

Vol.19, No. 02

About Kohala, For Kohala

February 21, 2020

Halaula Well and Water Lines are 30 Percent Done

Story and photo by Toni Withington
Digging trenches and installing 1.9 miles of 12-inch pipeline to service the new Halaula Well will be finished within the next month, according to the Department of Water Supply (DWS), County of Hawai'i.

"Project construction is approximately 30 percent complete, and DWS and general contractor Goodfellow Bros., Inc. are progressing toward expected completion of the \$12 million system expansion by the target date of early 2021. This estimate is based on no unexpected delays occurring," according to Jason Armstrong, Information and Education Specialist for DWS.

"The Department wishes to thank the North Kohala community for being patient and understanding while it continues working to improve drinking water service to North Kohala," he added.

When the pipeline is installed, the contractor will shift work to



Installation of the new water main from the Halaula Well, which is under construction, was recently completed down Ma'ulili Road and across and alongside Akoni Pule Highway.

the tank and well site at the top of Ma'ulili Road.

The new well was drilled and cased a while ago. Remaining work includes installation of a new well pump and motor, along with construction of a control building and 500,000-gallon reservoir. This work will require delivery trucks intermittently hauling concrete and other construction materials through town and up Ma'ulili.

"DWS and the contractor will work to minimize inconveniencing motorists and the community during this construction period," Armstrong said.

The project will eventually include installing new water lines and meters to all customers in the Halaula area including Kohala Middle School.

The new well is intended to improve the water system to existing customers, not to new development, and will provide backup safety for the two DWS wells in Hawi.

Pratt Road Emergency Use Update

By Toni Withington

Diverting traffic to Pratt Road when an emergency happens to block Akoni Pule Highway seems a no-brainer, but the journey to getting a seamless move has become a long slow process. However, progress is being made thanks to the work of the Parks, Water Roads Group (PWR) of the North Kohala Community Development Plan.

With only one highway through Kohala, residents are often stranded when natural disasters or human problems cause a highway closure. The Community Development Plan proposes use of privately owned Pratt Road, which parallels the highway, as an emergency bypass. Since 2008, residents have been working with the many owners of Pratt Road easement and government officials to untie the legal knots that keep the transition to emergency use workable.

Some Pratt landowners have cleared their sections of Pratt. Groups of residents, overseen by Sarah Pule-Fujii, have undertaken volunteer workdays to clear the vegetation and improve the surface of the Niuli'i to Walaohia Gulch portion of Pratt.

John Winter, assisted by Alek Chen, arranged for the clearing from Walaohia to Union Mill Road.

Volunteer funds have been raised to improve gates and poor road conditions. Volunteers have stepped forward to monitor sections of Pratt to see that all are properly maintained.

Winter said more volunteers will be needed to clear a few small stretches that have since overgrown.

"Minus the washed-out gulch at Walaohia, Pratt is now clear from Niuli'i to Union Mill Road and available as an emergency bypass that would have worked

for all seven of the recent highway blockages," a report from PWR Group says.

On the legal side, PWR Group Chairperson Andi Longpre and John Winter have verified all the State laws that relieve private owners from liability when an emergency is declared.

"The remaining hurdle is to streamline a declaration of emergency. In all recent blockages, some lasting over an entire day, an emergency was never declared," the PWR Group report says. Most agencies contacted agreed that the declaration should come from the County.

In answer to questions from Winter, Police Chief Paul Ferreira recently said: "An opinion received from the Office of the Corporation Counsel is that an emergency proclamation by the governor or mayor is not needed to invoke the authority of the chief of police pursuant to Hawaii

Revised Statutes Chapter 135, to open a private road in the event of an emergency or traffic accident. The immunities provided for under HRS Chapter 135 to the owner(s) of private property, the State and Counties and their officers and employees, is automatically granted upon diverting traffic in the event of an emergency or traffic accident."

This is a big step forward on the legal front. The group has also been talking to Captain Jeremie Evangelista, commander of the North Kohala Police Station, in order to get a prompt declaration of emergency from that office.

If this final step is completed, North Kohala will be prepared to divert local traffic around any section of the Akoni Pule Highway while a blockage is cleared.

Anyone who notices a blockage of Akoni Pule Highway should call 911 immediately to set the wheels in motion.

Tong Wo Society Marks Chinese Lunar New Year

Kohala is steeped in culture, both natural and that of its people. This month we take a look at inside the Tong Wo Society to mark the Chinese New Year. See inside to learn more!

Kohala Adventure Series Continues

Kohala offers a wide variety of activities to delight those with a penchant for adventure. See inside for the latest installment in our Kohala Adventure Series: Big Island Gravity Skydiving!

Kohala Mountain News
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Update on Plastics Recycling

By Michal Anna Carrillo

Our first community-organized plastic collection was a success. We were able to deliver a Toyota Tundra bed full of cleaned, de-labeled and sorted plastic to Puna Precious Plastic. It's a step towards keeping the plastic out of the landfill and our ocean. Our next collection will be March 7, the first Saturday of the month.

We have learned that it is important to have the paper off the plastic, but not necessarily the adhesive, so bring CLEAN plastic. Most importantly, just bring it! We all want to keep it out of the landfills.

We are learning together and finding more ways to rid our lives of plastic. We hope to keep compiling resources that will help us all move forward together caring for our island home. After all, the motto of the recipient of this collected plastic, Puna Precious Plastic, is: "It's a kakou thing."

There have been some questions around Puna Precious Plastic's use and processes of dealing with the plastic. Our understanding is they are not taking the plastic to a heat level that would incur toxic emissions. They are using the guidelines established by Precious Plastic, a worldwide open hardware plastic recycling project, which was started in 2013. It relies on a series of machines and tools which grind, melt and inject recycled plastic, allowing for the creation of new products out of recycled plastic on a small scale. To learn more about Precious Plastic, go to https://en.wikipedia.org/wiki/Precious_Plastic.

To give feedback, get involved or learn more about ways to refuse, reduce, reuse or recycle plastic with Puna Precious Plastic, go to www.facebook.com and search for Puna_Precious_Plastic.

From the About section on their Facebook page:

"Puna Precious Plastic was formed to address the gap in available recycling solutions for plastic waste after the County of Hawaii discontinued its limited plastic



A day of collecting clean, numbered plastics in North Kohala yielded a full truck bed, which was then taken to Puna Precious Plastics. If all goes as planned, the plastics will be converted, here on-island, to usable products.

recycling efforts. It is the group's goal to educate the public on plastic recycling methods, establish effective collection of plastic waste and develop processes to convert plastic materials into usable products to eliminate dumping waste into the environment, the landfills or ocean. The group has organized several monthly collection events and is currently working

on securing a shredder to begin processing the waste. Educational concepts are being developed to work with the public and schools, outreach has begun and is a continuous process. The group is working on establishing a legal framework including a formal business plan, financial goals and is moving toward forming a non-profit 501(c)(3)."

Additionally, financial donations are needed for transportation, as this is a volunteer operation. Hawi donations can be received at www.nkcrc.org; choose "Wastestream" as the recipient of the funds.

If you would like to volunteer for the next collection in Hawi, please email lavaroots@gmail.com.



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How to Recycle in Kohala

Story by Holly Algood

There are now many, many options for ensuring much of what you are clearing out with spring cleaning will find a place to be reused. As Marie Kondo says, get rid of excess that no longer brings you joy. With recent changes to County recycling, many of us are not quite sure how to use the local recycling resources most effectively. Here are some guidelines important to keep our island home cleaner.

1. Look for ways to avoid buying things that create trash:

- Shop farmers markets; consignment; secondhand stores; Kohala Buy, Sell Trade and Craigslist, where packaging is minimal or non-existent and prices are favorable.

- Bring your own bags, utensils or reusable containers when shopping or even getting take-out.

- Read newspapers and magazines online. If you purchase or print them, recycle as appropriate through friends or libraries and shred when done. Newest cross-cut shredders make paper into confetti.

- Receive and pay bills online. If you print or receive them as paper shred whatever is not necessary to file and again mix into compost. Note: metallic papers or inks are not earth friendly.

- Take the pledge not to drink

water bottled in plastic. Use reusable containers for teas and water from home to reduce waste that usually ends up in the ocean. Try homemade teas instead of soft drinks and keep yours in glass jars – better health and more money in your wallet are other side benefits.

2. Separate things from your trash that can be composted and recycled.

- Use composted food scraps and paper shreds as a wonderful garden mulch.

- Recycle all HI-5, corrugated cardboard, glass, appliances and metal at County facilities.

- Rinse food and pet food cans and recycle them in the County transfer station metal recycling bins.

- Search the recyclehawaii.org website to see where to recycle over 60 items not recycled at our County facilities.

- Look up the County website www.hawaiizerowaste.org for business and more household item recycling options.

3. Maximize the use of our County transfer stations. Residents can bring household trash and sorted clean glass, corrugated cardboard and metal to these three County facilities seven days a week, 6 a.m.-6 p.m.:

Hawi at 55-3595 Ka’auhuhu Homestead Road
 Kamuela/Waimea at 66-1597

Kawaihae Road

Puako at 66-1471 Puako Beach Drive

4. Remember these special dates:

March 1: Green waste changes and volume limits go into effect.

March 7: Hazardous waste collected at Waimea transfer station 8:30 a.m.-3:30 p.m.

Second Saturday each month: Electronic waste collected at Waimea transfer station

5. Green Waste Changes and Volume Limits

Effective March 1, residents are asked to no longer mix green waste with household waste. Small amounts are okay but full truckloads will only be accepted on Sundays at the Hawi transfer station.

The regular trash chute at the Hawi transfer station will not be available for household trash on Sundays.

Also starting March 1, residential daily trash drop-offs at the transfer stations will be limited to three cubic yards daily (about one full pick-up truckload). White goods (household appliances) will be limited to one daily.

6. Plastics are no longer accepted for recycling at the County transfer stations.

There are efforts underway to support the new Puna Precious Plastics. More on that in another story.

Hana Hou! Hawaiian History Talks

What: How Hawai'i Became a State

Who: Boyd Bond

When: Monday, March 23, at 6:30 p.m.

Where: North Kohala Public Library, 808-889-6655

Admission: Open to all, free admission

North Kohala Public Library presents a Hana Hou! "talk story" session on How Hawai'i Became a State, with local storyteller and historian Boyd Bond.

Bond will discuss how the Kingdom of Hawaii was a sovereign nation with embassies in 90 countries until the Queen was removed from her throne in January 1893. Between the kingdom and statehood, the islands were briefly a republic until 1900, and then a territory of the U.S.A. before becoming a state in 1959.

But why was the Queen removed? And why didn't the Hawaiians resist any of these changes? Or did they?

All this and more at this month's Hawaiian History Talk.

Call North Kohala Public Library at 889-6655 for more information.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least 7 days before the program date.

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Community Photo



Kohala Baptist Church

Photo by Cindy Morse

HELCO Beefs Up Substations, Changes Name

By Toni Withington

The heavy equipment, trucks and workers seen around Kohala's transformers and substations during the past two months were there to strengthen HELCO's ability to make the utility better able to deal with power outages.

That was not the only change. Hawaii Electric Light Company (HELCO) will now be known as Hawaiian Electric, a move that follows a uniting of three island electric companies that has been going on for several years. "The recent work was to prepare for the installation of communication equipment that would, in part, shorten the duration of outages," said Kristen Okinaka, a spokesperson for HELCO - er, Hawaiian Electric. "We're planning to share more information and provide an update to the community in the next couple months."

The work included extensive ground clearing around the Hawi and Maliu Ridge substations and installing additional equipment at those and the Halaula substation. "Crews currently are replacing and relocating utility poles near the Halaula substation," she added. When

asked if the Halaula work was part of powering the Halaula Well, which is under construction, she said it is maintenance, not related to the DWS well pump.

The name change to Hawaiian Electric took place in January, but changes in billing and other use of the HELCO logo will take place over several months. Hawaii Electric Industries, the parent corporation of the electric utilities on Oahu, Maui, Molokai, Lanai and Hawaii, has been operating them under the umbrella of Hawaiian Electric.

The move culminates a six-year effort to align operations and share resources of Hawaiian Electric and its subsidiaries, Maui Electric and Hawaii Electric Light. The utilities are working more efficiently and delivering greater value to customers," the company said in a recent newsletter.

Scott Seu, who has worked for the utility since 1993, was recently named President and CEO of the company, replacing outgoing president Alan Oshima. In December Hawaiian Electric was named 2019 "Utility of the Year" by Utility Dive, and energy industry publication.

North Kohala Residents

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Hawai'i State House of Representatives Update

From the Desk of District 7 Representative David Tarnas

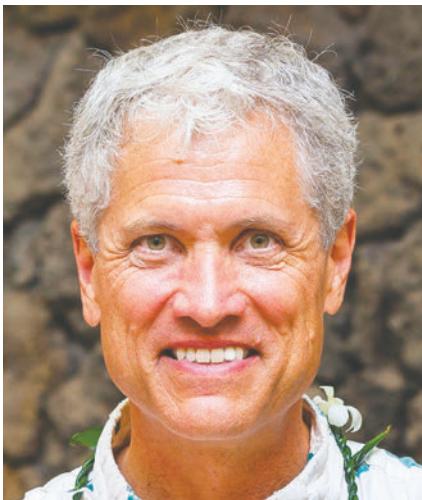


Photo courtesy of David Tarnas
Representative David Tarnas speaks for North Kohala as a member of the Hawai'i State House of Representatives.

Aloha!

The Legislative Session is in full swing, with hundreds of bills introduced in the Legislature now moving through their committee hearings. I will be sharing a Legislative Update on the bills I have introduced this session and other important legislation with the Kohala community on Monday, February 24, at 5:30 p.m. at the Kohala Library. I hope to see you there!

This month, I am sharing updates on State Capital Improvement Projects (CIP) in Kohala, needed improvements at the Kawaihae Small Boat Harbors, and traffic safety issues at Kohala Elementary and High School.

Kohala Middle School Covered Playcourt

On February 4, Governor David Ige released \$3.6M of CIP funds to finance the design and construction of a covered playcourt at Kohala Middle School! Congratulations and mahalo to everyone who has been advocating for this important project. According to Principal Alan Brown, the covered playcourt will provide

vide many benefits to the Kohala Middle School community, as it will be a flexible space for classes, creative projects, and school gatherings in all weather. I am working with the State Department of Education (DOE) to continue to move the project forward and meet the deadlines to use this funding.

Kawaihae Small Boat Harbors Plan

On December 31, the big ocean swell and heavy winds resulted in significant damage to the breakwater and wharf at the North Kawaihae Small Boat Harbor (SBH). Vessels moored there were moved. The launch ramp is no longer usable for trailer-boats and can be used only by shallow draft vessels. The damaged wooden wharf will be removed and will be replaced once the breakwater is repaired and elevated.

The Department of Land and Natural Resources Division of Boating and Ocean Recreation (DOBOR) opened the newly constructed launch ramp at the South Kawaihae SBH for public use. The new restrooms are almost completed and are expected to open soon. DOBOR has arranged with the Department of Transportation to provide security patrols in the area.

Displaced North Kawaihae SBH permittees were issued temporary mooring permits elsewhere for 120 days. DOBOR is working with the Deputy Attorney General to find long-term solutions and is exploring the feasibility of utilizing the ADA dock for Tahiti moorings.

DOBOR is also beginning the permitting process to implement the changes at North Kawaihae SBH recommended by an Oceanit engineering report, which proposed a plan to lengthen the breakwater, increase its height, and extend a berm inland between the beach and parking lot to better protect the harbor from swells and

sedimentation. This project is more urgent given the recent damage. DOBOR expects to complete the permitting process in time to request construction funding from the 2021 Legislature, for approximately \$6 million for the breakwater and \$2 million for a new floating wharf in the harbor basin.

In addition, plans and specifications for drainage improvements, a water line and a new shower at North Kawaihae SBH are being finalized. DOBOR anticipates soliciting bids for this project in April 2020, with construction beginning in the summer.

I would like to acknowledge and thank the Kawaihae Canoe Club members and other harbor users who have assisted with the clean-up at North Kawaihae SBH. This is a very important public facility and we all want to see it back in service. Please coordinate any volunteer work at the facility with DOBOR District Manager Stephen Schmelz, who can be reached at (808) 327-3690.

Traffic Safety Issues at Kohala Elementary and High School

Parents and administration at Kohala Elementary and Kohala High School have shared serious concerns regarding heavy traffic in the area affecting the safety of students and community members, especially during drop-off and pick-up times. I am working with Councilman Tim Richards, the schools' principals, DOE, and DOT to address these concerns. I appreciate the community's input, involvement, and continued efforts to keep our community as safe as possible.

Please feel free to contact my office at 808-586-8510, or reptarnas@capitol.hawaii.gov, any time with your questions, comments, and ideas about these projects or other issues in our district. I hope to see you at the Kohala Library on Monday, Feb. 24!

Mahalo!

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

March Deadlines
Ads and News: 3/13/20
Calendar: 3/20/20
Distribution: 3/27/20

April Deadlines
Ads and News: 4/10/20
Calendar: 4/17/20
Distribution: 4/24/20

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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Letters to the Editor and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.

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Kohala Mountain News
P.O. Box 639, Kapa'au, Hawaii
96755

Library Hosts Hawaii Writers Guild Readings

What: Hawaii Writers Guild, Local Author Readings
Who: Various Local Authors facilitated by Eila Algood
When: Monday, March 30, at 6 p.m.
Where: North Kohala Public Library, 54-3645 Akoni Pule Highway, 808-889-6655
Admission: Open to all, free admission

The Hawaii Writers Guild is proud to present talented local writers reading their works and answering questions from the audience.

Doors open at 6 p.m.; attendees are urged to arrive early.

Call North Kohala Public Library at 889-6655 for more information.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least 7 days before the program date.

Sid's Jewelry Class for Adults

What: Sid's Jewelry Class for Adults
Who: Sid Nakamoto
When: Monday, March 9, at 2-4 p.m. & 6-8 p.m.
Where: North Kohala Public Library, 808-889-6655
Admission: Open to all, free admission

Jewelry artist Sid Nakamoto will demonstrate a simple and beautiful jewelry design for the next North Kohala Public Library Adult Craft program. Sid will offer two sessions of the same program—at 2 p.m. and at 6 p.m. Materials will be provided for participants to create their own jewelry piece.

Due to the popularity of Sid's jewelry workshops, a limit has been placed on the number of participants. Call the library at 889-6655 to register for the afternoon or evening session of this program or for more information.

All programs are subject to change. If you require an auxiliary aid or accommodation due to a disability, please contact the library at least 7 days before the program date.

County Council Update

From the Desk of District 9 Councilmember Tim Richards



Photo courtesy of Tim Richards
Councilmember Tim Richards
represents North Kohala as part of
Hawai'i County Council District 9.

Aloha! Once again, it is time for the monthly update from our office.

HAWAII COUNTY DEPARTMENT OF PARKS & RECREATION

Recently I met with Parks and Recreation (P&R) Director Roxcie Waltjen and Deputy Director James Komata to discuss the needs of our County parks in Kohala. With the many challenges, issues and limited resources, I attempted to seek a balance. Following are the commitments we were able to get from Parks and Recreation.

Keokea Park

The pipeline that has been leaking for over a month is scheduled to be repaired by mid-February. The fence overlooking the stream is scheduled to be repaired by the end of February. The staining of the bathroom fixtures will be attempted to be removed through some different type of cleaning agents. P&R will work on the barbecues to see what they can do to rehabilitate them.

Kamehameha Park

1) The Intergenerational Center has some issues with the bathroom fixtures. P&R will try other options to address those concerns, which may include

changing out the fixtures. However, as with everything, it takes funding.

2) Hisaoka Gym railing assistance for the bleachers, at long last, will be ordered within the next 30 days. The funding is there. Installation will take a few months, after which some fabrication will need to be done, but I have been assured by P&R that this will be completed by this Spring.

Old Judicial Building Bathrooms

There are problems with old fixtures, which are scheduled to be replaced. Timeline is promised completion by the end of summer.

Kapa'a Beach Park

A concern for bathrooms was reported. Currently we have two port-a-potties. At our request, a third is going to be added to see if that helps alleviate the problem. Additionally, maintenance and repair will be working towards installing a water tank to put the toilets back into function. Our expectation is that this should happen by mid-summer.

Mahukona Park

As was stated at a previous community meeting with P&R administration last September, this project was noted as a priority for Mayor Kim. As everyone knows, the pavilion has been condemned. Interest in trying to save the pavilion had the maintenance staff and other contractors investigate what it would take. However, due to the deterioration of the overall structure, the logical and, realistically, only practical solution is to remove the structure and build a whole new facility. No one sees this as an easy undertaking or something that will happen quickly. Efforts to try and temporarily fix the structure are problematic, as engineers do not feel we can do this and maintain public safety. Already, \$2.5 million has been put in the CIP as a request for funding. I will continue to work with the adminis-

tration to get this funded. In the meantime, bathroom facilities there are also severely limited. Like Kapa'a Beach Park, a third port-a-potty will be added.

HAWAII COUNTY DEPARTMENT OF PUBLIC WORKS/SAFE ROUTES TO SCHOOL

The County Department of Public Works (DPW) has been working with PATH (Peoples Advocacy for Trails Hawai'i) on its "Safe Routes to School" program island-wide. We have reached out to Valerie Overlan, the Executive Director for PATH, and she will be working with DPW on improving school zones in District 9 as well. We have been informed that since Kohala Elementary School fronts the road, it qualifies for specific assistance (and hopefully funding) through the Safe Routes to School program. We will be working to get that pushed forward, i.e., flashing lights and filling a vacant position for a school crossing guard for that intersection. We are currently working with the County Department of Human Resources (HR) to understand the best way to fill this vacancy, which is obvi-

ously a very needed position. We look forward to working with PATH, DPW and HR to further protect our keiki.

YOUNG BROTHERS/PUBLIC UTILITIES COMMISSION

Recently, I gave testimony at a Public Utilities Commission (PUC) public hearing concerning the proposed tariff increase requested by Young Brothers (YB) and offered my expertise in livestock transportation practices to both the PUC and YB. I have since been invited to a follow-up meeting specifically for handling livestock at the docks and to assist with implementing best practices going forward for both YB and agriculture in general. PUC also asked for a follow-up meeting. In addition, I will be meeting with the new YB President, Jay Ana, to again secure policies that best suit the needs of the livestock and agricultural industries. I will continue to seek synergy within these arenas as transportation is key as we strive for food self-reliance.

As always, it continues to be a great privilege to serve as your Councilman.

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Talk Story with Ilea



Ilea Bain, PsyD, is a clinical psychologist at Hamakua-Kohala Health.

By Ilea Bain

"I would come see you if not for shame." -- Anonymous

Aloha. My name is Ilea. I am a psychologist here in Kohala and I have been studying shame for the last decade.

Many people, myself included, were taught as children that showing our difficult emotions to others is "bad."

Maybe we were taught that our pain hurts others, creates problems, or disappoints people we care about. Maybe we were criticized as being weak for crying or needing comfort.

In essence, we were shamed for expressing our vulnerabilities. To try to be "good" and "strong," we learned to hide, disconnect from, or numb the parts of us that feel ugly and unacceptable to others. Especially the hard-to-be-

with emotions like helplessness, despair, grief, rage, hopelessness. However, hiding these human parts of us prevents us from getting the attention and connection we need and makes us feel all alone.

When we are alone, it becomes easier to believe that we are the only one who feels what we're feeling. We assume there must be something wrong with us. We feel shame for having pain.

It's important to distinguish shame from guilt as they are often confused.

Guilt means to feel bad for something we have done. Shame is the sense of being bad or unlovable for aspects of who we are. Shame is helpful at times for functioning in society. It gives us a moral code for what is ideal to others. But it can become toxic when it dominates our lives.

Shame is incredibly uncomfortable. It makes us want to hide, run away, disappear. Because of this, shame is highly correlated with addictions and suicide-- both of which haunt our community.

On top of personal shame, there is also cultural and societal stigma about seeking professional help for emotional issues. Living in a small town adds another layer of feeling exposed to the judgment of others.

Countless times people come to see me and label themselves as crazy or broken for doing so. It creates a real predicament: how can you heal when seeking help seems to only bring more shame?

I see and understand the complexity of it all. However, I also know that shame and pain grow

when we keep them silent and secret. To heal shame, we have to start talking about what feels so ugly inside of us. We have to choose to be brave, take a risk, and bring light to what feels so heavy and dark. And the more we start talking, the more we will realize we are not so bad or alone.

Because of the work I do, I know our community is privately hurting and I think it's time to start talking more openly about it. For this reason, I am creating this interactive column with the intention of breaking down the shame of talking about what hurts.

A community space to begin to unravel the taboo topics of our emotional and psychological shadows. I aim to demystify therapy, help build community connection, and make mental healthcare more accessible to the public.

By sharing what I have learned here, I hope to reach more of those people who would otherwise never make it into my office.

Want to participate? I invite you to write to me about your stories, fears, questions, and other matters of the heart and mind that feel too dark, shameful, confusing, or unsafe to talk about otherwise.

Each month I will select a story or theme and respond in this column. I will not disclose any names or identifying information in my public response.

This dialogue does not replace actual mental health treatment but it's a good place to start.

Please send your questions, stories, and ideas to talkstory-withilea@gmail.com.

New Dates for St. Augustine's Community Meal



Established in 2005, the Community Meal held in Walker Hall on the grounds of St. Augustine's Church has always been a popular event. Traditionally, it has been held on the FOURTH SATURDAY of every month.

In an effort to try to better accommodate the community, as of this month the new time will be the FOURTH THURSDAY of every month from 4:30 to 6:00. The Thrift Store, located next door, will be open as usual.

The Community Meal is open to everyone! It is a time when Kohala residents and visitors can share a meal together, see old friends, meet new ones, and enjoy good conversation and healthy food. If there are musicians who would like to share their talents, please bring your instruments.

Join us, one and all, on the fourth Thursday of every month from 4:30-6:00 p.m. in Walker Hall, 54-3801 Akoni Pule Highway, Kapa'au. For more information, call 808-889-5390.

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Kohala Real Estate Market - Looking Back A Decade

Beth Thoma Robinson R(B)

Home Sales Continue Strong in 2019 After a Decade of Recovery

This marks the tenth year that I have written an annual recap of real estate sales for the Kohala Mountain News. In 2010, we were seeing the beginnings of recovery from the crash of 2008. From then, prices moved up quite slowly over the next six or seven years while the market cleared short sales and foreclosures.

Beginning in 2017, the market saw a fairly strong jump in the number of residential real estate transactions in Kohala, and rising prices as inventory became tight at the lower price points. To summarize the past three years:

- 50 homes sold in 2019, the same as in 2017 and slightly higher than in 2018.
- Residential real estate prices continue to be stable to slightly up.
- The lowest price in 2019 was \$128,000 for a tear down on a small lot; the highest was \$2,750,000 for an oceanfront estate.

Although the statistics say the median home sale price rose from \$385,000 in 2017 to \$490,000 in 2018 and \$511,250 in 2019, the increase in median price is not saying that the same "average" home sold for a third more money than two years ago. Median price refers to the distribution of sales; half the homes sold for less and half the homes sold for more. The main factor driving this higher median was more sales of \$600,000 - \$1,000,000 homes.

Overall, prices seem to have risen less than 50% from the bottom of the market. Where we have a home sold more than once

in the past three years, prices are up at most 10-12% for a home in pretty much the same condition as the previous sale.

Opportunities for First-Time Home Buyers and Investors

In 2008, the lowest-priced home sale in Kohala was \$345,000. Compare that with 2019, when there were 14 sales for less than that price! What do you get for a house under \$400,000?

At the peak in 2005-2008, a plantation-era single wall construction home of under 1,000 square feet with no improvements could sell for \$375,000. That same home, after the crash, would have sold for \$175,000 — approximately the value of the vacant lot. In today's market, \$375,000 would buy a plantation-era home with some level of renovation and a newer roof.

Sometimes investors buy homes that are in such poor condition that they require a cash sale and have them remodeled and back on the market a year later, ready for a first-time buyer who can qualify for financing at today's low interest rates but with little ready cash to spend on repairs.

Land Sales in 2019 Slow Slightly

Only 20 vacant lots were sold in 2019, compared with 26 raw land parcels in 2018. Prices on comparable lots were stable.

Although the drop from 2018 to 2019 is substantial, that's more because 2018 was an exceptional year for land sales than any reflection on 2019, looking back over the decade. The number of Kohala land sales this year was still double the level of sales in years

prior to 2013, going back as far as 2008 just before the real estate market collapsed.

The types of vacant land sold ranged from small in-town lots in Hawi with residential zoning to a 29-acre agricultural parcel in the newer Hall Road Subdivision. There were no sales of really large parcels, and no oceanfront sales, in 2019, so the highest price was \$725,000 for a 20-acre parcel that sold for \$695,000 a year earlier.

Demand for parcels large enough for meaningful agricultural activity or for a horse property with facilities remains strong. In 2019, nine of these parcels from nine to 29 acres sold outside of gated communities, and one sold at the gated Ranch at Puakea. Median price for a 20-acre parcel is right around \$650,000, up slightly from 2018.

Smaller ag-zoned parcels that provide privacy but require less maintenance tend to sell quickly. There were three sales of 3-acre parcels in 2019 in Hawi and Malibu Ridge, at prices from \$389,000 to \$420,000.

Two vacant lots sold in the Hanaula Village residential subdivision, each for \$200,000. The developer is offering financing, which gives buyers a head start on being able to build.

Kohala Vacant Land Prices Up about 50% from the Bottom

The easiest way to track vacant land prices over this real estate market cycle is to look at the gated subdivisions, where lots are pretty comparable.

For example, in Puuepa Ranch, the small subdivision on Lincoln Avenue makai, a 20-acre lot sold for \$1,200,000 in 2006 at the market

peak. It went into foreclosure and sold as a bank-owned property five years later for \$391,250, the lowest sale at the bottom. In 2018, a similar lot sold for \$530,000 and the currently listed lot is priced at \$598,862 — still less than half the peak and about 50% above the bottom.

Even though prices are better than at the last market peak, larger parcels of vacant land are not affordable for local families and farmers. Per the guidance in the North Kohala Community Development Plan, there are also few parcels that could be re-zoned and subdivided to provide more affordable housing options. Thus, the cost of land remains the biggest obstacle to affordable housing in Kohala.

'Ōlelo Hawai'i for Peleluai (February)

Manu

By Jesse Lucas

Manu means bird.

We are fortunate to live in an area of Hawai'i where we can frequently see i'o (hawk) and pueo (owl) among other native birds.

In Peleluai, you may have spotted a different type of bird, a manu aloha (love bird), around Valentine's Day.

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Hawaii Writers Guild Recognizes Members' Accomplishments

By Diann Wilson

Members of the Hawaii Writers Guild gathered on January 18 to celebrate the accomplishments of the Guild and to honor members who had published in 2019. The achievements were many, both at the organizational and the individual member level.

First up on the program was a welcome by President Diann Wilson. She called on members of the board and others to highlight the organization's accomplishments during the preceding year. Vice President Bruce Stern announced that, chief among those accomplishments, the Guild has submitted its application to be recognized by the federal government as a tax-exempt nonprofit organization under IRS Code section 501(c)(3).

This recognition will enable the Guild to accept donations tax-free (and tax-deductible to donors) and to apply for grants to expand its activities. Government certification is expected in the near future.

Even without that advantage, the Guild pioneered new activities last year.

Laura Burkhart, executive editor of the Guild's new online literary journal, *Latitudes*, updated the audience on its progress. Laura reported that she and her staff have been meeting for months to shape the journal and have recently solicited and received numerous submissions from many Guild members.

The group was in the process of making final selections and is exploring design ideas for layout of the first issue. Publication is expected in the spring of 2020. Another successful initiative in 2019 was establishment of a "pop-up bookstore" by Events Director Louise Riofrio, who negotiated a vendor table at the Pukalani Farmers' Market in Waimea, where Guild members sell their books. One member, Steven Foster, spoke movingly of his experiences with members of the public there, report-

ing that they often opened up to him about their own experiences in Vietnam after learning that his novel "Spirit of an Eagle" features a veteran of that war.

Guild Treasurer Bob Lupo summarized the Guild's continuing efforts to offer educational workshops to members and the public. New in 2019, and much appreciated by those attending, was a workshop offered by Louise Riofrio about marketing your writing after publication, as well as a critique workshop offered by North Kohala writer Susanna Moore. Joy Fisher reported on the ongoing authors readings open to the public in both North Kohala and Waimea.

She announced that, beginning in February 2020, the new venue for Writers' Voices will be Tutu's House in Waimea. Eila Algood, emcee of the popular North Kohala readings, confirmed their first reading of 2020 will be held at the North Kohala Public Library in March.

The final accomplishment of the

year was reported by Diann Wilson. She proudly announced that the organization implemented a student membership category open to students of all ages.

The first student member, Braden Savage from UH Hilo, was in attendance at the event. Writers who had work published in 2019 were acknowledged.

North Kohala residents who were recognized include Donna Beumler, Donna Maltz and Linda Petrucelli.

The evening concluded with the announcement of the result of officer elections for 2020. Guild officers are Diann Wilson, president; Bruce Stern, vice president; Diane Revell, secretary; and Bob Lupo, treasurer. The first meeting of the year will be held in February and will include planning for this year and integrating the member suggestions obtained at the annual meeting.

For further information about Hawaii Writers Guild, www.hawaiiwritersguild.com

Teens X2 Social Gratitude for North Kohala Supporters

Gratitude is flowing strong at the Teens X2 Social group. We have a new sign that goes out in front every time we are having fun, doing art and eating good food. This sign was painted by the teens, but designed and built by a local benefactor, Preston Duby. We all send a BIG MAHALO to Preston.

We have been graced by some great local artist, writer and drama teachers, including special art teacher Donna Hawkins, Patty Brock, Donna Breeden, Virginia Fortner, Catalina Cain, Catherine Morgan, Anita Palazzolo, and so many other incredible volunteers.

All teens (11 to 19 years old, in school or out) are welcome every Wednesday, 1:30 to 3:30 p.m., at the Kohala Artists Cooperative (KAC) across from the Kapa'au Post Office. The meetings are free.

Adults who would like to teach a subject that teens would enjoy or have a donation of art supplies are urged to contact April Lee at 808-989-5995. We now have some of the teens' art for sale on their own wall at KAC. Come by and check out their talents. We are under the non-profit umbrella of Kohala Artists



Photo by April Lee

The Teens X2 Social Group meets at the Kohala Artists Cooperative and welcomes all teens to come and enjoy the company of their peers while learning and expressing their creativity.

Cooperative, sponsored by North Kohala Community Resource Center! To help with our rent and

expenses, visit www.northkohala.org to donate. Please be sure to put Teens X2 Social in the memo blank.

Mahalo pilialoha for all you do to support any of these worthy non-profits.




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New Year for the Tong Wo Society Temple in Kohala

Story by Anne Fojtasek

The lunar new year celebration of the Tong Wo Society starts with a bang on February 2: several bangs, in fact, including the insistent beat of a drum and cymbal, and the frantic rat-a-tat-tat of firecrackers.

A cheerful crowd has clustered to enjoy the festivities on the lanai, on the grass out front, and behind the railing of the second-floor porch of the Tong Wo temple. Just inside the front door, tables displaying an array of products and services tempt buyers. Teas, jams, jewelry, anthuriums, even an oracle attract lines of customers. The event is a yearly fundraiser for the Tong Wo Society, which uses the money "for the preservation and restoration of the building and the grounds," says one of the ladies encouraging visitors to sign in upon entering.

People flock to see the lion dancers, coming not only from the Kohala community but from around the island and from the mainland. Friends hug old friends and happily meet new ones. After the gloom of the early morning gray skies, the sunshine has made its appearance on this beautiful, golden day. The temple is open only one day a year to the public; lots of people are present to take



Photo by Kay Aldrich

Chinese lions dance for the crowd on February 2.

advantage of the opportunity to see inside.

Now dancers in elaborate gold with wavy red fringes lay out the lion costumes on the lawn in front of the steps to the lanai. Firecrackers on a rope are run up a pole about 15 feet tall with a streamer of red crepe paper attached. Then the dancers run forward and don the lion costumes, two to each, so the lions have both front and back legs. The rhythmic beat of drum

and cymbal sets the feet of the lions dancing, and others are also tapping toes, swaying and bouncing with bent knees. The lions cavort around the pole. Firecrackers crackle. Smoke clouds the air. For 15 or 20 minutes the musicians continue the beat as the lions slowly climb the steps and enter the temple. Eager hands reach out from all sides to "feed" the lions red envelopes containing donations. Not until they have mean-



Photo by Susanne Holland

Kwan Kung is the Lord of War, a spirit of protection and defense against demons, thieves and malefactors in general.

See Tong Wo on Page 11

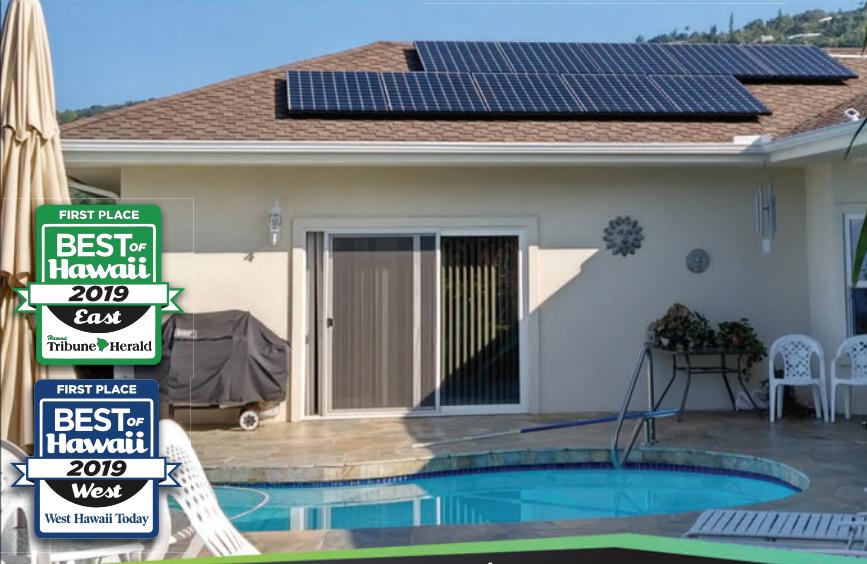
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Tong Wo, continued from Page 10



Shoes are respectfully left in front of the temple entrance at the Tong Wo Society lunar new year's celebration.

Photo by Mike Frailey

The altar is set with traditional offerings.

Photo by Susanne Holland

dered all through the waiting audience do the lions return to the front lawn. They back carefully down the steps, as a helper comes forward to place their shoes for them to put on again—no shoes are allowed inside the temple. Cameras flash and video equipment records. The dance finishes with another raucous burst of firecrackers and an answering burst of applause from those watching. Ribbons of red crepe paper shred in the air and drift down to litter the grass.

A line quickly forms as people move to enjoy the potluck. On a covered patio behind the temple, long tables have been draped with white paper tablecloths, and an assortment of dishes entices the

hungry crowd. More picnic tables draw people out into the sunshine in the small yard behind the temple. Out front, the dancers and helpers take down the pole, stow the equipment and scoop up the piles of tattered red crepe paper.

Clyde Wong, caretaker for the temple, says that the Tong Wo temple in Kohala is "the oldest Chinese substructure still made of the original materials now left in the state of Hawaii." It does have a new roof, he says, which was placed over the original shingles, and the exterior foundation has been repaired because of weather damage. A similar structure in Hilo was bulldozed years ago, leaving the Kohala temple as the only one in the state with its origi-

nal components.

The land on which the temple stands was purchased by members of the Tong Wo Society in 1883 and was paid off within a year by Chinese grocery stores along the rail line connecting the sugar mills in this part of the island. The purchasers believed they had found a property of perfect feng shui, a "highway to Heaven" between the mountain, the ocean, a nearby stream and the east-to-west winds of the area. Construction began the following year, and the temple, built of parts prefabricated in the 1880s, was dedicated in December, 1886.

Clyde points out that the building has no windows on the back side, the side that faces the moun-

tain. According to a folk belief in China, "bad spirits would come off the mountain," he says, so the back was left without openings for them to enter.

The temple served as a home-away-from-home for many Chinese immigrants to the area. It offered them an opportunity to be with others who spoke their language, ate the same food and understood their traditions. As such, it was an important connection for the Chinese in Kohala.

During the early 1940s, the last caretaker died. Bushes, trees and grass flourished on the property, Clyde says, but the building itself was considered a monument to the past and was no longer used. Interest in the structure as a temple was reawakened among Chinese families in the 1960s. The interior lay shrouded with a thick layer of dust, undisturbed by footprints, everything left just as it had been years before. The impression of the last incense burned was still visible, Clyde says.

Since then, a lot of work has gone into restoring the temple. "We still have a long way to go," he adds. "Restoration is a continuous process."

The Kohala Tong Wo temple has played an important role in the history of the Chinese who found a new life in this district. Now it's good to see the building being used again, looking beautiful, hosting a happy crowd of those who have come to honor the temple and to enjoy the rituals of a people who have become part of Kohala.



Lion costumes bear intricate design.

Photo by Susanne Holland

THE COQUI CORNER

The crew at the Coqui Coalition has restructured. We have added more individuals to help more often. The number of eradication sites and the frequency of visits to the sites has increased recently. At the same time, several neighborhoods have organized to help keep their places quiet. The cool, dry weather has made things less noisy. Nevertheless, our crews have continued to treat areas that are known to be infested. Be a good neighbor. Don't let apathy be your guide.

For ideas and strategies on how you can help keep your yard and neighborhood quiet, call the **COQUI INFORMATION LINE AT 889-1777** or visit us online at kohalacoquicoalition.org

Mahalo to the State and County for supporting our efforts.

Tax-deductible donations are gratefully accepted through: **NKCRC, P.O. Box 519, Hawi Hawaii 96719**

North Kohala

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Kohala Sports

Kupuna Softball Brings Local Action and Family Fun



Credit: <https://www.flickr.com>

It's that time of year again when Kupuna Softball swings into action. Don't miss out on fun local games right here at home at Kamehameha Park. January 25 was the first game and Kohala lost two games against the Honomu Rockets. The score of Game 1 was 4-13 and that of Game 2 was 6-11.

February 1, both of our local Kohala teams played and won both their games: Kohala defeated Pueo, 21-13 and 11-6, and the

Local Boyz took down Hui O Na Kolohe, 14-2 and 17-5.

Kohala has a game on February 29 and both teams play March 7, March 14, March 21, April 4, April 11 and April 18. The 2020 County Tournament is in Kona July 8-9, and the 2020 State Tournament will be on Kauai August 4-6. Anyone who can't make it to the games can keep up with the scores at www.kupunasoftware.com. Good luck, fellas!

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WEEKLY EVENTS IN MARCH 2020					
DAY	START	END	EVENT	VENUE	CONTACT
MON	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM		KOHALA SENIOR CLUB MEETING KOHALASENIORS@GMAIL.COM	CIVIC CENTER	
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
	3PM	3:45PM	CAPOEIRA - 3-6 YEARS	HUB BARN	889-0404
	4PM	5PM	CAPOEIRA - YOUTH	HUB BARN	889-0404
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	5:30PM	8:30PM	OPEN STUDIO	CLAY COTTAGE	889-0404
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025
	7PM		AL-ANON MEETING	KOHALA MISSION SCHOOL	895-2094
TUES	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM	10:30AM	TAI CHI	HUB HALE	889-0404
	9AM	1PM	KEIKI HAWAIIAN CULTURE & CUSTOMS	HUB BARN	889-0404
	3PM	5PM	SCRABBLE FOR TEENS & ADULTS	NORTH KOHALA LIBRARY	889-6655
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966
	5PM	6PM	BUTIFITNESS	HUB HALE	889-0404
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
	6:30PM	7:30PM	BELLY DANCING - TEEN-ADULT	HUB HALE	889-0404
WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
	8:30AM	9:30AM	PILATES PLUS	HUB HALE	889-0404
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
	1:30PM	3:30PM	AFTERSCHOOL LEGO® CREATIONS	NORTH KOHALA LIBRARY	889-6655
	1:30PM	3:30PM	TEENS X2 SOCIAL 11-19 YRS	ARTISTS' CO-OP	989 5995
	1:30PM	2:30PM	BEGINNER BALLET	HUB HALE	889-0404
	2PM	4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	783-1158
	2:30PM	3:30PM	YOUTH BEGINNER BALLET	HUB HALE	889-0404
	5PM	6PM	TAI CHI	HUB HALE	889-0404
	6PM	6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	889-0404
	7PM		ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE RD	889-6703
THU	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM	1PM	KEIKI HAWAIIAN CULTURE & CUSTOMS	HUB BARN	889-0404
	4PM	5:30PM	JAN'S YOGA - INTERMEDIATE	HUB HALE	889-0404
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	5:30PM	8:30PM	CERAMICS -GUIDED OPEN STUDIO	HUB CLAY COTTAGE	889-0404
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
	7PM	8PM	NARCOTICS ANONYMOUS MEETING	WILEY HALL ON IOLE	805-452-9501
FRI	9AM	11AM	TAI CHI - ALL	HUB HALE	889-0404
	9AM	1PM	EARLY LEARNING WITH CATHY MORGAN	HUB CLUB	889-0404
	9AM	10:15AM	TAI CHI	HUB HALE	889-0404
	9AM		HEALING CIRCLE FOR ADDICTS, ALCOHOLICS	NANI'S GARDEN	805-452-9501
	10AM	10:30AM	PRESCHOOL STORY TIME AGES 2-5	NORTH KOHALA LIBRARY	889-6655
	3:30PM	4:30PM	YOUTH HIP HOP	HUB BARN	889-0404
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	10AM	11AM	QI GONG	HUB HALE	889-0404
SUN	9AM	10:30AM	YOGA WITH JAN - BEGINNER	HUB HALE	889-0404
	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET	889-0404
	10AM	11AM	WEST AFRICAN DRUMMING CLASS	ARTISTS' CO-OP	987-4243
	10:30AM	12PM	YOGA WITH JAN - INTERMEDIATE	HUB HALE	889-0404
	11:30AM	12:30PM	WEST AFRICAN DANCE CLASS	ARTISTS' CO-OP	987-4243
	3:30PM	5PM	CRYSTAL ALCHEMY SINGING BOWL SOUND BATH -BI-WEEKLY	HUB HALE	889-0404
	4:30PM	5:30PM	TANGO - BEGINNER	HUB HALE	889-0404
	5:30PM	6:30PM	TANGO - INTERMEDIATE	HUB HALE	889-0404
	6PM	7PM	DHARMA RECOVERY MEETING	CLAY COTTAGE	464-4411

EMAIL WEEKLY CALENDAR LISTINGS TO: kohalacalendar@gmail.com

Kohala Sports

Kohala Athlete Focus: Kamani Provençal



Credit: Kamani Provençal

Kamani Provençal played as Kohala's goalkeeper for the last four seasons. He's a force to reckon with for any baller.

Senior Kamani Provençal is a multi-sport athlete at Kohala High School, getting ready to move on to college life soon. He has led a successful life in Kohala, and has plans for future achievements as well.

Kamani's father, Mark Provençal, is a local firefighter and his mother, Pohai Provençal, is an avid volunteer in our community that you may have seen hiking on the Pololu Valley Trail now and then. Kamani wants to use his educational and academic skills to earn a degree in Environmental Science. I asked Kamani, "Why Environmental Science?" He says,

"I just want to educate the world on our current environmental problems and help animals that are endangered." Kamani says his focus is on saving the black rhino and that he is committed to Grand Canyon University. "They're a D1 [Division 1] school. For me, continuing to play soccer is a goal and I really like that campus compared to other colleges I visited."

Kamani was born and raised in Kohala. He recalls Mr. Aiona as one of his favorite elementary school teachers because "we were always being physical outside and, to this day, he always asks me how I am doing with my sports."



Credit: Kamani Provençal

Kamani and his dad, Mark, at the Senior Soccer Game.

Kamani recalls Mr. Anderson as one his favorite middle school teachers because "I always played on his teams and he ran intramural sports, which made middle school really fun."

In high school, Kamani recalls Ms. Brown as a positive influence because "she pushed me to be a better writer and is always encouraging me to be an active player in my community." Kamani's senior

project is hosting a soccer tournament, the proceeds of which will be donated to American Youth Soccer Organization (AYSO) soccer as his way of giving back to Kohala. He has played AYSO soccer since he was six years old.

If you want to meet Kamani, you can always find him worshipping on Sundays at Solid Rock North Christian Church on Hawi Road around 8-10 a.m.



Elizabeth Chapman Vignato

Elizabeth "Betsy" Lee Chapman Vignato, 90, of North Kohala died January 27th, 2020 at home. Born June 13, 1929 in Newport, Rhode Island. Former President of The Honolulu Symphony.

She is survived by husband Lee Vignato of North Kohala and sons Geoffrey (Emma) and Matthew (Nicole) Chapman, all of Honolulu, and her three grandchildren.

Donations in lieu of flowers may be sent to the North Hawaii Hospice.

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Kohala Sports

Kohala High School Soccer Looks to Next Year



Photo by Florine Kai

2019-2020 Kohala High School Soccer Team

Back row (left to right): Coach Daniel Perez, Duncan Anderson, Damien Padilla, Raimana Akau, Daniel Remsen, Kamani Provencal, Manase Pagud, Joel Gonzalles-Oliveros, Chevez Apostadiro, Riley Preston, Justus Ventura, Ethan Tomas and Coach Peter Naungayan
 Front row (left to right): Noah Kolly, Daniel Cordeiro, Aiden Blanco, Kainalu Yamamoto, Nathan Perez, Manutea Pagud, Shiloh Perez, Anthony Kaau and Jersey Lewis

With a record this season of 3-8-1, the Kohala soccer team definitely had some fun playing their hearts out and working as a team that will be worth watching next season as well. With four seniors and a junior player leaving the team this year, they will need some new talent from the next ninth grade class moving up from Kohala Middle school. We will see you all out there next year. Keep up the great work coaches, parents, players and fans.



Photo by Florine Kai

Senior soccer players (left to right) Kamani Provencal, Duncan Anderson, Manase Pagud and Justus Ventura

These four teammates played a great last game and Kamani did his very best to keep the score down to a minimum with his tenacious goal-keeping efforts. Justus can always be seen on the offensive, driving for scoring goals. Duncan's defense is always finding steals and blocks and Manase is one of the most active players on the field. Thanks again, seniors. Kohala soccer fans and players will surely miss your bright smiles and high energy.



Photo by Florine Kai

Junior Shiloh Perez traveled abroad to Europe to play soccer and attend his senior year of school. Shiloh is a Kohala legend and soccer star who has recently found the gift of travel to extend his learning and soccer skills. We wish him success and luck as he brings his Big, Big Island Aloha Spirit across the world.

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Kohala Sports

Jiu Jitsu Takes Shape in New Building



New Life Martial Arts & Fitness is located on Akoni Pule Highway in Kapa`au.



Athletes from a wide range of ages and abilities come to New Life Martial Arts & Fitness to increase their skills and fitness.

Jiu-jitsu is an amazing sport of self-defense and discipline. Just ask Kahana Cordeiro, the local Kohala instructor. I interviewed him a while back about his new studio opening in Kapa`au, on Akoni Pule Highway, at the old Sunshine Hardware building location.

KMN: What does success look like for you and your students, Kahana?

KC: The choice to come to class instead of staying home. I always encourage students to set little goals and build from there. Jiu Jitsu is all about the foundation and fundamentals. Your mind will run wild if you let it, so I always watch my students when they walk in to see if I can pick up on anything that may help in making the day great or better for them. Success starts there, where a student chooses to come to class and I strive to make each class

experience an 'ohana environment for them.

KMN: Kahana, are there competitions you do with them?

KC: Here on the Big Island there are roughly five competitions a year, we haven't been to any lately as our main focus is character development through martial arts. Competition is a good measuring tool for the sport skill set and it allows you to train 100% safely. However, there is also the real side "self-defense" where rules do not apply in surviving a real attack. We balance the two components to help students train safely and more importantly learn how to deal with real life situations, from homework, to addressing strangers, to bullies, dealing with peer pressure and much more.

KMN: Kahana, what is your history as an instructor?

KC: I was introduced to jiu-

jitsu in 1991. As a practitioner of other martial arts (wing chun, kali, escrima, muay thai, sambo and catch wrestling), I found jiu-jitsu to be the most complete so I dedicated training full time to the art. I've been blessed to be mentored by a few jiu-jitsu world champions for the past 11 years. I received my black belt in 2013 and I'm currently a first degree black belt under current Abu Dhabi Combat Club and International Brazilian Jiu-Jitsu World Champion Augusto "Tanquinho" Mendes.

KMN: Kahana, what are the life lessons you want to teach your students?

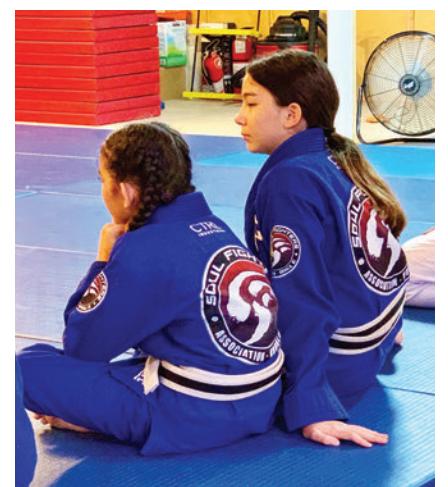
KC: To give yourself a chance and have patience - you may be surprised. You'll learn a lot about your strengths but, more importantly, about your weaknesses. Jiu-Jitsu will help in all areas of your daily life. No matter what physical attributes someone has, with some faith anyone can put one foot in front of the other and progress. Progression is doing better than you did yesterday. I only ask that my students do their best and I hope to touch their lives in some way.

KMN: Thank you, Kahana, for all you do to serve our Kohala community. We look forward to seeing you in action at the new studio.

If you want to feel your inner

power and tap into your warrior for self-defense or to meet great people, or to learn the sport New Life offers "world class jiu-jitsu" under World Champion Augusto "Tanquinho" Mendes of Soul Fighters Brazilian Jiu-Jitsu Association here in Kohala. Classes are available for all ages.

Traditional Wing Chun (Kung Fu), Insanity Live, Yoga, Strength & Conditioning, and Beginner Fundamentals are also offered. For more information, contact Professor Kahana Cordeiro at (808) 345-2683 or visit <http://www.newlifebjj.com>.



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SPONSORED BY THE KOHALA COMMUNITY ATHLETIC ASSOCIATION (KCAA)
FOR MORE INFO CONTACT RENEE @ 889-6505

KOHALA MONTHLY CALENDAR MARCH 2020

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
2/24	MON	5:30 PM		LEGISLATIVE UPDATES FROM REP. TARNAS AND COUNCILMAN TIM RICHARDS	HAWAII ENERGY, THE STATE'S ENERGY EFFICIENCY PROGRAM, WILL ALSO BRIEFLY PRESENT ON NEW PROGRAMS IN KOHALA	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/2	MON	5:00 PM	7:30 PM	CHESS CLUB	JOIN THE LIBRARY'S CHESS CLUB (FIRST MONDAY OF THE MONTH)	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/2	MON	6:00 PM	7:00 PM	GROWTH MANAGEMENT GROUP	MEETING	JUDICIARY BUILDING	
3/4	WED	4:00 PM		KOHALA COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
3/4	WED	4:30 PM		NKAG MEETING		OLD COURTHOUSE	889-0404
3/7	SAT	10:00 AM	12:00 PM	RECYCLE PLASTIC	CLEAN AND REMOVE LABELS, ORGANIZE ACCORDING TO #: 1,2,4 OR 5	HUB PARKING LOT	LAVARROOTS@GMAIL.COM
3/9	MON	2:00 PM	4:00 PM	SID'S JEWELRY CLASS FOR ADULTS	SIMPLE JEWELRY CRAFT WITH SID NAKAMOTO, CALL TO REGISTER	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/9	MON	3:00 PM	5:00 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
3/9	MON	6:00 PM	8:00 PM	SID'S JEWELRY CLASS FOR ADULTS	SIMPLE JEWELRY CRAFT WITH SID NAKAMOTO, CALL TO REGISTER	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/10	TUE	11:00 AM	12:00 PM	BOOK GROUP	FRIENDLY DISCUSSION ON THE BOOK "IN THE COMPANY OF THE COURTESAN" BY SARAH DUNANT	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/10	TUE	6:00 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE	THE HUB	KOHALA.HFUU@GMAIL.COM
3/14	SAT	10:00 AM	3:00 PM	KOHALA ARTISTS' CO-OP SWAP MEET	SET A TABLE AND SELL, SWAP OR TRADE GOODS	ARTISTS' CO-OP	430-3131
3/14	SAT	6:45AM		NKCRC 3RD ANNUAL GOLF TOURNAMENT	GO TO NORTHKOHALA.ORG TO REGISTER	MAUNA KEA RESORT	889-5523
3/16	MON	6:00 PM	7:30 PM	CONSCIOUS DISCIPLINE PRESENTATION	LANI BOWMAN PRESENTS CONSCIOUS DISCIPLINE	NORTH KOHALA PUBLIC LIBRARY	899-6655
3/17	TUE	10:00 AM	12:00 PM	WRITERS' GROUP	CULTIVATE YOUR CREATIVE SIDE BY JOINING OUR WRITERS' GROUP	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/21	SAT	4:30 PM	6:30 PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
3/21-3/22		9:00 AM	3:00 PM	15TH ANNUAL CAMP MANA	ART, MUSIC, DANCE, GARDENING, FOCUSED ON 4-12 YEAR OLDS, TODDLERS WELCOME WITH A PARENT, VOLUNTEERS WELCOME	FARM IN NIULI'I	896-7748
3/23	MON	6:30 PM	7:30 PM	HAWAIIAN HISTORY TALK	JOIN BOYD BOND FOR A HANA HOU! HAWAIIAN HISTORY TALK	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/25	WED	5:00 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
3/25	WED	4:00 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-0404
3/26	SAT	4:30 PM	6:00 PM	THRIFT SHOP	AT ST. AUGUSTINE CHURCH	NEXT TO WALKER HALL	889-5390
3/26	SAT	4:30 PM	6:00 PM	COMMUNITY MEAL	AT ST. AUGUSTINE CHURCH	WALKER HALL	889-5390
3/26	THU	6:00 PM	6:30 PM	PRAYERS AROUND THE PEACE POLE	ALL ARE WELCOME, REGARDLESS OF RELIGIOUS AFFILIATION	ST AUGUSTINE'S CHURCH	895-5753
3/28	SAT	5:00 PM	8:00 PM	KOHALA ARTISTS' CO-OP ART PARTY	GALLERY SHOWCASE, THEATER PERFORMANCE, FOOD AND BEVERAGE VENDORS, LOCAL MUSICIANS	ARTISTS' CO-OP	960-3597
3/29	SUN	3:00 PM	4:30PM	AQUARIAN UNIVERSAL METAPHYSIC	DISCOVER ANSWERS TO "UNANSWERABLE" QUESTIONS.	AINAKEA SENIOR RES.	882-7047
3/30	MON	6:00 PM	8:00 PM	LOCAL AUTHOR READINGS	HAWAII WRITERS GUILD, LOCAL AUTHOR READINGS	NORTH KOHALA PUBLIC LIBRARY	889-6655
3/31	TUE	6:30 PM	9:00 PM	BELLY DANCING		HUB BARN	889-0404

Email monthly calendar listings to: kohalacalendar@gmail.com



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Kalahikiola Congregational Church
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 Prayer time Tuesdays at 11:30
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 Sunday Services
 Adult Bible Study/Kids on Mission 9 am
 Worship Service/Sunday School (for children of all ages) 10:30 am
 Pastor Steven E. Hedlund (808)889-5416
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Gospel of Salvation Kohala
 Kokoiki Road
 Service: Sunday 9:00 AM
 Adult Bible Study: Monday 7 PM
 Prayer Meeting: Friday 7 PM
 Pastor Ilma Moiha
 www.gos-kohala.org

St. Augustine's Episcopal Church
 Kapa'au, North Kohala
 Sunday Services:
 7am - Holy Eucharist (quiet Mass)
 9am - Holy Eucharist
 Children's Sunday School & Fellowship Brunch
 Thrift Shop Hours:
 Weds: 12 - 3:30pm • Thurs: 4 - 6pm
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 4th Thursday of each month: 4:30 - 6pm
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 Rev Elias Escanilla
 Deacon Thomas Adams
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KOHALA HONGWANJI SHIN BUDDHISM
 March service:
 Sunday, March 15 @ 10:00 am
 On the right approx. one mile past the Kohala Middle School in Halaula
 For more information call: 987-1791
 Rev. Bruce Nakamura
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 Minister will be at the temple from 12:30 - 2 pm on service days to talk story with interested individuals

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Kohala Sports

Kohala Boys Basketball Competes at State Finals



Photo by Nai Emiliano

Moses Emiliano makes the shot in an aggressive drive on Hawaii Preparatory Academy late in the game.



Photo by Kiani Salvador

The team goes crazy against Waiakea on Senior Night as the Cowboys make the final shots to win the game.



Photo by Kiani Salvador

La`akea Kauka takes his free throws against Hawaii Preparatory Academy.

The Kohala Boys Basketball team headed for the Hawai'i State Finals on Oahu on February 19, just days before this paper's distribution date, to play against the state's best players in a challenge to win the title. Because of this timing, unfortunately we are not

able to report the outcome of the game.

However, leading up to it, Kohala junior Nai Emiliano thinks that the "out run and gun style" will dominate the league. A lot of the other teams' players are big and tall like you would expect,

but our Kohala ballers have a secret weapon that has led them to an 11-1 record -- tied with Hawaii Preparatory Academy (HPA) -- in the Big Island Interscholastic Federation (BIFF) this season.

The Kohala ballers dominate just about every team with

speed, endurance, teamwork, full court press and spirit. The team played HPA on February 5 for the BIFF Division 2 Championships and were taken down 60-42 in the Kona-hosted match up, where hundreds of Kohala fans descended upon the venue to support their team. Koby and Elijah scored 10 points each to lead the team against HPA. According to Kane Pahio, "the Kohala crowd was excited" by the action.

No matter what happened at the State Championships, win or lose, you are always in the winner's circle in our hearts here in Kohala.



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Kohala Adventure Series

Big Island Gravity Skydiving Brings New Attraction to North Kohala



Photos by Dave Laidlaw

Maureen Garry and instructor Dave Laidlaw enjoy the high speed thrill of freefall. Each jump begins with a full minute of freefall before the parachute is deployed.

This story was originally printed in the July 2017 issue of the Kohala Mountain News.

A small group of adventuresome people are gathered at Upolu Airport under sunny blue skies, ready to experience the North Kohala coastline from a different perspective. The object of their desires: jumping from a small plane and descending via parachute, taking in the Hawaiian vistas while plummeting toward the ground at 120 miles per hour.

Big Island Gravity, Kohala's new skydiving operation, has been open to the public since October 2016. Owner Dave "Happy" Rintala – a nickname he's carried with him since childhood – offers morning outings by appointment seven days a week, depending on the weather. Each flight can take up to three jumpers, along with their tandem-jump instructors, and the business will book up two groups of people per hour. Business is great, says Rintala. He has averaged about 60 jumpers per week over the last few months and, now that July 4 is

passed, the busy season has begun.

Rintala has a long history of adventure sports. Starting as a pre-teen jumping from the family roof or rappelling down the chimney while his parents were away, he graduated to mastering several sports, including snow skiing, whitewater rafting and backcountry trekking.

After starting as a ski guide, rescue squad member and avalanche forecaster in Alaska, he ended up buying the business and turning it into a backcountry skiing and heli-ski operation, dropping advanced skiers into trail-free backcountry so they could challenge themselves in the deep, virgin powder. At that time, only Canada and one place in the United States had heli-skiing. Neither had the mountain size or run length of the Alaskan slopes. With this challenge, Rintala created safety protocols different from those in the lower 48 states to keep his skiers safe in the event of a rescue situation, thus starting the skier-safety industry in that state. A serial entrepreneur, he has since sold the Alaska heli-

ski business, a heli-flight school, backcountry touring, and international cultural trekking and rafting companies – but maintains a thriving heli-ski business in the Sierra Nevada mountain range near Lake Tahoe's Squaw Valley ski resort. Asked why the variety in adventure sport businesses, he replies with a grin and a twinkle in his eye, "I'm the purveyor of stoke."

Although he has owned property in South Kona for 12 years, Rintala says he has "fallen in love with the Kohala community" – the loving, supportive people and the phenomenal, nearly fog-free weather. He'd been looking for a business niche on the island, something that hadn't been filled. Skydiving in North Kohala was wide open.

But the company offers more than just a flight up and a drop down. In a unique twist, expanding on the idea of skydiving, after reaching altitude the plane flies east toward Pololu Valley and – clouds and weather permitting – flies over the gulches for a brief aerial tour of the coastline. Rintala calls it "the most beautiful skydive in the world."

Upolu Point has environmental considerations not common for a typical "drop zone," or skydiving center. The proximity to the ocean, sometimes high and shifting winds, fast-moving clouds and rains that come through with little notice require greater instructor skills and safety operations. But because of his experience with other adventure sports, Rintala is undeterred.

His strategy is to keep safety and skill level paramount and hire only the best. He says, "Across the industry, our instructors probably have the highest skill level, the highest jump numbers, and the most years in the sport." He pays them well and provides housing to attract the best quality instructors.

While 500 jumps will qualify someone as an instructor, the two instructors in the plane that morning had over 17,000 jumps and 30 years of experience between them. The plane is only 300 flight hours out of a major overhaul, which is unusual for a skydiving operation. Each jumper is not only strapped tightly to their tandem instructor but wears a belt with emergency flotation for unforeseen water landings. Each flight has a helicopter

standing by in Puako, jet skis at Hapuna Beach, and the drop zone's own jet ski and emergency medical technician (EMT) on site and ready if needed. The United States Parachute Association, the industry's professional association and safety advisor, is impressed with the operation's safety focus, instructor experience and equipment, and is excited to have them in the industry, stating, "Nobody does it this way."

The combination of safety and skill allows extreme sports to be a form of meditation, enabling human development by being "in the now" and using intuition and innate knowledge. Rather than merely going for a big adrenaline rush, Rintala likens extreme sports to "physics experimentation," playing with the forces of nature.

Over the years, his inner drive has morphed from seeking the thrill of the sport to giving others the ability to do something they wouldn't be able to do without years of training. To be in the care of an instructor with advanced skills opens a new door to a "regular" person. Giving that opportunity brings more reward than merely doing the sport on your own. Rintala likes to say, "Recreation is re-creation." It can give people new perspective, a different view of life. Has had people resolve to get fit and actually do it, or even go home and sell their stressful business. It can be an expansive, rebirthing experience.

Dave Laidlaw concurs. An instructor with 24 years of experience and many thousands of jumps, Laidlaw recently relocated to the island from Upstate New York. He is one of the 40 holders of the November 2016 world record in the largest formation formed at night. They plan to challenge that record with a 60 person formation in 2017.

Laidlaw got into skydiving because he always like climbing things and being high. Bungee jumping felt less-than-graceful, but once he tried static-line skydiving in college, he was hooked. Soon thereafter he'd become certified to jump on his own and immersed himself in the sport. Has worked nearly nonstop in the industry since 1996 as an instructor, packer, videographer, manager or in manufacturing equipment. He echoes Rintala's love of enabling others to experience the

See Sky on Page 19

NORTH KOHALA COMMUNITY RESOURCE CENTER

Get Ready to Tee It Up!

Our 3rd Annual Golf Tournament will be held on Saturday, March 14th, at Hapuna Golf Course at Mauna Kea Resort. Go to northkohala.org to register to play or contact us for more information!

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Public Notice



The Hawaii Health Systems Corporation West Hawaii Regional Board of Directors will be having its next meeting open to the public:

Wednesday, March 11, 2020

3:30 p.m. to 6:30 p.m.

Kona Community Hospital's Conference Room 2

The West Hawaii Regional Board of Directors represents Kona Community Hospital and Kohala Hospital.

Any questions, please contact **322-6970**
www.kch.hhsc.org

Sky, continued from Page 18

thrill of flying. For him, giving is receiving – taking in the excitement on people’s faces and in their voices when they get to do what he loves so much. And he loves the jumping community being filled with eccentric, but accepting, people. According to Laidlaw, the only way to get kicked off of a drop site is to be abrasive, not have a team player attitude, or want to go your own way. Other than that, freedom of expression is welcomed.

The United States is home to about 30,000 licensed jumpers, though maybe 50 percent of them are really active. The Big Island has a dozen or so jumpers. Rintala, Laidlaw and others are working to get some of the jumpers together for some formations, or “fun jumping.” It’s an inclusionary sport, males and females jump together and compete against each other, because strength is not a factor. Precision, skill in formation and “swooping” (flying low

over the ground) can be mastered equally by both sexes. Fun jumping can be likened to synchronized swimming, except that it’s flying through the air at 120 miles per hour.

The sport started with “belly flight,” modeled after military jumps with the body prone to ground. It is quickly evolving into “free flight,” where bodies are moving in all different planes, including head down diving and use of wing suits with no parachutes. Formations are not only building horizontally but stacking vertically into three-dimensional structures. With wide open skies and a lot of imagination, those who like to experiment with physics are playing with what can happen in the air and sharing it with those who dare to join them.

Those interested in learning more about skydiving with Big Island Gravity can visit www.skydivebig.com or call 808-937-9258.

North Kohala Enterprise Zone Re-designated

Governor David Ige re-designated the North Kohala Enterprise Zone for another 20 years on January 21, 2020.

Enterprise Zones (EZ) reduce poverty and encourage economic development by providing businesses incentives for investment, job creation or increased gross income. More than 375 Hawai’i Island businesses have participated in the program since 1994. In 2018, the program created or maintained 1,007 jobs on Hawai’i Island.

The North Kohala Enterprise Zone was initially designated in April 2000 and remains one of the five designated zones on Hawai’i Island. The others are Hamakua, Hilo-Puna, Ka’u and Kona.

To participate in the program, businesses must be in one of the five zones on Hawai’i Island, and must obtain at least half of their income from an approved list of eligible business activities, ranging from agriculture and manufacturing to wholesaling and wind energy production.

To receive certification for annual benefits, such as tax incentives, participating businesses must submit a year-end report that indicates they

have met the hiring requirements or, for agricultural businesses, increase their gross sales by two percent. Also, at least 50 percent of the business’ total gross revenues must come from Enterprise Zone eligible activities and for agricultural businesses may include value-added products made from crops grown within an Enterprise Zone and sold at retail by the business.

Interested businesses need to submit an application and receive approval from the State Department of Business Economic Development and Tourism. Qualifying criteria include location within an Enterprise Zone; employing at least one employee or, for agricultural businesses, using the two percent increase in gross income criteria; a verification that someone works in the business at least 20 hours a week.

There are no application fees for joining the EZ program. Application forms, maps, and general information are available on-line at www.hawaii.gov/dbedt/business/programs/ez.

For questions, contact County Economic Development Specialist Jane Horike at (808) 961-8496.

Creativity Finds Expression at Camp Mana

Please join us for the 15th Annual Camp Mana, March 21 and 22, in North Kohala!

Camp Mana is a weekend-long day camp offering exciting and creative opportunities for children to express themselves and explore their world. Camp Mana is now in its 15th year of inspiring youth and uniting the community in service. Camp activities include art, music, dance, gardening and other opportunities for discovery and growth. Camp activities are focused on 4-12 year olds, toddlers are wel-

come with a parent, and teenagers are invited to serve as mentors. Volunteers welcome!

Please contact us for more information, to enroll your child, or to serve as a volunteer. We look forward to creating and sharing this year’s amazing experience of Camp Mana with you and your children!

The 15th Annual Camp Mana
March 21 & 22
9am - 3pm each day
Contact: Camp.Mana.Ohana@gmail.com
808-896-7748

Tennis Coaching Now Available to KMS Students



Kohala High School Tennis Coach Hermann Fernandez and volunteer Coach Melissa Virtue bring a new tennis program to Kohala Middle School during Ms. Athan’s and Mr. O’Donnell’s PE classes during the spring semester.

Story and photo by Celene Kobayashi

“What I liked about tennis was we stayed active and that all of the coaches helped us with our skills. I also liked that the coaches made it fun. It made me want to play tennis, and I feel happy when I do this” - Wyatt Mattos, Grade 8

Kohala High School Tennis Coach Hermann Fernandez and volunteer coaches Melissa Virtue and Michael Bartolome have brought tennis to Mr. O’Donnell’s and Ms. Athan’s Kohala Middle School PE classes. With students’ growing interest in the sport, the

program will be expanding tennis into the 21st CCLC after-school program at the end of February and shuttling registered students to the Kohala High School tennis courts twice a week to develop their skills.

Mahalo to the coaches, staff at KMS and sponsors North Kohala Community Resource Center, West Hawaii District Tennis Association and United States Tennis Association Net Generation, all of whom have assisted with grants, equipment and program materials so that Kohala students have access to tennis at no cost.

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KMS Quarter 2 Academic and Hawk Awards

Congratulations to the recipients of Kohala Middle School's Academic and Hawk Awards!

The following students earned one of these prestigious awards for their achievements in the second quarter of the 2019-2020 school year.

Academic Awards

Principal's List

Kohala Middle School recognizes the following students on the Principal's List who achieved a 4.0 grade point average for the second quarter:

Grade 6: Saphira Cambra, Jaycie Chilton, Amy-Briel Ishimine

Grade 7: Laurie Trivett

Grade 8: Amelia Coates, Camille Fuertes, Aiden James-Foree, Savannah Kupukaa, Yvanka Lum

Honor Roll

Kohala Middle School recognizes the following students who received Honor Roll by achieving a 3.5-3.9 grade point average for the second quarter:

Grade 6: Ascher Blanco, Aadyan Bolosan, Kenneth Carvalho-Soares, Xavier Carpio, Barbie Def Damasco, Zalea Douglas, Nicole Drew, Gene Ferris, Tiani Gantala, Elia Kolly, Noreen Lucas, Jeremiah Medeiros, Halia Perez-Bobek, Tyler Sulliban, Royden Tabiolo

Grade 7: Stella Brooke, Sophie Canine, Ava-Grace Ishimine, Jense Merice Jose, Christine Kimball, Kalia Marquez, Sydney Marquez, Zoe Peleholani, Liana Pine-Ramos, Isaac Salvador-Libron

Grade 8: Makenzie Afaga, Promise Arraujo-Medeiros, Ian Dugan, Joden Fernandez, Cassandra Jones, Landon Kauka, Landon Lewis, Ashley Millet, Princess Shalei Nicolas, Johansen Peleholani, James Ramos, Jayline Salvador, Edward Stenson, Jr., Tatiana Sugse, Keilla Thomas, Adela Van Housen

Hawk Awards

Pono Award

Kohala Middle School recognizes the following students with the Pono Award for being role models for their peers, choosing to do the right thing, and for encouraging a safe and respectful school environment:

Grade 6: Micah Durflinger, Gene Ferris, Trinity-Lee Keawe, Halia Perez-Bobek

Grade 7: Stella Brooke, Sophie Canine, Zoe Peleholani

Grade 8: Amelia Coates, Ian Dugan

Grit Award

Kohala Middle School recognizes the following exceptional students with the Grit Award. These students displayed resilience, perseverance, dedication and determination in the face of challenges.

Grade 6: Aadyan Bolosan, Zuri Dela Cruz, Jeremiah Medeiros

Grade 7: Amillio Heu-Mathieu, Devin Luga-Benedicto, Mahea-lani Pang

Grade 8: Kaylee Hirano, Lulia Perez, Kaneesha Santiago, Alan Secuya



KHS 2nd Quarter Honor Roll

Congratulations to Members of Kohala High School's Q2 Honor Roll!

The following students earned a spot on the prestigious list for the second quarter of the 2019-2020 school year by achieving at least a 3.5 grade point average (G.P.A.).

Seniors: Duncan Anderson, Elijah Antonio, Lehua Cambra, Jessa-May Campollo, Jovylyn Campollo, Laila Carvalho, Amber Carvalho-Soares, Kalia Emeliano, Jazz Francisco, Jada Hook, Jasmine Hook, Kayla Joy Juan Kealoha, John Kahalioumi, Hokani Maria, Manase Pagud, Kailee Paro, Shiloh Perez, Nicholas Quinn, Destiny Souze, Justus Ventura

Juniors: Keoni Barco, Donavon Emeliano, Kara Fernandez, Mya Finau, Mia Fuertes, Christian Guerpo, Cael Hooton, Scarlett Jordan, Ryan Juan Kealoha, Aii Kai Kaaekuahiwi, Pililai Kaai, Blake Lapitan, Sean Levine, Alain Medeiros, Zoe Meikle, Karylle-Cheyne Oandansan, Princess Reynolds, Mark Sahagun, Grace Todd, Wesley Van Housen, Sydney Wiernicki, Harley Yamasaki

Sophomores: Zayden Bronson, Leiana Carvalho, Oshen Cazimero, Brooklyn Geiger, Joel Gonzales-Oliveros, Adam Heu Mathieu, Ayezha-Lynn Isabel, Teige Lorenzo-Akamu, Damien Padilla, Angelina Peritore, Riley Preston, Dhona Jayne Rico, Francesca Salmoiraghi, Skyla VanZandt

Freshmen: Aidan Blanco, Keegan Canine, Lola Hart, Anthony Kaai, Hailey Kauanoe-Galdones, Kelii Lactaen, Jersey Lewis, Keith Luga-Benedicto, Dennis Matsuda, Kamaehu Paoao, Camille Pinho, Daniel Remsen, Prince Reynolds, Talia Sanchez, Lei Vakauta, Kainalu Yamamoto



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