

Vol.19, No. 08

About Kohala, For Kohala

August 28, 2020

Keeping Kohala Safe



Photo by Kekai Coakley

Energy Builders Team gets the message out.

Left to right: Mark Sarme, Elijah Young, Kepa Aikau, Lydell Matsu and Owner Shamar Sarme.



Photo By Kekai Coakley

Tayzen Sarme and mother, Dawn Sarme, make people aware of the vulnerability of runaways.

By Jeffrey Coakley

Big Island Missing Children and the Ainakea Neighborhood Watch program teamed up on July 18 to do

a presentation on the plight of those targeted by human and sex trafficking on the Big Island. The HUB was instrumental in providing the

venue that enabled the guest speakers to give PowerPoint presentations and their sound system greatly enhanced the effectiveness of the

material presented. The organizers of the event wanted to do more than create an awareness of the problem,

See Kohala, on Page 2

Navy Says Training Will Not Impact Coast



Credit: <https://commons.wikimedia.org>

By Toni Withington

Plans for future underwater military training exercises off the west coast of Hawaii Island are still proceeding, the US Navy revealed this month, but with added protections for the North Kohala coast.

When the Navy first announced plans for the special operations training in November 2018 in a draft environmental assessment report for the project, both Ka Makani O Kohala Ohana – Kako’o and the Ala Kahakai National Historic Trail staff pointed out that any exercises involving travel over any part of

the coast between Kawaihae and Mahukona would seriously impact the numerous historic and cultural sites along the ocean. Kako’o also pointed out the importance of several protected marine habitats, the existence of Hawaiian navigational features, fragile coral habitats and traditional fishing reservations

When representatives of the Navy recently contacted Kako’o, it was explained that amendments had been made, and the underwater activities would not include land travel as originally stated. It would not impact any coral or other reef life.

The three possible sites for the training operations along the entire leeward coast have not been selected, which is why the long distance is cited in the assessment. Exercises are proposed to include two to four visits a year for a maximum of ten years.

The training exercises will not proceed without acceptance of the environmental assessment by the State Department of Land and Natural Resources and the Navy command. Approval of landowners ashore of the underwater activities is also mandatory, a Navy spokesman said.

Feed Kohala Awarded County of Hawaii CARES Funding

Feed Kohala has been awarded funding from the Hawai’i County Coronavirus Relief Fund to support food assistance efforts. Feed Kohala has been participating in various food distribution initiatives in North Kohala in response to COVID-19.

This funding will support the continuation of the Kupuna Meals program, which has been serving over 100 kupuna fresh and frozen meals, delivered weekly. If you or a kupuna you know could benefit from these meals, please contact Michelle at 889-5523.

In addition, this generous support will be used to provide produce and protein to families each month. If you are a farmer or producer with items you would like to sell to help these various efforts, please call us at the number above, or send an email to Feedkohala@gmail.com.

This funding will also support various efforts to provide more locally grown and produced ingredients for meals and distributions.

The programs are free and are open for families who could use the extra support during these challenging times.

The program will take place from September - December. We hope that these resources can be a blessing to our community. To learn more about these services and how to access them, please visit www.northkohala.org.

Mahalo to all those who have shown their generous support through volunteer hours, donations of produce and meats, financial contributions and so much more.

Feed Kohala is grateful for the support and fiscal sponsorship of the North Kohala Community Resource Center.

Kohala Mountain News
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Kohala, continued from Page 1

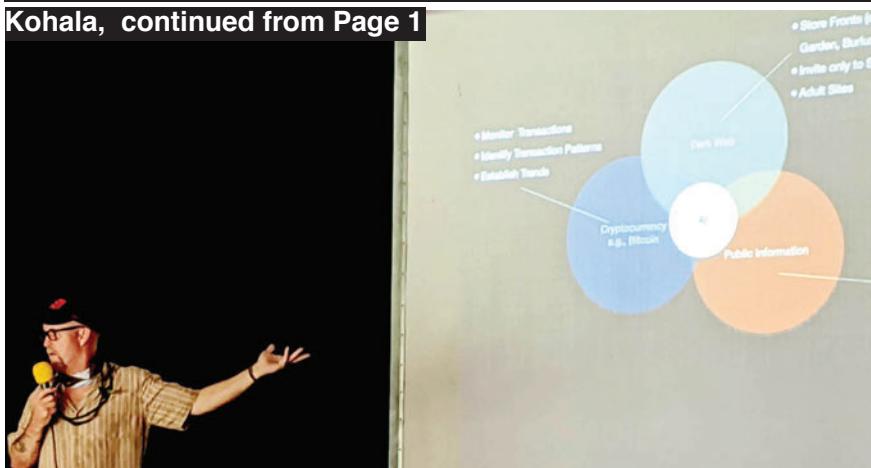


Photo by Kaoru Sakurai Coakley

Sean Halverson of Harvard Business Analytical Program shows how AI technology can help combat human and sex trafficking.



By Kaoru Sakurai Coakley

Evelyn Kahea Lee and Officer Dewey speak of their experiences of rescuing kids and the aftermath of traumatized children.

presenting what people could do to address the problem as well.

Many of the children on the "Missing" list are identified as "Runaways," as they are found shortly after. Some are repeat runaways, but whatever the situation, these children are the most vulnerable and should be found as soon as possible.

Evelyn Lee of Hiki Mai Ana gave real-life examples of her experience in actual rescues of children who were sex trafficked. On stage with Evelyn was Officer Dewey of the Kona Juvenile Division. He stated

that sexual abuse and trafficking usually resulted from within a circle of family members or friends. He added that it was difficult not to react as he listened to minors share their stories of sexual abuse, as it was important for him not to show emotion.

He told the audience that after interviewing a victim, he would sit in his car and take his anger out on the inside roof of his vehicle.

Sean Halverson of the Harvard Business Analytical program shared a PowerPoint presentation of how today's artificial intelligence

technology could help in combatting human and sex trafficking.

A group will soon be organizing to work toward using that technology in the fight against human and sex trafficking. Martial artist Kahana Cordero spoke on self-defense.

A burning question was, "How can the community help the police combat human and sex trafficking?" One way was to organize Neighborhood Watch groups that become the eyes and ears within the community like the Ainakea Neighborhood Watch. Rescuer Evelyn Lee is the

only person on this island trained by the famed Tim Ballard.

She was so impressed with the Kohala community, its unity and the true sharing of aloha (warm welcome and feeding of the guests), that she expressed her desire to start an official "Operation Underground Railroad" (O.U.R.) chapter in North Kohala. Anyone interested in being part of this Kohala chapter is asked to please join the Facebook page, "Big Island Missing Children," and message Kekai Coakley or Lani Eugenio on that page, or call Lani at 808-443-9085.

Primary is Over; General Elections Ahead

By Toni Withington

The primary election this month brought few surprises, but the bottom line for Kohala is that Harry Kim's out and Tim Richards gets a third term in County Council.

So what will the ballot on November 3rd look like for voters in Kohala?

PRESIDENT: It's between Democrats Joe Biden and Kamala Harris and Republicans Donald Trump and Mike Pence. So much is being said about this race, there's nothing to add. Just remember to vote.

U.S. SENATE: None of our senators are up for election this year.

U.S. HOUSE OF REPRESENTATIVES – District II: Tulsi Gabbard stepped down, so the names on the ballot will be Kai Kahele, who got 76% of the Democratic votes; Joe Akana, who got 44% of

the Republican votes; Jonathan Hoomanawanui, who got all the Aloha Aina votes; Ron Burrus, who got 59% of the Nonpartisan votes; Michele Tippes of the Libertarians; and John Giuffre of the American Shopping Party.

GOVERNOR: No race. Governor David Ige has two more years on his term.

STATE SENATE: No race. Lorraine Inouye has two more years on her term.

STATE HOUSE OF REPRESENTATIVES – District 7: No race. David Tarnas was elected by the Democrats with no opposition from other parties.

MAYOR: The choice will be between Mitch Roth, who picked up 31.5% of the nonpartisan votes, and Ikaika Marzo, who scored 21.44%. Incumbent mayor Harry Kim is out of the race, having only received 15.55% of the vote.

COUNTY COUNCIL – District 9: No race. Incumbent Tim Richards pulled together 53.5% of the votes (more than the 50% needed to overcome a challenge in the General). His opponents, Phillip Aiona, who got 38.3%, and Ranae Keane, who got 8.2%, are out of the picture for November. Richards will be termed out in 2022, so they can look forward to running again.

Another race not on Kohala ballots that may be of interest in November is:

County Council District 1 (Hamakua), where former Council Chairman Dominic Yagong will be running against Heather Kimball.

COUNTY CHARTER AMENDMENTS: Besides the races, there will be 16 changes to the County Charter that are being proposed by the Charter Commission.

Two are related to the Open

Space Fund. One expands the Council terms from two to four years. Many relate to changing the authority of some departments, commissions and boards. Some are just cleaning up language.

The League of Women Voters of Hawaii County is preparing Pros and Cons, which will be posted on its election website, VOTE411.org. Print copies are being discussed. The Kohala Mountain News will have more details—pros and cons—of the 16 proposals in future months.

The League is advocating for additional places of deposit for ballots, since the nearest one to North Kohala during the Primary was at the Waimea Police Station.

You can register to vote or confirm your voter registration information online at olvr.hawaii.gov, or use the League of Women Voters' online voter guide, VOTE411.org.

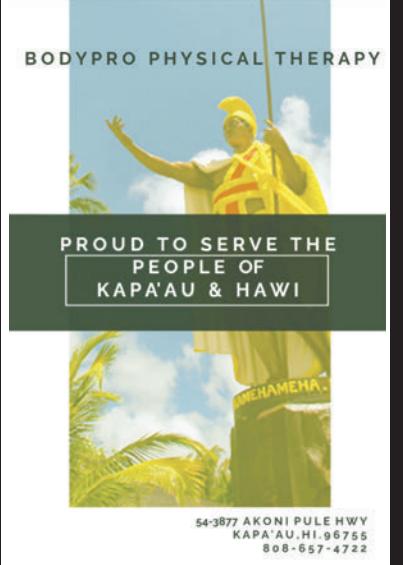


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Community Photo



Panama Flame Tree Blooms in Hawi *Photo by Diann Wilson*

Petdemic

By Diann Wilson

We were off-island when the COVID-19 virus started to worsen in the United States. We thought it wise to return home quickly. So, we changed our flights and called our house sitters to let them know they were going to have company—us.

Perhaps they don't enjoy our company, as they made a call as well, and arranged to depart Hawaii just a few hours before we returned home.

We had left our animals, a dog and two cats, in their hands for the two weeks we were away. The house sitters were more dog people than cat people, but our cats tend to disappear when strangers enter the house, so it was no problem.

It was no problem until we got home. Our first morning home, we awoke to an odor coming from under the bed. Our youngest, Sophie, was clearly not pleased that we had left her with strangers who were not cat people. To punish us (which she has done before), she left a deposit under our bed.

She's a tricky little cat and didn't leave the deposit at the edge of the bed, but right in the middle...the very middle. Since I have longer arms than my hus-

band, I was assigned the task of laying on my stomach, reaching as far under the bed as I possibly could, and picking it up. The degree of difficulty was enhanced, as I had to do this with just one square of toilet paper to protect my hands since the virus had led to a threat of a toilet paper shortage.

I persevered and accomplished the task—hoping that was the end of it. I was wrong. The next day, I came across a different, but nevertheless unpleasant and pet-related, odor in the bathroom. This was clearly left by our eldest, Oscar. It must have been his turn to punish us, as he has done before.

Upon inspection, I was certain I smelled and spotted his marking in the shower. So I sprayed, scrubbed and rinsed, but the odor remained. Perhaps it was closer to the toilet. I moved there and sprayed, scrubbed and rinsed, but...it remained. That's when I thought to check the bath mat.

The bath mat is now outside in the garbage bin far away from the house. The cats are also both outside. The pandemic may have driven us home, but the petdemic is keeping us here. No one needs to tell us to stay home. We have a lot of cleaning to do!

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Honpa Hongwanji Mission of Hawaii Ringing Bells for Peace Day



Credit: Honpa Hongwanji

In celebration of Peace Day in Hawai'i, the Honpa Hongwanji Mission of Hawai'i will be ringing temple bells around the islands at 12:01 p.m. on Monday September 21, 2020—virtually and in real life.

At exactly 12 noon, Bishop Eric Matsumoto will lead a minute of silence, honoring all those who have sacrificed for the achievement of peace.

At 12:01, young people will ring the bells from their local temples, churches, schools and community organizations. The program will also be streamed live online via Zoom.

September 21 has been the International Day of Peace since it was established by the United

Nations in 1981. It is also Peace Day in the State.

The Members of the Hawai'i Federation of Junior Young Buddhist Association presented the resolution to the Hawaii Legislature, who enacted House Bill 342 in 2007, which made September 21 Peace Day in Hawai'i.

"Hawai'i was the first state to recognize Peace Day thanks to the youth," says event organizer Rene Mansho.

"For this reason, we want to acknowledge and include as many youth as we can, to show our appreciation, and acknowledge them as our best hope for the future of peace in our world."

Mansho said the group is reaching out to worldwide peace proponents, as well as military service branches, activists and communities everywhere to join in the bell-ringing from their locations.

"This is a wonderful opportunity to bring people together, no matter where they are and what their beliefs and politics are. We can take a step back, listen to the sound of the bells, and just for a time, think peace."

Anyone interested in participating is encouraged to please sign up by email renemansho@hawaii.rr.com, or 808-291-6151. Or visit www.hongwanjihawaii.com.



Credit: Honpa Hongwanji

Junior Young Buddhist Association student Shoshi Hashimoto practices ringing the temple bell at Wahiawa Hongwanji Bonsho. Young people from temples across Hawai'i and around the world annually ring bells in unison to mark the United Nations International Day of Peace.

Councilman's Corner

Aloha everyone!

Mahalo North Kohala!

Mahalo to my friends and supporters as we went through this 2020 campaign season! Our success is through your hard work and dedication to the campaign and team and believing in our message. The last two years have been challenging, and we have some rough times ahead. My focus and direction are unwavering; I will meet the challenges ahead.



We will continue to advance agriculture and thereby food security; I will continue to push for access to attainable housing for our next generation, and Continue to be a tireless advocate for economic growth and fiscal management. COVID-19 has brought a tremendous number of challenges for our County, but it comes with the opportunity to redefine our economy and Community. We have a rare moment to re-design how our Community can go forward. My passion for agriculture success will come through sound policy that supports its access for lands, water, and processing/value-added facilities. I look forward to the next two years and helping champion the success of our district, county, and state. Again mahalo to everyone as we prepare to take on the challenges before us! IMUA!

Don't forget to join "Within District 9" it's a curated information Hub on what's happening within Hawaii County District 9, this odd looking cube will take you to a free sign up page so I can email you a weekly digest (Just Point your smart-phone camera). Or call the office at 887- 2069 and tell them to sign you up!

Tim Herbert M. "Tim" Richards, III



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Letters

A Big Mahalo!

By Mili Perez

I have been delivering food to kupuna in Kohala since the COVID crisis began and couldn't do it without the help of all the different organizations that donate their resources to keep kupuna safe and well-nourished.

In addition, other organizations offer hot meals and other foods to pick up and take home.

I believe I speak not only for myself but for many others in our community when I say we are very blessed here in Kohala. Our community takes care of

each other. We have food pantries and other resources available to help us during these difficult times but without ongoing donations, stocks would run dry very quickly.

I can't name all the people and organizations who help, but a short list includes: Sacred Heart Church; Kohala Baptist Church; St. Augustine's Episcopal Church; Gospel of Salvation Church; Solid Rock Church; Bell Family; Pagat's volunteers; Takata Store; Arakaki Store; Sushi Rock; Queen Lili-

uokalani Foundation; National Guard; Food Basket; Giving Tree Foundation; Suisan; Kona Fish Co.; Costco; the farmers and ranches who donated so much; the O.A.R. program and Alicia, Aaron and their daughters, who donated their first harvest to 40 families; Kekai and Renee for allowing the use of Kamehameha Park; and all those who sew and donate masks.

Everyone, please continue to stay safe. Stay at home if you're not feeling well and wear your face mask when you go out!

Honokane Iki Valley

To Whom it May Concern,

Honokane Iki Valley and Honokane Nui Valley are valleys beyond Pololu. The two valleys are owned by Kamehameha Schools. Honokane Iki is private. The Sproat family lived in the valley during the '30s & '40s and has leased this valley since 1915 to the present time. The Sproats lease the whole valley from mauka to

makai.

I'm sorry and unhappy to see pictures posted of this valley in the Kohala Mountain News without permission. The valley is private and there are "No Trespassing" signs posted.

PLEASE have respect for the family and the valley. Stay out unless you're invited!

Cheryl Sproat

Editor's Note: We apologize for unwittingly publishing a story that included hiking on private lands. The hiker who went into the third valley it was unaware of (or did not see) any No Trespassing signs. Those hiking beyond Pololu Valley are encouraged to get permission from Kamehameha Schools and/or the Sproat family.

Mahalo and A Hui Ho

All of us at Olivia Clare Boutique wanted to give an update to the wonderful community of North Kohala. We had to make the difficult decision to close and relocate our business.

We spent 12 beautiful years in Hawi getting to know all of you and welcoming guests from all over the world.

We started in the Sweet Potato Kitchen space, moved across the street and grew from there. It's been an adventure! Over the years, we brought in more than 60 different local artists and many even from Kohala! It was an honor and pleasure to serve you for all

these years!

The exciting news is that we are moving our boutique to Kona, and our Waikoloa location at the Queens' Marketplace is open daily 11 a.m. to 5 p.m. Monday-Thursday and 11 a.m. to 7 p.m. Friday-Sunday. We don't have exact details yet on our new Kona location, but we will keep you all posted. Please follow us on Facebook and Instagram for updates: @oliviacleboutique. We also have been working really hard on a new website and offer free U.S. shipping: oliviacleboutique.com. You can also sign up for our monthly newsletter for updates

and exclusive coupons for our readers.

I wanted to say a special thank you to Michelle Weyrick, our manager of 11 years, for all her hard work and care. She has been an integral part to making our boutique special and looking its best. We can't wait to see what she comes up with for our new space in Kona! We love you, Michelle, and can't thank you enough for all you do for Olivia Clare Boutique.

It's not goodbye but a hui hou. With gratitude and warmest Aloha,
Audrey, Kathryn, Toffer and Fred

Kohala Middle School Letters

Mr. Duncan Anderson teaches seventh grade at Kohala Middle School. Every year he asks his students to choose a problem on Hawai'i Island they would like to help solve. Students spend the earlier part of the school year researching and doing projects related to their chosen topic. Toward the end of the year, the students are charged with bringing their message out to the community in whatever way they see fit. Part of that goal can be accomplished by writing a Letter the Editor for publication in the Kohala Mountain News. The following are some of those letters.

Bike Safety

Dear Editor,

I'm Jaden Sandlin. Welcome to my letter. It's really good. Did you know that riding a bike on Kohala Mountain Road can be very dangerous?

This is because bikes are supposed to ride on the shoulders. And by that, I mean bike shoulders, not human shoulders.

Imagine you are driving a car, and you are behind a bike rider. Now, that bike is going slow.

Don't you just want to run them over? Please don't do that. You just need to get where you're

going, but you can't because there is a guy on a bike in front of you. What if there was a dying person in your car? The biker doesn't know that. They can't hear you.

The final reason I have for you is low visibility. Up in the mountains, it can get really foggy.

This is because it's really far up in the air. When there is fog, then you can't see very well, and when you can't see very good, you can't see smaller things like bikes in the MIDDLE OF THE ROAD!

Also, when you turn a corner, you can't see if there is a little tour-

ist on a bike waiting in the shadows to get hit by your car and die, and your kids get hurt and little Timmy has to lose his arm.

In conclusion, biking on Kohala Mountain Road can be dangerous for many reasons, such as traffic, because drivers can't see well around corners and in the fog, and most of all, because little Timmy lost both of his arms because of bikers. Anyway, thanks for coming to my TED talk.

Good night!
Sincerely,
Jaden

Future KMN Deadlines

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

September Deadlines
Ads and News: 9/11/20
Calendar: 9/18/20
Distribution: 9/25/20

October Deadlines
Ads and News: 10/9/20
Calendar: 10/16/20
Distribution: 10/23/20

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

www.kohalamountainnews.com

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Letters to the Editor and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

For a twelve month subscription, please send your check for \$36, made out to the Kohala Mountain News, P.O. Box 639, Kapa'au HI 96755. Be sure to include a note stating the name and mailing address of the recipient.

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Kohala Mountain News
P.O. Box 639, Kapa'au, Hawai'i
96755

Kohala Middle School Letters

Pollution

Dear Editor,
 Wassup dawgs! You guys like Kohala fo' be trashed?! Today I will be writing to you about what littering does to the community. Littering causes pollution into rivers and seeps into groundwater. Trash also causes the atmosphere to be poisoned by the toxic discharge going into the air. Another thing that it does is that it makes the community look terrible and really ugly.

Many things cause pollution, like plastic bags, cans and others. I think that one possible solution is that we could all pick up some trash wherever you see any. So help up the community and make Kohala look good again!

Sincerely,
 Leon Ibana

Listen Up, Kohala

Dear Editor,
 Aloha, my name is Isaiah Antonio. I am 12 years old and I am from Kohala, the home of the apa'apa' wind. Today, I will be letting you guys know about the coronavirus outbreak. If you are wondering what the virus is, I will be explaining it to you in the next paragraph.

The coronavirus is a series of different viruses. It's made from a bunch of common viruses in different animal species such as camels, cattle, cats and bats. The virus is like the flu and a respiratory disease put together. It is a pretty big virus, and it is a giant outbreak now, so if the disease ends up in Kohala, then you guys have to be careful, wear a mask and cover up. Then you should also stock up with rations just in case it becomes too dangerous to go out. Also, wash your hands constantly. Thanks for reading this article.

Again, mahalo.
 Sincerely,
 Isaiah Antonio

Hawaiian Monk Seals

Dear Editor,
 Hi, my name is Jarren Sanchez. I attend Kohala Middle School. Why aren't there many Hawaiian monk seals on our beaches? Monk seals are one of the most endangered mammals in the world. Sometimes seals get caught in fishing nets that break off from a boat. The hooks get stuck in their mouths or they swallow it. In the ocean, there are many viruses and toxins from plastics. We can help by picking up the trash and being responsible.

So, if you see a Hawaiian monk seal on the beach, make sure no one disturbs the seal, and be happy that you got to see one.

Thank you for your time.
 Sincerely,
 Jarren Sanchez

Dear Fisherman of Kohala

Howzit?
 My name is Mahealani Pang. I am 13 years old and I attend Kohala Middle.

Did you ever wonder what life would be like without fish in the sea? If people keep overfishing, then you can see how overfishing has been one of the major problems in Hawaii.

In 55 years, humans have managed to wipe out 90% of the ocean predators. If we don't stop overfishing, then we won't have fish to eat.

Here's a saying that I like to say about overfishing: "Let 'em go; let 'em grow."

This saying means if the fish is too small, then let 'em go or throw them back to the ocean, and only keep the fish if you are going to eat it.

In conclusion, if we stop overfishing, then we could have choke fish in the future.

Mahalo for your time!!
 Sincerely,
 Mahealani Pang

Rat Lung Worm Comes from Slugs

Dear vegetarians (and everyone else),

My name is Justin Drew. I am a 12-year-old at Kohala Middle School. I would like to tell you three ways to prevent rat lung disease.

In Kohala, we have a lot of slugs because of our warm weather.

You should always wash your fruits and vegetables before eating them.

Also, never drink out of a hose, because slugs might have been crawling in there.

Finally, try to get rid of slugs, snails, rats and other pests around your house. I hope that no one gets sick—or worse, dies—from this painful disease.

Sincerely,
 Justin Drew

Microplastics

Dear people of Kohala,
 Did you know that by 2040, there will be more plastics in the ocean than fish?

People use so much plastic today and just dump it.

Much of that plastic goes into the oceans. Plastics take hundreds of years to decompose. They turn into harmful microplastics that fish and marine life eat.

The animals die, and humans can get sick if we eat the microplastics.

We need to stop putting plastic in our oceans so that we might not have any more problems with plastic in the ocean sometime soon.

Marine animals can go their entire lives and we can go our lives without any problem without plastic in the ocean, and we won't be brutally murdering marine animals with our plastic!

Stop plastics! Please!

Thank you for your time.
 Sincerely,
 Ricardo Artiga

Do Not Turn to Vaping

Hou, my name is Kailani Valenzuela. I will be writing this to inform you about the dangers of vaping. The number of teenagers who vape continues to rise. New vaping health risks are emerging. Vaping has many bad risks and problems. Vaping is the use of electronic cigarettes to create aerosols into the environment. The aerosol contains nicotine. Nicotine is a very addicting drug. Carcinogens are in nicotine and carcinogens affect every part of your body. Popcorn lung disease is also known as bronchiolitis obliterans, a serious, irreversible disease also caused by vaping.

Many of my family members on Oahu choose to do drugs like vaping over themselves. After a while, they have started to get heart problems and their bodies are just not the same anymore. They get tired very easily. Whoever is reading this: don't turn to vaping to calm yourself down.

Kohala is a very little town. Therefore, many people do not know the real outcome of vaping. I hope that after reading this letter, everybody knows the real outcome of vaping and how it can ruin your life and those of the people around you.

Thank you for your time!
 Sincerely,
 Kailani Valenzuela

'Ōlelo Hawai'i for 'Aukake 2020 (August)
Ho'omaika'i
 Ho'omaika'i means congratulations.
 The summer's plentiful graduates, newlyweds and retirees have likely seen fewer people to wish them ho'omaika'i this year due to smaller or postponed celebrations.

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Hawai'i State House of Representatives Update

From the Desk of District 7 Representative David Tarnas

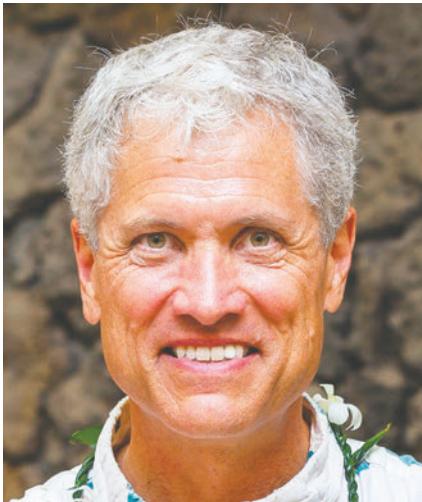


Photo courtesy of David Tarnas Representative David Tarnas speaks for North Kohala as a member of the Hawai'i State House of Representatives.

Aloha!

Here are my suggestions for keeping informed about the status of the COVID-19 pandemic in Hawaii; the extent of its state-wide impact on public health and our economy; any changes being considered for quarantine or stay-at-home orders that restrict travel and gathering; the difficulty of enforcing quarantine; and the plans and protocols to reopen our economy that has been suffering significant losses for months.

Since the State administration is responsible for implementing our State government's programs to address the COVID-19 pandemic, I strongly recommend that everyone watch the Governor's regular press conferences. In these, the Governor makes announcements about everything from current health statistics,

changes to the quarantine rules, and preparations for contact tracing. He will have his agency directors join him to discuss specific topics. These press conferences are livestreamed on the Governor's Facebook page and are very informative.

As I described in last month's Kohala Mountain News, the legislature has adjourned for the 2020 session. This means we are now in the interim between legislative sessions until January 20, 2021 when the next session convenes. While the legislature is not in session, there are two legislative committees which will continue to operate during the interim to address issues of legislative concern.

I urge you to learn more about these two legislative committees and take the time to read their materials and watch their meetings on a regular basis. This will help keep you better informed about what is happening in our State during these uncertain times.

If you have any questions about what you learn from these two committees, just let me know and I can follow up for you.

The first of the two legislative committees is the House Select Committee on COVID-19 Economic and Financial Preparedness. This group was organized by House Speaker Scott Saiki, who co-chairs this committee with Peter Ho, Bank of Hawaii. Its focus is on the economic and financial issues that this COVID-19 pandemic has caused in our State.

It is a large group of government legislators, agency directors,

knowledgeable experts and business, social service and nonprofit leaders. Please go to www.capitol.hawaii.gov for more information on this Select Committee and to access all its resources.

This committee meets regularly on Mondays at 10 a.m. It is a great source of information on the pandemic and our State's response, including information on the decision models being used to increase or decrease restrictions on economic activity, travel and social gathering; the latest economic projections; and the current medical and economic status. The meetings of the House Select Committee can be viewed on Olelo TV at www.olelo.org.

For example, the most recent meeting was on August 17 and the committee's discussion focused on Hawaii's current medical and economic status, its prognosis, and recommendations to re-set the State's course. The committee heard from a panel of experts on these topics including Ray Vara (Hawaii Pacific Health President & CEO), Mark Mugiishi (HMSA President & CEO), Carl Bonham (University of Hawaii Economic Research Organization Executive Director), and Peter Ho (Bank of Hawaii Chairman, President & CEO).

Each meeting of this group is very interesting and informative. All the meetings and its reports are archived on the committee's website, so please explore and learn more.

The second of the two legislative committees that are working during the interim is the Senate Special Committee on COVID-19. This is an oversight committee

that reviews State agencies and their implementation of programs to address various issues relating to the COVID-19 pandemic. They issue a report after each meeting which summarizes what they learned from the heads of different state agencies talking about what the administration is doing on a particular part of the COVID pandemic and our response.

For example, in the August 6, 2020 meeting, the special committee heard from Ms. Clare Connors (Attorney General), Bruce Anderson (DOH Director), Sarah Park (State Epidemiologist), Edward Desmond (DOH State Laboratories Administrator), Ford Fuchigami (DOT Administrator) and Ross Higashi (DOT Airports Deputy Director). All of these reports and more is available on the committee's website on www.capitol.hawaii.gov.

While the legislature is not in session, the House and Senate each have a committee focused on different aspects of this COVID-19 pandemic, its impact on our economy and public health, and our plans and programs to pull ourselves out of this crisis and back into a healthy economy.

Please check out these two committees and learn more about their work. If you have any questions, comments or concerns about these issues, please contact me anytime at reptarnas@capitol.hawaii.gov and 808-586-8510.

I am grateful to serve as your State Representative and am eagerly preparing for the 2021 session. To keep up-to-date, please sign up for my e-newsletter at bit.ly/reptarnas-signup. Take care of each other. Mahalo!

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Talk Story with Ilea



Ilea Bain, PsyD, is a clinical psychologist at Hamakua-Kohala Health.

The Bones, Part 1

"I thought trauma was just for war veterans," she says as she chain-smokes cigarettes, staring blankly out the window. "I am starting to think maybe I went through a war of my own." The war happened to her when she was young. At the hands of someone she trusted. Someone in the family. She didn't tell anybody. She didn't think anyone would believe her.

She instead removed the bone in her throat and buried it away in a box she keeps in the darkest room in the darkest corner of her mind. She shut the door. Double-bolt locked it. Told herself to forget about it and move on with life. Be positive. Just focus on the positive. Who needs a throat bone anyway?

She moves through life cautiously. Too aware of her surround-

ings. On guard for anyone who might treat her body like an object for their own gain. Anyone who might steal more bones from her. It's hard to relax, so she instead aims to go numb. To protect herself. To not feel. Her body tenses; constricts; retracts. She'd probably tell you she is quiet without her throat bone. Closed off. She no longer sings. It's hard to sing through shame. She doesn't have many relationships in her life.

"I just don't like people anymore I guess," she says with a shrug and a half-smile.

But if she told the truth, she really fears being close to anyone. It hurts too much to be close. It's too risky. Since losing her throat bone, she has a hard time speaking up for herself. Standing up for herself. She doesn't know how to trust anymore—who she can trust anymore. Perhaps most of all, she's not sure if she can trust herself.

The more she tries to ignore the loss of her throat bone, the smaller her life becomes. Little things happen throughout the days that instantly shock her back to the war-torn past. A look, a touch, a sound. New situations are too threatening. Too many things could happen to remind her of all her buried sadness and anger and grief. She's not prepared for their ghosts to rise. So instead, her days tend to look the same. On repeat. Dull but safe. She sometimes thinks maybe she is also living in a hidden, buried box.

Nighttime is the worst. Then, her buried throat bone scratches away at the hidden box in the hidden room of her heart. Like a wild animal clawing to get out.

An unbearable noise. She drinks to quiet and empty her mind. But nobody makes good decisions with an empty mind. She trusts the wrong people then. Does the wrong things. Has to bury more bones in the box. The darkness grows darker.

She eventually marries a man like the men in her family of war. He also drinks too much. He scares her but at least it's a familiar fear. Familiar makes her feel safer somehow. They have a daughter. Without all her bones though, she doesn't know how to teach her daughter how to protect herself. How to value herself. How to not have bones stolen. She touches

her own empty throat, feels a heavy sadness rising in her chest, and instead leads her daughter down the winding path to where she hides her box of buried bones.

Want to participate in this column? Please write to me your stories of the heart. Each month I will select a story or theme to share in this column. I will not disclose any names or identifying information.

Please write to talkstorywith-ilea@gmail.com. Disclaimer: The views and opinions of this column are solely those of the author and do not necessarily reflect the official position of Hamakua Kohala Health Center.

Scholastic Teachables

Who: North Kohala Library & The Hawaii State Public Library System
What: Free Online Resources for Students, Parents, and Educators
Where: www.librarieshawaii.org
Admission: Free with your library card

The Hawaii State Public Library System knows that education in the current environment is a challenge. As a statewide library system, we want to support all of our learners so that everyone has an opportunity to continue their educational journey. With a library card, students, families and educators will have free access to Scholastic Teachables, which promotes skill-building while making learning fun at the same time.

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- Mahalo to the County of Hawaii for the CARES ACT award for FEED KOHALA and food assistance in Kohala
- We welcomed a new project this month, Kohala Ohana Support and Wellness Initiative which provides support for the Kohala School Complex
- Thank you to our Board of Directors who have been "front and center" for NKCRC's work most especially in the pandemic through Zoom!

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Hawaiian Life Crossword

Across

- 3. Leaf
- 4. Minister
- 6. Seasoned raw fish dish
- 7. Gift
- 9. Big Island volcano
- 11. Finished, done
- 12. Pregnant
- 14. Garland of plant material
- 19. Red algae used in poke
- 21. Ancestral spirit
- 22. Star
- 28. Musical jam session
- 29. Upland, toward the mountains

- 41. Traditional Hawaiian feast
- 42. Taro
- 47. Adopted
- 48. Rubbish
- 49. Turtle
- 50. God
- 52. Backside, rear end
- 53. Woman

Down

- 1. Stone, rock
- 2. Take care of
- 4. Grandparent, elder
- 5. Canoe
- 8. Child, children
- 10. Prayer, blessing
- 24. Octopus
- 25. House
- 26. Water sport enjoyed standing on a board
- 27. 'Awa drink
- 32. Small, stringed instrument

- 30. Responsibility
- 31. Respected person with moral authority
- 34. Water, usually fresh water
- 35. Hula group
- 37. Shrine or place of worship
- 38. Hawaiian state bird
- 39. Traditional edible mollusk
- 40. Smooth, ropy lava

- 11. Paste made from pounded kalo root
- 13. Fragrant flower often used in making lei
- 14. Flower of the 'ohia tree
- 15. Fish whose name means "very strong"
- 16. Porch, balcony
- 17. Dance of Hawaii
- 18. Grandmother
- 20. Eye
- 23. Stingy
- 33. Man
- 36. Shell
- 39. Family, kin
- 43. Sea
- 44. Shark
- 45. Help, aid
- 46. Forbidden
- 50. Greeting or farewell
- 51. Chant or melodic song
- 54. Pit for cooking, often for a pig

See page 17 for Answers.

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Coping with COVID



Photo by Lynda Wallach

Na Kupuna O Kohala halau practicing in the field.

By Lynda Wallach

This year's Kupuna Hula Festival had been cancelled and, for three months, Na Kupuna O Kohala, sheltering in place, was unable to practice together. We tried a few times to dance together on Zoom but found it a less-than-satisfying experience.

Then we were offered the chance to practice outside in a large field, where we could feel safe wearing masks while social-distancing. We were rained out a couple of times, but for several weeks we were able to actually be together; it was a relief and joy for everyone in

the halau. But then the number of cases of COVID-19 on Oahu began to rise dramatically and, though Kohala has felt pretty safe so far, we decided to take a short break and see how the situation progressed.

For most of us, being a part of the halau means more than practic-

ing a day or two each week. Being together is an important part of our social life and we all miss the affection and companionship the group provides, but the members of Na Kupuna O Kohala have found many ways to cope with life as it is

See COVID, Page 11



Photo by Lynda Wallach

Sandra Cho, her granddaughter Xylie and one of their chickens.



Photo by Lynda Wallach

Kalani Heinecke making a feather lei.

Hang in there
Kohala!
We miss you!

bamboo

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COVID continued from Page 10



Michael Clement at a potter's wheel. Photo by Malcolm Askew



Susanne Holland and her pepper plant. Photo by Shaun McElhannon

now and are not just sitting around waiting for things to "get back to normal."

The kupuna are the group most at risk of getting seriously ill should they get COVID-19 so most of our activities keep us pretty close to home, but also pretty busy. Unlike what you see and read about many

people enduring this period of self-isolation, most kupuna do not spend hours on social media or binge-watch movies on Netflix. We are lucky to be able to spend our time outdoors so, along with swimming and hiking, growing vegetable gardens has become a favorite activity. And then there are

chickens. One kupuna wahine is raising a big happy family of over 50 laying hens and 11 chicks, and another is kept busy tracking down laying hens so she can gather eggs rather than have more baby chicks (with not much success). Several kupuna are being challenged by but also greatly enjoying online Hawai-

ian language classes being offered by Hawaii Island kumu. Others are taking online classes in qi gong, yoga, meditation and even Zumba. Whatever their ages, they are determined to keep active.

As you probably noticed from the early shortage of flour and yeast, baking and bread making



Deborah Winter doing yoga. Photo by John Winter

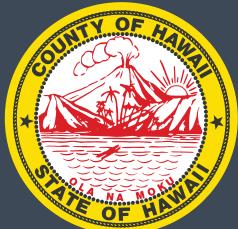


Emily DeWitt during her birthday celebration. Photo by Susanne Holland

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COVID continued from Page 11



Photo by Michael Clement
Malcolm Askew keeps active gardening.



Photo by Lana Lewis
Birdhouse painted by Lana Lewis and made by her grandson.

THE COQUI CORNER

Aloha Kohala, recent coqui eradications have been slowed by some wet weather. Work has, however, continued near Kohala Nursery, Union Mill, and upper Kynnersley. Eradications have also been going on near "Watkin's road". The Halaula infestation continues to grow.

The warm, rainy weather acts like an incubator for the coqui. Expect new coqui to show up in your area. If they appear in your yard, or on your property don't hesitate to act. Mahalo to those who have been vigilant, and have eradicated coqui at or near your homes. An inaccessible infestation in Halaula continues to grow near the intersection at Old Halaula Mill Road.

For eradication strategies and methods check us out at kohalacoquicoalition.org. You can also call the

COQUI INFORMATION LINE at 889-1777

Mahalo to the State and County for supporting our efforts

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WEEKLY EVENTS IN SEPTEMBER 2020

EVENTS SUBJECT TO CHANGE DUE TO HEALTH CONCERNS

DAY	START	END	EVENT	VENUE	CONTACT
MON	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	9AM		KOHALA SENIOR CLUB MEETING KOHALASENIORS@GMAIL.COM	CIVIC CENTER	
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	6PM	6:30PM	FREE RMD TAIKO CLASSES	HISAOKA GYM	895-2025
	7PM		AL-ANON MEETING	KOHALA MISSION SCHOOL	895-2094
TUES	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ASHLEE CHEEK	SOLID ROCK NORTH CHURCH	989-0966
	6PM	7PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
WED	7AM		WALK WITH A DOC	KAMEHAMEHA PARK	889-1570
	12PM	3PM	THRIFT SHOP	ST AUGUSTINE'S	889-5390
	2PM	4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	783-1158
	2:30PM	4:30PM	TEENS X2 SOCIAL 11-19 YRS	ARTISTS' CO-OP	989-5995
	6PM	6:30PM	FREE RMD TAIKO CLASSES	WALKER HALL	895-2025
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	889-0404
	7PM		ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE RD	889-6703
THU	6:30AM	7:30AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
	4PM	6PM	THRIFT SHOP	ST AUGUSTINE'S	889-5390
	5PM	6PM	MEDITATION COURSE	INTERGENERATIONAL CENTER	917-293-3427
	5PM	6PM	INSANITY CLASSES WITH ROSS PAGAT	SOLID ROCK NORTH CHURCH	989-0966
	6PM		TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099
	7PM	8PM	NARCOTICS ANONYMOUS MEETING	WILEY HALL ON IOLE	805-452-9501
	9AM		HEALING CIRCLE FOR ADDICTS, ALCOHOLICS	NANI'S GARDEN	805-452-9501
SAT	7AM	8AM	AA DAWN PATROL	KAMEHAMEHA PARK	889-5675
SUN	10AM	11AM	SEIBUKAN KARATE ACADEMY	HAWI FARMERS MARKET	889-0404
	10AM	11AM	WEST AFRICAN DRUMMING CLASS	ARTISTS' CO-OP	987-4243
	11:30AM	12:30PM	WEST AFRICAN DANCE CLASS	ARTISTS' CO-OP	987-4243

have become very popular. A few kupuna have been learning to bake sourdough bread with increasing success.

Indeed, most kupuna do not seem to be have a hard time coping with the restrictions imposed by the virus, and many are actually enjoying having the chance to slow down, to catch up on long-delayed projects, read, listen to music, knit, sew, create art, connect with friends and family and just do what they want to do when they want to do it. And they all feel grateful to be able to do it here in our beautiful home in Kohala.



Photo by Jack Salvador
Crocheted animal toy made by Jack Salvador.

Kohala Artists' Cooperative

September's Featured Show
Watercolor Plein Air Sketches by member Helen White



Meet the artist and see the show Saturdays 12- 3pm

Rose Maeda of Kohala: An Oral History

Editor's Note: This story was originally published in the Kohala Mountain News in July 2008.

By Faye Mitchell

Traveling from Kona to Kohala

During the summer I came to Kohala with my grandfather to visit my parents and the rest of my brothers and sisters. Sometimes we came by boat from Kona. We leave Kailua port about ten or eleven in the morning after all the freight was on. Sometimes we had to put on the boat some cattle, and this makes the waiting long. When we leave Kailua we stop at Kiholo port where we put more cattle on to be taken to Honolulu. The next port will be Mahukona. We get in around midnight. The passenger is being put off, those coming to Kohala. Those going to Honolulu get on, and then they load on the freight of sugar, at that time.

It was interesting how they load the cattle. The cows were driven from the pastures down to the reserve pens near the pier. From the reserve pens they would let out about five or a little more right there on the sandy beach, where it was enclosed. Then the cowboy on their horses



Rose's mother with Rose's siblings.

would lasso each cow and drive them out into the ocean where a cattle boat is waiting. The rope around the cow's neck is then thrown to those men in the boat. Then one-by-one these cows are lifted by the belly into the big boat. This took hours, and this is why the waiting before the trip continue on to Honolulu.

We did not have a room to sleep in. We just lay the mat and some sort of bedding, and we slept on the deck. At times, when it was so rough the boat rocks from one end to another, you could get so sick and do not enjoy the trip. If you are planning to go from Kona to Honolulu and you leave Kailua at eleven a.m.

you will arrive in Honolulu the next morning about the same time you left Kona!

When her grandfather passed away in her early teens, Rose felt her "life has ended." She didn't "fit in" with her siblings who had spent year after year working in their family lo'i (taro patch)—one of many lessons in living off the land necessary for Kohala families.

Kohala Mountain Living
Now, I know quite a bit about fishing and living over there with fish and all that—I was happy. But, I don't know the way of living on this side here with taro patch and all that. I did come visit. We went in the taro

patch and cleaned taro patch and cut the grass, but not so much. I thought if I didn't do it, there were others to do it.

And so when I came back this time, and my father's really a strict person, it didn't matter whether you're girl or boy, you do the work. So when came to Saturday he would say, "Okay, you and you clean this bank, you and you clean that bank, and you clean that bank and that bank." And so on. And then you clean all the grass and then throw it out. And once you finish with all your chores, we could not just go. Papa would come and check how well you did your chores.

If it was good job then he wants to know what you are going to do for fun, like swim, fishing, climb the pali (steep hill) side to pick wild beans and slide down the pali. We liked to have the wild beans with salt and ate it as a snack. We also like to slide on ti leaves. Oh, that was fun! You can also climb on guava tree and jump from one branch to another, then you are out of the game if you fall on the ground. But papa want to know what you are up to—he keep an eye on you. So, we're afraid to go and play, do what we want to do. Your chores is first.

But cutting grass, I didn't know how to cut grass, but I had to do it. I started to cry because I didn't know how to these things. I tried to clean 'em but, because I didn't know how to manage this sickle half the time, I either cut my toe or I cut something else or I'd bang something. I thought, "Oh, is this the kind of life I gonna get?" And I would sit there and cry and cry.

But my brother, who was next to me, he was really the cutest thing, and he was so sad for me. Luckily, I had this brother, Hune. He is the 3rd child born in our family next to me. He was named after my father. In Japa-

See Rose on Page 14

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Rose, continued from Page 13

nese it means "a boat." He was the first son in our family. And he would look at me, and he wouldn't finish. He could finish first but he would make slow, slow. Everybody finish—just he and I there. Then he would come to me, and he says, "Don't cry." He said, "I'll finish my side, and I'll come and help you." Then he would finish all his job, then he'll come and help me. I said, "Oh, thank you because I don't know how to do this thing. I've never done this before. Maybe I did, but not this much clean taro patch. I've cleaned just plain dry ground but not taro patch." So he said, "That's okay, I'll help you."

And after a while, we can hear the rest of the kids down screaming, laughing all down the gulch. He and I working and he said, "Look, that's okay, when we're finish our work, we can go down there and join with them." I said, "Oh, what we're gonna do?" He said, "Oh lotta fun! We'll be swimming. We can go find the frog. And there's fish down there to hook. If you just want to, go chew cane. So, we can go there and chew while everybody's swim and enjoy. I said, "Oh okay." So we did that every time.

Rose left school after the 8th grade to work (not an uncom-

mon choice in her time.) For many years Rose worked as a housekeeper/nanny and gladly handed over her pay to help support her family until she began a family of her own. In her early 20s she met and married Shoichi, a Japanese mechanic at the Hala`ula Mill of the Kohala Sugar Company. They raised six children—Annette, Danny, Gene, Alvin, Brian, and Mail—in their Niuli`i home where Rose still lives today. Having experienced distinctly different ways of life, Rose learned to live in ways her ancestors had...from catching and preserving fish at the beaches to using plants from the lush gulches to feed a whole family all year. Looking back, she considers herself "lucky to have had that kind of life" and "wouldn't go back and change it for anything."

Note: The excerpts featured in this article are from the Living Journals oral history project sponsored by The Hawai'i Council for the Humanities and the North Kohala Community Resource Center. Project Director Faye Mitchell, who is originally from North Kohala, collected over 16 oral autobiographies of North Kohala kupuna and edited the collection into a book for publication.



Rose with her husband, Soichi, in 1996.

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August Progress Report for Roots Skatepark



Monica Parks, seen here enjoying an evening session on eight wheels, skates regularly at Roots Skatepark. Ms. Parks has been mentoring young women, bringing them into the world of roller skating at Big Island skateparks.



Skyler Pemble is focused and riding low to prepare for what's ahead on his exciting run.

Story and photos by Richey Riggs
As we are reaching the end of summer, the activity at the park has been steady.

Our dedicated volunteers are reaching the final push of construction with only a few more sections of concrete to complete.

Subsequently, there has been a significant uptick in user numbers at Roots Skatepark showing up to sample a portion of the new

terrain.

It's rewarding to see so many new faces, young and not so young, coming from all parts of the island to enjoy the park.

With organized team sports now missing from many communities, the need for recreation and something fun to do has increased. Roots Skatepark has been filling that void for Kohala, and we look forward to

completing the second phase of expansion and improving the opportunities for youth recreation.

We ask that you consider making an investment in our community's youth, our beloved Kamehameha Park, and please help us provide future generations a safe place to stay active and get outside.

The expansion has been built

by hard-working and dedicated volunteers. Unpaid professional craftsmen and additional labor provided by up-and-coming new recruits.

For more information and/or to support the skatepark, scroll down to the Roots Skatepark project on the North Kohala Community Resource Center's website www.northkohala.org/projects/current-project-summaries.



Forms and reinforcing bars are put in place before spraying and shaping special concrete to form steep ramps at the outside edges of the park. Skaters use the steep slopes to "catch air" and do tricks in the air before rolling back down into the park.



Jim Pemble proves that skateboarding is great fun for all ages. Jim has been involved in Roots' expansion every step of the way.

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LEADERSHIP POSITION AVAILABLE

An established Kohala non-profit is seeking qualified candidates to interview for a leadership position with the organization.

Qualified candidates should have roots and/or currently reside in North Kohala and have minimum 2 years non-profit experience.

Other desired skills include Microsoft Office, Quickbooks, Excel, and other technology platforms. Additionally, we are looking for someone with excellent communications skills, and experience in proposal writing and grant management, fund development, and financial management.

Interested parties please email resume to:
Kohalanonprofit@gmail.com

KOHALA MONTHLY CALENDAR SEPTEMBER 2020

**ALL EVENTS ARE SUBJECT TO CHANGE
DUE TO CURRENT HEALTH CONCERNS**

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
9/2	WED	4:00 PM		KOHALA COMMUNITY ACCESS GROUP	MEETING	SENIOR CENTER	IMUAKOHALA@GMAIL.COM
9/2	WED	4:30 PM		NKAG MEETING		OLD COURTHOUSE	889-0404
9/8	TUE	6:00 PM		HAWAII FARMERS UNION UNITED	6PM POTLUCK, 7PM PRESENTATION. FOR EVERYONE	THE HUB	KOHALA.HFUU@GMAIL.COM
9/12	SAT	10:00 AM	12:00 PM	RECYCLE PLASTIC	CLEAN AND REMOVE LABELS, ORGANIZE ACCORDING TO #: 1,2,4 OR 5	HUB PARKING LOT	LAVAROOT@GMAIL.COM
9/12	SAT	10:00 AM	3:00 PM	KOHALA ARTISTS' CO-OP COMMUNITY SWAP MEET	SET A TABLE AND SELL, SWAP OR TRADE GOODS	ARTISTS' CO-OP	430-3131
9/14	MON	3:00 PM	5:00 PM	NORTH KOHALA PARENT SUPPORT GROUP	SUPPORTED BY N. HAWAII COMMUNITY CHILDREN'S COUNCIL	KINGS VIEW CAFE	989-4894
9/14	THU	4:30 PM	6:00 PM	COMMUNITY MEAL - TAKE OUT	AT ST. AUGUSTINE'S EPISCOPAL CHURCH	WALKER HALL	889-5390
9/19	SAT	4:30 PM	6:30 PM	FREE GRINDZ HOT MEAL	KOHALA BAPTIST CHURCH	BANYAN TREE	889-5416
9/23	WED	5:00 PM		PARKS, WATER & ROADS GROUP	MONTHLY MEETING	OLD COURTHOUSE	889-6238
9/24	THU	4:30 PM	6:00 PM	THRIFT SHOP	AT ST. AUGUSTINE'S EPISCOPAL CHURCH (EVERY WED & THU SEE WEEKLY CALENDAR)	NEXT TO WALKER HALL	889-5390
9/24	TUE	6:30 PM	9:00 PM	BELLY DANCING		HUB BARN	889-0404
9/26	SAT	5:00 PM	8:00 PM	KOHALA ARTISTS' CO-OP ART PARTY	GALLERY SHOWCASE, THEATER PERFORMANCE, FOOD AND BEVERAGE VENDORS, LOCAL MUSICIANS	ARTISTS' CO-OP	960-3597
9/26	SAT	8:30 AM	1:00 PM	ST. AUGUSTINE'S CHURCH BAZAAR	FOOD, ENTERTAINMENT, PLANTS, WHITE ELEPHANT, BOUTIQUE, ON-LINE SILENT AUCTION	ST AUGUSTINE'S CHURCH	889-5390
9/27	SUN	3:00 PM	4:30 PM	AQUARIAN UNIVERSAL METAPHYSICS	DISCOVER ANSWERS TO "UNANSWERABLE" QUESTIONS.	AINAKEA SENIOR RES.	882-7047
9/30	WED	4:00 PM	5:30 PM	RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA, CERTIFIED YOGA THERAPIST, BY DONATION	THE HUB	889-0404

Email monthly calendar listings to: kohalacalendar@gmail.com



Kohala Churches

Kohala SDA Church
 WHERE FRIENDSHIP MEETS FELLOWSHIP
 Saturday Services:
 Sabbath School: 9:30 AM
 Divine Service: 10:45 AM
 Potluck-Fellowship Lunch every Sabbath
 55-3361 Akoni Pule Highway, Hawi HI
 (808)889-5646
 Kohalasda.com

Kalahikiola Congregational Church
 Service every Sunday Morning at 9:30 followed by pupus & fellowship
 Prayer time Tuesdays at 11:30
 Iole road off Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue
 www.kalahikiolacongregationalchurch.com
 889-6703

Kohala Baptist Church
 Across from Makapala Retreat
 'Come to Me, all you who labor and are heavy laden, and I will give you rest.'
 (Matthew 11:28)
 Please join us Sundays for Bible study at 9 AM in the chapel and Worship at 10:30 AM outside under the Royal Poinsianna tree
 Pastor Steven E. Hedlund (808)889-5416
 Follow us on Kohala Baptist Church

Gospel of Salvation Kohala
 Kokoiki Road
 Service: Sunday 9:00 AM
 Adult Bible Study: Monday 7 PM
 Prayer Meeting: Friday 7 PM
 Pastor Ilima Mo'oha
 www.gos-kohala.org

St. Augustine's Episcopal Church
 Kapa'au, North Kohala
 Join our Sunday worship via FB livestream at 9:00 AM
 In-person worship for September TBD
 For more information: 889-5390
 Thrift shop open: Wed: 12-3PM, Thur: 4-6PM
 Face masks are required. Safe distancing.
 Community Meal
 August 31 & September 14, 4:30pm till pau
 www.staugustineskohala.com



St. Augustine's Church Annual Bazaar
 Saturday, September 26
 8:30 am-1:00 pm

Sacred Heart Catholic Church
 Hawi, Hawai'i - The Welcoming Church
 Masses: Saturday 5 pm
 Sunday 7 a.m. - 9:30 am
 Weekday Mass: Monday - Friday at 7 am
 Adoration: 1st Friday 6:30 - 7:30 pm
 Rev Elias Escanilla
 Deacon Thomas Adams
 Telephone 889-6436

KOHALA HONGWANJI SHIN BUDDHISM
 September Service,
 Sunday, Sept. 20, 10:00 am.
 Please bring your own mask, outdoor service
 For more information call: 987-1791
 Rev. Bruce Nakamura
 brucejunshin@gmail.com

On-line Silent Auction, Ethnic foods and Baked Goods, White Elephant, Boutique, Fruits, Vegetables, and Plant Sale.
 Bazaar is behind held outside. Please wear masks, abide by social distancing and markings, hand sanitize. No Thrift Shop at Bazaar.
 Thrift shop open Wednesday - 12-3pm, Thursday 4-6pm
 Limit 15 minutes of shopping and only 4 people at a time.
 Questions-call Kathy Matsuda at 895-2025

Hawaiian Life Crossword Answers

Answers:	39. Opihi	14. Lehua
Across:	40. Pahoehoe	15. Mahimahi
	41. Luau	16. Lanai
3. Lau	42. Kalo	17. Hula
4. Kahu	47. Hanai	18. Tutu
6. Poke	48. Opala	20. Maka
7. Makana	49. Honu	23. Manini
9. Kilauea	50. Akua	24. He'e
11. Pau	52. Okole	25. Hale
12. Hapai	53. Wahine	26. Surfing
14. Lei		27. Kava
19. Limu		32. Ukulele
21. Aumakua	Down	33. Kane
22. Hoku		36. Alealea
28. Kanikapila	1. Pohaku	39. Ohana
29. Mauka	2. Malama	43. Kai
30. Kuleana	4. Kupuna	44. Mano
31. Kuhuna	5. Wa'a	45. Kokua
34. Wai	8. Keiki	46. Kapu
35. Halau	10. Pule	50. Aloha
37. Heiau	11. Poi	51. Mele
38. Nene	13. Plumeria	54. Imu

Puakea Ranch Seeks County Permit to Operate

By Toni Withington

The owners of Puakea Ranch have applied to the County for a Special Permit to allow for an expanded guest ranch operation on agricultural designated land. The request would expand the number of rental units to seven and accommodate 38 visitors. It would also allow for construction of an event pavilion, a certified catering kitchen and an area to host gatherings of up to 350 people.

A public hearing on the permit is tentatively scheduled to be held by the Leeward Planning Commission on October 15. The request is to use 14.9 acres of the 32-acre parcel, which is located across the Akoni Pule Highway from Puakea Bay Ranch subdivision. The land has been designated as a State Historic Site.

The present facility at Puakea Ranch has advertised vacation rentals since 2008. It has hosted many events, weddings, concerts and festivals since 2011. Multiple complementary events were hosted for Kohala community organizations. However, it has not been without trouble over County permitting regulations.

The first Notification of Violations came in March 2009 when the County cited the owners, Christine L. Cash and James H. Nelson IV, for operating a guest ranch on agriculture land without a special permit and renting unpermitted structures, some of which did not have permits as Additional Farm Dwellings. They were told to stop operating as a guest ranch and "cease habitation of any unpermitted dwellings."

In 2011, Cash and Nelson applied for a special permit to run a guest ranch using four of the structures, but allowed the request to expire without approval. Under the name Puakea Ranch and Kupunakane

Ranch LLC, they continued to operate as a guest ranch, advertising on the internet as a wedding and event venue. Parties late at night and loud noises resulted in a string of neighbors' complaints to the police and planning departments.

Noting the lack of permits for the buildings and activities, the County issued another Notice of Violations in March 2017.

It told the owners to cease non-agricultural activities on agricultural land, correct the permit violations and pay \$100 a day in fines. When the commercial activities continued while using unpermitted structures, the County issued a fourth Notice of Violations in April 2018, noting that the fines were raised to \$500 per day.

In November 2018, the County sued Cash, Nelson, Kupunakane Ranch LLC and Livmar Enterprises, Inc., a California corporation, for \$197,500 in fines plus other costs. A month later, in a court document, Cash agreed to cease operations beyond the use four non-conforming units for vacation rentals and submit an environmental assessment and special permit for the guest ranch.

Christie Cash has expressed frustration at the bureaucratic misinformation between the three levels of government she has had to deal with and the years of delays.

"I have saved a historic place and made it available to the community for events" she said. "Right now, I am limited to four legal vacation rental cottages, but I look forward to getting these issues behind me."

In the fall of 2019, the environmental assessment was completed and the special permit application was submitted this June. The court maintains oversight in the dispute over fines.

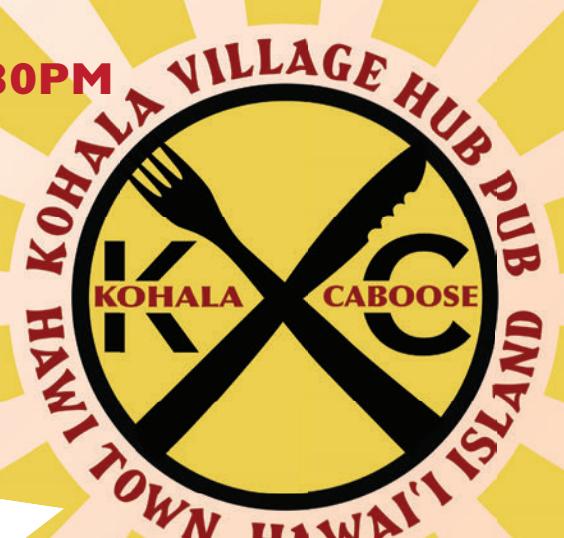


Kohala COVID-Care Community Updates:

HUB PUB'S Grab-n-Go

Tues-Sat
7:30AM-7:30PM

Burritos
Quiche
Pies





SAFE ZONES



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Grabbin' Dragon drive-thru @ Blue Dragon Tavern

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7AM - 1PM • Carnitas • Chorizo • Bacon • Poblano

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Temporary Closures:

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- Kohala Village INN • HUB Learning Center
- Blue Dragon Bodywork • Kohala Village Bodywork

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The Learning Loop



Frank Cipriani (back left) plays the wind synthesizer during a music session he has dedicated to teaching jazz standards to pianist Mateo Belmarez. Jack Boyle (squatting) instructs Jaime Belmarez in audio setup while Liam Little records a video.

Liam Little is trained in how to create videos by Jack Boyle, who is mentored by Derek Higa of Show Systems Hawaii.

Story and photos by Jack Boyle

Years ago, the headmistress of my children's school, who I respect greatly, taught me something that I never realized; the most important persons in a child's school experience is not the other classmates but the relationships they develop with significant adults. Yes, social interactions with other peers, lessons learned in community living, exposure to new materials and facilities, navigating through a bustling, and the multiage school environment are all huge steps in students' lives, but a one-to-one relationship with a mentor can offer lifelong enrichment.

As our students face another year of "remote" (isolated) learning, they risk losing out on these special relationships. I propose that we, as a community of edu-

cators, offer our talents and expertise to our students by creating a Mentorship Program to bridge this gap. Using the Artists' Co-operative as a central database of mentors and their offerings, we could challenge our students to come up with "one thing they really want to learn this year" and match them with mentors. In this, we could create a learning loop. What fun we could have together with the amazing things we could learn!

This, of course, encompasses a large spectrum of arts and skills of our varied artists collective. An offering could be figure drawing, piano and voice, building and constructing theatrical sets and props, glasswork or wood sculpture, to mention a few.

Presently, Frank Cipriani's Jazz Lab, which is looking for a

young percussionist wanting to be trained, and Jack Boyle's NoKo Theater Arts engage a select handful of young teens. In this past week, a studio was created with the great support by Derek Higa of Show Systems Hawaii that began to record for internet broadcast a three-camera shoot of the event. We look to offering docent and artist talks, music and theater events to be served online. The possibilities of this technology meet a burgeoning need for an alternative to one-dimensional, screen-to-screen learning.

This is a new development to meet the many various needs with state-of-the-art technology to post events online for the larger community.

Our facility has a large collection of donated art books and books on crafts, as well as a grow-

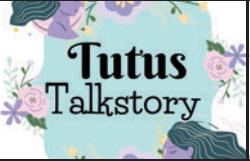
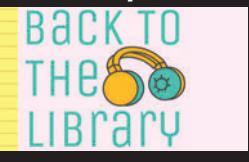
ing collection of record albums and DVDs for borrowing or using in our large, open-air hall. We also have an ebb and flow of materials for painting, drawing, print making and studio arts. As artists, we often lead the pack with innovation and creative solutions, and as a co-operative of artists, there are rich cross-hybrid experiments that are often exciting ways to work into the future.

If you or someone you know would be interested in offering your skills to the community, or if you know someone who will talk about "what they want to learn this year," please contact Catherine Morgan to make an appointment at 808-960-3597.

In our open facility, we respect the CDC recommendations of masking, distancing and hygiene with an on-site temperature check.



KNKR 96.1 FM WEEKLY ON-AIR SCHEDULE

Monday 8-10 am	Tuesday 8-11 am	Wednesday 8-10 am	Thursday 8-11 am	Friday 8-10 am	Saturday 8-10 am	Sunday 8-10 am Encore
 10-12 pm	 11-1 pm	 10-12 pm	 11-1 pm	 10-12 pm Encore	 10-11 Encore	 10-1 pm Encore
 12-2 pm Encore	 1-2 pm	 12-1 pm	 1-4 pm Encore	 12-3 pm	 11-1 pm Encore	 1-3 pm Encore
 2-4 pm	 2-5 pm	 1-3 pm Encore	 4-6 pm	 3-6 pm	 1-2 pm Encore	 3-4 pm Encore
 4-6 pm	 5-7 pm Encore	 3-4 pm 1st Wed	 6-7 pm	 6-10 pm	 2-4 pm Encore	 4-6 pm Encore
 6-7 pm	 7-10 pm	 4-6 pm	 7-8 pm	 4-7 pm Encore	 4-7 pm Encore	 6-8 pm Encore
 7-9 pm	 7-10 pm Encore	 6-8 pm	 8-10 pm Encore	 7-10 pm Encore	 8-10 pm Encore	
 9-10 pm		 8-10 pm	 8-10 pm	 8-10 pm	 8-10 pm	
 8-10 pm		 8-10 pm			MORE INFO @ WWW.KNKR.ORG	



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COVID Brain Fog

By Diann Wilson

I headed to the bedroom to get Scotch tape. I'm not really sure why I keep my tape in the bedroom, but I do, and I knew exactly where to find it.

On the way there, I passed the litter box. It needed cleaning, so I grabbed a bag, and was able to almost fill it. When I put it in the garbage, I noticed that the garbage bag had also gotten rather full.

So, I pulled the garbage bag out, tied the ends and took it to the back stoop.

There was water on the back stoop by the ladder. Or maybe it

was cat urine.

I stepped inside and grabbed a paper towel. I headed back outside and wiped up the moisture. Gingerly putting it to my nose, I sniffed and was delighted to find it was only water (or at least not pet urine).

Back inside, I went to throw the wet paper towel away. I went to the garbage container, but there was no bag inside.

I put the wet paper towel down on the counter and reached into the lower cabinet for the roll of garbage bags. Peeling one off the end of the roll, I shook it open

and placed it in the container.

It was then that I noticed the paint chips that I had wanted to tape up on the wall. Where was that scotch tape anyway? I headed again toward the bedroom, thinking I should consider keeping the tape somewhere more logical.

I grabbed the roll of tape and returned to the kitchen.

Just as I pulled up a chair to stand on to tape the paint chips to the wall, I spotted a wadded-up paper towel on the counter. How many times have I told my husband not to leave trash on the counter?

Gecko Won, Cat Zero

By Diane Revell

Evening gecko chuckles
Just so we are aware
He is in our house
His location, we don't know where

Large tabby cat tunes in
Decides gecko is up high
Above the door frame
They give each other the eye

Cat jumps to windowsill
Then leaps up towards top of door
No foothold there, he tumbles back
Now on the floor

Evening gecko chuckles

The Sky Is Falling

By Carolyn Mondress

The sky is falling
The sky is falling
Run, run, run

It's what chicken little said
Once upon a time in a nursery
rhyme I read

No one listened then
And who is listening now

But how can the sky fall you say
How - tell me how

Well, if I may interrupt you
Put away your Sunday funnies
Put aside your curds and whey
Turn off the damn TV
So you can hear what I have to say

The sky is falling
The sky is falling
Filled with plastic threads
Too small for you to see
But not too small to rip your lungs
to shreds

The sky is falling
The sky is falling
With hot and heavy micro particles
And nowhere to escape

The heat is being trapped and can't
evaporate

The fumes of daily living
Clog the airways to your hearts and
lungs
And all your vital organs cannot
help but to succumb

The smog obscures your vision
You are too fat, too tired, too
stressed to see what's being done

Oh Lord protect us
And all the children of the sun
From this karmic retribution
For the damage we have done

So who will tell the children
There is nowhere to run
The sky is falling down
And life on earth is done

Note: This poem is not meant to portray a doomsday scenario, but rather to express deep fears and apprehensions, knowing that the old way of life has to end. It's time to eliminate environmental degradation, racial injustice and social inequality so we can begin a new and more enlightened chapter of life on earth.

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