

Vol. 22, No. 06

#### About Kohala, For Kohala

June 23, 2023

#### **Last Minute Effort Saves Historic Bond Homestead from Demolition**



Demolition of the Bond Homestead at `lole was temporarily halted over questions of permitting.

Story and photo by Susie Davis

A last-minute appeal by local residents recently halted demolition at the Elias Bond Homestead in Kohala, but only after several structures at the historic property had already been torn down.

The collection of buildings is listed on both the National and State Registers of Historic Places, and includes the oldest wooden structure in Kohala, built in 1840. The non-profit organization 'Iole, which currently leases the property, began tearing down the buildings in May, despite having never obtained a required permit from the County Building Division.

The fact that the structures were being razed was only discovered when a local resident noticed heavy machinery at the location. Preservationists moved quickly, filing a complaint with the County and contacting the property owner, the Hawai'i Community Foundation, just days before demolition was to begin of the 186-year-old home. The work was temporarily halted on Friday, June 2.

By that time, four outbuildings had been dismantled. The roof had also been removed from an 1853 addition to the main house that had been Bond's study, exposing the structure to the elements and further deterioration.

'Iole's CEO, Alapaki Nahale-a, said the site had become a health hazard. The presence of arsenic and a collapsed roof, as well as the daunting amount of time, energy and resources needed to restore and maintain the homestead, led to the demolition plans.

demolition plans.

According to the Hawaii Community Foundation, 'Iole is a place-based research center and living scientific laboratory whose mis-

sion is to restore and cultivate the 'Iole ahupua'a in Kohala while developing solutions-based models that can be scaled and replicated in other parts of the world.

Partners Hawaii Community Foundation, University of Hawaii and Arizona State University have committed to jointly raise \$6.75 million for the operations of 'Iole for the first three years of the project

the first three years of the project.

State law requires that any project involving buildings on the Historic Register be brought to the State Historical Preservation Division (SHPD) for comment before applying for a permit.

Quinn Vittum, executive director of Re-use Hawaii, the contractor on the project, wrote that, "As far as the permitting, we checked with SHPD and followed their guidance."

Jessica Puff, Architectural Branch Chief with SHPD, says that was not the case. "Not only did the project proponent not come to us before applying for a demolition permit, but they didn't apply for a permit at all." Nahale-a said that the Historic Hawaii Foundation (HHF) had also been contacted before any work began.

However, Kiersten Faulkner, the group's executive director, said that neither she, nor her organization, had been in touch with Nahale-a, or anyone involved in the demolition.

The Bond Homestead is a saga of missed opportunity. When the Bond descendants sold the property to the New Moon Foundation in 1997, it housed the only Protestant Mission in the Pacific, and one of only two in the world that remained fully intact, with all

See, Bond Page 2

#### **Keeping Neighborhoods Safe With Neighborhood Watch**



Photo by Lydia Zuniga

Community members meet and learn how to run a successful Neighborhood Watch program.

By Cheryl Rocha

The North Kohala Neighborhood Watch program includes residential communities and surrounding businesses. The latest Watch meeting kicked off with several guest speakers.

Kathy Matsuda of the Kohala Resilience Hub (Kathy@northkohala.org) reviewed multiple programs in North Kohala that benefit families and the community.

April Lee was next, sharing information about North Kohala CERT (Community Emergency Response Team), a program of Hawaii's Department of Emergency Management, which helps neighborhoods and families with emergency readiness. For more information, contact April at 808-

989-5995 /april@kre2.com or John Winters at 808-854-5021.

Lastly, our Community Police Officer, Dayton Tagaca, answered questions from participants. Dayton also shared that he is available to give a PowerPoint presentation on how people can become a Neighborhood Watch Coordinator so other communities can start their own programs. He also shared ideas and tips on keeping our neighborhoods in North Kohala a safe place to live. Officer Tagaca can be reached at the Kohala Police Department, 808 889-6540.

Lydia Zuniga, Cheryl Rocha and Kathy Matsuda coordinated this Neighborhood Watch Meeting. Cheryl can be reached at sistabudda@yahoo.com.

#### Mayor Mitch Roth's Kohala Town Hall on July 11

By Toni Withington

Mayor Mitch Roth will meet with the public at a Town Hall gathering at the Kohala Intergenerational Center in Kamehameha Park on July 11 from 5 to 7 p.m. With him will be many heads of County departments to talk about what county projects are coming up for Kohala and to answer questions.

This will be the fourth informational gathering the mayor has held in rural areas of the county. The first was in Captain Cook on June 2, followed by Kailua-Kona on June 13. Waikoloa is scheduled for June 27.

At the Captain Cook meeting, the director of Housing and Community Development talked about affordable housing and the head of the Department of Environmental Management discussed issues of cesspools and wastewater. Also attending were the police and fire chiefs, the deputy managing director, as well as the directors of the departments of Planning, Public Works, and Parks and Recreation.

If you can't make it in person, you can watch it live on Mayor Roth's Facebook (face-book.com/himayormitch) and Nā Leo TV, Channel 55.

Kohala Mountain News Box 639 Kapa'au, HI 96755

POSTAL CUSTOMER



#### Bond, from Page 1

buildings and family possessions preserved as they were in the 1800s. The National Register application for the homestead emphasized its unique historical significance and stressed the priority of preserva-

The agreement with the New Moon Foundation included obligations to preserve and protect the buildings, with the intention of establishing a museum in 2012.

According to Bond Boyd, a fifth-generation family member and a highly regarded historian of Hawaii, "That was why we left it as we did, so that New Moon would take it over, renovate it, and open a museum," Bond said.

"If that had not been the plan, we would have taken the family

possessions at the time."

While the Bond family waited for the museum to materialize, millions of dollars in other improvements were made to the property,

but the homestead sat neglected.
In 2006 an earthquake caused substantial damage to the buildings, and all the artifacts were removed, cataloged by the Bishop Museum in Honolulu, and put in storage at Iole. "At that point Historic Hawaii Foundation was working with the owner on stabilizing the property, and so there were some gestures towards preservation and working together," said HHC's Faulkner. That's why we really were taken aback that this (the demolition) had gotten so far without any kind of communication."

New Moon donated the 2,400-

acre property to the Hawaii Community Foundation (HCF) last year. Though a spokesperson for the HCF said that the responsibility for securing the correct permits belongs to `lole, SHPD's Puff stated that "ultimately the owners do have a responsibility to insure that historic preservation policies are followed and that the historic resource is preserved." The fate of the buildings now depends on who will step forward to help preserve them. Nahale-a said he was open to working with groups interested in restoring the historic structures, and that 'Iole could provide them a

free lease or license for the property.

Jessica Puff said that SHPD 'would be eager to assist whoever it is who would like to restore the property and find a use that both

preserves the homestead, continues to tell the history of the property and the people associated with it, and also serves the needs of the property owner and the tenant.

Cindy Evans, North Kohala City Council representative, said she hoped that Iole would give the community options other than demolition.

Auntie Maile Napolean, a respected elder in North Kohala, also wants 'Iole to save the buildings. "We have so much history here in Kohala. If they get rid of those buildings, we won't have anything to educate the people in the future about the way things were in those

For more information about the Bond Homestead contact bondhomestead@icloud.com.

#### **NKCDP Advisory Group Meeting May 31**

By Lynda Wallach

The May 31 meeting of the North Kohala Community Development Program Advisory Group was held at its new meeting place, the Old Judiciary Building (Senior Center) behind the Kamehameha statue. Vice Chairman David Fuertes called the meeting to order then proceeded to the reports of the

various subgroups.

Jack Hoyt of Affordable Housing (AH) explained that the lack of affordable housing in Kohala can affect the ability of local employers to hire and retain qualified employees. One example is Hāmākua-Kohala Health, which is planning to build an expanded clinic and medical research learning center on the site of the old Kohala Club Hotel. The clinic would provide 42 full-time jobs including physicians, nurses, a pharmacist and other professionals, as well as support staff. A representative from Hāmākua-Kohala Health told AH that her primary concern is whether they will be able to find housing for everyone they plan to hire.

They are worried that they may not be able to find employees if people come here and discover there is no place for them to live. A second is example is AnoAno Care Home which had to shut down because they were unable to find housing for their employees. Hoyt said that this is extremely frustrating for the members of the subgroup because there is so little that they are able to do. They are trying push the county Self-Help group to bring the next phase online sooner. Also, the developer of a 33-acre planned development next to Self Help Phase One said he will set aside a little more 50 percent of his lots as affordable.

County policy states that if the affordable housing lots do not sell within six months, the developer is allowed to sell them at market value. AH is pressuring the developer to leave the affordable lots at the affordable price permanently and, so far, he seems amenable.

Fuertes said that the Agriculture subgroup helped coordinate a workshop where the U.S. Department of Agriculture shared information on some of their quarterly grant programs. The information focused on grants for the setting up of certified kitchens. He shared that \$10,000,000 has been approved by the legislature for Kohala Ditch

He also said that the I'O Processing Company in Kona is available to local ranchers to harvest their cattle, and that within six months they will also be able to process sheep, goats and hogs. The group will be holding a debriefing on their Agriculture Visioning Event on July 27 from 4:00 till 6:00 at the Kohala Village HUB. Prior to that they will be meeting with groups that were unable to attend the original event with the purpose of including their input.

During the report by Joe Carvalho from the **Community Access** subgroup there was some discussion of the Parker Ranch listing of the lots on the 269 acres it owns next to the gated subdivision Ranches at Puakea. They are selling up to thirteen lots at an average price of \$12,000,000 each.

The group plans to meet with representatives from Parker Ranch to discuss multiple issues associated this use of the property, including the lack of water and electricity and the existence of important cultural sites. There is approval pending from the County for the coastal trail at Kohala Waterfront.

The County wants the homeowners association to be responsible for maintenance of the trail, Community Access wants the County to take responsibility.

Growth Management reviewed the application for a special use permit and a use permit by Hāmākua-Kohala Health for their new health center and submitted testimony in support. Tony Withington requested that the Advisory Group submit a letter also stating their support for the project. The group voted to submit a letter.

The **Utilities** subgroup is focusing on Hawaii Act 125, the goal of

which is to have all cesspools converted to septic systems by 2050. Reporting for the group, Steve Hoffmann said that although that date seems to be in the distant future, rules are already taking shape that will affect people much earlier. A representative from the Credit Union attended the meeting and said that she was led to believe that no new loans for home improvements or construction will be given without full conversion to septic. Banks may also be reluctant to give mortgages to buy homes that still have cesspools, making them much more difficult to sell.

The current estimated for conversion can be \$20,000 or more. With all these issues looming, including the fact that many lots in Kohala are not large enough to accommodate a septic tank and leach field, the group has invited David Tarnas to their next meeting. They are also considering the need for a larger community meeting where experts in the various aspects of the conversion issue can

be present. Some residents have been approached by contractors to host a 5G tower on their property, but there are those in the community who fear potential negative health effects of 5G.

The construction of 5G towers is not being planned for the immedi-

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#### NKCDP, from Page 6

ate future and Hoffman said a community meeting should be held to discuss the pros and cons of constructing them in Kohala before anything happens. The wind farm has a new contract with HELCO out to the Public Utilities Commission for approval.

It would allow for the rebuilding of the older turbines and modernizing of the plant. It has also been proposed as the site for a battery storage facility to be built by HELCO, which would support local users when the line is taken out of service to put in a replacement line on Kohala Mountain Road.

Finally, our district representative to the Water Board said that when the Halaula well finally comes online it will not lead to the lifting of the moratorium on water meters.

After the reports of the subcommittees, Toni Withington gave the group an update on the County's **Climate Action Plan**. As you can see, the subgroups are confronting real issues impacting the citizens of Kohala.

They all welcome new members and you are encouraged to get involved in group that is dealing with an issue that interests you. Subgroup meeting times and places can be found on the calendar page in this paper.

in this paper.

The next meeting of the Advisory Group will be on Wednesday, June 28, at 4:30 at the Old Judiciary Building (Senior Center) behind the statue in Kapa`au. Everyone is encouraged to attend.

#### Hāwī Wind Farm Enters New Contract with HELCO

By Toni Withington

An amended contract between Hawaiian Electric and the owner of the Hāwī wind farm is expected to allow for a long-awaited upgrade of the facility and lower cost for customers.

The electric company announced last month that it has renegotiated decades-old purchase contracts with three Hawai'i island renewable energy projects that will no longer link the cost of energy purchases to the ups and downs of the price of diesel oil. The new contracts are expected to stabilize and lower the cost, which Hawaiian Electric says will be passed on to rate payers.

The projects are Hawi Renew-

able Development (HRD), Puna Geothermal Venture (PGV), and Wailuku River Hydroelectric. The contracts are still subject to approval by the Public Utilities Commission (PUC).

"Based on today's rates, a typical residential customer using 500 kilowatts could see savings ranging from \$9 to \$13 per month," HELCO said in a press release. "The amount of savings and the timing depends on when PGV and HRD expand their output, which is expected in 2026. The majority of savings will come from the amended PGV contract. If the PGV expansion is approved, at least 65% of the island's energy would be generated by renewable resources by 2026."

The amended contract with Hawi Renewable Development was filed with the PUC in December 2021

When that failed to get approval, a new 20-year contract was filed in January 2023. It also includes allowances for upgrades to repower the facility which will continue to provide up to 10.56 megawatts to the grid.

The wind farm's 16 turbines are located near 'Upolu Airport on 250 acres of an active cattle ranch and currently powers more than 2,100 homes. It started operations in 2006 at a construction cost of \$20 million. The upgrade is expected to cost millions of dollars and create 20 to 30 jobs.

#### NORTH KOHALA COMMUNITY DEVELOPMENT PLAN ADVISORY GROUP

MEETING TIME: Wednesday, June 28, 4:30 n m

4:30 p.m. **PLACE:** Old Judiciary Building (Senior Center, behind the statue), Kapa'au

AGENDA ANNOUNCEMENTS

**PUBLIC COMMENTS ON AGENDA ITEMS** 

Kohala residents are encouraged to attend and voice their opinion on issues. They may even recommend actions and suggest subjects not presently addressed.

SUBCOMMITTEE REPORTS

(please see accompanying article on issues being addressed)

Affordable Housing – Addresses the housing needs for families in Kohala.

Agriculture – The future of agriculture in our area.

<u>Community Access</u> – Exploring ways for Kohala residents to have more mauka and makai access.

<u>Growth Management</u> – Addresses zoning, permits and variance requests and how they affect us.

<u>Health and Wellness</u> – Addresses Kohala health care infrastructure and emergency response.

Parks, Roads, View Planes and Erosion Control – Addresses many infrastructure problems and projects.

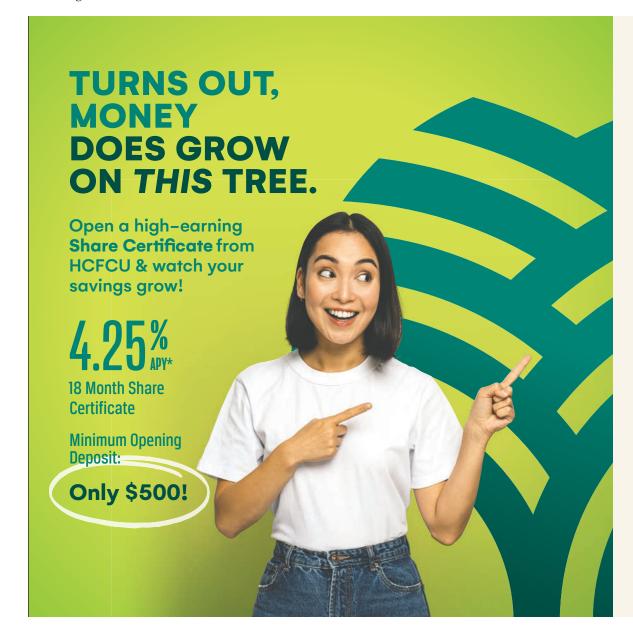
<u>Utilities</u> – Addresses all utility and waste stream issues.

Investigatory Subcommittee on Re-zoning and Agricultural Property Tax Rates – Works on Kohala input to the ongoing County reassessment of zoning and agricultural tax rate reduction criteria.

**NEW BUSINESS** 

PUBLIC INPUT AND AGENDA SUGGESTIONS FOR THE NEXT MEETING

**ANNOUNCEMENTS** 







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#### Youth Project at the Artists' Co-op

By Jack Boyle Noko Theater is concentrating on a strong youth company. In October 2022, this young company performed Frank Asch's "The Password" to a delighted audience of thirty people at the Artists' Cooperative.

During this past Earth Day celebration at the co-op in Kapa`au, this talented company performed a climate change puppet show,

"The Burning Planet" by Catherine Morgan Standard, to an energized audience of all ages. This dedicated core group inspired me to create another youth theater program.

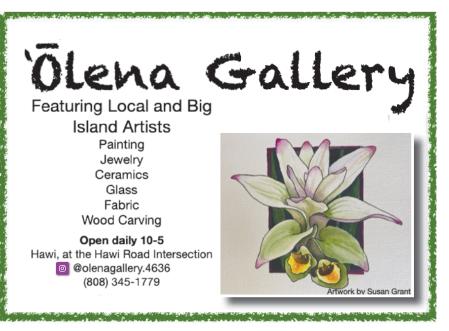
In a series of workshops in acting, voice and stage craft we shall create an evening's performance in late July with a working title, "New and Improvised Voices" and will involve storytelling, puppetry, movement and scripted pieces that we select as a company.

On Saturday, July 1, anyone interested should come to the Artists Co-op from 10:00 a.m. to 12:00 noon for a meeting to plan our time together. Workshops and classes will be sponsored at the Artists Co-operative beginning on July 4, meeting each Tuesday, Wednesday and Thursday from 9:00 a.m. to 1:00 p.m. and attendees are invited to bring a light lunch. We will meet

three times a week for four weeks, culminating in a performance the evening of Thursday, July 27.

All performers must agree to commit to a complete program. Those who would like to provide tech support for the production may have a slightly different schedule. We are limited to a cast of eight and spaces will be reserved by contacting nokotheater@gmail.com or calling me at 808-895-2069.







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#### Hawai'i State House of Representatives Update From the Desk of District 7 Representative David Tarnas

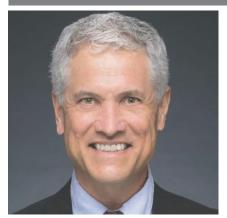


Photo courtesy of David Tarnas Representative David Tarnas speaks for North Kohala as a member of the Hawai'i State House of Representatives.

Aloha. With the 2023 legislative session completed, Governor Josh Green is reviewing the 274 bills passed by the legislature. For each bill, he must consider signing them into law, allowing them to become law without his signature, or vetoing them.

This is an important part of the process for a bill to become a law. That's why I have been working with the governor's office and relevant State agencies over the last month to answer their questions and concerns about any of these

The governor has until June 26 to transmit a letter to the legislature with the list of bills he intends to veto. By July 11, the governor must veto any bill he intends to, and should the legislature choose to override any of the governor's vetoes, the legislature must convene in special session by noon on the same day.

In the meantime, I am pleased to report on some highlights of Capital Improvement Project funding for public construction in House District 8 and regional facilities. I am also glad to report some selected Grants-in-Aid funding for nonprofit organizations in our com-

Highlights for CIP Funding in House District 8 and Surrounding

\$13 million was appropriated for planning, design, and construction for a new public library in Waikōloa.

The Governor also recently released \$1.9 million to pay for the design of the facility.

\$10 million was appropriated for construction for repairs to

restore and reactivate the Kohala Ditch System. The Hawaii Department of Agriculture will be administering these funds. Officials with the HDOA have said they will be preparing Requests for Proposals for contractors to make repairs to the ditch system.

Because the Kohala Ditch is a privately owned irrigation system, I have requested the HDOA to work with the Kohala Ditch owners to develop a plan for managing this infrastructure improvement project and for operating the Kohala Ditch once the repairs are completed.

\$1.2 million was appropriated for construction and equipment for completion of the Kanu o ka 'Āina New Century Public Charter School multipurpose building to include a certified commercial kitchen space. This project supplements the \$1.8 million that was previously appropriated for this project.

Combined, these funds will give the school enough resources to complete this project and provide the capacity to prepare meals for all the students at the school, many of whom depend on school meals for their main sustenance during the

\$1.5 million was appropriated for design and construction for 'Upolu Well for pump installation, connecting pipeline, controls, and related improvements to develop an existing well to provide agricultural water in North Kohala. This project funding supplements the previous funding of \$5 million that the Governor released November

\$2.8 million was appropriated for Waimea-Kohala Airport for design and construction of waterline upgrades. This upgrade will provide more potable water to the airport, which will allow them to make further improvements at the facility and in the surrounding area.

\$9.6 million was appropriated for Waimea Regional Safety Improvements, including multi-modal improvements in Waimea Town (like a roundabout at the intersection of Lindsey Road and Kawaihae Road) and operational improvements at Kawaihae Road and Lindsey Road.

\$50 million was appropriated for Hilo Medical Center for construction and equipment for the ICU and medical surgical unit expansion. This project will allow the Hilo Medical Center to substantially increase beds in these units.

The resulting increase in capacity will support the center in meeting the growing needs of our commu-

\$18.5 million was appropriated in total for Kona Community Hospital for construction and equipment for the prescription drug compounding facility and pharmacy facility expansion, as well as for plans, design, construction, and equipment for upgrades to infra-structure and other improvements. These projects will provide much needed support and ensure the continued services and operations of Kona Community Hospital.

For further information regarding any State Capital Improvement Projects approved by the legislature this year, I would encourage you to reference House Bill 300 Conference Draft 1 on the legislative website.

Grant-In-Aid Funding to Non-Profit Organizations in House District 8

appropriated \$60,000 was for West Hawai'i Mediation Center for the Victim Offender Conferencing program.

\$350,000 was appropriated for Habitat for Humanity Hawaii Island to support the construction of 14 new homes.

\$300,000 was appropriated for Hāmākua-Kohala Health Center to support the construc-tion of a facility at the new Kohala Health and Wellness Center.

\$200,000 was appropriated for Kahua Pa`a Mua (KPM) to support food security and community resilience by educating middle and high school natural science instruc-tors through the KPM Statewide Food Alliance Project.

\$150,000 was appropriated for Hawaii Island Humane Society to increase access to veterinary care for pet owners in the County of Hawaii.

\$89,000 was appropriated for People for Active Transportation Hawaii (PATH) for equipment and 1,400 bicycle helmets to be used for PATH's Bicycle Education Program.

I am grateful to serve as the State Representative for Kohala. Please share your concerns or ideas about legislative bills or community issues by contacting my office at 808-586-8510 or emailing me at reptarnas@ capitol.hawaii.gov.

You can also subscribe to my regular e-newsletter by going to bit. ly/reptarnas-signup. I am always glad to hear from you anytime. Mahalo!

#### **Future KMN Deadlines**

It's important for the Kohala Mountain News to receive ads and news submissions by the following deadlines. Otherwise, submissions may not be accommodated.

> **July Deadlines** Ads and News: 7/7/23 Calendar: 7/14/23 Distribution: 7/21/23

**August Deadlines** Ads and News: 8/11/23 **Calendar: 8/18/23** Distribution: 8/25/23

Our purpose is to enhance and strengthen the community by fostering continuous communication and understanding among the various cultures, residents and constituents.

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#### **ABOUT US**

Publisher/Ad Sales Manager From Morse © 345-0706 Itmorse@aol.com Tom Morse

Managing Editor
Maureen Garry • 494-4237
kohalanewseditor@gmail.com

Layout & Calendar Editor Annalene Williams 🕓 339-4951 kohalacalendar@gmail.com

Bookkeeper Jill Kupitz © 896-2332 jillkupitz@gmail.com

#### **June Contributors**

Annandale Photography, Jack Boyle, Susie Davis, Cindy Evans, Maureen Garry, Susan Ince, Kohala High School, Libby Leonard, Jesse Lucas, Jocelyn Manuel, Loa Patalo, Cheryl Rocha, Dean Takaaze, David Tarnas, Lynda Wallach, John Winter, Deborah Withers, Toni Withington, Michael Yamamoto and Lydia Zuniga.

#### **Current Circulation 4,000**

**Letters to the Editor** and Viewpoint articles must address issues affecting North Kohala and be accompanied by the author's name, address and telephone number. Letters and Viewpoints are subject to editing, and shorter submissions will receive preference for publication.

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**Kohala Mountain News** P.O. Box 639, Kapa'au, Hawai'i 96755

#### **County Council Update**

#### From the Desk of District 9 Councilmember Cindy Evans

What is the future of electrical vehicles on Hawai'i island? Your Hawai'i County Council, at the most recent hearing, discussed the requirement of electric vehicle charging stations at current gas stations. The stories of those who drive electric vehicles and those of us who have rented electric vehicles brought to light how long it takes to

charge an electric battery.

Where would you like to wait

while your battery is being charged? If you are traveling around the island and need an electric charge, would you expect the charging stations to be at public libraries? Or would you expect them to be in parking lots of grocery stores, shopping centers or restaurants? Should hotels have charging stations? Another thing to consider: If you run out of charge in the middle of your road trip, will your insurance cover your car to be towed to your home or the nearest charging station?

The reason I bring up this topic is that County government can pass regulations that require the installation of charging stations. By the way, you need to assume you will be paying for the cost of charging.
What to require? There are slow

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## CC Update, from Page 5

Councilmember Cindy Evans represents North Kohala as part of Hawai'i County Council District 9. (Courtesy Cindy Evans)

and fast charging stations, but fast charging requires a special adaptor. As a policymaker, I am considering the following:

1) Should it be free?

2) Should you require both slow charge and fast charge to be installed at the same location?

3) Should the charging time be limited to one hour per vehicle?

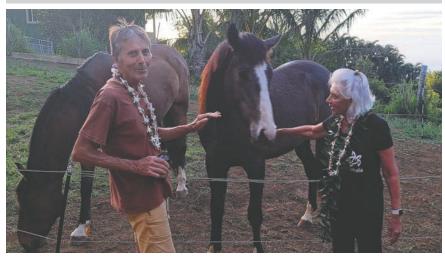
4) Should government require charging stations, or provide an incentive to get them installed?

I am aware of the increasing amount of vandalism at our county parks. For this reason, I do not support the installation of charging stations at our county parks. Due to the parking limitations at public buildings and other public facilities, any addition of charging stations, as well as cars waiting to plug in, will limit precious parking space.

The community is changing. We are seeing more and more electric vehicles, which means the demand is going up, which means an increase in the desire for charging stations. I anticipate legislation to be considered by the County Council in the not-too-distant future.

Your thoughts on this topic are welcome. Please email me at cindy. evans@hawaiicounty.gov. My mailing address is West Hawaii Civic Center Bldg. A, 57-5044 Ane Keohokalole Hwy. Kailua-Kona, 96740. My monthly newsletter can be subscribed to at http://eepurl.com/ iqadLA. Take care.

#### Ho'ola Ola Healing Life Center: **Equine Assisted Psychotherapy for Trauma**



By Michael Yamamoto

Neil and Deb Withers with horses Corey (left) and Rawley, the therapy horses that help in healing clients' emotional suffering.

By Deborah Withers, LCSW

April 23 marked the opening of Ho`ola Ola Healing Life Center in Hāwī, with Kealoha Sugiyama leading the blessing. Our therapy horses Rawley (Wraliant), a two-year-old Hungarian Warmblood colt, and his buddy Corey (Courage Under Fire), an 8-year-old Holsteiner – were also blessed. The horses stayed curious and engaged during the ceremony and, I hope, realized their kuleana

to be a part of healing human emo-

tional suffering. My hālau hula, Na Kūpuna O Kohala led by Kumu Kaui Nakamura; hālau hula Kalaniumi Aliloa, also led by Kumu Kaui Nakamura; and hālau hula O Mana'olana O Kohala, under Kumu Mona`olana,

led the kahiko and chanting.

I am trained in Equine Assisted EMDR (Eye Movement Desensitization and Reprocessing), which is

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   Items NOT on this list will NOT be accepted for recycling.



By Kristi Krantz

Halau sisters Sina Masalosalo (left) and Emily ("Aunty Em") DeWitt. Sina is the alaka`i (leader) for Na Kupuna O Kohala.





By Michael Yamamoto

Kahu Kealoha Sugiyama performs a blessing with the kumu hula and their haumana (students).



By Mary Beth Ludwig Kumu Kaui Nakamura (left) and Kumu Mona`olana (Hope Keawe).

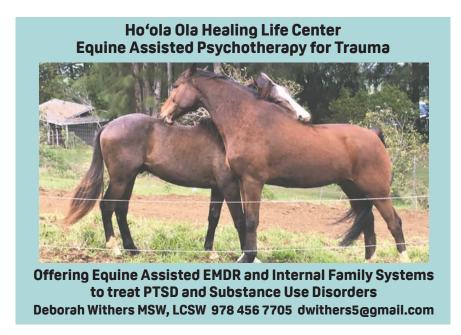
called EquiLateral, and IFS (Internal Family Systems), two globally respected evidence-based trauma models that I weave together for a comprehensive approach. Using horses in the EMDR protocol is a profound innovation. Since they are prey animals, they are acutely aware of their surroundings and can attune to the client's internal experience to reflect and mirror it. Clients attach the qualities they need to the horse and make new meaning of traumatic experiences previously "stuck" in the body and nervous system, clearing them to re-establish emotional regulation. Horses seem to "know" instinctively what to bring to each client for a deeply felt sense of being understood.

IFS brings a compassionate way of working with substance use disorders, a common outcome of trauma. Most treatment models for addiction view it as either a disease or a lack of willpower. Since addiction rates are soaring, these banishment and control efforts clearly backfire. The IFS model flips these approaches around and encourages clients to become curious about the addictive part of themselves. They listen to the part and learn how it has been desperately trying to protect and save them but has become trapped in that extreme role. Addictive parts try hard to distract us from vulnerable emotions such as pain, shame and terror. When clients know that these parts of themselves are finally heard and

understood, they can then feel safe to explore their addiction without judgment and can unburden and heal the underlying causes.

My father is the reason I moved to Hawai'i. He was in the army, stationed at Pearl Harbor from 1939-1941 and shipped out just two months before the bombing. He was wounded in the Battle of the Bulge and became a POW. He was awarded a Purple Heart and two Bronze Stars but suffered severe PTSD for the rest of his life. Near the end of his life, I facilitated his admission into a Veterans Hospital that had an EMDR component. The Vietnam vets there respected and celebrated him for the war hero he was. These meaningful connections along with EMDR were instrumental to his healing. My dad always loved Hawai'i and the Hawaiian people. He brought my mother and me here to share in its beauty and culture. It was my dream to move here someday, and five years ago we made this our permanent home. I like to think my dad would be very pleased that I am here doing this work with a horse named Courage Under Fire.

I am a licensed clinical social worker, MSW, LCSW, a Certified EMDR Consultant, and Level 2 trained in IFS with over 30 years of experience. My special interest is working with veterans. I also do individual, family and group therapy with adults and children involving trauma and addiction.





#### "This is Kohala" Oral History Film Screens July 5

By Jocelyn Manuel

Come to the Kohala Night Market to watch a short film of kupuna "talking story" about the old plantation days. The film is part of the Kohala Oral History Video Project and many of the stories were recorded at last year's Kohala Reunion.

This labor of love began two years ago when Lucas Manuel-Scheibe, on the urging of his mother, Jocelyn Manuel, started video recording the stories of his 80-year-old grandmother, Martina Manuel. In the past, they had done audio recordings of Grandma, but when Lucas started film school, it was natural for the storytelling to be captured on video.

Martina spoke of living on the plantation in the 1960s, when she first came over from the Philippines as a young bride. There were stories that neither had heard before and it became a poignant way for Jocelyn to reconnect with her dad, who passed years ago, before she had much interest in his history and life in Kohala.

In Konala.

Jocelyn and Lucas started the Kohala Oral History Project to gather more stories. At the July 2022 Kohala Reunion, they conducted over 20 interviews. Kathy Matsuda, of the Kohala Reunion, and Joël Tan, part-time Kohala resident and Executive Director of the dent and Executive Director of the

Kohala Reunion 2025 and

Kohala Reunion Ly Project Pres



Photo by Jocelyn Manuel

May Spencer Napolean being interviewed at the Kohala Reunion in July 2022.

Wing Luke Museum in Seattle, have been advising Jocelyn and Lucas on the project. The project has also received advice from members of the community, The Center for Oral History at the UH Manoa, and the Honoka`a Heritage Museum. They have recently become a sponsored project of the North Kohala Community Resource Center.

Now, they are ready to show their efforts at this live screening of the stories that they captured over the last two years.



Photo by Jocelyn Manuel

Earl Shimabukuro and Betsy Tamanaha being interviewed at the Kohala Réunion in July 2022.

**Oral History Project.** Attend in person or stream it live from the Kohala Reunion 2025 Facebook page.



Join us as we

present video clips from the Kohala

Event sponsored by Kohala Reunion 2025 a project of the North Resource Center.

Kohala Resilience Hub Barn

The project has more urgency now than ever before.

One of the stories captured on video was that of Fred Cachola, "Kohala's son." He regaled Lucas with over an hour and a half of his stories. Lucas and Jocelyn are happy that they were able to record his stories and were saddened to hear of his passing. The event is dedicated

On July 5, come see the minute film encompassing 30-minute film encompassing excerpts from all 24 of the project's interviews. The film will be shown at the Kohala Resilience Hub Barn at the Kohala Night Market from 5–6 p.m. and will be simultaneously livestreamed to the Kohala Reunion 2025 Facebook Group.

After the film, some of the participants from the project will participate in a short panel discussion You'll also hear plans for collecting more stories. To learn more about the Kohala Oral History Project, kohalaoralhistoryproject@ gmail.com.



a film screening

**DIRECTOR OF FUND DEVELOPMENT** 

Wednesday, July 5

5:00 - 6:00 pm HI time



**PROJECTS COORDINATOR** 

NKCRC IS A 501(C)3 ORGANIZATION WITH A MISSION TO SUPPORT SUCESSFUL COMMUNITY PROJECTS THAT BENEFIT NORTH KOHALA

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#### A Dream Come True: Longtime Employees Buy As Hawi Turns

Thirty years after creating As Hawi Turns, owner Lisa Ebrahimi will turn over the keys to her thriv-

ing clothing and gift store on July 1.

Regular shoppers will recognize the local mother-daughter team who are buying the business: long-time employees Sheri Bartsch, 50, and Mikaela Gonzalez, 25.

"I had other offers, but picked Sheri and Mikaela because they were the right people for the store. They know Hāwī and they know our customers," said Ebrahimi. Ebrahimi opened As Hawi

Turns in 1993 in the retail space that now houses Aloha Man. At that time, after Takata Store had moved to Kapa`au and Bamboo restaurant hadn't yet opened, there was little reason for visitors - or even enthusiastic local shoppers — to linger in

Hāwī.

"This was not a tourist destination, and the population of the town was dwindling quickly," Ebrahimi said. "I enjoy shopping and decided that the town needed a new retail store." The venture was funded store." The venture was funded by Ebrahimi, her future husband Aaron Sienkiewicz, Bob Martin, and Martin's son Scott. From the beginning, the store did so well that no further influx of money was needed, and eventually Ebrahimi bought out her investors to become sole owner.

Within a year, Ebrahimi moved As Hawi Turns to a larger space in the re-opened Toyama Building, where it remains next to the Kohala Coffee Mill.

Over the years, Ebrahimi survived many of the threats common to all local businesses: When tourists stopped flying in after the 9/11 attacks in 2001, the 2008 recession,

and the 2020 pandemic.

"I really admire entrepreneurship. Lisa definitely has it, and it's sustained her and the business through many challenges," said Tim Ashcraft, Kohala branch manager of the Hawaii Community

Federal Credit Union.
During the COVID lockdown, the credit union helped As Hawi Turns and other island businesses obtain loans and grants to stay afloat. Landlord John Adams temporarily lowered the rent.

"Lisa kept all her employees, and we wore masks and came to work and remodeled. We only stayed home for a week," says Bartsch. As Hawi Turns began stocking hand sanitizer and other pandemic essentials and was able to reopen its doors within four weeks, making appointments for shoppers so they could maintain social distancing.

"Because so many stores were closed, we met business owners from other places on the island who came in to support us. Local people came in to support us. Local people would stop and buy a dishtowel or something small to show their support. When visitors came back, they were thrilled that we were still here," said Bartsch.

Ebrahimi first met the new owners when she coached the soccer team that her son Tristan and Mikapla played on as 4-year-olds.

Mikaela played on as 4-year-olds. Bartsch bought her first gift at the store in the 1990s and began work-



Photo by Kiva Sutton

As Hāwī Turns founder Lisa Ebrahimi (center) with new owners Sheri Bartsch (left) and Mikaela Gonzalez (right).



refurbished in 1992.

Photo by Damian Sienkiewicz Aaron Sienkiewicz and Lisa Ebrahimi atop the Toyama Building being

ing there in 2010 after growing up in  $H\bar{a}w\bar{\imath}$  , studying business at the University of Hawaii-Hilo, running the front desk of the Kohala Salon and Spa at the Hilton, and staying home for several years with her

"Hiring Sheri is the best thing I ever did. She is my top employee and has always gone above and beyond the call of duty," says Ebrahimi. The two have gone on many buying trips together, once as far as Bali, and Bartsch already manages the store when Ebrahimi is offisland. Gonzalez started working at the store at age 16, the first hire in a program Ebrahimi launched to mentor local teens in how to apply and interview for jobs. As a jewelry and bathing suit model, Gonzalez has developed contacts with many local designers and plans to feature more of them in the store.

"My other goal is to expand the store's social media marketing. The younger generation likes to see stuff online, and that makes them want to come in and see it in person, says Gonzalez.

The new owners are confident that the store will continue to prosper and serve the community after the transition.

"We took plenty of time to think about it. I'm not really worried because I know we have a really good team. We're keeping all the staff and I consider the workers all family," said Bartsch.

And don't worry that the energetic Ebrahimi will disappear from the Hāwī scene. She'll still be coming to As Hawi Turns as a shopper and jewelry vendor and to consult with the new owners when

questions come up.

"And I think I'll go back to my roots as a recreation therapist and work with children again," Ebrahimi said.

Lisa would like to congratulate the new owners and give a shoutout and a big mahalo to her other dedicated employees – Char, Annalisa, Arrione, Jaime, Alexis, and especially Alita Adamak.





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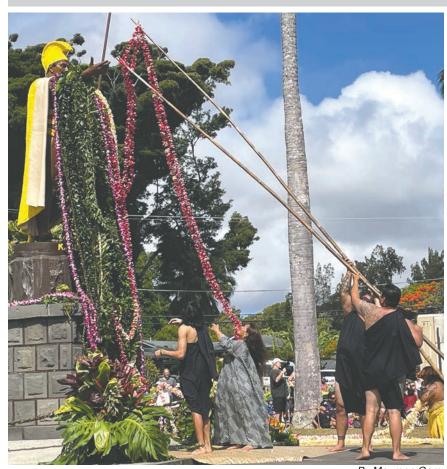


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#### Kamehameha Day Celebrated



By Maureen Garry
Twenty-foot-long lei are carefully draped over the statue's outstretched

On June 11, crowds gathered along Akoni Pule Highway, especially near the statue in Kapa'au, to take part in the annual festival honoring Kamehameha I, the chief who united the Hawaiian Islands in 1795.

The traditional agenda started early, with the Procession of Royal Societies – The Royal Order of Kamehameha, 'Ahahui Ka`ahumanu, Hale o Nā Ali`i, and Māmakakaua (Daughters and Sons of Hawaiian Warriors). The societies were followed by the Daughters

of Hawai'i, the `Ahahui Ka`iulani and Hawaiian Çivic Clubs.

Next came the lei draping ceremony, including plenty of hula and mele. Multiple groups had strung and donated 20-foot-long floral and leaf lei, which were painstakingly placed over the statue's outstretched arms using long, thin poles

Soon the parade began and included such highlights as the Kalista Caravalho carrying the American flag; Kalani Peleiholani-Langan carrying the Hawaiian flag;



By Maureen Garry The Kohala High School Cowboys basketball team, Hawaii State Division 2 champions.



her arrival.

By Maureen Garry Escorts of the pa`u queen blow pū (Hawaiian conch shells) to announce

lineal descendent of Kamehameha, Kihei Kapeliela; the D2 State Champion Kohala High School Cowboys Baskethall Team: and the Ababui

Basketball Team; and the Ahahui Ka`auhumanu Society of women represented by Kehau Hedlund and Ann Kanehailua-Coito.

Next came the Pa'u Parade in all its vibrance and splendor, with each island represented by a beautifully adorned princess: Phyllis Freitas Badayos for Hawaii, Laura Bodell for Maui, Kili Takushi for Moloka`i, Puanani Tayan-Smith for Kaha`alawa Mishala Kinashita for

Lana'i, Shaelyn Botelho for O'ahu, Hailey VanZandt for Kauai, and Lahela Langan for Ni'ihau. The last pa'u rider was Queen Cheri Atkins. Dutifully following the horses came the final float: volunteers from the Kohala Ride Wild Club acting as pooper scoopers.

pooper scoopers.

The parade was followed by educational exhibits and the release of a CD honoring those who stand for Mauna Kea entitled Kūkulu, A Tribute to the Pillars of Mauna ā Wākea. The day was a grand and successful tribute to the King.





By Libby Leonard Hailey VanZandt representing the island of Kaua`i in purple with lei made of sea grapes resembling the mokihana berry, which is only found on this island.



By Libby Leonard Pa`u Queen Cheri Atkins grew up in Kohala and says it will always be

#### Kohala Students Win Statewide Kalo Challenge, Leave Legacy to Younger Generation



By Kristy Nishimura

Malachi Duque shares the origin story of Hāloa and its importance to kalo and the Hawaiian culture with the judges.

By Libby Leonard

This past May, after winning the district on Hawai'i County, Kohala High School seniors Malachi Duque and Elijah Tabiolo got an all-expenses paid trip to O'ahu and took home the winning prize for the first statewide Kalo Challenge.

Initiated by the Department of Education's Alternative Learning

Initiated by the Department of Education's Alternative Learning Program Supports and Services, the competition, which took place at Kupu Hawai'i's Ho'okupu Center, was the culmination of a year-long alternative learning program at the high school. Instead of conventional studies, students were able to immerse themselves in the traditional cultural practice of cultivating kalo.

The program at Kohala High School is run by teacher Loa Patao and involves having the students most the day. Sometimes they would go on field trips with other community partners – all for high school credit.

The kalo was grown on school grounds, beginning with students learning the backstory of kalo. They then planned and executed on growing their own kalo, which required successful building of fencing, raised beds and irrigation systems, as well as implementing fertilization methods.

Patao said that because of Tabiolo's background growing up in a ranching family, he shared his build-

See Kalo, Page 13

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kohalamountainnews.com
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back to 2011



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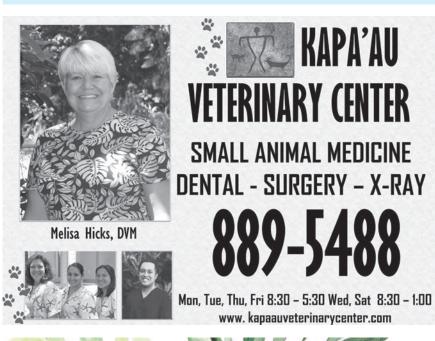
We Can Do It!



#### 'Ōlelo Hawai'i for lune 2023 (June) `Imi Hakuhia (Be Innovative)

By Jesse Lucas

Aloha Kākou! Mana`olana au (I hope) everyone is off to a nice start to kau wela (summer). This is a good time to `imi hakuhia (be innovative). No ke aha? (Why?) Well, we are approaching the waena (middle) of the makahiki (year). Why not take a moment to no`ono`o (think) about the plans you had for 2023? Where are you on your huaka`i (journey)? It is never too hope (late) ho`okumu (to create) the change we would like to see. E ho`omaka kākou! (Let's get started!)





WEEKLY EVENTS IN JULY 2023									
DAY	START	END	EVENT	VENUE	CONTACT				
M-S	8:30AM		NARCOTICS ANONYMOUS	RAINBOW CAFE					
MON	9AM		SENIOR CLUB @ CIVIC CENTER	KOHALASENIORS@GMAIL.COM					
	10AM	3PM	BIG ISLAND SUBSTANCE ABUSE COUNCIL	THE HUB	969-9994 X860				
	4:30PM		RMD TAIKO CLASSES	HUB HALE	889-0404 EXT. 104				
	5:30PM		DEFIANT BRATS (WOMENS' AA)	KAMEHAMEHA PARK PAVILLION Behind Tennis Court					
	AL ANON MEETINGS ON ZOOM HTTPS://WWW.AL-ANONHAWAII.ORG/MEETING-SCHEDULES								
TUE	8AM	9AM	NARCOTICS ANONYMOUS	KAMEHAMEHA PARK NEAR SKATE PARK 805-452-9501					
	8AM	9AM	TAI CHI WITH PETER BEEMER	OUTSIDE HISAOKA GYM	895-0737				
	8AM		YOGA/PILATES BEGINNER CLASS	CALL FOR LOCATION	333-8275				
	4:30PM	6PM	BELLY DANCE FITNESS	CALL FOR LOCATION	238-6111				
	4:30PM		KOHALA CARES FOOD DRIVE	ST AUGUSTINE'S	ALOHAPETER @yahoo.com				
	5:30PM	7PM	PICKLE BALL	HISAOKA GYM	333-8712				
	6PM	8PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099				
WED	10AM	11AM	STORY TIME	NK PUBLIC LIBRARY	889-6655				
	12PM	6PM	THRIFT SHOP	ST AUGUSTINE'S	889-5390				
	2PM	4PM	OPEN GUIDED ART STUDIO	ARTISTS' CO-OP	960-3597				
	2PM	3PM	LEGO CLUB 7/5 & 7/19, BOARD Games: 7/12, Craft: 7/26	NK PUBLIC LIBRARY	889-6655				
	3:30 PM	4:30PM	RMD TAIKO CLASSES (NOT 1ST WED)	HUB HALE	889-0404 EXT. 104				
	6PM	7:30PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	889-1828				
	7PM		SPIRITUAL HEALING SERVICE	54-3876 AKONI PULE STE 4	989-5995				
	7PM		ALCOHOLICS ANONYMOUS	WYLIE HALL, 'IOLE	889-6703				
THU	8AM	5PM	COMMUNITY HARVEST	TOUCHING THE EARTH FARM					
	8AM		YOGA/PILATES BEGINNER CLASS	CALL FOR LOCATION	333-8275				
	9AM	10:15PM	HEALING CIRCLE FOR ADDICTS	NANI'S GARDEN	805-452-9501				
	5:30PM	7PM	PICKLE BALL	HISAOKA GYM	333-8712				
	6PM	8PM	TABLE TENNIS/PING PONG	OLD COURT HOUSE	889-1099				
FRI	8AM		NARCOTICS ANONYMOUS MEETING	WILEY HALL ON IOLE	805-452-9501				
	8AM	9AM	TAI CHI WITH PETER BEEMER	OUTSIDE HISAOKA GYM	895-0737				
	9:30AM	10:45AM	YOGA	HUB HALE	202 746 0439				
	10AM	3PM	BIG ISLAND SUBSTANCE ABUSE COUNCIL	THE HUB	969-9994-X860				
SAT	8AM	12PM	FARMERS MARKET	THE HUB	313-338 -7090				
	10AM	11PM	FREE GOLF LESSONS	NORTH KOHALA Golf Park	KOHALAGOLF@ GMAIL.COM				
SUN	8AM		YOGA/PILATES BEGINNER CLASS	CALL FOR LOCATION	333-8275				
	6PM	7PM	SEIBUKAN KARATE ACADEMY	HISAOKA GYM	889-1828				
	7PM	8PM	RECOVERY DHARMA MEETING	HUB BARN	805-452-9501				



BAKE/RUMMAGE SALE
By the Kohala Senior
Citizens Club
on July 15
from 8:00-1:00
at the Community
Farmers' Market
at Kamehameha Park









The Kohala Senior Citizens Club invites all seniors (55+years) to join us. We meet every Monday at 9 AM at the Senior Center directly behind the statue. Call/text Faye Yates 808-225-3666

# Kalo, from Page 11

By Jessica Patao Elijah Tabiolo and Malachi Duque prepare their individual dishes – kalo poke and kalo pizza, respectively - to present to the judges.

ing skills in a way where sometimes Patao felt like the student.

"The point is to remove them from traditional classroom settings and get them a more hands-on, cul-

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turally based education with other partnerships," community Patao.

"It's a very good experience for those who can't focus in regular classrooms and are more hands said Duque, who added that part of the experience was going on field trips to places like Iole Stewardship Center and Queen Lili`uokalani Trust.

Prior to the competition, Patao's friend at Trades Hawai'i – a Hawai'i-based apparel brand that draws inspiration from local Hawaiian culture and lifestyle created custom-made t-shirts for the students and accompanying educators to wear.

The students, who both recently graduated, were judged in four areas: overall presentation, cultivation of the plant, culinary challenge for best poi and innovative dish.

The students first won over the judges and a room full of public officials and other department heads with their presenta-tion, which included the story of how kalo came to be, according to Native Hawaiian mo`olelo: varieties that were grown; methods; and timeline of growth.

For the culinary challenge, besides poi, Tabiolo presented kalo poke with opihi he harvested himself. Duque created a kalo pizza, where he used kalo made into flour for the crust. The toppings were kalua pig and mozzarella.

According to Patao, the nutri-

tion judge was so impressed by the pizza that he asked for the recipe and steps to make it so that he can try to potentially incorporate it into school lunch menus.

"Kalo is important to us because it's been around for thousands of years. Hawaiians grew up eating kalo and fish and they used it for voyages," Duque said. He later added that one of the most important things he learned over the journey of the program was the backstory of kalo.

The backstory of kalo is the Native Hawaiian mo'olelo (story) of Hāloa, which involves the birth of the Hawaiian people and the connection Hawaiians have to kalo, not just as a food source, but as an ancestor

Both he and Tabiolo didn't know the story until they were in twelfth grade. Not wanting the elementary keiki to have the same experience, they both teamed up to write a children's book

With the help of Patao, they were able to initially create some copies, but eventually the state helped publish 200 more to distribute.

The inscription on the first page says, "To the younger generation, You are the next caretaker of Hāloa.

Next year, Tabiolo will attend WyoTech in Wyoming on scholarship. Duque will return to Kohala High School with a state-appointed job as a Teacher's Assistant to Patao as he instructs next year's new group of students in the program.



#### Gospel of Salvation Kohala

55-146 Kokoiki Road Service: Sunday 9:00 AM Adult Bible Study: Monday 7 PM Prayer Meeting: Friday 7 PM Pastor Kawika Kihara www. gos-kohala.org

#### Kohala Baptist Church Across from Makapala Retreat Come to Me, all you who labor and are

heavy laden, and I will give you rest (Matthew 11:28)

Please join us Sundays for Bible study at 9 AM in the chapel and Worship at 10:30 AM outside under the Royal Poinciana tree Pastor Steven E. Hedlund (808)889-5416

Follow us on 👔 Kohala Baptist Church



Keokea Graveyard Service 5:00 pm Temple Obon Service 6:00 pm Bon dance (with concession) to follow ree, all are welcome to the services and dance Please join us as we remember our ancestors through this happy festival!

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Saturday Services: Sabbath School: 9:30 AM Divine Service: 10:45 AM

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Kohalasda.com



Sunday services 7 am & 9 am Keiki Sunday School 9 am Facebook Livestream 9 am

www.staugustineskohala.com

#### **Sacred Heart Catholic Church**

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Masses: Saturday 5 pm Sunday 7 a.m. • 9:30 am Weekday Mass: Monday - Friday at 7 am Adoration: 1st Friday 6:30 - 7:30 pm **Rev Elias Escanilla** Telephone 808-889-6436

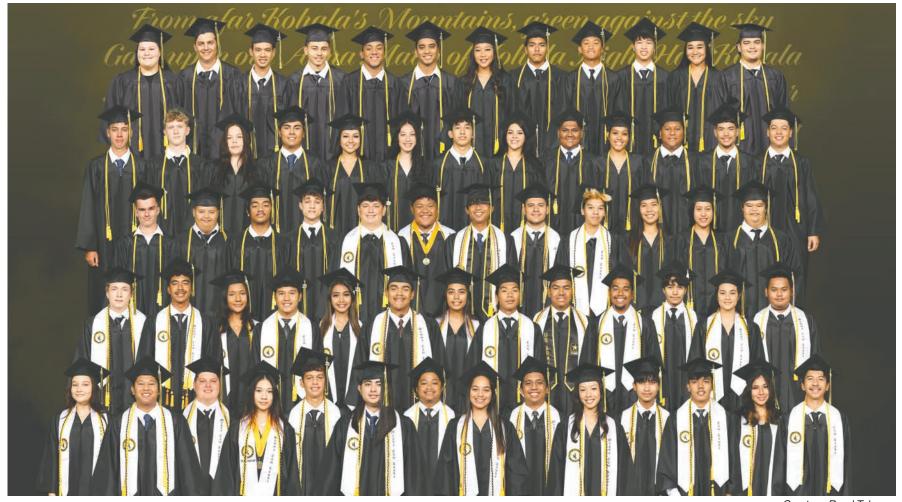
#### Kalahikiola Congregational Church

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Prayer time Tuesdays at 11:30

lole road off Akoni Pule Hwy. in Kapa'au 1/4 mile past the statue www.kalahikiolacc.com info@kalahikiolacc.com

#### Congratulations to the Kohala High School Class of 2023!



Courtesy Reed Takaaze

Kohala High School Class of 2023

- Tiani Akana\*\*(AH, HLS)
- John Riley Asencion\*(AH, CH, SH)
- Judean Basilio\*(AH) Aidan Blanco\*\*\*\*(AH)
- Manuel Tyler VanZandt Calero
- Weston-Jon Camara\*\*(AH, CH, SH)
- Keegan Canine\*(AH)
- Kaydance Caravalho
- Skyler Caravalho\*
- Shardae Caravalho-Soares
- Antonette Carvalho
- Mark Niko Casimiro\*\*\*
- Isaiah Castillo
- Daniel Cordeiro
- Ethan Dela Cruz
- Hazel Domingo\*(AH)
- Malachi Duque
- Elias Edayan\*(AH, CH, HLS)
- Zaeden Fernandez
- Trever Figueroa (HLS)
- Ralph Jansen Francisco\*\*(AH, CH, SH)
- Kaleo Genda
- Haley Hawkins
- Megan Ho'opai (HIS)
- Easton Hoshida (HLS)
- Lanakila Isabel
- Anthony Kaai\*\*\*(AH, CH, SH)
- Jhace Kaipo
- Judah Kangas
- Hailey Kauanoe-Galdones\*\*\*(AH, CH, SH)
- Jaylah Kekoa
- Noah Kolly
- Kelii Lactaoen\*
- Adriana Leitch\*(AH, HLS)
- Jersey Lewis\*\*\*(AH)
- Keith Luga-Benedicto \*\*(AH, CH, SH)

- Dennis Matsuda\*\*(AH)
- Rheann Matundan (HLS)
- Tomaya Merck Pua\*(AH, HLS) Lillia Moran\*\*\*\*(AH)
- Kalae Nicholson
- Kamaehu Paaoao\*(AH, HLS)
- Manutea Pagud\*(HLS)
- Makaialeaukahi Pang
- Anthony Perez\*\*(AH, CH)
- Dazlynn Perez
- Riley Perez-Neves
- Camille Pinho\*\*\*(AH, CH, SH)
- Karmelo Ramos
- Prince Reynolds\*\*\*(AH, CH,
- Mark James Rico\*(AH, CH, SH)
- Kaisha Salazar\*(AH, CH, SH)
- Mark Joshua Salvador
- Michael Salvador, Jr. \* Kian Salvador-Glory
- Tamatasi-Viliami Sauta
- Arlen Sol-Camara
- Elijah Tabiolo
- Chauncie Tayan-Mathews

- Kadyn Terry\*(AH, HLS) Ethan Tomas\*(AH) Lei Vakauta\*\*(AH, CH, SH, HLS)
- Keale Valenzuela-Conte
- Kainalu Yamamoto
- John Yanos\*(AM)

\*\*\*\*Valedictorian/Summa Cum Laude \*\*\*Summa Cum Laude \*\*Magna Cum Laude \*Cum Laude (AM) Academic Honors (CH) CTE Honors (SH) STEM Honors (HLS) HCC Hawaii Lifestyles Subject Certificate



#### WWW.HAMAKUA-HEALTH.ORG

CANDACE KAUAHI IS A CERTIFIED SUBSTANCE ABUSE COUNSELOR WITH THE STATE OF HAWAII ALCOHOL AND DRI CANDACE RADARITS A CERTIFIED SUBSTANCE ABUSE COUNSELOR WITH THE STATE OF HAWAII ALCOHOL AND DROG ABUSE DIVISION AND AN INTERNATIONALLY CERTIFIED ALCOHOL & DRUG COUNSELOR. SHE HAS WORKED IN OUTREACH AND EDUCATION IN THE FIELD OF ADDICTION SINCE 2003 IN VARIOUS INTERSIVE OUTPATIENT PROGRAMS (10P) ON THE BIG ISLAND. CANDACE IS INTERESTED IN PROVIDING IOP SUBSTANCE ABUSE SERVICES FOR ADDLESCENTS AND ADULTS, ALONG WITH SUBSTANCE ABUSE EDUCATION FOR FAMILIES DEALING WITH FAMILY MEMBERS THAT SUFFER FROM THE DISEASE OF ADDICTION. "TODAY WE HAVE THE OPPORTUNITY TO HELP INDIVIDUALS GET A BETTER UNDERSTANDING OF SELF-CARE INCORPORATING THE MIND, BODY AND SPIRIT TO WELLNESS," BELIEVES CANDACE.

AT THE PRESENT TIME CANDACE IS TEAMING UP WITH OTHER COMMUNITY MEMBERS IN THE HAWAII FENTANYL TASK FORCE, "WE ALL NEED TO PULL TOGETHER IN DEALING WITH THIS MEDICAL ISSUE AND THE IMPORTANCE OF PREVENTION, PREPARATION AND COMMUNICATION TO ADDRESS THE FENTANYL CRISIS HERE IN HAWAII".

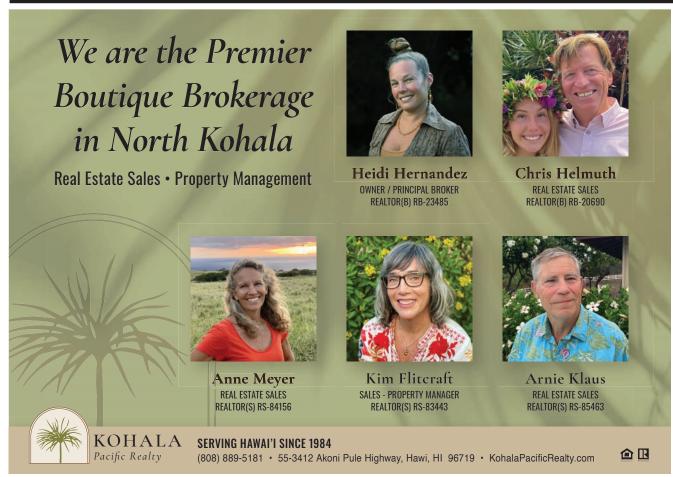
CANDACE CHOSE TO WORK IN THE FIELD OF ADDICTION TO HELP INDIVIDUALS SUFFERING FROM ADDICTION DISORDER AND OFTEN WORKS CLOSELY WITH HĀMĀKUA-KOHALA HEALTH PSYCHOLOGISTS TO GIVE THOSE THAT ALSO HAVE CO-OCCURRING MENTAL HEALTH DISORDERS THE BEST OUTCOME POSSIBLE. "I ENJOY WHEN INDIVIDUALS HELP THEMSELVES AND ARE ABLE TO INTEGRATE THEMSELVES BACK INTO THEIR COMMUNITY WITH THEIR FRIENDS AND FAMILY," SAID CANDACE. IT'S IMPORTANT TO "FIND THEIR PURPOSE!"

HĀMĀKUA-KOHALA HEALTH PROVIDES MEDICAL, BEHAVIORAL HEALTH, DENTAL SERVICES, AND COVID VACCINATIONS.
WE ARE ALWAYS ACCEPTING NEW PATIENTS NO MATTER YOUR HEALTH INSURANCE STATUS.
VISIT US AT WWW.HAMAKUA-HEALTH.ORG OR CALL US AT ANY OF OUR FOUR LOCATIONS IN
HONOKAA, KOHALA, LAUPĀHOEHOE AND WAIMEA. (808) 775-7204.
"CARING FOR YOUR 'OHANA, CARING FOR YOU"

#### **MONTHLY CALENDAR JULY 2023**

DATE	DAY	START	END	EVENT	DESCRIPTION	VENUE	PHONE
6/28	WED	12:30 PM		BENFIT BY THE BEACH	HALE O HAWAII COUNTY	FAIRMONT ORCHID	
7/1	SAT	8:00 AM	11:00 AM	THRIFT SHOP		ST AUGUSINES	808-889-5390
7/1	SAT	8:00 AM	1:00 PM	KOHALA COMMUNITY FARMER'S MARKET		KAMEHAMEHA PARK	808-225-3666
7/1	SAT	5:00 PM		TAKATA STORE	100 YEAR ANIVERSARY	KAMEHAMEHA PARK	808 889 5413
7/1	SAT	6:00 PM	8:00 PM	JANKOWSKI - COWBOY VAN GOGH	GOONGALA/WATERWORLD & FLOWERS OF FATIMA	ARTISTS' COOPERATIVE	808-854-1058
7/3	MON	5:00 PM		CHESS CLUB		NK PUBLIC LIBRARY	808-889-6655
7/5	WED	4:00 PM	7:00 PM	KOHALA NIGHT MARKET	VENDORS & ENTERTAINMENT	HUB MURAL	808-889-0404 EXT. 104
7/5	WED	4:30 PM		NKCDP	KOHALA COMMUNITY ACCESS GROUP	OLD COURTHOUSE	IMUAKOHALA@GMAIL.COM
7/5	WED	5:00 PM		THIS IS KOHALA	KOHALA ORAL HISTORY PROJECT	HUB BARN	808-889-0404 EXT. 104
7/5	WED	7:00 PM		TEMPLE OF SPIRITUAL HEALING	GRIEF SUPPORT GROUP	54-3876 AKONI PULE STE 4	808-989-5995
7/6	THU	4:30 PM		NKCDP	AGRICULTURE SUB-COMMITTEE	KOHALA FOOD HUB	IMUAKOHALA@GMAIL.COM
7/10	WED	5:30 PM		MOVIE NIGHT	TINY EPIC DUNGEONS	NK PUBLIC LIBRARY	808-889-6655
7/11	TUE	11:00 AM		BOOK CLUB	STRANGE THE DREAMER BY LAINI TAYLOR	NK PUBLIC LIBRARY	808-889-6655
7/11	WED	5:00 PM	7:00 PM	TOWN HALL	MAYOR MITCH ROTH WILL MEET WITH THE PUBLIC	INTERGENERATIONAL CENTER	
7/12	WED	5:00 PM		NKCDP	GROWTH MANAGEMENT GROUP	OLD COURTHOUSE	IMUAKOHALA@GMAIL.COM
7/13	THU	1:00 PM		HAWAIIAN MUSIC	JEFF PETERSON	NK PUBLIC LIBRARY	808-889-6655
7/12	TUE	9:00 AM		NKCDP	AFFORDABLE HOUSING GROUP	POMAIKA`I CAFE	IMUAKOHALA@GMAIL.COM
7/14	THU	9:00 AM	11:00 AM	SACRED HEART FOOD BASKET		SACRED HEART CATHOLIC CHURCH	808-889-5115
7/15	SAT	8:00 AM	1:00 PM	KOHALA COMMUNITY FARMER'S MARKET		KAMEHAMEHA PARK	808-225-3666
7/17	MON	2 & 5PM		JEWELRY MAKING CLASS	RSVP REQUIRED	NK PUBLIC LIBRARY	808-889-6655
7/19	WED	3:30 PM		NKCDP	UTILITIES GROUP	OLD COURTHOUSE	IMUAKOHALA@GMAIL.COM
7/19	WED	5:00 PM		NKCDP	PARKS, ROADS VIEW PLANES GROUP	OLD COURTHOUSE	IMUAKOHALA@GMAIL.COM
7/20	THU	4:00 PM		NKCDP	HEALTH & WELLNESS GROUP	KAM PARK SMALL PAVILLION	IMUAKOHALA@GMAIL.COM
7/24	MON	5:30 PM		HAWAIIAN LUNAR CALENDAR	TALK STORY	NK PUBLIC LIBRARY	808-889-6655
7/25	TUE	2:30 PM		TINY ART CRAFT			808-889-6655
7/26	WED	4:00 PM		RESTORATIVE YOGA THERAPY CLASS	WITH CARLA ORELLANA - BY REQUEST	CALL FOR LOCATION	808-238-6111
7/26	WED	4:30 PM		NKCDP	ADVISORY GROUP MEETING	OLD COURTHOUSE	IMUAKOHALA@GMAIL.COM
7/27	THU	2:30 PM		MOVIE NIGHT	ESCAPE ROOM	NK PUBLIC LIBRARY	808-889-6655
7/27	WED	4:00 PM	6:00 PM	AGRICULTURE VISIONING SHARE BACK	IDEAS GENERATED DURING VISIONING EVENT	HUB BARN	IMUAKOHALA@GMAIL.COM
7/31	MON	2:30 PM		SRC SEND OFF PARTY		NK PUBLIC LIBRARY	808-889-6655

#### Email calendar listings to: kohalacalendar@gmail.com





Exterior Side Walls
Residential & Commercial

exteriorpros808.com
808-896-9205





100-Year

Anniversary

Community

Celebration

Kamehameha Park 5:00-8:00 pm JULY 1 2 0 2 3

Public is Welcome
No Fee

A Non-Alcohol Event

FOOD
for Purchase

**ENTERTAINMENT** featuring



DELMONTE KETCHUP 24 OZ

\$1.39

DELMONTE PASTA SAUCE 24 OZ

\$1.29

M/GOLD ICECREAMS 1.5 QT

\$4.99

GOLD LEAF CHICKEN THIGHS 5 LBS

\$6.79

HOLY BAKERY FROZEN PIES

EXCEPT BLUEB 36 OZ

\$14.99

BEST FOODS MAYO 30 OZ

\$5.99

HORMEL SPAM 12 OZ REG OR L/S

> \$2.99 \$4.59

CHIPS AHOY COOKIES 9.5-13.4 OZ

> 2/\$6 \$6.49

RITZ CRACKERS 8.8-13.7 OZ

> 2/\$6 \$6.89

FRANKS FOODS KALUA PORK 1LB

\$6.79



"Always leave with a Smile"

HOT DEALS FOR 6/28/23 - 7/11/23

OPEN
MON TO SAT 8AM - 7PM
SUNDAY 8AM - 1PM

(808) 889-5413