re-authorized the Capital Improvement Plan (CIP) Budget of \$2.5 million. Though this is approved, this is not a funded project yet. To accomplish and seek funding, I am working with P&R and Finance. Nothing is definite as of yet, but a couple of possibilities have recently

presented themselves. I will continue to work on finding a solution.

### Roads

**Hawi Hill:** Recently the State did work on this road in Kohala. My office has received several calls about this not being up to par. Though this is a State road, I looked into it and have been told by the State highway engineer for our island, Donald Smith, that the State has not accepted the job that was completed and are working with the contractor to resolve the issues.

Late summer/early fall I am planning to host "Town Hall" meetings in Waimea, Kohala and Waikoaloa. This will be another way to get out to the constituents and get questions and concerns addressed.

As always it continues to be a great pleasure to work for all of our people of District 9!

Aloha! Once again, it is time for the monthly update from our office.

### Polystyrene Foam Food Container and Food Service Ware Reduction – Bill 74 Amending Ordinance 17-63 (Bill 13, Draft 4)

On September 20, 2017, the then-sitting Hawai'i County Council passed Bill 13, Draft 4, entitled "An Ordinance Amending Chapter 20 of the Hawai'i County Code 1983 (2016 Edition, as amended)" by adding a new Article relating to "Reduction of Polystyrene Foam 'Styrofoam' Food Containers and Food Service Ware," which had an effective date of July 1, 2019.

The effective date was purposely chosen to provide the food industry ample time to implement alternative food service ware.

Fast-forward to March 2019. The food industry reached out to Mayor Kim, who then looked to me for help in finding some latitude so the food industry could become compliant with the new law.

After discussing their concerns with our County Director of the Department of Environmental Management, it was evident that an amendment to Ordinance 17-63 (Bill 13, Draft 4) was required. Under the original ordinance, businesses had to use "recyclable" products for food services. "Recyclable" was defined as products the county would accept for recycling.

## Jewelry Class for Teens

What: Jewelry Class for Teens  
Who: Sid Nakamoto and Gail Ching-Lee  
When: Monday, Aug 12, at 5 p.m.  
Where: North Kohala Public Library, 808-889-6655  
Admission: Open to all, free admission

Attend a special jewelry making class for teens. Jewelry artists Sid Nakamoto and Gail Ching-Lee will demonstrate a simple and beautiful jewelry design. Materials will be provided for participants to create their own jewelry piece.

To register for this activity, please call the library at 889-6655.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least seven days before the program date.

## Nā 'Imi 'Ike

What: Hawaiian Language Class  
Who: Jesse Lucas  
When: Thurs, Aug 26, at 3:30 p.m.  
Where: North Kohala Public Library, 54-3645 Akoni Pule Hwy, 808-889-6655  
Admission: Open to all, free admission

Nā 'Imi 'Ike is an 'Ōlelo Hawai'i study group. All ages and skill levels are welcome! Our goal is to create a group of motivated learners in North Kohala who will support each other toward fluency in the Hawaiian Language. Please join us.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least seven days before the program date.

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## Upolu Airport: Past, Present and Future?

By Jim Mann

Situated at the far north end of the Big Island, Upolu Airport began by executive order of the Territorial Governor, with a land area of approximately 37 acres. Its location, as close to the nearest neighbor island as you could get, likely reflects the popular degree of confidence in early aviation. It was, after all, only 1927, barely 20 years since the Wright Brothers' first powered flight. Two years later, in 1929, the Governor added an additional 57 acres to the location, which by then was under the authority of the recently formed Territorial Aeronautics Commission. Blueprints for the new Upolu Aeroplane Landing Field at North Kohala were soon secured.

Originally under the control of the War Department and an outpost for the U.S. Army Signal Corps, the Army named the expanded site Suiter Airfield, after the American airman Wilbur C. Suiter, who had served with honors in the French theater in World War I. Agreements for commensurate civilian use of the airport date back to 1928, with the first commercial inter-island flights being made in 1929 by Inter-Island Airways, later to become Hawaiian Airlines, using amphibious airplanes. Only during World War II, when a simulated aircraft carrier deck was constructed at the site, complete with arrestor cables and catapult, were commercial operations suspended. During that time, the airport played a vital role in qualifying aviators for aircraft carrier service prior to being deployed. Regular passenger service would begin again in early 1947, when the military returned control of the airport to the Territorial Government.

Heavier airplanes and intensive use during the war had taken a toll on the airstrip. In 1947, with control of the airfield returned to the Territory and placed under the authority of the Territorial Department of Public Works, problems with the hasty runway improvements made by the Navy prompted consideration of closure of the airfield.

However, after speaking with the air carriers who used the field, the Superintendent of the Territorial Department of Public Works declared, "The airport has unusual



Upolu 1929, as the landing field appeared when it was first established. Source: <http://aviation.hawaii.gov>

importance as an emergency field on the line of flight from Honolulu to Hilo. An additional factor for consideration is the importance that the airport will have in encouraging private flying." He recommended to the legislature to undertake repairs and legislature agreed. By 1948, Upolu Airport was sporting a newly paved 4,000-foot runway, second in size (on the Big Island) only to Hilo.

With advancements in aircraft range, capacity and reliability, post-

war aviation in Hawaii boomed and regularly scheduled service throughout the Islands was established. By the early 1950s, North Kohala was served by two regular airlines and Upolu Point was considered the only airport other than Lyman Field in Hilo to be suitable for scheduled service on the Big Island.

Due in large part to the poor roads and therefore an arduous three-hour journey to Hilo, it was no surprise the people of Kohala



Inter-Island Airways serviced Upolu Airport with the Sikorsky S-43 aircraft. Source: <http://aviation.hawaii.gov>

opted for the convenience of air travel. With Honolulu to Hilo route stopping at Upolu both coming and going, the airport saw over 14,500 passengers during 1947, when post war air travel resumed, and averaged nearly 12,000 passengers annually through the mid-1950s.

In 1956, a new runway and terminal building at Kamuela was completed and expected to relieve some traffic from the Upolu Airport. Its runway deteriorating as the result of poor drainage and in need of costly repairs, the bustling little airport was up for closure again. This time, a public meeting was held at the Kohala Courthouse, which saw the people of Kohala rally behind the airport. Those who spoke at the meeting were unanimous in their desire to keep the airport operational. The Hawaii Aeronautical Commission subsequently budgeted money, repairs were made, and regular air service remained until the last scheduled flight by Royal Hawaiian Airlines in 1986.

After the loss of scheduled service, use of the airport diminished greatly. Over the intervening years, regular maintenance and repairs were made to the runway but little else. Time wore away at the old terminal building and boundary fencing as the airport fell into disuse. The open flat of the seemingly unused runway environment proved all-too-attractive, and motocross and ATV riding became a primary recreation on the old airport grounds. Security and liability concerns prompted many efforts by the Hawai'i Airports District in Kona to try to curtail the unauthorized activity happening there. Continuous fencing repairs, regular security details and, at one point, even a full-time security guard failed to rein in the abuses. Not until the State looked again to the people of North Kohala did the situation change.

Working with local community groups, Hawai'i Airports District staff undertook the restoration of the grounds with the help of young people from the community. Planting landscaping, repairing erosion and making signage, the young folks took on the responsibility of reclaiming the airport and treating

**See Upolu, Page 10**

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- Loss of meaning and purpose
- Transitions across the lifespan
- Grief and loss

## Writers Critique Workshop Coming to Library



Susanna Moore will be leading a workshop at the library on how to critique written pieces.

Story and photo by Diann Wilson

All writers can benefit from using outside checks and balances to ensure that their writing is the best it can be.

Critique groups can help you see problems in your work that you don't see yourself. They can help you improve your writing by evaluating, pointing out errors and encouraging you to continue to improve.

The Hawaii Writers Guild is sponsoring a workshop on writing critiques on Monday, August 26, at 6 p.m. at the North Kohala Public Library. In this workshop, participants will both observe a critique and have the opportunity to practice critiquing.

Published author Susanna Moore will lead attendees through

a critique of short pieces written by members of the Hawaii Writers Guild. Members of the audience will also be able to add their critiques.

Susanna is the author of several books, including "One Last Look," "The Big Girls," "Light Years" and "Paradise of the Pacific: Approaching Hawai'i." She served as a writer-in-residence at the University of Adelaide, Australia, and was a visiting fellow at Princeton University. She is currently a resident of Kapa'au and a member of a writing critique group in Hawaii.

Writers of all levels of experience are encouraged to attend. Information about local critique groups will also be provided. The pieces that will be critiqued can be picked up in advance from the library desk.

landing a small plane and some days can humble even highly experienced pilots. More recently, skydiving has been taking place there. When the conditions permit, parachutes can be seen popping open over the field as visitors are drawn north to experience the beauty of the Kohala Coast and the thrill of freefall.

Some folks wonder whether more could or should be happening at the airport, given its rich history. This author believes so, and I expand upon my thoughts in the Opinion section of this issue.

## 'Ōlelo Hawai'i

### Kau and Ho'olio

Hawai'i has two predominant seasons, kau (summer) and ho'olio (winter). During kau, the weather is usually wela (hot), as opposed to ho'olio when it is anuanu (cold). We are now in the midst of another season, hurricane season. One can expect a lot of ikiiki (humid) and ua (rain) weather during this time.

## Writer Workshop with Susanna Moore

What: Writer workshop  
Who: Susanna Moore (sponsored by the Hawai'i Writers Guild)  
When: Monday, Aug 26, at 6 p.m.  
Where: North Kohala Public Library, 54-3645 Akoni Pule Highway, 808-889-6655  
Admission: Open to everyone, free admission

critique and have the opportunity to practice critiquing. Susanna Moore, author of eight books, will lead us through a critique of short pieces written by members of the Hawai'i Writers Guild. The pieces to be critiqued can be picked up in advance at the circulation desk.

Writing critique groups can help you see problems in your work that you don't see yourself. In this workshop, participants will observe a

*All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least seven days before the program date.*

## Dr. Ardolf Speaks at International Conference

Dr. Deborah Ardolf recently returned from speaking at the International Society of Molecular Medicine, held this year in Vancouver, British Columbia, Canada. The organization had asked her to speak on immunotherapy using autologous molecules. She was happy to do so and pleased to be around so many like-minded individuals. All the speakers in this three-day conference were researchers or physicians from all over the world who think outside of the box to develop more effective methods of treating illnesses that plague our nation. This year the conference focused on cancer, addictions and immunology.

New knowledge has been acquired in all of these areas. For example, the human liver contains an enzyme that kills cancer cells. It is allowed to function normally when we consume specific organic, non-GMO fruits and vegetables

(salute to our organic farmers), avoid certain medications, and don't overdose on resveratrol. Once considered a natural anti-aging supplement, now researchers have discovered that in dosages over 50 grams it becomes ineffective at fighting cancer cells.

In the addiction world, high-dose vitamin C – which needs to be administered intravenously – is effective at minimizing withdrawal in as little time as one week. Research published 50 years ago is now resurfacing, given the prescription opioid addiction crisis we have today.

As Dr. Ardolf prepared for her immunology talk she realized the Kohala community may also appreciate learning more about autologous immune treatments. She will be speaking at the Kohala Public Library on August 19 at 6 p.m. All are welcome to come and learn more.

### Upolu , continued fom Page 9

it as an important community asset. The respect for their efforts became obvious when the persistent problems, which Hawai'i Airports District staff could never successfully stop, ceased.

Even though no scheduled airlines are likely to land there again, the airport still sees some regular activity. Used by local flight schools and pilots, it is a favorite field for training.

Strong trade winds and accompanying wind shear and turbulence can make it a challenging field for

### Hapu'u Bay Acreage

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## Kohala Sports

### Kohala Boys Basketball Gears Up for Las Vegas Tournaments



Credit: Coach Reeve Cazimero

Kohala Boys Basketball will be traveling to Las Vegas for two tournaments.

Back row (left to right): O'shen Cazimero, Molonai Emeliano, La'akea Kauka, Issac Jardine and Moses Emeliano

Front row (left to right): Logan Neves, RJ Solmerin, Koby Agbayani and Kasen Mehau

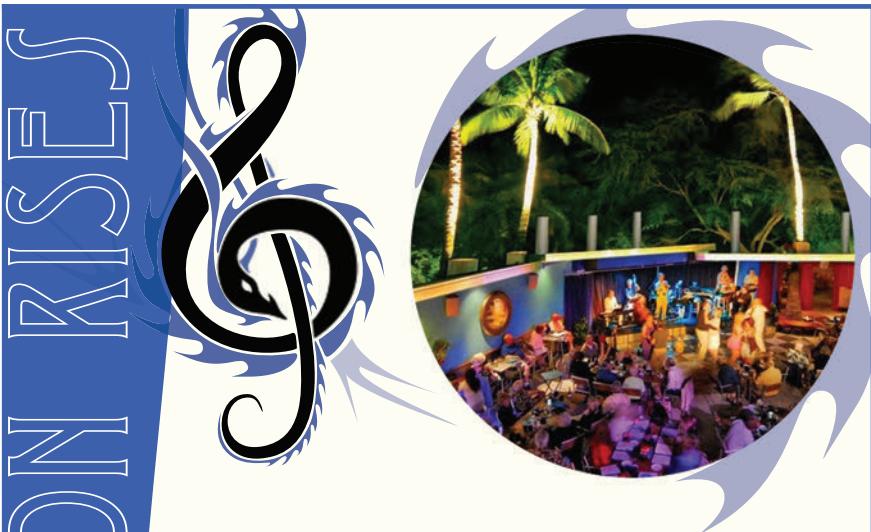
The Kohala Boys Basketball traveling team will be going to the American Athletic Union (AAU) Jam On It Las Vegas Classic and Jam On It Grand Finale under Team Shut D.

They will be playing in both tournaments in Las Vegas in the ninth-grade division. The Jam on it Classic will be July 16-18 and the Grand Finale will be from July 19-21, both held in the Las Vegas

Convention Center.

I just love watching these kids play ball and have ever since my first game last year in the Hisaoka Gym. When I see that their name is Team "Shut D," it makes think of the old saying my coach used to make us chant every practice, "Offense entertains, defense wins the game."

Go get 'em, shut 'em down and show 'em how Kohala plays "D"!



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## WEEKLY EVENTS IN AUGUST 2019

DAY	START	END	EVENT	VENUE	CONTACT	
MON	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM		KOHALA SENIOR CLUB MEETING	CIVIC CENTER	895-2094	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404	
	3PM	3:45PM	CAPOEIRA - 3-6 YEARS	HUB BARN	889-0404	
	4PM	5PM	CAPOEIRA - YOUTH	HUB BARN	889-0404	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025	
	7PM		AL-ANON MEETING WITH LAURA	KOHALA MISSION SCHOOL		
TUES	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM	10:30AM	CHAIR YOGA	INTERGENERATIONAL CENTER	889-0583	
	9AM	10:30AM	TAI CHI	HUB HALE	889-0404	
	9AM	11AM	TODDLER PLAYGROUP AGES 1.5 - 3	HUB CLUB	889-0404	
	10:30AM	11:30AM	ALTAR YOUR YOGA	HUB HALE		
	2:45PM	3:30PM	KEIKI BALLET 3-7YEARS	HUB BARN	889-0404	
	3PM	5PM	SCRABBLE FOR TEENS & ADULTS	NORTH KOHALA LIBRARY	889-6655	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	INTRO TO CERAMICS & OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	6:30PM	7:30PM	BELLY DANCING - TEEN-ADULT	HUB HALE	889-0404	
	WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
		8:30AM	9:30AM	PILATES PLUS	HUB HALE	889-0404
		9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
9AM		10:15AM	TAI CHI	HUB HALE	889-0404	
10:30AM		3:30PM	HARMONY EDUCATION OPTIONS DAY	HUB HALE PONI	889-0404	
1:30PM		3:30PM	AFTERSCHOOL LEGO® CREATIONS	NORTH KOHALA LIBRARY	889-6655	
2PM		4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	783-1158	
6PM		6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025	
6PM		7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM		
7PM			ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE ROAD	889-6703	
THU	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
	9AM	11AM	TODDLER PLAYGROUP AGES 1.5 - 3	HUB CLUB	889-0404	
	10AM		QIGONG	KING KAMEHAMEHA PARK	530-277-8756	
	10:30AM	11:30AM	ALTAR YOUR YOGA	HUB HALE	889-0404	
	4PM	5:30PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404	
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966	
	5:30PM	8:30PM	CERAMICS - GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404	
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099	
	7PM	8PM	NARCOTICS ANONYMOUS	WYLIE HALL	498 4714	
	FRI	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404
		9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
10AM		10:30AM	PRESCHOOL STORY TIME AGES 2-5	NORTH KOHALA LIBRARY	889-6655	
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675	
SUN	9AM	10:30AM	YOGA WITH JAN - BEGINNER	HUB HALE	889-0404	
	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET		
	10AM		WEST AFRICAN DRUMMING CLASS	LAVARROOTS PAVILLION	987-4243	
	10:30AM	12PM	YOGA WITH JAN - INTERMEDIATE	HUB HALE	889-0404	
	11AM	12:30PM	WEST AFRICAN DANCE CLASS	LAVARROOTS PAVILLION	987-4243	
	4:30PM	5:30PM	TANGO - BEGINNER	HUB HALE	889-0404	
	5:30PM	6:30PM	TANGO - INTERMEDIATE	HUB HALE	889-0404	
	6:30PM	7:30PM	REFUGE RECOVERY	CLAY COTTAGE	889-0404	

EMAIL WEEKLY CALENDAR LISTINGS TO: [kohalacalendar@gmail.com](mailto:kohalacalendar@gmail.com)

## Kohala Sports

### Solar Boat Races Make A Big Splash



Photo by Marcus Douglas

Official volunteer race timer, Kelvin, watches and waits for Madie Buczyna and Nu`utea Kahanau with their decoratively designed vessel named "Hawaii Aloha."



Photo by Marcus Douglas

Simone Kolly and Jaycie Chilton teach the preschool kids all about how they built their solar boat. They are very specific in how they explain and show every detail of their work.

### 2019 Kohala Filipino Festival

The Kohala Filipino Club will be hosting the Kohala Filipino Festival in front of the gym at Kamehameha Park on Saturday, October 19, from 10 a.m. to 3 p.m. The community is invited to come celebrate and enjoy Filipino food, entertainment, fashion and more. The Filipino Club will also be honoring the elders of Kohala. Please contact Shirley Garcia-Nakamura at (808) 756-0188 if you are interested in participating with a food, craft, display or demonstration booth. We hope to see you at the Festival!

The HELCO (Hawaii Electric and Light Company) annual island Solar Boat Races occur every year at schools all over the island. HELCO supplies teachers and their students with free hands-on science materials to power their vessels. Students work in teams with their teachers and mentors to design, test, redesign, test and race against other kids.

"loves to challenge herself" and that "this was a great opportunity that the teachers and HELCO provided."

The entire event was a real success. Thank you to all the volunteers, parents, kids, teachers, and especially HELCO for supporting the Solar Boat Race event.

The fifth-grade teachers at the school organized the event to teach kids science and the scientific method while also learning about engineering, design, problem-solving and energy conservation. One parent mentioned that she had "never seen her kids so engulfed in their school work." Another volunteer timer noted that her daughter

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# Kohala Sports

## Archery Closes Out a Great Season



Credit: Jarred Miyamoto

The 2019 North Kohala Archery Team  
(Back row, left to right) Coach Jay Vega, Kalae Nicholson, Joaquim Souza and Coach Tiana Miyamoto  
(Front row, left to right) Shea Lafferty, Jon Luke Prentice, Josh Quinn, Zalea Douglas, Kara Miyamoto and Ari Miyamoto

The North Kohala Archery Team just closed an amazing season with a great tournament in Hilo. Coach Tiana thinks that "archery is a great way to be active." She worked for a grant to supply all the bows and archery equipment needed to start a great program at Makapala Camp for the Kohala kids and young adults. Kids of all ages participated in the end-of-the-season Fun Shoot Archery Tournament event in South Hilo in early May. Josh Quinn, Kohala High School tenth grade student, said, "I love archery. I won \$10 simply by shooting the bill while it was pinned to a target," which I hear from Coach Tiana was only "about 40-meters away." Simply, Josh? Simple shot for you, maybe. A home-schooled student

from Kohala, Ayla, says that her mother, Coach Tiana, is the "best coach ever."

The Hilo Tournament was the perfect venue for Coach Tiana to show her students that all kinds of people love archery in Hawai'i. The Makapala team is very diverse in that the kids have all ability levels. According to Coach Tiana, "to see them, out there, on that hot day, doing as good as they were, I was impressed." Another parent, Alexandra Douglas, said, "It was so very hot in the open sun. The kids persevered and had so much fun." Sounds like the kids were pretty excited to show their skills to their fellow archers. Way to go Makapala Archers! Thank you for an inspiring season.

## Kohala Sports Family Focus The Bizuneh Family of Hawi



Source: Fasil Bizuneh

(Top right) Leah Bizuneh takes 2nd Place the Plank Competition at the 2019 Kona Marathon Awards Ceremony.



Source: Fasil Bizuneh

Kohala Middle School math teacher Fasil Bizuneh runs the Hilo Salute to Our Veterans in Queen Liliuokalani Gardens on July 4, 2019. He completed the 5k race in 16:50 to take home third place.

Meet the Bizuneh Family of Hawi: Leah, Fasil, Mary Coco and Moges Makai Bizuneh. The Bizuneh family has long celebrated a spirit of competition and exercise in Kohala as a family and as individuals. Leah Baggao grew up in North Kohala with her father and local plumber Kal Baggao. Fasil moved here shortly before they got married in May of 2013 to raise their children in the splendor and safe shoals of

Hawaii. Fasil Bizuneh, a math teacher with an undergraduate degree in chemical engineering, instructs at Kohala Middle School and he is a former professional runner. He competed in races all over the world representing New Balance and Powerbar. Believe it or not! He coaches soccer at Kohala High School right here in Kohala. Leah, a part time personal assis-

tant, is currently studying acupuncture and as the mother of two, keeps busy with the little ones.

The Bizuneh family is filled with athletes and they all enjoy playing soccer, riding bikes, swimming and exercising together. Fasil says that "Leah and I both prioritize maintaining an active lifestyle as a way

to ensure the physical, mental, and emotional stability of ourselves and our children. Sports are also a great way for my family to spend positive quality time together."

Thank you so much, Fasil and Leah, for sharing your mana`o with all of us in North Kohala.

**See Bizuneh Page 15**

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## Kohala Sports

Bizuneh continued from Page 14



Source: Fasil Bizuneh

The Kona Marathon 5k winner's podium (left to right): Cody Ranfranz, 19, from Kona and currently attending Montana State University (3rd place, 18:21), Fasil Bizuneh, 39, Kohala (2nd place, 17:41), Jonathan Buck, 17, of Flint, Michigan (1st place, 17:34).

### Kohala Kupuna Softball Teams Compete in The Big Island Tournament

Kupuna Softball has been played in the State of Hawaii for decades. The Big Island has always had more teams than any other island, currently twenty-three.

Kohala has two teams: Kohala Seniors and Local Boyz.

From late January through the end of April, teams played each other in a scheduled double-header on Saturdays.

To reduce the amount of travel, teams on the East Side (Hilo through Honoka'a) play each other, as do teams on the West Side (Kona through Waimea and Kohala).

The resulting standings of the first portion determine which of the three Big Island divisions a team will be placed in for the second portion of the season (May and June).

Those with the best record com-

prise Division 1, the next, Division 2, and the poorer records in Division 3 and 4. Kohala Seniors with a record of 16-4 were placed in Division 1, Local Boyz with a record of 6-14 in Division 3.

The Big Island Tournament was held in Hilo on July 1-11. Teams were seeded based on their combined records season-to-date. Pomaika'i from Hilo won the top Division.

Kohala Seniors in Division B, defeated Waiakea Seniors, lost to Ku'ikahi, and beat Jackie Rey's to take third place in that division.

Local Boyz, in Division C, defeated Pu'ukapu and Black Lava Vape before losing to Kuaaina in the championship for that division.

Both Kohala teams will play in the State Tournament in Kona August 6-8.

### Kohala Summer Pool Program

The North Kohala Community Pool is a constant place of positive energy, action and relaxation for many residents. The pool offers many types of activities, from free swim to guided swim classes. Swim lessons are now being held at the Kohala Pool through July.

Also, Monday, July 29, at 4:00 p.m. is Novice Swim Team (5-17 years old) tryouts. County-run program splits swimmers into age groups, which then compete against other novice swimmers from pools across the island. Novice Swim

Team runs from August 5 through October 19. Inquire at the Kohala Pool Monday-Friday 10 a.m. to 5:30 p.m. or by phone at 808-889-6933.

To brush up on safety tips to remember when near water, visit:

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety/swim-safety.html>

Pool Rules and Regulations, including pool sanitation and safety requirements, can be found at <https://health.hawaii.gov/san/files/2013/05/11-10.pdf>



Credit: Marcus Douglas

Grandparent Marcy Davis joins professional lifeguards (left to right) Spencer Coakley (1 year), Ashlynn Kaiamakini (3 years) and Lisa Nahuina (5 years) in watching over Maddie Jessop (left) and Paul "Tub Tub" Griffin, Jr. Gi Gi always watches her kids closely at the pool from above.

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Mahalo for your generous contributions to our 2019 Annual Appeal, we appreciate each and every one!  
We are pleased to welcome two new Youth Directors to our Board, Kohala High School Juniors, Grace Todd and Sydney Wiernicki!  
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# KOHALA MONTHLY CALENDAR AUGUST 2019

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
8/1	THU	8:00 AM		KHS 9TH GRADE KICK-OFF		KHS GYMNASIUM	889-7117
8/2	FRI	8:00 AM		KHS 9TH GRADE KICK-OFF		KHS GYMNASIUM	889-7117
8/2	FRI	6:00 PM		SENIOR CLUB	MOVIE NIGHT - ALL SENIORS WELCOME	KOHALA CIVIC CENTER	895-2094
8/3	SAT	10:00 AM	12:00 PM	FIRE ANT TRAINING	LEARN HOW TO PROTECT YOUR PROPERTY FROM LFA'S	JUDICIARY BUILDING	889-6901
8/5	MON	6:00 PM	7:00 PM	GROWTH MANAGEMENT GROUP	MEETING	BANK OF HAWAII BUILDING	854 4888
8/5	MON	5:00 PM	8:00 PM	CHESS CLUB	JOIN THE LIBRARY'S CHESS CLUB	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/6	TUE	6:00 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE INTERESTED IN GOOD FOOD, NOT JUST FARMERS	THE HUB	KOHALA.HFUU@GMAIL.COM
8/7	WED	4:00 PM		KOHALA COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
8/7	WED	4:30 PM		NKAG MEETING		OLD COURTHOUSE	889-0404
8/8	THU	5:00 PM	7:00 PM	TALK STORY WITH HAWAII AIRPORTS DISTRICT	DISCUSS THE POSSIBILITIES FOR UPOLU AIRPORT	INTERGENERATIONAL CENTER	
8/8	THU	7:00 PM	9:00 PM	KOHALA ECSTATIC DANCE JAM	FEATURING AN ECLECTIC ROTATION OF DEEJAYS	HUB BARN	889-0404
8/10	SAT	10:00 AM	3:00 PM	KOHALA ARTISTS' CO-OP COMMUNITY SWAP MEET	SET A TABLE AND SELL, SWAP OR TRADE GOODS	ARTISTS' CO-OP	430-3131
8/12	MON	3:00 PM	5:00 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
8/12	MON	5:00 PM	6:30 PM	TEEN JEWELRY CLASS	WITH SID NAKAMOTO AND GAIL CHING-LEE	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/13	TUE	11:00 AM	12:00 PM	BOOK DISCUSSION GROUP	FRIENDLY DISCUSSIONS ABOUT BOOKS!	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/17	SAT	4:30 PM	6:30 PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
8/19	MON	6:00 PM	7:30 PM	ANCIENT MEDICINE IS NATURAL MEDICINE	JOIN DR. ALDORF FOR A DISCUSSION	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/20	TUE	10:00 AM	12:00 PM	WRITERS' GROUP	CULTIVATE YOUR CREATIVE SIDE	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/24	SAT	10:00 AM	12:00 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
8/24	SAT	11:00 AM	12:20 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
8/26	MON	6:00 PM	7:30 PM	WRITING WORKSHOP WITH SUSANNE MOORE	SPONSORED BY THE HAWAII WRITERS GUILD	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/27	TUE	6:30 PM	9:00 PM	BELLY DANCING		HUB BARN	889-0404
8/28	WED	4:00 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST	THE HUB	889-0404
8/28	WED	5:00 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
8/28	WED	5:30 PM	7:30 PM	PLAY WITH CLAY		CLAY COTTAGE	889-0404
8/28	WED	5:45 PM	7:00 PM	TAI CHI		HUB HALE	889-0404
8/29	THU	3:30 PM	4:30 PM	NA IMI IKE - HAWAIIAN LANGUAGE	LEARN MORE ABOUT THE HAWAIIAN LANGUAGE	NORTH KOHALA PUBLIC LIBRARY	889-6655
8/29	THU	6:00 PM	6:30 PM	PRAYERS AROUND THE PEACE POLE	ALL ARE WELCOME, REGARDLESS OF RELIGIOUS AFFILIATION	ST AUGUSTINE'S CHURCH	895-5753
8/31	SAT	5:00 PM	8:00 PM	KOHALA ARTISTS' CO-OP ART PARTY	GALLERY SHOWCASE, THEATER PERFORMANCE, FOOD AND BEVERAGE VENDORS, LOCAL MUSICIANS	ARTISTS' CO-OP	960-3597

Email monthly calendar listings to: [kohalacalendar@gmail.com](mailto:kohalacalendar@gmail.com)



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 Prayer time Tuesdays at 11:30  
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 www.kalahikiolacongregationalchurch.com  
 889-6703

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 Pastor Ilima Moiha  
 www.gos-kohala.org

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 9am - Holy Eucharist  
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 Questions - call Kathy Matsuda at 895-2025

## Stop LFA Kohala Gets Help from KHS Students



Credit: Frank Hustace

Awesome ant warriors (left to right) Joseph Jimenez, Duncan Anderson and Riley Preston have been working with Stop LFA Kohala in testing and treating the Ho'ea Road little fire ant infestation.



Credit: Duncan Anderson

Little fire ants swarm on a popsicle stick baited with peanut butter in one of their favorite nesting areas, a tree.

By Frank Hustace

Ho'ea Road residents have been fighting a stubborn infestation of little fire ants (LFA) for years, which continues to be an enormous challenge. Now, students from Kohala High School (KHS) are pitching in to help – and their work is making a difference.

This summer, Duncan Anderson and Joseph Jimenez, both KHS seniors, teamed up with sophomore Riley Preston to test for LFA in properties along Ho'ea Road to assess the current situation and map the infestation. Marcus Douglas, a science teacher at the school, urged the students to get involved.

"It's an ideal project for them," Marcus said, "These kids are advanced science students and they have an opportunity to apply their classroom learning in a practical, real-world setting. Most important is the community focus. These young people know that what they are doing is important and is having an impact."

The work of the KHS students is supported by Stop LFA Kohala, a community project sponsored by the North Kohala Community Resource Center. Project funds pay the students an hourly wage to do the testing and other ongoing work.

Originally from South America, LFA have been spreading throughout the tropics for the last 100 years. They were first detected in Hawai'i in 1999. Known for their painful and long-lasting sting, LFA are difficult to fully eradicate and form dense colonies with many thousands of individuals. Uncontrolled

LFA infestations have the potential to depress property values, endanger pets and livestock, disrupt agricultural operations and degrade the quality life for residents and visitors alike.

To test for ants, the students smeared popsicle sticks with peanut butter and placed them where the ants typically nest: in damp, dark areas and in trees. After a short while, the students returned to check the sticks and were shocked by what they found.

"When we came back, the sticks were loaded with ants," said Duncan. "There must be millions, maybe billions, of them. It's a massive infestation."

LFA has been a significant environmental problem in Lower Puna for years, and the infestation is now spreading to other areas on the island. Because LFA are so small – no bigger than the head of a pin – they are hard to see and are easily transported to new areas, most commonly in garden products, including potted plants, topsoil, mulch, cinders and compost.

LFA stings are extremely painful, too. "We've all been stung lots of times," said Duncan. "At first, it feels like a stinging, burning sensation – like fire. And then a day or so later, it gets incredibly itchy. It's awful, and some people who are especially sensitive have to go to the doctor. The bite leaves a scar."

Animals are also affected by the ants. "We found a cat that had been stung in the eyes," said Duncan. "It must have been totally blind because its eyes were all milky

white." For years, residents of Puna have reported that LFA has blinded their pet dogs and cats and even horses, sheep, goats and cattle. Hunters also report that feral pigs are affected.

Over two weeks, the boys tested dozens of properties and created a map that identifies the main infestation areas. Armed with this information, local residents and volunteers have expanded the treatment area and are attacking the ant colonies with a special bait. This effort is beginning to have an effect. "When we retested an area after it had been treated, we found that 80% of the ants were gone," said Duncan. "That's way better, but treatments need to be repeated regularly."

A challenge in the current LFA fight is the fact there are several steep and rugged gulches in the area where the ants can effectively lodge themselves. Another challenge is the presence of numerous large, undeveloped parcels of land. Eradicating LFA is a daunting task, but with the hard work of these dedicated students, the prospects of success have increased. Our gratitude to them is enormous.

Stop LFA Kohala is a grassroots, community project, and its initial effort is to attack the Ho'ea Road infestation. In addition to paying the students, the project has reimbursed a number of Ho'ea residents for the purchase of ant bait.

Members of Stop LFA Kohala are mindful of the needs in other areas, and the mission of the project is to identify, control and eradicate

LFA throughout North Kohala. As Stop LFA Kohala develops internal capacity and more individuals donate to the project and volunteer to join the fight, other infestations in the region will be addressed. To this end, the project seeks to promote broad general awareness about LFA and to teach residents how to test, treat and protect their property. An overall goal is to create a model LFA eradication program that can be replicated by other communities statewide that are challenged by LFA infestation.

If you know or suspect that your property may have LFA, you are encouraged to call/text 808-640-5085. The Stop LFA website, [www.stoplfakohala.com](http://www.stoplfakohala.com), is in its early stages of creation and provides valuable general information. The group also has an email address, [stoplfakohala@gmail.com](mailto:stoplfakohala@gmail.com), if you would like to be placed on their mailing list.

Tax-deductible donations to support the work of Stop LFA Kohala can be made by contacting the North Kohala Community Resource Center at 808-889-5523 and at [www.northkohala.org](http://www.northkohala.org).

### Learn How to Protect Your Property from LFA

Come to a free presentation by Franny Brewer from the Big Island Invasive Species Committee and learn:

1. How the biology and behavior of ants affects treatment
2. How to choose the most effective product
3. How to work with neighbors for best long-term control

**When: Saturday, August 3, from 10 a.m. to 12 p.m.**

**Where: Judiciary Building (behind the statue of King Kamehameha in Kapa'au)**

After the presentation you will be directed to a 1:00 p.m. training, to be held on an ant-infested property.

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**THE COQUI CORNER**

The Coqui Coalition has been going through some strategy changes. Teams continue to eradicate infestation locations from Hawi to Niulii. New members have pitched in to help contain and eliminate numerous infested sites like those at Makapala, Iole, Union Mill, Ainakea, and the Transfer Station.

The hard work of the new members is greatly appreciated. Mahalo once again to those of you that have been taking care of the coqui on your property and helping with eradications in your neighborhood.

For eradication ideas and strategies call the **COQUI INFORMATION LINE AT 889-1777**

Mahalo to the State and County for supporting our efforts.

Tax deductible donations are gratefully accepted through NKCR, P. O. Box 519, Hawi, HI 96719

## Kamehameha Day Goes Zero Waste



Source: Sustainable Kohala

Volunteers from Kohala Unupa'a help collect trash and bring it to Zero Waste Stations.

Left to right: R.C. Baun, Mele Casimero, Loryn Rose and Raine Cazimero



Mahukona Mermaids help staff Zero Waste Stations.

Left to right: Holly Algood, Carol DeFazio, John Winter (Sustainable Kohala) and Anne Dressel

By Deborah Winter for Sustainable Kohala

If you joined the thousands of people who enjoyed the ho'olaulea event at Kamehameha Park on June 11, you might have noticed the new feature of Zero Waste Stations.

That's because we joined millions of others celebrating important cultural events by recycling instead of dumping our trash.

In North Kohala, "recycle" usually means bringing HI5 bottles and cans to the transfer station to collect cash deposit money.

But recycle goes much further than beverage containers! To recycle is to reuse the material for the next growth cycle.

In the case of Kamehameha Day, we scraped food leftovers into buckets to feed the pigs at the local piggery run by David Fuertes. We stacked compostable plates and cups and cutlery so that they could be buried and feed the soil, rather than clog the landfill.

Thanks to Ralph Blancato, who generously buried the compostable materials on his land, we reduced our trash from over 25 bags to a mere 1.5 bags.

Sustainable Kohala headed up

the Zero Waste Stations, recruiting 25 community volunteers from Mahukona Mermaids, Hawaii Institute of Pacific Agriculture (HIP Ag) and Kohala Unupa'a. Sustainable Kohala is especially grateful to the keiki who helped because their lives will be most affected by overflowing garbage and they will benefit most by learning how to handle trash more responsibly.

For those who want to start doing Zero Waste now and at family events, please remember that compostable is not the same as recyclable. Choose plates, cups and cutlery that break down in soil (compostable) rather than needing to be shipped off island to be processed (recyclable). Recycling plastic is expensive because it not only consumes fossil fuels to create, but also needs more for shipping and reprocessing. Compostable materials will break down and feed nutrients to our soil and our pigs, right here in North Kohala!

For more information on how to do Zero Waste events, see [www.hawaiizerowaste.org/event-planning-resources](http://www.hawaiizerowaste.org/event-planning-resources) or [www.hawaiizerowaste.org](http://www.hawaiizerowaste.org).

In addition, remember that:

Our local transfer stations no longer take #5 plastic at all, so #5 has to go into the trash. Too bad! Guidelines changed a few months ago prohibiting plastic bags and #5 plastic. Plastic containers with #1 and #2 are still okay to recycle. Be sure to rinse them before taking them to the mixed recycle bin at our transfer station. No other numbers can be recycled.

Even when disposed of at the landfill, some plastic and other trash still migrates to beaches and oceans, killing birds and fish who mistake it

for food and die from toxic poison and choking. Reduce and reuse as much plastic as you can.

Everyone who worked on Zero Waste Stations for Kamehameha Day 2019 agreed that the public was helpful and many expressed gratitude for the new trash procedures. Sustainable Kohala thanks everyone for their cooperation and enthusiasm.

Let's keep reducing our trash and feeding the next growth cycle by practicing Zero Waste at home and in public.



Community Volunteers staff a Zero Waste Station.

Left to right: Liam Howard (Kohala Unupa'a), Mellanie Lee (Sustainable Kohala), Kathleen Provazek (Mahukona Mermaids) and John Enloe (Sustainable Kohala)



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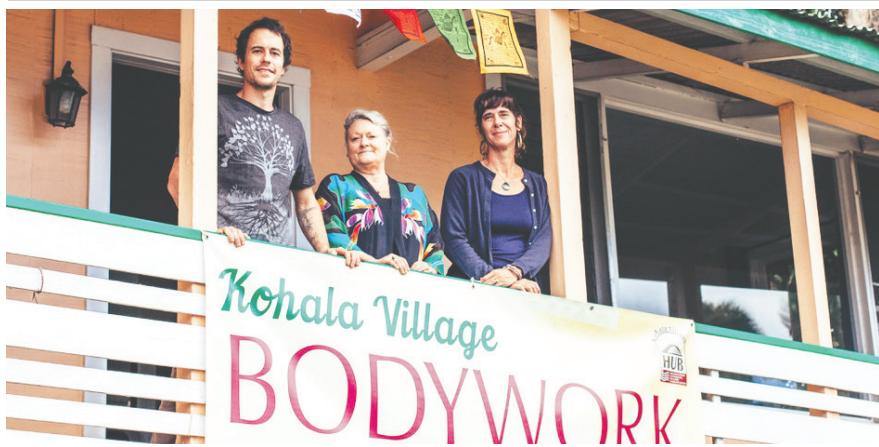
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## New Healing Arts Center Opens in Downtown Hawi



Source: Kohala Village Bodywork  
Lee Cloud, psychic/intuitive, Victoria Buser, principal therapist and Yoav Melamed, Licensed Massage Therapist provide services at Kohala Village Bodywork.

Kohala Village Bodywork recently opened its doors to support the wellbeing of ohana in Kohala and showcase top local healing arts professionals.

Located in downtown Hawi, the space offers two wellness rooms for therapeutic massage, energy healing, life coaching and intuitive/psychic readings. The center features an extensive wellness library that is free to the public for drop-in reading and wellness research as well as a casual gathering area for meditation and wellness groups.

Owner and Hawi resident Delphina Dorrance has extensive training in wellness, massage therapy and natural healing. She founded the business as a way to gather the island's top healers and offer a space where Kohala ohana can rejuvenate, balance and learn more about the healing arts.

"Wellness for our ohana is my personal passion," Delphina, a busy mother of three, shares. "Massage reduces stress, enhances the immune system and can also help improve self-esteem."

Dorrance opened Kohala Village Bodywork after serving as the guiding visionary for another bodywork space, Blue Dragon Bodywork across from Kawaihae Harbor. After 10 years of success at Blue Dragon Bodywork, Dorrance felt it was time to open a space that is especially convenient for Kohala families.

"It's been a long-held personal dream to gather so many talented healers who support the health and wellbeing in Kohala," Delphina

says. "Their skills and range of abilities are amazing and to have them gathered at one locale in Hawi is such a benefit to our jewel of a community."

Licensed massage therapists Jamie Eversweet Belmarez, Yoav Melamed, Miguel Mattos, Natalie Young, Mariah Barn and Victoria Buser each offer varied specialties from Lomi Lomi to deep tissue to massage for pregnancy. Practitioner Kellyna Campbell combines energetic balancing with life coaching and intuitive Lee Cloud focuses on psychic readings.

Buser also serves as principal therapist for the group, scheduling appointments, completing client follow-up and welcoming walk-ins 9 a.m. to 5 p.m. every Monday, Wednesday and Friday.

Bookings are available by appointment seven days weekly with kama'aina receiving a 10% discount. Learn more and book online at KohalaMassage.com or phone 808.209.8222.

Kohala Village Bodywork is located at 55-3406 Akoni Pule Highway in downtown Hawi, adjacent to Roots Elixir and Attitudes hair salon.

The free wellness library is available every Monday, Wednesday and Friday from 9 a.m. to 5 p.m. Wellness teachers can rent the space for classes at 808.209.8222.

Kohala Village Bodywork is another great project by 1Heart HUB Co., a Kohala-based initiative dedicated to local food and farming, the arts, culture and community, and education.

## Gabby Yamura - Recipient of Roy L. Cachola Scholarship

Story and photo by Melody Nietfeld

Kohala High School students have much to be grateful for regarding the support of so many local programs that have provided our students with a variety of beneficial scholarships. One such scholarship is the Roy L. Cachola Memorial Scholarship. This scholarship is awarded on behalf of the Cachola family in honor of their belated brother, Roy Cachola. It is a scholarship administered through the Keali'i a Pauahi Foundation and has been established for perpetuity.

Roy and his siblings had grown up in Kohala and the family wanted to find a way to give back to the community, therefore this scholarship is earmarked for a senior from Kohala High School. This year's recipient is Gabby Yamura. He is the son of Luana Ahina and is planning to attend Pacific University of Oregon to major in Physical Therapy.

Fred Cachola met with Gabby recently at CSC café for a wonderful congratulatory breakfast reception. Mr. Cachola stated, "I am so proud of Gabby, his accomplishments at Kohala schools and his determination to be a professional physical therapist." He was pleased that the family scholarship will help Gabby in his first year at Pacific University. "Gabby is very deserving of the Roy L. Cachola Memorial Scholarship. We wish him well with his future educational journey." Gabby is also

excited to start a new chapter in his life and have financial assistance to help him along the way.

It is also important to mention other wonderful local scholarships for Kohala High grads. They include the Manuel Family Scholarships, Ho'omau Scholarships from Dr. Lori Kim, Hawai'i Community Federal Credit Union Scholarships, Kohala Ditch Scholarship, Choy Zane Jr. and Leora Wong Zane Scholarship, Kohala Lion's Club, Kinooole Farmer's Market, Stay Fresh Hawai'i Scholarship, North Hawai'i Rotary Club Scholarship, Kohala Hospital Auxiliary, Kohala Hawaiian Civic Club and Ho'okipa Scholarship. Kohala High is very grateful for the generosity of all the supporters.



Fred Cachola (right) met recently with scholarship recipient Gabby Yamura to congratulate him, discuss his educational plans and "talk story" about the Cachola family and their mission for the Roy L. Cachola Scholarship.



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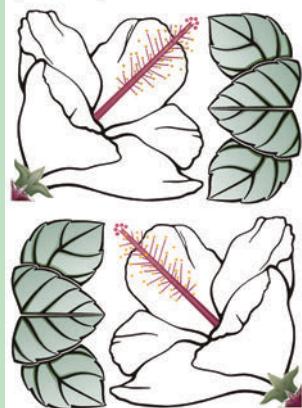
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## KHS Mahi'ai Mentorship Awardees and Summer Internship

We are excited to announce the Hawaii Institute of Pacific Agriculture (HIP Ag) 2019 Mahi'ai Awardees from Kohala High School (KHS). HIP Ag started the Mahi'ai Award in the 2017-18 school year to promote and recognize students excelling and growing on the KHS farm within its Mahi'ai Mentorship Program. It's been an honor working with KHS and seeing both the students and farm grow in promotion of agricultural education.

The 2019 Mahi'ai Awardees are:  
1st place: 10th grade student Wesley VanHousen

2nd place: 9th grade students Jake DUBY and Daylan Germano

These students went above and beyond in their classes on the farm. They acted as exemplary students and as mentors to other students while demonstrating growth and an eagerness to learn. We are so proud of them and can't wait to see them back on the farm next year.

In June, immediately following the Mahi'ai Mentorship Program, HIP Ag launched its second annual 6-week High School Mahi'ai (Farmer) Internship. HIP Ag welcomed five Kohala High School students to its farm to learn all aspects of daily life on the farm. A new addition to this internship program is the introduction of sharing delicious farm-to-table lunches, cooked from scratch daily. We feel that this has been a great way to incorporate nutrition education with healthy, farm-fresh recipes.

One 11th-grade student shared that they chose to do the summer



Hawaii Institute of Pacific Agriculture Executive Director Dash Kuhr presents checks to the Kohala High School Mahi'ai Mentorship Program Awardees.

Left to right: Dash Kuhr, Wesley VanHousen (10th grade), Daylan Germano (9th grade) and Jake DUBY (9th grade)



The 2019 HIP Ag High School Mahi'ai Internship staff and students.

Left to right: Sam Van Dam (10th grade), Joshua Quinn (10th grade), Joe Rogers (HIP Ag apprentice), Celia Hale (HIP Ag apprentice), Will Elliott (farm manager), Adam Heu Mathien (10th grade), Sunshine Roberts (Farm to School Coordinator), Damian Padilla (10th grade), Nick Logan (farm manager)

Not pictured: Aotealoe Masalosalo (11th grader and 2nd-year intern)

internship to "gain skills in eating healthier and learn benefits from plants we have growing in Hawaii." Other students shared that they wanted to gain basic agriculture skills to know how to care for a garden, gain physical and mental stamina, and earn some money. Through this internship, students have had the opportunity to earn \$1,500 or more each.

We are more than halfway through our internship and our high school interns have already accomplished so much. They have assisted in harvesting and planting 300 pounds of turmeric and over 500 pounds of bananas and papayas, in addition to planting over 2,000 vegetable seeds. They've learned about food and safety procedures, plant identification, soil health, nursery care, plant propagation, composting and vermicomposting, plus in-depth workshops focused on kalo and 'awa from guest teacher Ka'iana Runnels from The Kohala Center.

We are so thankful to our intern participants, HIP Ag staff and apprentices, and Aoloa Patao and Hualalai Keohulua at Kohala High School for leading and teaching these students in the field! We would also like to thank the Department of Agriculture, County of Hawaii, Representative David Tarnas, Hawaii Community Foundation, Pacific Quest Foundation, and Hawaii Electric Light Foundation for making these efforts possible.

To learn more about HIP Ag's work please visit [www.hipagriculture.org](http://www.hipagriculture.org).



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